

NDSA to lobby for student vote on higher ed board

By Keri Barsness

A legislative bill allowing the student representative on the State Board of Higher Education to be a voting member will be one of the main subjects of a letter-writing campaign to be launched by the North Dakota Student Association, said Bonita Borner, representative for SU.

The student representative on the board is presently the president of NDSA, but the proposed bill would require that the representative be chosen by a special selection committee, as are the other members of the board.

Borner said this would mean that NDSA would give up full control of who that person is, but the student vote would be of great help to North Dakota students.

Principal sponsors of the bill are District 45 Rep. Steve Swiontek of Fargo and District 42 Rep. Wayne

Stenehjem of Grand Forks.

Another target of NDSA's letter-writing campaign is the bill proposing to increase tuition to 25-35 percent of each North Dakota college's operating costs.

NDSA also made tentative plans for a convention in Grand Forks April 20-22 at which it hopes to have legislators present to discuss what took place at the legislative session.

Borner was elected Saturday by NDSA as the Legislative Affairs Committee chairperson.

NDSA's next meeting will be Feb. 3, again in Bismarck, and Borner said the group hopes to have Gov. Arthur Link present to hear its views concerning the tuition increase and the voting student member on the higher ed board.

Credit hours cut for TCU's Humanities Forum

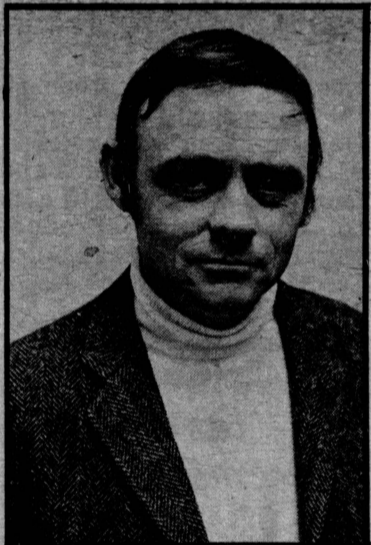
In an attempt to make the Tri-College University Humanities Forum accessible to more students, TCU administrators recently approved a reduction in the number of quarter credits offered for the unique annual course and shifted the hours it meets.

The spring quarter Humanities Forum is a multi-disciplinary course that brings together students and faculty member from the three TCU schools to study a single, broad humanities theme. It has always been a full-time, quarter-long, 16-credit course. This year the number of credits has been reduced to 12.

According to MSU academic vice president Dr. William Jones, the four-credit reduction still allows adequate time for the in-depth exploration of the Forum theme, yet it makes it possible for students to take an additional course during the quarter. "That's important for many," he said, "who would like to participate in the Forum, but are locked into sequence courses or can not fit many electives into their programs."

Along with the reduction in credits, the hours the Forum meets have been shifted. New hours are 10:15 a.m. to 12:15 p.m., Monday through Friday, with a few arranged sessions for films and other special events. Past hours of 9 a.m. to 12 noon have made it impossible for students to pair it with other morning classes.

Faculty for the 1979 Forum are Sylvia Kruger,



Jerry Vanderlinde

humanities and women's studies at MSU, Tony McRae, who teaches French and film at Concordia, and Jerry Vanderlinde, chairman of the SU Art Department.

Theme for this year's Forum is "Illusion." Forum participants will explore the theme through books, discussions, films, guest speakers and individual projects. "Essentially," McRae explained, "we will explore the relationship between illusion and reality. Illusion is a very real thing in nature—camouflage of animals, or mirage, for example—and yet illusion is often thought of something unreal—something to be avoided in contemporary society. The general feeling seems to be that reality is 'where it's at.'"

For additional information, students should check their home school's spring class schedule and contact their school's Forum faculty member.



Photo by Don Pearson

by Jane Yseth

*This little piggy went to market.
This little piggy stayed home.
This little piggy had roast beef.
This little piggy had none.*

And this little piggy went wee, wee, wee all the way home after being kissed by Pam Mooney, president of the Kappa Alpha Theta sorority, during halftime of the SU-USD basketball game held here Friday evening.

During the week, pledges from each of the six sororities carried around cans from another sorority other than their own. The object was to collect as much

money as possible in an opposing sorority's can, as that sorority president would have to kiss the pig.

The Alpha Gamma Delta sorority collected \$65.38 against the Thetas, the Phi Mus collected \$43.48 against the Alph Gams, the Thetas collected \$22.43 against the Phi Mus, the Kappas collected \$15.05 against the KDs, the Gamma Phis collected \$4.77 against the Kappas and the KDs collected \$1.26 against the Gamma Phis.

The contest was sponsored by the Junior Panhellenic Council and the \$152.37 was donated to the Depot Youth Center.

Russian Germans designate SU institute as repository

The North Dakota Historical Society of Germans from Russia has named the North Dakota Institute for Regional Studies at SU as the official repository for its records. With the establishment of the "Germans from Russia Heritage Collection," the Institute will become a center for research on Germans from Russia in the Upper Great Plains, according to John Bye, curator of manuscripts.

Germans from Russia comprise the second largest ethnic group in North Dakota, trailing only Norwegians, and more of them have settled in North Dakota than in any other state.

Organized in 1971, the North Dakota Historical Society of Germans from Russia has 1,300 members in 10 chapters around the state. The society and the institute will work closely in their efforts to ensure the preservation of this group's heritage through collecting records, manuscripts, photographs, oral histories and published material.

Already various tapes, including oral history interviews, a collection of books from the society's Minot chapter, and a collection of maps and books from Dr. Karl Stumpp of Stuttgart, West Germany, have been

donated to the collection.

The society also has established a committee to work with the institute in developing the collection.

They include Dr. Armand Bauer of Mandan, Timothy Kloberdanz, instructor of sociology, and Michael Miller of the SU library.

The Institute for Regional Studies was founded in 1950 by several SU faculty members concerned about the preservation of North Dakota's history.

College of Ag selects Berg as their rep.

In a special election held Thursday to fill a Student Senate vacancy, Rick Berg was elected to represent the College of Agriculture. Voting results were as follows:

Rick Berg.....	59
Randy Reber.....	29
Mike DeLuca.....	13
Janis Aaberg... 1 (write-in)	
Howard Rice... 1 (write-in)	

Student forum to provide legislative information

A Students' Legislative Action Forum will be held Wednesday in the Union Ballroom from 10:30 a.m. to 12:30 p.m. and 3 to 5 p.m. in an effort to provide students with information concerning the issues facing the State Legislature and what they can do to show their support or opposition to any of the proposed bills.

The forum, sponsored by President L.D. Loftsgard, Dist. 45 Rep. Steve Swiontek, and commissioners Bonita Borner and Mardi Emde of the Congress of Student Organizations and Government Relations and

Student Services, will be open to both students and faculty, and all are invited to "come and go as you please," said Emde.

Sample letters to legislators, as well as a list of all the state's legislators will be available at the forum and students may drop off completed letters to be mailed by Student Government. Students and faculty can also make phone calls to legislators at this time.

"It's important that the students get together and show some concern, and I think this is a good way to do it," said Borner.

Scholarship fund honors outstanding Fargo architect

A \$10,000 William F. Kurke Educational Fund honoring a prominent North Dakota architect has been established for SU's Department of Architecture, according to Harold Jenkinson, professor of architecture and fund chairman.

"William F. Kurke was well-known and highly respected both within the architectural profession and in the community during his 55 years of residence in Fargo. Many architects now in practice in the state and elsewhere worked with him or knew him well. This scholarship will serve as a fitting tribute to his memory and will substantially benefit a large number of deserving students in future years," Jenkinson said.

Mrs. William F. Kurke, Fargo, has provided for establishment of the fund, which will be awarded to one or more second-year students in architecture showing need and professional promise in the field of architecture.

Recently Mrs. Kurke contributed \$600 for a scholarship to initiate the fund this academic year and will continue on an annual basis until the endowment has been fully established.

James S. Reed, Mrs. Kurke's son-in-law, has represented her in arranging a bequest and has discussed the need for scholarships in the Department of Architecture with members of the staff on several occasions, Jenkinson said. When informed of the

bequest, Pres. L.D. Loftsgard said in a letter to Mrs. Kurke, "Please accept my personal thanks for this gesture and believe that we are most appreciative to have this fund established."

The designer of many buildings that have become landmarks in Fargo, at SU and throughout North Dakota, Kurke died in 1965. He began his architectural practice in Fargo in 1913 and had retired from the family firm in 1958.

Among Fargo buildings he designed are the Forum building, the Pioneer Mutual Life Insurance building, the Ivers Apartments and Governor Hanna's house. The SU buildings include the President's house, the Union, Churchill Hall, Dinan Hall, the Library, Dolve Hall, Minard Hall, the former Van Es Hall, Stockbridge Hall and the former North Stadium.

Kurke designed schools, churches and courthouses throughout North Dakota and designed St. Mary's Pro-cathedral in Bismarck. He was one of the participating architects who designed the North Dakota Capitol building in Bismarck.

The Department of Architecture is planning an exhibition of Kurke's work in the form of drawings and photographs. The exhibition is scheduled tentatively during the spring meeting of the North Dakota chapter of the American Institute of Architects next April in Fargo.

Lutheran Center will offer classes for self-enrichment

Several self enrichment programs under the series title of "Growth Opportunities" are available at the University Lutheran Center, 1201 13th Avenue North.

The Rev. Philip Olson, chaplain supervisor at United Hospital in Grand Forks, and the Rev. John Rotto, senior pastor of United Lutheran Church in Grand Forks, will lead a weekend workshop at 7 p.m. Friday, Jan. 26, and 10 a.m. and 1:30 p.m. Saturday, Jan. 27. "Conflict and Anger in the Christian Life" is aimed at helping participants recognize conflict and anger in themselves and others and deal with them constructively.

Dr. George Forell, professor of religion at the University of Iowa, will discuss "Catholics and Lutherans Look at the Augsburg Confession" at 8:15 p.m. Thursday, Feb. 15.

A preview of "Couples Communication" will be presented at 4 p.m. Sunday, Feb. 18, by the Rev. John Elverum, pastor at Hope

Lutheran Church, and Nancy Elverum, both certified instructors. The program focuses on the processes of flexible and effective interpersonal communication. The "Couples Communication" weekend is scheduled Friday through Sunday, March 9 to 11.

Advance registration is requested with Deloris Merrill, coordinator, 232-2587.

Clips

campus

IRHC Meeting

Rewriting the constitution is on the agenda for the Inter-Residence Hall Council meeting at 6 p.m. Wednesday, Jan. 24, in Meinecke Lounge of the Union. All members must attend.

AGC Meeting

A film on management in construction will be shown at the Association of General Contractors meeting at 6:30 p.m. tonight in the Engineering Building.

Students Legislative Action Forum

Find out how to contact and influence your legislators at the Students Legislative Action Forum from 10:30 a.m. to 12:30 p.m. and 3 to 5 p.m. Wednesday, Jan. 24, in the Ballroom of the Union.

College Republican Meeting

The February newsletter and upcoming fund raising project will be discussed at

the College Republican meeting at 6:30 p.m. Wednesday, Jan. 24, in the Roughrider Room of the Union.

American Institute of Industrial Engineers

A presentation by an Industrial Engineering graduate will be given at the American Institute of Industrial Engineers meeting at 7 tonight in Room 214 of the CE and IE Building.

Business Club Meeting

All interested persons are welcome to attend the Business Club meeting at 7 p.m. Wednesday, Jan. 24, in the Forum Room of the Union.

Circle K Membership Drive

Winter Circle K Membership Drive will be discussed

Toastmasters Club

Toastmasters Club will meet at 6 p.m. tonight in FLC 320.

at the next meeting at 6 p.m. Thursday, Jan. 25, in Creech Hall of the Union.

Upcoming Student Teachers

Students wishing to student teach during the 1979 spring quarter who have not completed the necessary forms must contact Dr. Steve Taffee in the Education Dept. before Monday, Jan. 29.

Tuesday Evening Forum

Tom McConn, local writer and jazz reviewer, will present "Charles Mingus and Modern Jazz" at tonight's Tuesday Evening Forum at 7:30, in Meinecke Lounge of the Union.

Sponsored by the Scholarship Program, the forum is open to the public at no charge.

Home Economics Education Practicum

Students wishing to apply for HEED 474, Extension Practicum, for the summer of 1979, may obtain application forms in HE 283. Applications are due today.

The practicum will be offered from June 1-30 and prerequisites are HEED 315 and 375. For further information contact Dr. Linda Dannison or Miss Darlene Moss in HE 283.

College of Home Ec to take part in research seminar on campus

Representatives from over 20 state, county and community agencies along with faculty from the college of Home Economics will participate in the annual College of Home Economics Research Day beginning at 8:15 a.m. Tuesday, Jan. 30, in the 4-H Conference Center.

The program goals are to promote research in the College of Home Economics; to begin or continue communication with various agencies and organizations, especially in North Dakota, dealing with areas pertinent to home economics; to learn about other programs, thereby enhancing understanding and cooperation; to learn from these agency representatives the research needs they feel need to be met, and to pursue means of accomplishing some of these research needs.

Program topics and coordinators are Needs of Special Populations, Dr. Harriett Light, associate professor of child development and family relations, 8:30 to 10:15 a.m.; Energy Use and Environmental Concerns, Dr. Virginia Hassoun, assistant professor of home management and family economics, 10:15 a.m. to noon; Food Product Development and Promotion, Dr. Mavis Nymon, professor

of food and nutrition, 1:45 to 3 p.m.; Family Services and Consumer Education, Dr. Charles Dannison, assistant professor of home management and family economics, 1:45 to 3 p.m.; and Historical and Cultural Concerns, Dr. Mary Littrel, assistant professor of textile and clothing, 3:15 to 4:30 p.m.

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Schickele gives comic relief to classical music

by Louis Hoglund

I was casually loitering in the lobby of the Concordia Memorial Auditorium Friday night. Show time was a few minutes away. The F-M Symphony performers seemed in no real hurry. It was about this time that a black streak zipped out of a back room and came sprinting straight for me. I set myself for the full-speed, head-on collision that seemed inevitable in the narrow hallway. I then realized that this short, stocky male outweighed me by about 50 pounds. I opted to hit the deck and avoid a potentially fatal confrontation.

There was something in his eyes. A deranged look of urgency. Like a vaudevillian comic who missed his cue, or a musician late for his performance.

That was it! I had just been introduced (in quite appropriate fashion) to the "Professor from the University of Southern North Dakota at Hoople", the discoverer of P.D.Q. Bach: Peter Schickele.

I decided I'd better do some sprinting myself to make my seat for the entrance of this infamous composer-comedian. I sat down just as Schickele nose-dived on the stage—skidding on his belly like a cargo plane on a runway. He stood up, brushed off his tattered tuxedo, didn't bother to tuck in his left shirt-tail and approached the podium with all the refinement of a well-bred, good-mannered slob.

I guess you have to expect a bit of eccentricity from a fellow who spent his teen years at Central High in Fargo and wound up studying music and composition at Swarthmore and Juilliard. His return engagement in this area was a sell-out performance with the F-M Symphony Orchestra, J. Robert Hanson, conductor.

He opened the evening with a background biography of P.D.Q. Bach. PDQ was the last and least of J.S. Bach's twenty-odd children. It is said that Beethoven was at least 20 years ahead of his time; well, PDQ was about one month ahead of his time, and remained premature for the rest of his life. Professor Schickele considers him the Billy Carter of the Bach family, a musical midget.

Being the last of the Bachs, Schickele theorizes most of the hereditary talent was distributed by the time PDQ was born, giving him a definite case of "faded-genes."

In 1953, while visiting Bavaria, Schickele discovered a piece of manuscript being used as a strainer in the caretaker's perculator. This turned out to be the "Sanka Cantata", the first autographed work by PDQ ever found. Since that time Schickele has been guided to unearth PDQ compositions in all possible hiding places.

Combining classical music

and comedy into a harmless but hilarious parody. Schickele has built a legacy of PDQ through a string of albums and his book "The Definitive Biography of P.D.Q. Bach."

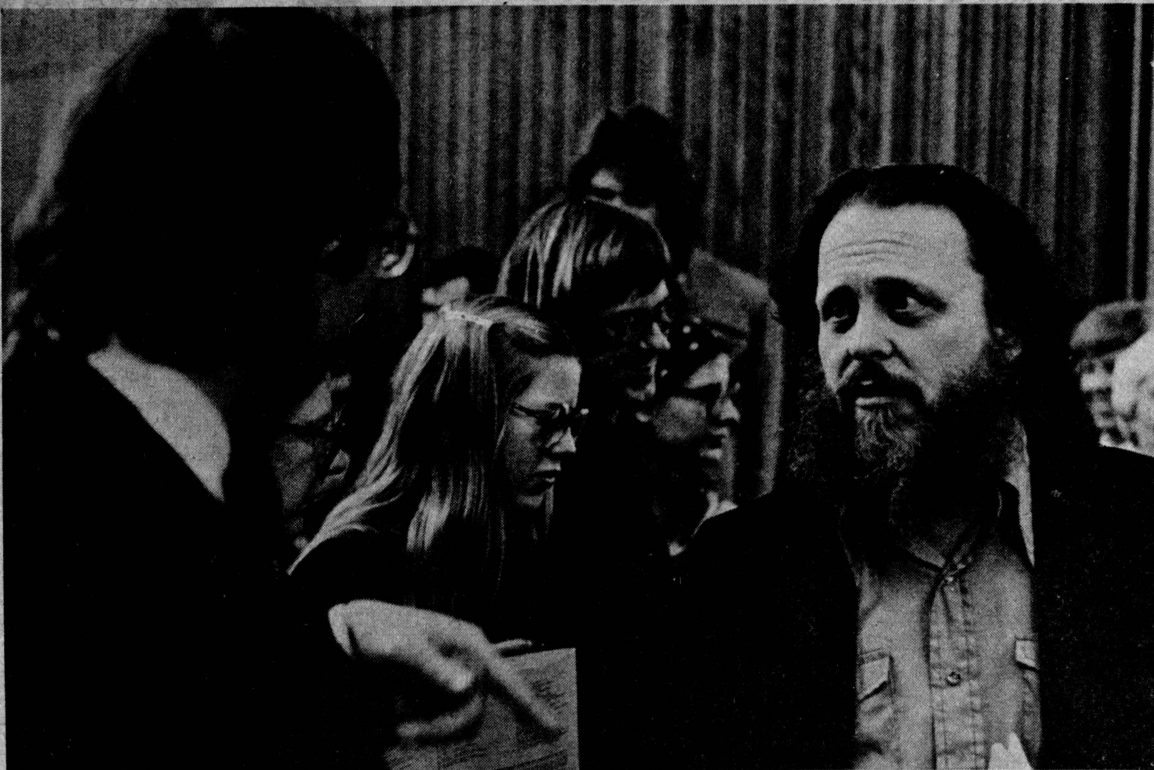
The concert opened with an alleged manuscript of PDQ, "The Civilian Barber." It's a six-movement work that according to Schickele, is one PDQ's "greatest contributions to or attacks upon" the world of music. It was one of the first classical works to include the trombone. Now, the trombone was a primitive instrument back in the 1700s, and there were several different forms. PDQ chose the "Trombonus-Interruptus" because it was the only one that the church approved.

In the piece, we hear horn players blowing perfect harmonies using only their mouthpieces. We observe Schickele's totally unconventional conducting style. And above all, we hear countless familiar melodies that lead us to question the originality of PDQ's composing.

Schickele explained that psychologists and musicologists alike have determined PDQ suffered from a severe case of "Manic-plagiarism." That is—stealing other people's material. In fact, Schickele claims that PDQ was the only composer to work with tracing paper. With years of research on PDQ behind him, Schickele is sad to admit that he has picked up many of PDQ's bad habits. This evidenced by the next piece in the concert. A Schickele composition entitled "Chaconne A Son Gout". In the work, you will hear, (to mention just a few) shades of "Beautiful Dreamer", "Greensleeves", "We Three Kings", "Swanee River" and "Happy Birthday". As Schickele himself described it, the listener senses a feeling of "deja-vu-doo."

Rounding out the concert before intermission, the F-M Symphony performed "New Horizons in Music Appreciation: Symphony No. 5" by L. Von Beethoven. Schickele describes this as a solution to the problem of the concert-goer who doesn't know what is going on in the piece while it is performed. They are expected to read the concert program, but usually the house lights are dimmed for the performance so they can't be read anyway. So, with a little help from Boyd Christenson, former sports director for WDAY, Schickele set up an announcing booth and delivered a play-by-play during Beethoven's 5th.

It was handled like a sporting event. The referee with the opening gunshot. A bat-boy presenting symphony director J. Robert Hanson with conducting batons. A penalty box in which a member of the orchestra and Hanson had to sit for 30 bars of the music. An injury in the string bass section to a fellow named Counter Basic and a replacement with an electric bass and amplifier unheard of



Peter Schickele re-unites with fellow Fargoans after the concert, mingling and signing autographs during the reception. (photo by Louis Hoglund)

in an orchestra. Boyd did some pre-game interviews with conductor Hanson and concertmaster (first violinist) Robert E. Strava. The entire sketch was called "The Wide, Wide, World of Notes."

After intermission, the final work (a PDQ creation) "Concerto for Piano Vs. Orchestra" was performed with Schickele the guest piano soloist. The work is in three movements; Allegro immoderato, Andante con Mr. Motto and Vivace Liberace. Schickele was at the height of his shenanigans for the night.

He sat down on a stool to milk his piano, he read pornography during his breaks from playing (enjoying the centerfolds immensely) and fell off his stool a couple of times. He mentioned that the piano he was utilizing had numerous mice living in it and he tried to solve the

problem by letting his cat live inside. Well, that was fine until he realized the sound was gradually dulling. This turned out to be the tray of kitty litter that absorbed the volume.

The performance and the entire evening culminated in an explosion by a smoke bomb placed under Schickele's piano stool. As the smoke cleared, Schickele bowed, his shirt-tails still untucked and his hair a mess. The audience loved it.

After the concert, Schickele mingled at a reception on the Concordia campus. He was met by countless faces that he remembered from his early days in Fargo. Some of them even presented him with photos from years ago. He answered questions. He particularly enjoyed responding to historical questions on P.D.Q. Bach. For example, "Professor Schickele, have

you discovered in your research of P.D.Q. whether or not he composed in the nude?" The professor chuckled and answered slyly, "P.D.Q. did most of his composing under the piano or in the pub during the Soused or Brown Bag period of his musical evolution. It's difficult to ascertain historically but most sources indicate a question as to whether he ever actually took off his clothes at all."

Schmidt shoots bucket to win stereo system

John Schmidt of the SU men's basketball squad was the winner of a stereo system last Tuesday at the women's basketball game.

Schmidt won the eight-track stereo when he sank a shot from half-court after having his number drawn at half-time.

Noted female conductor to present concert this week at Concordia

Antonia Brico, 76-year-old female conductor, will lead the Concordia College Orchestra as part of a one-week residency through Jan. 26 at Concordia.

Despite sexual discrimination early in her career, Miss Brico has become a renowned conductor in a field dominated in the Western world by men. At Concordia, she will lecture and show a film about her life at 8:15 p.m. tonight in the Knutson Center Centrum. She will speak to instrumental conducting classes tomorrow morning.

The Concordia Orchestra, with Miss Brico conducting, will present a concert beginning at 8:15 p.m. Thursday in Memorial Auditorium with guest soloist Denny Boyd of

the Concordia music faculty.

Other meetings with music students and various college groups are planned during her residency. The film and concert are open to the public without charge.

A native of the Netherlands, Miss Brico is a graduate of the University of California at Berkeley. In 1929 she became the first American to graduate from the prestigious Master School of Conducting at the Berlin State Academy of Music.

Her conducting debut was with the Berlin Philharmonic.

She also conducted at the Hollywood Bowl and, over the following four years, conducted major orchestras around the world.

She returned to the United States and guest conducted several orchestras. Although critics praised her, the music world of the early 1930s was not ready to give a woman equal stature with men. She responded by forming the New York Women's Or-

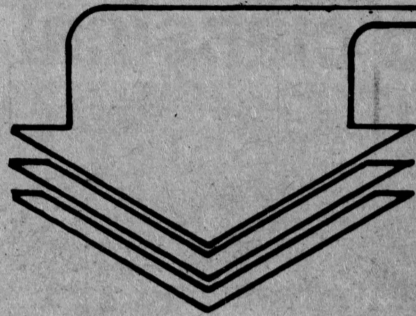
chestra, composed entirely of women. After the novelty wore off, the group was acclaimed for its excellence and she opened the group to men after four years. She later renamed the group the Brico Symphony Orchestra.

She moved to Denver in 1942 and devoted more time to teaching. Over the next three decades she was guest conductor of the Denver Symphony Orchestra and full-time conductor of the Denver Businessmen's Orchestra. The latter group was renamed the Brico Symphony in her honor in the 1960s.

A film about her life, entitled "Antonia: Portrait of a Woman," was produced in 1973 by folk singer Judy Collins, a former piano student of the famed conductor. The film won a blue ribbon and Emily Award at the 1975 American Film Festival and was nominated for an Academy Award that year as the best feature-length documentary.

TODAY'S BIBLE VERSE

"But you, beloved, building yourselves up on your most holy faith, praying in the Holy Spirit, keep yourselves in the love of God, waiting anxiously for the mercy of our Lord Jesus Christ to eternal life."
Jude 20,21



SPECTRUM EDITORIAL

by Andre Stephenson

An interesting story on the front page of the Wall Street Journal last week reported that, in spite of general inflation over the past 10 years, the price of chain saws, pizza makers, disposable lighters, along with several other equally novel items, has gone down.

Among the other items were smoke detectors, some long distance phone calls, some air fares, peanut butter makers and tennis balls.

I was so overjoyed at the news I ran out and bought a gross of peanut butter makers, a truckload of disposable lighters and a warehouse full of chain saws and bought a villa in the south of Spain with the savings.

Seriously, I find the list laughable. I've never bought a disposable lighter, chain saw, peanut butter maker, pizza maker or smoke detector so I don't feel very lucky to learn about these lower prices. I last bought a can of tennis balls in 1974 and it was 1972 when I last bought an airline ticket. And my long distance phone bill for the past three years is about 93 cents so I don't feel I'm really raking in the savings. The prices of such novelties as these and digital watches are down, but somehow I don't feel so lucky when the prices of necessities are going up. Prices for food,

clothing, gasoline, housing, utilities and money are going up. For us students the price of tuition, books and supplies are going up next year. And luxuries far less novel than peanut butter makers are going up. Phillip Morris raised the price of its Miller beer last year. The wholesale price of Scotch whisky is going up Feb. 1. And the price of beer at the Broadway keeps inching up a nickel every few months as the glasses get smaller.

* * *

Unless you live in a pizza maker and eat tennis balls, you know the effect inflation has had on you. Do you have to put up or shut up? You may have to put up, but you don't have to shut up. Currently our lawmakers in Washington, Bismarck and St. Paul are meeting to decide the fiscal course of our government for the next two years. Tell them you are concerned with the size of government spending, budget deficits and inefficiencies and waste in government programs. Tell them you're concerned about excessive wage demands in the face of slower increases in productivity. Complain about the balance of payment problems brought about by high imports of cheap and better quality, less expensive products from other countries.

Tell them. They're waiting to hear what you have to say.

"NOW BEHAVE YOURSELF...."



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Letters to the editor are encouraged. They must be submitted typed, double-spaced and cannot be more than two pages in length. Letters must be signed but signatures will be withheld on request. The Spectrum, due to space limitations, reserves the right to edit letters for length, without destroying the writer's major thesis, and to correct spelling, style and grammatical errors.

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by Jeanne Larson



The middle of the quarter is rapidly sneaking up on all of us and we will be dismayed to discover, when it comes time to pay February rent or that last phone bill finds its way into the mail box, a small voice whispers gleefully, "You're broke!"

And broke is the word, at least until the end of the month for the lucky ones; until the end of the quarter for the unlucky ones; May 26 for the real SOL ones.

It's easy to see—it's happening everywhere and to nearly everyone.

The amount of coffee consumed in the Twenty After has increased. Coffee is (only?) 20 cents, compared with a sandwich, potato chips, and pop for \$1.50. Or buying the dollar special (which now sells for \$1.30.)

Off-sale liquor dealers notice an increase in sales, since students rapidly discover it is cheaper to drink at home than in a bar. These same students find them-

selves eating more meals at home and begin to consider Mac and Don's Supper Club the top of the line in Fargo-Moorhead.

Newspapers left lying around the campus are never found without the want ads worn to a pale grey due to many fingers "Walking the ads" for a job. And soon the "Help Wanted" sections dwindle to a few ads.

Miscellaneous ads double. Cars, guitars, stereos, guns, and even girlfriends go up for sale, in a last-gasp attempt at some cash.

Students start going to work-study jobs with a fanatical passion, even when it's cleaning cow barns. No reason to be finicky about where the money comes from—students become more interested in that the cash comes in at all.

Campus Attractions' Sunday night movies are packed, since no one can afford to pay for a movie.

The Fieldhouse becomes the one and only "cool" place

to hang out. As long as the student dresses the part of aspiring athlete, the track is where it's at.

Copenhagen sales skyrocket, as chewers use the reduced-appetite effect of chewing tobacco as a way to hang on to that last dollar bill.

Pencils and pens are purchased singly, and are paid for with pennies.

Patches are patched on old favorite jeans, in efforts to add one more week's wear to them.

Cars get parked...and stay put. City bus travel reaches new peaks, and the bar buses, transporting those students still plush enough to frequent the bars, are popular.

Television becomes the main topic of discussion, right after the weather.

Dark days are still ahead, and the light at the end of the tunnel remains dim.

And yet, that last dollar in your wallet won't go with you should you die, will it?

So, Chub's—here we come!

Gasohol bill to be considered by legislature


A bill that would provide for State assistance in the production and marketing of gasohol, a mixture of gasoline and an agricultural waste product derivative, has been introduced to the State Legislature in an effort to foster a new domestic source of energy and stimulate the state's agricultural economy.

The bill provides for the creation of an agricultural motor vehicle fuel tax fund to be used toward promoting assistance in the construction of an alcohol derivative plant in North Dakota and for the fuel's subsequent management and distribution.

"It would help refuel our agricultural production machine," said Sen. F. Kent Vosper (R-Neche), one of the bill's co-sponsors. "We can convert these products that are now being thrown away into an added source of energy."

"It's no secret our country is running out of energy for the operation of agricultural and domestic motor vehicles and we are becoming more and more dependent on foreign sources for this energy," said Rep. Craig Richie (R-Fargo), another co-sponsor of the proposed legislation.

"Canada has indicated that in the near future it will cut off its oil supply to the U.S.," said Vosper. "The more energy we can provide by ourselves, the less dependent we'll be on other countries and the smaller our deficit payments will be."



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Vet school bill tossed back

A bill proposing a regional veterinary school was thrown back to the House Education Committee of the State Legislature Friday because the second page of the bill was not included with the first page the first time it was discussed in committee.

Veterinary Science majors who may be interested in testifying for the bill can contact Rep. Kenneth Knudson, chairman of the committee for the date, time and place of the hearings by calling toll free 1-800-472-2678.

Refresher class to be offered for engineering grads

The College of Engineering and Architecture will offer a 10-week Engineering Refresher Course beginning Jan. 27. The course is designed to prepare persons with undergraduate degrees in engineering to take the Engineer In-Training or Professional Engineering Examinations.

For further information about the course, call the SU Division of Continuing Studies, 237-7014.

Classes will be conducted from 9 a.m. to noon Saturdays in Dolve Hall of SU's Engineering Complex. Faculty members from the College of Engineering and Architecture will conduct the classes. The fee for the course is \$75.

DR. L.A. MARQUISEE
Optometrist
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CONTACT LENSES
235-7445

movie review

Superman
by
Jeanne Larson

After seeing the movie "Superman," you'll never again doubt that a man can fly. Sure, you say, that's what they said about Orville and Wilbur too.

Regardless, the new movie "Superman," currently showing at the Safari theatre, is excellent. There really is no other word for it.

The music, helped by the new sound system in the theatre, comes from all around you, and makes you feel like you are in the depths of Krypton, heading for its doom.

The photography captures the viewer and sends him reeling off through space with Superman. The elaborate ice castles and disaster scenes can also hold the viewer's attention quite handily.

The plot, of course, suffers. It is a comic book affair, but yet seems to add to the story. It all seems so simple when Superman is there.

There seems to be a bit of everything in this movie. Romantics will enjoy the scene when Lois Lane and Superman are flying high above the clouds. Policemen/commen fanatics will approve of the elaborate chases in order to get the bad guys. Of course, those interested in science fiction will want to attend to see how Superman gets to earth and how he accomplishes his works of wonder.

The sarcasm towards typical roles is hilarious to a closely-listening viewer. Jokes about sending mom home to the gray-haired mother and about the dull Clark Kent may be hard to catch, but are worth it.

What is truly amazing about the film is the lack of mistakes. Nowhere during the film does the viewer see wires holding Superman up, returning helicopters to tops of buildings. Even the projectionist, who has seen the film god-awful many times already, hasn't seen any wires. And what's even more unusual is that even he isn't sick of it yet.

As far as the acting goes, it's hard to miss with a star cast like the show business Suzanne York, Glenn Ford, Ned Beatty and Marlon Brando all do an excellent job at playing their roles straight in a movie that could easily be of bubble-gum calibre.

Safari expects another month's run on the show, so don't wait until then to see it. By that time, "Superman Part II" may already be in the air and "Superman" is a show you'll probably enjoy seeing several times. Especially if you like a man who is 6'7", has blue eyes, and black hair, weighs 225 pounds, doesn't drink, smoke or kiss Lois, and never lies. And that's the truth.

HERE IS YOUR CHANCE.

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Stop in for a minute at the Student Legislative Action Forum on Wednesday, January 24 from 10:30-12:30 and 3:00-5:00 at the Union Ballroom.

Have a second?

Stop in!!

CONFLICT AND ANGER IN THE CHRISTIAN LIFE

Pastor Phillip Olson, Chaplain Supervisor at United Hospital in Grand Forks, and Rev. John Rotto, senior pastor of United Lutheran Church in Grand Forks, will lead a week-end workshop aimed at helping participants to recognize conflict and anger in themselves and others, and to deal with them constructively.

Friday, January 26—7:00 PM

CONFLICT Discovering hidden conflicts, the reasons for conflict, and the resolution of conflict will be treated.

Saturday, January 27—10:00 AM

ANGER The nature of our anger, our response to it, and our use of anger will be explored.

Saturday, January 27—1:30 PM

DEPRESSION The commonplace malady among us is depression. It's relationship to anger, it's consequences, and it's cure will be the focus of the afternoon.

GROWTH OPPORTUNITIES are offered for your self enrichment and personal growth. (There is no charge for the sessions.)

all groups will meet at the Lutheran Center, 1201 13th Ave. N.

CATHOLICS AND LUTHERANS LOOK AT THE AUGSBURG CONFESSION

Thursday, February 15—8:15 PM

COUPLES COMMUNICATION

Preview: Sunday, February 18—4:00 to 5:30 PM

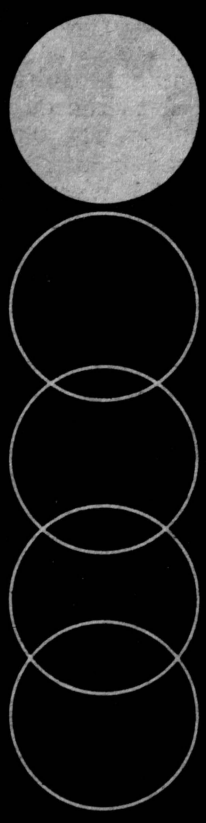
For information Phone 232-2587

Advanced registration would be appreciated.

Register by phoning 232-2587, or by filling out the following form:

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Winter Activities

A Spectrum Supplement

the dike west



Park District offers programs to break up winter

by Sandra Boettcher

The Fargo Park District offers a variety of winter activities for a variety of people.

For cross-country skiers and those who would like to learn how to cross-country ski, Edgewood Municipal Golf Course and Park is open to skiers 4 to 8 p.m. Monday through Friday, and Saturday and Sunday 1 to 8:30 p.m. said Rick Bolinske, recreation director for the Fargo Park District.

Free cross-country skiing

instructions will be offered at Edgewood Municipal Golf Course each Sunday from 3 to 4:30 p.m. beginning Jan. 7, Bolinske said.

Several winter sports programs are offered at the Fargo Coliseum through the park district, he said.

There are adult recreational "Learn to Skate" sessions in progress now that run through Dec. 20, on Wednesday nights. The next session begins Jan. 10 and runs through Feb. 21.

Each class meets on Wednesday nights for an hour, and the cost is \$6.

Registration for the session beginning Jan. 10 is Dec. 13, at 5:30 p.m. in the Coliseum lobby, or students may register a half hour before the first class.

A skating dance for the better skaters will also be offered beginning Jan. 10 on Wednesday nights.

The cost is \$10 and registration is also Dec. 13, at 5:30 p.m. in the Coliseum lobby, or a half hour before the first class.

The Coliseum is also open for public skating from 2:15 to 3:45 p.m. Sundays. The cost is \$1 for adults, 50 cents for juniors, and 25 cents for children under 12.

There is also public skating on Tuesdays and Thursdays, but the schedule varies from week to week, Bolinske said, so students are advised to call 232-8752 to find out specific times. Generally, the time is 7:30 to 9 p.m.

Family and adult public skating is from 4 to 6 p.m. Sundays and the cost is \$1.25 for the whole family.

For those interested in hockey, there are two hockey leagues players can join.

The Senior League is a regular league for good players and meets at the Fargo Arena Wednesday nights at 8:30. The cost is \$200 per team.

The Old-Pro League is for those 25 and over and meets

from 7:15 to 8:45 p.m. Sundays. The cost is \$12 per individual.

An SU intramural hockey team is a possibility, if enough students are interested. For more information on an intramural hockey team or any other Coliseum activities call 293-6991.

If you have a spare broom and need some exercise, if you just want to get out for some fun, an organizational meeting for broomball at the Coliseum will be held at 7 p.m. Monday, Feb. 12.

Several outdoor skating rinks are maintained by the Fargo Park District.

The skating rinks on the north side of Fargo are Mickelson, Oak Street and Ninth Avenue North; Longfellow, 20th Street and 29th Avenue North; Washington, 1725 N. Broadway; McKinley, 2930 N. Eighth St.; Madison, 1040 N. 29th St.; Roosevelt, 10th St. and 12th Avenue North; and Model City's Number Three, Third Avenue and 16th St. North.

Skating rinks on the south side of the city are Clara Barton, 1417 S. Sixth St.; Jefferson, 315 S. 16th St.; Carl Ben Eielson, 1035 S. 16th St.; Lincoln, 2120 S. Ninth St.; Southwest, 15th Avenue and 21st Street North; Lewis and Clark, 1729 S. 16th St.; and

McCormick Park Community Homes, Seventh Avenue and Seventh Street South.

Warming houses at the rink are open 3:30 to 8:30 p.m. Monday through Friday, 12 to 5 p.m. and 6 to 9 p.m. Saturday, and 1 to 8 p.m. Sunday.

Dike West is an inner tube sledding area north of St. John's Hospital, and it is open to the public the same hours as the warming houses at the rinks.

Dike West is "the most used and the most popular recreation area all winter," said Bolinske. "Sometimes we get 1,000 to 1,500 kids and adults there per weekend."

A toboggan sledding area is located at Mickelson, along with the skating rink, and is open the same hours as the rink.

The Fargo Park District also has nine indoor gyms open on weekends, a basketball league, a co-ed volleyball program, and a men's power volleyball program this winter. For more information on these programs call the park district's office at 232-7145.

For those who don't care to go out into the winter cold, but prefer to stay inside until more favorable weather blows in-take heart. All spring activities, such as golf and tennis, will be organizing in February, according to Bolinske.

Downhill Skiing



Members of the SU Ski Club form a train and work their way down a run.

F-M landscape not totally hopeless for skiers

by Mary Warner

There are about as many hills in Fargo as there are winter days over 30 degrees above. But, skiing in this area can be satisfying—believe it or not.

Detroit Mountain, Sugar Hills, Buena Vista and Val Chatel are four ski areas under 200 miles from the Fargo-Moorhead area.

Detroit Mountain, the area most-frequented by SU students, is closest. Located about six miles out of Detroit Lakes, Minn., Detroit Mountain is a family-owned and managed ski area. There are seven runs, two rope tows, a chair lift, and a T-bar. All runs are under a quarter-mile in length, but on a nice day with a wineskin and some good friends, you can have a fairly good day of skiing.

Sugar Hills in Grand Rapids will probably yield the most challenging skiing of all four areas. There are 23 runs which are serviced by both a chair lift and T-bar. Package deals are available for groups of 20 or more, and include wine and cheese, kegs on the

slope and reduced lift rates. For those who retire from the slopes early there is an authentic hand-carved bar from the 1800's.

This area is also the site of the Minnesota State High School League cross-country skiing championships.

Buena Vista in Bemidji, Minn., is also a family enterprise. A rustic knotty-pine lodge has just been completed this year and other highlights of Buena Vista is that every run is accessible by chair. Buena is in a relatively open area and therefore is not hindered by early-evening shadows that can change the hard-pack snow into ice.

Quadna Mountain, in Hill City, is down the road from Sugar Hills. Quadna is in the wooded area of northern Minnesota. The skiing is not quite as challenging compared to steeper runs at Sugar Hills, but the lift ticket is lower.

Val Chatel in Park Rapids is another ski area that offers beginners as well as intermediate skiers a challenging day of skiing.

Step-by-step hints to buying ski equipment for the beginner

With the technological advances in ski equipment, alpine skiing is no longer the daredevil enterprise it was 20 years ago.

The basic philosophy is read any literature you can lay your hands on. Next, check around and get to know ski shops and sales people on a personal basis. A general knowledge of each ski component will make learning and equipment selection much easier.

If you're a beginner who has never even entered a ski shop, here are some basic things a skier should know.

Chances are, your best purchase will be a package deal. Many stores have sales after Christmas, but watch out for a sales-person who will try to unload some of his inventory on you.

Most stores will give you a price break if everything is purchased at the same time. (Boots, skis, poles, bindings.)

A beginner should look for medium-priced skis (around \$120-160) of recreational design. Recreational skis are wider and not as stiff as racing skis. A wider ski enables the beginner to turn easily and of-

fers the learner a stabler ride.

Skis come in three lengths: short, mid and long. A beginning skier is probably most comfortable on short skis that are about 160 centimeters long. (All skis are measured in centimeters.)

Boots come in a variety of colors, numbers of buckles, forward leans and stiffnesses.

Beginners should buy a boot with a medium-soft flex. (Flex refers to the stiffness of the boot.)

Estimate the flex by looking at how high the boot is on the back of the leg—high backed boots are going to be stiffer.

The fit should be snug, but not enough to make the foot fall asleep. The heel should be securely back in the heel pocket, the ankle stable, with room for the toes to wiggle.

Ignore the shoe size on the boot box and let your foot be the judge of the fit. Spend a good half-hour walking in the store with the boots on—your toes should touch the end of the boot, but should not be cramped.

The most important component of ski equipment is the binding. The binding connects

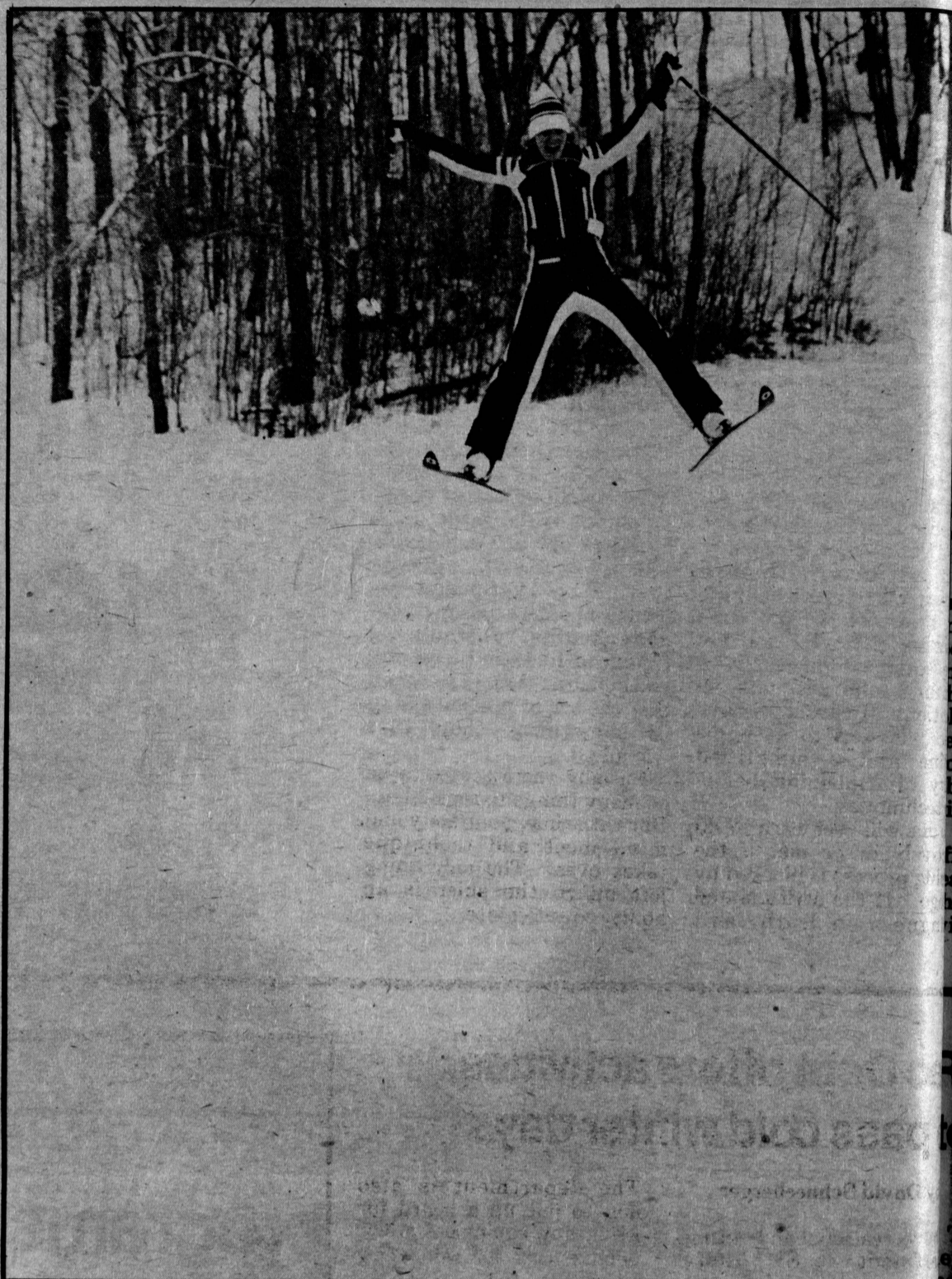
the boot to the ski. Most knee and ankle injuries are caused by bindings that are set on too high of a tension and do not release properly, causing the skier to fall.

Buying "plate" or regular "step" bindings is another aspect you will have to consider. There are good and bad points to each and you will have to choose for yourself which ones you prefer.

The advent of the ski brake has eliminated many ski injuries. And time will be a measure of its actual effectiveness.

Wherever you go, ski equipment is expensive. If you are just experimenting with the sport, the best answer is renting equipment.

All ski areas have rental shops. Costs range from \$10 daily and some areas have weekly rates. If the inventory is limited and of poor quality, rent from a sports store. It may cost twice as much, but the equipment will be of better quality and new design. Both are important factors in giving you a fair chance in determining if skiing is for you.



Photos by Don Pearson

More than natural ability needed to learn to ski

To the beginner—one of the 9 percent who isn't blessed with natural ability—learning to downhill ski seems like an unreasonably proportioned amount of spills and chills with relatively few thrills.

However, anyone who really wants to learn how to ski can. But, just like in acquiring any skill, you will probably have the best and easiest time of it by taking lessons from a qualified instructor. Even the good buddy who seems like a pro will probably lack the patience of a paid ski instructor.

Ski instructors, through training and experience, are more aware of the problems beginners encounter and are more equipped to deal with them and offer adequate explanations. Instructors have reduced lessons to a simple outline and a simplified ability of explaining beginning techniques.

No one will ever learn to ski effectively or as fast if the learning process is blocked by the ego. If the attitude and willingness to learn isn't

there, the psychological frustrations of learning will shoot down any potential skier.

Beginning skiers cannot simply hear and do. They must also watch. Some skiers possess a natural ability to ski, but a majority of beginners have a difficult time to simply understand the basic mechanics of skiing.

Sometimes the skis seem to have a mind of their own. Fate will determine whether or not a skier will suffer the humiliation of successive falls. There's a definite rhythm to skiing and experienced skiers all agree the body begins to assume a feeling of freedom, liberation and defiance. Most skiers say that the art of parallel skiing is something they just "acquired."

Initially there seems to be so many things to remember. But with time, your body and mind meet and technique takes over. The only thing left up to the skier is an ability to anticipate.

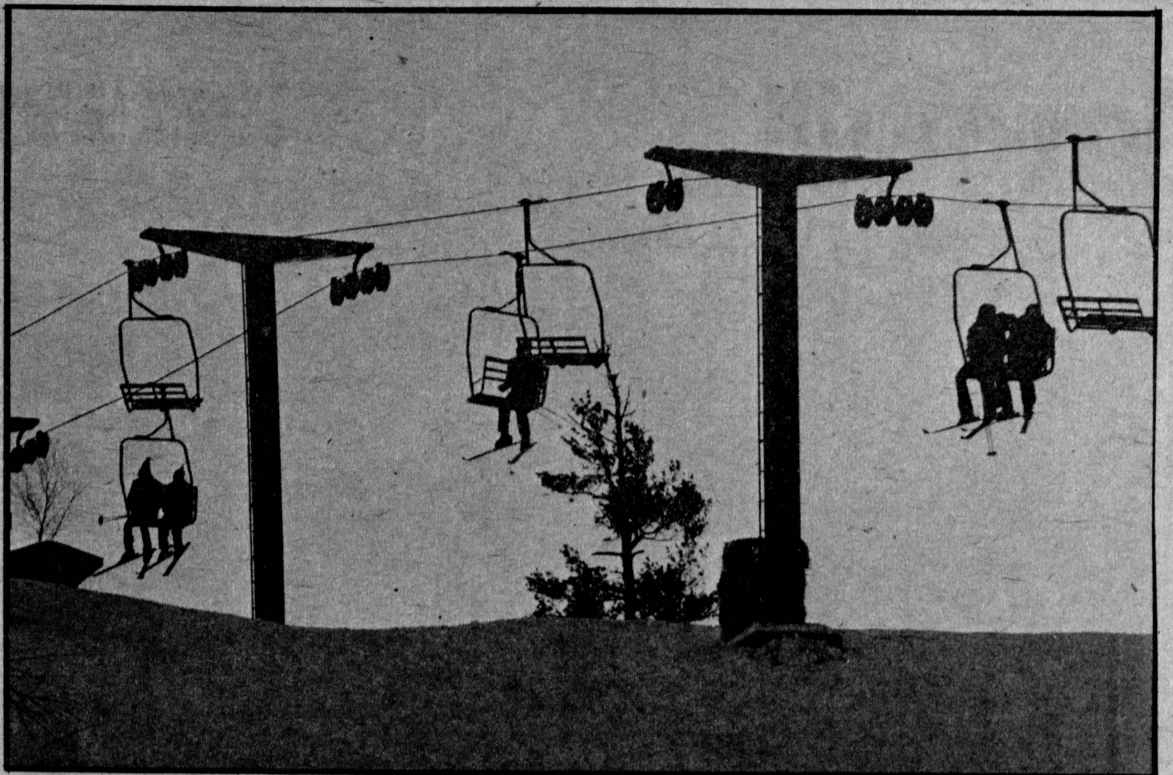


Photo by Don Pearson

Some cold skiers near the top of the chairlift for the Thunders at Sugar Hills, located near Grand Rapids Minnesota.

Rec Dept offers activities to pass cold winter days

by David Schneeberger

The recreational and outing department at SU offers many activities for the students here on campus in order to pass the winter days more quickly.

The department has equipment which can be rented by the day, the weekend or the week. The rates for equipment rentals are very competitive and comparable to other recreational and outing departments on other college campuses.

Cross-country skis, boots, poles and snowshoes are the most popular items for winter activities and are available at very reasonable rates.

Other equipment which is ready for use at all times includes canoes, life jackets, backpacks, cook stoves, cook stoves and hatchets. Even though there are tents and sleeping bags available, they are not that well adapted for the winter weather.

Along with the equipment which is available for the students, the department also has guides for the different skiing areas, camping areas, snowmobile trails, the different downhill ski slopes, information on resorts, state parks and state forests.

If the department does not have the information on the subject of interest to you, they will do all they can to find the information needed.

There are also catalogs available in which SU students can purchase name-brand ski equipment at cheaper prices than if they were to buy it in a store or ski shop.

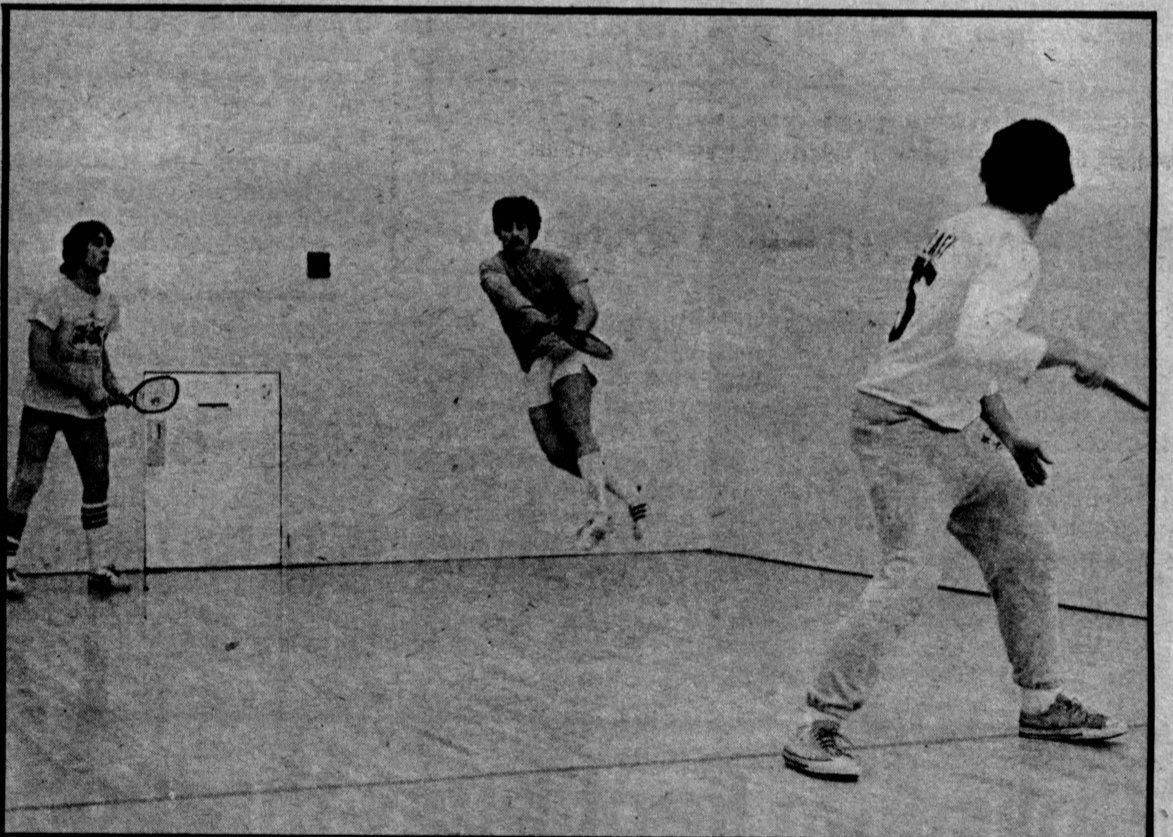
The department is also going to put up a board for posting any equipment which students have for sale, rent, trade or want to buy.

Another new idea which the department has come up with is "Trip Sheets." These are sheets which students can use if they are planning a trip, in order to see if any other students are interested in going along. Ski trips are the most popular examples of winter trips. One such cross-country ski trip is being organized for Buffalo State Park. The trip will last one day and the more interest which is shown, the more trips and activities that will be planned.

There is also outdoor recreation for credits which can be received through the Bald Eagle Center of the Bemidji State University campus. Some of the recreational activities which are offered year around by the center are canoeing, rock climbing, backpacking and cabin building, just to name a few. All the equipment is supplied by the center and is available at very reasonable rates.

The recreational department is planning on purchasing some new equipment this spring in order to increase their inventory and to get better equipment for the students' use.

According to the department, the more interest that is shown through participation in the different activities, trips and equipment rentals which are offered, the more that will be done.



Racquetball is one of the most popular indoor sports for SU students.

Photo by Kendall Krebs



Two early morning cross-country skiers glide through Fargo's Edgewood golf course.

Photos by Don Pearson

Cross-country skiing is a popular winter pastime for SU students

by Karen Dickinson

TRACK!! The warning call of skiers cuts the cold air of the Red River Valley.

Cross-country skiing is a big hit with SU students needing those all-essential physical education credits to graduate from our hallowed halls.

and Thursdays at 8:00 a.m., 9:30 a.m., or 12:30 p.m.

Students who previously thought phy. ed. was only tennis shoes, sweat suits and a lot of running and sweating are finding out differently.

Cross country skiing is very similar to long distance running. The difference is that the skier has the advantage

field early this quarter on fresh winter snow. There they learned about their equipment and the basic fundamentals of the rapidly growing sport.

The classes now drive to Edgewood Park for their lessons and there are plans for a possible ski trip at the end of the quarter.

Cross country skiing is just one of many lifetime sports offered at SU. These classes all instruct the student in sports and activities that are on the top of the list of leisure time activities in the world of relaxation.

Other lifetime recreational sports offered include racquetball, swimming, bowling, dancing, curling, skating, volleyball, archery, badminton and rifle/pistol training.

Physical education doesn't have to be boring. It can be fun as well as interesting. Explore a class or two next quarter. You may be surprised.

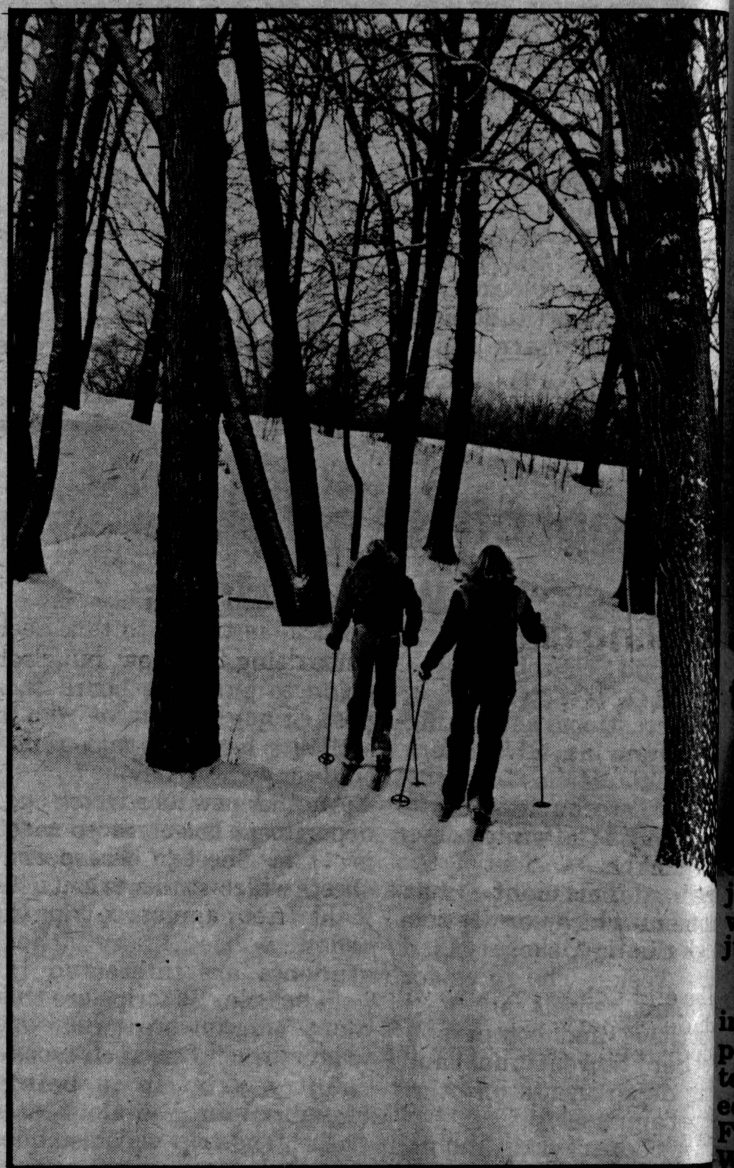
"It's very similar to long distance running"

One skier, Laura Boehm, said, "It's a fun class, and only costs \$5 a quarter to rent the equipment from the Union. That's a pretty good deal!"

Ev Kjelbertson instructs the one-credit phy. ed. course, which meets both Tuesdays

of having skis for gliding smoothly and quickly over any kind of snow, poles for power and balance, and various waxes to make possible uphill climbs as well as downhill runs.

The classes first began practicing behind the football



Coliseum kept busy throughout winter months

by Mary Ellen Shen

Winter is a hectic time for both the Coliseum and its manager, Wayne Loeffler.

The Coliseum, at 807 17 Ave. North, is a large winter ice arena, providing ice time for both the school systems and the general public.

Hockey takes the biggest part of the scheduled time. It is home ice for the Fargo Blazers and all of the high school games are played there as well as the SU intermural hockey, the park board hockey and Metro league hockey.

There are also 7th and 8th grade teams, a senior team for those 18 to 25 and an Old Pro league for those over 25.

Many of the schools, as well as SU, hold general skating classes there also.

Dec. 13 is registration for

classes that will be offered out of the arena. Some of those offered include an adult learn-to-skate course, adults and tots, novice patch (a beginning figure skating course) and a dance class. Loeffler said that information about any of the classes could be obtained by calling the Coliseum at 232-8752 or 293-6991.

The general public also has a chance to use the arena through the family hours and open skating provided each week. The times vary from week to week but the cost is 25 cents for children, 50 cents for juniors and a dollar for adults.

Responsible for the scheduling of these activities as well as many other jobs around the arena is Loeffler.

"There are no problems with the job, just challenges,"

he said, "but scheduling is the biggest challenge."

It isn't just ice time that has to be scheduled. The help, which is all part time, must be coordinated as well. Much of the help consists of high school students but also working are legal offenders who chose to work off their fines rather than to pay them.

Patti Fowler manages the concession stand but it is up to Loeffler to handle everything else.

"At the moment I'm working at least 80 hours a week," he said, "but luckily I have Dave Burr as assistant manager, otherwise I wouldn't get any time off at all."

It is up to Loeffler to make sure that maintenance and upkeep is done and that the help, including instructors, is hired.

Loeffler is also the bookkeeper for the arena. The funds come basically from city revenue and federal revenue sharing funds, but the budget is decided by the superintendent of parks.

"We try to keep the arena non-profit because other as soon as the rates are increased public participation will drop and we feel that the public is our purpose," he said.



This youngster learns how to skate at the Fargo Coliseum. (Photo by Kendall Krebs)

Team will become reality for two SU students

by Lil Cichy

What started out as a fantasy has turned into a dream-true for SU students Klocke and Pat Seeb. Thursday at 8 p.m. in Festival Hall, the curtain will rise and their musical-comedy production, "Variety! The Spice of Life," will become a reality.

The whole idea was something of an impossibility. Two students wanted to unite with other students to do a play. No limiting factor between any of them, no real acting experience among them and no help from the outside.

What could be something an amateur has turned into a professional production.

Klocke and Seeb began working with the idea to put on a play. The first big step was to distribute posters asking people to audition. Tryouts were held in the Union room and everyone who expressed an interest was invited to a part.

Everyone has the talent to do a play," said Klocke. "I took the person's talent and fit him into the performance."

Whether the person's strong point was music, dance or comedy, Klocke and Seeb arranged the already professionally-written script

around the performers they had chosen.

The biggest problem they encountered was finding an auditorium to use for practices and the actual performances. They first checked into Askanase but found the schedule for the auditorium use was already booked.

Dr. Tal Russell of the Speech and Drama Department suggested they talk with Union director Bill Blain about the use of Festival Hall.

"He was more than happy to help us," said Seeb. "He made an obvious effort to accommodate us in their schedule."

After those first few problems, everything since has gone smoothly, according to Klocke. They didn't realize, however, it was going to be as much work as it's turned out to be.

The cast of 10 people and a crew of three have worked together for six weeks, six days a week.

Most of the set construction was done over Christmas break in Seeb's garage. They received financing for the scenery and costumes from Campus Attractions.

Klocke wrote the script for the play. It begins with two men (Klocke and Seeb) wanting to do a variety show.

Klocke is trying to talk Seeb into doing the show, but Seeb is very determined that he is not going to get up in front of a lot of people and make a fool of himself. Before the conversation is finished, though, Klocke has convinced Seeb that anyone can be a performer, wherever his talents lie, and Seeb agrees to do the show.

The play continues with fantasy sequences where the show is a wonderful success and then turns to reality where everything that could possibly go wrong, does.

"The play has something for everyone," said Seeb. "Singing, dancing, comedy and even a little drama."

Klocke and Seeb, co-directors, are excited about their upcoming production.

"We've gotten tremendous dedication from the entire cast and crew," Klocke said. "Everyone has just put everything they've got into the play."

Performances are Thursday and Friday at 8 p.m. in Festival Hall. Tickets are \$2 and can be purchased in advance in the Music Listening Lounge in the Union. They will also be available at the door.



Rehearsal for "A Spice of Life," which will be presented Thursday and Friday in Festival Hall. (photo by Mark Kanko)

Driscoll leads heard to 66-60 win over Morningside to break streak

by Mike Jones

The Morningside Chiefs laid out the welcome mat to the North Central Conference for SU and coach Irv Inniger as the Bison snapped a five game losing streak with a 66-60 win Saturday night in the New Field House.

The Bison picked up their first NCC win of the season amid the cheers of "stall" and "Big Mac" from the crowd estimated at 3,000. Because the Herd won and held the Chiefs to 60 points, all those in attendance received a ticket for a free Big Mac at McDonald's restaurants. McDonald's had given about 1,800 Big Macs away as of 3 p.m. Sunday.

Mike Driscoll had his finest game of his collegiate career with 22 points and four assists. The sophomore guard from Moorhead scored on nine of 10 field goal attempts in the first half for 18 points.

Also in double figures for the Bison were Paul Shogren with 18 points and freshman forward Mark Levenick with 10 points. Shogren cooled off a Morningside comeback late in the second half with an eight point splurge to insure the victory.

Willie Brown and Chris Weber were benched for disciplinary reasons and did not see any action. This was not the first time either one has been sidelined for disciplinary reasons. SU led in rebounds 35-33 and fouls 19-18 as they played a typically disciplined game.

Although the Chiefs had four players in double figures the Bison played well defensively. Cleo Franklin, a junior college transfer, led the Chiefs with 19 points. Mark Faber had 16, Keith Kohler 11 and John McCurdy 10 for the Chiefs.

Juggling class to be offered at Moorhead

Moorhead education in Moorhead is offering a new class in the ancient art of juggling. This unique course will be taught by professional juggler Larry Olson.

The eight class sessions will include supervised practice periods and discussions on techniques, terminology and equipment. Class begins February 1, 7-8:30 p.m. at Washington School in north Moorhead. Class fee is \$11.

A free juggling workshop on Sunday, January 28 from 1-5 p.m. will be offered at the YMCA in Fargo. The workshop will feature free lessons and a juggling demonstration. Anyone who's ever had the fancy to be a clown, the life of the party or simply graceful is invited. For more information call 232-1646.

On Saturday, January 27 at 6:30 p.m., Prairie Public Television's "Free Space" will present Larry Olson and friends in a unique half-hour program on juggling.

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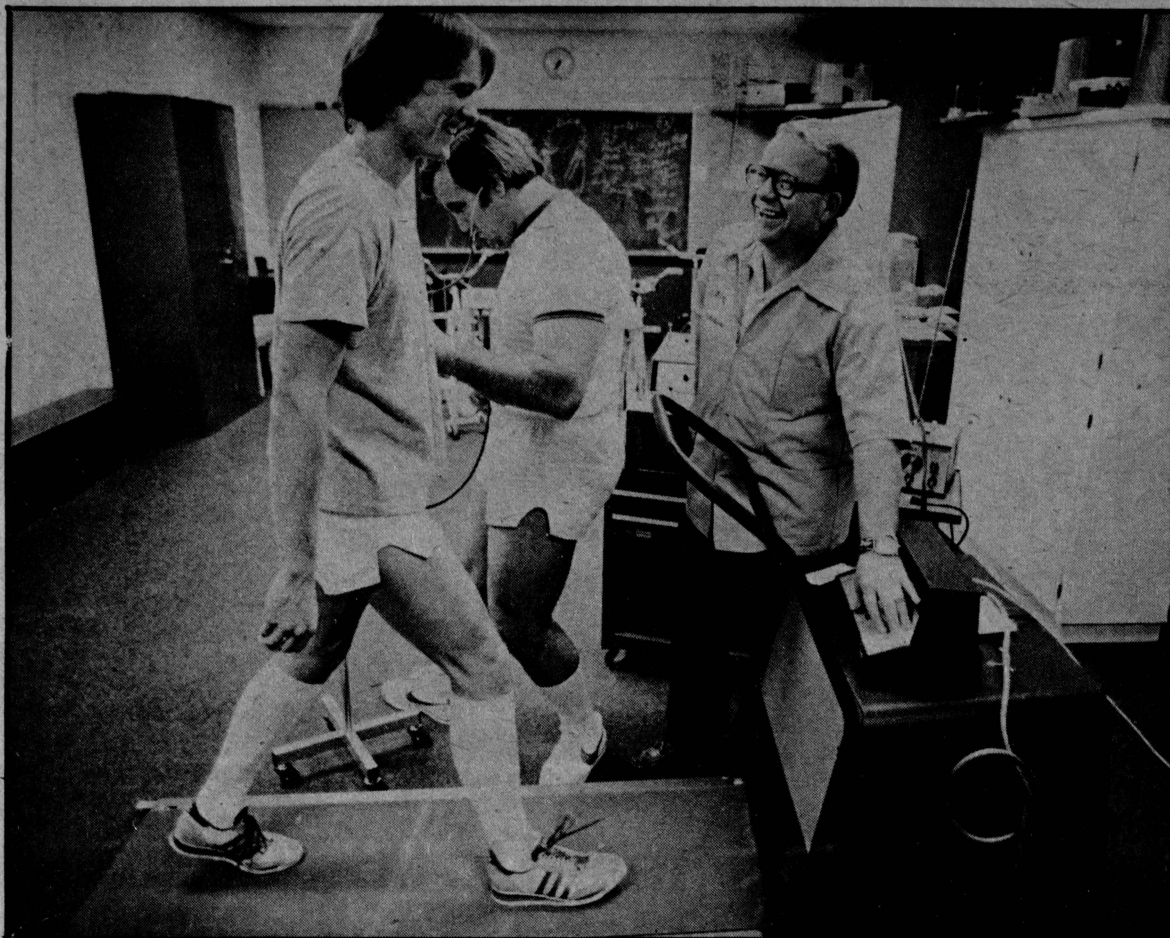
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???

Be sure and register your guess as to the number of scientific hand-held calculators the Varsity Mart will have sold from March 1, 1974 through April 12, 1979 - and be the lucky student to win the bicycle on April 16, 1979.



Providing a 25 degree slope at up to a 7 m.p.h. pace, the recently acquired treadmill at SU determines physical condition under stress that can be directly related to physical work on the job, at home, or in planned exercise programs. Barry Stebbins, a graduate student in physical education, takes the treadmill test while Kerns increases the slope. Measuring the pulse rate and heartbeat every minute as part of the monitoring process is Pat Simmers, a graduate student in physical education. Other measurements, including an electro-cardiogram (ECG), can be taken during treadmill tests.

SU physiologist resolves strenuous exercise can save lives

If you're 35 or older you might want to add one more resolution to your New Year's list—a resolution that might not only improve your life but could save it.

Exercise strenuously three or four times a week, suggests an exercise physiologist at SU. But first see your doctor to ensure you're in good health and can exercise safely, cautions Dr. Roger Kerns, associate chairman of the division of health, physical education and recreation.

Kerns currently teaches a new course, "Adult Fitness," designed for YMCA, medical, recreation and physical education personnel working with the preventative and rehabilitative aspects of adult exercise. Course materials consider the measurement, prescription of and physiological responses to exercise by adults.

Kerns demonstrates a crusader-like enthusiasm on physical fitness for adults.

This enthusiasm has brought about a commitment of room space at the New Field House for the purpose of determining the capacity of adults for physically strenuous work. Some \$25,000 in testing equipment—much of it donated—including one of the few electrically-controlled and monitored treadmills in this area is already in use.

"To lessen one of the risk factors of cardiac heart disease, adults 35 years and older need from 20 to 40 consecutive minutes of relatively strenuous exercise approximately three or four times a week," said Kerns.

But beyond being a zealot of aerobic activities for healthy adults (exercise requiring heavy breathing or use of oxygen), Kerns believes

those who follow up heart attacks or other heart problems with sedentary living are only inviting more trouble.

To get started Kerns recommends the following step-by-step process: (1) see your doctor; (2) start slowly with walking, riding a bicycle, jumping rope, or swimming since it will take you about six weeks to get prepared for more strenuous exercise; (3) learn to monitor your pulse by counting the heartbeat at your wrist for 10 seconds and multiplying by six—a higher pulse rate means you are placing some of the necessary stress on the cardio-vascular system, and (4) cool down after exercise to a heart rate level near resting.

Dr. Kenneth Cooper, M.D., author of "The Aerobics Way" and operator of an Aerobic Clinic at Dallas, Texas, has developed the Cooper Fitness Level and Coronary Risk Test. The test predicts your coronary risk factor on the basis of treadmill time, ranging from suggesting a high coronary risk at between 5 and 10 minutes on the treadmill, to being a very low risk at between 19 and 26 minutes, according to Kerns. Other factors that are considered in a total coronary-risk evaluation are percentages of cholesterol, glucose, uric acid, body fat, and resting blood pressure of a person. Additionally, personal history of heart attacks, family history, smoking habits, tension-anxiety, resting ECG and age factors are considered.

"You simply can't say that any one system is going to work for all the people all the time," said Kerns. "You have to move cautiously. It's a mistake for anyone to start a rigorous program of physical exercise at 35 or older after

relatively little exercise for several years. The first step should always be a complete physical followed by a program specifically designed for the individual."

Bison matmen claim victory over California

The Bison wrestling squad upped its dual record to 8-0 with a victory over California (Pa.) Saturday. The win was the first on a four game road trip to Pennsylvania for the Bison.

SU scored victories in every weight class except 118, 158 and 190.

Kent Ness started the Bison rolling with a pin over Rob Bogo at 126 pounds.

Paul Anderson followed the lead of Ness and scored a pin for the Bison over Mark Barkus for California.

Lon Brew at 142 and Mark Reimnitz at 150 then followed with wins, both pins.

Brew's victory at 142 pounds was his 90th victory of his collegiate career. This puts Brew only six victories from the all time record for victories in a career set by Brad Rheingans.

After a draw at 167 between SU's Ron Hilgard and California's Bill Clemons, Randy Gilbertson scored a decision over Charlie Colbourne at 177.

Don Meyer, SU's heavyweight, finished the night with a pin to ice the victory.

The Bison will face Slippery Rock (Pa.) State this evening, Waynesburg (Pa.) College tomorrow night and will finish out the extended road trip at Clarion College on Thursday.

Sports weekend planned at SDSU for NCC schools

by David Schneeberger

An All-Conference Intramural Sports Weekend is being planned by the North Central Conference at South Dakota State University in Brookings, S.D., on April 21-22.

All schools in the NCC will be participating in this fun-filled weekend. According to Student Body Vice President, Dave Vipond, it is going to be a good time for everyone who participates.

Each school will send 12 men and 12 women to compete in events such as Volleyball, Inner-tube Water Polo, Softball, Tug-of-War, Free-throw shooting and Racquetball.

The teams will be picked at random for the events, so there will be students from different schools on each team.

The whole idea of the weekend does not emphasize the competition and play-to-win aspect of sports, but is just for fun and is a good opportunity to meet many students from other colleges and to have a good time.

The idea of having an Intramural Sports Weekend was first introduced by Sid Gonsoulin, recreational director for the University of Nebraska-Omaha, who really got the whole thing off the ground.

When Gonsoulin was the recreational director at Oklahoma State University they had what was called "OK Day", which brought together students from all the schools in Oklahoma to compete in different activities and to have a good time.

This is where the whole idea began, and with the cooperation of Warren Williamson, recreational director at South Dakota State University and also a student committee composed of three NCC student

representatives, Scott Howe from Augustana, Vipond from SU, and Werner from USD, weekend has gotten to point where it is now.

The only costs to students participating will be for transportation. SU has already found space for the food and is taking \$500 out of their athletic budget to cover some of the costs of the weekend. Housing will either be taken care of by using sleeping and sleeping in the house, or else by moving students into the dorms of the SDSU students.

Not only will the students have the enjoyment of participating in the activities sports taking place, there also be a picnic on Saturday night with a disco-dance afterwards.

On Sunday morning will serve breakfast will be followed by discussion on the program next year, any changes, conditions, improvements would make it more interesting and enjoyable also to decide on a host for next year.

Vipond said they are going to try to make it an annual event from now on and hoping that it will generate a lot of interest from students.

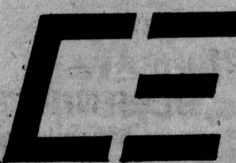
They are not sure how students will be picked would appreciate any which any student may about a fair way to pick students to participate you have any ideas, contact Dave Vipond in the Student Government office.

There will probably be applications in the Spring next spring for anyone interested. This is open to anyone who wants to have a good time and meet people.

MASTER'S AND DOCTOR OF PHILOSOPHY IN NUCLEAR ENGINEERING

Financial aid is available for Engineering and Science Majors for graduate study in Nuclear Engineering, Fusion Engineering, and Health Physics. Graduate Research and Teaching Assistantships stipends range from \$5000 to \$8300 per year plus out-of-state tuition waiver. President's Fellowships for outstanding applicants provides a stipend of \$5000 per year plus full tuition waiver. For information write: Director, School of Nuclear Engineering, Georgia Institute of Technology, Atlanta, GA 30332.

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Above Mark Levenick tries to draw a charging foul on the Morningside player in the Bison's 66-60 victory over the Maroon Chiefs. Below Paul Shogren and Chris Weber battle for the ball in 83-80 loss to the University of South Dakota on Friday evening. Photos by Don Pearson

South Dakota squeaks by SU, hands Bison fourth NCC loss

by Robert Franzen

South Dakota's Coyotes were too much for the Bison in the second half Friday night as they slipped by the Thundering Herd 69-67 in men's basketball action at the SU fieldhouse.

This was the first North Central Conference victory for the Coyotes, while the Bison are still winless in four tries.

The Thundering Herd started the second half with a two point advantage and responded favorably for the first four and a half minutes by scoring 12 points compared to USD's 6.

USD coach Jack Doyle then called a time out. When the Coyotes stepped back onto the floor they were in command for the remainder of

the game.

With 12 minutes left and up by three, the Bison went into an offensive stall, which was followed by six quick points by USD.

With seven minutes and 40 seconds left to play the Coyotes took over the lead with a field-goal by Ken Willis. The Coyotes held the lead for the remainder of the game.

A free throw by Paul Shogren and a field-goal by Brady Lipp pulled the Bison to within two points with 58 seconds left on the clock.

Don Huff, of the Coyotes missed a shot with 39 seconds left and the Bison grabbed the rebound. The tight Coyote defense forced the Bison to call a time-out with only six seconds left.

The Bison called a second time-out to make plans for the final bucket. South Dakota's Charlie Thomas intercepted Shogren's pass to Lipp, breaking for the basket, and the Coyotes had the victory.

Both teams shot well from the field, averaging slightly over 50 percent. But the big difference was from the line where the Coyotes shot 82 percent compared to 63 percent by North Dakota State.

Chris Weber led the Bison in shooting in the first half, hitting five of six baskets. But the 6' 6" junior was held to one of three field-goals in the second half and ended up with only 12 points.

Paul Shogren also was held to only four points on the second half and ended up with 15 points.

Leading scorers for the Coyotes were Ken Willis with 21, Chris Deans with 16 and Charles Thomas with 15.

USD continues to dominate the Bison, winning its seventh straight victory over the Herd.

The Bison suffered their fifth straight loss of the season slipping to 10-8.

The next home game for the Bison is February 5 against Moorhead State.



WIN!

The Muscular Dystrophy Dance Marathon Committee is looking for a theme for this year's Marathon. Design the winning entry and receive a free t-shirt with the theme and free admittance to the dance.

Turn in entries no later than February 9th to the Activities Desk.

COLLEGE GRADS/SENIORS (18-30): Looking for prestige, excellent pay, responsibility, training and excellent benefits? The U.S. Air Force has immediate openings in its Officer Training Program for Engineering, Flying, and Management positions. For more information call your local Air Force Recruiter, Pete Honaker, at 235-0621 in Fargo.

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Weightlifters

Story by Lil Cichy
Photos by Don Pearson

'I've got to be a macho man'

"I've got to be a Macho Man" could have been the 61 entrants' sentiments as they tried to out-lift each other Saturday in the Red River Powerlift Open at the Fargo-Moorhead YMCA.

The lifters competed in three lifts—the squat, bench press and deadlift. The total weight of the best lift in each category determines the final score of the individual.

Jim Rush, a freshman at SU, has received national recognition for his powerlifting. He's the nation's best teenage powerlifter and set a North Dakota and Red River Open record in the 148-pound class Saturday with a total score of 1,355 pounds.

Rush explains that powerlifting is strength-oriented, making it easier to perform than Olympic weightlifting, which stresses technique.

"It's a lot of slow, grinding work before you see a lot of

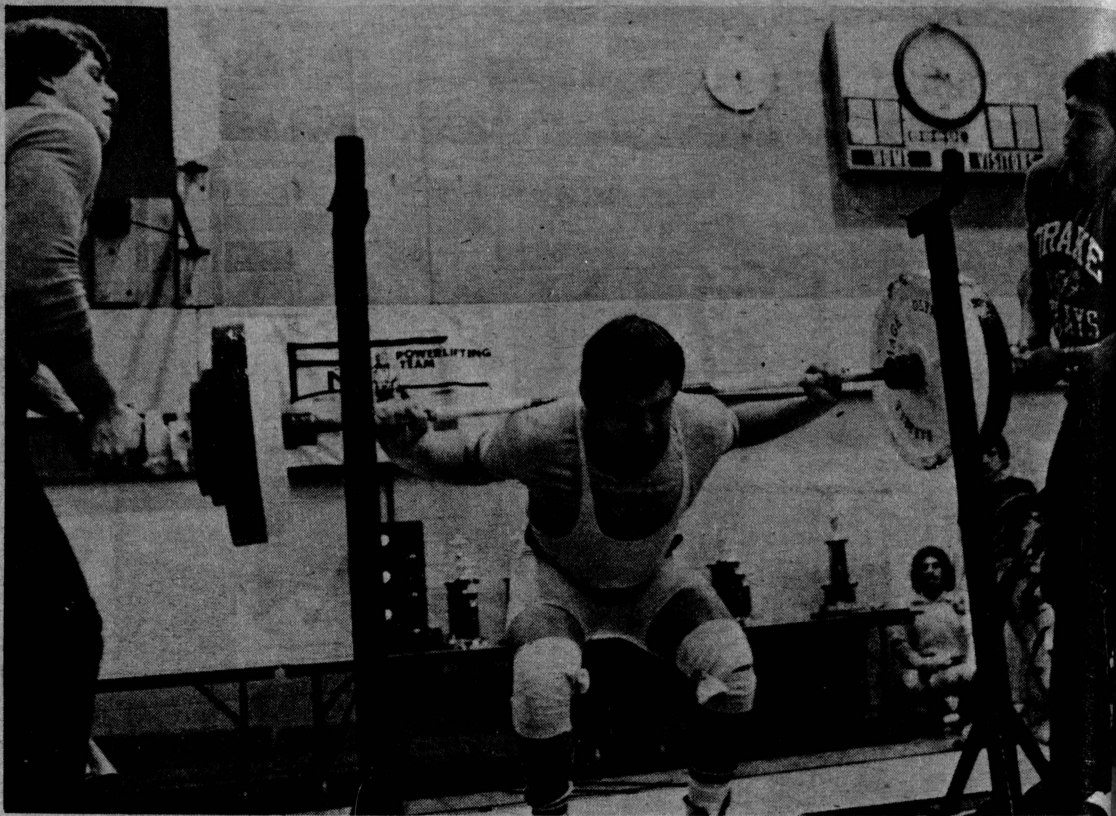
results," said Rush. "The most important thing is to be able to stick with it because the improvements do come."

He feels that in addition to being physically strong, mental strength is also important.

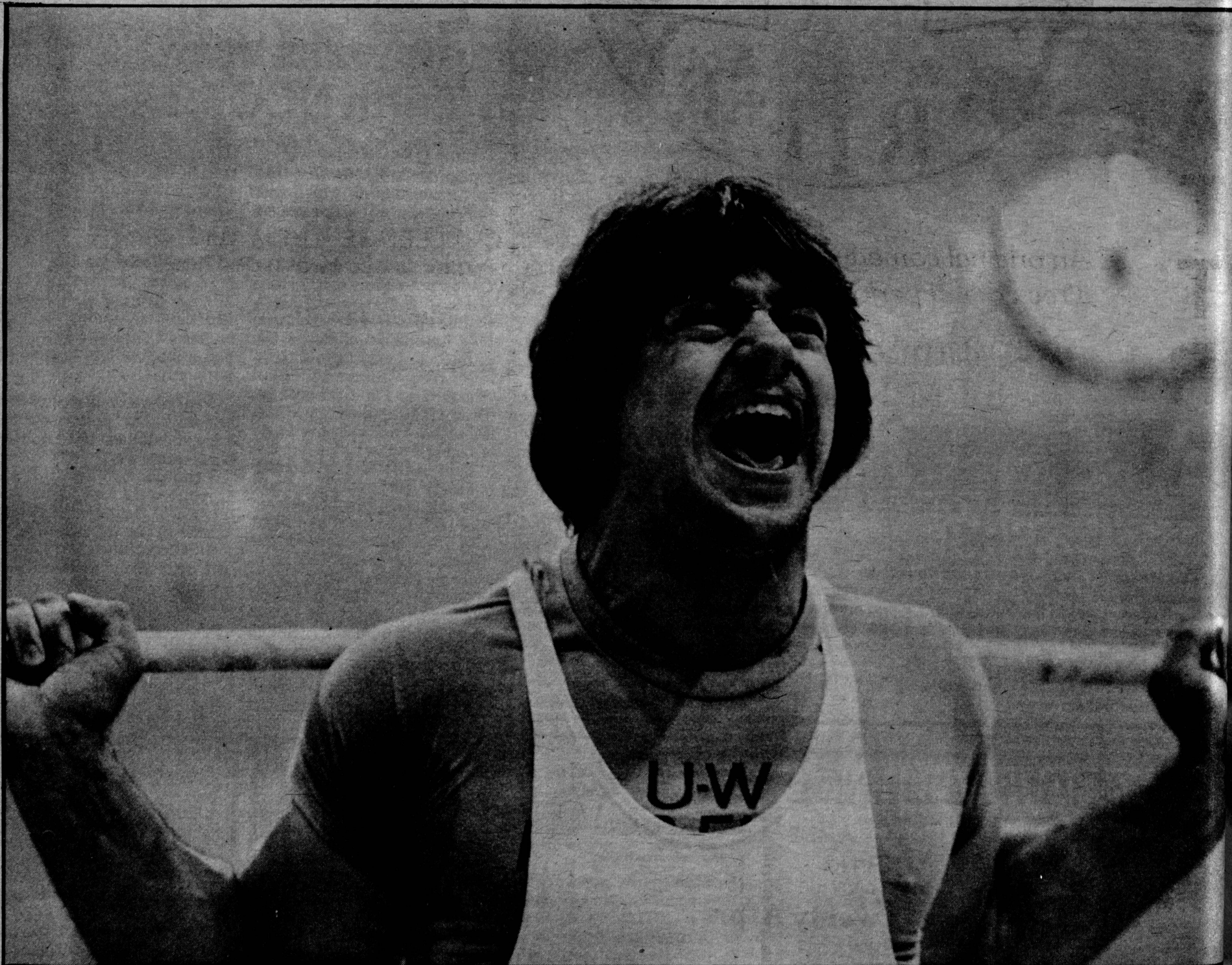
"It's really a psych game," said Rush. "One of the most important things in preparing yourself for a lift is to have that confidence in yourself, that mental edge."

The 'psych game' was definitely present Saturday as lifters tried to get ready by talking to themselves, squeezing rolls of tape in their hands and pacing up and down the length of the gym.

While performing the actual lifts, their faces expressed their determination and pain. When they'd finished the lifts, though, and received the O.K. sign from the judges, their expressions switched to happiness and relief. All that 'hype' business had paid off.



It took two assistants to get the weight of this lifter's shoulders when he failed to make the lift.



Screams of agony echoed throughout the gym at the YMCA as the lifters struggled to get a good lift.

Recreation Tournament brings a week of sports

The Association of College Unions International is sponsoring a Regional Recreation Tournament at SU, February

9-11 and to choose the teams to represent SU, the Union is sponsoring a week of campus tournaments--eight sports

that students may participate in.

The bowling events started last Friday and Saturday with the top five men and top five women advancing to the Regional Tournament.

Pocket billiards begins tomorrow at 6:30 p.m. in the Recreation Center and continues Thursday at the same time.

In the men's division, games will go to 75 with the tournament being double elimination.

In the women's division, it will also be double elimination

with the games going to 50.

Entry fee is \$2 for the pocket billiards.

The chess tournament is scheduled for next Monday and Tuesday at 6:30 p.m. in the Recreation Center.

The Swiss point system will be used with the top two qualifiers advancing.

Entry fee for the chess tournament is \$2.

Table Tennis is scheduled for tomorrow evening at 6:30 in the Old Field House Concourse.

There will be separate divisions for men and women

in the double elimination tournament. Entry fee is \$2.

Foosball tournaments will be held Thursday in the Recreation Center at 6:30 p.m. with an entry fee of \$3. per team in the double elimination tournament.

Backgammon will be held this evening at 6:30 in the Recreation Center with a \$1 entry fee.

Bridge is also this evening at 6:30 with a \$1 entry fee.

Sign up sheets are available in the Recreation Center of the Union, or call 237-8911.

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FOR SALE

For Sale: Panasonic compact stereo with cassette recorder and turntable. Call Lester at 237-7872.

Leaving Country! Any offers: Excellent stereo, down-hill skis and boots, lawn furniture, book shelf. 235-4086, 237-9271.

For Sale: 4 wheel drives and newer model Camaros. Call 235-3994. Gary.

Need Cash! Guild classical guitar. 6 to 9 p.m. MWF, David. 235-4536.

Must Sell: Harmon Kardon 430 receiver, Omega 4-way speakers. BIC 920 turntable, all used very little. Asking \$550. 237-6966.

ROOMMATE WANTED

Roommate Wanted: Share 2 bdrm. apartment 4 blocks from NDSU. Call 282-5210 or 235-5461. Ask for Larry.

Roommate Wanted: Pool, sauna. 6 blocks from NDSU. Bob. 232-1033, 232-0931.

Two Roommates Wanted. Two bedroom apartment directly across street from Old Fieldhouse. Call 235-0165. Non-smokers preferred. Available March 1.

WANTED

"College Grads/Seniors: (18-30) Looking for prestige, excellent pay, responsibility, training and excellent benefits? The US Air Force has immediate openings in its Officer Training Program for Engineering, flying, and management positions. For more information call your local Air Force Recruiter, Pete Honaker, at 235-0621, in Fargo."

Part-time Job with eventual full-time earnings. Call Gary. 235-3994.

Wanted to Buy: Baseball cards and other old sports items. Send or phone a brief description of what you have to: Dave Bender, Box 1042, Bismarck, ND. 258-7684 after 5.

Position open as Special Deputy involving guard duty and work within the jail. Hours adjusted to fit class schedules, becomes full-time for summer. \$4 per hour. Apply at Co-op Ed. Ceres 212, 237-8936.

Gain background in basic operations of insurance and finance planning. Located in F-M area. Co-op Ed. Ceres 212, 237-8936.

National Park Service is looking for a tour guide. Work with public, conduct small group sessions, guide nature tours and answer questions. \$4-\$4.50 per hour. Need grade point of 2.3 and public speaking ability. Co-op Ed. Ceres 212.

College Rep Wanted to distribute "Student Rate" subscription cards at this campus. Good income, no selling involved. For information and application write to: Time Inc. College Bureau, 3223 Ernst St., Franklin Park, Illinois 60131.

Bite your fingernails? Contribute to Science! Graduate student needs nail-biters to participate in a study as part of thesis requirements. If interested and you think you bite nails at least five times per day, please call 237-8622 (days) or 235-2005 (nights). Ask for Kyle Swaney.

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Students! Need Housing? Professional assistance available. Current Directory including all types (rooms, apartments, houses). Prices \$50-\$450 and locations on continuous basis. Rental Housing, 293-6190 514 1/2 1st Ave. N., Fargo.

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MISCELLANEOUS

See display ad on conflict and anger.

I can't wait 'til 26th of Jan.

Margaret Model, are you looking for Joe College?

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Any campus organization wishing to use the T.A.P.E. (Telephone Access Program Exchange) information ser-

vice to inform the University community of its function can do so by contacting Marjorie Olson, 237-8241 or stopping by the Memorial Union Director's Office.

JMW-Have a nice day!

Interested in duplicate bridge? Try our novice group. 7:30 Tuesday evenings at the Town House.

Everyone attend services at the Univ. Lutheran Ctr. each Sunday at 10:30 a.m. Come early for coffee and rolls at 10:00. 1201 13th Ave. N.

Anyone interested in participating in Ag. Eng. Show, contact: Mark Weber 232-3294, Steve Jorissen 232-9348.

Diet: I am a graduate student interested in talking with people who have tried to lose weight successfully or unsuccessfully, either alone or with a group. If you would be willing to share your feeling on this subject with me, please call 235-7954 after 5 p.m.

Milkey and Wayne-Have fun at the game? Dr. K.

Celebrate Christian Unity Week-Join friends at the Newman Center for song, prayer, and socializing on Friday at 7:00 p.m. Everyone is welcome!

Winter Blahs Gotcha? Time to join Circle K. Meetings every Thursday 6:00 p.m. Crest Hall.

Now is the time to get involved. Join Circle K. Meetings on Thursdays, Crest Hall, 6:00 p.m.

Dance Marathon meeting for all interested people! Thursday, Jan. 25, 5:00 p.m. Plains Room in Memorial Union.

Are you concerned with your community, your campus and your life? Circle K is for you!

Come Join Us-Inter-Varsity Winter Retreat. Jan. 26, 27, 28. Call 237-7593.

Join Circle K this week! Meetings: Every Thursday in Crest Hall, 6:00 p.m.

Life is a bowl of cherries but who the pits? Join Circle K and find out.

LOST & FOUND


Found: Pair of prescription glasses. Christian Dior. Pink flower. Come to Spectrum and identify.

Camera found over in Univ. Village on Jan. 19. Come to Spectrum identify.

The Board of Student Publications

will be accepting applications for Business Manager and Editor until Jan. 31, they are available in the Spectrum Office

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