

# Dan Dimitriu Week' slated or May 9 through 13

#### **By Beth Forkner**

This week, May 9 through 13, has a designated as "Dan Dimitriu ek." Students are encouraged to ite letters to the Romaninan amsador and the president of nania in order to get Dimitriu's and son out of the country as as possible.

"Before, it was just a matter of "Dan Zimmerle said, "now it's re critical.'

Zimmerle is a friend of Dimitriu o became involved with the famiplight. He organized a group of low mechanical engineering idents into a "loosely knit group of ople who are cooperating" in ping the family, as Zimmerle exained. "Each person is helping out a different area."

When Dimitriu defected from commist Romania last year, he left his te Rodica, who is a dentist, and his rear-old son Bogdan behind.

Ever since he came to the United ates, he has hoped to somehow get family out of Romania. Lately the nation has become more tense.

Romania has a law that says izens must live in the town where y work. Mrs. Dimitriu chose to where her husband worked inad of where she worked, which about 100 kilometers away. w the Romanian authorities want to move.

keep the sack in the air...

The town in which she worked has no telephone connections. She would have to depend on letters to communicate with the outside world, the United States and her husband. Mail in Romania is always censored.

In addition, last week the government accused her of being a traitor to her country.

Dimitrui and others involved want to get her out of the country quickly and doing it legally seems to be the only way.

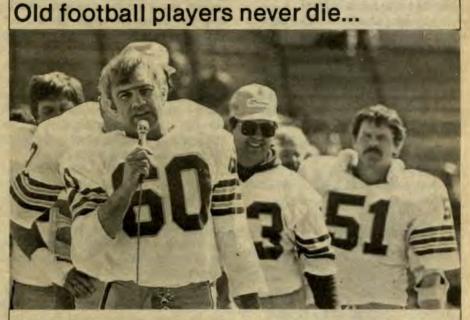
Zimmerle emphasized the importance of letters coming as soon as possible. May 23 Mrs. Dimitriu will have an interview with Romanian authorities, which will decide her future.

Zimmerle feels that these letters will be a great help in allowing Dimitriu and her son to come to America.

"This letter-writing campaign is something we can do to show the Romanian government that the United States hasn't forgotten her." he said. "In addition, we can provide bad publicity the Romanian government doesn't want.

"More than that," he continued, "they are very sensitive about students. Students are depicted as the most progressive group in the United States.

Friends To Page 3



John Heller a '67 graduate tells the fans in the stands where he lives and what he is doing. For more photos and story see page 13.

Photo by Bob Nelson

### Fewer jobs mean harder search for recent college graduates

**By Marcia Anderson** 

Graduating students may have to search hard to find jobs this year. They will have to be determined and motivated because there are fewer jobs nationwide than there have been in previous years, said Larry K. Wilkinson, placement director of job service at SU.

The current economic condition is blamed for the slowdown. Employers are being cautious and hesitant

seen," he said. By this time, most hiring has been completed.

However, Wilkinson said this year very little hiring was done. Employers are looking for short notices for immediate openings only.

"Students can't sit around and wait for things to come to the placement office. They must take the initiative."

This means writing many letters of application and resumes. Some November graduates have applied at as many as 400 places, he said.

"Finding employment is a full-time iob in itself.'

Wilkinson's advice for discouraged graduates is to remember, in most

Jobs To Page 2

### Seniors encouraged to attend May 20 baccalaureate service

Students graduating at the end of spring quarter are requested to attend the baccalaureate service and commencement exercises, according to Burton Brandrud, SU registrar, adding that they should inform the college marshals of their intentions.

Baccalaureate is at 4:30 p.m. May 20. Commencement exercises will be held at 9 a.m. May 21. Both will be in the New Field House. No guest seating will be reserved.

Graduates may get their caps and gowns at the Varsity Mart beginning May 16, but these should not be picked up later than May 19. Graduate degree students should contact the Varsity Mart earlier to make arrangements for rental of their hoods. he said.

The registrar's office has graduation announcements which may be

obtained anytime before May 21.

Photo by Bob Nelson

Wade Baumgartner, Dave Tommeraasen, Kevin Mueller, and Mark Wadekamper (left to right) play with a Haky Sack which is between Tommeraasen and Mueller. The Idea with the Hacky Sack is to keep the sack in the air as long as possible with the feet.

about their selections, he said. "It's certainly the worst I've

# **Chief Justice Erickstad speaks at SU**

#### By Harry E. McAllister

The North Dakota Supreme Court has two basic functions, according to Chief Justice Ralph Erickstad. It must serve as the highest appellate court for the state and it must provide administrative leadership to the entire state court system.

Speaking at a Brown Bag Seminar, Erickstad discussed these functions and responded to written questions from the audience.

As the highest appellate court for the state, it does not have the luxury of deciding upon the number of cases referred.

"While the Supreme Court of the United States restricts its annual caseload to about 200, we handled 308 appeals last year," Erickstad said.

### JODS From Page 1

cases, rejection is because of the economic situation. Refusals must be taken in stride.

"This requires a tremendous amount of effort. It's extremely important to keep a good attitude."

Motivation, preparation and ability to know and sell oneself are keys to successful interviewing. Information about the company, an aggressive but not overbearing behavior and a pleasing appearance are some communication skills needed in the interview situation, Wilkinson said.

The ability to think on one's feet and adjust to different interview situations is critical. Employers have bad days and failure to adjust to this could mean loss of a job, he said.

Flexibility is also important for future employers, he said.

"We are moving into an area with such a rapid change in technology."

Additional training will be necessary as advances are made. Wilkinson cited the auto industry being replaced by robots as an example.

Electronics and electrical engineering will be two fields with strong potential.

On the brighter side, there is one major at SU—polymers and coatings—that isn't suffering from the current unemployment status. The university is one of the few universities nationally offering a degree in this area.

Some manufacturing companies may also be hiring in the future. Their inventories are now being depleted and the firms will have to start manufacturing again, but they won't stockpile products as they've done in the past, he said.

John Woods, assistant manager of Fargo's job service, says statewide possibilities look best for engineer"We are required by the state constitution to review every case appealed, regardless of its importance," he added.

It is the justice's view that court is approaching a limit on the number of cases it can hear each year. Cases of minor legal importance are beginning to crowd the time needed for those of substantial importance, he said.

In order to be prepared for the increasing caseload, the North Dakota Legislature has begun an appellate court study that is to be completed by the 1985 legislative session, so this problem can be dealt with by the Legislature at that time.

Hawaii and New Mexico have established another appellate court to siphon off the caseload of their Supreme courts and other states are considering similar actions.

A similar system for North Dakota would require a constitutional amendment, Erickstad said.

Small claims court is the only court from which an appeal can't be made. Each person using this court signs a statement that this concept is understood. Erickstad believes this court provides a very valuable option to persons with claims of \$1,500 and less. It gives speedy, informal and lowcost justice and also reduces the caseload of other courts.

The provision of administrative leadership to the entire state court system by the state Supreme Court began with a proposed constitutional change in 1972.

In 1976 the judicial part of the change was approved by voters and a unified court system for the state was established.

Further change in 1981 allowed courts to have multi-county jurisdiction as a means of reducing costs while allowing for highly-trained judges.

Four advisory committees were also established to make recommendations for changes in procedure, personnel and duties of all levels of courts from city courts Supreme Court, Erickstad sai

As chief justice, Eric receives a periodic computer tout of all current cases in the The printout lists the level court, the case's status an name of the judge responsible

To speed justice, current ru quire that criminal cases be within 120 days. A decision in cases is to be rendered with days after the end of the trial

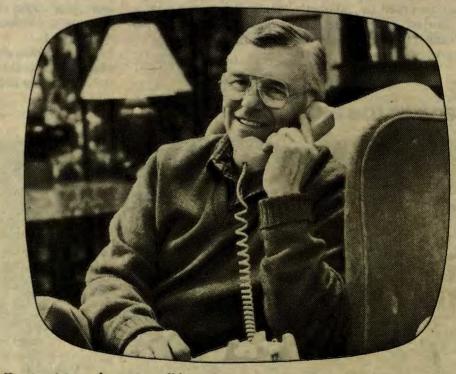
Similar rules with longer limits apply for civil cases, he

In response to his views of bargaining, the judge said in Dakota, it doesn't have to cepted by the presiding judg that if he refused it, the defe could also reverse his po Alaska has outlawed the pr and he is not sure how this working. Erickstad said.



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ing graduates seeking employment in Bismarck as that area is fairly stable.

"The first job probably won't be what you want."

Experience will help to gain future positions sought, he added.

"A lot of people limit themselves by staying in Fargo and Moorhead." According to Wilkinson, the job market in the F-M area has always been competitive.

Unskilled and semi-skilled positions are available but professional areas have little turnover, he said.

"The more mobile you are, the more the chance of finding employment."

2-Spectrum/Tuesday, May 10, 1983

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# MAYTAG LAUNDRY University of Cincinnati grad stresses developing of positive study attitudes

Editor's Note: The following column is by a 1980 University of Cincinnati marketing graduate who achieved a 3.9 GPA while studying only eight hours each week. He conducts seminars across the country on improving grades and cutting down on study time.

Krause would like the Spectrum to subscribe to his columns, which would appear about once a week.

Do you want to see more of this? Let us know.

#### By Dennis J. Krause

"I can hardly wait until I graduate from this place!" Obviously the words of an overworked, underpartied senior, right? Wrong. I will never forget hearing those words from a fellow freshman during our first college quarter. I thought he must be crazy. Spending four years at one place all the while wishing you were someplace else was never

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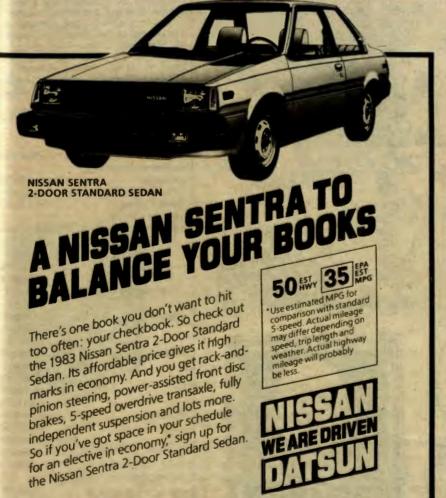
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my idea of fun.

Yet a large chunk of your time as a college student could be eaten up in this same way. Wishing you were doing something else other than what you are doing is the surest way to feel off-balance.

When you sit around your room looking at your assignments, you may spend most of your time thinking about going out and partying. Then once you go out, your mind guiltily thinks back to that unfriendly stack of books and notes waiting for you back in your room. You lose any way you turn.

"Living in the present" and "be-ing here now" are key themes of Fritz Perls and Gestalt psychology. Translating that to the life of a student, it would seem that the key to a happy college existence is to really throw yourself into the experience of whatever you are doing at a particular moment.

I recently visited friends in California and we joked about how Californians are notorious in the eves of Midwesterners for being engrossed in "experiences" rather than goals or destinations. They asked me if I knew how many Californians it takes to change a light bulb. The answer was "Five: one to put in the bulb and the other four to 'sharethe experience!""

They may go a little overboard, but their idea is a useful one for

those of you who would like to get more done. After all, putting things off is rooted in fear. Think of it as a simple math formula: procrastination = fear.

Fear of what? It may be fear of success or fear of failure. It is often a fear that the anxiety and failure you experienced at various times during your first 12 years of schooling will happen again in the present or future. As you dwell on these movies from the past, they take over your mind so that you cannot concentrate and get moving on the task at hand.

Dr. Jerry Jampolsky (an admitted Californian) writes in his book "Love is Letting Go of Fear," that one way out of this mess is to realize that this instant is the only time there is. Neither the past nor the future can touch you.

He goes on to say that you can use positive, active imagination to start some fresh new films running in your mind.

Replace those old nail-biting flicks with images of yourself enjoying your studies and doing them a little at a time. Say to yourself every time you think of a particular assignment or midterm, "It's going to be a good one." As you send these optimistic mental messengers out ahead of you, you will also spread encouraging visions to those around you. You'll be moving on your studies in no time.

### Non-commencement program will be held at MSU May 12

should be graduating but won't, will. Sort of.

Jeff Hinz and Jim Hardwick, both seniors, are putting together a "noncommencement" program May 12 for students like themselves who won't be receiving diplomas with their fellow classmates.

MSU President Dr. Roland Dille will give the presidential address; the Student Senate president will deliver the welcome; the MSU concert choir will sing the alma mater and the names of all non-graduating seniors and the degrees they won't receive will be read by two academic deans.

It'll be a distant replica of the university's official commencement May 20.

Hinz and Hardwick aren't alone. Because of economic pressures, more and more students are lightening their classloads to squeeze in part-time jobs. Others are changing majors to fit a changing economy. As a result, many don't have enough

(NS)-Two MSU students who mall. Hinz and Hardwick estimate that between 100 and 200 seniors won't receive degrees that afternoon.

> Any cap and gown is acceptable, they say.

> The MSU wind ensemble will play the processional and recessional. Lois Selberg, assistant vice president of academic affairs, is the commencement speaker.

Following the ceremony, the student union program board will host an ice cream social on the mall.

### Friends From Page 1

Peter Geib from MSU is also working on this project. Zimmerle said Geib's group is collecting signatures from students and it feels it can get at least 600 people to sign the petition.

"We want to get SU to do something similar." he explained. "We want people to take that one minute to sign a petition. I'm sure, with few exceptions, that every student on campus, if presented with a petition, will sign it. We want to give them the opportunity to do so."

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credits or pre-requisites to graduate even though they've been on campus four years.

"A lot of us so-called fifth year students who didn't get through college on schedule are going to be in the slumps watching our friends graduate," said Hardwick, a marketing and political science major from Fargo. "We'll see them graduate, but they won't see us."

So over lunch a few weeks ago, he and Hinz, a marketing major from Perham, Minn., came up with a plan they hope will ease some of the trauma of being left behind.

p.m. that Thursday on the campus

Zimmerle and his group will be setting up a table in the Union tomorrow with petitions ready to be signed. He feels the petitions will almost be more important than the letters, because a paper with so many names on it has more effect than single letters.

However, Zimmerle still strongly urges all students to take the time to write the letter.

"So," Dimitriu said, "if the The non-event is scheduled for 2 students will make the effort, maybe there is hope."

Spectrum/Tuesday, May 10, 1983-3

# EDITORIAL

Hey, consistency isn't everything. We have a few suprises for you this issue and, depending upon the feedback we get, they may become regular Spectrum features.

If you see some things you like let us know and we'll see what we can do to make them a part of our paper on a regular basis.

Today's issue contains two editorials-both written by current Spectrum section editors.

I believe staff members should have an opportunity to express views, especially when they are not allowed to write letters to the editor.

In this instance, I agree with the sentiments of both, so they appear under the editorial heading.

If I did not agree with the basic premises of these editorials, they would have appeared under an Opinion heading. Beginning next fall, the opinion column may be offered as a public forum for those who would like to pursue topics outside of a letter to the editor.

Also in this issue you'll find a column by Dennis Krause about studying skills. This is the only free column we get-we'll have to pay for them if you want to see them once a week.

We'll also be cutting back by not reordering the College Press Service materials. We'll also be losing the crossword puzzle and the editorial cartoons, but we'll see what we can do to get Mike Peters back.

Be sure to look at the fiction story called "Still" in this issue. If the response is good, we'll work on publishing fiction and short stories by local authors.

Hey, folks-it's your newspaper. We're looking for suggestions for next year. We'll be doing the best we can with the funding we get, so let us know what is most important to you. don't care about what goes on at SU

### Apathy runs rampant on our campus

It's trivia time. Here's the question: Do you know what major campus event was held on May 4? No, it wasn't the Barbara Mandrell Concert. Wrong again, it sure wasn't the Bison alumni football game.

The correct answer is it was campus election time. "What?" you say. In case anybody out there in studentland didn't notice, voter turnout for the recently-held elections amounted to a whopping 11 percent!

This makes me wonder if that is the same 11 percent who consume all of the on-campus meals or if it is the same 11 percent who participate in extra-curricular activities. Do only 11 percent of you read the Spectrum? How about attending campus sporting events? Is that you guys again?

We don't have a silent majority at SU, we have a totally (well, 89 percent anyway) non-caring student body when it comes to where their activity money spent.

What the student body is saying in effect is "Let's just leave it up to one out of every nine of us to decide the fate of our activities funding. We don't have the time to stop and fill in the names of people we have never heard of on some rinky-dink ballot. We don't know, and what's more, we 4-Spectrum/Tuesday, May 10. 1983

other than that which is inside the realm of our individual lives."

We cry about educational budget cuts, we criticize the parking situation on campus, we lament about the sizes of our classes and the performance levels of our teachers...but we really don't care. After all, we'll be out of this joint in a couple of years, so what the heck?

It will probably take something drastic to wake up the student body. Maybe the complete abolition of student government by the administration would do it. The administration could easily handle the task of deciding where the student activity money should go. The students would then have one less concern and could go meekly about their studies and spend more time on selfcentered activities.

They could do away with Campus Attractions and the Spectrum and they could outlaw sorority and fraternity life. Maybe by then the percentages of students who cared might be in the 40 percent range.

The removal of one or two more major activities, such as athletics or music, might turn the trick, and by golly, the percentage might finally go over the 50 percent mark.

**Eleven percent! IT STINKS!** 

Maybe it's pointless to be writing this. The 11 percent who took the time to vote are probably the only ones reading this. The remaining 89 percent are out practicing their noninvolvement for their later lives.

You know the types. They're the people who can't tell you who their representatives in Washington, D.C., are (let alone in Bismarck!).

It's said that ignorance is bliss. If that's true, we surely have one of the happiest campuses in the nation! **Rob** Wigton

### Keep an open mind on different reliaions

In a world that is becoming more crowded every year and with tempers growing shorter at the same time, it seems like every organization is involved in some method of bridging the gap between people or at least they profess to be.

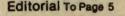
There seem to be two ways to accomplish this goal.

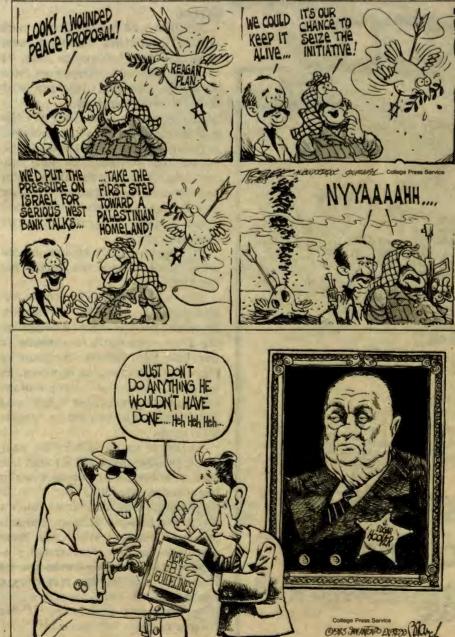
One way is to accept the fact that people have legitimate rights to social systems, religious practices and personal dreams and then try to understand these rights so that, suddenly, other cultures and religions and dreams do not seem so strange.

The other way is to force others into believing the same things, turning our planet into one great homogeneous culture with no uniqueness.

This is what Hitler tried in Germany, the United States tried with the Native Americans and in Vietnam and what the Soviet Union is trying in Poland and Afganistan. This same goal of homogeneous beliefs is also being used by many religious organizations at SU in an attempt to make everyone believe in the same things.

Even as these groups speak of human rights, they don't allow people from other cultures to believe in





### Corrections

We apologize for incorrectly ing Chuck Morse's name in the May 3 issue of the Spectrum.

The Spectrum sports ..... photographic staffs wis apologize for the insertion the wrong photo under the Tom feature in last Friday's issue. 10117 was incorrectly identified a discus hurler in the photo.

to

In Wednesday's student elections, the resolution moving all st ud an 1 elections passed 584 to 212. Student Court had incorrectly announced that the resolution had failed to the two-thirds majority.

Both Matt O'Keefe and Pribula were elected to BOSP. ding to student body president Johnson. There were two pos tions open and the two were the only candidates.

# PECTRUM

Spectrum is a studen newspaper published Tuesdays Fridays at Fargo, N.D., during the s year except holidays, vacations, an amination periods.

Opinions expressed are not necess those of university administration, fa or student body.

The Spectrum welcomes letters to editor. Those intended for publica must be typewritten, double spaced an longer than two pages. Letters are due by 5 p.m. Friday Tuesday's issue and 5 p.m. Tuesday fo day's issue. We reserve the right to sho all letters. They will be copyedited for vious grammar, spelling or punctuation vious grammar, spelling or punctuatio

Letters must be signed. Unsigned le will not be published, but names ma withheld by the editor in special cumstances. With your letter please clude your SU affiliation and a telep number at which you can be reached. Spectrum editorial and business off

are located on the second floor, south of Memorial Union. The main of number is 237-8929. The editor can reached at 237-8629; editorial st 237-7414; Business advertising mane 237-7407; and sales representativ 237-804 237-8994.

The Spectrum is printed by Southeast Printing, Casselton, N.D.

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Business advertising	
manager	Derrick Norwo
Office manager	Poggy Con
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	Deur Ander
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## Spectrum Opinion Poll

What prompted you to play in the Alumni game?

camaraderie."

I just came down for the

Answers complied by Kevin Casselia with photos by Bob Nelson



Jerry Houle class of 1958

"Nostalgia, I was here in 1965-66. A bunch of us decided to get together and play one or two plays. But we're having so much fun, we decided to play the whole game.

> Al Quinn Class of 1966

"It's the chance to meet all the friends you've played with. It's fun for us because it's about the only time a lot of the guys get back to town.'

Jon Walter class of 1977

"Just to play with the guys-just to have fun.'



Dan St. Onge class of 1978



"Just to meet old friends."

class of 1974

"I enjoy coming back and playing against the new guys and seeing the old guys. As long as I stay injury free, it's a pretty good time."

**Tim Jaske** 

### light-hearted play, 'Kiss Me Kate' · By Joan Antioho

**Community Theater performs** 

Most people don't connect Shakespeare with light-hearted dancing and singing.

But the F-M Community Theater's production of "Kiss Me Kate" is a play within a play that shows dancing, singing and some uproarious situations all under the guise of Shakespeare's "Taming of the Shrew.'

The story revolves around members of an acting troupe that travels to Baltmore to put on Shakespeare's "Shrew."

There is a divorced couple who play opposite each other in leading roles, a vivacious blonde who loves trinkets and baubles even if she has to "play" for them, an addicted gambler and two gangsters who are looking for a culprit they think owes them big money.

The show has non-stop one-liners and a touch of slap-stick comedy.

It's definitely one of the best romantic musical comedies ever written. Music and lyrics are by Cole Porter.

The show has scenes with blues music when the actors are backstage between the scenes, singing and dancing about their real lives.

While on stage they performed some love songs and then contrasted

### Editorial From Page 4

their own concepts of the Divine. They confess that "Jesus is the only way" for everyone and that those who don't follow his teachings will be "condemned to hell for eternity." Hence they must "save the nonbelieving souls before it is too late."

Even as they renounce the fearcausing propaganda of the communists and the forced conversion of people to political systems they don't want, they prey upon the minds of others through propaganda stating that only through belief in the master Christ will a person be worth anything or be a "success or a failure" as I have seen recently. (Even if this was not the intent of the posters on campus, they still carried that message to people with religious beliefs different from the views of Christianism.)

Furthermore, in titles such as The Way, Crusade or other names for these movements, they show not only intolerance of different beliefs but also a fighting desire to convert others to their beliefs and practices using any means at their disposal.

From the Merriam-Webster Thesaurus, synonyms for crusade are fervent, impassioned, militant and propagandizing. From our history, the crusades of the Middle Ages represented conversion by the sword, rape and pillage of the poor and weak and the prejudice that has remained almost unequalled in the history of man.

Is this the way to introduce others to the richness of the Christ's words-through fear ("Only Jesus can save your soul"), through pre-

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RECORDS

those songs with numbers such as "I Hate Men."

The acting was superb and the singing is definitely top-drawer. Many of the cast members belong to the Red River Dance and Performing Company so the dance numbers were performed with the utmost in grace and style.

The set was designed to be used as a dressing room-backstage area and when drapes are drawn in front of the dressing tables, it turns into the Baltimore Theater "Shrew" set.

The costumes for both the backstage scenes and the on-stage action were basically simple-exactly as they should have been. The actors wore leotards and tights backstage and elegant finery of the Shakespearean period while on stage.

I haven't had an evening of entertainment yet that tops this humorfilled professional production of "Kiss Me Kate." The audience loved it.

The show continues May 11 through 15 and 18 through 22. Tickets can be reserved by calling the FMCT box office at 235-6778 from 11 a.m. to 5 p.m. Monday through Friday.

"Kiss Me Kate" is one absolutely painless way for you to brush up on your Shakespeare.

judice (the concept of the pagans versus the Christians) and through ignorance (Christians are statistically known for their lack of readership or even interest in the Koran, the Bhagavad Gita and the I Ching).

Personally, I find it hard to believe that the Divine would be so cruel as to only send one person to teach the entire planet in a span of 33 years without the aid of modern communication so people at least could have knowledge of his teachings.

I myself follow the words of the master Jesus the Christ. I also follow the teachings of the master Confucius, the master Krishna and the master Mohammed, among others.

After all if one takes the time to read the writings of these great men. he will find that they are not really so different, with differences only occurring so that the religion can synchronize with the cultures to which it was sent.

So instead of criticizing the religions of others, why not try to understand and use the phenomenal suggestions in them to live better lives?

Instead of trying to save other people's souls, why not try working on your own? Instead of judging others, why not try looking at yourself and working on your own relationship with the Divine-whether you call it Allah, God, Brahma or Divine Mother and Heavenly Father?

In fact, a wise master once said something to that effect-"Judge not, lest ye be judged."

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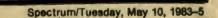
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# LETTERS

### Citizens can speak up on traffic situation

There has been concern over the traffic situation on campus. A recent article involving a study of the traffic problem showed that students had an interest in improving the situation by offering suggestions, such as increased police enforcement and traffic control signs. One suggestion not mentioned was the citizen complaint process.

The citizen complaint process is a form of law enforcement that can be used by the public. It consists of reporting the incident, such as reckless or drunk driver or any other type of criminal behavior to the police and positively identifying the offender.

The next step is for the citizen to swear a complaint against the individual before a magistrate, usually the municipal judge.

The offender named in the complaint is then contacted or served with a warrant to appear in court to answer to the charge.

The process may sound simple. but some cautions are in order at this point. The major reason people do not invoke this process is because they are not prepared to invest the time and effort.

For example, it takes time to report the incident to the police; it takes time to go to the judge to swear the complaint; it takes time before the case goes to trial and it takes time to testify in court.

If, for some reason, a person files the complaint and later drops the charges or fails to appear in court to testify, the judge may issue a contempt of court citation against that person. This is a safeguard against abuse of this process.

People are very willing to press charges at the time of the offense, but often fail to realize the amount of time and effort involved. To invoke this process, one must be willing to make the investment.

> **Dean Mueller Communications 482**

### War is part of life and shouldn't be ignored

In response to Kevin Swanson's letter (May 3, Spectrum), he was "offended and upset" by pamphlets detailing the recent massacre of civilians in Lebanon and thought the exhibitions were "tarnished by the distribution of certain literature." He failed "to see how this...fits in with the theme of International Day."

For your information, Mr. Swanson, there is a war going on in Lebanon and Israelis are occupying the country. People like you who have never lived in a war-torn country don't realize what it's like-today's culture in the Middle East includes war.

War is a way of life; it is the life. To display Lebanese or Palestinian food, art and clothing without mentioning the war would be like showing American culture without cars. Even if you don't want to acknowledge the war, it's there all around you.

The literature is not "lopsided and distorted." It states the facts as seen by the residents of Lebanon. This is the other side of the story you hear told by the Israelis and Jewishcontrolled American newspapers and television.

Was your spirit of International Day "abused" because you were informed of realities that some non-Americans face in their daily lives? You can't know anything about Lebanon without knowing about the WAT.

Perhaps you, Mr. Swanson, should stay home and watch "Sesame Street." It has no violence of reality and it may teach you something worthwhile to discuss.

Don't talk about politics when you don't know the whole story. Keep your eyes and ears open and your mouth shut-you might accidentally learn something.

> Nasseem Shami civil engineering

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6-Spectrum/Tuesday, May 10, 1983

# ndoor tanning facilities available in F-M area

#### By Linda Morken

When the temperature nears the pdegree mark, the campuses and erks seem to be flooded with bodies rying to get tan.

The reasons for tanning vary from imply trying to mask white flesh to dearing up acne.

"People come in to get a tan for a of reasons. Special occasions ach as prom, vacations and various sealth problems are all reasons for sing our tanning beds," said Julie weten from the Sun Health Centre. The Sun Health Centre uses a taning method that artificially

CLIPS

#### Libra

Final meeting of the year will be held at 6:30 p.m. May 10 in FLC 319.

#### SOTA

A special coffee honoring SOTA graduates of '83 will be from 9 a.m. to noon Friday in the Home Economics Founders Room. A picnic will be at 5 p.m. Friday at Oak Grove Park, main shelter.

#### **Student Opportunity Program**

The second organizational meeting of special services will be at 9:30 a.m. Wednesday in Ceres 402.

#### **Congress of Student Organizations**

All campus organizations are requested to check their mailboxes for new officer lists. Fill out the forms and return these to the student government office immediately.

#### Scholars Program

A Forum lecture is scheduled at 8 p.m. May 12 in the Union Crest Hall. Dan Dimitriu, mechanical engineering graduate student and former international businessman, will speak about "Why I Left Romania."

#### **Blue Key**

Members don't forget to be at the Union no later than 4:45 p.m. today for the Doctor of Service Banquet

#### **Business** Club

The club's picnic food committee should meet at 6 p.m. Wednesday in the Union Forum Room.

#### **CDFR** Club

Members will have a picnic for their last meeting before summer. Members should bring their own meat for grilling at 5 p.m. today at Nancy Gunderson's. Meet for a ride



duplicates the UV-A tanning rays of the sun. The amount of time it takes to achieve a tan by this method varies with each individual's skin tone.

The Food and Drug Administration says tanning beds can be used by an individual 30 minutes of every 24 hours, Tweten said.

Medical reports show that overexposure to the ultraviolet rays of the sun can cause sunburn and, in some cases, lead to skin cancer, said Pat Thompson, an area nurse.

If people insist on tanning, they should use caution and avoid the

at 4:45 p.m. in the first floor FLC lobby.

#### **Mortar Board**

Members are invited to a spring picnic at 4 p.m. Friday at Oak Grove Park.

#### **Music Department**

A senior piano recital is scheduled for 8:15 p.m. Saturday in Beckwith Recital Hall.. Works include music by Chopin, Mozart, Debussy and Clementi. Admission is free and a reception will follow.

#### NSSLHA

Meet at 5 p.m. today in Minard 100. May is Better Hearing and Speech month, and free speech and hearing checks are available for everyone from noon to 4 p.m. Wednesday.

#### **Racquetball Club**

A spring picnic is scheduled for noon Saturday. Call Bill for more information at 241-2183.

#### Society of Physics Students

Final meeting for the year is at 7:30 p.m. today in South Engineering 205C.

#### Soil Judging Team

A soil judging weekend trip to southeastern Minnesota August 6 and 7 is planned. Those who would like to attend contact Dr. Foss, Mike Timpson or Martin Rosek in the soils department.

#### Spectrum

All 1982-83 Spectrum staff members and contributors are invited to an awards ceremony and party at 4 p.m. Thursday in the Ceres Hall fourth floor gymnasium. Awards will be presented and refreshments served.

Tri-College Flying Club

times of day when the sun's rays are most intense—between the hours of 10 a.m. and 3 p.m., she said.

"The use of a sunscreen will help prevent burning while still allowing tanning to take place," said Greg Sletten, pharmacist. "Burning is what you really want to avoid."

Becky Burgeson of the Sum Tan Parlor said by using the tanning booths there, the rays have the same effect on one's skin as the sun but the intensity is such that one-minute is equal to approximately one hour in the sun.

"I always recommend starting out with a good sunscreen," Burgeson said. "If you start out with an oil, the chances of burning are much greater until a good base tan is established."

The amount of time an individual can safely stay in the sun without burning is largely a matter of one's skin tone. People with blond hair and light complexions are particularly susceptible to sunburn, Thompson said. Another reason tanning parlors are used in place of the sun is to beat the bikini season.

"The busiest time for us at the Sum Tan Parlor are the months of April and May," Burgeson said. "People want a head start on the tanning season."

The cost of using a tanning parlor varies. With the use of tanning beds, one can expect to pay about \$3 per 15 minutes. Generally a tan can be achieved in about 10 to 12 sessions. The sessions start at 15 minutes and build up to 30 minutes.

"After à tan is established, we recommend sessions about once a week to maintain it," Tweten said.

The tanning booth method used at the Sum Tan Parlor is slightly less time-consuming and the price varies.

The tanning parlors are used by people of all ages and both sexes.

"When we first opened, there were more men than women using the facilities, but now it's pretty much an equal ratio of men to women," Tweten said.

# PGS is prevalent among many women graduates

Editor's note: A senior's last days in school may, by necessity, be her most productive days, but sometimes papers and projects aren't always the product. Emily Pederson, a senior in home economics from Fort Ransom, N.D., doodled this during one class last week.

# **Pre-Graduation Syndrome (PGS):** a common mental disorder affecting mostly women, usually in its most severe stages three weeks prior to college graduation.

After the onset of the graduation, the disorder is termed "postgraduation syndrome."

Women experiencing this emotional anxiety seem to have many physical accompaniments such as water weight gain, brain cramps, despondency, unusual cravings for Peanut Buster Parfaits and an uncontrollable desire not to exert physical exercise beyond what is normal to eat and sleep.

PGS women almost always have no male counterparts and are sexually-deprived, but tend to cover these frustrations by saying, "I am a tough woman."

PGS sufferers have no long-term certainties and tend to fantasize about goals of stimulating careers, a happy home life, two cars (both without outstanding loans), a husband who climbs a step of his career ladder every month and makes a net income of not less than \$75,000 each year and knows every legal tax loophole and has connections at Wall Street who informs him before Merrill Lynch. A PGS woman wants to be actively involved in social sororities, church organizations and travels extensively to support these groups. She wants two average children who are socially admired and who exhibit no intentions to be socially rebellious by experimenting with drugs and alcohol and who are not molded by peer pressure.

and the worst being-the arrival of their gowns and mortar boards.

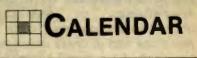
The symptoms of pre-, during- and post-graduation syndrome will subside with time.

Studies show distress lessens after two or three years or after the registration of graduate school, a romance with a doctor, lawyer or engineer or the winning of a milliondollar tax-free lottery.

Two new drugs are being slowly accepted to help ease the pain of PGS.

They are marketed under the names "Gradprim" or "Gradol," which help the most when women need just a little extra.

Doctors still recommend large doses of men, money and merrymaking as the best remedies for this hated disorder.



#### Tuesday, May 10

-Blue Key Doctor of Service Award Banquet, 6 p.m., Union Ballroom. -Continuing Studies Workshop. "Fact and Fiction: Writing is Fun. Writers Talk about Writing," by Agnes Geelan, 7 to 10 p.m., FLC 122.

#### Wednesday, May 11

-Jazz Ensemble concert, featuring

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general meeting at 7:30 p.m. Thursday in FLC 319.

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PGS women experience toxic shock similarities when they receive their final graduation information letters, pickup their announcements guest soloist Roger Pemberton, 8:15 p.m., Festival Concert Hall.

Thursday, May 12 —Men's and Women's Glee Club concert, 8:15 p.m., Festival Concert Hall.

Friday, May 13 —Honors recital, featuring selected student performers, 8:15 p.m., Festival Concert Hall.

Sunday, May 15 —Men's and Women's Glee Club Concert, 4 p.m., Festival Concert Hall.

Spectrum/Tuesday, May 10. 1983-7

Editor's note: The following fiction story is by an SU bacteriology student. He hopes to become a published author in popular magazines, but for now he's sharing his talents with us. The Spectrum may be publishing more locally written fiction next fall. Let us know your reaction.

"I sometimes wonder whether humanity has missed the real point in raising the issue of mortality and immortality-in other words, whether mortality itself may be a finite illusion, being actually immortality and, even though constructed of just a few 'years', that those few years are all the time there really is, so that in fact, they can never cease."

Guy Murchie, Music of The Spheres

#### **By Bradford James**

The walls of the capsule shivered again, pressure gauges reading off the scale-he knew he couldn't take much more of this-whatever it was. Houston told him not to worry, that all systems were normal. Nonetheless, he was sure the ship could not withstand this kind of force much longer and was in danger of rupturing from the stress.

Something strange had happened during the morning. Subtle tremors had awakened him and he'd seen what looked like a streak of light in the distance, as if space had torn apart for just an instance and then closed again. It had happened twice more since that first time and each occurrence seemed to bring him closer to the source. The nearer the light, the more disturbances he encountered. His life support systems were going awry and worsened with each shudder of the capsule.

Houston was no help at all. They saw nothing out of the ordinary and kept telling him to remain calm. Why couldn't they see what was happening? Was he going crazy? He'd been up now for 268 days, maybe he was getting too restless or spacehappy or something. Sometimes he wondered if he was just some sort of crazy isolation experiment. Four months ago when he'd nearly had to abort the mission because of some weird turbulence all Houston had cared about was his "response to the situation." At least that time they'd acknowledged something unusual was going on. This whole damn project was starting to get to him. Everything had been shrouded in secrecy from Day One. And then Lift-off day-no warning ... from stand-by alert to the launch pad in an hour. There were lots of others too, he'd been part of a network shot up that same day...he wasn't sure how many. Somebody else had to be encountering this phenomena. He wished he could contact the other ships but once they were off all contact had been severed-they were on their own. They'd trained like crazy to make things work but had never been told exactly what it was they were really doing. They knew how to fly the craft, store data and send it to Houston but that was about all. They weren't even told how long the mission was meant to last. Everything was kept confidential. Others had gone up before but no information on their missions had been released. For all he knew they were dead...for all he knew everybody was dead!

His wandering thought slammed to a halt when his capsule was hit by another wave of force. The hull felt as though it would buckle for sure. The equipment pod connected to the ship broke free despite silent protest from the thin support rods. It left a trail of sparkling debris as it hurled toward the growing fissure of light. His control panel lit up telling him that his life support systems were faltering again. The systems board indicated that the problem was a series of valves on the hull of the craft. If not repaired quickly the system would fail and the ship was beginning to gain speed, following the trail left by the equipment pod on its brisk sojourn into the fissure of light.

Quickly he suited up and connected a life support line to the reserve oxygen tanks. The hatch was difficult to open but finally he

freed it and stepped out onto the craft. He could feel the pressure of the escaping gases that left with him as the ship decompressed. The light from a faraway star illuminated his side of the craft but as he made his way to the valves he realized they were on the Dark Side and would be difficult to locate. The intermittant bursts of light from the fissure were all he would have to see by once on the Dark Side. He felt he was near the valves when suddenly the fissure of light opened again and the craft shook violently. The ship's speed was now tremendous. A large portion of the nose cone broke free and left the craft. The shock buckled the panel beneath him and threw him off balance. He grabbed for something to hold on to but all he could catch was his life support line. He struggled to right himself but couldn't. The light was growing increasingly brilliant. Then he realized he'd become entangled in his life support line and wasn't getting any more oxygen. He struggled and fought but as he got nearer the light the pressure became so great that he could not move. The fainter his lack of oxygen made him, the more intense the light grew. He felt very close to death.

Impact. He'd flown head lon the light, hopelessly entangled cord, his ship trailing somewhere off in the darkness light lasted only a moment. somehow that moment seeme finitely long. It was a strange li it hadn't really been a light at was more like another univer dimension of reality or an exist he'd never imagined. He things-colors and forms sharp and powerful than any known. He heard sounds loud crisp-sharp, sounds that hit him thunder and razor blades. amazingly of all he things-things he couldn't touc could only understand ... smiling shadows that wound their through his mind and lit little fire in his brain...touched his soul.

OFE

10.00

but

The light had been brief-an tant of eternity. Now it was gone wasn't sure where he was. It dark and very cold. It was da than any night and colder than death. He felt nothing ... odd, t cold but not feel it. Where had light gone? His ship? The stars' He considered it forever

reached no conclusions.

# Realtors and SU personnel discuss pros and cons of living in off-campus housing

#### By Joan Schlegel

After their freshman year, many students look to off-campus housing as an alternative place to live. Having more personal space, privacy and freedom are benefits students look forward to. Some students claim they save money living off-campus, but transportation and less daily interaction with friends are two of the disadvantages.

"It's hard for students to get decent off-campus housing," said Josh Rawlings, president of Associated Brokers in Fargo. Some renters are hesitant to house college students.

Home owners are wary of the possible parties, loud noise and lack of care to the house" by some students. "Most property owners want stable, year-round tenants," he added.

Lack of parking space is another problem students have.

"One thing students need to consider is the compatability of roommates," said Joe Bennett, assistant property manager of First Realty in Fargo. He explained the situation in which several people move into a house or apartment and later one or two decide to leave. The result is 1..... \*\*\*\*\*\*\*\*\*

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that remaining tenants are faced mentioned the mandatory residence with a large rent bill that they are liable for until the lease expires.

Few students buy houses because of the high cost involved. Most are in Fargo temporarily and plan to move after their schooling is completed.

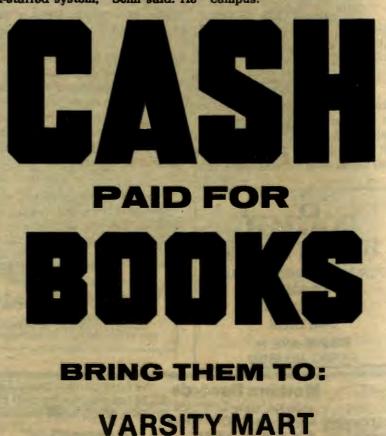
Housing on campus is provided for more than 40 percent of the student body, said Norm Seim, director of housing. The residence halls provide 2,747 beds plus additional temporary rooms for overflow students. Married students have University Village with 245 apartments available. Bison Court has 59 apartments.

"We feel we have an adequate, well-staffed system," Seim said. He requirement for freshmen beneficial to them because they aquainted with the system and n friends."

The office of student affairs provides a list of available apartments and houses for those needing information.

Students considering off-campus housing should contact the finan aids office because residence affect the amount of financial aid awarded.

Bruce Anderson, a financial officer at SU, said students usu lose award money even if off-cam housing is more expensive than campus.



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8-Spectrum/Tuesday, May 10, 1983

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# **ENTERTAINMENT etc.**

#### By Dane Johnson

Having spent a career donning masks and acting existentially naurotic, David Bowie's "Let's Dance," released by EMI-America, is a tightly composed album outlining his perceptions of living and surviving in the 20th century.

Bowie successfully attempts to put words and complementing music to his life's ups and downs and his ever-changing thoughts and emotions toward himself and others.

Bowie opens the album with stimulating beat and a harsh criticism of "Modern Love." He complains about hearing the same old news with a different cast of characters. Modern love to him is nothing but a game and he wants no part of it.

"Modern Love" doesn't limit itself strictly to interpersonal relationships. Bowie also lyricizes against America's superficial modern love of God and church.

Bowie's unique cutting lyrical vocal style is apparent in the second track on the album, "China Girl."

"My little China girl, you shouldn't mess with me.

- I'll ruin everything you are.
- I'll give you television,
- I'll give you eyes of blue, I'll give you a man
- who wants to rule the world."

The China girl feels differently. Bowie realizes that there can be relationships between vastly different people if the focus is on commonalities, love, respect and appreciation.

With this realization he wants to dance with his new "red" friend.

"Let's Dance! Put on your red shoes and dance the blues.'

The "synth-pop" '80s-style dance music one hears on the radio takes on a bit more meaning when taken in context.

Now Bowie feels the two of them make a great team and that the failure of one is the failure of the other in "Let's Dance."

"My love for you would break my heart in two if you should fall into my arms and tremble like a flower."

All 1982-83 Spectrum staff and contributors are



David Bowie: Let's Dance.

Photo by Kirk Kieinschmidt

When I expand from the individual level to the international, Bowie implies by focusing strictly on Western values and ignoring the Eastern way of life, both cultures fail.

Bowie ends side one by musically stating in "Without You:"

"There's no smoke without fire. You're exactly who I want to be with.

### Campus recreation at SU includes variety of sporting events

A Tri-College handicapped swim will be held Wednesday from 9 to 11 p.m. at the New Field House. The swim is open to all disabled students from the three F-M colleges.

Several Intramural tournaments were held over the past week at SU.

In soccer action, the Carcinogenic Llama took the title by downing West Hemospheric United, a team which was composed almost completely of soccer club members, 8-0. They also shut out the ATOs 5-0.

"We're playing for llamas all over the world," said Scott Hauck, the Llamas' playing-manager.

John Bardenwerper, who served as tournament director for the soccer portion of intramurals as well as the volleyball competition, said, "We are trying to build the intramural activities into what they once were on campus. There was a real lack of participation for a couple of years, but it looks like it's on the upswing again."

Bardenwerper said volleyball league play this year was excellent. There were three separate divisions composed of four teams each. The tournament was held May 5, with the Fellowship of Christian Athletes squaring off against the Internationals for the title.

Without you what would I do?"

It takes the cooperation of both flint and steel to get a fire going. Separately they are worthless. Bowie seems to say relating takes both male and female, Western and Eastern qualities for the development of fulfilling relationships.

Side two begins with "Ricochet," complete with tape trickery, anonymous voices and fast rhythmics. "Ricochet" is critical commentary on religious and monetary abuses.

Bowie, as I see it, seems to say Americans are waiting for something to come take their troubles away-the Messiah perhaps. It's not as simple as that. In fact, he says, attitudes like that are "the sound of the devil breaking parole."

"Like weeds on a rockface waiting for the scythe, ricochet. The world is on a corner waiting for jobs, ricochet. Turn the holy pictures so they face the wall And who can bear to be forgotten?"

Bowie in "Ricochet" seems to ask whether you can bear to forget habits that are damaging to yourself and others but which you continue because it gives you a false sense of identity.

Bowie suggests in order to survive in this century one must look beyond the surface and dive deep to find a clearer picture of reality. In "Criminal World" he gives his ver-

sion how he discriminated and survived.

"You've got a very heavy reputation.

but no one knows about you, low life. I know a way to find a situation and hold a candle to your high-life disguise ...

I'm well aware just what you're looking for.

I am no ordinary...

I am no ordinary...

Bowie is no ordinary person. After gaining a new sense of discrimina tion and awareness by diving deep into himself as he claims, he looks a how he has lived his life and his cor stant attempt to better himself.

He comes to the realization ir "Cat People" "I've been putting ou the fire (of pain and suffering) with gasoline.

With his rediscovered perceptions, he laments it's been so long on coming. "You wouldn't believe what I've been through" to get to this place better awareness and discrimination.

Bowie concludes the album celebrating his new-found freedom of thought and emotion. In his concluding song, "Shake It", he says, "I feel like a sailboat adrift on the sea. It's a brand-new day."

the But mystery doesn't cease for Bowie. He still wonders, "What's my line" in life? With his newly found sense of discrimination he will be able to surmount life's challenges skillfully and with love.

# THE ENTERTAINER

#### By Dane Johnson **SU Music**

**Tomorrow: SU Jazz Band Concert** featuring woodwind specialist and lazz clinician Roger Pemberton. The SU Stage Band is under the direction of Orville Eidem. The concert will begin at 8:15 p.m. in Festival Concert Hall of the Music Education Center. There is no charge.

Thursday and Sunday: SU Men's and Women's Glee Clubs will present a popular choral music show. The program also features the Varsity Line Singers and two new groups, the Singing Statesmen and the Carolas, an 11-voice women's chorus. This will be held May 12 at 8:15 p.m. and May 15 at 4 p.m. in **Festival Concert Hall.** 

#### SU Theater and Language Arts

Through May 18: SU Faculty Exhibition from the Applied and Fine Arts in the SU Art Gallery. Gallery hours are Monday through Wednesday 10 a.m. to 7 p.m.; Thursday and Friday 10 a.m. to 5 p.m. and Sunday 1 to 5 p.m.

#### F-M Art

SU Art

Through May 22: "Inuit Art from Private Collections" will be displayed at the Rourke Gallery.

Mass cast resin This week: sculpture by Catherine Mulligan will be displayed at the Plains Art Museum from 1 to 5 p.m., Wednesday through Sunday.

Through May 20: Swedish Glass Exhibit can be seen at the Center for the Arts Gallery at MSU.

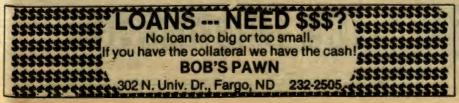
### invited to attend a Spectrum Awards **Ceremony and Party**

4 p.m. Thursday, May 12 Fourth Floor Gymnasium Ceres Hall **Refreshments will be served** 

FCA claimed the championship in a two-hour marathon march. The Internationals were managed by Haroun Dosso, while Scott Gartland handled those chores for FCA.

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Today: Agnes Geelan will instruct a workshop titled "Fact and Fiction: Writing is Fun." Geelan is the author of "The Dakota Maverick" and "The Ministers' Daughters." The talk is scheduled from 7 to 10 p.m. in FLC 122.

Tomorrow: The craft of writing poetry and plays will be examined in a workshop instructed by Joan Bades of Grand Forks, N.D. Discussion will also focus on the development of techniques and methods of revision. Participants are encouraged to br-ing samples of their work. The workshop is scheduled from 7 to 10 p.m. in FLC 122.

#### F-M Opera

Thursday and Friday: "House of Cards," an upbeat, one-act opera composed by MSU music instructor Henry Gwiazda and Elizabeth Haley will be presented at 8:15 p.m. in Weld Hall Auditorium. Also featured is a song cycle written by Gwiazda for David and Linda Ferreira.

#### **F-M Dance**

Mahkahta Dance Theatre will present its Spring Studio Performances Friday, Saturday and Sunday at 8 p.m. at 11 So. 8 St. in Fargo on the third floor. A \$3 donation is requested.

Spectrum/Tuesday, May 10, 1983-9

# A look at Native Americans and their beliefs

Feature editor's note: This is the first of a two-part series of articles dealing with Native American students in the F-M area and at SU.

The first of the series will deal specifically with Native American religious revival that is taking place on many reservations and the challenges that students who come from these tribes often face when they bring these religious ideas with them. It will also deal with the problems that these religious concepts present in our society.

The second part of the series will deal with areas of Native American student's life challenged by his attendance in a predominantly-white school such as SU.

#### **By Kathy Phillips**

Religion is a subject few college students give much consideration to other than the weekly trip to church or special occasions such as baptism or marriage. Yet it is often a subject of concern to those students whose beliefs are not as common as Christianity. These students include international-students, as well as American students such as Native Americans or black Muslims on campus.

One of these belief systems—the Native American traditional religions—affects many Native American students at SU.

"I've seen a revival of interest in the traditional religious concepts of the Native Americans," said Dr. Bill Brunton, associate professor of anthropology. "The native religious revival is partially a statement of Indian pride."

Brunton, who did his doctoral work studying the Kootenay (Kutenae) tribe with associations with the Nez Pierce and Hopi tribes, sees this revival among the youth of Native American people as stemming from two reasons, both of which have to deal with white concepts of religion that were forced upon the Indian nations.

"It is the context for what's left of their culture," he said. "To some extent, the religions they practice are to help maintain the integrity of their culture, since religion is a system of providing transcendental meaning to life."

Brunton also said the traditional religions, which are more individualistic in nature, give the Indian seeker a more concrete concept of the sacred world. He felt this is something many youths, not just Indian, are searching for.

"The search is similar to the fundamental Christian sects in that they are both searching for more subjective, individual experiences. A seeker can believe more strongly in the reality of his religion because he can say, 'I know that is so because I experienced it myself," he said.

Brunton said many people were returning to the traditional systems because Christianity deals in a more abstract plane, often in the distant past, which is not a characteristic of the Native American religions.

## Student Senate finalizes budget for second time

By Kevin Cassella

Student Senate finalized the 1983-84 student budget for the second time and passed a resolution protesting a large tuition increase at its meeting Sunday night.

Brad Johnson, student president, vetoed the original budget finalized May 1. He recommended increasing the Spectrum allotment and decreasing that for the Scholars Program.

Spectrum was granted an additional \$900 from the contingency fund, and the Scholars Program budget was cut by \$312 to \$607.

At Senate's May 1 meeting, Derrick Norwood, business and advertising manager, requested an additional \$2,300. Senate spent the better part of two hours debating a motion to grant it increased funds, but when senators couldn't agree on the amount, the motion failed.

"I think when we went through the budget (last week) we agreed that the Spectrum should get more money, but we didn't give them anything ... last week Senate did a very poor job," Johnson told the senators during his report.

At one point in the meeting, Senate discussed cutting the KDSU-NPR Plus budget and giving Spectrum the \$2,300 requested last week. The motion, proposed by Sen. Rick Olson, failed in a 2 to 18 vote.

Scholars Program representatives had also made a request for increased funding at the May 1 meeting, but the funds they received then were trimmed back Sunday, with the extra dollars returning to contingency fund.

'One more bill made its way 10-Spectrum/Tuesday, May 10, 1983 through Senate— a resolution protesting a large tuition increase.

As passed, it says in part that the senate "stand in strong opposition of this large tuition increase."

Thelma Pladson, government relations and student services commissioner, reported the Board of Higher Education might be seeking a \$246 increase at its meeting in Mayville, N.D., Thursday and Friday, so the resolution's first whereas noted that resident-undergraduate tuition could be raised "upwards of \$250 for the next two years."

(Peter Rice, student representative to the Board of Higher Education, said Monday tuition figures being discussed are \$170 and \$215.)

Pladson said the North Dakota Student Association plans to go along with the increase, but at the same time, protest faculty cuts.

After the resolution passed on a 14-2 vote, Johnson questioned the wording of some parts, and whether or not the resolution would reach the Board of Higher Education before its meeting this week.

A motion was made to rescind the resolution, but it died for a lack of a second.

Following the meeting, Olson said the resolution was written in haste and could be interpreted in many ways.

"If it is vetoed, I will not press to have it reconsidered," he added.

Senate approved the appointments of Amy Collison as student government secretary and Thelma Pladson as GRASS commissioner for next year. "In the religious 'vision quest,' the person witnesses acts of power happening today," he said, adding that the traditional religions have an advantage over most types of Christianity because they provide subjective, real experiences to the seeker.

Brunton said that during these stressful times, the Native American youth want more concrete concepts of religion. Although like any other religion, there are varying degrees of belief and he sees the traditional religions as offering a kind of stability to their followers.

"Indian people are not as troubled in matters of faith as many others in our present society."

Brunton also said the traditional religions are being practiced more than most non-Indian are aware of.

"The practitioner of the religion often believes that if he divulges the religion to an outsider, it will dilute the religion, robbing it of its purity and essence, he explained.

The persecution of the religion in the past by the missionaries and its present regard by many people as silly, superstitious and childlike has also driven the religion further underground.

"They saw their religion as being threatened by the missionaries and later rationalized (the secrecy) in other ways," he said, adding that because Christian missionaries often used their influence with the government as leverage with the Indian nations, Native Americans usually had little choice about their conversions to Christianity.

"By and large, Christianity has been disruptive to the Native American community," he said. "The missionaries were ruthless, forcing the religion underground. Backsliders (from Christianity) were even publically whipped.

"Religion is a core institution in a society—not something you can separate out," he explained. "When you disrupt a religious system, you'll disrupt the culture as well."

Although many of the tribes were willing to hear the words of the missionaries, they had different expectations of what they wanted from Christianity, concepts more similar to those held through their own religious beliefs.

"The Indians expected to acquire the beneficent power of the white man's God, because they saw the advantages the white men had over them at the time," he said. "U tunately, they got more than bargained for."

The traditional religions had deal with the new concept of an or nothing" religion that separ people into "pagan" "Christian." Although Na Americans wished to use some o concepts the Christian religions tained, this was usually not per ted by the whites.

"Religion must be accepted by conquered people in ways that meaningful to the domin culture," Brunton said, adding certain later movements of the to tional religions did use Chris concepts combined with the ne religions.

"The native religions are not p ly native, but are an amalgam o early shamanistic, magical religi borrowed Christianity and the que properties of a prophet."

The native religions of today similar to these religions, in com ing many different belief syste Brunton said.

"A man may wear a Christopher's medal, go to Mas Sunday and then participate shamanistic rituals.

"Although many felt they w Christians, they still believed spirits. The spirits were the pow that helped you when you were a and God was reserved for a death."

Brunton said the youth of today have to deal with their conflicting religious heritage in one of three ways.

"They can form an adaptive thesis of the two ideas (Christian and the native religion), or compomentalize the ideas, leaving so ideas for use on the reservation some ideas for use on the out world or they could just abandon native religion for another," he so adding that "many come back to Native American community in le life."

Brunton said the need for a native, traditional religion is something that is common for all tribes to retain their unique cultures, combined aspects of the religion such subtlery, respect and artistic beuty. He noted this especially in Kootenay tribe he studied.

"Without the Kootenay religi the Kootenay wouldn't Kootenay."



### ncrease in default rate on loans predicted percent, El-Khawas savs.

(CPS)-The U.S. Department of ducation should be "realistic" by racing itself for an increasing umber of students defaulting on heir federal student loan payments his year, says a top official with the Imerican Council -on Education ACE).

With this summer's job market skely to be the worst since World War II-campus job placement experts are predicting that even agineers and computer science rads will have a tough time finding work-many grads simply may not have the jobs (and the income) to begin repaying their student loans, ACE spokesman Bob Aaron says.

The default rate on Guaranteed Student Loans has risen steadily ince 1978 from 10.3 percent to 12.3 percent, according to the Department of Education.

National Direct Student Loan defaults, on the other hand, have been edging downward for the last five years from a high of 17.7 percent in 1978 to 15.4 percent last vear.

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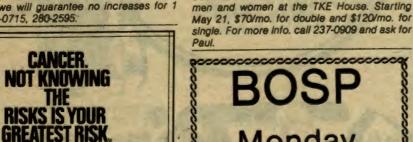
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by the federal government have helped ease the default rate, experts say.

But as the job market for college grads deteriorates this year, default rates could shoot up again, Aaron advises.

"Is it realistic to expect a student with \$10,000 worth of debt not to default in today's job market?" he asks.

"After all, with the kinds of jobs and salaries available, many students will be lucky to keep their heads above water."

Even searching for a job could take months, he points out, "and when you're starting a career there are certain start-up costs-moving expenses, clothing and other expenses-that have to come before repaying a loan."

But the number of grads filing for protection under bankruptcy laws could increase if the economy doesn't improve, says ACE policy analyst Elaine El-Khawas.

Right now the number of grads who escape repaying their loans by declaring bankruptcy is around 1

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"Most of those are genuine hardship cases," she notes.

Some are more desperate than others. In December a federal court turned down a former Wright State University student who wanted to repay the school just 1 percent of the amount she still owed on her loan. After 36 months, she would have paid back a total of \$14.82.

The court decided the former student, who is now a teacher who coowns some real estate in Ohio, hadn't shown "good faith" when she proposed repaying so little.

In what is perhaps a more typical case, however, a California federal court recently relieved a former San Diego State student of her loan obligation because the woman's nervous disabilities and hearing losses have prevented her from holding a job for long.

Students can't apply for bankruptcy protection until five or more years after the loans originally become due, Department of Education spokesman Duncan Helmrich points out.

We're not really making any projections on whether the job market will raise the number of defaults,' Helmrich says.

Even with the predicted tight job market, "they'll still have nine months to find jobs before loan repayments have to start."

Moreover, "most defaulters have jobs and just have a 'thegovernment-gets-paid-last attitude," claims Virginia Powell, a U.S. attorney in Philadelphia who has gone after a number of loan deadbeats there.

U.S. attorneys in Philadelphia, Cincinnati and Los Angeles have gone as far as towing away the cars of student loan defaulters.

And the Education Department last fall installed a new computer to help track down the estimated one million former students who still owe back loan payments.

Such efforts won't unfairly punish "real hardship cases," Powell says, 'as long as they keep in touch with the relevant agency and work out some kind of deferment plan."

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Daddy, are you READY. . . my Dodge and I are bring the salt!!!!???? Brown Eyes

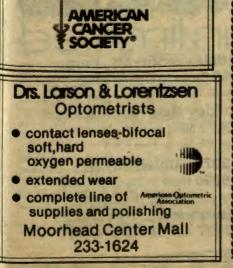
Mark - Here's to a great 4 years! Happy anniversary. Love, Beth

P.S. Hope you like this better than a sappy card.

Chris & Bob: Beep . . . Beep

Mark, Paul & Erik, Thanks a bunch for doing a fantastic job for us in Derby Days! The Gamma Phi's

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ALL MARRIED STUDENTSIII The last meeting of MSA for the 82-83 school year is Wed., May 11. Topics include movies, summer fun & finances, newsletter. All are welcome, room 320F, FLC, 7 pm.

FINALS SPRING COUNTRY SWING at Kirbys May 12-14. Dance to ALIBI.

Blaine - was Wed. good for you too? PB

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Good job, GAMMA PHi's, on winning the Overall in Derby Days!

Spectrum/Tuesday, May 10, 1983-11



12-Spectrum/Tuesday, May 10, 1983

# Bison football squad defeats Alumni, 21 - 8

#### By Rob Wigton

Coach Don Morton's Bison gridlers primed themselves for the upoming season with a 21-8 win over heir idols of old, the SU Alumni foothell team. The game marked the ulmination of a month of spring hotball workouts.

"Primed" may not be the right ford, as the team found the going mite tough. Alumni fumbles and the absequent varsity recoveries paved be way for two of the current quad's scores.

The varsity could muster only 150 pards of total offense, while the jums came up with 164 of their wn. But oh, those fumbles!

Two second-quarter touchdowns were made possible by the dropsies of the alumni quarterbacks. Jeff Willis scampered in from the 6 to cap a short drive after Marc Berger had recovered a loose ball.

Mark Luedtke's extra-point kick it the left upright and bounced back into the field of play. No good, right? Wrong. Being a practice game as such, the official making the call apparently felt an overwhelming desire to work on his "arms extended above the head" scoring signal. Varsity 7, old guys 0.

That was the second bad break for the alumni. Early in the first quarter they had a beautiful 76-yard interception return, including a nifty lateral, called back because of a defensive offsides call.

Dale Hammerschmidt dove one yard for the second varsity score, and this time Luedtke's kick was clearly good. However, many spectators and players alike waited for the signal, obviously looking for the "not-good" make-up call. It was not to be—14-0, varsity.

The half ended at 14-0 and ceremonies were held to introduce the returning alumni players. The ex-gridders were given the opportunity to state their names, hometowns, occupations and years played for the Bison.

Insurance and sales seemed to be the majority of the occupations, with coaching coming in a strong third.

The crowd of about 1,500 warmly applauded their past favorites. Local businessman and '78 grad, Dan St. Onge, summed it up for the alumni team by offering his business



Tim Marmon, left, Dan St. Onge, center, and Cliff Carmody, right, all relax during the half.



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Jeff Schale, 82, a '78 graduate, and Scott Vandevourt, 84, a '79 graduate both tackle Jeff Willis of the varsity team. Photo by Bob Nelson

slogan to the crowd—"We do good work!"

Meanwhile back at the game, Gary Barta, one of the three candidates for the quarterback position, was busy putting together the only thing resembling an offensive drive all afternoon.

Barta led the varsity on a 75-yard, eight-play scoring drive, capping the drive himself with a three-yard run. No controversy on the conversion this time, as Luedtke made it 21-0.

At this point the alumni team could have thrown in the towel, but no, from somewhere deep within themselves, they found that old Bison pride.

Mark Nellermoe hit Ray Tidd with a 18-yard scoring strike at the 10:45 mark of the final period. The twopoint conversion was successful with "Super T" Cotton hustling in for the seventh and eighth points.

The Alumni team had one more chance just a few seconds later after a Bison fumble was recovered. They ran out of gas, however, and had to settle for the 13-point deficit.

The game has to be viewed from the proper perspective. It was merely a chance for Morton and his staff to observe how some of the new athletes would perform in a game situation.

Of the three quarterbacks, Barta showed the most fire and determina-

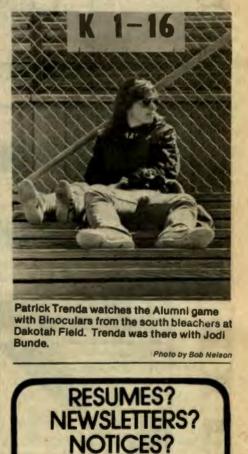


tion. Hammerschmidt looked adequate and still has the nice passing touch, zipping a completion through a strong wind in the second half.

Myles Bosch started for the Bison at the quarterback position but lasted only a short while due to an injury he received during workouts last week.

Individual statistics were kept, but they are relatively meaningless in this type of game.

The Bison named their '83 team captains on Saturday. They are seniors Dave Peipkorn, an offensive guard from Fargo; Steve Krause, defensive tackle from Wahpeton; and Tom Schockman, strong safety out of LaMoure, N.D.



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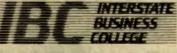
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Spectrum/Tuesday, May 10, 1983-13





Vembers of the Fellowship of Christian Athletes and the Internationals appear to be saching for a mid-air hanshake during their marathon two hour championship match. FC.A. won the match and the intramural title. For story see page 9.

Photo by Kirk Kleinschmidt



## Sportscaster comments on track coverage in area

#### By Bamson Fadipe

The lack of track coverage by the local media seems to keep the interest in track by area sports fans at a low level. The broadcast media in particular is more willing to cover the big-name sports like football, basketball and baseball.

Kyle Burd said that track is a tough sport to cover because the audience does not follow the action as easily as in the previously mentioned sports.

Burd is currently working as backup sportscaster to KXJB's Jim Adelson. Burd has been in the sportscasting business for two years. He is a native of Eayton, Ohio, and moved to the Fargo area four years ago.

Burd obtained his bachelor's degree from Metro State College in Denver, Colo. He is currently working toward his master's degree at SU. He has also worked in the past with the SU sports information department.

"Track is not easy to cover, because you sometimes don't understand what you're watching," Burd said.

He feels track really doesn't deserve a huge amount of coverage because the audience is not really familiar with the sport.

Burd also pointed out that it's difficult to cover track when there are about 15 different events running. At times, as many as six events will be happening at once.

"You see, we don't have this type of problem with the other sports we cover," Burd said.

His attitudes toward track

Anastasia

coverage are different than trackster Stacy Robinson's attitudes.

Robinson, SU trackster from Minneapolis, said track should get as much coverage as any other sport.

"I get upset sometimes about the lack of coverage on track; maybe I should use the word jealous, because I go out to practice everyday, putting in a hard workout like the other athletes do in the other sports," he said.

Robinson feels the media are prejudiced toward the sport of track.

"A reporter will never come up to a track athlete to interview him after he wins a race, but he will go into the football or basketball locker rooms to interview the players after one of their games," he added.

Some reporters say track shouldn't get much coverage because it doesn't bring any money into the school or community. According to Robinson, this is simply not true.

"Let's use the Drake University Relays or some of the California meets for example, where there are about 6,000 to 9,000 people watching who have paid at least \$5 per ticket," Robinson said.

The SU track team says due to the lack of coverage, it makes it very difficult for coaches to recruit good athletes and field a consistently good team.

If media coverage was strengthened, track would develop a much bigger following in this area, the team concludes.

### Johnson and Leutz bring home victories from NCC track meet

By Rob Wigton

Two SU athletes claimed big victories in the North Central Conference track meet held last week.

Linda Johnson won the women's heptathalon and Tom Leutz took the decathalon crown in the track event held at Sioux Falls, S.D.

Johnson outdistanced her nearest challenger by more than 550 points, as she won five of the seven events making up the heptathalon.

Her winning total was 4,890, far ahead of Cindy Lenners of South Dakota, who finished with 4,420.

Johnson qualified for the NCAA Division II track meet, which will be held May 23 through 28 at Southeast Missouri State. She qualified in both the heptathalon and the high jump.

Leutz won his second decathalon





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in two weeks by edging out Northern Colorado's Rod Rundell 7,314 to 7,124.

Leutz won four of the 10 events and finished in the top four in all the others. His effort was 24 points shy of the record-setting mark he established at the Drake University Relays in late April.

The remainder of the conference tournament will be held May 14 and 15 in Brookings, S.D.



Spectrum/Tuesday, May 10,1983-15

# Fitness craze apparent in clothing styles

By Kay Eide

Sportwear isn't worn only by athletes anymore. In fact, most people are buying the new-fashioned active wear for the comfort and versatility this type of clothing offers.

The fitness craze has sparked all kinds of styles and colors in the volatile active wear market.

'This year the comfortable cottonelasticized pants and short-sleeved cotton sport shirts come in a variety of color combinations and patterns.

"The sporting goods industry is gearing the sportswear market toward the woman, realizing that they're the ones who buy the majority of clothing for the family," said Lisa Bauduin, sales clerk at Advantage Sporting Goods of Fargo.

The athletic and leisure apparel has been combined into one category of clothing in most sporting goods stores. The athleisure wear ranges from nylon sweat suits to cotton running shorts. These items are found in department stores, sporting goods specialty stores and apparel specialty stores, she said. "The new sportswear has been

selling fantastic this year," commented Mike Anderson, consultant at Palace Clothiers in Moorhead.

"The college students are finding that wearing cotton pants and a polo shirt is more cool and comfortable in the summer than jeans and a shirt."

These positive qualities contribute to the excellent saleability of the new sportswear. Companies with a strong consumer brand identity have been doing very well with the latest active wear trend, he said.

"Large sporting goods companies such as Adidas. Nike and New Balance are recognizing the new markets for active sportswear and are manufacturing a wider variety of clothing options for the consumer," Bauduin said.

"They realize that this type of

clothing isn't necessarily meant to be played in," she said.

Many people are buying the new street wear items such as nylon sweat suits, for both working out and casual wear, Bauduin said.

Jogging is one of the sports that is coming on strong in the fitness craze. This is an indication of the lack of recreational funds families have due to the nation's poor economy, she said.

"More people are becoming involved in fitness and are shaping up for the better. These people want to look their best at all times, including working out," Bauduin emphasized.

Consumers are not really concerned about the performance capabilities of the sportswear because that is not the purpose of this type of clothing.

People are looking for a change in clothing and the new sportswear gives them the versatility they want, Bauduin said.

The active wear gives the wearer unlimited clothing options with its freedom of not being tied in with any particular sport, she said.

"Not only do students enjoy the new sportswear," said Jane Rabe, a fashion merchandising and fashion design major at SU, "but now you are seeing business people wear this type of clothing for a welcome change in their weeklong professional attire."

The comfort that is apparent in active wear stems from the nylon fiber blended into many of this vear's sweat suits. Bauduin said.

Nylon is popular in active wear garments because of its tendency to breathe and absorb perspiration while drying at the same time.

Cotton is always on the summer market in apparel, this year appearing in brighter colors and more

solids than usual, she said. "College students are really going

to the cotton-polyester blends in this year's sportswear for the simple reason it's easy to take care of," Bauduin said.

The assorted styles and colors in street wear is a plus for people who enjoy matching and coordinating a sporty outfit on their own. Colorcoordinated top and bottom sportswear is available for those shoppers who don't have the time to mix and match clothing, she said.

"Matching stripes on shorts, pants and shirts is quite popular with well-known brand names this spring," Anderson said.

"Manufacturers such as Adidas, Nike and Head are expanding from just the regular sports equipment they usually carry and are leaning 

toward consumers' needs."

Photo by John C

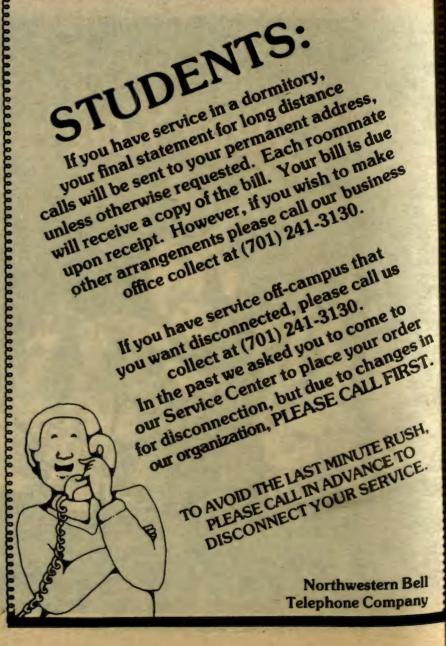
In a recent report from Frost s Sullivan, the research organizat that produces a biennial study on sporting goods market, expects increase in growth of sportswe and leisure apparel through 1985 The research also concluded sales patterns of fitness equipme and sales in active wear n correlating. The increase in sales sportswear has not affected sports market equipment as of ye

"If the fitness craze continues increase as expected, the sporti goods industry will develop new a different ways of keeping in she and new sportswear clothing to ke up with the fast pace," Baudu said.



ears comfortable sportswear, that is shown by Janelle Lord, creates a transitional look for both casual and active wear. The versatile styles and colers offered in the new sporty look this spring emphasizes comfort for the fashion conscious person.

# Separates and coordinates help in choosing different clothing options for a person's new sportswear atire. Photo by John Coler ENGINEERING SCHOLARSHIPS DEPT. OF THE NAVY OFFERING \$1100/month scholar-ships for exceptional students to complete their college degree. REQUIREMENTS Under 27 years old 3.0 GPA One year Calculus and Physics Sagada degree studies <l Contraction and a second s ships for exceptional students to complete their col-\$3,000 up front and \$1,000 ies in nuclear engineering of-



16- Spectrum/Tuesday, May 10, 1983

## I PLEDGE MY LOVE





# Two-income marriages --Courtesy, the Uaily Nebraskan Nicholas said women who work incom

Copyright 1983

#### by Terry Hyland

While the idea of the two-income marriage is not new, a gradual increase in the number of working wives has helped make the twoincome marriage the norm rather than the exception in American society.

Deparment of Labor figures for 1982 show that more than 50 percent of the married women in the United States are working or are looking for work. These numbers represent a 28 percent increase in the number of working wives since 1950 and the trend shows no signs of slowing down.

Counselors contacted agree that money and changes in social attitudes about working women top the list of reasons why more wives are taking jobs.

Lotus Nicholas is a counselor and program coordinator at the Lincoln Family Service Counseling Center. She said that a desire for a higher standard of living makes it essential that both partners work.

But she said the changing needs of women play a big part in the decision to become a two-income family.

"The trend is for more women to desire the recognition and independence associated with work outside the home." sne said.

are not faced with the same traditional role their mothers may have faced. Working women spend their time more constructively, they receive recognition for their work and they are generally happier. This overall satisfaction adds to the quality of the marriage, she said.

Keith Leech of Associates in Psychology, said self-fulfillment is the primary benefit in the working wife and her marriage.

He said marriages that receive the greatest prosperity are those in which the wife works because she wants to and not because she has to. Leech added that two-income marriages work better when both parents enjoy their jobs.

#### **Unique Problems**

The two-income marriage also brings problems to a marriage that may not exist in a single-income marriage.

Nicholas said most problems stem from the inability of the married couple to change their traditional ideas about their marriage roles.

Husbands may feel threatened because their wives earn more money, or they may complain because their wives are not available at all times, she said.

Sharing household duties may pose another problem to the two-

income marriage. When both partners cannot work out a system to divide the housework fairly, the marriage is placed under stress and strain, she said.

Leech said the added stress created when both partners work is sometimes a factor in making big problems out of small problems.

"When both people work, it creates stress on the marriage," he said. "Problems may become more intense. Little things that happen become magnified."

#### **Child Creates Pressure**

Leech said that when children enter the picture, more pressure falls on the working wife. children represent a new, full-time job, and if the total responsibility for taking care of a child and the added pressure of working outside the home falls on the woman, anger and frustration can result and harm the marriage.

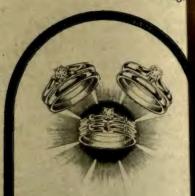
Jobs that force a couple to move away from family and friends also pose a problem for the working couple, Leech said.

He said the support of the family and friends isn't there if the married couple faces a crisis.

Nicholas said that counseling is a good tool in solving the problems encountered by working couples. She said the most important element in the problem-solving process is the

ability to change and make justments.

"People don't need to be afrai change," she said. "The institu of marriage must respond to changes in the way we're living.



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# **Counselors** discuss sex roles in marriages

#### **Courtesy**, the Daily Nebraskan Copyright 1983

#### by Vicki Ruhga

The role of sex in marriage varies. depending on each individual marriage, according to marriage counselors.

Dr Wayne Price, a private practition clinical psychologist, said sex in marriage is a means of communication, which can be very enjoyable for both partners.

"Women are now more free to enjoy sex," Price said. "Some men view this favorably, but some are threatened. It depends on the family and cultural backgrounds they experienced."

Audrey Muehe, a counselor in training at the Family Service Counseling Center, said sex is an expression of a deep commitment in a relationship, and it can also be used for reproduction.

Muche said she believes more liberal attitudes on pre-marital sex have changed the role of sex in marriage.

"In today's generation, women are more free to pursue their careers and relationships," she said. "Physically, sex is the satisfaction of biological urge. On the other hand, it can be a special means of expression, as the ultimate way of showing you really care."

Janet Lingren, guidance counselor, said some marriages have problems because one partner has great needs for sex (either the sexual release or the nurturing and comforting which comes from being held), but the other partner does not need sex.

"Sex is not a necessity. People live out year after year without sex," she said. "They value other aspects of their life, like doing things with their children, talking, or sharing other interests and activities."

However, Lingren said for other people it can be a real source of frustration when sexual needs are not being met, especially in older marriages.

When women feel close to their husbands at a feelings level, they want to follow it up with sexual acts. she said. However, men tend to feel close to their wives on a feelings level after the sex act.

Lindgren said it was too early to tell whether today's liberal attitudes on pre-marital sex will have an effect on the role of sex in marriages.

"Twenty-five years ago, people got maried for sex. There is not that pressure today. I hope people are getting married not just for sex, but for other things they can share," Lingren said.

Lingren said most of her patients are women ranging in age from their late 20's to 50's.

Sex can probably ruin a marriage more so than save it, Muehe said. If one partner is being abused or doesn't feel loved, that partner will wonder whether he or she is being used, she said. They will wonder whether the sexual act is the utmost

factor of the relationship in the spouse's mind, she said.

Price said he counsels all age ranges, but he believes that collge students have a unique situation of stress.

"In some marriages, only one spouse is a college student," he said. "The time demands are very different for a college student, and it is difficult for non-traditional students to understand."

Price said a lot of marriages are dissolved because of commitments to work. He said he compares a marriage to a newborn baby. If it is fed, nurtured and taken care of, it will grow. If it does not get any care, concern or feeding, it will die, just as an infant would. He said it was an ongoing process.

Price said the amount of counseling a couple requires depends on the problem.

"Some require four or five sessions, some several months, and some just one," he said. "If the problem is primarily sexual, it goes faster because many times, it is just a lack of education."

Despite more liberal attitudes on sex, Price said people still need more sex education.

Planned Parenthood offers birth control services, pregnancy testing and education, said Nan Schweiger. director of education at Planned Parenthood.

She said Planned Parenthood sees both married and single people who want to know about birth control or want to see if they have conceived.

When using birth control, she said couples need to consider several factors. Most convenient methods are probably the intrauterine device (IUD) and the birth control pill, but there are health factors to be considered because they are present in the woman's body all the time.

Moorhead Center Mall, Downtown Moorhead

Schweiger said foam, condoms and diaphrams have fewer health risks, but they must be used at the time of sexual union.

Married couples may use birth control because they do not want children or they are not financially ready for children, she said. They may alo be planning their lives and careers, and are not ready for children yet.

Schweiger said the most of the people who come to Planned Parenthood are women between the ages of 20 and 24. This includes many college age women and couples, she said.

"In earlier years, women weren't suposed to have any feeling," Mary Machado, Pleasure Faire Distributor, said. "People have finally realized they do, and it's about time



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#### DINNERWARE

There are two types of dinnerware: casual, which includes stoneward and earthenware (virtually the same); and formal, which includes ivory bone china, ivory porcelain, and white porcelain. Many porcelain patterns today can be used for both formal and informal dining.

The terms china and porcelain are interchangeable. Porcelain is called china because China is the land of its origin and where it was first manufactured. The habit of drinking tea, coffee, and chocolate, which came into vogue about the middle of the 17th century, gave the initial impetus to a general introduction of chinaware and supplied the stimulus for its popular acquisition. These new exotic drinks required the association of porcelain both for the sake of the flavor and on aesthetic grounds. Trade with the Orient during the 17th century brought the elegancies and charms of china within the reach of ordinarily wellto-do people. It had been known and highly esteemed for centuries in the West, but few besides the greatest nobilities possessed a piece of it. 'China-mania'' was widespread in colonial America at this same time. However, it was not until the early 19th century that china was successfully and profitably produced in the United States.

The qualities of china/porcelain are whiteness and translucency.

China is composed of a clay that is burned and fired at intense heat (1,400°C). Bone china contains bone ash.

To check if your china is dishwasher-safe, place one of the least-used pieces in the dishwasher for several washings. Then compare it with another piece to see if there has been any chemical change. REMEMBER – the extreme heat of the drying cycle can temporarily

up.

soften the gold or platinum trim, so never handle formal china until it has cooled to room temperature. Oven-proof china means that it

can be put into a preheated oven. Oven-safe china means that it can

be put into a cold oven and heated.

CRYSTAL

Glass-blowing began in Egypt before the birth of Christ. The blower's pipe was discovered during the reign of Nero 2,000 years ago, and has changed very little since. After the fall of the Roman Empire, the best glass-makers began to practice in Venice. In 1572 an Italian began the tests that led much later to the production of a glass containing lead and resembling rock crystal (today known as quartz, which is considered the purest and most transparent product).

99.5 percent of glass is quartz or sand, which is the most common of all minerals. Lead crystal characteristics can be obtained only by using highly selective and very costly raw materials such as lead oxide, potassium carbonate, and the purest silica sand in a constantly balanced composition. these raw materials are fused at very high temperatures - up to 1,500°C.

With a long pipe, the blowers extract a mass of glowing crystal from the furnace and pass from one pair of hands to another, adding, trimming, and perfecting. "Hand-crafted crystal is never perfect. Like a jewel, it is not flawless. Each piece will have its tiny individual hallmarks that make it unique – an original work of art.

To check for quality of crystal, hold it up against a white background – there should be no coloring flaws (like a diamond). The lead and potassium produce elasticity and a special resonance – a clear silvery sound, slightly metallic when tapped. When light meets pure crystal, it produces an effect of brilliance and luminosity. This basic quality sets it apart form ordinary

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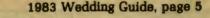
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Not all life's pride is born of fame; Not all the joy from work is won. Too late we hang our heads in shame, Remembering good we could have done; Too late we wish that we had stayed To comfort those who called for aid.

Take time to do the little things Which leave the satisfactory thought, When other joys have taken wings, That we have labored as we ought; That in a world where all contend, We often stopped to be a friend.

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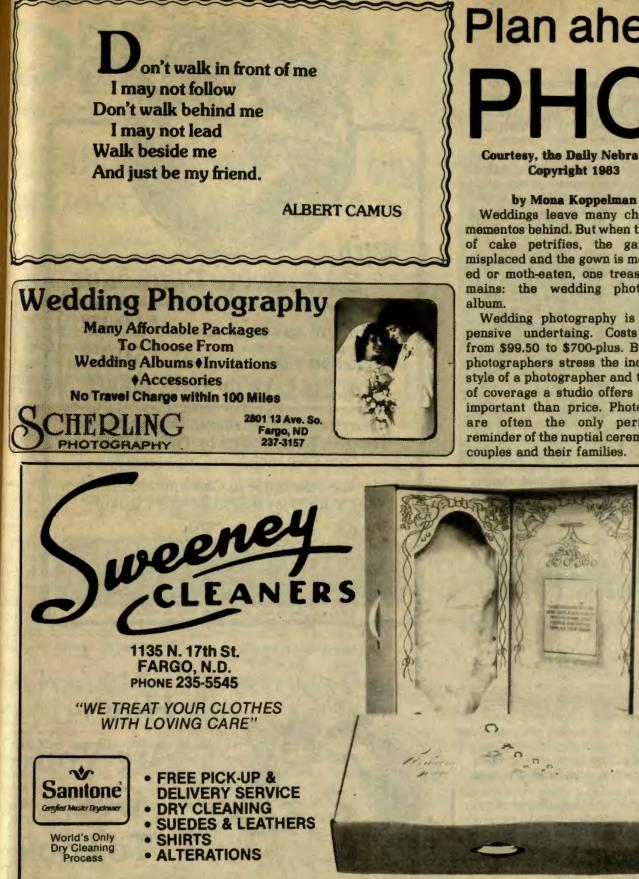
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1983 Wedding Guide, page 7



#### Friendly Tips on Keeping Your Gown Lovely Forever Compliments, Ranno Publishing, Fairlawn, NJ Preserving the Gown will be a Lifetime Gift

One of the meaningful traditions a bride can participate in is to marry wearing the wedding gown that belonged to her mother, or aunt, or sister, or any female kin. but there's more to sharing a family heirloom than categorizing it as the "something old" of "Something Old, Something New ... " Sharing implies caring, and a wedding gown must have the right kind of care if it is to say in top condition for future wearings. Keeping It Clean

Once you've purchased your gown, simple common sense will help keep it from becoming soiled on your wedding day. The gown should be protected from rain and mud, and the train should not be allowed to drag across a dirty floor. If your wedding is to be held outdoors, use plastic sheeting to cover those grassed areas where you'll be apt to walk. But wedding festivities by their very nature have a way of taking their toll on glamorous garments. Don't be so super-careful that you spend most of your time trying to avoid mishaps. Your wedding is a time to enjoy, not a time for concern and caution. Besides, whatever occurs can usually be put to rights by the drycleaner.

deterioration if not attended to promptly.

Plan in advance for your gown's cleaning and storage. If you can't do it, ask a close friend or your mother to take the garment to the drycleaner no more than two days after the wedding. This is important because common stains can become permanent in as short a period as several days. Make sure the cleaner knows where the spots are and, if possible, what caused them. (Rips or tears, of course, are another matter, and should also be brought to the cleaner's attention. Repairs may be made by him right then and there, or he may suggest cleaning at once to take care of stains, then mending if the fabric can withstand the

Plan ahead for... PHOTOS **Courtesy, the Daily Nebraskan** 

Copyright 1983

Weddings leave many cherished mementos behind. But when the slice of cake petrifies, the garter is misplaced and the gown is mothballed or moth-eaten, one treasure remains: the wedding photograph

Wedding photography is an expensive undertaing. Costs range from \$99.50 to \$700-plus. But most photographers stress the individual style of a photographer and the type of coverage a studio offers is more important than price. Photographs are often the only permanent reminder of the nuptial ceremony for couples and their families.

Sometimes covering a wedding prompts long-lasting memories for photographers as well.

John Butler of Butler Photography was once taking a picture of a groom lighting the unity candle. As the young man bent over, a can of chewing tobacco popped out of his pocket and rolled down the aisle.

In another ceremony, the bride's father stepped on her train and ripped her dress. Fortunately, the bridal veil hid most of the tear," Butler said.

Orville Friesen had contracted to. cover a wedding on a Husker football Saturday. The couple had requested pictures be taken of the exchange of vows at the altar. Friesen was to stand in a doorway so as not to be visible.

"As I looked between a crack in the door, I noticed a man in the balcony with a radio and earplugs.' Friesen said. "I watched as the man wrote the game score on a large poster board and held it up for the guests to see. . . including the minister and the bride-to-be and groom-to-be."

Whether your wedding promises to be traditional or slightly out of the ordinary, most studios advise couples to "shop around" to find a photography style that suits them best.

Several studios offered suggestions for couples when planning wedding photography.

Book the date and the photographer at least six months before the wedding. If planning a wedding during the busy season (especially June or August), book a photographer 10 to 12 months ahead of time and know which photographer you are booking. If a studio is overbooked and hires a free-lance photographer to do your wedding, be aware of it.

Have guaranteed prices written into your contract. If prices go up between booking and your wedding. you won't be subject to the increased expense.

Both the prospective bride and groom should meet with the photographer before the wedding. Such an interview will be personal. A photographer must get to know you so your pictures will reflect your personalities. Be ready to provide details about the number of people involved in the ceremony. Family background will be discussed in order to arrange for pictures of inlaws, separated or divorced parents. or other special problems.

#### Preserving Your Gown

But let's say that you are lucky - no food or alcohol stains, no grass or heel marks. Even so, it's important to have your gown cleaned professionally as soon as possible after the reception. Perspiration stains alone can cause serious damage, and other types of stains not visible at first will appear in storage and will also cause fabric strain.)

Careful storage is also important. Don't place or wrap your gown in a plastic bag. The bag retains humidity and raises the temperature, which can easily result in mildew. Also, don't place your gown on a hanger. Sheer fabrics especially (lace, organza, marquisette, for example) can be damaged by the weight of the garment as it presses against the hanger. The preferred storage method is to fold the gown carefully into a large box, packing plenty of tissue paper around and inside the gown to retard wrinkling. This can be done for you by the professional drycleaner, who can also provide a box specially designed for such storage and then seal it to prevent damage from moisture and atmospheric gases. Some cleaners go further, offering a scientifically engineered cabinet that can be hermetically sealed. This kind of storage can protect the garment indefinitely.

Be familiar with church or building rules concerning picturetaking, especially off-limit areas and the use of flashes.

Weddings are also a good opportunity to take portraits of relatives who otherwise shy from studios and formal photography. It's also a perfect time to get a family portrait taken.

# Insurance -a necessary evil

#### by Dave Skjerven D.A. Middaugh & Assoc., Inc. Insurance – "It's a necessary

Insurance evil," a topic of conversation when paying the premium, filing a claim or confronted by a sales person. Unfor-tunately, even though virtually everyone owns some insurance, very few understand what they are paying for. There are insurance products designed for all cir-cumstances; personal security, estate liquidation, health insurance. disability insurance, etc. Within all of these products be advised there are a number of variations of design; but each product is calculated to pay certain potential claims in ratio to premium paid. The aforementioned statement only means there are not any bad policies, only policies not clearly explained or used possibly in a situation they are not designed for. **Obviously this causes unsatisfactory** results.

Friend -- Agent -- Broker, synonymous perhaps, but not necessarily. "My friend, John Doe, is my agent." Which happened first? Normally, as a method to survive, new agents call on every friend and relative within striking distance often not bringing any expertise with, only the desire to survive in the industry. Established agents on the other hand can become so company oriented they sometimes neglect to understand they are paid to solve a problem. i.e. Buy from SYZ insurance company. It's the best! Best what? Brokers have access to countless products and often play the "this is the cheapest, the highest dividend, the lowest price, etc." game. Obviously, unless a friend -agent - broker become as one, the result to you is less than satisfactory.

Now, a possible solution. Your insurance person should be: 1) a person you feel understands you and your situation. He/she must instill a feeling of security and trust. 2) ob-viously, knowledge is important, but more important, select a person that will take the time to explain the different options available to you, after all it's your money. 3) make sure the plan design fits your budget, accomplishes satisfactory coverage for the plights you may encounter, and that the plan gives you flexibility in the event your personal and/or financial situation changes unexpectedly. 4) when you feel comfor-table that the first three objectives have been satisfied, you should be able to develop a good working relationship with your insurance person.

Remember, you pay a commission and the insurance person in essence works for you. Hire the best person with the dollars you have to spend.



Made up for the camera

**Complements**, Merle Norman

#### by Dedee Gebert

Every woman should be aware of the reactions the camera can play on her makeup. Certain facial features are more noticeable – frosted shadows and bluch may cause "hot spots" in the photo.

Facial features, whether they are beautiful or something the individualwould prefer to "hide" can be camera-corrected through the proper application of cosmetics. A proper balance of color should also be applied to eliminate a drawn or tired look and lightly dust them with a sheer fluffy powder, then reapply your lipstick.

Cosmetics and their degree of color for any complexion will require changes in several instances. For example; the wedding will take place out-of-doors rather than inside under artificial lighting.

Preparing for a wedding is the most nerve-wracking, wonderfully exciting and romantic time in anyone's life.

Everyone has their eyes on the bride as she makes her debut down the aisle.

As part of the preparation for her wedding, it is also important for the bride to feel beautiful. Cosmetics and their application can play a large part on that day **and** for years to come when the wedding album is seen again.

That beautiful "glow" from the bride could turn into a cull streak should the cosmetics used for daily activities be used for this most formal occasion. How Are You Going To Look On Your Wedding Day?

Our Merle Norman Studio invites you to join hundreds of beautiful brides in learning the cosmetic techniques of complexion enhancement for photography as professionally taught by our certified beauty advisors.

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An imortant point to be made to the bride for her attendants is that they coordinate shadow and blush colors with their gowns. No one wants to outdo the bride's attention, however, being aware of color types in cosmetics and clothing is a **must** for a well-coordinated look in any picture.

There are several tricks in cosmetic application that can be utilized to retain a fresh look throughout the entire day and the following reception and dance. For example; after outlining your lips and applying the first coat of lipstick, blot your lips with a tissue

Before the bride or her attendants rush off to purchase all new cosmetics for the wedding day, avoid unnecessary expense by consulting with a local or trusted cosmetic advisor in a "try before you buy" capacity and be sure to bring her own colors along to utilize them with one or two new products. Seek out these trained consultants locally before the last minute rush. Allow yourself time to experiment and get orientated to the new techniques. Merle Norman extends an invitation to the bride and her attendants to get a professional makeover. Let Dedee Gebert, our beauty advisor, show you how to apply make-up correctly for photography and how to make your make-up last longer. Dedee can teach you the artistry of perfect color. You'll receive a free gift with this make-over and a beautiful new face!

### \*Check this section for "Made Up For The Camera"\* **MERLE NORMAN** The Place for the Custom Face" Holiday Mall Shopping Center Moorhead, Minnesota 233-1718