THE NATURE OF HAPPINESS
FINDING HAPPINESS THROUGH ARCHITECTURE AND DESIGN
PREFACE:
Finding happiness has been a personal journey of mine for the past few years and one that I have just recently found to be a fruitless endeavor. This is not to say that happiness cannot be obtained, but rather that it is not a constant state of being nor should it be. Knowing happiness without sorrow goes against the idea of yin and yang. Balance is only achieved through the existence of both yin and yang. Happiness is a moment, a moment that should be enjoyed and cherished.

[ Now and then it’s good to pause in our pursuit of happiness & just be happy. ]

- Guillaume Apollinaire

PROBLEM STATEMENT
How can architectural design respond to the overwhelming pollution, poor quality of life and mass urban sprawl produced by today’s urban environment?

TYPOLOGY
Mixed-Use Community Node

THEROTICAL PREMISE
Redesigning rapidly-growing cities with a focus on human scaled communities will reduce pollution, reduce stress on infrastructure, reduce urban sprawl, and increase the overall quality of life and happiness within an urban environment.

SITE:
311 2nd Street South East
Minneapolis, MN 55414
LOCATION
UPPER MIDWEST
HENNEPIN COUNTY, MN
MINNEAPOLIS, MN
EXISTING SITE
PROCESS

I

II

III

IV
Solar Study

9 AM SUMMER

12 PM SUMMER

4 PM SUMMER

9 AM WINTER

12 PM WINTER

4 PM WINTER
STUDIO APARTMENT
DETAILS / STRUCTURE
WELLNESS CENTER SUPER STRUCTURE
POURED CONCRETE 2 WAY SLAB
RESIDENTIAL SUPER STRUCTURE
HOLLOW CORE PRECAST CONCRETE ONE WAY SYSTEM

WALL TYPES
EXT ICF WALL - R-32  INT ALUM. STUD WALL  EXT SIP PANEL - R-32
SOUTH ELEVATION
RENDERINGS
APARTMENT ENTRY
WELLNESS CENTER
EXERCISE SPACE