

Sniffing flourocarbon products may cause sudden death

"Stay away from that stuff," said Dr. Alphonse Poklis, as he pointed to cans of Pam, Cooking and other frying pan lubricants, in a speech Wednesday evening in Sudro Hall.

Poklis, assistant state toxicologist, explained that flourocarbon contained in aerosol sprays as hair spray and fry pan lubricants, and also in paint thinners and spot removers can be lethal.

Flourocarbons, at first were thought to be non-toxic because studies indicated they were safe. Experiments used guinea pigs and they showed no ill effects from the substance. (It was later discovered that guinea pigs are least affected by flourocarbons as compared to cats, dogs and monkeys.)

Deaths from sniffing started to occur early in the '60's. Young people were found with plastic bags still on their heads as Poklis illustrated in his slide presentation. After sniffing the substance, the victim would pass out and the actual cause of death was termed suffocation.

Further testing of flourocarbons resulted when persons found dead were separated from the actual sniffing paraphernalia.

Characteristics of what Poklis termed "sudden death sniffing syndrome" included brief periods of hyperactivity after initial sniffing and sudden death almost instantaneous thereafter.

The hyperactivity often includes wrestling or scuffling, or the sniffing can be done while bicycling or while the person is engaged in autoerotic activity.

Often times being caught sniffing by parents or police increases the emotional stress and in-

tensifies the brief hyperactive period and death follows quickly.

"Sniffing is a bad term," Poklis said. The actual act involves deeply inhaling the propellant from a bag. It is then highly concentrated in the lungs and spreads rapidly through the body system. By blasting the lungs, so much so fast, cardiac sensations can occur. This causes the heart to beat faster and lose it's rhythm and the heart stops. "This stuff will kill you," Poklis said, "nobody seems to realize how dangerous this stuff is."

The inhaling is prevalent among kids eight to 17 and is lethal because not enough information is given them about the dangers of sniffing.

"Kids will smoke marijuana, but it's not going to kill them," Poklis said. "There are deadly drugs like intravenous speed shooters and cocaine users, but that's in large cities. Kids in North Dakota can die from this. People are not informed and the public should be made aware of this."

Flourocarbon deaths are difficult to determine in post mortem investigations because no anatomical abnormalities are displayed in the autopsy.

Nationally, an estimated 125 deaths occur from solvents sniffing. Poklis termed this a "conservative estimate." North Dakota has had four such deaths in the last year and a half. Two in the Fargo area, one in Bismarck and one in the Minot area.

Need for special toxicological examinations and the outright lack of history regarding flourocarbon deaths hinder the detection of the condition.

N.D. to be topic of T.V. series

On Oct. 17 North Dakota will be the subject as part of a week bicentennial T.V. series presented on NBC's Today Show.

Guests on the show will be Rev. Mark Andrews and Dr. Hiram Drache, Professor of History at Concordia College.

Dr. Drache has authored three books on the history and agriculture of the Mid-West, the first being "The Day of the Bonanza" and "The Challenge of the Prairie." The third is soon to be released and is tentatively entitled "Beyond the Furrow."

The taping of the program take place "near the Red River on Oct. 15 or 16, according to Drache.

There will be two shows, with the first at 7 being shown nationwide, and the second being shown to a slightly reduced audience at 8.

The early show will consist of a presentation of some of Drache's pictures of North Dakota, a discussion of the transition of North Dakota during the past century by Drache and Today co-host Jim Hartz, and a discussion of the contemporary issues of North Dakota between Andrews and Hartz.

The second show at 8 am has an open format and it "should be interesting to see what happens," according to Drache.



SU economist explains Russian programs; USSR needs wheat to expand livestock

The Russians need wheat if they are to expand their livestock program, Hugh McDonald, SU grain marketing economist, said in his Scholars Program lecture Tuesday.

McDonald traveled with the 18th SU spring wheat team under the US-USSR agreement on agricultural cooperation. They toured the new lands, opened in the 50's on the western edge of Siberia, about midway between Moscow and the Pacific coast.

Wheat production uses about 80% of the farmable land. The Russian people eat a lot of bread, about 350 lbs per person compared with about 106 lbs per person for Americans.

Russians try to give their people something better by expanding their livestock program. Already their wheat consumption is starting downward, McDonald said.

Forage crops comprise 20 percent of Russia's production. "We saw barley fields being gouged on by cattle," McDonald said. With a steady supply of wheat from the US they could devote more land to their livestock programs.

"Moisture is their number one problem," McDonald said.

"They're banking large on irrigation" for the future.

Most of USSR's farmland is in a range corresponding with Canada's plains. Only 1% of the land gets over the 28 inches that 60% of Americas farmland gets. About 40 percent of the land receives around 16 inches of rain, comparable with mid-North Dakota.

Most of their land is only marginally productive with about 11-12 inches of rain and a very short growing season. These lands were opened up by Khrushchev in the middle '50s. It's mostly marginal land that probably wouldn't have been plowed up here, McDonald said.

"We were not allowed in this year's draught area," McDonald said. I have no doubt that we were shown the best area.

"A feeling of bigness permeates everything," McDonald said. Their collective and state farms range from 12,000 to 150,000 acres. A North Dakota township covers 23,000 acres.

It's operated as one large farm. The people live in apartment houses in a central village on the farm.

Many people are still living in log cabins in the new lands. McDonald was told that they

would be moved into modern apartments very soon so there was no reason to be wasting effort repairing them. McDonald also spotted some cabins under construction.

"I didn't see a lawn mower all the time I was over there," McDonald said. The people believe that if the lawn needs mowing the state will create a lawn-mowing job and hire someone to fill it, he noted.

McDonald asked his interpreter if he painted his own apartment. "I am a teacher so it's not my job. If the apartment needs painting the state will do it," he answered.

"This attitude is something I think is wrong with their system," McDonald said.

"The people hate to take risks," he said. Any new developments in Russian agriculture are sent to Moscow. If it gets the ear of an important politician and is approved of then action is taken. "When Moscow decided to stubble-mulch, everyone stubble-mulched, he said.

"We have to give them credit for progress," McDonald said. They've come a long way in two



Preparation for Homecoming festivities. (photo by Fred Slinger)

Drinking becomes way to gain esteem

By Kathy Spanjer

Jerry Mulready is on campus to talk about drinking. "It's too good a thing to give up. Alcohol isn't intrinsically bad. It's the way you use it. It's a lot like food. Just because a person's a glutton, you can't blame the food."

Mulready is here as part of the "50 plus 12" project sponsored by the National Clearing House for Alcohol Information (NCALI). NCALI personnel are visiting one university per state and 12 others to include minority and special interest groups.

Their main purpose is to disseminate alcohol information and look for new ideas about it.

"This isn't a preaching program. We have the idea in mind that alcohol is not a bad thing. It's just being able to handle it. We just want to kick the idea around, have some rap sessions. We may come up with a few ideas, maybe save a few people from going overboard."

One reason people drink is to gain esteem. "We all try to gain esteem. Alcohol is a cheap, practically accepted thing. That's not all bad. But we want to create a healthy respect for what can happen."

What has happened is that of the 90 million people in this country who use alcoholic beverages experts estimate about 9 million have become alcoholics. Mulready thinks this figure is lower than the actual number. "I look at the number of admitted and suspected alcoholics, and it leads me to believe there are a lot more undetected. How do you tell how many there are. You can't use the number of people or cirrhosis of the liver, and you can't get figures from death certificates."

Mulready doesn't think there is a real drinking problem on campuses. "We're thinking about later on, if we get complacent. Statistics show the biggest problem is among people in their early 20s. If it hasn't by then, it won't till the 40's or 50's. It takes real two-fisted drinking to become an alcoholic" Mulready said.

Alcohol used as a mood-changer is all right, he said. It is reliable, available and, to a point, predictable. It relieves tension, and people have always needed this.

"It's when everything that comes up leads to a drink. You stub your toe, so you have a drink. The phone rings, and you have a drink. You begin to anticipate tension, so you have a drink."

"To become addicted, you have to develop a tolerance. It takes more to get you drunk. And then when you try to cut down, you can't so you try to taper, to stall that ultimate day. It's this fear of going through withdrawal

symptoms that makes alcoholics," Mulready said.

There is no accepted definition of what is an alcoholic, he said. A short definition he offered is when alcohol constantly interferes with a person's work or normal functions, he is possibly alcoholic. Mulready emphasized a large degree of self-diagnosis in this. "Just about everyone gets a hangover once in a while, or neglects his work or home life. But this isn't consistent.

"This doesn't make an alcoholic."

There are a lot of myths surrounding alcoholism, he said. One common assumption is that all skid row people are alcoholics, and conversely, all alcoholics are skid row types. "It's a remarkable thing. A lot of people think only dumb people get hooked.

Actually, the highest proportion, about 62 percent, of all abstainers have less than an eighth grade education. Of all heavy drinkers, only six percent have less than grammar school educations, while 13 percent have a post-graduate education."

Drinking isn't concentrated in the lower classes, or the poor. In fact, moderate and heavy drinking increases as social class rises.

Mulready pointed to the fact that the number of alcoholic women is rising. He said people don't notice the alcoholic housewife as much as the alcoholic man because they don't get out into society as much as the men do.

Another misconception he pointed out concerned hangovers. A lot of drinking is done because everybody's doing it, he said, and the cause of some hangovers may be largely social pressure, too.

"Another thing is, people say, I don't get hung over when I drink vodka with a twist of lime, or some other special drink. The fact of the matter is, it's the amount of alcohol, not the kind. All alcohol is the same substance, ethyl alcohol."

He has a poster of 10 terrific hangover cures. Included are such things as exercise, food, another drink, lying still and taking vitamins. "These just don't work," he said. "The only way to cure a hangover is not to drink that much," he said.

What Mulready is advocating is not abstinence, but moderation. He pointed to the fact that moderate drinkers, those who have a drink with a meal or a few drinks for a special occasion but seldom, if ever, get drunk, live longer than abstainers.

"Abstinence is not necessarily that virtuous. We are what we habitually do. We don't act rightly because we are virtuous, we are



Jerry Mulready

(photo by Dennis Kitch)

virtuous because we act rightly," he said.

He said abstinence isn't the answer to the country's drinking problem, because it was tried before and "Prohibition was a colossal failure," he noted.

Mulready said talking with students all over the country may give ideas for new methods of prevention and cures for alcoholism. He said a whole new approach is needed because methods in use today, just don't work. He likened the treatment centers of today to "setting up a first aid station at the bottom of a cliff instead of a barrier at the top."

He mentioned a study done with several hundred people who were treated in a treatment center, and a like number who were merely "detoxed".

Two years later, there was no significant difference in the numbers of the two groups who were

drinking again.

There are four dimensions that must be considered when treating an alcoholic, he said. They are social, psychological, physiological and spiritual. Each person is different and his problem is made up of different proportions of these dimensions. Individual treatment and counseling is necessary to take this into account.

He gave Alcoholics Anonymous (AA) credit with being the best method of treatment today. "Mostly people need a friend, to know they're not the only ones. That's probably why AA works. Some centers use AA books and meetings, but attendance is compulsory. That ruins it because AA is of your own volition."

He said the "50 plus 12" program doesn't get into counseling people with a drinking problem, but he can refer indi-

viduals to a professional and "may do some talking to them, this is out of our own experience. We're not professionals."

Mulready said he and partner, Arch Monroe, will have an office in the Health Center. They have pamphlets and posters currently available and working on a pamphlet about drinking problems in North Dakota.

"Our approach is, a lot of preaching goes on. But there are a lot of viewpoints, and nobody knows the answers. We'd like to have an attitude like some of our countries. Here drinking is a problem, while there it isn't. Think of the great city-nations that crumbled from within from a lack of self-discipline. Is this our problem? We don't know."

"Nobody has a lock on it, you know. We're still learning too," Mulready said.

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The Plains Art Museum

What art on the prairie has come to

By Linda Larson

A lack of direction due to the high turnover of directors at Red River Art Center prompted the organizing of the Plains Art Museum, according to its director, James O'Rourke.

The Plains Art Museum is a newly-organized corporation formed by the merger of the Rourke Art Gallery, the Red River Art Center (RRAC), both of Moorhead, and the Fargo Gallery of Art.

"Funds are now channeled in one direction instead of three separate routes and thus will be better used than in the past," O'Rourke said.

The corporation is financed by one third each from membership, sales and rental and corporate support and grants.

The RRAC closed this past June because of financial problems. The stately building located on Main Avenue in Moorhead was once the city's post office.

Prior to the gallery's reopening last Sunday, small scale remodeling was done, including painting and carpentry work for "cosmetic" purposes, explained Assistant Director Susan Hunke.

The basement has areas for class lectures, sales and rentals and a photography department which SU instructor Mark Strand is responsible for organizing.

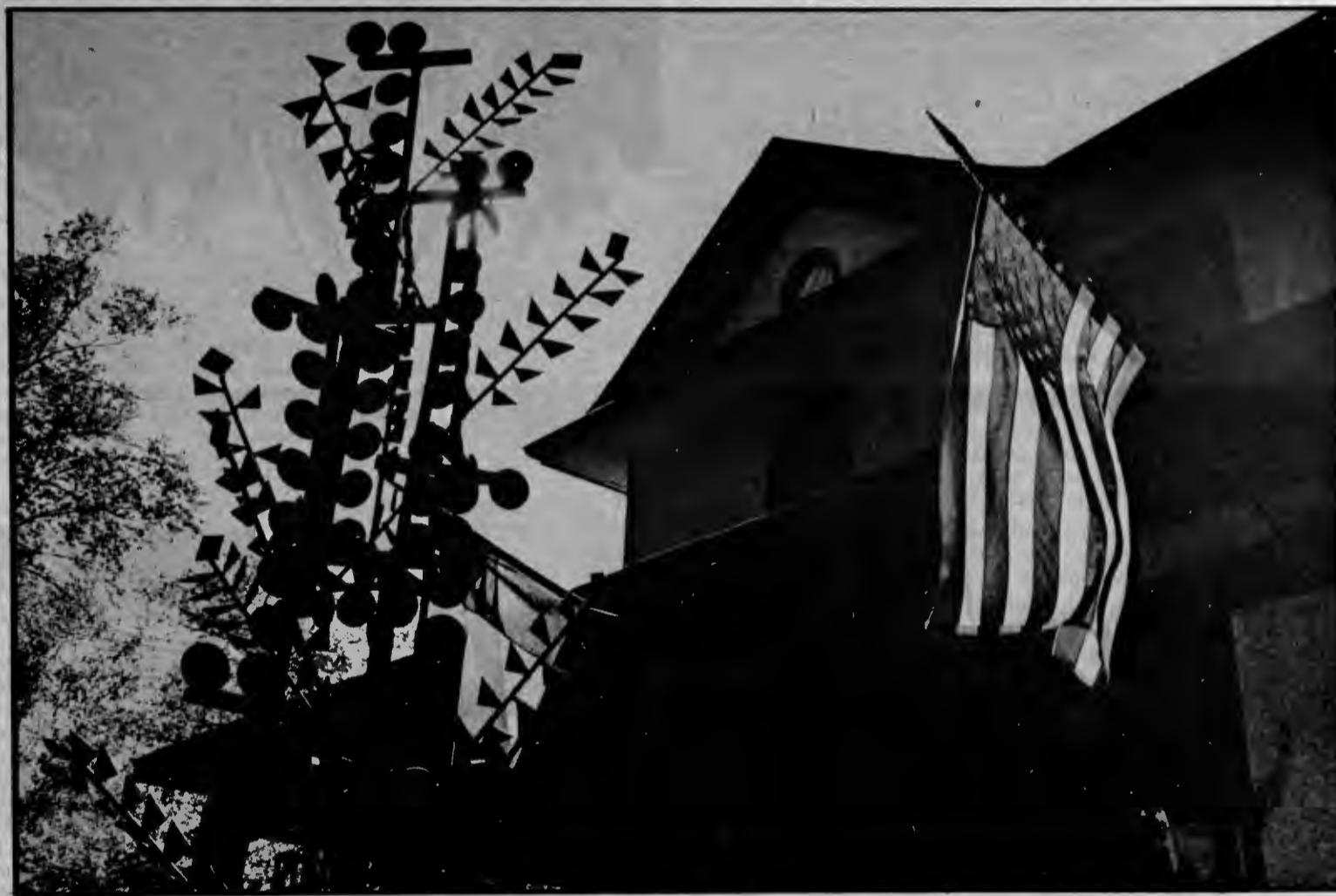
A photography exhibit by Strand, Murray Lemley and Nick Kelsh is presently on display in the basement.

The main floor displays art exhibits and is now showing paintings by Cameron Booth. Booth, 82, is from Minnesota. His paintings reflect his long and illustrious career of creating art. The exhibition includes rural scenes, predominately of horses. Grant assistance was provided by the Minnesota State Arts Council.

The second floor of the building is presently occupied by the Clay County Opportunity Council.

SU people included in the staff are: Ronald Ramsey, architectural history instructor; Mark Strand, photography instructor; Denise Johnson, ACTION, tour and extension; Vicki Bogard, graduate work-study student, instructor and exhibitions; and Krislyn Koch, undergraduate work-study, exhibits.

The new activities planned revolve around the re-establishment of adult and children's education classes at the art center and at the newly-provided space at the Clara Barton School. Classes range



from basic drawing and painting to photography, quilting and batik.

A series of movies about the North Dakota Prairie by Bruce Wendte, a North Dakota native, is planned. The Oct. 24 series is entitled, "We Are the Land."

Exhibitions are changed about once a month.

"Art and artists come first in our galleries," O'Rourke said. "We orientate our selection toward major living American artists, largely from this region, and those who devote their life to art," he added.

The Rourke Gallery has a physical feeling of a museum. Part of the permanent collection includes 3,000 pieces of pre-Columbian art. This is art from South America and Mexico before Columbus, Hunke explained.

"This is probably the most impressive and extensive collection from this side of Minneapolis to the west coast," she said.

The gallery has exhibits of small prints, drawings and sculpture. The size of the exhibits is limited by the wall space in the gallery, which is located in a house. O'Rourke lives in the third

story of the house.

Future exhibitions include recent paintings and drawings by George Pfeiffer.

The Fargo Gallery of Art is more experimental and more exciting in mood and in exhibitions, O'Rourke said.

Paintings and prints by Bernel Baylis are presently on exhibition. Exhibitions are changed twice a month at the Fargo Gallery.

A women's exhibit is planned for November as part of International Women's Year. Ten women artists of the region working in different media, will display their work and will give some demonstrations during the week.

The Fargo Gallery of Art is located on the second floor of Black's in downtown Fargo.

Photos from top: Plains Art Museum Director James O'Rourke; visitors at the Red River Art Center; the Rourke Gallery with Thomas Koehnlein's "Tree"; and the Fargo Gallery with arcs by Bernel Bayliss. All Photos by Dean Hanson.



SPECTRUM editorial:

"I'm missing a clear conception of student activity," Richard Bovard, chairperson of the SU Bicentennial Committee, said. A lack of student involvement and participation in the Bicentennial program is clearly evident to him as well as other planners for this gala affair.

Why, one asks? Are students and young people merely apathetic to a Bicentennial or any other planned celebration, per se? Perhaps young people are too busy or too lazy to get involved. Or, most likely, it seems to us, students and young people doubt the sincerity of the planned revolutionary celebration.

Celebrate what, we ask? The pollution of our natural resources—the top soil, the lakes, streams, rivers, the air, the natural scenery? Or, perhaps, Americans should celebrate the political system which has produced Richard Nixon, Ronald Reagan, Mayor Daly and our other "honest" government officials. Maybe we should joyously acclaim the great system of free enterprise which has given us giant multinational corporations such as General Motors, ITT, Du Pont, Standard Oil, etc., which consistently and perpetually cheat the American public out of hard-worked for and inflation-decimated dollars.

Other items to celebrate include congested traffic, decaying cities, inflation, unemployment, rising crime rates, an ineffective criminal justice system, non-working prison and correctional centers, rampant racism and sexism, a non-motivating educational system, increasing violence, the presence of a multitude of wars and armed conflicts, continually increasing alienation from the system and a constantly decreasing respect for this same system.

Is this what we are happy about? Is this what we are celebrating?

No, protest Bicentennial enthusiasts. "We're celebrating the good things about America," they say. "You know, the modern industrial life, the chicken-in-every pot, neighborhood schools and, most importantly, the great democratic processes and republican institutions of this, the greatest of all nations."

Poppycock, one would say in the tradition of the great Americana expletives. What we are really doing is celebrating America's past. We're celebrating the theoretically great ideas of the founders, the great theoretical principles of equality, freedom and liberty and the great system this country "could" be. In other words, we are backpatting, complimenting ourselves on a wonderful start because we are too ashamed to look at the present conditions of the United States and compliment ourselves on that state.

For the Bicentennial to be meaningful and to encourage the participation of everyone, planners and organizers should start looking at what this country could be and working towards that, instead of celebrating what can't be and what never has been.

For those who say the United States is still the best country in the world, we would answer, good, but the possibility still exists to make it better. Let's not stop at the present state of imperfection.

CORRECTION

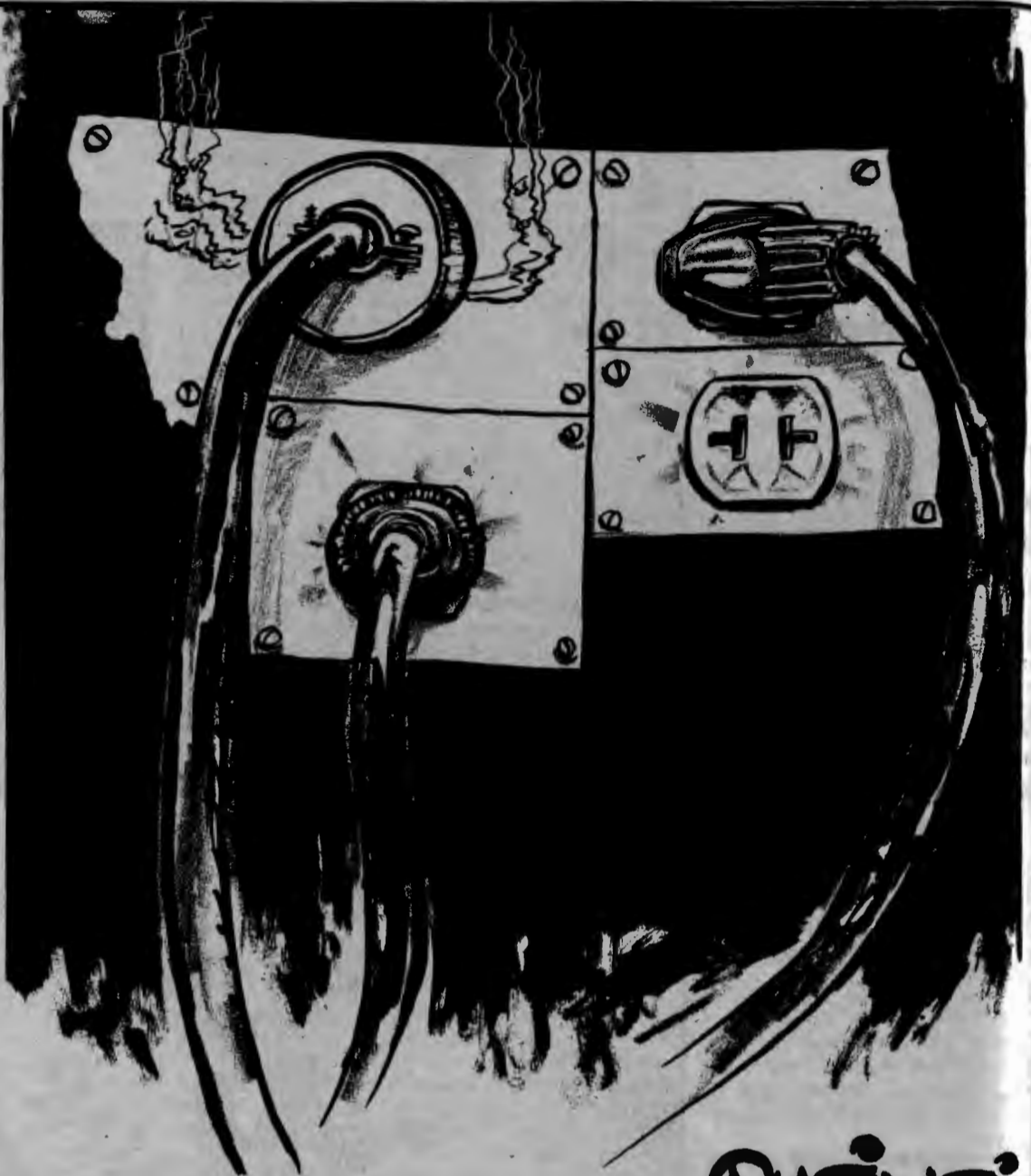
The Spectrum would like to correct a statement in Tuesday's editorial which said the Fargo police served as backup units in the raid of Kragnes, Minnesota, parties. According to the Fargo Police Department, there were no Fargo officers involved.

The Board of Student Publications is now considering proposals for an alternate publication (e.g. magazine, annual, etc.) All interested parties should contact the Spectrum Office immediately.

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Letters to the editor must be submitted before 5 p.m. two days prior to the date of publication and should be typed, double spaced, on a 60-inch line. Letters should not exceed 350 words.



Duginski
1975 - SPECTRUM - FARGO STUDENT

backspace

by Iver Davidson



Four men, unshaven, dusty from the road, approach a man leaning back in a chair, blocking a doorway. Seeing the approaching strangers, the seated man puts down the book he's been reading and smiles somewhat sheepishly.

"Sorry, gentlemen. This card game's by invitation only."

The four unshaven men calmly take out their revolvers and point them at the guard. Shaken, the latter prepares to give way. But before he can move, all four guns go off at the same time, and the force of the bullets drive the man through the double doors behind him and into the crowd of people. The four strangers walk over the dead man and up the stairs to the game.

The above scene from "The Master Gunfighter," currently showing in Fargo, perfectly epitomizes an integral aspect of modern cinema: the violent death.

Murder, mayhem and sadism is such a permanent part of the American culture that it has become almost sacrosanct. It is now the right of every American, regardless of age, to view violence to their hearts content.

Unlike most forms of diversion, children are not discriminated against in this respect: blood and gore are allowed in G-P rated movies (while naturally children are spared such disgusting and un-American aspects of life as sex. The portrayal of violence has almost become an art form in its own right. Today you can see death inflicted in a variety of moods, ranging from riotous hu-

mor to pathos.

You can also see it in varying degrees of gore, from the magical Hollywood "bloodless bullet wound" (including, of course, the results of shotgun blasts) to "slaughterhouse" scenes, in which not only blood gushes, but intestines seep out, eyeballs hang, etc.

Of course, there's more to a successful mass murder scene than a good make-up job: the scene also must contain action, and a bit of originality.

A simple bullet wound in the chest, for instance, is really nothing to look at. But have the victim fall from a 200-foot cliff after being shot, and you've got something. Or have the man shot neatly between the eyes, and zoom in to show the blood and brains begin to seep through the hole—now you have a subtle masterpiece!

You don't even have to use guns. Take the neat trick used in "On Her Majesty's Secret Service," in which a man chasing Bond on snow skies slips and falls into a snowblower. The shower of bits and pieces of pink flesh were indeed a wonder to see. Cudos to the special effects man!

One tricky aspect of violence in the current cinema is fitting it in somehow with the rest of the picture. This need not concern the movie-maker too much, because it is the action, of course, which the audience came to see. The plot, if it has any, is a minor consideration.

Yet, some movie-makers go to great lengths to ingeniously in-

sert a storyline into the violence. The scene from "The Master Gunfighter" given above is just such a piece of ingenuity.

Four men are on their way to talk with a man who has information about the whereabouts of another man they want to kill. The guard blocks their way and, since the gunmen are naturally impatient to get through, they blast the guard.

Although one needn't be too discriminating about who gets shot, hacked up or shredded in the course of a movie, psychologists maintain that seeing the bad guy "get his" in the end somehow satisfies a deep down need in the human breast.

The only problem, is that, in the normal course of human affairs, there just aren't enough bad guys deserving their demise to take up more than about 30 minutes of the average movie.

Therefore, movie-makers have learned to set up the bad guys in assembly line-fashion by giving the deadly-yet good-hearted hero a reputation and having him defend that reputation at the rate of about one every 10 minutes.

And so it seems the future of violence in America is in safe hands. Rumor has it that the coming thing is The Real Thing—that is actual deaths performed "live before theater crowds."

One can expect quite high admission prices for such performances (after all, the victim's family must be compensated) but such at the expense of art!

to the editor:

We realize that there are many men and women who, because of the conservative and traditional environment which predominates in this part of the country, are afraid to express their homosexual feelings. By far, most of these people are law-abiding citizens who have a high moral regard for the rights of those around them. We further realize that EVERYONE should have the right to express and practice his beliefs so long as they do not infringe upon the rights of others. This is, and always has been, the American outlook.

In order to help bring together the gay population within a 200 mile radius of the Fargo-Moorhead and Grand Forks area, an organization by the name of AWARE was formed in the Fall of 1974. This is not a "Gay-Lib" organization but is involved in the planning of social and educational projects counseling (on a limited basis), and trying to give the large far-flung gay population of the area a friendly, safe, and discrete (when necessary) way to meet other good, honest people with similar interests.

Since last fall we have held a banquet at the gay bar in Fargo, and held several picnics, sports events and a campout, elsewhere in the Fargo-Moorhead area. We have been invited to speak on several college campuses and have been trying to work with local law enforcement authorities, religious leaders, and mental health associations.

Both men and women have been involved in all of our activities. One of our main objectives though, is to let the MANY frightened, confused, and lonely gay people (or people who may have gay feelings or tendencies) know that there are other people with whom they can identify.

To help us fulfill this worthwhile endeavor, we are asking that you place a short paragraph in your student newspaper or newsletter.

Sincerely yours,
Jim Hicks

Krein sees retiring as state of mind

By Deborah Smith

"We don't have to be stars to be great people," Grace Krein, a tiny woman with a friendly cherub face, said. "It's that day by day interest and concern for the people around you that makes others appreciate you and really think you're great."

Krein, library associate at SU, plans to retire within the next year. She came to SU 11 years ago and worked in the periodical section of the main library for eight years. She has spent the past three years as Architecture Library Supervisor.

She has enjoyed these last three years the most because of the "personal touch that you find over here in a smaller library," she said. "I've become more personally involved in the aims and ambitions of the students working in architecture."

"I've learned a great deal about architecture," she added.

"I've learned a great deal about architecture," she added. "I've developed a real appreciation for old buildings."

"The faculty here is really great. When I've helped them with their work, they've been so appreciative," Krein, who is always eager to help, said.

"It's so nice when I run into faculty and students off campus," she said. "One of the nicest things that can happen is when a student who has been gone for four or five years comes back and says, 'I wanted to come back in and see you, do you remember me?'"

Krein recalls an experience she had at Valley City State College, twenty years after graduation she saw a former teacher of hers on campus. The teacher walked along without noticing her for a while. "She was such a person to watch her feet," Krein said. When the teacher did look up, she "dropped her purse, dropped her books, ran over and put her arms around me. She was a very special person," Krein said. "When I asked her how she ever remem-

bered me after all those years, she replied, 'I never forget my students.'"

Krein became interested in library work while teaching history and English, two subjects that brought her to the library often for research. She still enjoys browsing and simply being surrounded by the atmosphere of a library.

While she is browsing, she always keeps the students in mind. "When you read something and you know someone else is interested in it, you want to help them," she said. "You want to be able to know where to find things so you can help direct that person in searching for information. I try to keep in mind some of the things the students are interested in and working on in their projects." She collects these bits of information and keeps them on her desk, handy for student use.

"A library should never lose anything," she noted. She is working on a bibliography of architecture reference material which she will compile in booklet form for the students. "Leading students to source materials is the main function of a library," Krein said.

Krein graduated from Valley City State College in 1932. Her education was based on "how to present yourself when teaching young people." She said it is regrettable that today some fields of study in large universities lose contact with the people aspect and concentrate on subject matter only.

"I think a student should prepare himself for a job," she said. She hopes students develop interests and skills in more than one area so that "when a door closes in your face, there's a window you can get out."

"I have always been in the public," she said, having been in business with her husband or teaching all her life. She successfully combined a career with the raising of five children. She said she and her husband had an ad-



Grace Krein

vantage in that they were with their children all the time. Their florist shop and greenhouse was run by the whole family and, when they went back into teaching, they were fortunate enough to teach at the schools their children attended.

Krein's two main projects when she retires concern her children. She plans to make an heirloom quilt for each, copying the one her great grandmother made more than 100 years ago that is still in the family. She also plans to collect some of the verse she has written over the years into books for her children, as she promised them she would.

"Retiring is a state of mind, it's not really relinquishing all the things you're interested in. It's sometimes just a change of emphasis," she said.

Contact with people is one of the things she will miss most when she retires from SU. She and

her husband plan to spend part of this winter in Arizona where they will eventually settle. She wants to come back next summer, though, to take care of some things. "I don't like to leave a job partly done," she said.

"I have grown in understanding here," she said of SU. "It's really been an education to me."

Krein enjoys talking to the foreign students. "I wouldn't begin to have the courage those students have," she said, "coping with language problems, climate, loneliness and new tools of learning." Even with the language barriers, sometimes a smile is all it takes for communication to begin, she said.

"We are so miserly with friendliness. I don't think we realize how much it can mean to someone. We just go our own way down the middle of the road and never see who is walking beside us," Krein said.

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SEE RECRUITERS IN THE UNION ALL WEEK

Dancers open Fine Arts Series



The George Faison Universal Dance Experience

Opening the SU 1975-76 Fine Arts Series will be a 12-member all-black dance company, the George Faison Universal Dance Experience, at 8:15 p.m. Tuesday in Festival Hall.

Through its performances the company attempts to interpret the whole of American Black history from the most joyous occasions of its culture to the sadness and tragedy associated with its heritage.

While not derived from African or Caribbean influence, the George Faison Universal Dance Experience embodies the essence of the American Black heritage in a theatrically pleasing and intense dance environment.

Described by "The New York Times" as "an exciting, vibrant troupe," the Universal Dance Experience has been called "sassy and impudent, flashy and flamboyant, emotional and con-

troversial, and imperturbably cool."

George Faison, who has become known for his flair with unusual themes, won a 1975 Tony award for his choreography of "The Wiz," an all-black musical version of "The Wonderful Wizard of Oz." Faison also created a tribute-in-dance to Miss Billie Holiday entitled "Reflections of a Lady."

A number of workshops with the dance group have been scheduled tentatively by Marillyn Nass, SU associate professor of women's physical education.

A master class featuring jazz and American black heritage ethnic dance will begin at 10 a.m. Saturday in the Old Fieldhouse.

A class for actors, singers and beginning dancers in movement improvisation is scheduled at 10:30 a.m. Monday in the Union Ballroom. A lecture-demonstration with a mini performance by

the company has been scheduled at 3:30 p.m. Monday in the Old Fieldhouse.

At noon on Tuesday, Oct. 14, the company will make an informal appearance in the lounge area of the Union.

A limited group of students will be welcome to participate in daily rehearsals by the company on the stage of the Old Fieldhouse. Rehearsal times have not been set.

Under the dance company's residency program, all practice sessions are free for SU students and \$1 for other persons. Practice sessions with the dance company may not be confirmed until the company's arrival here today.

The SU Fine Arts Series is jointly supported by grants from the North Dakota Council on the Arts and Humanities, the Upper Midwest Regional Arts Council and the National Endowment for the Arts.

the arts file

FRIDAY

8:15 p.m.—SU opera workshop production of "The Mikado" in Festival Hall. The opera continues Saturday night.

8:15 p.m.—The "George Faison Dance Experience," a black dance company, in Moorhead State University's Weld Hall. Scheduled for Festival Hall at SU on Tuesday.

SATURDAY

7:30 p.m.—Charles Dicken's "Oliver Twist," the first in the Campus Cinema's Nickelodeon Series Saturday trilogy of films of novels.

SUNDAY

5 and 8 p.m.—Campus Cinema's presentation of "That's Entertainment" in the Union Ballroom.

Warehouse expanding

"The Skill Warehouse is for students to expand their backgrounds without the worries of grades and credits," Alice Senechal assistant director, said.

The Skill Warehouse was established three years ago at SU and has been growing stronger ever since. This year there are approximately 450 participants. Many classes have formed two sections due to the high number of people attending.

The original director and founder of the Warehouse was Vicki Bernier, who was also an assistant to the dean of students at that time. She moved to Minneapolis this summer, so the program is now under the direction of Susan Madigan. The Warehouse office is in the Memorial Union

Business Office and the staff welcomes students to drop by any time.

The Warehouse instructors are a well qualified, varied group of people. For example, the weaving instructor has had 60 years of experience. They keep the classes interesting, yet informal Senechal said.

There is a different set of classes offered each quarter. This quarter's classes have already begun with social dance, guitar, weaving and cake decorating being the most popular.

A sneak preview of some of the winter's new programs include ice fishing and reed basket weaving. If students have any suggestions for a class you'd like to see, bring them to the skills warehouse office.

Friday, Oct. 10

- 12:00 noon Rotary District Luncheon, Ballroom, Memorial Union
- 3:30 p.m. Animal Science Seminar: "Effect of Fat Additions to Laying Rations," Farouk Horani, graduate student in poultry, USDA Laboratory
- 7:30 p.m. Chinese Student Association Film, Ballroom, Memorial Union
- 8:15 p.m. "Mikado," Opera Workshop Performance, Festival Hall

Saturday, Oct. 11

- 1:30 p.m. Skill Warehouse: Yoga, Meinecke Lounge, Memorial Union
- 7:30 p.m. Campus Attractions Film, Ballroom, Memorial Union
- 7:30 p.m. Faculty Couples Bridge, Meinecke Lounge, Memorial Union
- 8:15 p.m. "Mikado," Opera Workshop Performance, Festival Hall

Sunday, Oct. 12

- 5:00 p.m. Campus Attractions Films, Ballroom, Memorial Union
- 6:30 p.m. Student Senate, Meinecke Lounge, Memorial Union
- 8:00 p.m. Campus Attractions Films, Ballroom, Memorial Union

Monday, Oct. 13

- 8:00 a.m. VISTA/Peace Corps, Memorial Union 102
- 8:15 a.m. Extension Staff, 4-H Conference Center 320
- 10:30 a.m. George Faison Universal Dance Experience Workshop, Ballroom, Memorial Union
- 11:30 a.m. Student Affairs Committee of Faculty Senate, Board Room, Memorial Union
- 3:30 p.m. Faculty Senate, Meinecke Lounge, Memorial Union
- 4:30 p.m. Coed-Men's Intramurals, Memorial Union 233
- 6:00 p.m. Skill Warehouse: Social Dancing, Ballroom, Memorial Union
- 7:00 p.m. Chess Club, Memorial Union 102
- 7:30 p.m. Skill Warehouse: Pinoche, Crest Hall, Memorial Union
- 9:00 p.m. Panhellenic, Forum Room, Memorial Union
- 10:00 p.m. Inter-Fraternity Council, Meinecke Lounge, Memorial Union

Tuesday, Oct. 14

- 8:00 a.m. VISTA/Peace Corps, Memorial Union 102
- 5:30 p.m. Sigma Xi, Dacotah Inn, Memorial Union
- 6:30 p.m. Skill Warehouse: Guitar, 4-H Conference Center 319
- 7:00 p.m. Sigma Xi Lecture, Town Hall, Memorial Union
- 7:00 p.m. Skill Warehouse: Leathercrafts, Memorial Union 102
- 7:00 p.m. North Dakota State Employees Association, Memorial Union 203
- 7:00 p.m. Alpha Zeta, Meinecke Lounge, Memorial Union
- 7:30 p.m. Campus Attractions Films, Ballroom, Memorial Union
- 7:30 p.m. Political Science Department Faculty Lecture: "The Political Trials of an Old Friend," Professor Codevilla, Crest Hall, Memorial Union
- 7:30 p.m. Student Nurses Association, 4-H Conference Center 320
- 8:00 p.m. Fellowship of Lutheran Young Adults, Memorial Union 233
- 8:15 p.m. Fine Arts Series: "George Faison Universal Dance Experience," Festival Hall

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RESTAURANT



By Irene Matthees

I didn't make it to the Sun-
Cafe until the sun was setting
in the west. But then, I always
the image of sunset was
appropriate to downtown
anyway.

As I wheeled my bike past
Broadway popcorn man and
pedestrians on the Mall
night, I recalled my feel-
about the section of town in-
which I'd soon be trespassing.
For me, that part of NP Ave-
has always had invisible walls
and it. On past trips through
I always felt stared at and I ne-
lived there very long.

But NP Avenue is the only
ce in Fargo where lingering on
corners, in the doorways,
in the "adult bookstore" is a
y of life. NP has always been
image of the lost weekend
it somehow never ends, even
en Monday morning comes.

The Sunrise Cafe is situated
the heart of a blue-collar dis-
trict, next to Don's Car Wash and
ly a block west of the Fargo
lounge. It's business hours, from
7:30, closing earlier on Satur-
day later to the working-man's
y.

Dressed for the occasion in
beautifully faded and frayed
jeans and my second-hand rags, I
stepped into the open door of the
Cafe Lounge before I entered
the Sunrise. Afraid that somebody
might stare back, I quickly re-
sisted through the restaurant
for.

The row of stools at the
counter was deserted. I sat down
in one of the two booths and ex-
amined the signs up front marking
the prices of sandwiches and din-
ners, the most lavish of which was
the "butter-knife steak" offered
for \$2.70.

As I picked up the well-worn
menu, the lone waitress brought
me a glass of water and then re-
waiting with folded arms
until I looked like I was ready to
order. I opened the menu and to
my amazement discovered that
their liver and onions (accom-
panied by potatoes, salad and
bread) was only \$1.45.

Certainly thinking the menu
must be outdated and no-
body had bothered to change
it, I ordered the liver mainly
for the sake of my iron-poor
blood. But a moment later, I had
heavy thoughts about my choice,
pondering what kind of animal
they used to produce such a bar-
n.

While I waited for the cook
to prepare my (gulp!) order, a
smiling man walked in and star-
ting at me sat down at the counter.
My eyes wandered around the
fluorescent-lit room as I tried to
blend into the decor.

There wasn't much to blend
into—the Sunrise Cafe had all the
down-to-earthiness of a
small town cafe. The daily special
was chalked up on a little black-
board in front and signs mounted
on the walls for the general edifi-
cation read, "No Checks
Accepted—No Charging," and
"Please Pay When Served" (al-
though the latter of these was ca-
sually disregarded).

Decorations included a huge,
painted fish and a picture calen-
dar of an angelic-faced boy and

girl in choir gowns.

The girl brought my salad,
the standard shredded lettuce I
expected to get. But what I didn't
expect was that the salad dressing
had the stamp of home-made
quality: it wasn't all of one piece.
There were little seeds and bits of
onion in it that you don't find in
the homogeneous bottles of Kraft's.

As I forked through the salad,
another customer came in and
read the evening paper on the end
stool. Our waitress, alternately
smoking and nibbling on tid-bits
of food, chatted with the man as
she perched in a restful slouch at
the kitchen entry.

Before I was prepared for it,
a plate of liver and onions and
hash browns sat before me. Cau-
tiously, I cut off a piece of liver
and bit into it—it was tender!
(Classier joints than the Sunrise
often don't do that well with their
liver.)

Trying not to think about
the grease I was swallowing, I dug
into the fried onions and well-lu-
bricated hash browns. It wasn't
bad at all; in fact, I even enjoyed
the meal.

The dining experience was
actually the perfect excuse to in-
dulge in one of my few pervers-
ions. Travesty of good taste that
it is, I love to pour catsup on my
hash browns and liver.

On the stroke of 7:30, the
waitress whisked over to the daily
calendar and tore away "Monday,
Oct. 6," locked the front door,
unplugged the juke box (which
wasn't being played anyway) and
started on the "supper dishes" in
a sink by the cash register. I felt
somehow that I wasn't in a restau-
rant, but in a family kitchen, al-
though I refrained from pitching
in on the clean-up.

The man with the newspaper
started teasing the girl about her
method of hint-dropping, but she
took it all pleasantly and just
teased him back. "See you in the
morning, kids," he said as he paid
his bill and left.

It was high time for me to
check out the bathrooms.

Once in the bathroom, I de-
cided I had initially misjudged the
Sunrise. It was very small, but
consistent with the character of
the cafe-bar and cleaner than I
had expected it to be. When I
walked out into the dining area a-
gain, I saw that the waitress and
cook were standing there, patient-
ly, waiting for me to leave so they
could go home, too.

Feeling guilty, I paid my bill
of \$1.51, walked to the door, and
then stopped on an afterthought.
Turning, I asked the cook if her
dressing was homemade.

She smiled, decidedly
pleased, and replied that they in-
deed made all their dressings,
sweet rolls and pies. And, I bade
the pair a good night, it felt as if
the customer-servicer relationship
had disappeared somewhere along
the way and they had become a
set of surrogate folks who had in-
vited me over for the evening
meal.

Out on the street, the Casbah
lounge was lit up in a smoky glow.
NP Avenue stretched ahead of me,
its cosmetic neon burning as one
last, tired attempt to mask the
weariness and pain there.

Movie selection: profit vs. quality

By Glen Berman

Every three months represen-
tatives of the three major theater
companies in the F-M area—Cine-
ma, Plitt (Fargo and Lark
Theaters) and Safari—gather to de-
cide which of the available
movies for that quarter each will
show in their theaters.

"Each quarter a different
group gets the first pick," accord-
ing to Dennis Goggin, manager of
the Cinema Theaters.

This year's fall selections for
the local companies, (of which
Plitt chose "Rooster Cogburn" as
the first pick for the quarter) con-
tains 24 films, six of which were
re-releases, with the other 18 be-
ing new films.

Why does it take longer for
major films to get to the F-M area?
"Those pictures are released in
New York and Los Angeles for
testing the audience reaction,"
Goggin said, adding that "to open
it here, we would have to take it
on a (for example) 12-week com-
mitment basis."



The movie "Tommy", which
opens Oct. 15, at the Cinema 70
Theater, was available last May on
a six-week commitment basis.
"Tommy" will probably attract
audiences of the 15-25 age bracket,
and showing it for six weeks
when schools were letting out and
the weather started getting warm
would have been too much of a
chance to take," Goggin said.

When asked if there was a
moral obligation to the area to
show quality pictures, Goggin said
the theaters are "No service to
anyone if no one comes to see
them. We show some 'arty stuff',
like Ingmar Bergman's "Cries and
Whispers", and it does good for a
week and then plunges because
many of these type of films are
over our heads."

Why do some pictures play
for several weeks if there are
back-up films available? "If a pic-
ture is doing good, we hold on to
it and keep it going as long as it

draws," Goggin answered, summ-
ing it up with, "What it all boils
down to is economics."

Right before Christmas busi-
ness is slow and all the studios
hold back releasing of their films,
so many theaters are forced to
show reruns of older flicks.

Sometimes a theater will rent
a picture for a flat fee and hold
special midnight showings at re-
duced rates. But the vast majority
of films are paid for on a percent-

age of ticket sales basis, Goggin
noted.

If a picture doesn't do so
well, the theater might pay only
35% but if the picture grosses a
lot, the movie company gets the
lion's share, leaving the theater
with money to cover operating
costs, according to Goggin.

The theater manager added
that after everything, the theater's
net profit comes mainly from con-
cession sales.

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SU equipment manager leads hectic life

By Doug Schuch

In the spring of 1969 retired Army Sgt. Paul Simpson came to SU. After 22 years in the Army as a paratrooper and infantry sergeant, Simpson came to SU as the equipment manager, embarking on a new career.

The job of equipment manager includes much more than most people think. Not only is Simpson in charge of handing out clean towels, he must also take care of all the equipment for every sport SU offers, except football.

Located in the New Fieldhouse, the equipment room is set so that each sport has its own storage space so Simpson can easily find and disperse the equipment when he needs to.

Simpson's training plays an important part in the neatness and organization of the equipment room.

Simpson hands out equipment to every athlete at SU; he supplies them with their socks, jocks and towels and also lockers. There are about 135 athletes who frequent Simpson's cubicle each day and he knows them all.

On game days, Simpson has all the uniforms washed and neatly pressed and hands them out for

the game.

In addition, Simpson supplies the officials with the game balls.

Simpson aids all P.E. freshmen men with their lockers, locks and towels. This includes about 400 freshmen, which keeps Simpson busy all day.

The Physical Fitness Club composed of downtown business men meets at noon and Simpson provides lockers for them.

Lockers are assigned to anyone who would like to rent one. For \$5 a year, you get a locker, lock and a fresh towel.

Reservations for all racketball courts are made in person after 9:30 a.m. through Simpson.

The job that take the longest, from 8 a.m. until 5:30 p.m., is the washing. Simpson washes every piece of athletic gear at SU. He estimates he washes about 1,000 towels a day along with all the other socks, jocks and t-shirts he hands out.

Simpson has the "whitest towels in town," as any athlete will testify. His secret is "plenty of bleach" and for that clean fresh smell (that nobody notices), plenty of Downy fabric softener.

All athletic uniforms are washed at SU. The coaches order all uniforms, but Simpson advises them when they can get washable and long-lasting uniforms.

The life of SU's equipment manager can be very hectic and very busy, but with Paul Simpson there it is made to seem very easy.



Paul Simpson

(photo by Ken Jorgensen)

Rheingans-former SU wrestling great-to participate on US team in Pan-Am games

Former Bison wrestling great, Brad Rheingans, will participate in the Pan-American games in Mexico City, Oct. 12-26 as a member of the U.S. Greco-Roman team.

Rheingans was named to the team after his victories in the selection tournament held at Golden Valley Lutheran College Aug. 15-17.

In his first match, Rheingans decisioned Dale Miller 10-0. Miller had previously placed third in the National Federation. He then went on to pin National Federation Champ Bill Galler who was a member of the 1974 World Federation team and the Mayor Daley Team of Chicago.

In the final action, Rheingans gained his berth on the team by defeating Ken Levels of Ohio 6-1 and 7-0 for the 220 championship. Levels was a National Feder-

ation champ and a member of the 1973 World Federation Team.

The team left Aug. 21 for Warsaw, Poland to train with the Polish National team, and then continued on to compete in the World Games in Minsk, Russia, Sept. 11-14.

Rheingans won his first match by pinning Zdenek Haraz of Czechoslovakia. Haraz then decisioned Rheingans 4-3 in the second match. Rheingans was defeated in the final match by a decision of 6-0 by the Russian wrestler who went on to win the gold medal in the 220-lb. class.

The U.S. team placed 13th in the World Games, while Russia took first place with nine gold medals and one silver.

Rheingans is now training in Dallas, Texas with the team and will go on to Mexico City for the Pan-Am games.

In high school, Rheingans was named 1971 West Central Daily Herb Hengstler Award winner for his outstanding high school athletic career. Rheingans accumulated a 67-1-1 total record, highlighted by two state championships at 175-lbs. He also com-

peted in the Jr. Olympics in California and was victorious winning 11 straight matches.

Rheingans was an All-Conference Little Sioux football player for two years during high school and gained 1,000 yds during senior year. He was named to West Central Tribune's All-State team and was an All-State selection for WCCO Prep. Rheingans was also a member of the St. Paul Pioneer Press State grid team.

While at SU, Rheingans gathered a 92-8-0 record, most wins ever recorded by a wrestler. He was a three-time North Central Conference champion and three-time Bison Open champion.

Rheingans was a three-time collegiate All-American, placed sixth in the nation as a freshman in 1972 in the 177-lb. class, second place at 177 lbs. his sophomore year and as a senior won the NCAA Division II championship 190-lbs. Rheingans placed fourth in the Division I tournament at Princeton to finish his career.


Elect senators

John P. Myers and Beth Schlagel were elected to Student Senate in a special election held Thursday. The two will represent the three highrise dorms.

The special election was necessitated by the confusion which resulted earlier when two different Linda Larsons were elected by write-in votes to the same seat.

Myers was the only student who filed for candidacy. He is a sophomore living in West High Rise.

Schlagel was elected on a write-in ballot. She is a sophomore in Home Economics living in West High Rise.

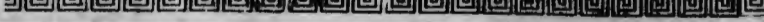


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10 pm - 1 am

Fri. Oct. 17

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Bison challenge Augustana in important NCC battle

By Jake Beckel
 travels to Sioux Falls, SD to meet the Augustana Vikings in an important battle. The Thundering Herd will be seeking to get themselves back into the running for a first division berth in the football race and retain hopes. Kickoff is set for 7:30 p.m. at Howard Field and a growing crowd is expected. The Bison will face an Augustana team that is explosive on the ground, dangerous in the air, and contending for an NCC championship. During the contest with a record, a two-game record, and a 2-1 NCC record.

The Augie offense this year is averaging 30.4 points per game and 428.8 yards per game in total offense. Augustana has scored 41, 34, 31 and 31 points in its last four games against Gustavus Adolphus, University of North Dakota, South Dakota State, and University of South Dakota. The offense is keyed around sophomore quarterback Dee Jay Donlin who is the leading passer in the NCC with 41 completions in 66 attempts for 62 percent rate that includes 563 yards and three TD's. Assisting Donlin with the offense that is second only to UND is runningback Frank Penza who is the second leading rusher in the NCC with a 126.3 yard per

game. He leads the Viking team with 508 yards in 90 carries. Whether the Bison defense will be able to stop that attack is the big question this week. Last week the Herd defense played like last year's when they were ninth in the nation by allowing only 170 yards in total offense to SDSU and was accountable for only one TD in the 13-8 loss. The Bison are still 1-3 on the young season and 0-2 in the NCC. This is attributed to the offense that has had a very slow start. They now get an opportunity to run wild because the Augustana defense is porous. The Vikings are last in rushing defense, sixth in both total defense and scoring defense in the conference. The Bison will be seeking to take advantage of that situation and Bison coach Ev Kjelbertson indicated that he particularly would like to see his club improve its passing game.

The Thundering Herd is averaging 182 yards per game rushing but just 88 yards in the air. Heading the Bison attack is junior halfback Dave Roby. Roby is rushing for an average of 761 yards per game which includes 243 yards rushing and two touchdowns. Randy Thiele will be at quarterback where he has completed 22-53 passes for 279 and one TD. Thiele has an array of receivers to throw to headed by sophomore Bill Nutton with six catches, Brian Kraabel and Greg Scarborough with five each, and Roby with

four. The Herd will be seeking its 12th consecutive victory against an Augustana team. SU, won 29-14 last year in Fargo. The last Auggie win in the series, was in 1963 in Sioux Falls by a 26-6 margin. The Bison return home next week to play UND in the Homecoming battle. UND is leading the NCC with a 3-0 record and are rated third in the nation small college Division II by the Associated Press.

City discussing street lights

Installing sodium lights on 12th Ave. and University was discussed Tuesday at a meeting between City Engineer Curt Langness, representatives of the State Highway Department and students. They will look into the possibility of putting sodium street lights at the corner of 13th Ave. and University and down 12th Ave. from Service Drive to University, student president Steve Swiontek said. They are also putting up pedestrian crossing signs on 12th Ave. by the SAE house and 14th St. and two on University at 13th Ave.

There is to be a count made of the number of students crossing University and 12th Ave. to determine the feasibility of traffic lights, Swiontek said. Having the traffic light at University and 15th Ave. change on a regular time basis to bunch up traffic was mentioned. The light is now regulated by magnets identifying traffic and minutes can go by without a letup in traffic. "We've been asking for action for ten years now and this year things are finally getting done," Swiontek said. The city is beginning to realize that students are determined to get something done.

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Friday, October 10
 8:15 pm Wold Auditorium MSU

Tuesday, October 14
 8:15 pm Festival Hall NDSU

THE GEORGE FAISON UNIVERSAL DANCE EXPERIENCE

This series is jointly supported by the North Dakota Council of the Arts and the National Endowment for the Arts.

FOR WORKSHOP INFORMATION CONTACT: MARILYN NASS 227-8881

Faison

If you have not received your Fine Arts Series tickets, come to the Activities Desk, Memorial Union with your Fee Payment Receipt.

Recruiting extensive, hard work for football coach, staff

By Lori Paulson
One of the most under-rated tasks encountered by the football coaching staff at SU is the job of recruiting.

Head coach Kjelbertson and all assistants participate in the quest for new talent to add to the Bison lineup, explained Bob Fortier, assistant defensive coach at SU. Recruiting, he continued, covers North Dakota, Minnesota and Wisconsin, with write-ins from all over the United States. Each member has a "specified area" assigned for his coverage.

There are two coaches designated for the Minneapolis-St. Paul area, one each for northern and southern Minnesota, northern and southern Wisconsin, with all coaches responsible for recruiting in North Dakota.

Initial contact, said Fortier, is the first step to recruiting. Questionnaires are sent to schools around Aug. 1 to find out where the potential talent lies. The recruits are graded by these and, when the season is over, they are

visited by the assigned coach to see if they are interested in attending SU.

Fortier estimated that approximately five schools are visited each day in this initial contact, which is about fifteen players. The recruiters interview the players and talk with their parents and coach to try and "sell" the college to them.

The player is then brought to SU to visit the campus. Mid-January to the end of February is when most players tour SU, said Fortier, and approximately 20 recruits a weekend are escorted around campus. Academic visits are set up with one professor from the field in which the recruit is interested. They are shown all facilities on campus. It's at this time that the recruiting staff tries to get a commitment from the potential griddier. Fortier commented that they average 50 percent on commitment at this time.

Phone contact is made frequently until the time to sign

contracts rolls around. Then another visit is made to the recruit and, after talking again with the player and his parents, the contracts are signed.

The first contract to be signed, Fortier said, is the Conference Letter of Intent, which terminates any further recruiting of the player by conference schools. They then sign a National Letter

of Intent, which means the recruit may not attend any other college with the intention of participating in athletics. A few schools, such as military and small colleges, do not abide by these rules.

At the beginning of the recruiting period, the staff must list potential recruits and the type of players they want. This year, Fortier said, they will go after defen-

sive backs. Recruiting consists of hard work and travel. For the last three years, the recruiting staff has acquired a freshman crop for SU.

"The biggest thing is talking to the recruits," Fortier explained. "You recruit mainly through work."

'Saturday's Hero' planned for Homecoming

Part of the activities planned for Homecoming week include a "Saturday's Hero" Punt, Pass and Kick contest, scheduled for Wednesday, Oct. 15 at 7 pm on Dacotah Field's astroturf.

Any SU or local organization, department or business who can field a team of five participants is eligible to enter.

Active high school or college football coaches and players are not eligible to compete.

Men's teams shall consist of one person each in the age bracket of 15-25, 25-35 years, 35-45 years, 45-55 years, and 55 years and older. Women may participate in the place of a man in any age bracket.

A women's team shall consist of five women of any age.

Each contestant on each team will compete in three categories, punting, passing and kicking (using a tee).

Judges from the SU athletic department will score one point for each foot the ball travels on the fly, and minus one point for each foot the ball lands to the right or left of the center line. Measurements will be calculated and recorded up to the nearest half foot.

Team points will be the accumulated points of each player on the team.

Each contestant will have only one attempt in each category of competition.

Awards will be presented to winners in the following divisions: the Grand Champion team; a Male Student Sponsored Organization, Administration and staff sponsored teams Service club sponsored team, news media team, fraternal and patriotic organizations, Community Betterment Organization, Business sponsored teams and all the women's teams.

Unsportsman-like conduct will not be permitted and will be considered grounds for a team's disqualification.

Cheering sections and cheerleaders will be welcomed.

Trainers will be on hand with first aid kits.

Team entries should be sent to the SU Alumni Association office.

PUNT, PASS & KICK CONTEST

October 15, 1975

Team Sponsor _____

Team Members Ages:

15 - 25 _____

25 - 35 _____

35 - 45 _____

45 - 55 _____

55 & older _____

Captain/Coach:

Name _____

Phone _____

Team Category:

Return to: NDSU Alumni Association
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BELLE
OF THE NINETEEN

Tuesday, Oct. 14
7:30 p.m.
Union Ballroom

TICKET IODEON

Oct. 10, 1975

tramurals

im im im im im im im im im im
im im im im im im im im im

BALL
ay, Oct. 14

-vs- COOP
-vs- WATERBUFFALOES
-vs- R-J 3

2 -vs- SN
2 -vs- FKMA
-vs- ROTC

nesday, Oct. 15

-vs- SAE
-vs- MNC
-vs- SX

day, Oct. 16

-vs- BYE
-vs- R-J 7
-vs- R-J 8
-vs- WATERBUFFALOES -vs- SEV

-vs- AGR
-vs- STARS
-vs- TKE 1

LEYBALL
ay, 7:00

-vs- NETWITS
-vs- MARSHMELLOW CORN-
FIELD
-vs- WHR 1

-vs- R-J
-vs- FH
-vs- STOCK 3

-vs- CONDORS
-vs- WHR 3
-vs- UTIGAF

nesday, 7:00

-vs- DITTMER
-vs- SEV 3
-vs- OX 2

-vs- BLOODY BEATS
-vs- ROGERS
-vs- SPD

-vs- COOP
-vs- OX 1

-vs- TANGBOOMARANG
-vs- STOCK 1

BOWLING
Tuesday, 9:30

- OX 2
- UTIGAF 2
- COOP
- TKE 2
- SAE
- R-15
- R-J 3
- R-12

Wednesday, 9:30

- UTIGAF 1
- ATO 3
- ATO 1
- R-J 4
- UTIGAF 3
- R-11
- DU
- VETS

Thursday

- ATO 2
- FH
- TKE 1
- TKE 3
- OX 3
- SPD

"Dig Volleyball" buttons are on sale for 50 cents at the Old Fieldhouse.

SportShorts

The SU cross-country team faces a double dual at Lindenwood Park tomorrow morning when it goes against the harriers from Moorhead State and NCC track power USD.

Meet team is scheduled for 11 a.m. * * *

A three-day Bison All-American Track and Field Clinic will be sponsored by SU Dec. 19, 20 and 21.

Twelve nationally known track experts have been contacted to participate in the clinic which is expected to draw about 420 men and women high school and college coaches from the area. * * *

The SU women's volleyball team meets Mankato State and SDSU in a triangular this afternoon in Brookings, SD.

Currently, the team has a 4-1 record on the season and an atmosphere of optimism about adding two more victories this weekend has permeated the ranks of the team. * * *

An open house for SU alumni has been scheduled to take place poolside at the Town House Motor Hotel from 4 to 6 p.m. next Saturday, following the SU-UND Homecoming game.

Dr. Roger Kerns, chairman of the physical education department, notes that alumni to be honored at the open house include graduates from the College of Humanities and Social Sciences, Science and Math and University Studies. * * *

The SU women's volleyball team defeated Mayville State in both "A" and "B" squad clashes Monday night.

Scores for the "B" games were 15-6 and 15-6 for the two games.

The "A" team wiped Mayville off the court by a score of 15-9 the first game and 15-6 the second game. * * *

"Saturday's Hero"--Punt, Pass and Kick contest will be held Wednesday, Oct. 15, at 7 p.m. under the lights at Dacotah Field.

Teams of five participants are encouraged to enter. Contact the SU Alumni Association for further information.

McDonald from page 1

decades in the new lands.

"I saw a lot of modern agriculture," he continued. They have a new four wheel drive tractor, much like our Stieger, that, if anything, was overpowered for their equipment."

Timing is very crucial with such a short growing season. Russians have ten days to get their crop in.

They are still behind in some areas, like roads, he said. "Imagine a road your township has abandoned and the farmers have plowed up to. That's the way it is."

Women have a much greater part in research in Russia, more than here. "The women developed the new lands," McDonald said.

After World War II there was such a shortage of men. The declining birthrate is still a major concern.

"I don't know if their system will work or not but there's a lot of new generations coming," McDonald said. "Their agriculture must improve if they are to improve and they want very much to increase their standard of living," he noted.

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Gymnasts start work-outs

The 1975-76 Women's intercollegiate Gymnastics season got under way last Wednesday, with nine gymnasts reporting for pre-season conditioning work-outs at the New Fieldhouse. Under the leadership of first-year coach Jana Leehan, and assistant coach Janet Thyne, the team works out daily from 3:45 to 5:15. Regular season

work-outs are expected to begin in the Old Fieldhouse on October 20th.

New members to the team are welcome and anyone interested in competing with the 1975-1976 gymnastics team is encouraged to come out.

For more information contact Leehan or Thyne at the Old Fieldhouse, 237-8681.

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