

Americans are fleeing moral political issues

By Julie Homelvig

American religions are in danger of losing their power to draw attention to moral issues in politics, Dr. Jacobson, director of the Ecumenical Center at Concordia College, said at a Theology Forum last Thursday.

Americans can't keep their attention on moral issues for a long period of time. Americans like to feel fine and comfortable. Jacobson calls this "the American Disease of Death," and said former President Jimmy Carter was unpopular because he called attention to problems.

Drugs use as a symptom of Americans' flight from reality. Americans like to keep the poor out of their lives. "America is not a Christian nation," he said. "It is not indicated by belief in God but by how people live. Americans are preoccupied with success and power. Yet we are compelled to maintain the image of a Christian nation. America has both a civil religion and a variety of cultural religions," Jacobson said.

Jacobson defined civil religion as a generalized religious heritage that provides a system of values. In many ways it is shallow, Jacobson

said, but calls people to a common good.

"Democracy cannot work unless there is a generalized consensus on values."

Jacobson said that it is religion that we recognize on Memorial Day and Thanksgiving Day.

Civil religion is what helped President Eisenhower to see that weapons were a theft from the poor and hungry.

It provides a corrective for the tendency of the economic system to ignore social problems, he said.

The other type of religion that we have is cultural, and this is religion that has lost its integrity, Jacobson said.

Religious freedom has tended to produce cultural religion. Churches tried to gain new members by means of persuasion.

"Religion has turned to consumerism. It shaped itself to the needs of the customers."

Jacobson said that the premium on persuasion has diminished the importance of theology and thinking.

Cultural religion is simplistic and uncritical. It is considered to be a private matter for the individual, he said.

"This has fatal results for the public and the religious impact on public issues. Religion cannot become another interest group. It must be critical of all contestants in

the arena."

The Catholics and the Mormons were more successful in maintaining religious traditions and so were the Lutherans and the Jewish to an extent, Jacobson said.

He said the bishops who have taken a stand against nuclear arms are one group who have maintained the political usefulness of religion.

Band tries to stop student striptease acts in stands

(CPS)—There'll be no more students stripping in the stands at Idaho State University, at least if the ISU Pep Band has anything to do with it.

For the last three years, a handful of male fans have been taking off their clothes every time the band plays "The Stripper" at ISU home football games.

So band Director David Missal said the band will no longer play the song.

"Four or five guys do what they think is a comedy routine," Missal explains. "It's not funny anymore. They don't even have good bodies."

But the band is finding the student strippers, allegedly all members of the ISU track team, are hard to stop.

"Authoritarian religions can contribute to closed-mindedness but can preserve worthwhile traditions and provide critical distance for what's going on in society."

Americans offer technical solutions to a problem without being aware of the source of a problem, Jacobson said.

The strippers have retaliated by bringing a cassette tape of the song to the games and taking off their clothes anyway.

The group is not track members exclusively, says Dave Neilson, ISU's assistant track coach. "I don't think it gives us a bad image either. It's just a joke."

"If they want to do it, we can't stop them," Missal concedes.

But when the band heard the tape playing in the stands at a recent game and saw the students baring all, "we drowned them out with another song," Missal says.

As a result, a fan conduct issue has become a free speech issue. After the Pep Band spoiled the strippers' fun, "they got angry and said we were imposing our morals on others," Missal reports.

Yet Missal, who compared the stunt to a prank like swallowing goldfish, intends to keep spoiling the strippers' fun.

"It's something you watch for a while, but it has nothing to do with the game or school spirit."

Buffalo, rabbit stew, and bear paws are on menu at special meal

(NB)—The Native American Student Association and the SU Food Service will present a special Native American meal for \$5 from 11:30 p.m. Wednesday in the Ballroom.

The menu includes rabbit stew, roasted buffalo, fried walleye pike, fresh vegetable mix, spinach and endive salad, atheneum mushrooms, crunch cukes, applesauce with cinnamon, cranberry relish, baked squash, corn bake, wild rice casserole, bear paws, huckleberry bread and steamed pumpkin pudding.

Martha Many Grey Horses, education consultant from Alberta, Canada, will speak about "A Holistic Approach to Education—From a Native American Perspective."

Music will be provided by Francis Steindorf, SU adviser for minority student affairs and Doreen Counts, president of SU Native American Student Association. Call the Dacotah Inn for reservations.



Circle K sponsored a blood drive on Monday and Tuesday. (Photo by Jeff Wisniewski)

Student internships are on the rise both nationwide and in surrounding area

By Gary May

Internships for students are on the rise nationwide and the local outlook is following that trend. Officers of placement programs at SU, Concordia, and MSU have all reported increases in student participation.

Sharon Cobb, assistant director of the cooperative education department at SU, said the strength of the economy has been a factor but emphasized the growth of the department itself as the major cause of the increase.

Because of a three-year government demonstration grant, the Coop Ed Program has been able to expand the working staff, adding three coordinators and one secretarial support person in the past two years.

Cobb said the increase in the staff has enabled them to expand the employer pool also.

"We have probably doubled the number of employer contacts in the last two years," she said. The pool consists of 540 employers with 100 more contemplating membership.

The department has 877 students currently enrolled in the program.

The Coop Ed Office is using two internship plans. The alternating plan allows students to work full time for a period of three to six months. The student must then attend school for a similar amount of time. This plan is the most popular of the two, Cobb said.

The parallel plan allows students to work part-time while attending school.

The office places students nationwide, Cobb said.

"We have placed students from Pembina, N.D. to Dallas, Washington D.C. and Los Angeles," she said.

The office strives to make the job-seeking environment as "real world as possible." Once students are plac-

ed, the students themselves make the arrangements for housing and necessities. Cobb said the companies are very good about providing assistance.

When the internship is completed, and the employee becomes a student again, the office can be called upon for help.

"We are a service office committed to (helping the student make the) transition from the role of a student to the role of an employee and back," Cobb said. This includes registration, housing and getting financial aid.

Cobb sees the coop program as having a three-fold benefit in which the employer and the student get a free look at each other with no commitment for long-term employment on either side.

The student gets paid for work done while earning credits toward a degree.

The university and the cooperative education program benefit from exposure in the national marketplace.

"Students become ambassadors for the university," Cobb said.

Nationwide statistics show that about 70 percent of interns eventually get job offers from the companies they interned for. SU's statistics follow about the same trend. Cobb attributes this to the academic background of the students and the strong work ethic many interns have.

She thinks students are strong in the nationwide markets because of this.

Mel Schmitz, director of career planning and placement of MSU, also sees an increase in business and student interest.

Along with this increase, Schmitz noted the competitive nature for internships.

"Competition for the good oppor-

tunities is very keen," he said.

Schmitz said strong internships are available in social services, mass communications, and computer science, and he urges students to apply for such positions early in their academic career because of the competition nature of the marketplace.

He also said that employers are looking for people with related experience in their field.

"There is going to be less recruiting of graduates and more recruiting of interns," he commented.

Dr. Don McKenna, director of cooperative education at Concordia, saw a large jump in placements this year.

"We have 106 placements this year; the most we ever had before is 80."

Most of the placements are local, but there are interns throughout the nation. "We've placed in the midwest states," he said.

Computer science, accounting and chemistry internships are among the strongest at Concordia.

McKenna credits the economy with much of the turnaround but is quick to point out the college helps out.

"We have tremendous faculty rapport," he said.



Condition Your Skin
SUNTAN
Before You Go On Vacation
A dramatic new concept in the F-M area. You lie down in a sunbed, listen to stereo headphones, and relax in a private room. We provide a safe, no-burn, convenient method. You be excited with the results and you won't experience a painful sunburn!

FREE
15-minute Sun Session
one per customer
SUN HEALTH CENTRE
THE SAFER TANNING SALON
1330 Gateway Dr.
Fargo
293-5746

COUPON

PHIL WONG'S RESTAURANT



A FORTUNE OF FOOD
CHINESE & AMERICAN FOODS
COCKTAILS & WINE
OPEN 11AM-11PM
CL. SAT. SUNDAYS & HOLIDAYS

WE DELIVER TO YOUR DORM OR APARTMENT
235-6431
623 N P AV
FARGO

1 CARAT REG. \$2950 SPECIAL **\$1950**



Exclusively Diamonds

1450 25th St. S., Market Square Open: Mon.-Fri. 10-6 Sat. 10-4
Rick, Cheryl & Tiffany Palmer 237-4958 Later by Appt.

The Library
WILL be open on
Veteran's Day
—regular hours—

232-3260 **BUSY BUBBLES** Just north of SU on University!

CAR WASH & LAUNDROMAT
2102 12th St. N.
Fargo, ND

NOW OPEN



Broadway Car Wash

3501 N. Broadway, Fargo
7 a.m. to 10 p.m.

The Latest In Self-Service Car Wash Equipment

SAFARI THEATRE
1-94 & HWY. 75 • 236-5257

He's 16, She's 22
ALL HE WANTED WAS HER PICTURE. WHAT HE GOT WAS
NO SMALL AFFAIR
Eve 7:15-9:15 Sun 1:15-3:15-5:15-7:15-9:15

STEVE MARTIN LILY TOMLIN
ALL OF ME
A UNIVERSAL RELEASE
Eve 7-9 Sun 1-3-5-7-9

IN THIS COUNTRY, WHEN THE LAND IS YOUR LIFE... YOU FIGHT FOR YOUR LIFE.
Country
PG TOUCHSTONE FILMS
Eve 7-9 Sun 1-3-5-7-9

IT'S BACK FRI. & SAT. ONLY
PINK FLOYDS
In Stereo **THE WALL** R
Fri. & Sat. 11:30



\$3 off LARGE and FREE delivery
OR
\$2 off MEDIUM and FREE delivery
Dining, Carry out or Delivery

NORTHSIDE
3132 N. Broadway
237-3801
SOUTHSIDE
2511 S. University
293-5252



EXPIRES 12/1/84 Offer not valid in conjunction with any other offer

GRAM SNACK SPECIAL

Buy 1 jumbo or super jumbo cookie - get another at 1/2 price (with coupon)

open 10-10 M-Th
closed Sat. & Sun.
293-9897



(above Nick's)

expires 11/16/84

ennessee Williams'



The Glass Menagerie



Nov. 1, 2, 3,
8, 9, 10, 1984
8:15 p.m.

Askans Hall
North Dakota State University
Tickets 237-7969

PURPLE PASSIONATE POSTER

Add passion to your punch with Everclear 190 proof grain alcohol.

EVERCLEAR ALCOHOL



EVERCLEAR POSTER OFFER

For your full color 15" x 22" Everclear poster, send \$3.00 in check, money order or use your Mastercard or Visa to:

Everclear Poster Offer
800 3rd Avenue West
Seattle, WA 98119

Name _____
Address _____
City/State _____ Zip _____
Signature _____

Mastercard Visa Discover

Order shipped within 48 hours. Offer good in US only. Offer void where prohibited by law. No product purchase necessary. Everclear bottled by World Wide Distilled Products Company, St. Louis, MO 63130. Everclear, the ultimate mixer, use in moderation, not intended for consumption unless mixed with non-alcoholic beverages.



Beth Haseltine, left, and Becky Montgomery, right, talked about child abuse. (The photograph, by Bob Nelson, is a composite.)

Talk on child sexual abuse points to more education

By Pausha Nenow

Becky Montgomery, Sexual Assault Program Coordinator, and counselor Beth Haseltine of the Rape and Abuse Crisis Center spoke about child sexual abuse prevention at a Brown Bag Seminar Oct. 31.

The center had 313 clients in 1983. Of these, 131 were under 18 years of age.

Abuse is shown to be on the rise with the months of January through September 1984 reporting 122 cases of abuse in this age category.

Abuse is also shown to go up during the summer months.

Recent national statistics show that one-third of those under 18 have been sexually abused in some way, shape or form, Haseltine said.

Child sexual abuse ranges from exposure to genital fondling to intercourse, although intercourse is not as common as most think, she said.

The child knows and trusts the perpetrator 85 percent of the time. He may be a friend of the family or a member of the family.

Haseltine said the abuser uses the trust of the child to coerce him/her into an abusive situation.

"That's what causes most of the shame and confusion for them," she said.

Of child sexual offenders, 94 percent are male. They abuse both male and female children with a larger percentage of girls abused.

Some believe that children actually seduce the would-be abuser. "Children are not to blame in any way, shape or form, Haseltine argues.

For the most part, when an adult tells you to do something, you do it."

Many children in an abusing situation believe that it is normal to be sexually touched. They do not know that other dads do not do these things to their children.

In a family situation, one spouse may be unaware of ongoing abuse. He or she may notice something wrong but not know what it is.

In other situations, a spouse may be afraid or ashamed to confront such situations.

"Parenting courses lack information on raising children to know they have the ability to prevent sexual abuse," Montgomery said.

Parents raise children to be vulnerable and powerless by rearing them to obey "big" people. In this way, she said, they actually set them up to be abused.

Many parents have an uncomfortable attitude about sex which teaches the child to be uncomfortable too.

When children are young, parents will teach them the parts of the body such as ears, nose, toes and totally disregard anything from the shoulders to the knees, Montgomery said. This gives a child the message that there is something wrong or dirty about that part of his body.

When a child is sexually abused, he has no vocabulary to describe what has happened to him. He also feels shame because there is something dirty about that part.

Montgomery said that teaching children they have the right to say no is another step in preventing sexual abuse.

This right gives a child a sense of control over what others do to him.

Explaining and showing a child that one respects their wanting something also adds to their sense of control.

"What if?" games are most helpful in preventing abuse situations, Montgomery said. They involve giving a child a situation and asking what he'd do in such case.

The next step of the game is telling a child the way he is supposed to behave. She said this reinforces preventative behavior.

"Red Light, Green Light" is a preventative program that is now working in the Fargo school system, Montgomery said.

This program involves support systems or people a child trusts and will talk to.

It teaches a child to be assertive and to know they have a right to say no.

The difference between a green light touch, a good feeling touch, and a red light touch, a bad feeling or uncomfortable touch, is distinguished.

Prosecuting child sexual abusers is very difficult, Montgomery said, because there is usually no physical or medical evidence.

Abuse to page 5

The rallies I attended while I was in high school were all telling us how important it was to be informed about the issues and the candidates so we could properly exercise our right to vote. The candidates went on to tell us everyone has an opinion and a right to express it.

As part of a Democratic society, we have responsibilities that go along with the rights we have. We need to stand up in order to be counted.

Well, I stood up to be counted in the Presidential election last Tuesday and I wasn't counted.

I had to vote by absentee ballot due to declared residency and voter registration. I requested my ballot in September and finally received it on Nov. 5.

In order for my vote to be valid it had to be postmarked on or before Nov. 6. I had my ballot in the evening mail (Nov. 6). It takes mail four to five days to travel between North Dakota and Alaska, which means my vote could possibly reach the courthouse by Saturday.

I was more than perturbed when I heard the election results announced. How do they know who really won?

When I called the State Department to inquire about how they allotted for these votes, I was informed that the election results are projected results until Friday, Nov. 9.

On Friday, a board will evaluate all votes that came in after Nov. 6. From this evaluation they will determine the final results of the election.

Any ballots received after Nov. 9 will be disregarded.

Since my ballot will not be received until Nov. 10, or later, my vote won't count.

So why did I vote? In order to be heard. Our government is not listening to its people and I don't like it. If the election officials aren't going to make some provisions for handling these absentee ballots, then they should see to it that the ballots are available to the public at an earlier date which would enable people to have the ballots returned in time to be tabulated with all other ballots from the respective districts.

Our system should be changed so that everyone gets a say before the results are televised. They were televising predicted winners before the polls were closed in some areas of the country.

Jennifer Osowski

Student attempts to loosen the current rut in the letters to editor

To the Editor,

Oh boy do I have alot to talk about!!!!!! Let's start at Joshua Satter's letter, what's wrong with you?! Don't you have a sense of humor?? Couldn't you see the sarcasm that was screaming out from John Sullivan's letter? When I read his letter I was roaring with laughter. I think you should socialize more and read less, so you could loosen some starch in your collar. The Spectrum should have written you a note informing you that the letter was sarcastic in order to save you from the embarrassment you must now be feeling.

Now onto another point, what is the purpose of this constant rehashing of religion? Is this the Spectrum's attempt at creating controversy? I'm very bored with it, C'mon lets get with it the Spectrum shouldn't have to become a sounding board for this. Lets talk about something else. I'll even attempt to generate some interest, how about registering for the draft?, I'm for it. How about addressing the need of stopping really stupid, insensitive commercials on T.V. especially the ones centered on feminine hygiene (Kotex, Tampax, douches, and the rest). I can't really get into those (no pun intended). Let's have a debate on capital punishment, I'm for it. Let's debate the possible integration of women into combatant roles in the military, I'm against it complete-

ly. C'mon libbers take issue with that one. Are there any who are thrilled about the 10 percent increase in next years tuition? How many students think that food prices at the Cul de Sac are too high? How about a sub sandwich that sells for \$1.90 is too high. Can the Cul de Sac defend those prices....I don't think it can be done with a straight face. How about another subject? The Resident Dining Facility has a policy that is a little bizarre. The claim is made of you can eat as much as you want, but that's not true. You get seconds of your choice. There is no seconds of a certain course, suppose on the first course through you take main course after finishing you go back for seconds and want main course in reality you're not going to get seconds on course B because it would be the first time you'd get it....right?

I feel the biggest danger to students living off campus is the new proposal in front of the City Commission that is limiting numbers of students in residential areas. To me, I think students would be in an uproar over this. Where are all the protesters that were here earlier in the quarter? I would sign it.

I hope this will loosen the current rut in the letters to the editor.

Robert Smith
Humanities

Letters to the Editor

The Spectrum welcomes letters to the editor. Those intended for publication must be typewritten, double spaced and no longer than two pages. Letters are run as submitted including all errors and are due by 5 p.m. Friday for Tuesday's issue and 5 p.m. Tuesday for Friday's. We reserve the right to shorten long letters.

Letters must be signed, include your SU affiliation, major and a telephone number at which you can be reached. Unsigned letters will not be published under any circumstances.

The Spectrum is a student-run newspaper published Tuesdays and Fridays at Fargo, N.D., during the school year except holidays, vacations, and examination periods.

Opinions expressed are not necessarily those of university administration, faculty or student body.

The Spectrum welcomes letters to the editor. Those intended for publication must be typewritten, double spaced and no longer than two pages. Letters are run as submitted including all errors and are due by 5 p.m. Friday for Tuesday's issue and 5 p.m. Tuesday for Friday's. We reserve the right to shorten all letters.

Letters must be signed. Unsigned letters will not be published under any circumstances. With your letter please include your SU affiliation, major and a telephone number at which you can be reached.

Spectrum editorial and business offices are located on the second floor, south side of Memorial Union. The main office number is 237-8929. The editor can be reached at 237-8629; editorial staff, 237-7414; business/advertising manager, 237-7407; and advertising staff, 237-8994.

The Spectrum is printed by Southeastern Printing, Casselton, N.D.

- Editor.....Jodi Schroeder
- Business & Advertising Manager.....J. Derrick Norwood
- Office Manager.....Peggyrae George
- Design Editor.....Jen Osowski
- Sales Representative.....John Halber
Mitch Gallagher
Dannette Fettig
- Editors
- News.....Kevin Cassella
- Arts.....Lori Lechtenberg
- Features.....Beth Forkner
- Sports.....Michael Morey
- Photography.....Bob Nelson
- Copy Editor.....Cheryl Hankel
Lori Lechtenberg
Christine Sauer
- Darkroom tech.....Rick Engen
Jeff Wisnewski
- Typography.....Kathleen Mahoney
Kristi Lang
Cathi Koenig
- File Clerk.....Jennifer Olson
- Production.....Cheryl Hankel
Jen Osowski
Paul Norlander



"You Deserve a Break!"

Jon Erdahl and 'ROCK RADIO Q-98'

at the NIBBLE NOOK
Tues. Nov. 13, 8pm-10:30pm.
(Lower Level-West Dining Center)

Superweight

- Novelty pens
- Pencils
- Erasers
- Wide variety of fun stickers
- Gift wraps
- Greeting cards
- Boxed stationery
- Napkins & paper plates

Bring This
In For

25% OFF
**ON COMPLETE
PERSONALIZED
STATIONERY**

(expires Nov. 30)

WEST ACRES

PH. 282-8666

NDSU STUDENTS ONLY

* **VCR plus 2 movies - 1 day** *
Monday thru Thursday
Only \$4⁹⁹

Just show us your student I.D.

Fargo - Moorhead's LARGEST SELECTION of Movies!

Just show us This Coupon and your student I.D.
Expires November 30, 1984

326 25th St.S.
Fargo
233-3236



Moorhead Center Mall
Moorhead
233-5620

London School of Economics and Political Science

A chance to study and live in London

Junior-year programs. Postgraduate Diplomas.
One-Year Master's Degrees and Research
Opportunities in the Social Sciences.

The wide range of subjects includes:

- Accounting and Finance • Actuarial Science •
- Anthropology • Business Studies • Economics •
- Econometrics • Economic History • European
- Studies • Geography • Government • Industrial
- Relations • International History • International
- Relations • Law • Management Science • Operational
- Research • Personnel Management • Philosophy •
- Population Studies • Politics • Regional and Urban
- Planning Studies • Sea-Use Policy • Social
- Administration • Social Planning in Developing
- Countries • Social Work • Sociology • Social
- Psychology • Statistical and Mathematical Sciences •
- Systems Analysis •

Application forms from:
Admissions Registrar, L.S.E., Houghton Street,
London WC2A 2AE, England, stating whether
undergraduate or postgraduate
and quoting Room 10.



LSE

Student wants open-rec hours during exam week

To the Editor,

It is November 1984, and I feel that you are still "in the dark" concerning this issue. Finals week is just around the corner, and I am disappointed and angry at your subtle apathy towards students which is shown by having NO OPEN REC HOURS DURING FINALS WEEK. I envy the athletes who are allowed to use the facilities. What about the rest of us who are already at a bare minimum of 2-3 hours a week, Mon-Fri. Are you suggesting exercise is not important during finals week or on the week-ends with the inconsistent hours? Back to my main concern, HOW CAN YOU JUSTIFY CANCELLING OPEN-REC HOURS DURING FINALS WEEK???, especially since the stress and pressures are greater! Students at NDSU who realize the importance of exercise in their daily lives are not getting a fair deal!! Do you close it only to allow yourselves an extended vacation? Well, life goes on during finals week! Those who have jobs continue to work, despite tests! Take a look at our library. They extend their hours (and many students are employed there) to benefit the

students. I am not even asking you to extend open-rec hours, but I am asking you TO KEEP IT OPEN DURING FINALS WEEK to benefit both students and faculty. Finals week is a continuation of each quarter; school is not yet out, so why in the world must you close this important University facility?!

Exercise, as you ought to know, is an important part of life. I am not ashamed to admit that I need my daily swim work-out. Exercise is important, and I find it very difficult to understand your reasoning in having no open-rec hours during finals week or many of the week-ends! Not everyone enjoys jogging in this cold ND climate and getting shin splints and knee injuries from running on the cement! Students and faculty are paying to use these facilities, and it is high time this apathy comes to an end. NDSU REC. DEPT., GET WITH IT! It is nearly 1985, and unfortunately you are still in the "dark ages" concerning open-rec hours for the physically active NDSU students and faculty who want to live a longer and healthier life!

Louise Schulz
CDFR

Experienced student is frustrated by Spectrum's inclimate weather

To the Editor,

There was an error in "The Spectrum" of Oct. 30 that was so bad I can't let it pass. On page 13 the following cutline appeared under a photograph: "SU's Bison mascot shows evidence of the inclimate weather upon its fur." The word in climate. The thing that exasperates me about this is that apparently no one on the newspaper staff questioned it enough to catch the mistake. I have worked on a newspaper and realize how much work each edition entails, but I also know that several people see every story, advertisement and photograph before the paper is published. Such an outstanding er-

ror should have caught someone's attention.

I have debated with other students the importance of correct spelling, punctuation and usage, I have heard the excuse, "Well, as long as you know what I mean, it really doesn't matter if I say it correctly." If the answer to a question in mathematics is "2.0" and my answer if "2.1," is my error defensible because "you knew what I meant"? Language deserves the same precision as any science—perhaps more because it is the means by which all other knowledge is gained.

Ann Nelson
Nursing



Abuse from page 3

Courts also tend to believe an adult over a child. Many times, because of a child's limited vocabulary and understanding, he cannot give details a prosecutor needs.

"A lot of people in our society believe that sex is something that they have to do and is dirty. They learn this from their parents," Montgomery said.

She stresses raising a child so they know they can go to a parent, and talk about intimate things. Raising a child with a strong sense of who he/she is is most important along with knowing that he has the right to say no.

Champion to discuss pornography violence

(NB)—Cheryl Champion, a member of the board of directors of the "Pornography Resource Center, Minneapolis, will discuss "Pornography, Legal Violence?" during a YMCA of NDSU Brown Bag Seminar at 12:30 p.m. Wednesday in the States Room of the Union.

The recent focus on pornography and national, state and local legislation has individuals questioning moral and legal implications. Champion will present an overview of pornography ordinances in major cities across the United States. She also will discuss the connection between pornography and violence.

Champion has been a feminist organizer in the area of violence against women for 14 years. She is coordinator of a sexual abuse intervention and treatment program as well as a member of the Minnesota Coalition Sexual Assault Programs. She serves on the board of directors for the Battered Womens Shelter and the Family Violence Network in her local community.

Student Opportunity Program gets \$500 from YMCA of NDSU

(NB)—The YMCA of NDSU has contributed \$500 to the Student Opportunity Program to be used to provide foreign students with developmental and tutorial assistance during the 1984-85 academic year.

This is the second year the YMCA of NDSU has offered monetary support to SU students from abroad. Last year 42 foreign students were assisted in 112 subject areas, according to Philip Rognlie, program director.

Dr. Jack Lynch, director of international student affairs, said many international students are not adjusted to the university system and need supportive services until they are able to spin off and achieve academic success.

Research on iodine consumption will be presented by Fischer

(NB)—Dr. Allan Fischer, professor of biochemistry, will present a talk, "Iodine: Too Much or Too Little," at 4:30 p.m. Tuesday in the States Room. The talk, part of the monthly meeting of the SU Chapter of Sigma Xi, a scientific research society, is open to the public.

During a recent leave of absence, December 1983 through March 1984, to Zaire, Africa, Fischer had the opportunity to conduct research on the function of the thyroid gland and goiters related to lack of iodine.

Fischer indicated many Africans exist on diets which inhibit iodine intake creating abnormal thyroids and goiters. Too much iodine consumption results in goiters and other toxic effects.

In the United States consumption of iodine is down from a time when we were consuming too much in some products, including bread, Fischer said. There is no danger of toxic effects emerging widely in our society at the current level of consumption, but the danger exists when iodine is indiscriminately used in products we consume, according to Fischer.

CROSS WORD PUZZLE

FROM COLLEGE PRESS SERVICE

ACROSS

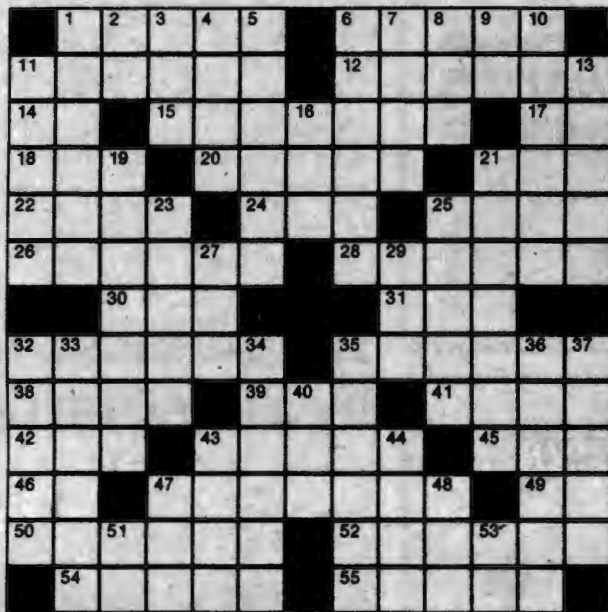
- 1 Deadly
- 6 Falls short
- 11 Administer
- 12 Onslaught
- 14 Near
- 15 Cuddles up
- 17 A state: abbr.
- 20 Edge
- 28 Food programs
- 21 Unit of Japanese currency
- 22 Send forth
- 24 Single
- 25 Hurried
- 26 Planet
- 28 Whirlpool
- 30 Attempt
- 31 Sunburn
- 32 Parts of play

- 35 Aquatic mammals
- 38 Shallow vessels
- 39 Equality
- 41 Halt
- 42 Bitter vetch
- 43 A state
- 45 Petition
- 46 Latin conjunction
- 47 Margins
- 49 Symbol for thoron
- 50 Give
- 52 Created a disturbance
- 54 Memoranda
- 55 Shouts

DOWN

- 1 Daughter of Mohammed
- 2 Article

Puzzle answer to page 15



© 1984 United Feature Syndicate

- 3 Make into leather
- 4 Matured
- 5 Injury
- 6 Hesitate
- 7 The sweetsop
- 8 Possessive pronoun
- 9 Note of scale
- 10 Diatribe
- 11 Female horses
- 13 Varieties
- 16 Playing card
- 19 Fingerless gloves
- 21 Kind of piano: pl.
- 23 Twists
- 25 Quarrels
- 27 Grain
- 29 Unit of Siamese currency
- 32 Haste
- 33 Cardboard box
- 34 Extras
- 35 Of bad disposition
- 36 Courses
- 37 Squander
- 40 Succor
- 43 Speck
- 44 Great Lake
- 47 Flying mammal
- 48 The sun
- 51 Negative
- 53 Symbol for thallium

brand name fashions for less!

Beata's IN FASHION

LaBelle's Plaza Fargo, ND

South Main Cinema 1.12 MILES SOUTH OF 1940 HWY 1

"A SOLDIER STORY" Sat & Sun 1:15-3:15 Eve 7:15-9:15

"THE TERMINATOR" Sat & Sun 1:15-3:15 Eve 7:15-9:15

"FIRST BORN" Sat & Sun 1:30-3:15 Eve 7:30-9:15

West Acres 6 Cinema Behind West Acres Shopping Center

"THE LAST OF THE MOHICANS" Mon - Fri 4:45-7:15-9:15 Sat & Sun 1:15-3:15-7:15-9:15

"THIEF OF HEARTS" Mon-Fri 4:30-7:30-9:45 Sat-Sun 1:30-3:45-7:30-9:45

"Amadeus" Mon-Fri 5-8 Sat-Sun 2-8

"Oh God, You Devil" Mon-Fri 4:45-7-9 Sat-Sun 1-3-7-9

"TEACHERS" Mon-Fri 4:30-7-9:15 Sat & Sun 1:15-7-9:15

"THE KARATE KID" Mon-Fri 4:30-7:00-9:30 Sat, Sun 1:00-3:30-7:00-9:30

Bargain Twilight Matinees Every Mon. - Fri. at the West Acres Cinema only.

BREAK FOR THE SLOPES

WINTER BREAK

Ski VACATIONS

Steamboat

PRE CHRISTMAS DECEMBER 14-21
2 1/2 NIGHT PACKAGES from \$74

NEW YEARS EVE DECEMBER 31 - JAN 5
5 NIGHT PACKAGES from \$155

MORE POWDER JANUARY 6-11
5 NIGHT PACKAGES from \$155

• CONDO LODGING • LIFTS • MOUNTAIN BAR-B-QUE • PARTY • SKI RACE • MORE •

More information and reservations, call toll free 1-800-321-5911 within Colorado 1-800-621-6385 ext. 302 within Fort Collins, Colorado 493-6703 or contact a local campus rep. or your local travel agency TODAY!



RIDE ME HOME! Just in time for Christmas.

FRIENZE BICYCLE -

Retail Value \$179

27" high pressure tires, 12 - speed gearing, stem-mounted shift levers, racing style handle bars and seat

This beautiful Bicycle to be GIVEN away to some lucky NDSU STUDENT

Thursday, December 20th - 10 a.m.

Stop in at the VARSITY MART and register — no purchase necessary



Varsity Mart — Your University Store

SAFETY GUIDELINES

STUDENT AFFAIRS BULLETIN THREE

Table of Contents

Fire prevention & evacuation.....	page 1
Nuisance or harassing phone calls.....	page 2
Protect yourself: at home, when walking & driving.....	page 2
Property protection.....	page 2
Residence hall safety.....	page 3
(Also see NDSU Room Personalization Guidelines)	
Winter survival & safety.....	page 4

North Dakota State University

November 1984

Accidental fires account for thousands of deaths each year, along with millions of dollars in damages to buildings. Most of these fires could have been prevented by taking a few precautions.

FIRE PREVENTION

Careless smoking accounts for the greatest number of fires.

Keep matches and lighters out of the reach of children.

Do **NOT** smoke in bed.

Store flammable liquids in a cool place.

Do not overload circuits. They are designed to break (or blow fuses) when wiring gets hot.

Have an escape plan for yourself and your family.

Practice it.

Put fire extinguishers near high risk areas such as a shop or near the furnace.

Be sure to have an operating smoke detector in your home. If you live in a large home you may need more than one.

Residence Hall doors (and apts. Where applicable) should be kept shut. Doors propped open allow a fire to spread faster.

FIRE EXTINGUISHERS are designed to be used when fighting small fires. Be aware of their location. Check to see what types of fires they are designed to fight.

Learn to operate fire extinguishers properly.

Keep the area around the extinguisher open for easy access.

In residence halls damaged or missing extinguishers should be reported to proper persons.

Never use extinguishers as a prank.

FIRE ALARMS alert other residents of the building that there is a fire.

Know where the alarms are in the building.

Learn how to activate the alarm.

If you hear the alarm, leave the building quickly and without panic.

FIRE ESCAPES provide a quick exit when necessary.

Keep them open and free of congestion for easy access.

Know how to locate them even in the dark.

SMOKE DETECTORS sound the alarm while there is still time to escape.

All rental units in North Dakota are **REQUIRED** to provide smoke detectors in residences. If your apartment does not have one contact your landlord.

Check the location of your smoke detector.

Test the detector regularly. Housing staff are responsible for checking smoke detectors in the residence halls. If your detector begins to beep occasionally, it means the battery is running low and should be replaced.

EVACUATION IN CASE OF FIRE

IF YOU DISCOVER A FIRE:

1. Alert any other residents of the building that there is a fire. As you exit shout to warn others.
2. Get out of the building as quickly as possible. Do not gather valuables or delay your exit in any way. After you have left the building do not re-enter for ANY reason!
3. Call the fire department. Do not hang up the telephone until they tell you to do so.
4. Do NOT use an elevator.

If there is smoke in your hallway:

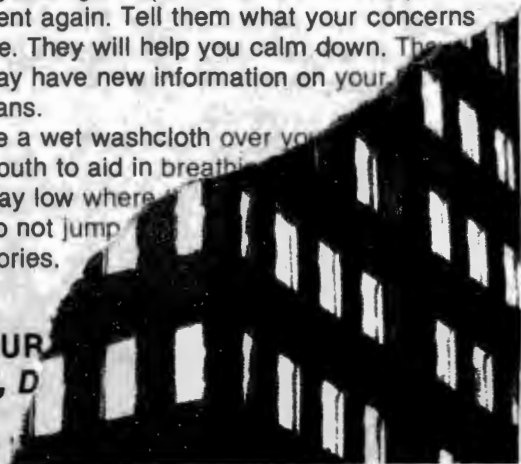
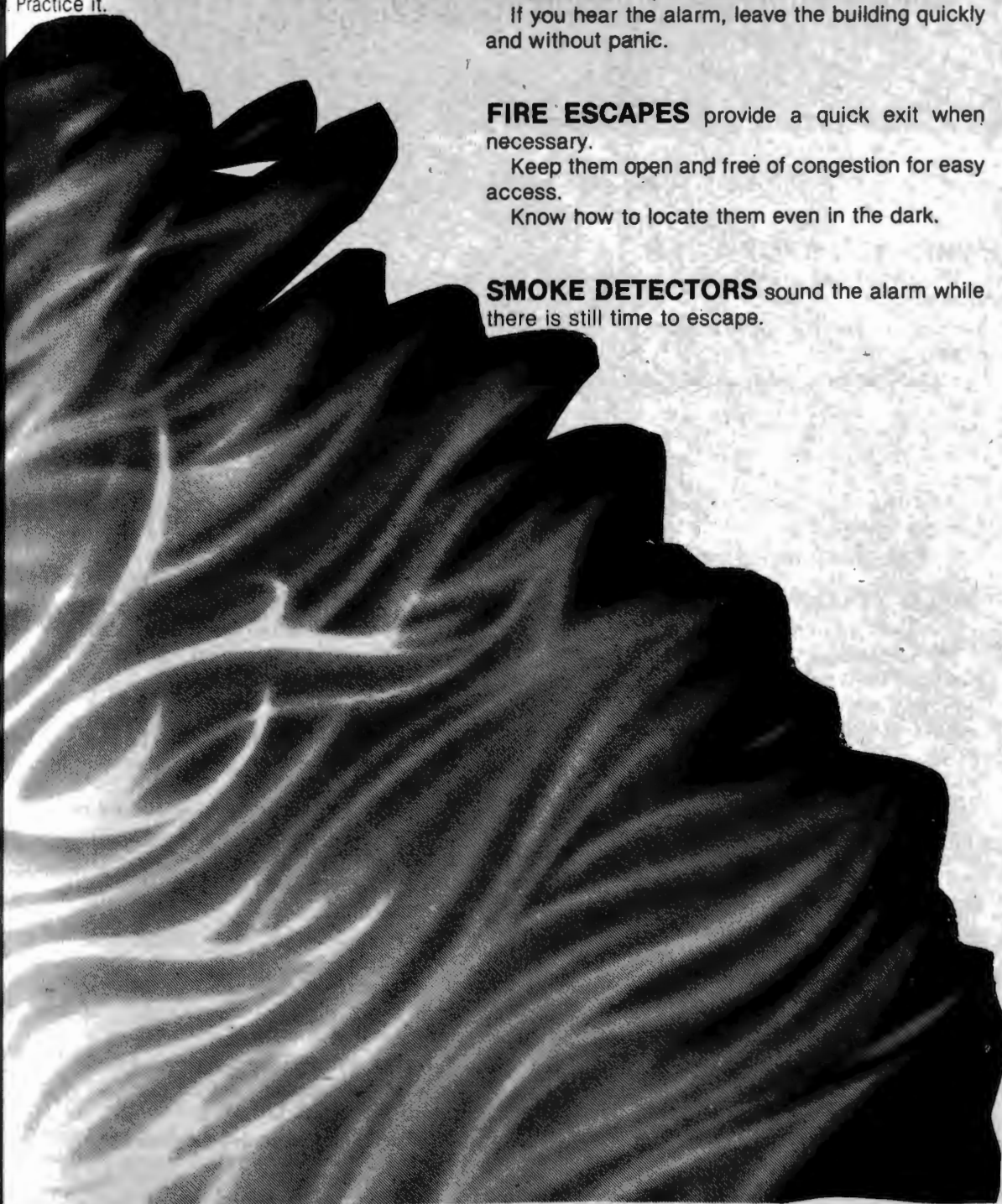
1. Feel your door before you open it. Is it hot to the touch? If so, don't open it!
2. If the door is cool open it slowly. Check the hallway — assess the situation.
3. Carry a damp towel. Wrap it around your mouth and nose to filter any smoke.
4. As you exit, crawl if necessary to avoid smoke and poisonous gases in the air. They will rise as they are produced and could incapacitate you in a matter of seconds.

IF YOU CANNOT ESCAPE through your regular exits you may have to wait for the fire department to arrive and rescue you through a window. If there is no other means of escape and you must wait:

1. Try to close off air passages where smoke is entering your apartment (room) — stuff towels, sheets or clothing into cracks in the doorways.
2. Open your window slightly. Hang something bright to draw the attention of fire rescuers. Once they are on the scene wave it so they are sure to see you.
3. If you begin to panic, call the fire department again. Tell them what your concerns are. They will help you calm down. They may have new information on your plans.
4. Tie a wet washcloth over your mouth to aid in breathing.
5. Stay low where possible.
6. Do not jump from high stories.

IF YOUR STOP, D

Drop
run. Run
fire. For



NUISANCE OR HARASSING CALLS

You don't have to listen to pushy salespeople. Say, "No thanks," and hang up.

For callers who want to harass you or use obscene language — hang up. If these calls persist call your telephone company business office and/or talk to your RA, Student Affairs Office (Old Main) or the Counseling Center.

HOW TO PROTECT YOURSELF

AT HOME

Lock your door even if you are only going to be gone a few minutes!

Lock doors and windows with heavy bolts. If you lose your keys or move have new locks installed.

List only first initial and last name on mailbox, on door, and in the phonebook.

Hang curtains or blinds on every window.

Leave a light on when you go out.

Be sure all entrances are lighted.

Check your routine a little each day.

Use a peephole to identify callers. Ask service

in the station. If in doubt, don't let

of iodine is down.

we were consuming a mistake pretend you some products, includ.

Fischer said. There is no one might hide:

toxic effects emerging widely

society at the current level as a person

sumption, but the danger is, push all

when iodine is indiscriminately

in products we consume, according home. If

to Fischer.

if so

Get to know a neighbor you could trust in case of an emergency.

WHEN YOU DRIVE A CAR

Drive with your doors locked and windows rolled up.

Lock the doors and the trunk when parking. Take your keys.

Lock valuables in the trunk or take them with you.

Park your car in well lit areas.

Before getting in a car at night check the back seat.

If leaving your car in a service garage leave only the ignition key.

Arrange to ride with friends whenever possible.

WHEN YOU'RE WALKING

Don't walk alone at night.

Walk on well lit paths. Plan your route. Avoid short cuts and dark isolated spots.

Dress for freedom of movement.

Keep your purse tucked closely under your arm.

Don't overload yourself with bundles.

Walk at a steady pace.

Scream if you are in danger.

Carry a whistle or buzzer to use if threatened.

If you must walk alone, be aware of your surroundings. Look in all directions for any signs of

danger. If you notice something or someone suspicious check to find the nearest lighted

house or other area with people. Go toward it.

OPEN 24 HOURS ON CAMPUS: Computer Center in EEE Building and the 24-hour Study at the Library.

IF YOU'RE BEING FOLLOWED

By someone on foot:

Cross the street, change direction, vary your pace.

If person continues to follow you go to a lighted store or home and call the police.

By someone in a car:

Turn around and walk the other way, go up a one way street. If the person persists, record the license number and call the police.

If you are driving and being followed drive to a police station.

PROTECT YOUR PROPERTY

Identify all items of value with your name and social security number.

Record the following information: brand name, model #, serial #, and description. Keep the list in a safe place.

IF YOU RIDE A BICYCLE

Register your bicycle with your city police department or school (city law).

Keep a record of registration and serial number along with a detailed description of the bike.

Engrave your bicycle with an easily traceable identification number.

Park your bicycle in a conspicuous spot where there are people around.

Lock your bicycle to a bike rack. Use a cable or chain at least 3/8" in diameter and link it through both wheels and the frame.

Never leave your bike unlocked. When possible keep the bike inside. If it is stolen notify the police immediately.

While riding obey the rules of the road to avoid injury.

RESIDENCE HALL SAFETY

Bunks, lofts, or cradles:

Should be built at least one inch away from the wall.

Should be approximately 18 inches from the radiator and three feet from the ceiling.

Should not obstruct the doorway — in case of an emergency.

Decks or any structure with an elevated floor are not allowed.

Paneling or false walls are not permitted because of safety standards and fire codes.

Electrical alterations, especially dimmer switches, are prohibited because of the safety factor involved during installation.

Appliances:

Electric percolators and corn poppers with enclosed heating elements are allowed.

Refrigerators with maximum outside dimensions of 2'x2'x2' are permitted.

Carpeting:

Should be jute-backed and unattached to the floor with carpet tape.

Rubberback carpet may be used, but with caution because of the potential for damage to floor tile and for toxic fumes (see Hall Staff).

In case of fire:

See section on fire prevention and evacuation. Know the fire drill procedures for your residence Hall.

Participate in your residence hall's fire drills. Never use fire alarms or extinguishers as a prank.

When leaving for vacation (applies to apts. & homes also):

Check electric appliances.

Leave heat on (pipes might freeze).

Have a friend or neighbor pick up your mail.

Do not leave valuable items lying around.



WINTER SURVIVAL

Traveling in the winter without planning ahead can be very dangerous. Surviving extended periods of time in extremely cold temperatures without preparing a survival pack is unlikely. Wind chill, along with low temperatures, intensifies the effects of the cold, lowering the body temperature. To be safe, in times of emergency which would require you to stay in your car take these precautions:

Tell someone your destination and arrival plans, as well as the route you plan to take. Carry survival clothing and food along on the trip.

Keep your gas tank at least $\frac{1}{2}$ full. Obtain weather and road condition reports before you leave home.

WHAT TO CARRY IN YOUR SURVIVAL PACK

Carry enough food supplies to last three days. Carry one gallon of water for every person traveling, or other liquids such as fruit juice or soda pop.

Sleeping bag(s), extra socks, mittens, snowmobile suit, and blankets should be left in your trunk all winter.

Food should include high calorie, high carbohydrate products such as cupcakes, donuts or candy.

Fresh or canned fruit should be included. If anyone traveling has special dietary needs be sure to take these into account and plan accordingly.

Also carry a red banner, long rope/cord and flares.

WINTER SPORTS SAFETY TIPS

Be sure to have the correct equipment in good condition.

Know some basic first aid (i.e. for frostbite).
Wear appropriate clothing.
Know the weather conditions.

WHAT TO DO IF YOU GET CAUGHT IN A WINTER STORM

THE MOST IMPORTANT RULE IS TO STAY IN THE CAR!!!

Blowing snow can cause people to lose their sense of direction. Walking in fresh snow takes a great deal of energy and will cause exhaustion very quickly. Conserve your energy! You'll need it to keep warm.

Position your car (if possible) so that it faces the wind. The car is designed to be warmest when headed in this direction.

If you must get out of the car in the midst of the blizzard tie a cord to the steering wheel and to yourself. Tie a banner on the antenna of the car so it will be visible to rescue crews.

Remove all of your storm supplies from the trunk. Put on warm clothing, loosen tight clothing so you will be more comfortable. If your feet are wet change your socks.

Check your supplies to see what may be missing or unusable. Arrange the supplies in the car for easy access.

Open the down-wind window slightly for ventilation. Be sure the exhaust pipe outside the car is free of snow. Check it periodically.

Listen to the weather reports on the radio. Prepare to flash car lights, honk the horn or send up flares when road crews are reported in your vicinity.

Eat a snack just before sleeping to stimulate metabolism (high calorie foods such as candy bars are best). If you awaken from the cold eat some more food and put on an additional blanket or more clothing.

If you are in your car for an extended period of time you may want to do some exercises to stimulate your muscles.

U professor was first awarded for research

Dr. James Grier, professor of biology, at SU is the recipient of the 1983-84 Sigma Xi Research Award for his paper, "Ban of DDT Subsequent Recovery of Production in Bald Eagles." The

paper was published by "Science" magazine in December 1982 and was featured as the cover article for that issue.

This is the first annual research award given by the SU chapter of

Sigma Xi for the outstanding research paper published by a faculty member at SU. The award carries a cash stipend.

A faculty member of SU since 1973, Grier teaches courses in general zoology, animal behavior, animal population dynamics and research principles and supervises several graduate students working on a variety of wildlife projects.

He has spent most of his life living in the country, outdoors and working with animals. During his school years he was the canoe counselor for a boys camp, operated and guided at an outpost fishing camp in northern Ontario, Canada, and worked at a sports shop in Iowa. His primary interests are biology, biological statistics, birds of prey and eagles, in particular, and education, science and mathematics in general.

Grier has been working with bald eagles in Ontario since 1959 and has banded about 1,000 bald eagles. He also has worked with golden eagles, both in the field in Canada, North Dakota and Wyoming and in captivity. He was the first person to artificially inseminate golden eagles in 1972 at Cornell University.

The U.S. Fish and Wildlife Service chose Grier as the team leader for the Northern States Bald Eagle Recovery Team, covering a 24-state region. The recovery plan was completed and approved in 1983.

The author of over 50 professional and popular publications, Grier also has published a textbook on animal behavior. He has been on several



Jim Grier

television programs on eagles in the series "Wild World of Animals."

He also has been the subject of numerous newspaper articles. He presented numerous seminars and programs throughout the country, including the Smithsonian Institution.

A graduate of the University of Northern Iowa, Grier has a M.S. degree from the University of Wisconsin, Madison, and a Ph.D. in ecology and evolutionary biology from Cornell University. He is married, has two children and lives at Hawley, Minn.

PEACE CORPS
PEACE CORPS OFFICE
(Inside Placement Office)
Memorial Union
237-7464

NOW SHOWING
The Woman
in Red
Showtimes
7:07-8:07-11:07

ALL SEATS \$1.00
FREE POPCORN

THE FACTORY
Theatre-Lounge & Casino
Factory Outlet Mall
Fargo

1/2 CARAT SPECIAL
Reg. \$1500 \$925

Exclusively Diamonds

1450 25th St. S., Market Square. Open: Mon. - Fri. 10-6 Sat. 10-4
Rick, Cheryl & Tiffany Palmer 237-4958 Later by Appt

NDSU CELEBRITY SERIES



SID CAESAR MASTER OF COMEDY

November 17, 8:15 PM

This legendary comedian tells about how he put together his famous TV program, "The Show of Shows" with writers like Neil Simon and Woody Allen. The program will include his technique of comedy plus film clips and satire bits from his classic routines, concluded by a question and answer session.

Tickets available at the NDSU Memorial Union Ticket Office, 237-8458. Ticket prices: \$9.00, \$8.00, \$7.00 with discounts for students and senior citizens. Wheelchair locations are available. Call 237-8458 for more information.



Festival Concert Hall

Reineke Fine Arts Center



Now,
changing your
eye color is as
easy as changing lenses.

With NaturalTint™ soft contact lenses
from Bausch & Lomb.

Now your spare pair of contact lenses can enhance or even add exciting new color to your eyes. That is, if they're NaturalTint soft contact lenses. Available in crystal blue, aqua, jade and sable, they'll help you look your best while improving your vision. Of course, the only way to find out how good you'll look is to try NaturalTint lenses for yourself. Call us today for an appointment.

eyecare
associates p.c.

West Acres Mall
Fargo, North Dakota

Telephone
(701) 282-5880

Overemphasis of grades produces pressure

(CPS)—College classes can give students harmful doses of stress and pressure, according to a new University of Utah study.

In many college classes there is an overemphasis of grades and other academic requirements that put unnecessary pressure on students, says David Spendlove, one of three Utah medical instructors who conducted the study of professional, graduate and undergraduate students here.

Withholding grades and test scores, publicly posting grades, and not clearly defining what kind of performance is expected of students create needlessly high levels of anxiety among students, the study

reports.

"A lot of times it seems like teachers enjoy hiding things from students, trying to make it as difficult as possible for them to learn," Spendlove says.

"This is not teaching. It's just hurting the students," he adds.

Many students have stress because they feel they have no control over their academic lives, says study co-author Claire Clark.

Stress, she adds, is "a discomforting response of a person in a particular situation."

"Not all stress is negative," Clark says. "The right amount of stress is positive because it is motivating."

But too much stress can damage

students' learning abilities, she adds, causing them to become confused, frustrated and out of touch with their schoolwork.

Frequently, stressed-out students overstudy or study minute details, missing the "big picture" of a class, the study says.

But good instructors, the researchers note, can eliminate much of the excess stress that plagues students.

For one thing "teachers should emphasize excitement about a subject rather than competition," says Spendlove. "Excitement is much more rewarding."

Instructors also should mingle

with their students, and get to know them as people, he says.

"By socializing with students," Spendlove explains, "faculty members become more approachable and more human."

And instructors should encourage students to socialize with each other, too, by allowing advanced students to tutor beginning students, study suggests.

Students also should know in the class what is expected of them, the study says.

Clark adds it is vital for instructors to give feedback to students to help them have some idea of their performance level.

Opinion Poll

PHOTOS BY: Scott M. Johnson

QUESTION: How do you think the reelection of President Reagan will affect your life?



Paul Viger

His reelection will give him four more years for his plans to work.



Alan Cooke

It will cause continued low-level inflation, greater strength in foreign policy and lower taxes.



Eva Bvron

I won't be watching television for three weeks to avoid seeing his smiling face.



Robin Middaugh

Hopefully taxes won't be raised like he said they wouldn't be.



Clay Halvorson

He's using too much money for military. We do need it, but going overboard.

SOUNDS EASY® Video Club

Market Square
1450 South 25th Street
Fargo, N.D.
Phone 235-8532

Midtown at Main
1114 2nd Avenue South
Moorhead, MN.
Phone 233-0886

Has a Special Student Offer

Now It's Easier to Enjoy Movies at the Dorm

Video Recorder Rental (For Members Only)	
Mon.- Thurs.	\$1*
Friday	\$3
Saturday	\$5
Sun.(Moorhead)	\$3.50

* with 2 movie rentals at regular price

Movie Rental	Mon.- Sun. \$3.50
Lifetime Membership	\$20

SP1
COUPON
Expires Dec 15, 1984

MOVIE PASS
Rent 5 Movies for \$10

Purchase a movie pass to use for your next movie rentals - now or later.

Good at: FARGO MOORHEAD

MEMBERS ONLY

SP1
COUPON
Expires Nov 30, 1984

HALF PRICE MEMBERSHIP
With a **Free Movie** and **VCR Rental**



An independently-owned Franchise of Sounds Easy Franchising Corporation © 1984 Sounds Easy FC. All Rights Reserved.

Peace Corps

Being a Peace Corps volunteer means taking what you know, sharing it with others, and learning about life in another country, another culture.

Developing nations want to grow more food to feed their people . . . improve schools and expand public education . . . provide adequate shelter and clean drinking water . . . insure good health care and basic nutrition . . . build roads and transportation systems.

The person who becomes a Peace Corps volunteer must have a strong commitment to helping other people. He or she must be willing to learn their language . . . appreciate their culture . . . and live modestly among them.

If this sounds like you, we'd like to show you the many opportunities beginning soon in 65 developing nations. You can apply now for any openings beginning in the next 12 months.

The toughest job you'll ever love

Peace Corps Office
inside Placement Office
Memorial Union
237-7464

Features

Music is motivation to create exercise mood

By Beth Forkner

Next time you are going to exercise and are not looking forward to trying some upbeat music. It may make you work harder and enjoy your workout more.

Debra McGinty, an aerobics instructor for the Skill Warehouse, says that people tend to move differently to different music. "If you exercise with peppy music, you will move more and work harder."

The music provides motivation and allows the exercisers to work harder and more toward their potential. The type of music often influences how an exercise session or aerobics class will go.

"With an upbeat song, you move faster and jump higher," McGinty says. "Sometimes if the music is slow and dull, the class will be the same way. People just aren't as pep-

py. That is also the reason aerobics instructors use different music in different parts of the class. The beginning of the class is for stretching out and getting psyched-up to exercise. It is when music with less intensity is played, such as Billy Joel or mood music. The middle of the class is when the workout should be the hardest, so music that is loud and very upbeat, such as

"Footloose" or "Jump" by the Pointer Sisters, is played. At the end of the class, the exercise is needed to slow down and cool down their bodies. The people need to relax and breathe more normally, so mood music is played again. The type of routine should determine the type of music.

Jogging can also benefit from music. According to Eric Miller, a researcher in exercise physiology at

Ohio State University, running with stereo headphones may increase your endurance as well as your enthusiasm for working out by making it feel easier.

"The music drowns out the sounds of thudding feet and panting breath that tell you doing some thing strenuous," Miller says. "This sensory input is a common incentive-killer, especially for beginners who often think of exercise as being more

difficult than it really is."

In addition, Miller found that runners with music had less beta-endorphin, which is a painkilling chemical released by the body when it is under physical or mental stress, than other runners do. The reason they produced less of the pain killer is probably because they were perceiving less pain, even though their muscles were working just as hard.

'On Campus Cookbook' spices up food

By Beth Forkner

The same things are heard every year: "Isn't this the same cake they told me was fresh last week?" "Mom, could you send me something good to eat?" "Hello, I'd like to order a large pepperoni pizza."

It seems that part of college life is complaining about the food. Part of this is getting used to food other than Mom's home cooking. Part of it is due to the fact that a dining service cannot possibly please every student, with their different tastes and erratic schedules.

Now there is help. "The On Campus Cookbook" has just been published. Written specifically with the college student's limited time and budget in mind, the recipes in

this cookbook require no kitchen—just three appliances which are commonly found in almost any college dorm, a hot pot, blender and toaster oven.

The "On Campus Cookbook" was written by 20-year-old college senior Mollie Fitzgerald, so the recipes are geared to the taste of college students. Fitzgerald, a senior at Duke University, has been dubbed the "Julia Child of the college set" by cable television watchers at Duke. She has her own campus cooking program which is filmed in her dorm room.

The cookbook is a good introduction to cooking, because the 70 "easy, easy, easy" recipes are delicious, inexpensive and require minimal cleanup. Dishes range from appetizers and munchies like baked brie with sauteed almonds and quickie cheese puffs, to fish fillets cooked in foil, onion rings deep-fried in a hot pot, chocolate peanut butter no-bakes and even drinks like a banana-yogurt milkshake and hot buttered rum.

With this cookbook, students can take a break from the cafeteria and

entertain with style.

Instead of eating the usual dining hall meal of overcooked meat, mushy vegetables and stale desserts, you can now serve a dorm room meal of Lemon Broiled Chicken, Snow Pea-Cucumber Salad and Chocolate Fondue.

Besides being good for dorm residents, this cookbook is also useful for off-campus students who may not have a large kitchen or time to prepare extravagant meals.

The 126-page "On Campus Cookbook" gives useful information on preparing crudites, creating variations on the open-face sandwich, substitutions to use when certain ingredients are not available, suggestions for spicing up canned food and ideas for tasty picnic fare. Also included are instructions on how to shop (buy small amounts), how to store food and equipment (hang tiered wire mesh baskets), and how to put your meal plan to good use (buy foods a la carte and take them back to the dorm).

The "On Campus Cookbook" is from Workman Publishing and is available in paperback for \$4.95.



Campus Attractions Presents
"An Evening with LARRY LINVILLE"

MAJOR FRANK BURNS, the Ferret-faced weasle, will entertain you with an evening of laughs and M★A★S★H nostalgia

December 4
8:15 p.m.
Festival Concert Hall

Tickets: \$4 NDSU student with I.D.
\$5 General Public

Available at the Music Listening Lounge and at the door

CASH

PAID FOR

BOOKS

BRING THEM TO:

VARSAITY MART

5 DAYS

Thurs. — Sat.

Mon. and Tues.

Nov. 15-20

8 a.m. - 5 p.m.

Sat. 9 a.m.-1 p.m.

Modern-day Hercules is actually powerlifter

By Margaret Ralston

Anyone can drive a Cadillac, but how many people can lift one off the ground? Jim Rush, a SU student, is one modern-day Hercules who can lift a Cadillac.

In his last power lifting meet, the Upper Midwest Natural Open in St. Paul, Minn., 5 foot-7 Rush lifted a total of 1,525 pounds in a series of three separate lifts to take the championship in the 165-pound weight division.

When Rush from Minot, N.D., was in seventh grade he bought his first weight set. Although it was only a plastic set filled with sand he worked with them and was interested in the suspension of weight by human muscle.

He continued working out at his junior high school with a group on weight machines after school. He watched Olympic lifters on television, and became even more interested.

His true inspiration came when he was a high school sophomore and he saw a powerlifting meet at the Minot Air Base.

Since then Rush has accumulated four national powerlifting titles. Several trophies and plaques from those meets and others clutter his two-bedroom apartment.

He began his lifting career in 1977 during his junior year at Magic City High School in Minot.

In his first of many tournaments he took third place in a Grand Forks open meet with a total of 910 pounds and has since competed and placed in over 20 meets.

He was the USA Teenage National Champion in the 148-pound division in 1978 and 1979. He went on to the Collegiate Nationals in 1980 and became the 148-pound weight class national champion. In 1981 he went on to the Junior Nationals increasing his weight to 165 to add another championship title to his growing collection.

Rush isn't on a strict diet, but keeps in shape by playing volleyball and riding bike, a favorite pastime of his.

During the summer he plays softball on the St. Lukes Hospitals team. A senior majoring in zoology, he hopes to go to medical school or get a graduate degree in the life sciences.

With those recreational activities, Rush also works out at Gold's Gym with Paul Rohde who has placed in some meets, Dave Parish and Pete Rohde, who are SU students. The four do a similar type of workout: Monday - Concentration on the bench press and connected exercises, Tuesday - heavy squats, Thursday - more benching, Friday - dead lifts and sometimes light squats. Wednesday, Saturday and Sunday are rest days to rebuild muscle tissue.

The workouts are intense, usually lasting about two hours. Each man tries to push the other to a new maximum-poundage lift by yelling, getting him mad or any number of ways.

Although there aren't many competing powerlifters at SU, Rush did mention a few such as Ken Kaufmen, and agricultural engineering professor and Ken Ellett, Head Resident at Stockbridge Hall.

Presently Rush is working towards an open meet in November, followed by a natural meet in December in which he will compete with Parish and Pete and Paul Rohde.

The natural meets are meets where no steroid users are allowed to compete. A relatively new organization, it was formed because a lot of lifters felt steroids use was getting out of hand. "We want to compete, but not against people who are taking drugs," Rush said.

Rush won his meets before the

natural meets were formed, but participates primarily in natural meets now. He enjoys the challenge of competing against other athletes on a truly equal basis.

Powerlifting isn't to be confused with bodybuilding although both use weights, they have different workouts and goals.

Bodybuilders use repetition to build muscle definition. The powerlifter strives for maximum poundage in each lift to build strength.

In his last meet Rush lifted 605 pounds in the squatting event, 320 pounds in the benching event and 600 pounds in the deadlift which combined to form a total of 1,525 pounds leaving him 200 pounds ahead of his competitors. In the past he has reached maximums of 625 pounds in squatting, 360 pounds benching and a 600 pound dead lift. Because of his achievements in powerlifting his name has appeared in the magazine

"Powerlifting U.S.A."

"Every meet is the same," Rush explains, "There are a lot of rules and regulations."

Some of these regulations include weigh-ins on the morning of meet to determine weight classifications, and in natural meets a blood test or polygraph (lie detector) test to keep out steroids. A blood test is given after placeholders are determined.

The lifters also have to check their equipment to make sure it meets national standards.

Meet competition consists of a cumulative sum of the highest weight lift in each category where the lifters choose a starting weight and try to go on to a maximum in three tries. The three categories are the squat, bench and dead lift. The person with the highest total wins with places usually given to the top three to five totals in each weight class.

Hercules to page 12

USED BOOKS Questions and Answers

Q. What is the Varsity Mart policy on used books?

A. The policy is to purchase all used textbooks which a student decides are no longer needed or wanted and for which a requisition has been received at the time of the buy back from the instructor indicating that the book will be used on campus the following quarter.

Q. When does the Varsity Mart hold the book buy?

A. Four times a year. Used books are purchased during final exams week of each quarter during the regular school year and at the end of the second Summer Session.

Q. Where can books be sold that are no longer being used on campus?

A. Used books that are no longer being used on campus can be sold during the book buy back, which is usually held in the Varsity Mart. Because of its size, the Varsity Mart is able to get the services of the Nebraska Book Company to do the buy back. Nebraska Book Company is the largest distributor of used books in the country. They not only send an experienced (and fast) book expert to buy the books which will be used on campus, but being familiar with the needs of campuses throughout the country, books are purchased for nationwide distribution by them.

Q. How much can we expect to receive for our books?

A. If the book will be used on our campus, the bookstore will pay 50% of the new book price, no matter if the book was originally purchased new or used. The bookstore will then re-sell the book the following quarter at 75% of the new book price, a 25% savings to the student.

Q. There are times when we must sell our books for much less, can you explain why?

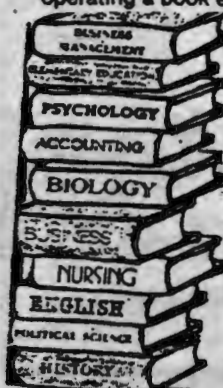
A. The used book business is a highly speculative business in that no one knows exactly what books may be in demand six months or even a year hence. New editions, new data in any given field, or any abnormal obsolescence often ends in a total loss. Buying against sales six months to a year in the future also requires expensive financing. By the time classes for a new quarter start, book jobbers have already stocked books in adequate quantity so must then buy on speculation, which means lower prices. The sooner students sell their books following each quarter, the better chance they have of receiving 50% of the new book price. We should also point out that the average life of a textbook is three years, and the closer a book gets to this age the less resale value it has.

Q. Can I receive cash for the books I sell?

A. Yes! All used book purchases made by the University Bookstore are for cash.

Q. Is there an alternative?

A. Yes. Occasionally a campus organization, such as Blue Key, will operate a book exchange at the beginning of each quarter. Students can leave their unwanted books with them, naming the price they wish to receive. Currently, Student Government is operating a book exchange for winter Quarter - information can be obtained from the Student Government Office or Spectrum.



If you have further questions concerning new or used book prices come into the store and ask. Your interest is appreciated.

THIS INFORMATION FURNISHED BY
THE VARSITY MART

W Your University Bookstore
Varsity Mart

EMPIRE LIQUORS

THE EMPIRE STRIKES BACK AT HIGH LIQUOR PRICES!

SEE OUR AD IN THE FORUM

KEGS!
FREE ICE!
CUPS!

Cigarettes
\$8.49 Reg.
\$8.69 100's

EMPIRE LIQUORS

424 Bdwy, 235-4705

Classifieds

FOR RENT

RENTAL AND SALES: Electric & electronic typewriters. Save at A-1 Olson Typewriter Co., 635 N. 1 Ave., 235-2226.

Mail ski condo sleeps 4, pool, sauna. Nov. 24-Dec. 1, 232-2124.

SU 1 block, spacious 2 & 3-bdrm. homes & duplexes available now & Dec. 1. Some heat paid. 280-2595.

SLEEPING ROOM 2 blks. SU. Quiet, private, nonsmoker, 232-0621.

FOR SALE

KAYPRO COMPUTERS: Now at A-1 Olson Typewriter Co., 235-2226.

COMPUTER? Seequa runs both IBM and KAYPRO software. All in one system! COMPUTER ASSOCIATES, Block Six, 620 Main. 280-0915.

Sansu R-5 RECEIVER, 25 watts per channel. Used 4 mos., \$200. Call 241-2842, ask for Michael.

5" COLOR TV, \$100 or best offer. 232-6116 or 235-3187.

2x2 DORM REFRIGERATOR, cheap. Call 235-1756.

See us at the 7th Annual Artists & Craftsmen holiday show on Sunday! **A CUT ABOVE** — Gems & Fine Jewelry

SERVICES OFFERED

ABORTION SERVICES

FARGO WOMENS HEALTH ORG., INC.

(701) 235-0999

TOLL FREE
1-800-532-5383

Don't Be Misled!
Abortions Performed Here

- Free Pregnancy Test
- Confidential Counseling
- Licensed Physician

11 South 14th Street
Fargo, ND 58103

PREGNANT and need a friend to listen? Call Birthright, 237-9955. Pregnancy tests. All of our services are free and confidential.

Typing, call Colette (after 5), 237-0237.

ANYTIME TYPING & SECRETARIAL SERVICES: Professional typist—excellent proof-reader. Reasonable rates. 287-2418

TYPING/EDITING: Papers, theses, resumes, etc., call Noel, 235-4908.

PREGNANT? PROBLEMS? Free Pregnancy Test. Problem Pregnancy Center; 411 N. Bdwy.; Room 209. 237-6530

WORD PROCESSING EDITING

Fast, accurate & reasonable rates.

Call Joe Hyde anytime,
237-0457

CONCERNED BY YOUR EATING HABITS? Do you binge eat and purge? For free information and referral session call Dr. Mizes, SU psychology department, 237-7065. Voluntary research participation will be solicited.

COMPUTER WORD PROCESSING. Low cost per byte. Phone Liz. 235-7452

PROFESSIONAL TYPING: Theses, papers, etc. Experience: Business College, 2 years secretarial. Prompt service. Call. Marcia, 237-5059.

PROFESSIONAL TYPING: Theses, resumes, letters. Call Teresa, 293-1910.

WANTED

Travel Field Opportunity. Gain valuable marketing experience while earning money. Campus representative needed immediately for spring break trip to Florida. Contact Brad Nelson at 1-800-282-6221.

FEMALE ROOMMATE, \$100/mo. for winter quarter — nonsmoker, 1 blk. south of SU. 293-6880

ROOMMATE to share 3-bdrm. apt. close to SU. Nonsmoker preferred. \$115/mo. 293-8903

Family in Connecticut looking for a RESPONSIBLE GIRL TO live in, help CARE FOR 2 YOUNG CHILDREN. Must be 18 or older and be able to drive a standard shift automobile. Call 203-966-7863.

ROOMMATES to share house 1/2 blk. from library. Laundry, parking. 232-6034, 237-7457

ROOMMATE to share 2-bdrm. apt. close to SU. Call 235-1756.

MISCELLANEOUS

CLASSIES DEADLINES

NOON Tues. for Fri.
NOON Fri. for Tues.

(Remember! At the Activities Desk!)

Traditional NATIVE AMERICAN MEAL — Nov. 14, 1984, 11:30 a.m.-12:30 p.m. — SU Union Ballroom. Entertainment: Featuring local talent. Guest Speaker: Martha Many Gray Horses. Sponsored by NASA.

LEE, The best Roomie on the SU Campus! MAUREEN

This Sunday: Nov. 11, 10-5. ARTISTS & CRAFTSMEN HOLIDAY SHOE & SALE — Doublewood Inn.

DADDY, Who is the BEST Bartender (or is that Bartendress??) in the whole wide world? Of course... it must be ESTHER of the EAGLES!! See you around Thanksgiving If it's beef yet. Love,

Brown Eyes

THETA CHI wants to congratulate their new daughters BONI, HOLLY, KATHY, CHRISTY, NONA, SHELLA, CEANE, ALLISON, MIRANDA, SARA LORI & MARIA. We're glad to have ya'!

Hey BUNNY, The country club is closing soon. DAVE is leaving soon, too. Thought maybe we could go paly in the Alfalfa, hmmm? —BABY BUNNY WHACKER

SPD PERMA PLEDGES: Whoa, JOE, I like COWS, MACHO, MACHE', MEAN DEAN, GRANDMA EUG, CAT BURGLER, & WINDY. Just kidding — your nicknames are as FUN as you are! SPD SISTERS (Thanks Ma!)

INDIANA, Our first quarter was great, but our second quarter will be better. MARION

Hey, HENRY! 47 days till FLORIDA! Love ya', AGNES

Congratulations for surviving Initiation DAUGHTERS — MIRANDA, CEEAN, ALLISON, HOLLY, SHEILA, MARIA, BONI, LORI, NONA, DRISTI, KATHY & SARA. You're the greatest! THETA CHI DAUGHTERS

Thanks for breakfast in bed daughters. But I'm not sure I like being woke at 5 in the morning! The THETA CHIS

What's it really like to kiss hot lips? Spend "An Evening with Larry Linville," the hilariously funny "Major Frank Burns" in a night of laughs & M*A*S*H nostalgia. Dec. 4, 8:15 p.m., Festival Concert Hall.

Greek and Lovin' It! Watch for It!

THETA CHI's proud of their old daughters, too. They did a great job with initiation.

SNOOGUMS, Happy 11th. I'm sure glas I cast my net... So let's go for MID-July, 1986! Love, LST2

Coming soon... "GREEK AND LOVIN' IT!"



WEEKEND SPECIAL



Monica Sabo
Computer Sales Person

"Tastes great, can't beat the price."

1 LARGE PEPPERONI PIZZA

Special \$3.99
Reg. \$4.95 (SHOW STUDENT ID)

Fresh, Ready to Bake



1511 So. University Dr.
(Close to Bernie's Pckg. Place)
Fargo, ND 232-1225

2921 No. Broadway
(Next to Dan's Oil)
Fargo, ND 280-1032

1201 No. University Dr.
(Next to Mini Mart)
Fargo, ND 293-8890

1450-25th St. So.
(In Market Square)
Fargo, ND 293-3626

25 Sheyenne St.
(Across from Hardees)
West Fargo, ND 282-7837

Holiday Mall
(West side entrance)
Moorhead, MN 236-9672

PARLOR PIZZA AT HALF THE PRICE!

SPECIALS

To Pick Up When On The Go ...
PRICES EFFECTIVE NOV. 7-20, 1984



BRIDGEMAN ICE CREAM 5 QUART PAIL

VANILLA \$2.99

FLAVORS \$3.39

DOLLY MADISON SUGARED DONUTS

99¢ 33 PACK DONUT GEMS



TOSTITOS 24 oz.
REG. \$2.09

NOW \$1.59
Real Delicious Snack

PETER PAUL CADBURY CANDY BARS

- Mounds
- York Mint
- Almond Joy
- Caramello
- Dairy Milk



4/\$1



COCA COLA, DIET 7-UP, 7-UP, TAB, MELLO YELLO

32 Oz. Ret. Btl. **2/89¢** + deposit

GIOVANNI'S PIZZA - "FRESH"

Supreme 24 1/2 oz. \$3.89

Combo-Sausage & Pepperoni 22 1/2 oz. \$3.19

Pepperoni 22 oz. \$2.79

Sausage 22 oz. \$2.79

Canadian Bacon 22 oz. \$2.79



Arts

Madrigal concert to offer joyous merriment

By Shannon Endres

Come thee friends of modern age to a time of joyous merriment. Set ye spirits back to thee Renaissance period. A tune from thee harpischord, a song sung in French. Let thee NDSU Madrigal Singers fill ye life with wonder.

The 13-member group will present a concert at 8:15 p.m. Friday in Festival Concert Hall.

The concert replaces the annual Madrigal dinners which have been at SU for many years.

According to Dr. Edwin Fissinger, director of the SU Concert Choir,

Madrigals and chairman of the Music Department, "the dinner has been popular since its beginning in December 1972."

"The first year we had the dinner it was just one night, and it was sold out," Fissinger said. A second night was added the following year, a third night in 1974 and a fourth in 1975, "where it has stayed for the past eight years."

The program was complete with dinner, costume and decorations all set in an Elizabethan background.

"We have always had a lot of good cooperation from everyone," Fissinger said, "especially from Jerry Vanderlinde and Wayne Tollifson of the Art Department for their help in designing and building the decorations."

The dinner was prepared by the

SU Food Service and served in the Ballroom.

"The costumes were originally designed by a SU graduate student majoring in textiles and clothing who was a member of the Concert Choir," Fissinger said. Through the years many alterations and revisions have been made.

The Madrigal group was started in 1968 by Fissinger. The group hasn't always had a dinner. "We used to have concerts," he said. "That is one of the reasons we are having a concert this year."

Fissinger is leaving SU after this year and felt it would be easier for his successor to step in "a bit at ease," he said.

"It's a lot of hard work and commitment from everyone. The department secretary, the food service, the

Union, the singers and the director," Fissinger said.

He has enjoyed having the dinner "and I know my students have. They put in a lot of their own time. I had one student come in this year and tell me he will miss putting on the dinner saying, 'It's too bad you have to stop when you're so successful.'"

The theme for Friday's concert is Renaissance and will have much variety, including solos, duets, trios, men's chorus, women's chorus and the Madrigal group.

Featured numbers will be two French peices, "Le Chant des Oyseaux" by Janequin and "Reveil Venir du Printans," by LeJenne.

The program will also include selections by Dowland, Hassler and Wilbye.

Concert to feature works of Mozart and Debussy on Monday

The Fargo-Moorhead Chamber Chorale will open its fifth season with a concert on Monday, Nov. 12 beginning at 8 p.m. in the MSU Recital Hall.

The concert, under the direction of Alice Fasman, will feature choral works by Debussy, Britten, Mozart, Palestrina and Vittoria.

Admission is free and open to the public. Donations are welcome as the Fargo-Moorhead Chamber Chorale is a nonprofit organization and is solely supported by its members and the community.

Hercules from page 10

Powerlifting meets aren't exclusive to men. "I couldn't believe the interest with which some of the women lifted...some of them were more serious than the guys...showed more emotion...it's really a big thing now." Rush said.

Although women can enter, their numbers are few. Because of this they often compete directly against men in their respective weight classes. "Sometimes they'll have a separate women's division, but a lot of times in the real light (weight) classes like 114, 123 and 132 (pounds) the women will just compete against the men."

Apparently there is still some prejudice against the female intrusion. "There are a lot of lifters who resent women in lifting, just like a lot of men who would resent women in any sport." Rush said, "That's good on their part that they've come out and competed."

Sometimes Rush feels the toll of his powerlifting career. "My body feels kinda old sometimes when I get out of bed in the morning."

As for his long-term goals he said, "I don't think powerlifting is like tennis. I mean if you start young and you go at it hard I don't think you can stay in it a real long time just because it kinda wears you out physically...and you just get tired of doing it. I'd like to stay in it a few more years and put some good lifts together...I think I'll always be exercising...once you do it, it's kinda hard to get away from it."

Young America

All Casual Pants and Cords \$19.99

All Suits \$50 OFF.

All Wool/Blend and Corduroy Sport Coats \$59.99

All Jeans under \$32 \$19.99

All Regular Priced Outerwear 20% OFF

Turkey with all the Dressing SALE



"Stunning! Not since the Beatles burst off the screen in 'A Hard Day's Night' has the sense of a new generation's arrival on the pop scene been so vividly and excitingly conveyed!"

-Kurt Loder, Rolling Stone

Prince

In his first motion picture

Purple Rain



PRINCE
PURPLE RAIN
A CAVALLI, RUFFALO and FARGNOLI Production
Original Songs Composed and Produced by PRINCE Written by ALBERT MAGNOLI and WILLIAM BLINN
Produced by ROBERT CAVALLI, JOSEPH RUFFALO and STEVEN FARGNOLI Directed by ALBERT MAGNOLI

RESTRICTED PARENTS STRONGLY CAUTIONED
MPAA Rating: R

Adventures in Hypnosis With Brodigan

Thursday Nights 9:30
No cover starting Sept. 13th

Monday's Football Special

Happy hours all night in theater and Peanut Bar.

Come and see the games on Big Screen

CINEMA LOUNGE

SHOWTIMES:

7-9:15-11:15
SAT 4 p.m.
Happy hour
Matinee
SUN 7 p.m.
only NO LIQUOR

AND

REEL PEANUT BAR

Moorhead Center Mall

Setting, design and acting convey life of great illusion

The Little Country Theatre opened its 1984-85 Season with "The Glass Menagerie" by Tennessee Williams. This classic by the Southern playwright deals with a family in depression era St. Louis and the world of illusion they live in.

The play is one of memory and the set reflects that. The set, at first glance, looks like a rather everyday dumpy apartment with an adjoining fire escape but then one notices that walls tilt at crazy angles and the whole perspective seems oddly exaggerated.

The lighting also reflects that the play is a memory. Tom Wingfield explains in the first scene that because the play is a memory the lighting will be soft and muted throughout. This combination of set and lighting help produce the world of illusion that "The Glass Menagerie" takes place.

Heidi Heimarck does an excellent job portraying the faded remnant of Southern gentility, Amanda Wingfield.

Her son, Tom Wingfield, played by Steve Katlack, claims that "man is by instinct a lover, a hunter and a fighter," and he yearns for a life of adventure. He attempts to escape via the movies without success. When he states he is boiling inside we believe him.

Laura, Tom's sister, is a social outcast who is terribly shy because she is slightly crippled. She spends her time listening to old records left her by her father and polishing her glass menagerie. Sandy Bemis competently portrays this neurotic who will never equal her mother when it comes to gentlemen callers.

The play is well worth seeing and if you have an SU activity card tickets are free. Its second run begins Thursday and runs through Saturday.

Public is bombarded with fall line-up of the networks' newest

By Jennifer Olson

Every fall something strange comes into our homes—the fall television season. Weeks before, the public is bombarded with promotions from all three networks claiming that each has the hottest new shows. Then in the weeks which follow, some shows meet with a fate worse than death—they get "shelved." Believe it or not, this has already begun to happen.

Review

CBS appears to be the strongest on Saturday. "Airwolf" Jan-Michael Vincent and Ernest Borgnine with a futuristic helicopter. Vincent plays Stringfellow Hawke, a 34-year-old war veteran. Together they work part-time for The Agency, a CIA-like organization. A man named Archangel contacts them when he needs their help. Aside from the usual dogfights and mini-wars they wage on crime, this show is enjoyable to watch.

Next in "Micky Spillane's Mike Hammer." This show is for those who enjoy a good detective story. Stacy Keach was born to the tough, street-wise Hammer. Women flock to him, and cops and crooks fear him. After getting beat up a few times Hammer always gets his man.

"Cover-Up" follows at 9 p.m. Jennifer O'Neill and Jon-Erik Hexum are a fashion photographer and a male model who are really secret agents. Their cover enables them to travel the world and help Americans in trouble. "Cover-up" has recently been overshadowed by the death of Hexum.

ABC has one new show on Saturday, "Finder of Lost Loves," Starring Tony Franciosa and Deborah Adair it's about a man who helps people find lost loves. This show is corny and romantic but is just what America needs. Love really does conquer all!

"Partners In Crime" and "Hot Pursuit" are new shows on NBC. Starring Lynda Carter and Loni Anderson, "Partners In Crime" is a silly attempt to prove that two glamorous women can be private detectives. "Hot Pursuit" is a story of a couple on the run from the law. Every episode has the same couple being chased by the same hired killer.

Sunday Has two new shows to offer. "Punky Brewster" is a cute program aimed at a young audience.

One of the most popular shows of



The Little Country Theater opened the season with "The Glass Menagerie" last week. (Photo by Jeff Wisnewski)

This Week:

ACE IN THE HOLE

NEXT WEEK:

SHEYENNE RIVER BAND

Monday Night Pool Tourney—8:30

Coming Soon:

- Backgammon Tournament • Sign up now for
 - Pinochle and Whist Leagues • Deadline for sign up is
- OCTOBER 31.

SATURDAY AFTERNOON JAM 3 to 5

Musicians bring your instruments. FREE DRINKS for all participating musicians.

Mon. Night - Buck Night 7-10
Wed. Night is Men's Night with 60° can beer from 7:30 - 9:30

FOUR
LOUNGE &
OFF SALE
10

Fargo's Most Active Lounge
corner of 10th St. and 4th Ave. N.
237-5410

TUESDAY
RIVIA
NIGHT

3 Contests
per night

8:15 • 9:30 • 10:30

GRAND
PRIZE:

\$20 Gift Certificate
Overall Winner

3-\$10 Gift Certificates
1 per contest

the new season is CBS's "Murder She Wrote." Angela Lansbury plays Jessica Fletcher, a mystery writer from Maine who keeps finding herself involved in intriguing crimes. This show comes from the same people who created "Columbo" and possesses the same style and wit. Miss Lansbury brings charm and grace to the role.

Monday offers ABC's "Call to Glory" and CBS's "Kate and Allie." Riding on the patriotic fever of the summer Olympics, "Call to Glory" had great success in the beginning. The story of an Air Force family in the early 60's, brought back memories of a bygone era. Recently, however, it has slipped in the ratings.

"Kate and Allie" was first seen earlier this year as a mid-season replacement. Susan Saint James and Jane Curtin play two divorced women with children who share an apartment to make ends meet. It is a light-hearted comedy that brings home many of today's problems that single mothers face. "TV's Bloopers and Practical Jokes" is on NBC on Monday.

Tuesday, ABC has four new shows in the line-up, two of which have already been shelved. "Foul-ups, Bleeps and Blunders" was a mid-season replacement from last year which lasted only 2 weeks this year. "Jessie" stars Lindsey Wagner.

The two remaining shows "Three's A Crowd," and "Paper Dolls" show promise. "Three's A Crowd" chronicles the love and romance between Jack, John Ritter, and Vicky, Mary Cadorette. Most of the troubles in their life are caused by Vicky's over-bearing father played by Robert Mandan. This show is strictly for John Ritter fans.

"Paper Dolls" is a well-structured show. It has sex, romance, money along with attractive men and women. At first I thought it would be another trashy affair, but I was happily surprised. The acting is good, and the story lines are believable and engrossing.

CBS has problems on Tuesday. "After MASH" has been shelved and another new show, "E/R" could be next. "E/R" is a fresh comedy about the happenings at a hospital emergency room. Elliott Gould plays the doctor.

NBC is the king of Tuesday night with "The A Team," "Riptide," and "Remington Steele." "Riptide" stars Joe Penny, Perry King and Thom Bray, who portray three private detectives living on a boat.

Wednesday is ABC night with "The Fall Guy," "Dynasty," and "Hotel." CBS offers the viewer "Charles In Charge," and "Dreams." "Charles In Charge" has Scott Baio playing a college student who is a live-in helper for a working couple with three kids. "Dreams" was a bit of a disappointment. "Dreams" stars John Stamos and five young Philadelphians who are trying to make it as a rock band.

NBC attempts to bring ABC to its knees by adding two new shows to its Wednesday line-up. "Highway to Heaven" is a Michael Landon product about an angel on earth who is sent to do good deeds in order to earn his wings. "It's Your Move" stars Jason Bateman who, according to "TV Guide," is J.R. Ewing as a 14-year-old boy. He meets his match

in his mom's new boyfriend played by David Garrison.

Thursday still belongs to CBS. There is some stiff competition from NBC. ABC offered three new shows, two of which have been shelved, "People Do the Craziest Things" and "Glitter" and the other, "Who's The Boss" moved to another day and time. "Who's The Boss" stars Tony Danza as a widower with a young daughter who becomes a live-in housekeeper for a divorced advertising executive and her son.

NBC has added two new shows to help win viewers. "The Cosby Show" proves once again that Bill Cosby is a master of comedy. His show goes after a tough audience—kids and their parents. He brings family problems to a new comic level. "Night Court" stars Harry Anderson as a young judge who makes court look like a fun place. It has a cast of characters from all walks of life which blend well in this sitcom.

Friday, like Thursday, has in the past been a CBS night. NBC is trying to change that. Leading off is "V" based on the two successful mini-series. It will retain some of its original cast including Faye Grant, Marc Singer and Jane Balder.

Next is "Hunter," a Dirty Harry-style cop show. Starring Fred Dryer, who sounds a lot like Clint Eastwood, and Stephanie Kramer, it shows the tough cop and his pretty partner cleaning up the streets. The chemistry between Dryer and Kramer makes this show good.

NBC's final offering on Friday is "Miami Vice." This is possibly the best show television has seen in a long time. Partners Sonny Crockett Don Johnson, and Ricardo Tubbs, Philip-Michael Thomas, violently battle drug dealers and other assorted lower life forms. This show is a visual and audio treat with its music and unusual camera techniques.

The only other new show on Fri-

day is ABC's "Hawaiian Heat." It's about two guys who get tired of directing traffic in Chicago snowstorms and fly off to join the force in Hawaii.

This year's season offers a great variety of shows. Which ones make it and which ones don't remain to be seen. Remember the new mini-series and made for television movies that will try to out do each other. Just sit back, relax, and don't touch that dial!

LIBRARY WILL
be open on Veteran's
Day — regular hours



Save on Eyeglasses and Contact Lenses

Why pay up to 70% more for the identical glasses or contacts from big national chains? All Vision World's prices are for complete prescription eyeglasses. Never an oversize charge! A one-year guarantee is included.

Prescription Eyeglasses

- Elan Collection** \$49
Over 100 stylish frames
- Elan+ Collection** \$59
Over 100 more - including rimless
- Elite I Collection** \$79
Over 100 more - including
designer names
- Elite II Collection** \$99
Over 100 more—Logo Paris, Tura,
Menrad, Christian Dior, Silhouette

Bifocals only \$10 more

VISION WORLD'S EYE EXAM

by State Registered Optometrist

A really thorough exam using latest computerized equipment. Includes testing for fusion, phorias, stereopsis, color blindness; also slit lamp and ophthalmoscope evaluation.

\$19.50

We also welcome your doctor's Rx (We can call for it if necessary.)

When you come to Vision World for contact lenses you'll not only receive the finest lenses but you'll get thorough followup care—needed for safe and successful wear. That's why Vision World fits more contacts than anyone in the Twin Cities.

All contact prices include fitting, care kit and thorough follow up care

EXTENDED WEAR

Latest Design Permaflex or B & L Contacts

+
Optical Quality Sunglasses

Includes fitting, care kit,
thorough followup care.

(most prescriptions) ALL FOR **\$119**

Tinted Soft Contacts \$118

BIG 3 OFFER

Latest Design Daily Wear Soft Contacts

+
Optical Quality Sunglasses

+
Backup Eyeglasses in your Rx

Includes fitting, care kit, follow-up care!

(most prescriptions) ALL FOR **\$99**

No oversize charges. Only extra charges are tints, unusual lens styles, high power.

*Vision
World*
quality you can depend on
at prices you can afford

Member Opticians Association of America



Now Open in Moorhead
Midtown at Main

(across from Hornbachers)

233-7695

Hours

Mon 10-8
Tues 10-6

Weds 10-6
Thurs 10-8

Fri 10-6
Sat 9-5

Clips

African Student Union

A business meeting is at 2 p.m. Sunday in the States Room. Future events are being planned.

AUSA

Take aim and win a turkey Shoot from 3 to 8 p.m. Nov. 13, 14 and 15 in the Old Field House Rifle Range. Turkeys will be awarded to the highest scoring female, male, faculty member, and team.

College of Home Economics

AHEA will be meeting Tuesday from 6:30 to 7:30 p.m. in the Founders Room. Dr. Light will be speaking on families and feminists.

Fellowship of Christian Athletes

The assurance of salvation will be the topic of the meeting at 8:30 p.m. Monday in 319 FLC. Everyone is welcome.

Fellowship of Lutheran Young Adults

Volleyball, supper, and Bible study will begin at 2 p.m. Sunday at the Grace Lutheran School, 1025 14th Ave. S. If you need a ride, meet at Immanuel Lutheran, 1258 Broadway at 1:45 p.m.

Horticulture Club

The meeting with the F-M Horticulture Society will be at 7 p.m. Monday in room 103 of the Horticulture building. The speaker will be Gary Clamby of the botany department.

ISA

Everyone is welcome to play volleyball from 7 to 10 p.m. Saturday in the Old Field House.

The business meeting will be at 3 p.m. Sunday in the Forum Room of the Union.

Schuyler Houser, president of Sisston-Wahpeton Community College, will be speaking on historical and current issues of Indian Reser-

vations at 1:30 p.m. Wednesday in the Forum Room.

Everyone is invited to attend the potluck-style Thanksgiving Dinner from 2 to 6 p.m. Nov. 22 at the Newman Center. Interested students and families are asked to sign up at the Office of International Student Affairs in Ceres Hall.

Islamic Society

There will be Friday Prayer Congregation at 12:30 p.m. Friday at the Mosque, 1114 N. University Drive. For more information call Mohamm- ed Khodn.

Microcomputer User Group

A meeting will be at 2 p.m. Sunday in EEE 219. Topics are disk ordering, reviews of electronic arts, pinball and music construction sets.

SOTA

Coffee Hour is from 9 a.m. to noon today in the Founders Room. Student problems will be discussed.

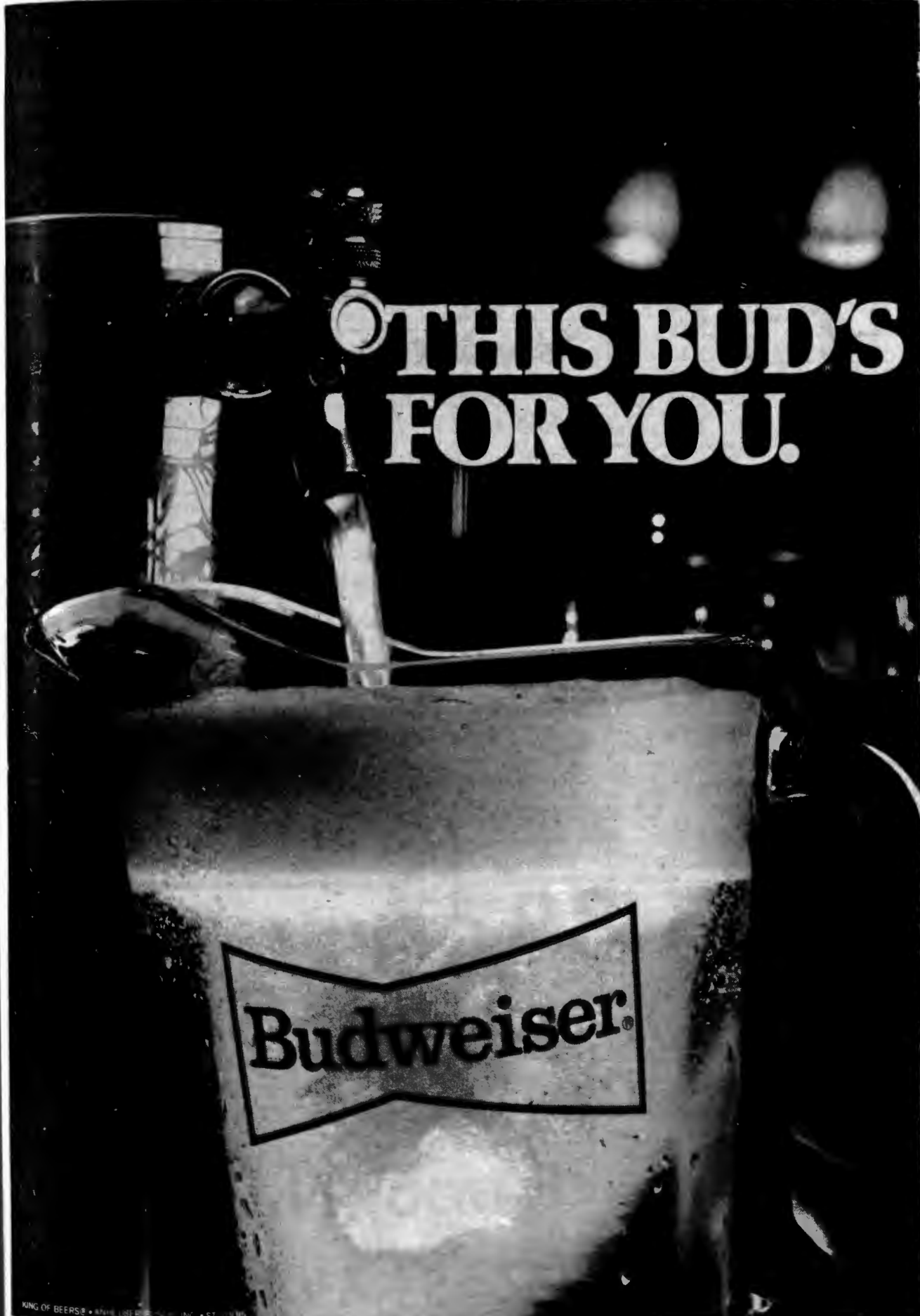
University Lutheran Center

Sunday worship is at 10:30 a.m. with coffee, rolls and juice beginning at 10 a.m. Sunday night suppers at ULC begin at 5:30 p.m. Menus and cost are to be announced.

The Library

WILL be open on Veteran's Day

—regular hours—



Puzzle answer from page 6

F	A	T	A	L		F	A	I	L	S	
M	A	N	A	G	E		A	T	T	A	C
A	T		N	E	S	T	L	E	S		R
R	I	M		D	I	E	T	S		S	E
E	M	I	T		O	N	E		S	P	E
S	A	T	U	R	N		R	A	P	I	D
			T	R	Y			T	A	N	
S	C	E	N	E	S		O	T	T	E	R
P	A	N	S		P	A	R		S	T	O
E	R	S		M	A	I	N	E		S	U
E	T		B	O	R	D	E	R	S		T
D	O	N	A	T	E		R	I	O	T	E
			N	O	T	E		Y	E	L	L

Wrestling team will open with collegiate Midwest competitors

By Bamson Fadipe

The Bison wrestling team will open its first season match tomorrow with the Bison Open at the New Field House.

The action will begin at 100 a.m. with the finals scheduled for 7:30 p.m.

"The tournament draws the top collegiate wrestlers from the entire Midwest and some of the countries top club wrestlers," wrestling coach Bucky Maughan said.

The teams from NCAA Division I powerhouses, Big Eight, Big Ten and clubs from University of Iowa and Iowa State University are expected to participate.

North Central Conference schools are considered the toughest in the NCAA Division II, and Northern Intercollegiate Conference schools are expected to compete in Saturday's tournament.

Last year's Bison Open tournament was dominated by club wrestlers who were preparing for the 1984 Olympics, according to Maughan. "Many of those wrestlers are expected to try and defend those

Wrestling to page 19

**WHEN YOU THINK PIZZA,
THINK GIOVANNI'S**



FREE DELIVERY

**FREE
LITER
OF POP**
expires
11-16-84

PIZZAS:

	10" Small	12" Medium	14" Large
Cheese	3.00	3.50	4.00
Onion	3.25	3.95	4.75
Italian Sausage	3.50	4.00	4.95
Bavarian Sausage	3.50	4.00	4.95
Salami	3.50	4.00	4.95
Pepperoni	3.50	4.00	4.95
Beef	3.50	4.00	4.95
Bacon	3.50	4.00	4.95
Ham	3.50	4.00	4.95
Sauerkraut	3.70	4.20	5.15
Green Pepper	3.70	4.20	5.15
Olives	3.70	4.20	5.15
Pineapple	3.70	4.20	5.15
Black Olives	3.70	4.20	5.15
Canadian Bacon	3.95	4.40	5.35
Mushroom	3.95	4.40	5.35
Shrimp	4.25	5.00	6.00
Anchovy	4.25	5.00	6.00
Additional Ingredients .	.55	.65	.75
Extra Crust on Small - Medium - Large...	1.00		
Regular deep dish 12" & whole wheat. Add	1.00		

GIOVANNI'S SPECIALS

Hawaiian	4.25	5.00	6.00
Vegetarian	4.50	5.50	6.50
Vini's - Any 3	4.50	5.50	6.50
Mario's - Any 5	4.95	6.50	7.50

TUESDAY NITE SPECIAL
ALL THE PIZZA AND POP YOU
CAN EAT AND DRINK..... 4.00

SANDWICHES:

Ham & Cheese Sandwich	2.30
1/2 Ham & Cheese Sandwich	1.70
Turkey Sandwich	2.50
1/2 Turkey Sandwich	1.30
Hoagie	3.60
1/2 Hoagie	1.90
Pizza Sub	2.50
1/2 Pizza Sub	1.30

All Sandwiches Served With Potato Chips

SPAGHETTI:

(Served with Garlic Toast)

Spaghetti	Large	3.00
	1/2	1.50
All the spaghetti you can eat		3.50

BEVERAGES:

Milk40	Coffee50 (refillable)	
Pop ..	Bottomless glass (in house only)60
Pitcher of pop				2.00
				•7-up •Coke •Root-Beer •Diet Coke •Mello Yello

JUMBO "G"

14" - 10 item pizza	10.00
---------------------------	-------

LITTLE "G"

6" single item pizza - 11 a.m. - 4 p.m.	1.50
Additional Ingredients @	.25

PIZZA FOR TWO (or Three)

Pitcher of Pop and 12" single item Pizza	5.00
---	------

**FREE
TOPPING**
expires
11-16-84

235-8877

**11 a.m. - 1 a.m. Mon.-Sat.
4 - 12 p.m. Sun.**

1461 N. 11th St. Fargo, N.D.

WE MAKE YOU BAKE PIZZAS AVAILABLE

BLOOM COUNTY

by Berke Breathed



TODAY'S CBS ELECTION POLL SHOWS THAT THE AMERICAN MEADOW PARTY CANDIDATES ARE RUNNING DEAD LAST AMONG BLACKS.



...AS WELL AS WOMEN AND SOUTHERN CONSERVATIVES.



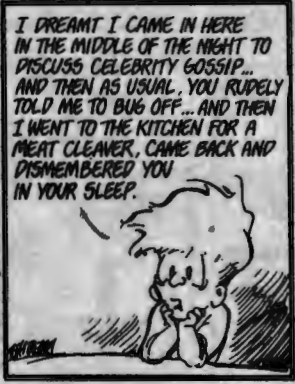
...AND INDIANS. AND JEWS. AND SOUTHERN LIBERALS. AND BUS DRIVERS AND PLUMBERS AND SHOE REPAIRMEN AND MECHANICS AND RED-HEADED VACUUM CLEANER SALESMEN AND BASEBALL PLAYERS. OOPS, YRS AND LAYERS AND NEARLY NOBODY.



WELL I JUST BET THEY DIDN'T CONSIDER THE FLIGHTLESS WATERFOWL VOTE! TOO SHORT FOR THE VOTING BOOTH.



A NIGHTMARE, DAD. I'VE HAD A HORRIBLE NIGHTMARE.



I DREAMT I CAME IN HERE IN THE MIDDLE OF THE NIGHT TO DISCUSS CELEBRITY GOSSIP... AND THEN AS USUAL, YOU RUDELY TOLD ME TO BUG OFF... AND THEN I WENT TO THE KITCHEN FOR A MEAT CLEAVER, CAME BACK AND DISMEMBERED YOU IN YOUR SLEEP.



SHOCKING. THE WHOLE THING. SHOCKING.



...BUT THEN NO MORE SO THAN THE RECENT DIVORCE OF JOHN AND CHRISTINA DELOREAN. WHAT DO YOU THINK?

HAVE A SEAT! WE'LL DISCUSS IT!



TOMORROW'S ELECTION DAY... SO WHY CAN'T I FIND OUR PRESIDENTIAL CANDIDATE?

FUNNY YOU SHOULD MENTION THAT...



WHAT?! WHAT'S WRONG?!

NOTHING! GOOD NEWS! I THINK BILL IS GONNA SCORE BIG POINTS ON THE RELIGION ISSUE!



... HE JUST GOT ON A BUS WITH TWO HUNDRED WINOS ON THEIR WAY TO JOIN THE "BHAGWAN SHREE RAJNEESH" CULT IN OREGON.



WELL, THIS IS A POLITICAL WINDFALL.

HEY! REAGAN DOESN'T EVEN GO TO CHURCH!



ELECTION DAY. I'M A NERVOUS WRECK... THIS... THIS IS POLITICS?!



...WE'RE DEAD IN THE POLLS... ANOTHER BABY PIDDLED ON MY TIE IN FRONT OF THE MEDIA... AND GEORGE WILL REFERRED TO ME AS AN "OBSEQUIOUS LIBERAL PEON".



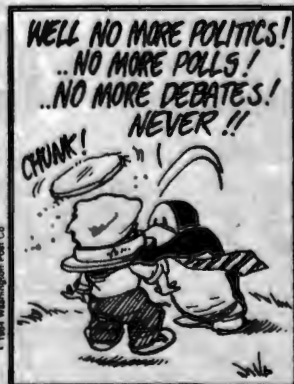
BY GOLLY, ONE MORE LITTLE POLITICAL SETBACK AND I... I'M HEADING FOR TIMBUKTU!!



YOUR RUNNING MATE JUST RAN OFF TO GOOD-BYE. BE A "RAJNEESHEE" CULTIST. WONDERFUL.



YOU!! YOU GOT ME INTO THIS RIDICULOUS CAMPAIGN, YOU... YOU STUPID MOO!!



WELL NO MORE POLITICS! NO MORE POLLS! NO MORE DEBATES! NEVER!!



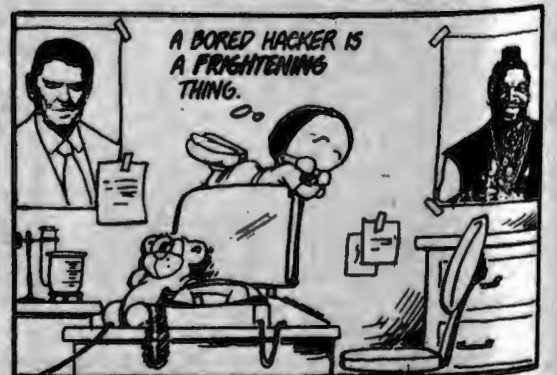
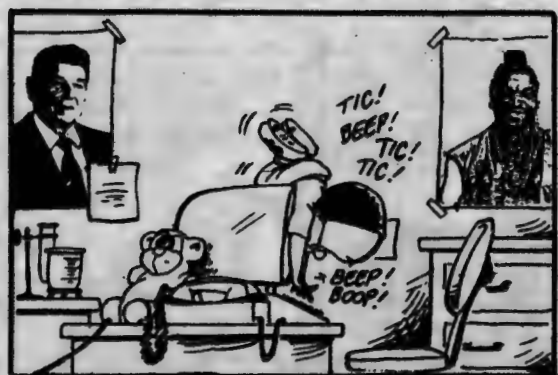
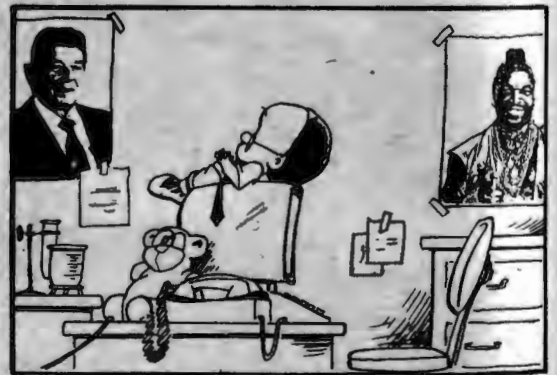
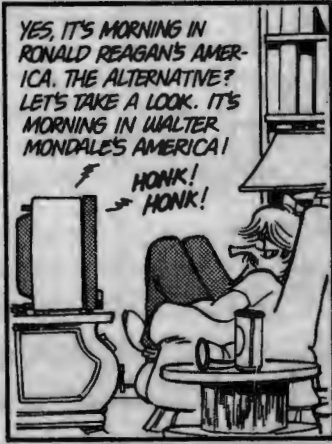
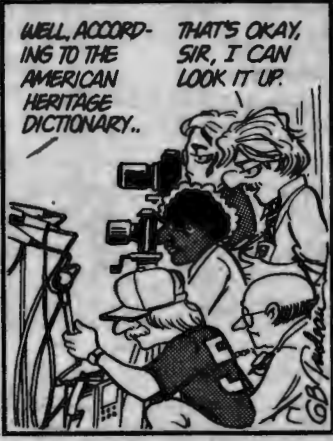
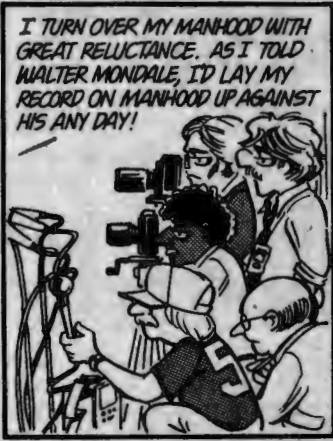
LISTEN... YOU'RE DISTRAUGHT... MONDALE IS TOO! CAN I SAY JUST ONE WORD? JUST ONE...



...1988... HEY... WHOA... YEAH!

Doonesbury

BY GARRY TRUDEAU



Vikes are fighting to regain good reputation

By Neil Roberts

As everyone knows the Vikes are struggling football team. Why? There are several reasons.

First of all, the Vikes are weak in the trenches, and that's where football games are won and lost. Their offensive and defensive lines aren't up to par. Injuries have been the primary problem with the offensive line. Wes Hamilton, Brent Boyd and Jim Hough have missed most, if not all, of the season due to injuries. Keep in mind the unexpected retirement of Dennis Swilley as well.

Even when the Vikings offensive line is full strength, it isn't an overpowering one by any means. The Vikings are in dire need of an excellent offensive lineman. Their first-round pick in the draft may be aimed towards a tackle.

If their first selection in the draft isn't a lineman on offense, it may be up front on defense. Last year the Vikes pass rush was the reason they were so effective. The pass rush has

been virtually nonexistent this year. With Greg Smith and John Haines in there, the Vikings are going to have to blitz more for a decent pass rush. Quarterbacks have been getting too much time to throw.

Injuries have taken their toll as well. The Vikes have had to go without Mullaney, Martin and Elshire much of the season. Duck White and Randy Holloway have been cut. G.M. Mike Lynn failed to sign number-one pick defensive end, Keith Millard. That's at least six defensive linemen the Vikes have had but haven't used for one reason or another.

The transition of coaches from Bud Grant to Les Steckel hasn't been as smooth as hoped. There were too many changes too fast for the Vikes to be a real good football team this year. Granted, some were out of Steckel's control.

It's nice to see the Vikings a better conditioned team. But the Iron Man Contest in training camp might

have been going too far. There were many pulled muscles and other related injuries which players have had nagging them since. Jim Hough is a prime example.

There are a few other things I disagree with Les Steckel about

that I won't even discuss. It's too easy to sit and second guess. I think the Vikes will win eventually under Steckel, but that will be at least a couple of years away. Sometimes it's hard to believe the Vikings were a 6-2 team at one time last year.

Dietman shows effects of hard work by winning individual title

By Bamson Fadipe

Long-time North Central Conference rival South Dakota State University Jackrabbits out-scored the Bison 35-33 to capture this year's men's and women's NCC titles last Saturday at Vermillion, S.D.

SU's men's and women's cross country team finished second place with 59 and 70 points respectively while the St. Cloud State University Huskies finished in third place in both the men's and women's divisions with an effort of 77-149 points.

Both of SU's teams automatically

advanced to the NCAA Division II cross country meet on Nov. 17 at Mississippi College at Clinton, Miss.

Nancy Dietman proved that her hard work did pay off as she captured the individual title. She ran the 5,000-meter course in a personal best time of 16:49.82. Dietman was second last year in the conference and finished in fourth place at the national meet.

Women's track coach Sue Patterson said, "It was team effort all of the way. All the teams in the conference have one goal in mind, and that is to advance to national which we did."

Bev. Weiman and Kathy Kelly were the other top finishers for the lady Bison. Weiman and Kelly finished fourth and fifth places. Kelly also recorded a personal best time of 17:57.

Penny Weinan and Kim Leingang finished in 39th and 43rd place.

On the men's side of the showdown, Bison runner John Zimmerman finished second behind SDSU's Rod DeHaven with an effort of 30:37.

The men ran a 10,000-meter course.

Rolf Schmidt, Brian Kraft, Greg Rohde, Tom Nelson and Mark Anderson finished ninth, 14th, 15th, 19th and 23rd respectively.

"It was a good team performance," Bison coach Don Larson said.

The meet was the toughest regional meet in the NCAA Division II as far as trying to qualify for the nationals, according to Larson. "SDSU was beaten by Mankato State and Augustana during the regular season, but SDSU obviously ran very well in the conference," he said.

Wrestling from page 15

titles," he said.

The Bison have won the NCC title for the past three years and will be looking forward for its fourth this year.

"We are young but we have a lot of talent, and anyone who counts us out is going to be surprised," Maughan said.

Maughan returns four of his last years team members and will be counting heavily on the newcomers.

The Bison will be led by three All-Americans. Jack Maughan at 134 pounds, Mike Frayzer at 142 pounds and John Morgan at 117 pounds. The other starter from last year's team, Lance Rogers, will wrestle at 150 pounds.

Other Bison wrestling this weekend are Rick Goeb, Dan Collins, Steve Anderson and Rich Bond at 118 pounds. Jim Arabanos and Paul Kovpal are at 126 pounds. In 134 pound category are John Cyr and Jeff Ocel. Chris Rygh and Dave Scott will compete at 142 and 150 pounds.



Go for the six shooter!

Sports

Volleyball team ups season record with win

By Kathy Stoll

The SU women's volleyball team upped their season record and tournament record by claiming the most match wins at the University of Nebraska—Omaha Invitational last weekend.

The Bison lost one match of the six-match round robin tournament, coming out on top with the best record and performance for the weekend.

The Herd contended with St. Cloud State University in the opening match. The two rival teams stayed even until the sixth point of the first game—then it was all

Bison. Sophomores Beth Mattson and Gretchen Hammond each drilled two service aces into the Husky court. Again Hammond and senior Amy Quist teamed up in the front row to tally up four and five kills respectively from Terese Reynolds sets to lead SU to a 15-10 win.

In the next game Hammond and Quist led in kills with eight and five respectively. Strong middle blocking from Mattson and senior Pati Rolf put SCSU away for good as they were downed 15-7 in the second and final game of the match.

Next on SU's agenda was the University of Minnesota-Duluth.

Junior Zaundra Bina showed a powerful serving arm as she served six straight points for SU leading to an SU victory, 15-8. The second game didn't come as easily for the Bison only winning by three points with a score of 15-12, but Mattson once again displayed skill in the middle killing 12 hits in the match, nine of them landing in the second game.

The final match on the first day of action for the Bison landed with host-team UNO. Mattson of Grand Rapids, Minn., was the key to the SU offensive attack, tallying up five of seven hits in the first game as kills. The Bison led UNO at one point of the game 13-3, but UNO fought back with smart hitting and managed to meet half way with a score of 14-7. On an SU side our, Mattson placed the ball into a deep UNO corner, and the Bison had one game down with a score of 15-8.

SU's block became a permanent brick wall in the second game of the match, as UNO's offense was shut down to prove the Bison victorious, 15-8. Mattson and Rolf shared the match kills with nine each. This victory left the Bison 3-0 on the day and an optimistic view at Saturday's competition.

But the first match of Saturday proved to be the opposite for SU as they lost their only game of the tournament to Central Missouri State University.

This game also proved to be important for the Herd as a school record of the most wins in a season had a chance to be broken. The previous record of 43 wins was set in 1982.

The Bison came out tough and ready for anyone as they demoralized CMSU 15-4 in the first game. Mattson and Hammond led the front line with five kills each.

CMSU's middle attack came through in the second game, and the

Bison defense was unable to block or pick up the quick attack. CMSU returned the favor with a 4-15 Bison defeat.

The third and deciding game of the match was a battle to the end. The score stayed even up to point 12. CMSU's middle attack kept hounding the Bison, and SU fell behind 12-14. They earned the winning point by a Bison attack hit out of bounds and a struggling Bison defensive effort. Hammond led the match with 14 kills, followed by Rolf with 11.

The breaking of the record for the most season wins was set by the 1984 Bison in the next match of the day when they took on Northeast Missouri State University. The Bison trampled NEMSU 15-5, 15-12. Mattson delivered 16 out of 20 hits as kills for the Bison offense and also set up key blocks on the front line. This win set the new record at 44 wins and only nine losses for the Herd.

Northwest Missouri State University was the final Bison contender for the tournament. The first game was close, as eight missed serves hurt the Bison attack. The game tied at 14 each, and Rolf came through with a tremendous attacking effort followed by a deceptive dump by setter Reynolds into the opponent's court, which cleared the way to an SU victory 16-14.

The second and final match was almost a replica of the first as the two teams stayed even up to 19 points. Then, once again, the Bison offensive attack came through. Led by Hammond and Rolf, the Bison clenched the tournament in important for the Bison—a victory is needed to clinch a trip to the NCAA II National tournament in just a few weeks. Top competition for the Bison this weekend will be St. Cloud State and UNO.

Picker doubts Vikes will be capable of winning twice

By Neil Roberts

Last week I was 9-4 while my guest was 7-6, and we tied in the Lion and Eagle game. My record vs. guest pickers is now 3-1-1. My guest this week is Randy Miller. Most of the games this week seem to have clear-cut favorites but you can count on plenty of upsets. I tried to pick a few. Let's take a look:

Dallas 20 at St. Louis 24

Guest: Dallas 17 at St. Louis 27

Both teams are coming off losses and in a tie for the division lead. The Cowboys couldn't beat the Cards at home so I can't see them doing it on the road. The Cards are better now than before.

Detroit 17 at Washington 31

Guest: Detroit 10 at Washington 21

The Skins are struggling, but not as much as the Lions. I like the Skins at home pulling off a win.

Philadelphia 20 at Miami 31

Guest: Philadelphia 17 at Miami 35

The Dolphins finally got a good test last week. I doubt the Eagles will give the Dolphins a real good game. After their scare against the Jets last week, the Dolphins will come out ready.

San Francisco 27 at Cleveland 10

Guest: San Francisco 28 at Cleveland 13

The Browns have multiple problems. The Niners seem to let up against the AFC Central, but if they manage to show up they should beat the Browns.

Minnesota 20 at Green Bay 21

Guest: Minnesota 17 at Green Bay 28

The Packers are presently playing the best ball in the division next to the Bears. It was nice to see the Vikes pull it out last week. Two in a row is possible, but unlikely.

Indianapolis 10 at New York Jets 27

Guest: Indianapolis 14 at New York Jets 24

The Jets gave the Dolphins their best game of the year last week. If they can come even close to matching that performance, they'll beat the Colts.

Buffalo 13 at New England 27

Guest: Buffalo 10 at New England 21

The Pats played well last week but the Bronco defense beat them. The Bills also lost a game they should have won and remain winless. The Bills will stay that way for at least another week.

Houston 13 at Kansas City 21

Guest: Houston 7 at Kansas City 24

The Chiefs were embarrassed by the Seahawks last week and wouldn't want to compound the misery by losing to the Oilers. Kenney was knocked out of the game last week so Blackledge may get the nod Sunday.

Denver 27 at San Diego 17

Guest: Denver 24 at San Diego 20

The Charger offense can consider themselves lucky if they score 17 points. If the Bronco offense can't score more than 20 points, their defense will probably chalk up that many.

New York Giants 14 at Tampa Bay 17

Guest: New York Giants 20 at Tampa Bay 17

Here is my first and biggest upset pick of the week. I chose to pick some upsets while my guest chose to basically stick with the favorites. The Giants are due to lose while the Bucs are 3-1 at home. Wilder against the Giant defense should be a good match.

Chicago 17 at LA Rams 14

Guest: Chicago 14 at LA Rams 10

With McMahon out, the Bear defense will have to shut down Dickerson which I think they will. When the Rams are forced to throw, Kemp will have trouble.

New Orleans 23 at Atlanta 24

Guest: New Orleans 16 at Atlanta 13

Again I went with a mild upset taking the Falcons. The Falcons with their inconsistent winning pattern are due for a win. The Falcons won earlier, and they looked better Monday night after Moroski came in.

Pittsburgh 23 at Cincinnati 21

Guest: Pittsburgh 17 at Cincinnati 21

With this game at Cincinnati, I see it as a toss-up. It will be a battle of the defenses. The Bengals could very well have more talent, but the Steelers have been utilizing their defense more. A win for the Steelers should clinch them a playoff spot: (Monday)

LA Raiders 20 at Seattle 27

Guest: LA Raiders 20 at Seattle 24

The Seahawks have yet to be beaten at home. The Raiders are beaten at quarterback. The Seahawk defense is shooting. The Seahawk defense is shooting. I'm not sure when the last time the Raiders lost three in a row, but it could happen Sunday. The Hawks won't get their shutout, but should get a win.

Good reporters should check their facts before writing a story

By Pearce Tefft

Taking 26 different characters and placing them in a fashion so that they may draw a verbal picture for the reader is a talent. Some SU students use the Spectrum to exercise this budding talent.

Press Box

Some of these young writers searching for a particular slant will form words emphasizing only the short side of an issue. To some, it is easier to be critical and to find fault than it is to look deeper and find the commendable.

It does not help these young writers when the examples they see in an established newspaper like The Forum, Ed Kolpack, opened an article on the SU Hockey Club commending head coach Dave Morinville on his good hockey mind. But, in the same article he questioned Morinville's sanity in scheduling a school like Bemidji against his young team.

Kolpack went on to commend the prowess of the Bemidji Beavers. He reminded readers that Bemidji was the Division II champions and went undefeated last year. Perhaps he'd be happier representing a paper in the Bemidji area.

The Forum article on Sunday which was only two inches proclaimed that the Bison had beaten the Bemidji junior varsity 5-3. Bemidji coach Jeff Arf said before the game that the team he had brought with him was the junior varsity team.

An inspection of the roster revealed several names that will also be present when the varsity Beavers take the ice. The players involved will probably compose the Beavers' third and fourth line.

A good reporter would have talked to Morinville and the Bemidji school to at least check the facts. It was easier for Kolpack to see the forest, but miss the trees.

Morinville should be commended for his schedule. How else can the Hockey Club gain credibility?