ASHLEY GRACE MARTEL
Arch 771 - Fall 2011 - MXC Project
Prairie Health and Wellness Center
Studio Professor - Cindy Urness
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Minnesota experimental city, community, group exercise, extended stay hospital facilities, Walking, Biking, Exercise Equipment, Computers, Library, Kitchen, doctor, dentist, medical question phone line, rural, ambulance, gathering, meeting space, multifunction, prevention medical question phone line, rural, medical question phone line, rural

MXCenter

group exercise and community meeting space with moveable shadingpieces, mirrors, and white boards to facilitate a range of activities within the space.

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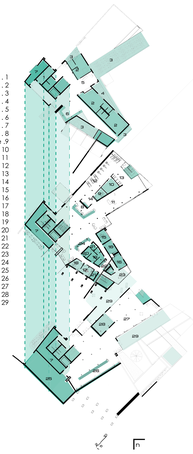
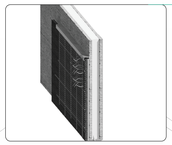


1. meditation space
2. long term stay room
3. green patio
4. interior green patio
5. family space
6. medical questions and nurses station
7. mechanical and custodial room
8. fitness center front desk
9. trainer office
10. trainer and table storage
11. group exercise and meeting space
12. exercise equipment space
13. stretching, free weight area with open-shelved storage
14. open shelving personal storage space to east & fridge,sink, and drinking fountain to west
15. doctors office
16. doctors exam rooms with shared high tech equipment storage
17. dentist exam room
18. dentist office
19. separate x-ray space for dentist and doctor with shared booth
20. shared dark room
21. files and storage
22. nurses station to north & kitchenette for clinic to south
23. break/conference room
24. clinic front desk
25. ambulance garage
26. library and computer hub
27. multi-purpose community room and event space
28. kitchen
29. out door patios



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3. adjustable shades along windows to control solar gain
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5. green roofs
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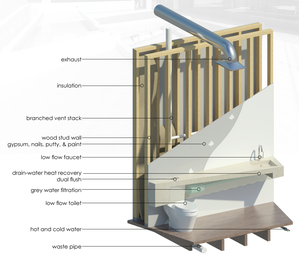

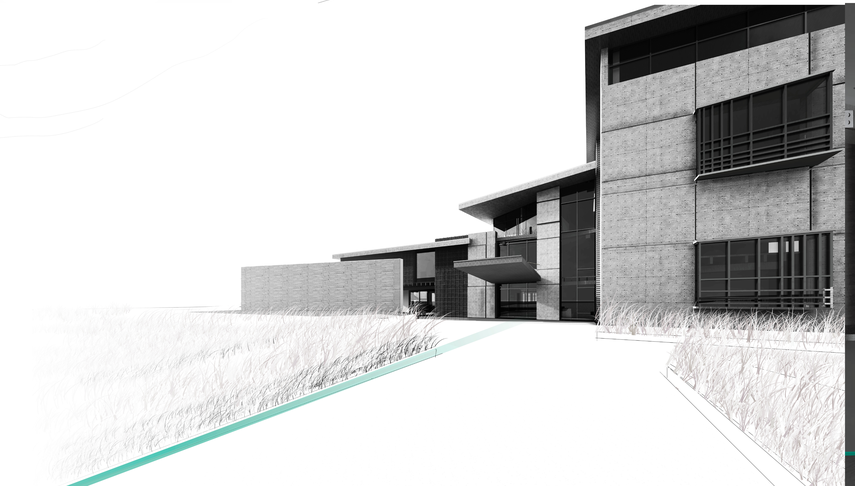

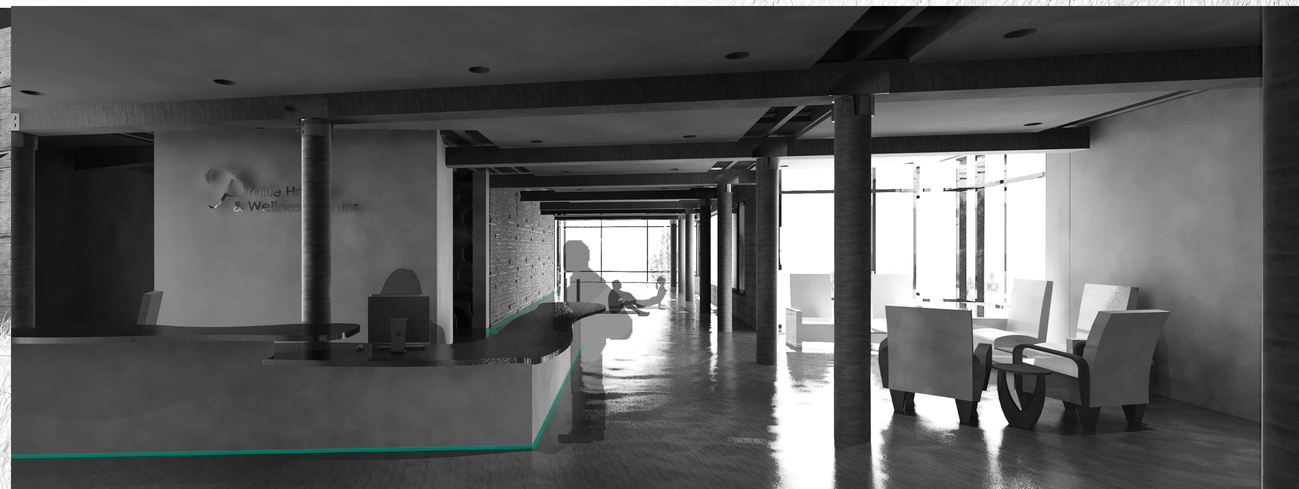

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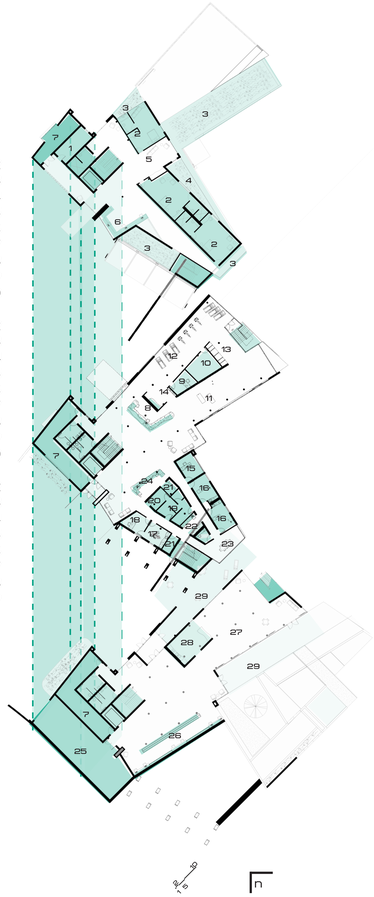

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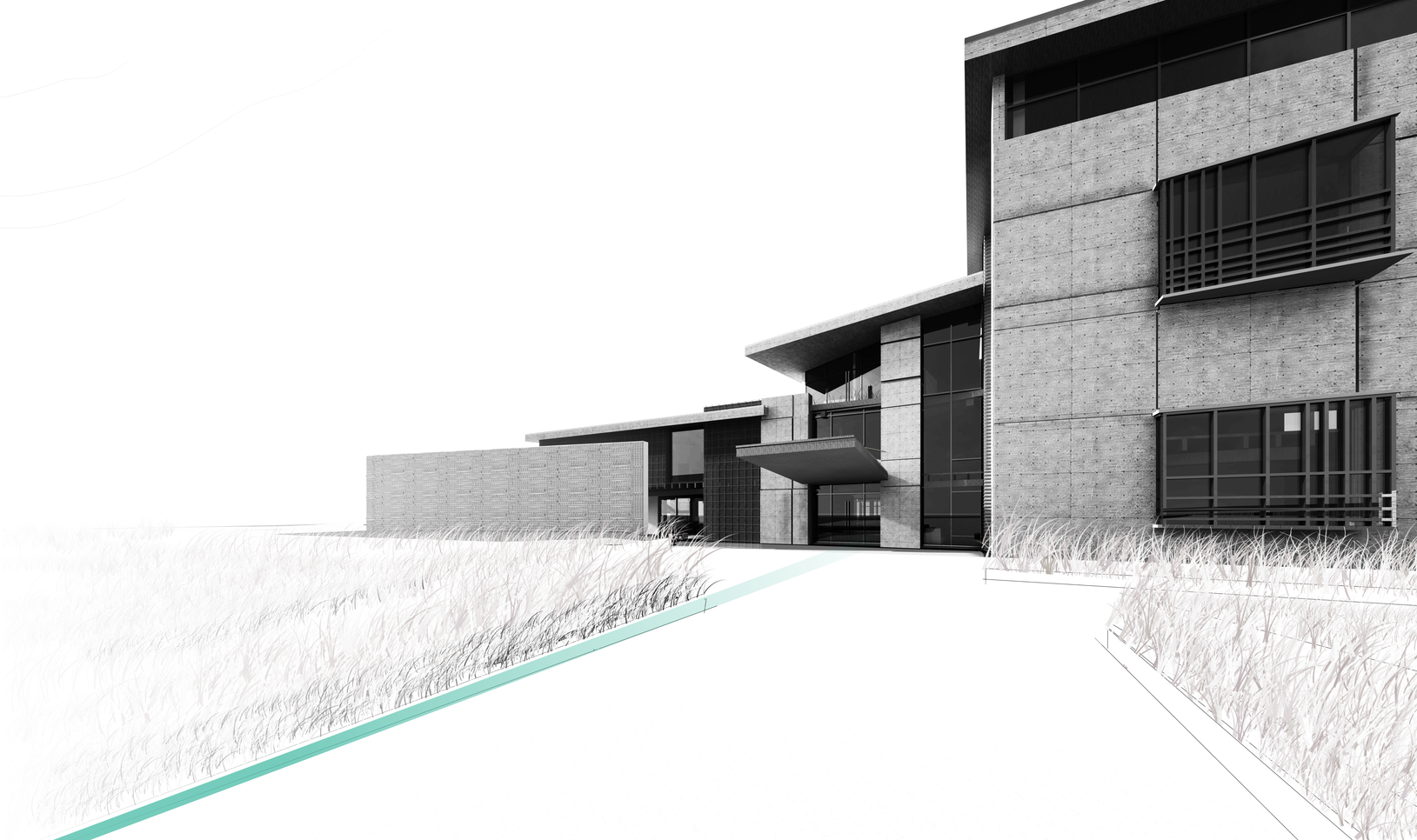

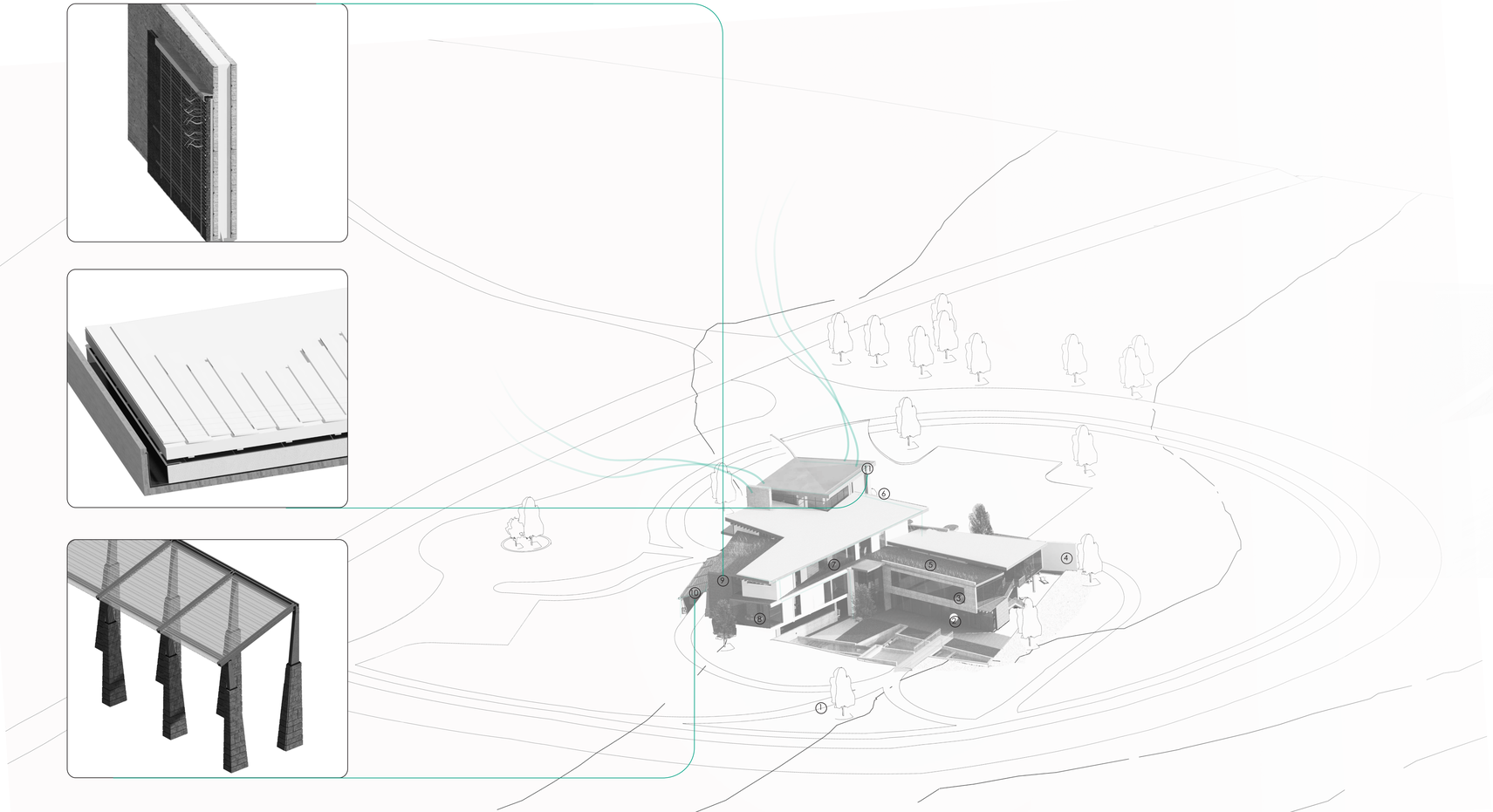

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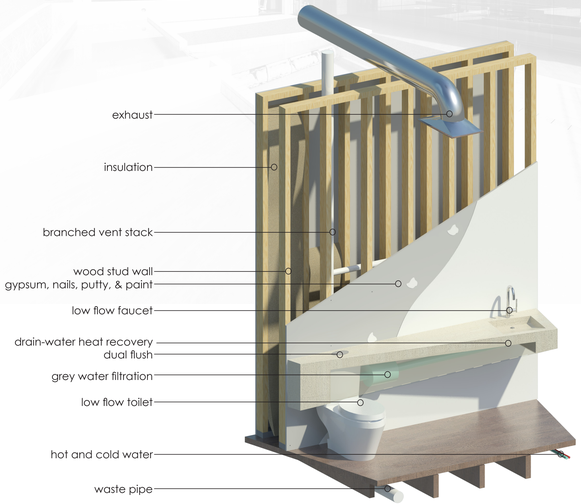

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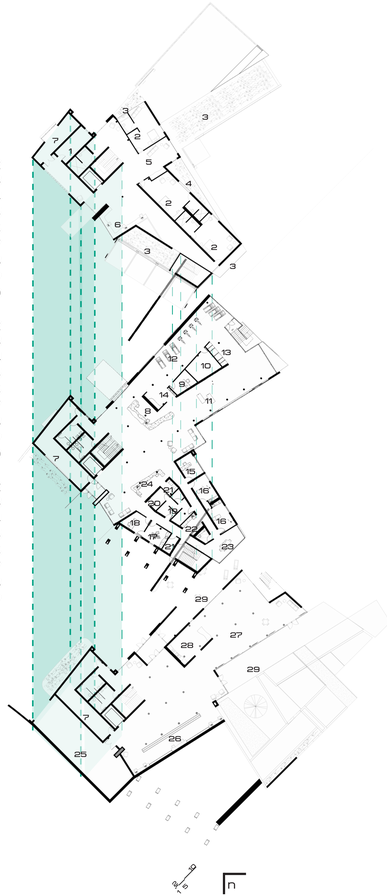

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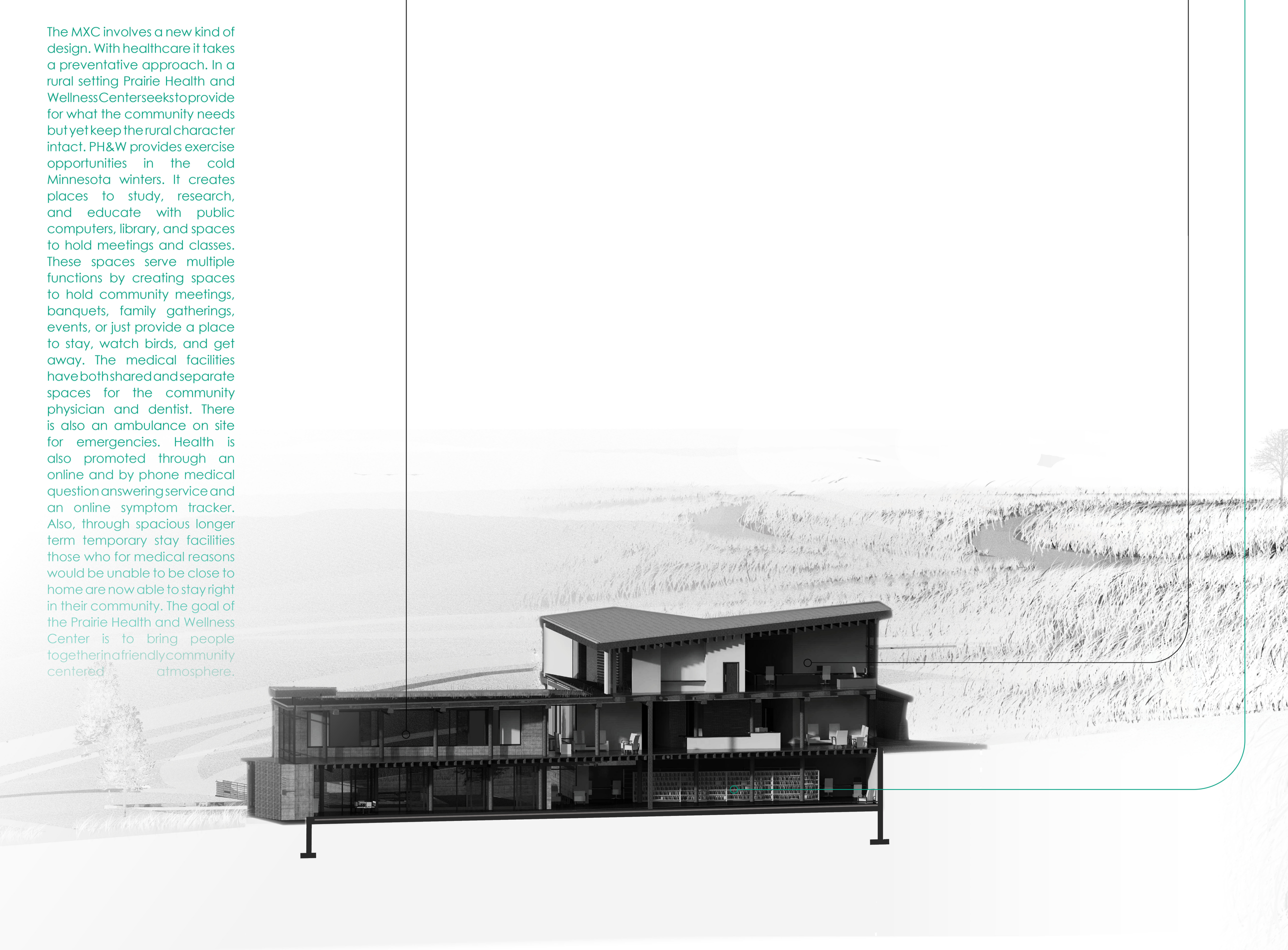

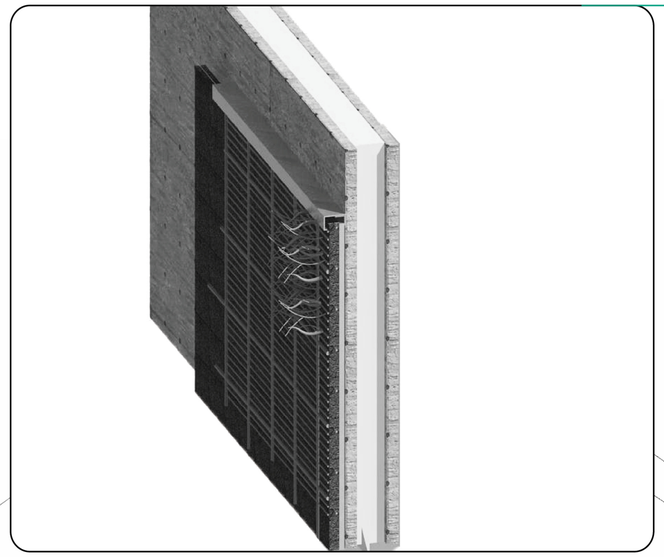

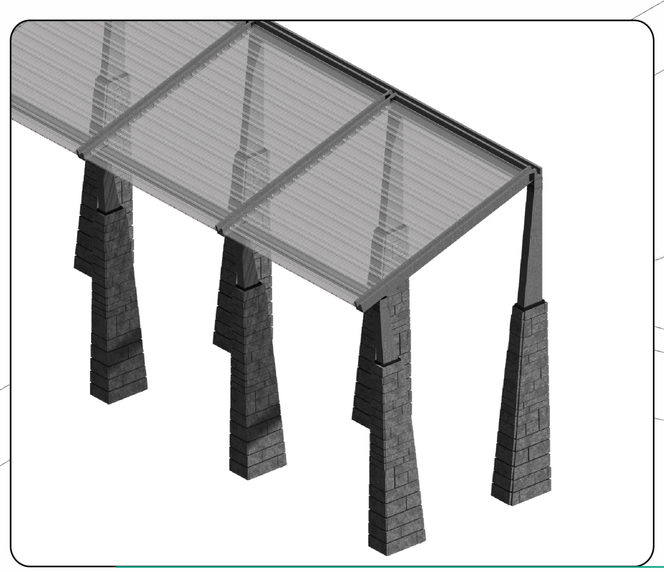

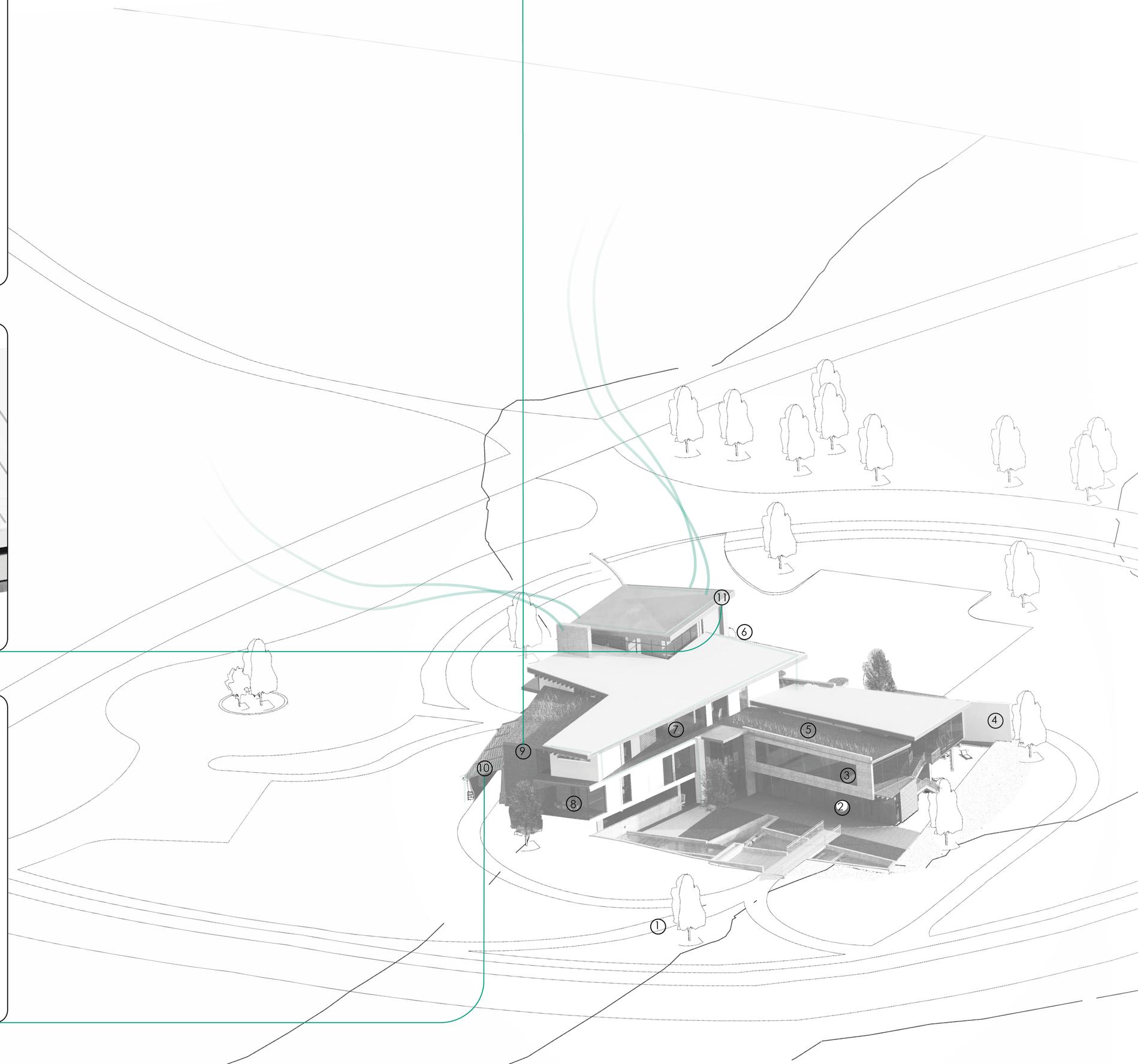
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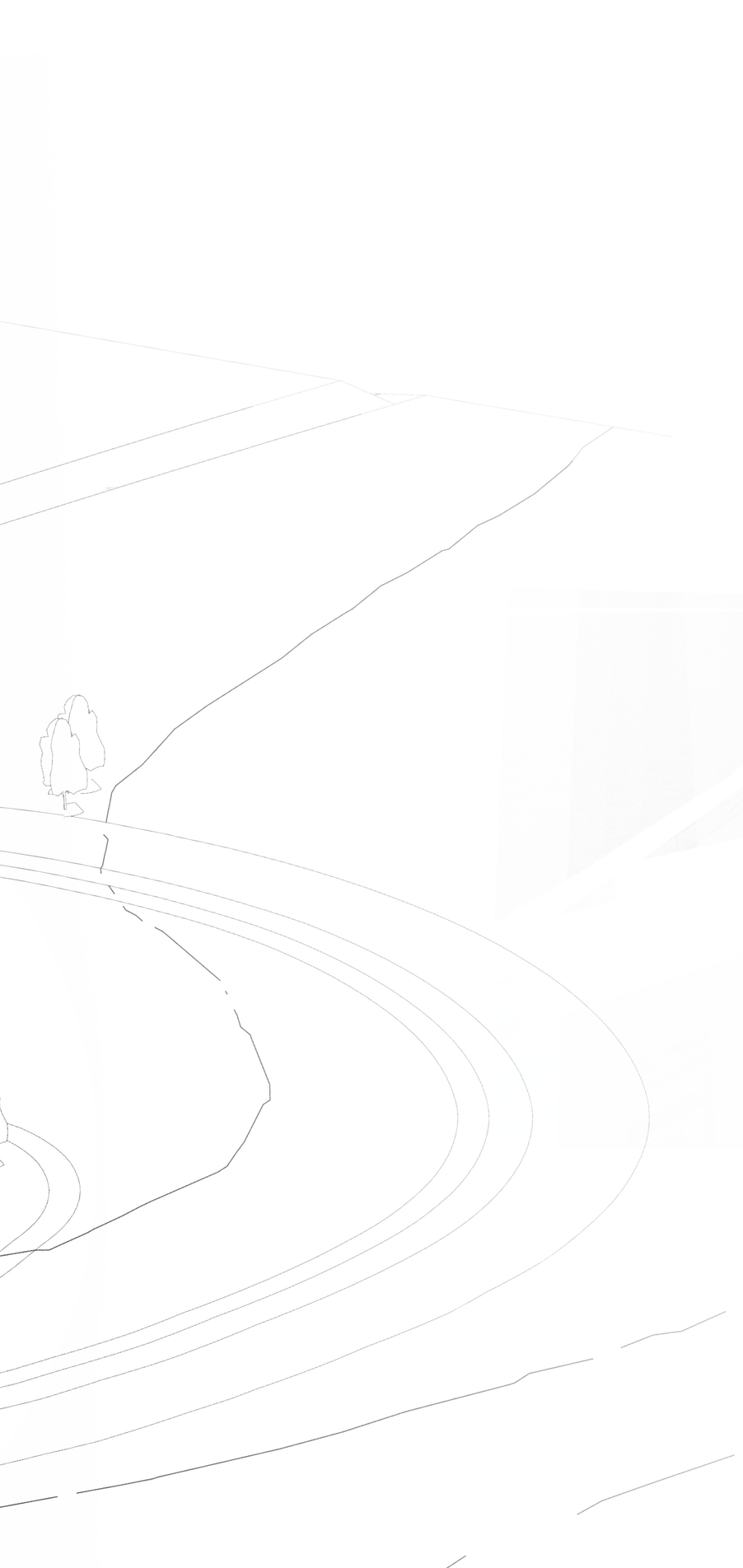

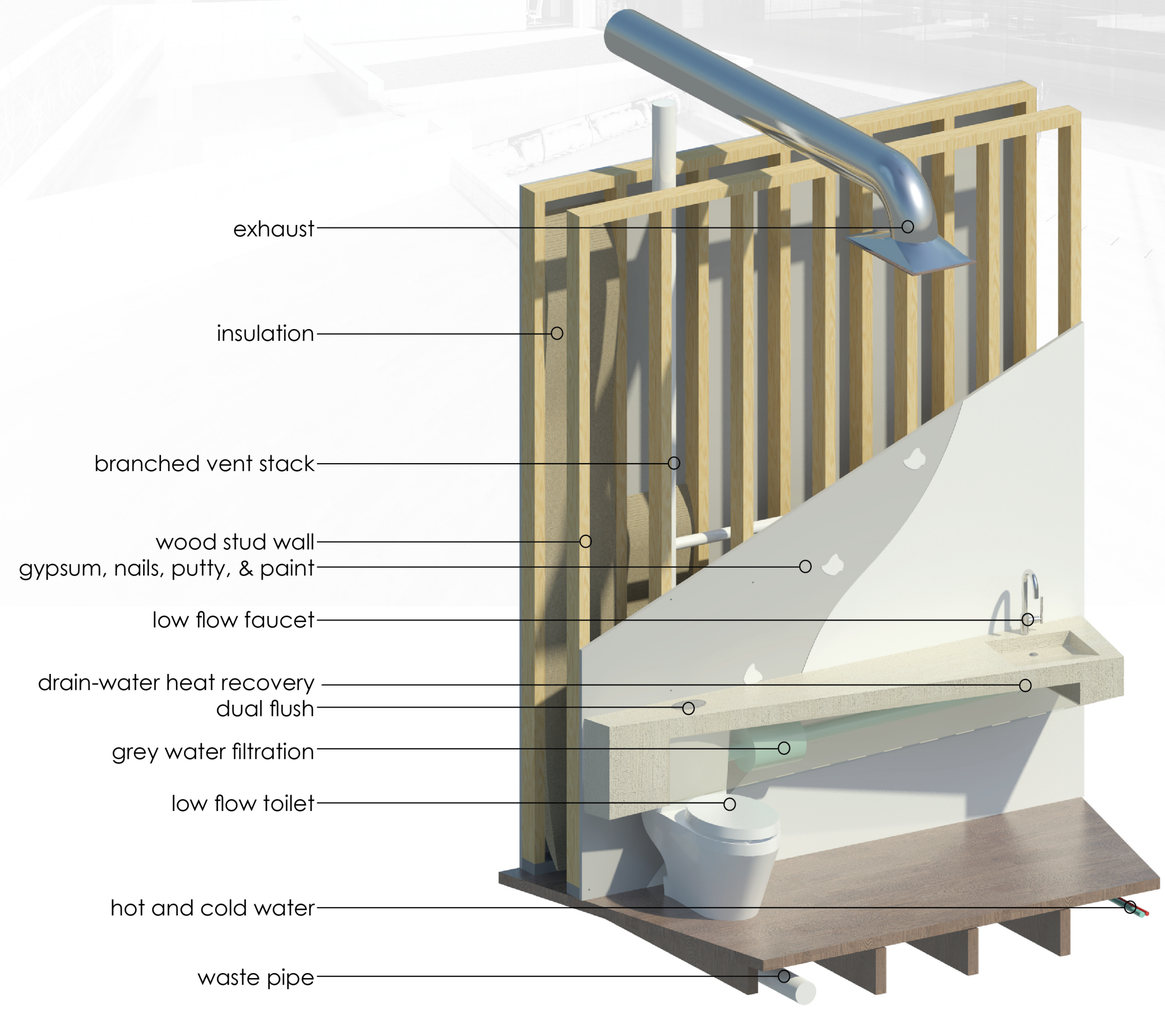

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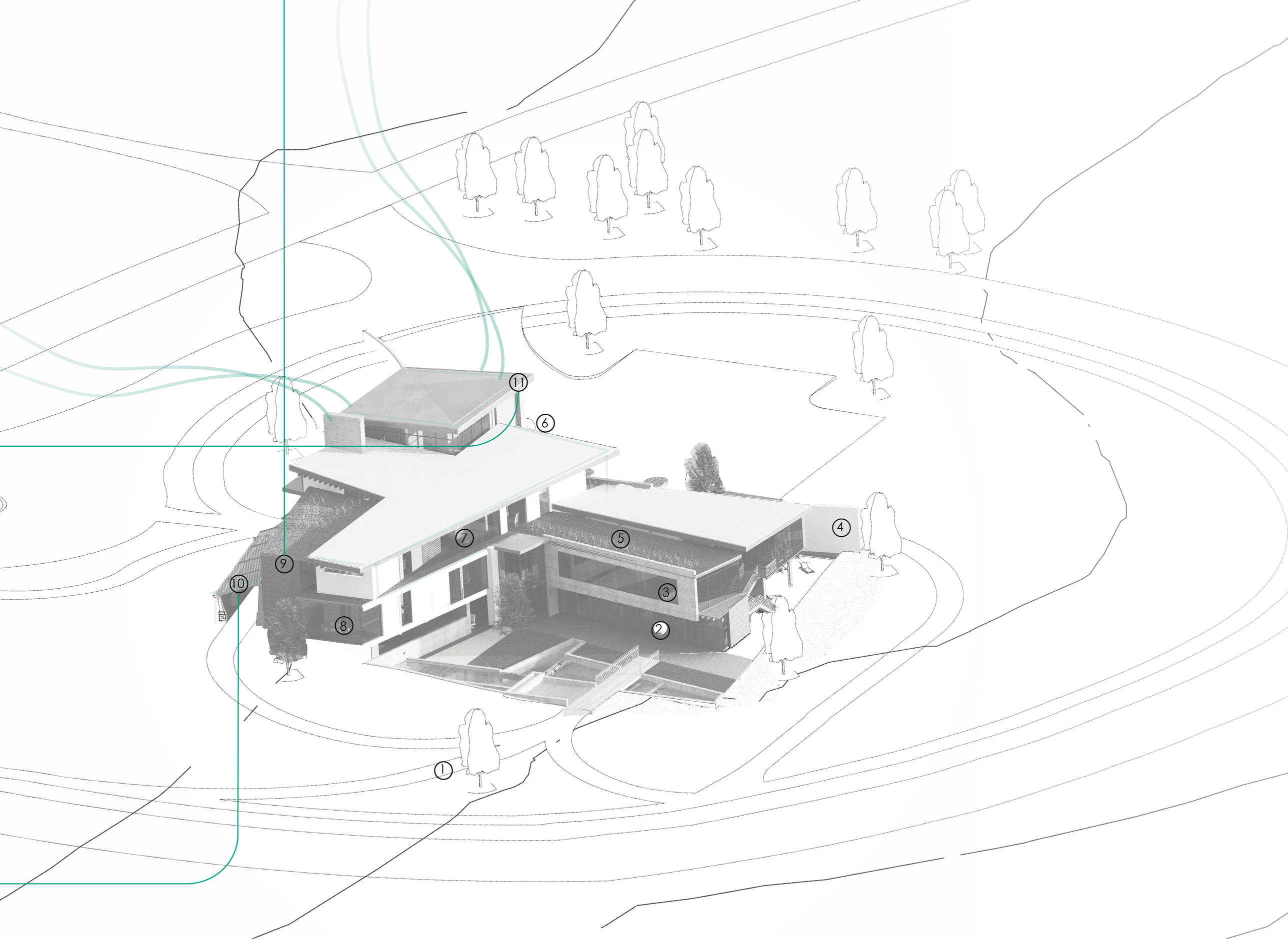
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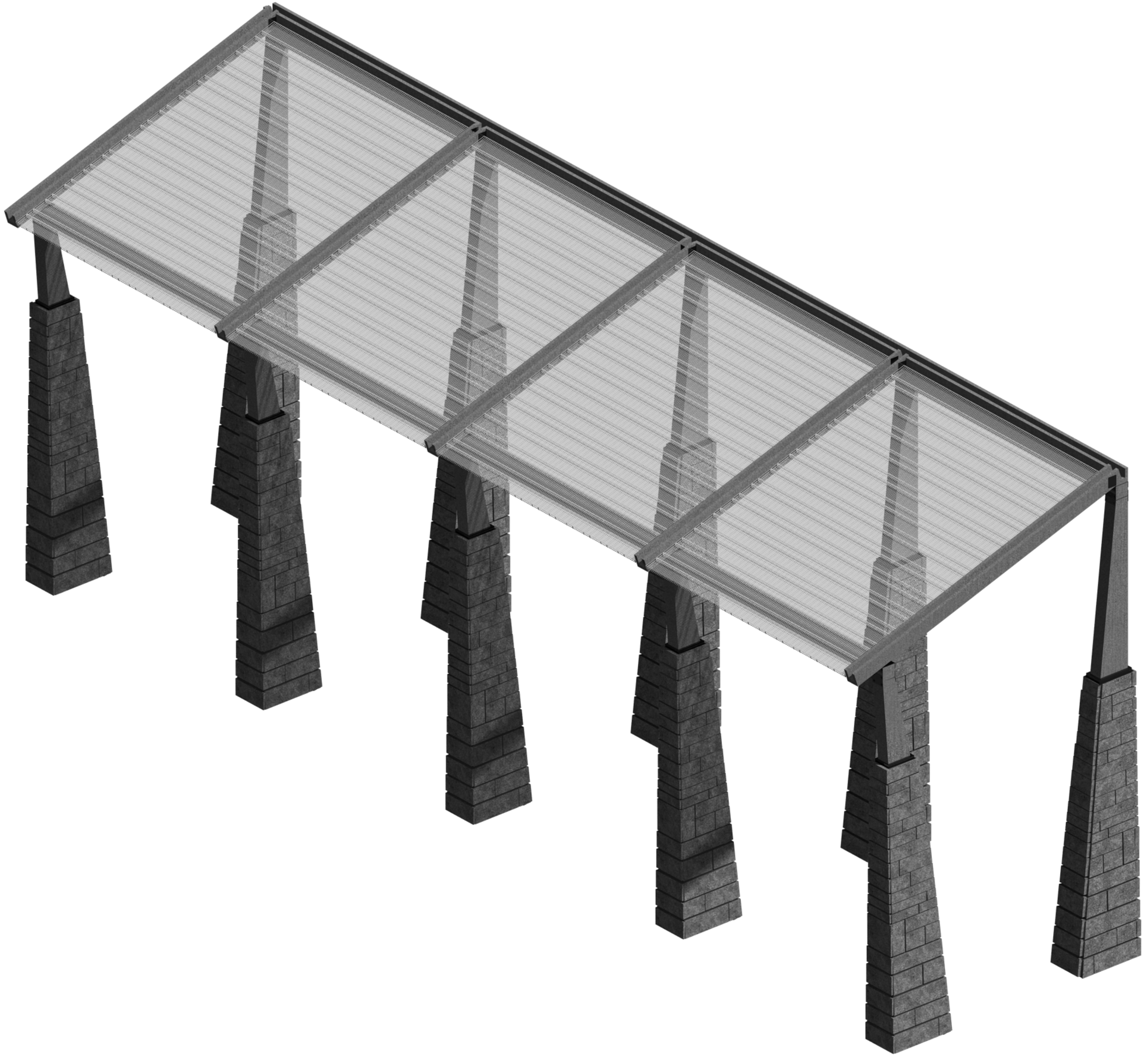
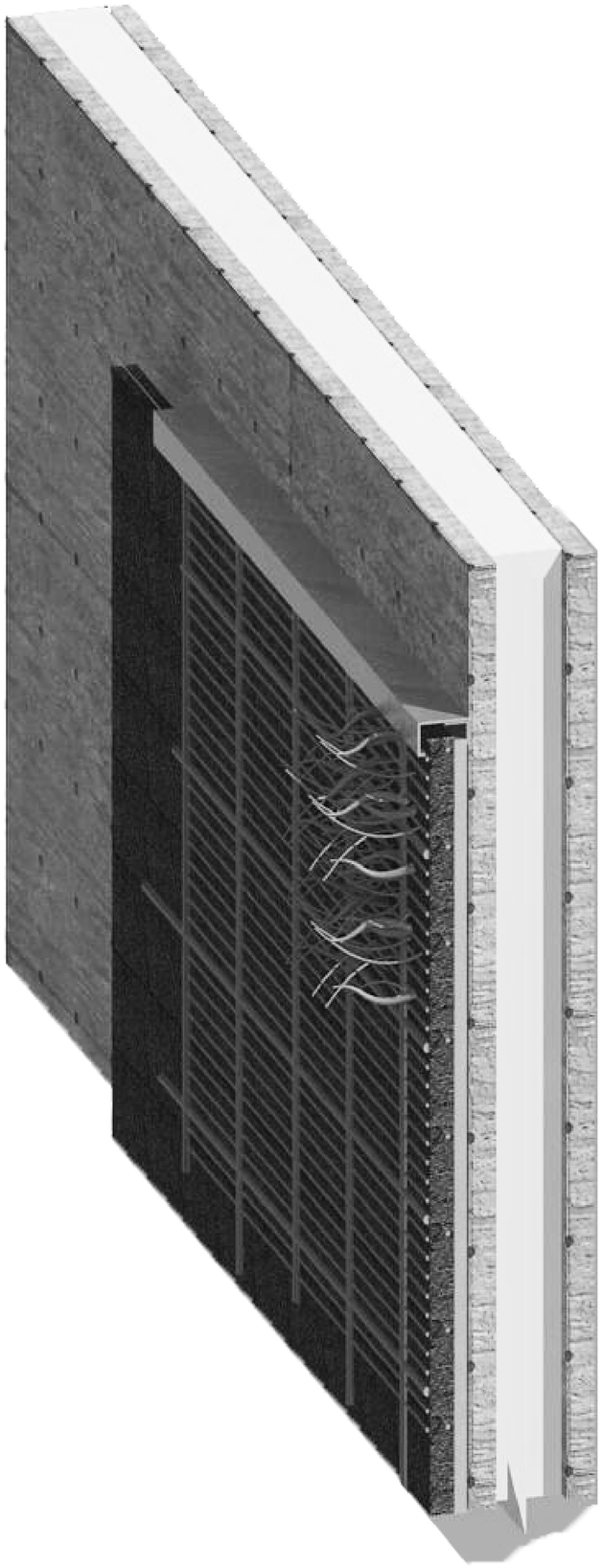
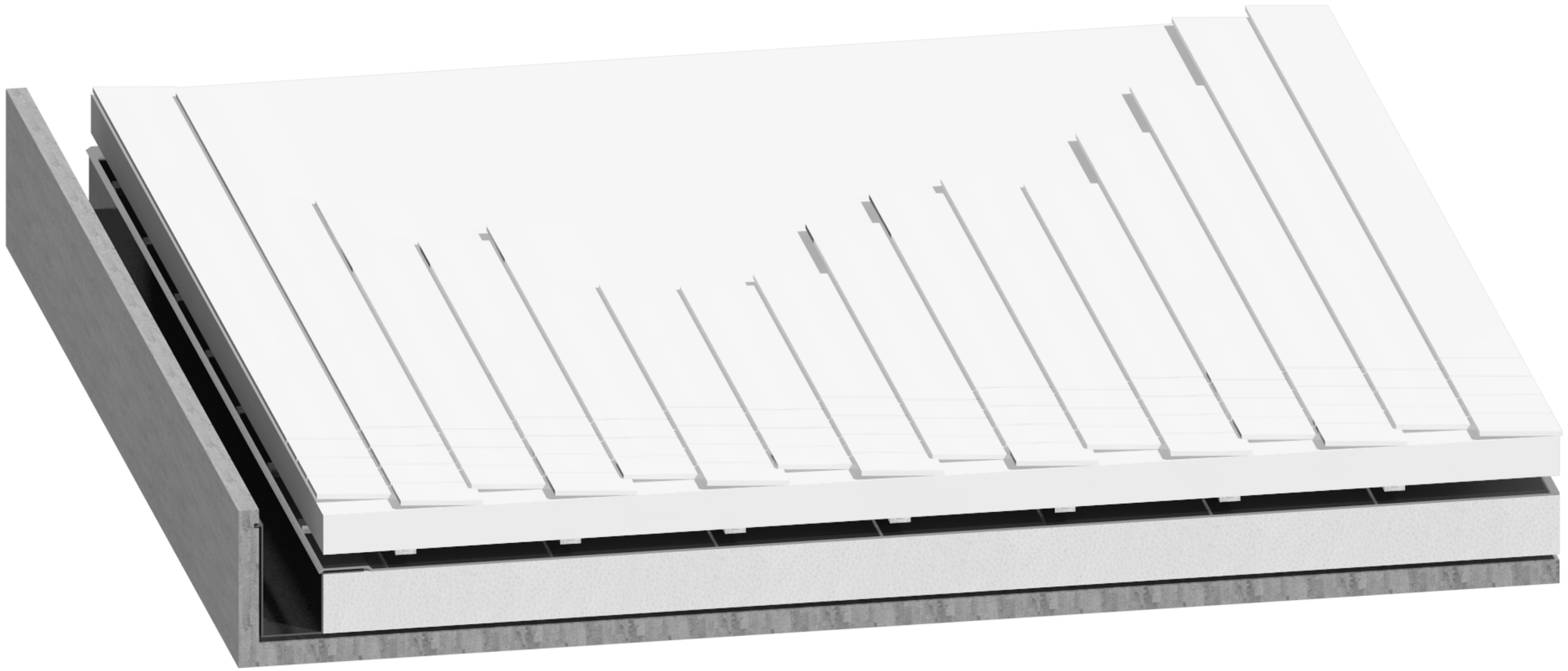
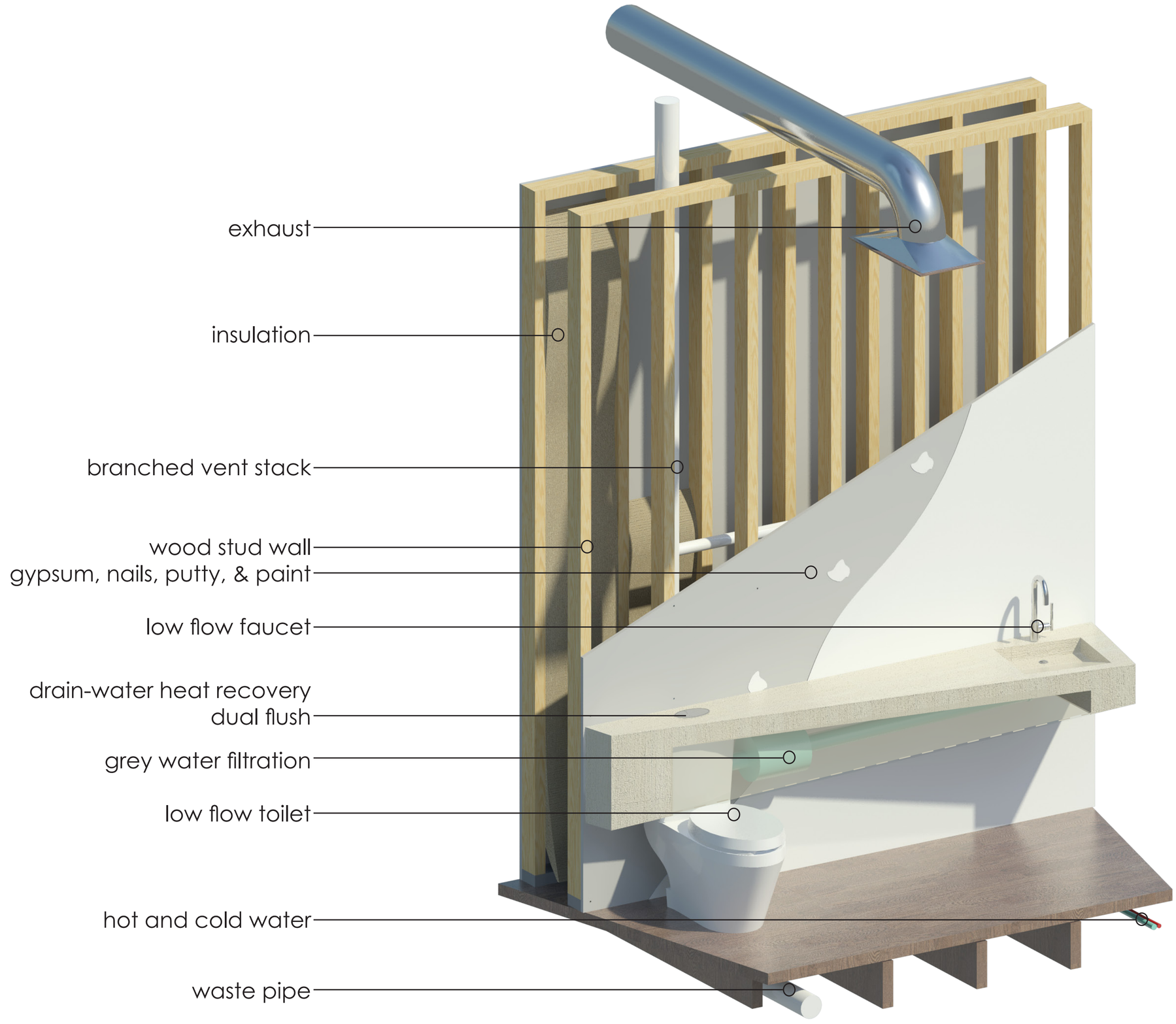
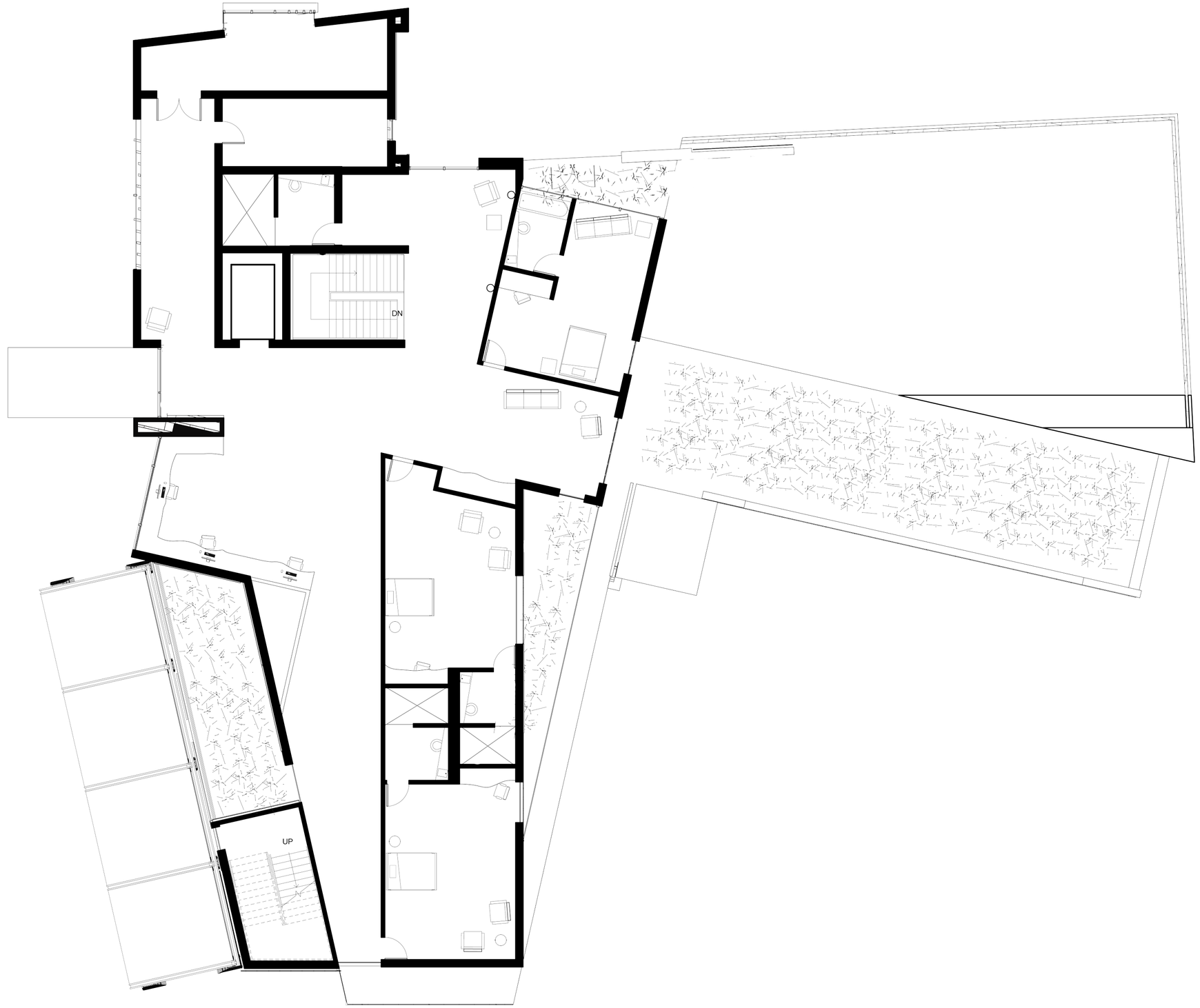







exhaust
insulation
branched vent stack
wood stud wall
gypsum, nails, putty, & paint
low flow faucet
drain-water heat recovery
dual flush
grey water filtration
low flow toilet
hot and cold water
waste pipe



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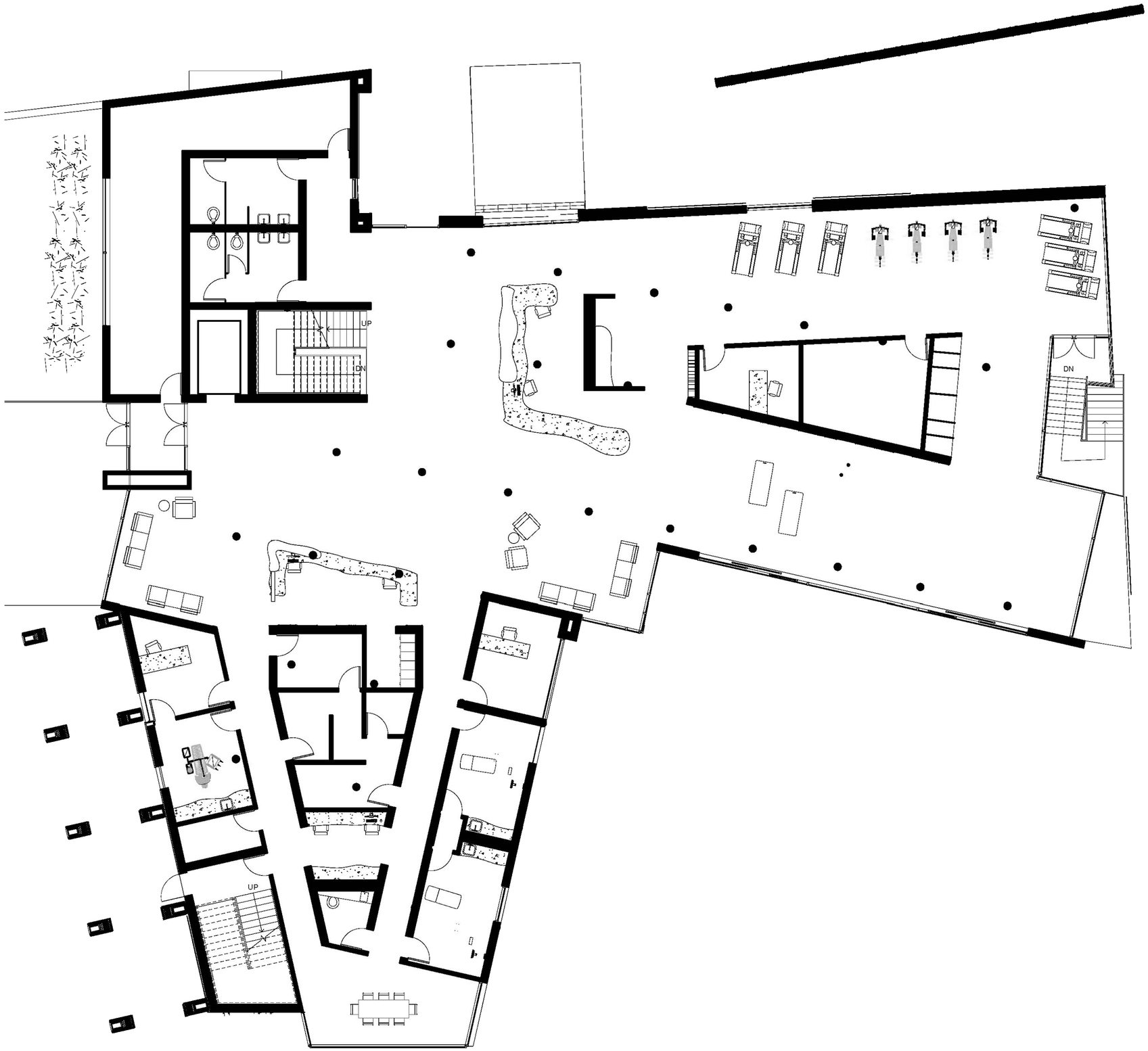

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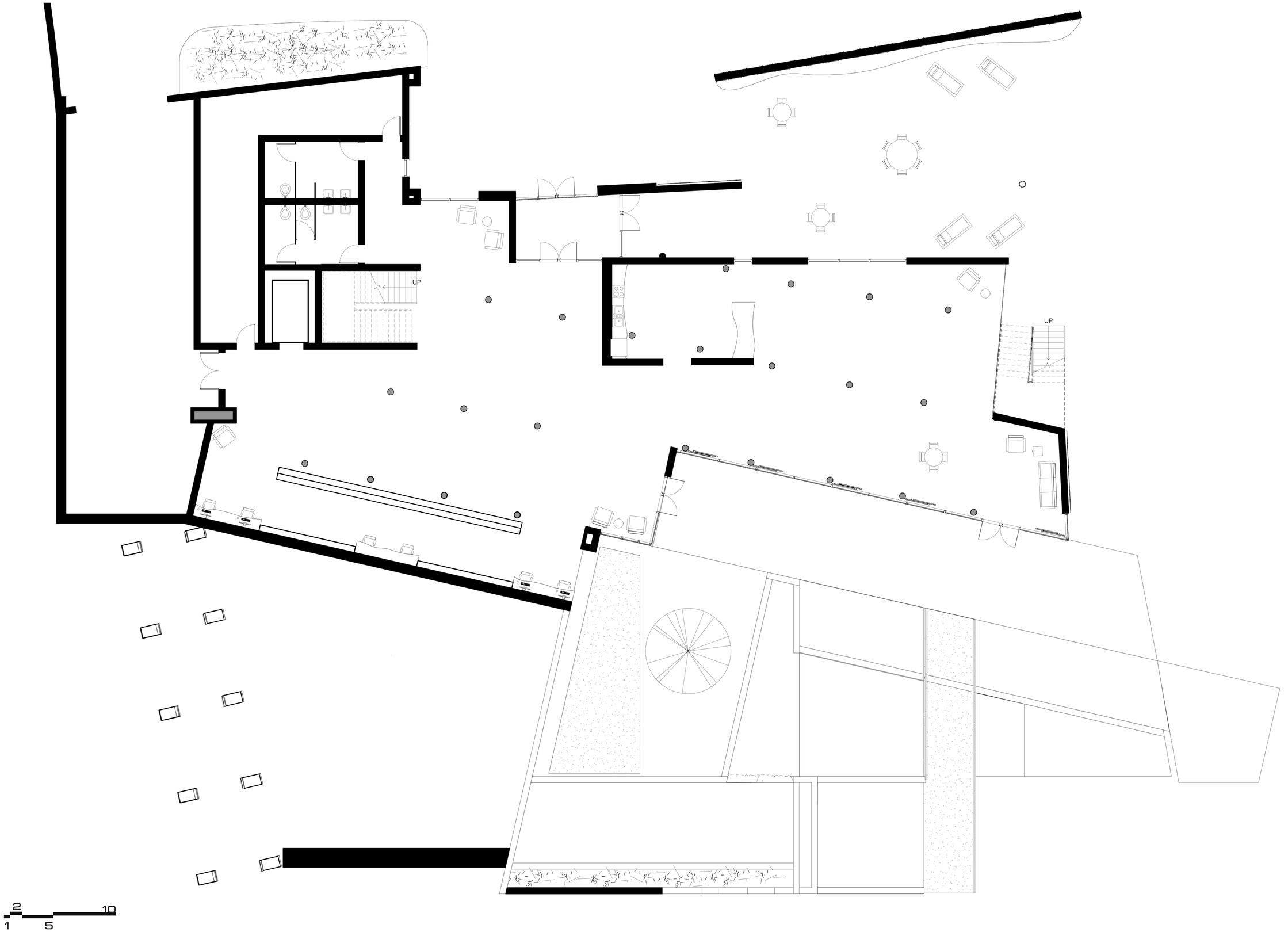
UP
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