God grant me the serenity
to accept the things
I cannot change,
the courage to change
the things I can,
and the wisdom
to know the difference.

The Serenity
IN MEMORY OF
LaVern Adam Freeh
"Vern"

July 10, 1926 - March 26, 2011
Eighty-Four Years

MEMORIAL SERVICE
Southview Seventh-Day Adventist Church
5750 Wentworth Avenue
Minneapolis, Minnesota

Saturday, April 16, 2011 at 3:00 PM

OFFICIATING
Pastor Jim Hiner

PRIVATE INTERMENT
Roselawn Cemetery
Roseville, Minnesota
Vern was born on July 10, 1926 to Robert & Martha Freeh, on the family farm, seven miles south of Harvey, ND. He graduated from Harvey High School in 1944 and enlisted in the Marine Corps where he served during WWII in the Pacific Theater. After the war, he attended North Dakota State University in Fargo where he met and married Mabel Moen on June 25, 1950 in Hunter, ND. After college he taught vocational agriculture and coached football in Linton, ND. His coaching experience allowed him to go on to Michigan State University where he was an assistant football coach and received his Masters and Ph.D. He was on the faculty of the University of Minnesota from 1962-1980. In 1981 he left the U of M for the business world as Vice President of Public & International Affairs, Land O' Lakes, Inc. In 1992, he retired to start his own consulting company, Freeh Enterprises, and held a leadership role with the Russian Farm Community Project. After Mabel's death, he married Lois Ramey Swanson of Loma Linda, CA in 1994. Vern was involved in a broad range of business, education, and development activities throughout the world. He traveled and was part of the U.S. State Department missions in 65 countries, including Cuba and Egypt, meeting Fidel Castro and Anwar Sadat. Most importantly, he devoted his life to helping people help themselves throughout the world. Vern loved to share his experiences, insights, and ideas for building a more peaceful, stable, and productive country and world. He was an inspiring speaker who captivated his audiences through the use of personal experience, humor, and a sincere desire to help people make a difference. His legacy is carried over to his family.