

The design of the Old Frontenac Retreat was created with several goals in mind. First was to preserve the existing beauty that was on the site, this includes an adaptive re-use of an existing structure and using recycled materials from existing structures that weren't salvageable. The next step was to respect the location, it was important to create a design that respects the language of the surrounding site of historic Old Frontenac. The most important goal, however, was to design spaces that were soothing, healing and restorative. This was a four step process known as the healing garden:

- 1. Sense of control and access to privacy
- 2. Social support
- Physical movement
- 4. Access to nature and other postive distractions

These four steps were approached in several different outcomes throughout the project and appear to be a great requirement for natural restoration.

- 1. Kitchen/Receiving
- 2. Restrooms
- 3. Bar
- 4. Dining
- 5. Outdoor Seating









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- 1. Covered Entry
- 2. Reception
- 3. Outdoor Seating
- 4. Offices
- 5. Group Rooms
- 6. Restrooms
- 7. Fireplace Seating
- 8. Group Gathering

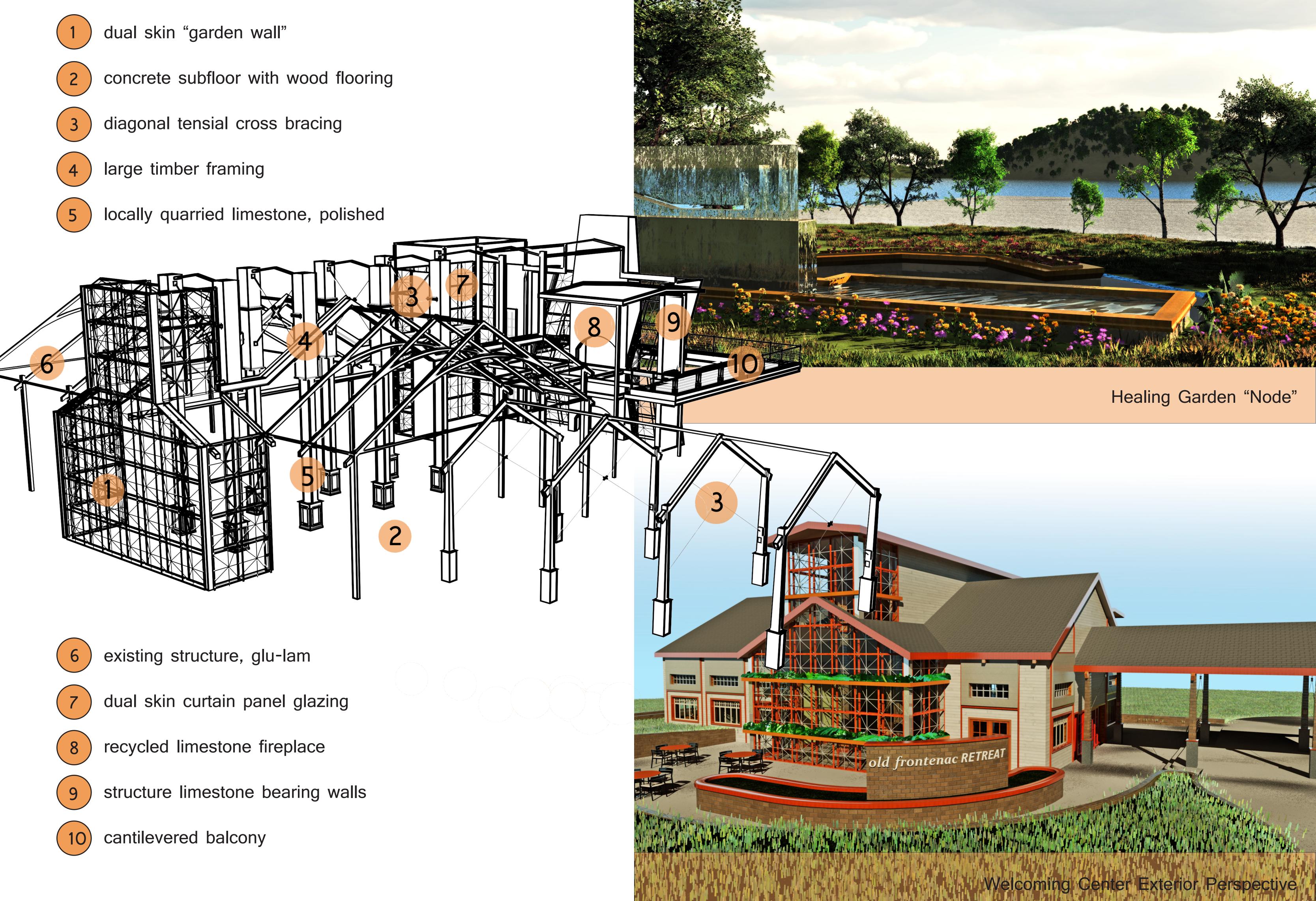


Living Quarters Interior Gathering Space - Noon Hour

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Restaurant Interior Perspective





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