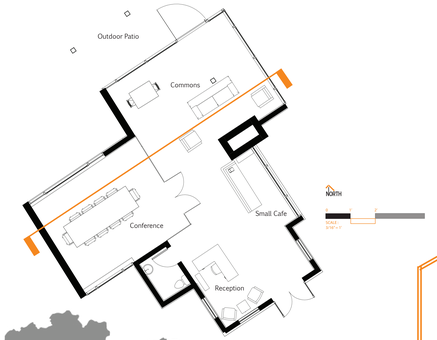
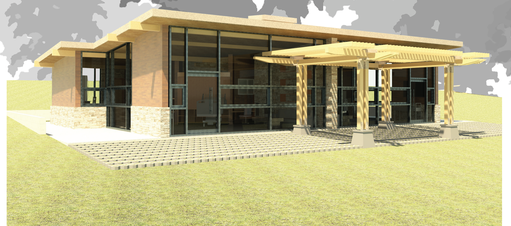
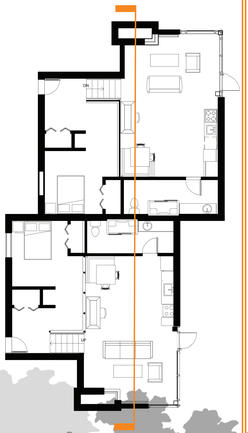


GATHER

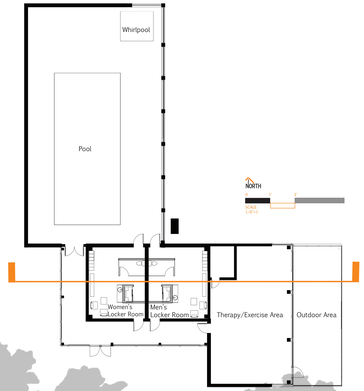


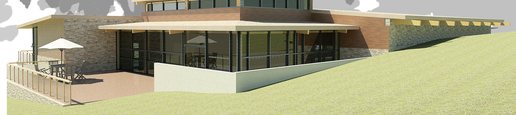
HEAL



ENCOURAGE

MEDITATION





REHABILITATION