

Andrews gives views on airline deregulation

By Kevin Cassella
News Editor

Congress, in its haste for airline deregulation, forgot one thing—the U.S. Constitution, under the commerce clause, says it must regulate the transportation of goods and people, according to Sen. Mark Andrews, who spoke at SU Dec. 8.

The necessity of partial deregulation of the airline industry is apparent, but the need for total deregulation hasn't quite been proved yet, he said.

Andrews proposes to bring back that some people may call regulation into the industry; however, he prefers to say "fare equity and service equity."

In small city service, North Dakota has seen decreased service since deregulation.

"Air travel is down 12 percent in the state."

According to the Civil Aeronautics Board, passengers are diverted to major hubs, which causes airlines to reduce their operations to small cities accordingly.

Andrews would like to see the airlines required to serve entire areas, which means if an airline serves both Fargo and Bismarck, it should serve cities like Jamestown as well.

Before deregulation, North Dakota had major airline service to seven cities—now that number is down to four, he said.

And "everyone, of course, is at the mercy of carriers in cases of delays and re-routing."

Andrews is also concerned about fare-equity structure.

Currently there are about 40,000 different fares around the country, he added.

Fares have increased 112 percent from Oct. '78 to March '83, while the consumer price index has increased 46 percent during the same period.

Those increases weren't equitably distributed. For example, coach fares from Los Angeles to Baltimore only increased 18.8 percent, while Chicago to St. Louis increased 81.9 percent and some fares have actually shown a decrease, he said.

Fares paid by consumers have increased more than twice the system-wide increase.

"The greatest benefits of lower fares since airline deregulation went to passengers traveling in five high density, long haul markets. That represents 2.9 percent of the passengers in this country.

"The largest increase in fares was experienced in 13,759 markets—representing 17.4 percent of the passengers."

Andrews cited two studies during his speech—one by the Library of Congress, which states fare setting freedom benefits only those flying on popular routes. The other by MIT points out that the market place alone isn't sufficient to ensure everyone receives equitable fares with reasonable access to the air transportation system.

Andrews has proposed legislation, Senate Bill 2047, which would help bring air fares back into line.

The bill requires air carriers to print new fares 60 days before they go into effect. Any carrier wanting

to match those fares could do so in 30 days. However, all fares must remain in effect for at least 90 days, he said.

Andrews is also considering a proposal that would allow airlines to charge any price for air fares. One stipulation is that no more than 30 percent more a mile be charged for the most expensive segment than they charge for their cheaper segment.

"The 30 percent came easily. Airlines tell you it costs them 10 percent a mile more to service a short route segment than a long route segment, so you triple that to leave a margin for error."

That proposal was included in the transportation act that passed in the Senate, along with a funding for a commission to study the problems with air fares in the United States, Andrews said.

Although the airlines have shown gains during the third quarter, major carriers will most likely show a

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Spectrum

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Senate to review current student insurance policy

By Diane Smith

It's that time of the year again—time to review the current student health insurance policy.

Every three years the student senate evaluates the present policy. It looks at the number of complaints that have been voiced by students and at any rate increases that have occurred.

According to Dr. Les Pavak, vice president of student academic affairs, coverage changes can be made in two ways.

The first process is to ask the students what coverage they want and what premiums they feel are reasonable. The suggestions are then sent to companies for bids.

An alternative way is when SU informs companies that it is seeking a new policy. All interested insurance companies send in two or three bids, including coverage and premiums.

Dan McGinty, senate representative for married students, said this process is better than the first. It's difficult for students to know what benefits actually cost, he added.

For more than 10 years, SU has contracted with Guarantee Trust Life Insurance Company, based out of Chicago and locally represented by Dawson-Watson Insurance Agency.

"They have been a very good group to work with and they are trying to meet our needs," Pavak said. Basically, the policy has been good."

The married students are the most

concerned about health insurance. "Married students have a tendency to have more routine medical situations, like mumps, measles and chicken pox," McGinty said.

Currently, 50 families have insurance through SU's plan. Between 1,100 and 1,200 couples make up the married community and many of these seek alternative policies. One example is when a spouse is employed at a company that already covers all or part of health expenses.

McGinty is looking into three insurance routes. The first is to remain with the present policy with Guarantee Trust Life Insurance.

The second deals with buying a separate policy through the spouse's place of employment. The last route would involve buying insurance from an alternate source.

At the present time, the premium paid by married students is \$480 each year. McGinty said he has been investigating other premiums with some other companies and cites the example of Blue Cross, which costs \$160 a month.

With the average income of a married couple amounting to about \$9,000, \$160 a month could get a little steep, McGinty added.

Pavak agreed with him and added, "They (married students) don't have all the coverage they want."

One example would be the birth of a child, which costs approximately

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Ring around the collar...

Snow blanketed the F-M area and also buried the CDFR playground on the SU campus. (Photo by Scott Johnson)



Michea Johnson performed in the Festival Concert Hall Tuesday night. Johnson, a serious guitarist, had serious guitar tunes blended together in his performance. Johnson from Minneapolis has studied guitar in Spain. (Photo by Bob Nelson)

Health from page 1

\$1,500. The current policy pays 50% of that expense; that means the couple has to come up with an additional \$1,000.

SU's coverage includes students, married and single, carrying a minimum of nine credits. Currently, 175 single students have insurance through SU. The premium paid by single students is \$99 a year.

However, both Pavék and McGinnis pointed out that many of the students are covered under the parents' insurance plans. These plans normally cover the student until the age of 22 or 23 or until graduation.

International students are required by law to take out insurance if they haven't already done so. The State Board of Higher Education made it mandatory in order to protect them in case of serious illness or accidents.

At many universities, insurance premiums are collected along with tuition, but Pavék doesn't agree with this concept.

He adds that students should have the right to take it out or not.

Coverage protects students from 12:01 a.m. on Sept. 1 or the date of application (whichever is the later) and terminates at the same time the next year.

The senate will meet sometime in January to make its final decision.

"The senate (review commission) could decide either way," Pavék said. One of the reasons you stay with a company is that you build a good track record and in turn, you get reasonable premiums, he added.

Other colleges covered by Guarantee Trust Life Insurance include MSU, Southwest State, Cloud State, Jamestown College and Towson State University.

Pavék encourages anyone interested in voicing an opinion on the present policy or an alternative plan to stop by the Student Government Office or the Student Academic Affairs Office.

There's no 'one and only' Christmas plan

By Dane Johnson
Arts Editor

This Christmas/Hanukah season drop the word "only" from your vocabulary and see what happens.

If you say there is only one way to celebrate the Christmas holidays, you display an attitude that does not promote relating to others who may celebrate the holidays differently. When you use the word "only," you deny others of free will and choice. People must then fit your mold or they are not legitimate.

Backspace

If you say there is only one way to celebrate Hanukah, your attitude promotes uncooperative views and shuts off relationships to others who may not hold the same beliefs.

Explore how you use only; experiment with it. Does anything ever have to be only one way? By way of analogy, envision a searchlight scanning the ground at night. Its vision is limited by what it sheds light upon.

Picture another searchlight that shines on another part of the ground. There are differences in vegetation and environment. Does that mean

the first searchlight's view is the only legitimate one or does the other person's searchlight have the only legitimate view of the ground? Will the searchlight operators bicker about which view is the "only" right view or will they share and relate to each other and expand their visions and the light of both lights?

The word "only" implies that the world around you is stagnant and never changing. However, most scientists will tell you nothing remains the same or unchanged.

Electrons spin around nuclei at astounding speeds to make up the molecules that are in the paper you are now reading.

In fact, scientists say there is more space than substance in our environment, which is literally a hive of activity and constantly changing.

You are not the "only" legitimate humans. You are constantly chang-

ing. Every cell in your physical body reproduces and literally, you have a new physical body every few years.

Your emotions have completely changed. Are you the same as you were one year, five years or 15 years ago? Most psychologists doubt it.

Your parents have changed dramatically in your lifetime. From youth to middle age to the twilight years, their bodies, minds and emotions are constantly changing.

One can scarcely say there is only one way. Yahveh or God, depending upon your preference, created humanity in trillions of different, ever-changing ways, not one the same. You can draw generalities of the human race, but the specifics are always different.

So this holiday season, explore, experience and enjoy ever-new and ever-changing existence in ways you feel most comfortable with.



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Streisand's 'Yentl' will make your heart sing

By Dane Johnson
Arts Editor

"Flashdance" and "Yentl," a film starring Barbra Streisand, have much in common. The bottom line of both films is if you give up your dream, you die. Yentl (Barbra Streisand) had a dream to study the Talmud, a set of Jewish laws, traditions and philosophies. She wanted to know her creator and wanted to solve some of the mysteries surrounding her life.

The film takes the viewer back to 1804 to a Jewish community where Yentl, the daughter of a Talmudic scholar, studied and learned from her father in private about Jewish religious law and philosophy. At that

time women were prohibited from learning about "sacred things."

But Yentl and her father ignored the archaic and arbitrary law. Yentl's will to learn overrode Jewish tradition of the time.

After her father's death, Yentl is forced to cut her hair and become "male" to continue her study of the Talmud at an institution of higher education which is composed of all men.

Yentl manages to keep her sex a secret and becomes best friends with a young Talmudic scholar who is also attending the school.

As the plot develops, Yentl is pulled into a scheme to marry her friend's fiance or risk losing him, the

man she loves. You'll have to go the movie to see what happens next.

The film is Streisand's dream come true. She produced, directed, starred and wrote the screen play for the film.

But the reason this film is so popular is because she and Yentl didn't give up their dreams. Yentl's dream was growing and expanding everyday as she realized what she could be. She had to fulfill her dream or why was life worth living. The dream gave the film its power, direction and focus.

The film is also beneficial because it gives a by-and-large Christian population a flavor of Jewish culture. So the viewers are not only

entertained, but they are educated as well. Only through understanding can people in society relate to each other. The film gives us valuable reference points to relate to the Jews in our community and Jews worldwide.

The film was a beautiful statement on the freedoms of the United States. Its dramatic ending symbolizes what the U.S. could be — a land of free thinking and feeling, a land where people can explore, experience and enjoy life as people make it, not as some silly set of rules.

"Yentl" is a film that lets your heart sing and; if you let it, your spirit soar. I recommend seeing it.

Age-old traditions still celebrated during Christmas

By Cheryl Hankel
and Jeff Pudwill

Lutefisk and lefse, Santa Claus, gift-giving, church programs and hot baths—Christmas is a time for family gatherings and practicing age-old traditions.

Although America is considered the melting pot of the world, most people follow customs unique to their own ethnic heritage at Christmas, according to Tim Kloberdanz of the SU anthropology department.

Petrice Balkan, an SU student of Norwegian background, looks forward to taking a blue bath on Christmas Eve. "It's something my family has done ever since I can remember," she said. Bluing, used for whitening clothes, is poured in the bath water along with bubble bath each time new bath water is run. The blue bath is supposed to bring good luck to that person the upcoming year, Balkan added.

Pausha Nenow, also an SU student, celebrates Christmas in Bulgarian style. The customs include the baking of small cherry twigs into pita bread and baking a silver dollar into a loaf of hard, unleavened bread.

Pita is similar to a thin pie crust with cheese and cream poured over and baked. The baker, usually the mother, sketches a drawing of each twig on a piece of paper before it's put into the pita. A farm animal is assigned to each twig. The person who gets the twig for a certain animal is responsible for that animal in the upcoming year.

The silver dollar baked into the

loaf of bread is said to bring good luck to the person getting that piece. "It's worked for me every time I've gotten it," Nenow said.

Nenow's grandmother lights candles in her house from the week before Christmas until New Year's Day to show the Christ child she's been waiting for him and to show him the way to her home.

A German-Russian tradition of the Belznickel and Christkindchen, thought to be forerunners of Santa Claus, is still humorously practiced by some. In early years, a man called the Belznickel, who wore a mask and horns and carried chains, would come to each home.

The Christkindchen or Christ child would then arrive, dressed in white, often with an umbrella and veil to cover her face. She would single out the bad children by name and report what they had done wrong. The good children would then say a prayer for the bad children and Christkindchen would reward the good children with nuts, fruit and candy.

Many people believe Christmas Eve has a magical effect, according to Kloberdanz, especially at the hour of midnight. As an example, he noted that German-Russians have traditionally predicted the weather of the next year based on Christmas Eve occurrences. Twelve slices of an onion are placed on a windowsill on Christmas Eve, each slice is assigned a month and an equal amount of salt is put on each slice. The wettest slice the next morning corresponds to the wettest month of the new year.

A distinctive characteristic of the in some of their Christmas celebra-

German-Russians, which shows up in their frugality, according to Kloberdanz. Toys depicting farm animals are carved out of bones from that year's butchering. Homemade rag dolls made with cornhusk filling and homemade clothing have all been traditionally exchanged among the German-Russians.

Ukrainian custom involves the making of mass quantities of food and setting it on the table. The pile of food is so high that those sitting at the table cannot see each other. The father says, "May our table be blessed with this much food throughout the year." The magic of Christmas will make this come true, according to tradition.

Some of the treats marking Christmas-giving of Norwegians include lefse, lutefisk, flatbread, rosettes and krumkake in addition to many other baked goods, according to John Bye, an archivist at SU's library.

Swedish foods at Christmas include Swedish meatballs, rice pudding, Swedish sausage, (a combination of beef, pork and potatoes), spritz (Made of a lot of butter with a cookies press) and Swedish pancakes (made mostly of eggs and made very thin, resembling crepes), according to Greta Swanson of the North Dakota Council on the Arts. Lingonberries, also known as moun-

tain cranberries, are used as topping on both Swedish pancakes and rice pudding, she added.

It is convenient and relatively easy to get different ethnic foods in Fargo-Moorhead, according to Swenson. German candies are available in specialty stores and many of the Norwegian and Swedish foods can only be found in this part of the country.

Reports from authorities on ethnic traditions suggest adding that special touch to your Christmas.

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Meaningful gifts for children carry messages

Christmas is barely more than a week away, and like most other time-poor college students, my Christmas shopping has had to wait until next week.

Editorial

Sometimes it seems silly to try to express your feelings for the important people in your life by giving them gifts.

How can a tie tell my father that every morning I walk out the door I appreciate the long hours he spent building an entryway to keep out the cold North Dakota winds?

A bottle of perfume doesn't tell my sister that I'm glad we've become friends as well as siblings.

What can I give to my friends who have always been there for me—especially when I needed them most?

I could spend every cent I have and still not convey the messages through gifts.

Christmas is for children, they say; and maybe this is true.

The gifts we give other adults are imperfect carriers of our messages of love and affection, but the gifts we give children—if thoughtfully chosen—can communicate our hopes and dreams for their lives.

I haven't decided what I want to give my 5-year-old niece Romalea, but I probably won't find it among the rows of plastic-wrapped boxes of nothing in the glittering toy department.

I wish I could afford to give her one of those children's mini-computers so she can greet the high-tech world of the future with confidence.

For now, I know she enjoys learning the alphabet with a 69-cent word book.

Romy loves to have stories read to her and a richly colored volume of Bible stories or a whimsical edition of "The Night Before Christmas" would be a nice gift.

So-called "enlightened" people can argue the accuracy of Biblical accounts and the value of our Christmas traditions. These stories are part of her Christian and

cultural heritages—and she should not be ignorant of them.

Why not get her a pint-sized snow shovel so she can have fun scooping snow with her dad and learn there is satisfaction in physical labor?

What kind of sad legacy do mothers give their little girls if they fought off other shoppers to nab a Cabbage Patch Kid?

Children's toys that go buzz, beep and bang last as long as the batteries hidden inside, but the messages we give children through Christmas gifts don't need warranties. They last.

Julie Stillwell



Twig article is offensive

Enough is Enough! How much more of this religious fanaticism is the Spectrum going to print? The most recent article by the Twig president receives my vote for being the most blatantly offensive. Thirty-two inches of "our" way is right and boy, am I glad I found the way, so I have to make sure EVERYBODY knows it. Not only was the article written from a slanted viewpoint, it served as free advertising for Twig. (If you noticed at the end of the article, Mr. Jenny was plugging for at-

tendance at a discussion). I agree with the remarks made by Sarah Kaspari (Nov. 18 Spectrum—"Student religious leaders have some reservations"). In essence what she said was that she didn't like it when others tried to shove religion down our throats.

I realize the Spectrum is a student-run organization and likes to get views from all sides; but if it's not possible to get unbiased information, what good is it?

Beth M. Pessin

TODAY'S CROSSWORD PUZZLE

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 - 30 Asbestos, e.g.
 - 34 Corrupt
 - 35 Container
 - 36 State: abbr.
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PREVIOUS PUZZLE SOLVED

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ASPEN	TRUTH	RAG
SARD	PATINE	ASSE
TRI	SOLOS	ANEST
NATTER	CRESTS	
ANGLES	LAIC	
LATEN	SPAR	DOOM
AMI	CATASTROPHE	
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Spectrum

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Skiing offers escape from college routine

By Jodi Schroeder

Many SU students will be searching for an adventure over Christmas break. Some may find it in the great outdoors through skiing.

"Skiing is a nice way to go out and clean out the cobwebs from class or lecture...to revitalize yourself," said Collette Berge, SU Recreation Center.

Minnesota has numerous ski slopes including Afton Alps and Velsch Village located in the Twin Cities area. The Duluth area has the Spirit Mountain and Lutzen slopes.

Other ski resorts in Minnesota include Quadna and Sugar Hills near Grand Rapids, Val Chatel near Park Rapids and Detroit Mountain near Detroit Lakes.

If you are looking for bigger and better skiing challenges, you'll have to do some traveling.

Red Lodge Mountain

Going west from the Red River Valley, the first ski area with more than 2,000 feet of vertical elevation is Red Lodge Mountain in Montana. Accommodations are also available in Billings.

A new triple-chair, which has 1,100 feet of vertical, and the Willow Creek Chair take you to areas with intermediate skiing and courses to challenge the experts.

The lodge features snow grooming, a full-service area with ski rentals, school, shop and patrols. It also has the only mid-mountain chalet in Montana.

Tow fees for adults are \$14 a day and those under 12 pay \$7. Senior citizens ski for \$8. The season runs from Nov. 9 until April 22.

Big Sky

The scene at Big Sky is dominated by 11,000-foot Lone Peak, flanked by

the Yellow Mule Mountain Range.

The major improvement this year was the installation of a new four-passenger gondola, which will give access to intermediate and expert areas. Big Sky makes and grooms its own snow.

Big Sky is a large ski area with 2,500 feet of vertical on two mountains, Rams Head and Lone Peak. It has a cafeteria and several other eating facilities, shops, rentals, a ski school and ski patrol.

Lodging ranges from a newly-refurbished lodge to reasonable hostels.

The season is from early November until April 22. Tow fees are \$19 a day for adults in the high season and \$17 in low season. Children under 12 pay \$12 and \$10.

Grand Targhee

Located near Driggs, Idaho, Grand Targhee, with 2,200 feet of vertical, is a different ski area. The skiers have access to a large portion of the mountain. For this reason there is almost a cult of expert and intermediate skiers devoted to it.

Grand Targhee is a family-style area manned by area people. The food and services are complete.

The season runs from Nov. 18 to April 29. Adult tow fees are \$16 a day. Children and senior citizens ski for \$7 a day.

Jackson Hole

Over the lofty Teton Pass is Jackson Hole. It has 4,139 feet of vertical with novice and intermediate skiing. Because of the great amount of vertical, these are terrific areas for the expert skier.

All ski services from hostels to luxury accommodations are

available. And to please the palate, there are gourmet restaurants and a cafeteria.

The season is from early December until mid-April. Tow fees are \$20 a day in the high season and \$16 during the special season. Tram rides, available only with chair tickets, are \$2 each. Those 12 and under and 65 or older ski for \$9 in the high season and \$8 in the low season.

Steamboat Springs

The Steamboat area has 3,600 feet of vertical with snow grooming. It has a gondola, three triple-chairs and ten double-chairs.

All accommodations are available for your comfort and needs.

Chair passes are \$21 for adults and children pay \$12. The season is November to April.

Terry Peak

Located in the northern Black Hills of South Dakota, Terry Peak is our nearest major ski area. With its skiing vertical of more than 1,100 feet, it is the highest between the Rockies and the Appalachian Mountains.

It boasts three chair lifts, a ski shop and rentals.

The season runs from early December through March. The chairs operate from 9 a.m. to 4 p.m.

Local Alternative

A local alternative to downhill skiing is cross-country skiing.

Lessons in cross-country skiing can be found in SU physical education classes and the Fargo Park District. The Rec Center also offers one or two weekends in January for instruction.

Airlines

Annual loss of \$200 million. This comes on top of a \$700 million loss they experienced last year, Andrews said.

As losses mount, the U.S. Treasury loses potential tax revenues. And the Pension Benefit Guarantee Corporation has shown concern over the bankruptcy of the industry. If carriers repudiate pension plans, it could lose up to \$300 million in pension benefits.

Andrews also expressed concern over the way CAB is negotiating landing rights for U.S. planes in other countries.

"CAB has been asleep in this country for a long time."

For example, Pan Am pays \$10,746 to land a 747 at London's Heathrow airport. But BOAC pays only \$932 to land the same plane in New York, he said.



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CHRISTMAS

Agricultural responsibilities questioned

By Dennis Lange

Roger Livdahl has asked some disturbing questions.

Livdahl, a Lutheran minister, heads the regional office of CROP, the community hunger appeal of Church World Service. CWS represents a coalition of Protestant and Orthodox churches seeking to solve the immense worldwide problems of hunger and malnutrition.

The questions are about hunger — to be sure — but they are also questions of economics, politics, technology and morality.

What is the responsibility of the rich to the poor and of the overfed to the starving?

Does aid from developed countries like the United States help or hinder the Third World countries? What aid is appropriate?

Is high-tech agriculture the answer?

And closer to home, what kinds of obligations does a land-grant university in one of the richest agricultural regions in the world have to starving

strangers 5,000 miles away?

He doesn't claim to have all the answers, however.

Agricultural attitudes and access to the land are at the heart of the problem and at the heart of the solution, according to Livdahl.

He believes any long-term solutions begin with agrarian reform.

"I don't see technology or top-down investment as the first step," he said. He added that the first step should be at the grass-roots level to help people get access to land and improve technology step-by-step to move from Biblical-age agriculture to 1980s industrial agriculture.

Too much technology all at once may increase food production in a developing country, but may also displace small farmers who have no place to go and no way to make a living when they get there.

Livdahl faults the U.S. foreign-aid policy of reliance on projects whose benefits are supposed to trickle down to the poor.

For example, loans or grants

might be given for the construction of a factory. The factory theoretically provides jobs, which supply wages, which create markets, which create more jobs.

However, what generally happens is benefits stay at the top with factory owners or government officials, he said.

"(There are) few examples in the world where investment from the top in a Third World country has greatly benefitted the majority of the people within a country," he said.

Livdahl says CWS's approach is to offer assistance directly to the poorest of the poor.

He also faults the preponderance of U.S. foreign aid, which is given in the form of military assistance. He said too much emphasis is placed on bombs and munitions, while basic decency and standards of living for half the world's population are ignored.

While opening America's granaries to the Third World countries would have some short-term

benefits, especially in time of disaster, drought or famine, Livdahl will only be eliminated when the countries have stable, self-sustaining agricultural systems that supply their own basic food needs.

Finally, Livdahl suggests American agricultural universities like SU could be doing more. Livdahl suggests programs for training technicians who would deal with the specific problems of developing countries could be helpful. Unfortunately, like individuals, the universities are preoccupied with more immediate problems.

There is no need to cite starvation statistics here. No need for photos of children who are nothing but gaunt arms, haunting eyes and bloated bellies. We've encountered them often that, amazingly, we've become numb to them. But to take refuge in numbness when there are solutions is cowardly, Livdahl said.

It's something to think about between the Thanksgiving turkey and the Christmas goose.

Opinion Poll

Photos by Scott M. Johnson

Question: "What radio station you listen to and why?"



Dan Gorseth

"Double K-FM — it's fast moving and I like the DJs."



Morgan Forness

"Y-94, most of the time, but it depends on what mood I'm in."



Paul Le Blanc

"Q-98, they play Ozzy Osborne and are not as mellow as other stations."



Liz Lommel

"Y-94, because it plays good music."



Stacy Lewis

"Q-98, because I harder rock."

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Berwald talks about sports career and family

By Tim Paulus
Staff Writer

Lance Berwald has been called the dominant big man in the NCC. Many observers call him the key to the SU basketball team.

"Lance is the nucleus of the team. He's the main cog, both offensively and defensively," commented head coach Erv Inniger.

What many people probably don't realize is Berwald is down to earth, even at 6-foot-10.

Berwald has been married for four years. He and his wife Sandy have two children Sarah and Lindsey. Sarah is now 2 years old and Lindsey is 9 months.

"Lance is really tied down, both to his family and the team, not to mention schoolwork," Inniger said.

Berwald said his family is highly supportive of him.

"All during the basketball season, all I think is basketball and sometimes I can be hard to get along with. My family understands that,

though," Berwald said, "and they help a lot."

Although, Sandy's favorite sport is football, she said the support is there for her husband.

"He can be hard to get along with, but we are a family and we work everything out."

Everything has not always been so smooth for Berwald. After an outstanding high school career at Minneapolis Washburn, he elected to attend the University of Nebraska.

"One thing at Nebraska that stands out is the football team. Everyone, it seems, lives football and the other sports take a backseat," Berwald commented.

During his second year at Nebraska, he decided to transfer.

"It was frustrating; they said I was going to play, but actually I started playing less and less. I wanted to be red-shirted, but they wouldn't do that. I finally decided to leave and come back to a smaller school in the Midwest."

Berwald was contacted by his former Washburn coach, who moved to Fargo, and was put in touch with Inniger. He was also heavily recruited by UND.

"I hit it off with Erv right away. When it came to choosing between the two schools, it came down to a difference in style. North Dakota played an inside game and the big men did a lot of scoring. SU is a running team. I wanted to prove I could play a running game and show up the coaches at Nebraska," Berwald said.

Inniger called SU's style of play an advantage for Berwald.

"When Lance first came to SU, he weighed 255 pounds and now he is down to 220 pounds. He has so much more mobility and stamina and that is definitely going to help him in the long run," he added.

Berwald was red-shirted his first season at SU and became a starter last season for the Bison. This, his senior season, promises to be his

best ever.

"Last year we should have won the conference, except we lost some key road games. We will be a fun team to watch this year with our offense geared to the fast break. It will be potent and exciting," Berwald said.

There are many words that could sum up Berwald. Unselfish is one that immediately comes to mind.

"Lance is not afraid to pass the ball off. He is a team player and a leader all the way. Lance has high goals for himself and he is motivated toward those goals, but not at the expense of other people," Inniger said.

With a family to support and an education to complete, maturity is another key word that comes to mind when talking about Berwald.

"Lance has really matured as a person. He has high ideals and you can really admire him," Inniger said.

Berwald said being married presents few problems for the other team members.

"My family comes to all the home games and are included in nearly all the team functions. The other team members have an open invitation to visit our apartment," Berwald said. "The team is really close-knit and we are like one big family."

For the Berwalds, the future right now is up in the air. European basketball has a high probability and a future in the NBA is not unlikely for Berwald. If neither of these goals materialize, a career in physical-education teaching or coaching would be the next goal for Berwald.

"I have to finish my degree in physical education, then I'll start looking around. One thing I will make clear to any future team is that my family comes with me; we are a package deal," Berwald said.

Berwald says he regrets not coming to Fargo right out of high school.



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Writing, photography skills taught in Press Olympics

Students interested in brushing up their writing or photography skills can earn one academic credit by participating in the Spectrum Press Olympics.

Professional writers and photographers from SU, the F-M area and Bismarck will present a series of six educational workshops followed by a writing and photography contest.

Educational sessions will be conducted over three weeks, beginning Jan. 18 and concluding Feb. 4 with the Press Olympics competition.

SU staff and faculty members have teamed up with area communicators to present the sessions.

Photography sessions will be conducted from 6 to 9 p.m. Jan. 18 and Feb. 1 by Dave Wallis, Forum photographer; and Jerry Richardson and Mark Strand of the SU office of communications.

Feature Writing and Columns will be taught by Nancy Edmonds Hanson, Bismarck freelance writer, and Lou Richardson, SU Communications Department chair, from 3:30 to 6 p.m. Jan. 19.

News Writing will be presented by Terry Devine, Forum News

Editor, and Ray Burington, SU News Bureau director, from 3:30 to 6 p.m. Jan. 23.

Jerry Ruff, Forum editorial writer, and SU Ag Communications writers Steve Stark and Barry Brissman, will teach **Editorials and Reviews** from 3:30 to 6 p.m. Jan. 26.

Editing and Ethics will be discussed by Curt Monson, Forum city editor, and Lois Staszko of the SU News Bureau from 3:30 to 6 p.m. Feb. 2.

Students participating in the Press Olympics from 2:30 to 7 p.m. Feb. 4 will compete in several short timed events—Copy Editing, Rewrites, Headlines and Cutlines, Attributions, Ethics, and Leads.

During the competition, students will be allotted several hours to compete in one of six longer events—Investigative Reporting, Reviews, Editorials, Columns, Personality Profiles and Sports Writing.

Students may also compete in several photography-related events.

Participation in the Press Olympics will be limited to 72 participants. Preregistration is required. (See form at right.)

Spectrum Press Olympics Writing and Photography Workshops and Competition

Pre-registration Form

Name _____
Phone _____
Major _____
Full-time student [] Part-time student []

Sessions I will participate in:

- | | |
|--|-----------------------------------|
| <input type="checkbox"/> Photography, Part I | 6 to 9 p.m., Wednesday, Jan. 18 |
| <input type="checkbox"/> Feature Writing and Columns | 3:30 to 6 p.m., Thursday, Jan. 19 |
| <input type="checkbox"/> News Writing | 3:30 to 6 p.m., Monday, Jan. 23 |
| <input type="checkbox"/> Editorials and Reviews | 3:30 to 6 p.m., Thursday, Jan. 26 |
| <input type="checkbox"/> Photography, Part II | 6 to 9 p.m., Wednesday, Feb. 1 |
| <input type="checkbox"/> Editing and Ethics | 3:30 to 6 p.m., Thursday, Feb. 2 |
| <input type="checkbox"/> Press Olympics | 2:30 to 7 p.m., Saturday, Feb. 4 |

I am interested in participating for one hour of academic credit.
Yes [] No []

All events are in the Union or Family Life Center.

Students who participate in the Press Olympics and four of the six workshops may register for academic credit under Communications Skills Seminar, Communications 498.

Class cards will be available at the first two workshop sessions.

Participation in the Press Olympics will be limited to 72 participants on a first-come, first-served basis.

Please complete and return this form to:
Communications Department, Minard Hall
Spectrum Business Office, Memorial Union
Communications Office, Ceres Hall

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Truman Capote's style captured in book



(Photo by Kirk Kleinschmidt)

By Pearce Tefft
Staff Writer

"Music For Chameleons" by Truman Capote, Signet-\$3.50

"Music For Chameleons" is a mixture of 13 fiction and non-fiction stories, most of which are dull and lifeless. Others are a pleasant surprise and worth reading. The book seems to have Truman Capote's on-again, off-again reading style.

Books

Capote is best known for "In Cold Blood," a non-fiction novel retelling the murder of a Midwestern family. The book brought him critical acclaim. He received comparable acclaim for his novel "Breakfast at Tiffany's."

"Tiffany," a fictional novel, was dull for the average reader. Capote's strength lies in his retelling of the facts, especially murder.

One section of "Music For

Chameleons" is a novella called "Hand-carved Coffins," an investigation of an American murder. Capote grabs the reader and refuses to let go until the reader has reached the end, which the reader will find disappointing.

"Thirteen Days" by Robert Kennedy is a nice diversion if there are no other books to read or if your researching various short stories for a particular class.

Memoirs of the Cuban missile crisis, "Thirteen Days," goes beyond the memoir stage into historical documentation.

The book makes no pretense as to being more than a history lesson to one of our country's most critical periods. It has merit at this time for comparison of times, if for no other reason.

In retrospect, experts believe the Russians backed down during the Cuban crisis because of our nuclear superiority. The same experts say to-

day that that superiority no longer exists.

In fact, according to the book, the crisis boiled down to a bargaining session. The Russians would remove the missiles from Cuba if, and only if, the United States removed similar armaments from Turkey.

For those seeking nuclear disarmament, "Thirteen Days" should be required reading for its historical significance and pertinent material.

Clips

African Student Union

A meeting will be held at 5 p.m. Monday in the ULC to discuss African Night.

Home Economics Student Advisers
All members should attend an important meeting at 7:30 a.m. on Jan. 5 in the Founders Room. Everyone is needed for our plan of action. Merry Christmas!

SOTA

A Christmas party for Students Older Than Average will be held from 9 a.m. to noon today in the Founders Room. Bring a friend and enjoy the yuletide season.

Student Senate

A senate meeting will take place at 7 p.m. on Jan. 8 in the Union Meinecke lounge.

Trendsetters

Hope your Christmas vacation is great, but don't forget about the Trendsetters meeting at 3:30 p.m. on Jan. 5, in the Founders Room.

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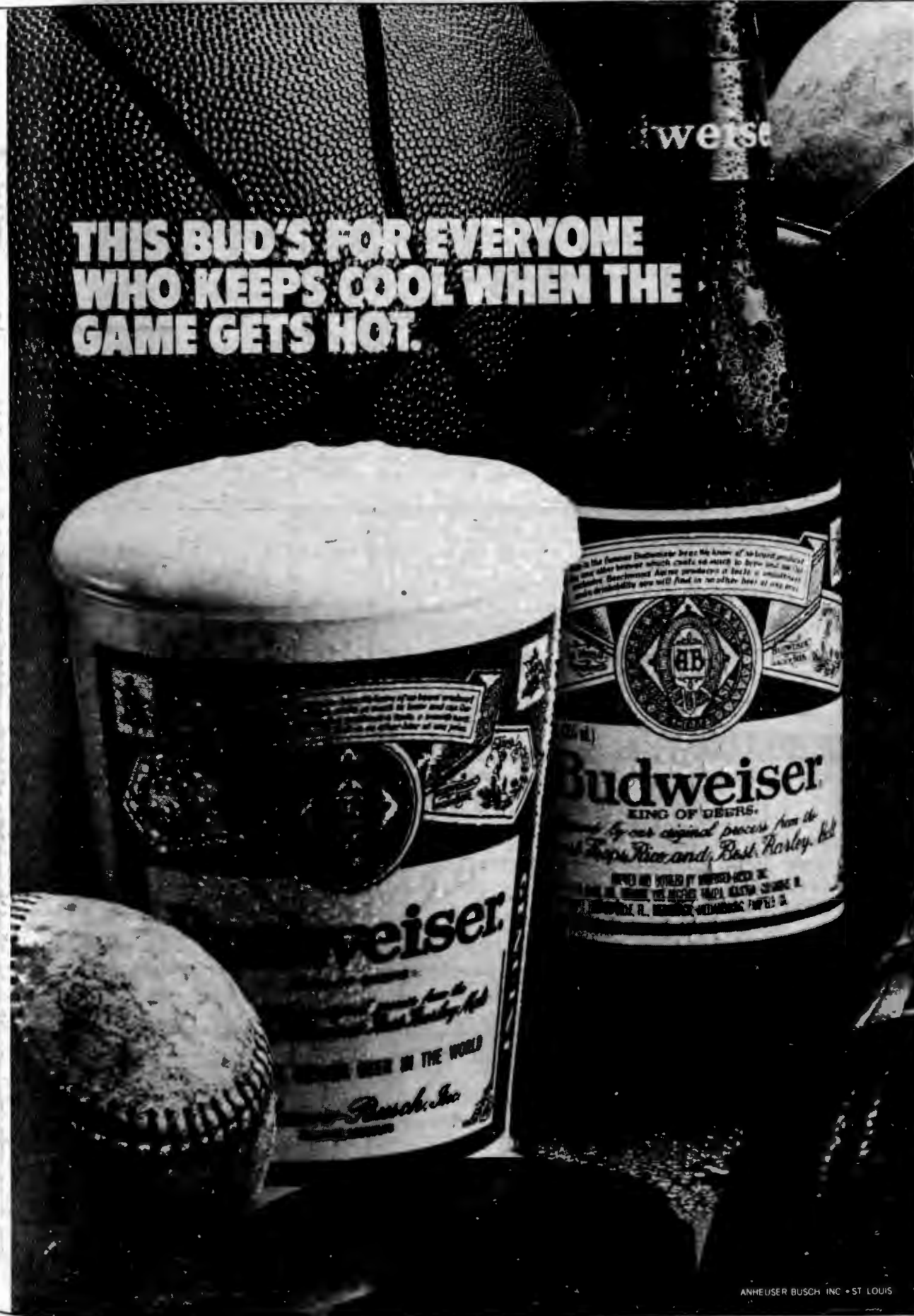


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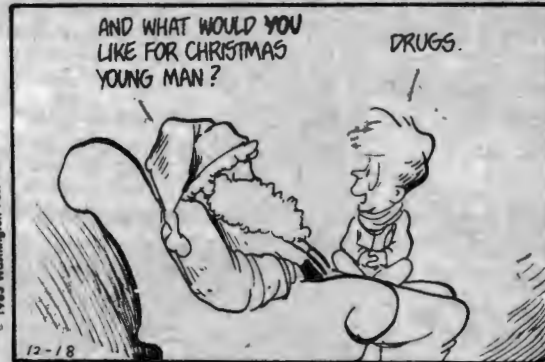
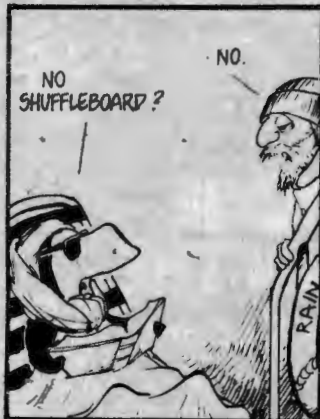
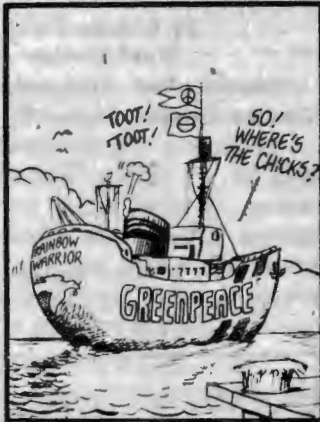
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MARLYS, CAROL, SUSAN, and OPIE: The top of the season to you all!! FLOYD

GUIDO, MY BOY; You have a lot to learn in the gangster business. I'll see you the 6th for a talking to. THE FRANK JONES III

To: #28 and #48, Merry Christmas!! From: DN and JL

Get excited for the telefund.

Merry Christmas and a VERY Happy New Year to Hot Dog and Buns, from Rosy.

For to you is born this day in the city of David a Saviour, who is Christ the Lord.

Luke 2:11

Merry Christmas to all, and to all a... GOOD LORDI IT'S THE C-TEAM!!

We thank AGR and FarmHouse for their support. ANGEL FLIGHT

JOANIE is red, Bluejeans are blue; She's got to wear them For JAN and SU!

HEIDI, your number? Call ALLEN.

Merry Christmas to the ANGELS, ARNIES and AFROTC STAFF!

We love our new KD initiates. You're all super. Have a great Christmas break.

Merry X-mas to 3 sheep lovers: PAUL, MARTY and THOMSONS. Who deserve more and get legs; from all others and sheep. P.S. May your New Years be filled with 69 (doubtful) Baa Baa Blacksheep

Merry X-mas & Happy New Year, Lite Beer, Liz, Pook, Wabbit, Tiny, Grogg, Timmer, Sniff, Muff, Cooper, Corby, Jilly & Carlene. Love ya'll TITS & RALPH

Congratulations to all new initiates. Welcome to the Greek life. The KDs

AAS PLEDGES, Did you enjoy the pleasant awakening yesterday? The ANGELS

MERRY CHRISTMAS.

FREE PUPPIES: Beagle, Labrador cross, 8 weeks old. Would make a nice Christmas present. Call 293-7761 between 8 & 5, ask for Gladys.

BRO, please have a little more consideration for Dad's property this weekend! It was such a mess last weekend...

Congratulations ROBERT H. on your recent engagement. Best of luck in the future! From your boys

Merry Christmas from the Frog to all Business Club trip participants. He need a present, too! FROG

Merry Christmas to STAN, JOHANN, HELEN and ED from that lonely college student in the north. Thank you for all the support. Love, "THE KID"

Hey GREEKS! Merry Christmas! ALPHA GAMS

KUDGIEBUNNY, Fire up for a super break! ANN

AGD Old Part Foxes! Have a Merry Christmas and a great break!! PJF

Congratulations Alpha Gam Who's Who Award Winners! TRACY MARTIN and PAULA FOSS

Hey FATTY, Have a very Merry

Christmas and watch out for the killer mistletoe. Love, SKINNY

DADDY, tell Merv, Sis, Dave, and everyone to have a cup of cheer for me this Christmas. Maybe with all that cheer in me I won't miss you so much!

Brown Eyes

All I want for Christmas is peace... total and lasting peace. Thought

To all the highly evolved female bananas in the F-M Area - Merry X-mas, and let's utilize the force and get together. May our Karma be Merry... we know who we are... LB and J, K the B

Dear Santa - Please bring Lisa a big bat so she can hit her sloppy, lazy, Inconsiderate roommate over the head. And also a pretty bunch of flowers - she's the greatest.

Merry Christmas, PETE! Have a good break - See ya in 3 weeks!

Hey guys, give Jackie a call

(241-2279) and wish her a Merry Christmas - Peace, love & walk naked in the snow!!

Happy Christmas and a Merry (hic) New Year to the hard-working elves of Apt. 72 - HULIE, PATTY (-BATTY) and MELISSUM. P.S. Happy 21st Birthday to our favorite little drummer girl, MELISSA OSTROM!! MS. CLAU

Merry Christmas, Happy New Year and Restful Break to the Super Staff. You're the greatest! JULES

To the cutest guy I know: Merry Christmas! Don't get any cuter over break... or my glasses will crack. I will contact you.

Merry Christmas John, Jeff, Scott, Al, Kevin, Jim, Roger, the Bobs, Griz, Hilton, HT, Steve, Gabe, Ed, Mark, Kent, the B-Team, Bougie, Joe, Russ, Vance, Greg, Duke, Bruce, Mr. P., Tom, Dennis, Pearce, Derrick, Kirk, Mike, AND Jerry. -Madame "Happy Holidays"

Heart Health sponsors a quit-smoking contest

By Beth M. Pessin
Staff Writer

You've probably been told, "winners never quit and quitters never win." But in a new smoking cessation program, a smoker can "Quit and Win."

By quitting, a smoker wins by decreasing the risk of heart disease and other circulatory diseases.

"The risks decrease within one year after stopping and after 10 years, the ex-smoker's risk is almost the same as that of the person who has never smoked," according to a study by the American Cancer Society.

"Quit and Win" smoking-cessation classes are offered by F-M Heart Health, a research project designed to educate the public about the risk factors associated with heart disease. The 90-minute classes are designed to prepare and motivate people to quit smoking. The smokers learn how to understand their smoking habits and tackle obstacles to quitting. The ultimate goal of the program is to teach smokers how to quit permanently.

Cynthia Sillers, smoking program coordinator for Heart Health, said in the nine-month period since the "Quit and Win" program started, there have been about 300 participants.

"The success rate (successful quitters) is about 15 to 20 percent," she said. Sillers said these percentages are good for this particular type of program.

"The success rate is not as high as it is for other types of programs, because there's no support group." However, she added that because the program is only 90 minutes long, more people are willing to participate.

As an added incentive to quit smoking a quitters' contest is being held by Heart Health. The grand prize is a trip to Orlando, Fla., for a family of four. The prize includes round-trip airfare, seven nights' lodging, spending money, a rental car and a "Three Day World Passport" to Disney World, EPCOT

Center and Magic Kingdom. First and second prizes will also be awarded.

To be eligible, a smoker must have smoked at least 10 cigarettes a day for the past year. Entrants must also be 18 or older and live within a 10-mile radius of Fargo, Moorhead or West Fargo city limits. Contestants must quit all use of tobacco by Jan. 1.

On Jan. 31, 100 finalists will be drawn from the total entrants. Those finalists will then be asked to submit a biochemical test so laboratory specialists can determine if they have abstained from using tobacco during the month of January.

Finalists who pass the test will have their names entered in a random drawing for prizes on Feb. 14.

The goal is to get 2,000 to 3,000 individuals, Sillers said. During the first week of the contest there were 95 entries, she added.

Sillers said getting businesses to contribute prizes was not difficult. "We've (F-M Heart Health) had a lot of community support."

Planning for the contest has been in process since last April and according to Sillers, volunteers solicited most of the prizes. There are also about 50 volunteers who spend an average of two hours at the registration booths.

An individual doesn't have to be a participant in "Quit and Win" to enter the contest. Any smoker can enter, they just need to have their complete entry form signed by their physician, dentist, a member of Fargo-Moorhead Heart Health or a Smoking Task Force member who is familiar with their smoking habits.

But, even if a quitter doesn't win the contest, the added health benefits make them a winner.

Other smoking cessation programs are offered by the SU psychology department. For more information contact Russ Glasgow (237-7343). A five-day plan is offered by The Seventh Day Adventists, contact Charles Barr, M.D. (293-7243).

Two guests try their luck at pro picks

By Pearce Tefft
Staff Writer

Ah, the last week of the regular season. Football widows will rejoice, while diehard fans will prepare for the withdrawal symptoms. Fortunately, the United States Football League will come to the rescue in March.

Pro Picks

This week's guest pickers will be Don Morton, head coach of the National Champion Bison. Bamson Fadipe will also make a futile attempt to outpick the picker.

For those who are interested, last week we had a three-way tie. All of us had nine right; however, Dan Hammer and Mike Morey failed to cover the point spread on three of their games, while I missed on only two.

N.Y. Jets at Miami, Vegas: Miami by 8½; Morton: Miami by 7; Fadipe: Miami by 6.

For a while the Jets seemed to be getting serious about football. That only lasted until they met a class act. Pittsburgh beat them last week 34-7. Miami is a class act as well, although they may be a little suspect this Sunday with rookie sensation Dan Marino questionable. Miami by 7.

Cincinnati at Minnesota, Vegas: Bengals by 3; Morton: Bengals by 10; Fadipe: Vikings by 4 (Saturday).

The Vikings have hung up their horns and are going to wait for next year. Bengals by 7.

N.Y. Giants at Washington, Vegas: Redskins by 15; Morton: Washington by 10; Fadipe: Redskins by 10 (Saturday).

The Redskins can become only the second team to win 14 games in one regular season with a victory Sunday. After the Dallas victory, few will question Washington's Super Bowl win following the strike-shortened season of last year. Redskins by a bunch (12).

Denver at Kansas City, Vegas: Denver by 2½; Morton: Denver by 4; Fadipe: Denver by 6.

This time of the year the picks get tougher, especially when they involve teams that have clinched a play-off position as is the case of Denver. Kansas City held some lofty goals during the first part of the season. Some respectability could be gained by beating Denver. Chiefs by 3.

Green Bay at Chicago, Vegas: Chicago by 2½; Morton: Chicago by 7; Fadipe: Chicago by 6.

Not one team of the NFC central division wanted to win this year. As evidence, you needed to see last Monday's game between the Packers and Tampa Bay. Pitiful. Chicago by 5.

L.A. Rams at New Orleans, Vegas: Saints by 2; Morton: Saints by 6; Fadipe: Rams by 3.

The winner of this game will be in the play-offs — the Rams as possible

NFC West champions, the Saints as a wild-card team. This should be the best game of the weekend. Saints by 2.

Philadelphia at St. Louis, Vegas: St. Louis by 6; Morton: St. Louis by 3; Fadipe: St. Louis by 5.

So who cares? Neither team is playing for anything — except pride. Color this one red for the Cardinals. St. Louis by 7.

Pittsburgh at Cleveland, Vegas: Cleveland by 3; Morton: Pittsburgh by 7; Fadipe: Pittsburgh by 7.

If Terry Bradshaw could be healthy enough to make it through the play-offs, the Steelers just might make it through to the Super Bowl. Not because Bradshaw is a one-man team (nobody is), but one man can lead and inspire a team to victory. Bradshaw is such a man. Steelers by 5.

Buffalo at Atlanta, Vegas: Atlanta by 1½; Morton: Buffalo by 3; Fadipe: Atlanta by 5.

Ho-hum, Atlanta wished for two weeks for the sky to fall. Have heart Falcons, you shouldn't need any help this weekend. Atlanta by 3.

Houston at Baltimore, Vegas: Baltimore by 4; Morton: Baltimore by 10; Fadipe: Colts by 4.

Houston surprised Cleveland last week and all but eliminated the Browns from post-season play. The Colts almost did the same to Denver. Colts by 4.

San Diego at L.A. Raiders, Vegas: Raiders by 9; Morton: Raiders by 7; Fadipe: Raiders by 6.

The Raiders need this only to ensure home-field advantage in the play-offs. The home field didn't mean anything in 1980 when they won the Super Bowl as a wild-card team. Raiders by 6.

New England at Seattle, Vegas: Seattle by 2½; Morton: Seattle by 6; Fadipe: Seattle by 3.

Both teams are still alive for post-season spot. This will be the other good game. The Pats appeared ready by beating the Rams in L.A. Chuck Knox, the Seahawks coach, is well-versed in getting his teams into the play-offs. Once there, his teams have trouble. Seattle by 6.

Tampa Bay at Detroit, Vegas: Detroit by 8; Morton: Tampa Bay by 3; Fadipe: Detroit by 7.

Two years ago the Bucs came into the Silver Dome for the last game of the season. The Lions hadn't lost a home game all season and needed this one for a play-off spot. No sweat, right? Wrong. The Lions lost. That's called choking. Not this year. Lions by 10.

Dallas at San Francisco, Vegas: Dallas by 1; Morton: 49ers by 6; Fadipe: 49ers by 2 (Monday).

The Cowboys bit the dust last Sunday against the Redskins. The 49ers play in the mud. 49ers by 3.

Predictions made on AFC, NFC and Super Bowl games

By Pearce Tefft
Staff Writer

No picker worth his weight would let the play-off season pass and not attempt to predict the outcome — so here goes.

AFC-Miami and the L.A. Raiders are still hoping for the home-field advantage during the play-offs. Pittsburgh will take the Central Division and travel to the team that loses out. The wild-card teams will be Denver and either Buffalo, New England, Cleveland or Seattle. Based on this week's games, I'll go with Seattle. The Seahawks will have to travel to Denver unless the Broncos lose against the Chiefs on Sunday. Either way Chuck Knox should have his team ready to win the wild-card play-off.

That would put the Seahawks in Miami the following week and the Steelers in L.A. playing the Raiders. Dan Marino will be healthy for Miami and guide a balanced attack to victory.

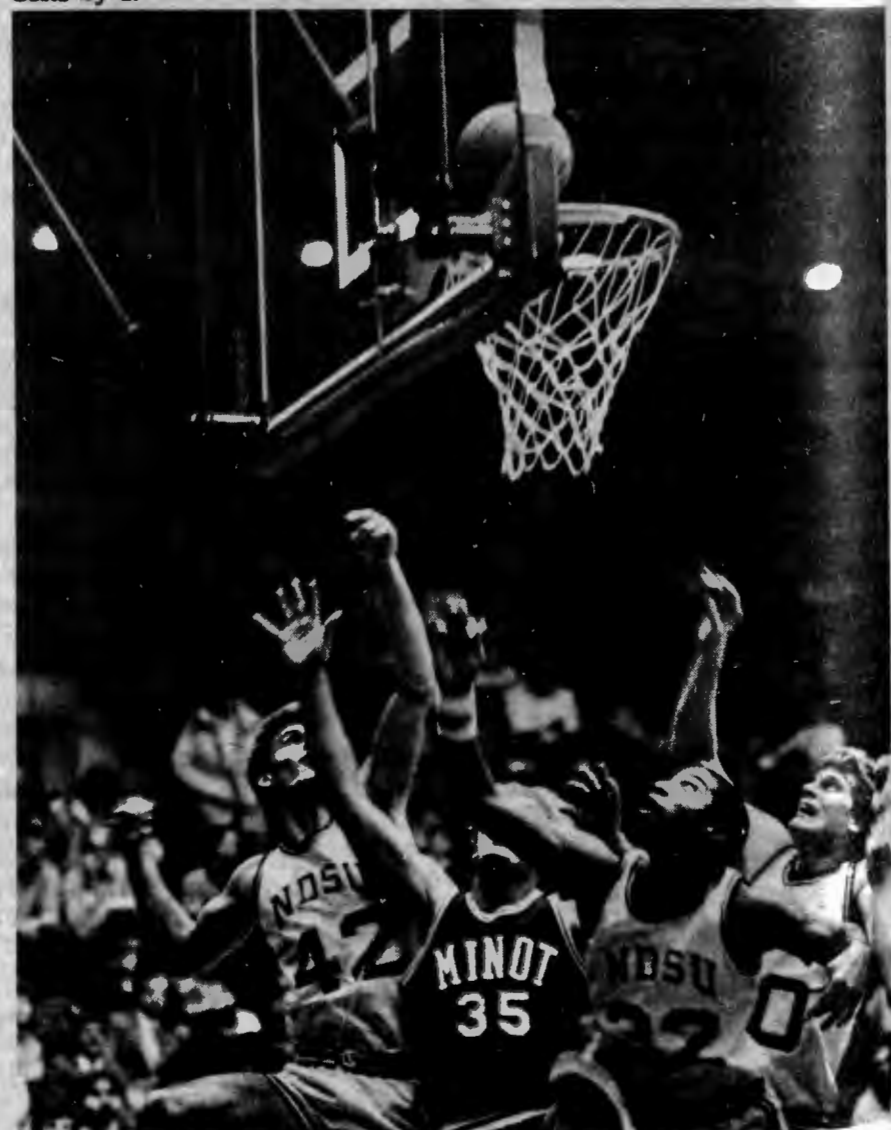
The Steelers are not in the same class with the Raiders, so the AFC championship game will find Miami traveling to L.A., with the Raiders going to the Super Bowl.

NFC-The Washington Redskins by virtue of their shellacking of Dallas will keep the home field during

the play-offs like last year. Dallas will have to resign themselves to being a wild-card team. Figure Detroit to win the Central Division and play the Redskins following the wild-card play-offs. From the West will come the other two pretenders, I mean contenders. For the sake of argument we'll go with the 49ers to take the division and the Saints to be the final wild-card team.

The Saints will lose to Dallas next week. Dallas will return to San Francisco the following week and lose again. This will put the 49ers in the championship game against the Redskins. It goes without saying that the Redskins will dispatch Detroit with little trouble. Figure the Redskins to make a return trip to the Super Bowl, something that hasn't been accomplished for more than four years.

Super Bowl-Assuming both of the teams actually make it to the Super Bowl, it will be a repeat of an earlier game this season. A lot of people will bring up that contest, but to no avail. At this stage it matters not. Tampa Bay, the site of this year's Super Bowl, will ignite with footballs. This will be the best Super Bowl in recent memory. Washington 32, L.A. Raiders 30.



Heads Up!

The Bison basketball team played Dakota Northwestern, formerly Minot State on Monday night. The Bison won the matchup 87-66. All heads are up to see if the ball will go into the basket. From left to right are Chad Sheets, Bruce Kramer, John Milton, and Steve Stacey. (Photo by Bob Nelson)