“For this is the great error of our day, that physicians separate the soul from the body”.

-Plato
In ancient Greece and Rome, an asclepeion was a healing temple, sacred to the god Asclepius, the Greek God of Medicine. The ill would come to the temple to receive either treatment or some sort of healing, whether that be spiritual or physical.
Japanese Zen Gardens, or rock gardens, have existed in Japan since the Heian period (784-1185). They are intended to imitate the essence of nature and serve as an aid to meditation. They consist of carefully arranged rocks, moss, water features, tress, and a bed of white sand that is raked to represent ripples in water.
Jeremy Geffen, MD
Pioneer in the field of integrative medicine and Oncology
Author of *The Journey Through Cancer – Healing and Transforming the Whole Person*
Healing Space
The Science of Place and Well-Being

“Elements of Place can also be stressful”
- Light (too much/too little)
- Noise
- Stress
- Crowding
- Odors
- Mazes
typological RESEARCH

Duke Integrative Medicine – Durham, NC
Mott Children’s Center – Puyallup, WA
North Zealand Hospital – Hillered, Denmark
the SITE
the SITE
Process – understanding treatment as a journey
Enclosure

North Shore Drive

Existing Road

Stoney Point Drive
Empowering Entry

Second Level

Main Level

- Reception
- Seating/Waiting
- Integrative Medicine
- Resource Library
- Restrooms
- Mechanical
- Enclosed Pathway
- Conference Room
- Offices
structural DETAILS

B - GLULAM STRUCTURAL DETAIL

A - GLULAM FOUNDATION DETAIL

12" x 12" Column

Metal Plate - Timber slides onto and is bolted in place

12" x 12" Column

Bolts

Slat in column that metal plate slides into

18" x 18" Concrete Column

Raised Concrete Platform that metal plate is secured into
structural DETAILS
A - STRUCTURAL DETAIL

B - FOUNDATION DETAIL

C - ROOF DETAIL
sustainable DETAILS

Green Roof - Planted with sedum, which retains stormwater and absorbs heat.

Low Flow Appliances – Low Flow Appliances were used to reduce the amount of water on site.

Pervious Pavement - Pervious pavement was used for all hardscape surfaces on the site.

Interior Gardens – Improve indoor air quality, reduces noise pollution, and enhances aesthetic values.
Thank You!