

# White Ribbon Bulletin.

Vol. 1. No. 1.

TOWER CITY, N. D., FEBRUARY, 1899.

Monthly—15 Cts. a Year.

## FROM MISS WHEDON.

DEAR NORTH DAKOTA SISTERS:  
THIS seems like a "long range" communication after my three years of close connection with you.

As WESTERN WOMANHOOD will not be continued in a way to keep up local interests of North Dakota woman's work, I have made arrangements whereby all of its former subscribers may have their unexpired terms completed with a publication corresponding to the special department of WESTERN WOMANHOOD in which they were interested, provided they notify me not later than February 18th, addressing me at 1118 The Temple, Chicago, Ill.

Those who wish a W. C. T. U. paper may have the N. D. WHITE RIBBON BULLETIN, hereafter to be edited by Mrs. Mattie Van de Bogart of Tower City.

Those who wish a CLUB paper may have CLUB WOMAN published in Boston; or those who are already subscribers to that paper may have CLUB LIFE AND WOMAN'S REVIEW published at Quincy, Ill.

Those who wish a SUFFRAGE paper can have THE WOMAN'S TRIBUNE published at Washington, D. C.

My past interest in each of these lines of work in North Dakota has not abated and I am truly anxious that each worker shall have the literature which will best help her further her work, that North Dakota's progressive record may in no way lose the prestige which its hard fought battles have already gained for it.

Yours with many appreciative thoughts of the past and good wishes for the future,

MARY A. WHEDON,  
Jan. 20, 1899. Chicago, Ill.

"It is one of the beautiful compensations of life that no man can sincerely try to help another without helping himself."

## President's Corner.

DEAR COMRADES:

WE are making a new venture this month, and for the first time in the history of our state organization, have a paper owned and operated by the State W. C. T. U. The North Dakota White Ribbon, which was ably edited by the late Dr. Anna Hill, of Fargo, was during its publication our state organ, but we had no financial responsibility for it.

We received a letter from Miss Whedon announcing the fact that she had sold Western Womanhood, and was going to engage in newspaper work in Chicago. We are very sorry to lose Miss Whedon from the state, and sorry to lose Western Womanhood which she has done so much to build up. Miss Whedon's self sacrificing work for the women of North Dakota will be remembered with gratitude.

After consultation with the general officers it was decided to continue our four pages, as the WHITE RIBBON BULLETIN. We make it only 15 cents, so that every white ribboner in the state may be able to take it. It will be sent to subscribers of Western Womanhood to fill out the unexpired term, and we trust large clubs will be sent in from every union in the state.

\* \*

The executive committee have engaged Miss Mary Carey of Bottineau to do field work commencing in February. Miss Carey is a pleasing speaker, well equipped to present our work to the public, to organize, conduct ladies' meetings, and to do evangelistic work. We guarantee to Miss Carey her expenses and salary, and give her services to the unions, asking only well advertised meetings, and a generous collection for our work. We do this in order that every union along her route may avail themselves of her excellent help.

Mrs. C. M. Allen, 142 Reeves Ave., Grand Forks, makes her engagements. Do not lose this opportunity of building up the work, and if possible arrange to keep her for a series of meetings, as the best results may be accomplished in this way.

In the spring we expect to have Mrs. L. M. N. Stevens, national president, and Miss Anna Gordon, vice president at large, at several points in the state to hold a series of meetings or "conferences." This will be a rare opportunity, and we trust every white ribboner will plan, if possible, to attend one of these conferences. \* \*

Reform measures of vital importance to the moral health of our state are now before the legislature. The bill to increase the term of residence in divorce cases to one year, has passed the senate and the house and been signed by the governor.

The following measures have been or will soon be introduced: A bill to create the office of state temperance commissioner, whose duty it shall be to look after the enforcement of the prohibitory law; a bill to increase the penalty for Sabbath breaking, which is now but one dollar, and a bill to prohibit the manufacture and sale of cigarettes or cigarette paper in the state.

Will you please write at once to every member from your district asking them to vote and work for the passage of the above measures, and also against re-submission or any measure tending to weaken the prohibitory law. Ask the members of your union and church to give a little time to this important work. There is little hope of these measures passing unless the wishes of the people are made known. Let us have a campaign of letters. Next to the power of the ballot box, is that of the letter box. USE IT! Yours for purer laws,

ELIZABETH PRESTON.

# White Ribbon Bulletin

PUBLISHED MONTHLY.

Mrs. Mattie Van de Bogart.

MANAGING EDITOR.

**OBJECT:** To promote the advancement of the W. C. T. U. work of North Dakota in all its departments, and to do all in our power to bring the triumph of Christ's Golden Rule in custom and in law.

**MOTTO:** I am but one, but I am one; I cannot do everything, but I can do something; what I can do, I ought to do, and what I ought to do, by the grace of God I will do.

Subscription price, per annum, 15c

All manuscript for publication must be in my hands by the 18th of each month. Send all communications, subscriptions and money, to MRS. MATTIE VAN DE BOGART, Tower City, N. Dak.

## STATE OFFICERS.

President—Elizabeth Preston, Tower City.  
Vice President at large—Mrs. J. H. Knox, Ph. D., Wahpeton.  
Recording Secretary—Mrs. Carrie M. Allen, Grand Forks.  
Corresponding Secretary—Mrs. Emma F. Vall, Towanda.  
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State Organizer—Miss Elizabeth Preston.  
Secretary Young Woman's Branch—Mrs. H. K. Pierson, Lisbon.  
Secretary L. T. L. Branch—Mrs. G. W. Ryan, Pembina.

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Cor. Secretary. - Mrs. G. S. Barnes.  
Recording Secretary. - Mrs. Ardella Rice.  
Treasurer. - Mrs. Mattie Monson.

FEBRUARY, 1899.

WHEN Western Womanhood was born into the world of publications in North Dakota, it freely espoused woman's cause, and placed her work in all of its different departments before the public. We felt that we had indeed a means of communication whereby all of this work might be administered unto. We loved the little paper from its beginning, and this love grew with the advancing age and broadening ideas. Miss Whedon put her untiring energy and devotion into Western Womanhood for the purpose of advancing woman's work. We sincerely believe that much good seed has been sown, and the women of North Dakota will ever be grateful for her efforts. We loved the paper more especially because it has for a number of years been our state W. C. T. U. official organ. It was therefore with no small regret that we learned that this paper which had grown to be ours, had passed from the state of its inception to the sister state of Minnesota. Under these new

circumstances it became necessary to either allow our work to take a backward step by keeping silent, or seek a new channel in which to voice our sentiments. The executive committee decided it to be better to undertake the new enterprise of issuing a monthly four page bulletin as our state official organ. We therefore beg leave with this issue to introduce to our sisters THE WHITE RIBBON BULLETIN, asking with our introduction your hearty co-operation, both by your subscriptions and your communications for publication. We also ask your earnest prayers in this new enterprise.

Dear sisters, this paper is ours. Let us make the most of it in building up the work in North Dakota, and helping as far as in our power to bring the "triumph of Christ's Golden Rule in custom and in law."

The subscription price has been placed at the low figure of 15c per year, hoping it may be within the reach of all our sisters. We must depend upon our general officers, our superintendents of different departments, upon the county and local superintendents of press work, to make this a healthy medium for interchange of thought and plans for work, and upon the interest manifested by all, whether we can truly say our paper is a success. "A word to the wise is sufficient."

MATTIE VAN DE BOGART.

All subscriptions and communications for publication must be sent to M. Van de Bogart, Tower City. News for publication must be in by the eighteenth of the month preceding the month of issue, as it is our aim to send the BULLETIN out the first of each month.

Let us be ever vigilant in the coming days during the remainder of the session of the legislature, to use what power we have by letters and petitions, to influence the minds of our representatives to pass the much needed moral measures, and to remember our state president by our earnest prayers and sympathy in her work at Bismarck.

## MRS. MARIE B. GOODRICH.

MRS. MARIE B. GOODRICH, well known and beloved throughout the W. C. T. U. of this state, was promoted to the ranks of the white-ribbon army above on Christmas day.

Mrs. Goodrich was born at Milford, New York, March 4th, 1829. After her education was completed, she became a successful teacher, commencing her work in the "little red school-house" where she received two dollars a week and boarded around. In 1859 she was married to Oscar F. Goodrich and moved to New Jersey in 1863. A few years later she returned to New York with her three boys having buried her husband and youngest child in one grave. She resumed her work of teaching and became bread-winner for her little family. She came to Cas- selton fourteen years ago, where her three sons, E. F., F. P. and C. O. Goodrich are now in business.

Mrs. Goodrich was an earnest christian. She had an absorbing interest in practical christianity, in the establishment of Christ's kingdom on earth. The Bible was the book she loved best and studied most. The three copies she has left, heavily marked, interlined and underscored, mutely testify to her love and dependence upon God's word. Her strong faith was one of her most impressive characteristics. One winter while the writer was at our state capital working in the interests of the prohibitory law, a great fight was made for re-submission. A call was sent out for a day of prayer to all the unions of the state. In a few days a letter was received from her in which she said: "As I took up my Bible it opened to this verse, 'And it shall come to pass that before they call I will answer, and while they are yet speaking, I will hear,' and I know the Lord will answer our prayers and the law shall be saved." It was saved by a single vote, saved in answer to her prayer and that of many other Christian workers in the state. She believed that

prayer is the greatest power in the universe, for it is the only power that moves omnipotence.

Her versatile mind was ever hospitable to new ideas. She had all the instincts of the true reformer. Since she came to this state fourteen years ago, she has been identified with the work of the W. C. T. U. of Casselton, and no member was ever more loyal, staunch and true. It was fitting that the white ribbon which she loved so well should be placed over that silent heart, which for so many years had beat in unison with every phase of the work of this great reform.

She brought to this work a brain unusually keen and active, and a heart unusually warm and sympathetic. Her ability was recognized, not only at home but throughout the state. For a number of years, until failing health induced her to give up the work, she was state superintendent of the department of franchise. Her yearly reports, published in our state minutes, were models of chaste, concise, beautiful English, and her peculiarly bright and striking way of putting truth will long be remembered. I have heard her sayings quoted by speakers in our great National conventions, and they will live in the literature of this department.

As a friend, she had a great capacity for loving and being loved. She was most loyal to her friends, and quick to come to their defense if need be. Her tender heart overflowed with love and sympathy; no one ever went to her for comfort and came away empty.

Her final illness was brief. Stricken with apoplexy at her home in Casselton on Wednesday morning December 21, she passed quietly away the following Sunday. The funeral services were held in the Methodist church, of which she was a member. There was no black crepe or visible sign of mourning, but beautiful flowers spoke eloquently of the resurrection. Sweet and uplifting music was beautifully rendered by the choir. Prayer was offered by Rev. Gal-

lagher, addresses, paying tribute to her worth, were made by Rev. Burns and the writer. The W. C. T. U. attended in a body.

It seems fitting that her heavenly birthday should be the birthday of our Lord whom she loved and served. While the Christmas bells were ringing the song of peace on earth and good will to men, she heard the voice of the Master saying "It is enough, come up higher," and her redeemed spirit released from its prison house of pain, joyfully winged its flight through the gates of pearl into that city which lieth four square, where "There shall be no more death, neither sorrow nor crying, neither shall there be any more pain, for the former things have passed away."

The white-ribbon army on the other side is increasing fast. Many of our leaders have passed over. She will greet there Frances E. Willard, Mary Allen West, Mary Woodbridge, Mary T. Lathrop, and Mary Burt. We, too, shall join them soon. The day is short at the longest, and the evening brings all home. Let us close up the ranks, standing shoulder to shoulder. Let us reverently take up the work that has fallen from their tired fingers and may we be so faithful and true, that we too may hear it said "Well done good and faithful servant, enter into the joy of thy Lord." ELIZABETH PRESTON.

### Our Press Work.

THE aim of the Press Department is twofold. 1. Education of the press. 2. Education by the press.

Education of the press, that more of the principles of temperance, purity and prohibition may be found in all publications. Necessarily preoccupied with many other interests, but few editors have given the attention we have to the special questions of reform which are of supreme importance to us, but few of them would oppose articles of interest, and may, we believe, be won from the side of mere passive good will to a positive, active support. Is it not largely our fault if this is not the case?

Education by the press must be accomplished by using all the space and privileges of space obtainable in the newspapers of our state for the instruction of the people in the principles of total abstinence, prohibition and purity.

The first work to be done by the local unions is to have a superintendent appointed. Do not be discouraged by thinking there is no one who can take this work. A woman with a common school education, that can state facts in a clear, brief, plain manner, and has the crowning virtue of faithfulness, can surely do this work. After the superintendent is appointed, let her win the editor, and secure space in the local paper either every week or month, find out just what time the article is wanted, and be faithful to it—fill this space with either original or interesting instructive news found elsewhere. Have a scrap basket, or notebook, and when reading clip or make note of articles worthy of passing along. Have ever in your mind the thought of what is good for our work. It will be little trouble to know what to write if this plan is followed.

Be very particular to report all work done to your county and state superintendents quarterly. We propose to form an Honor Roll this year, and all unions reporting quarterly shall be entitled to have their names together with superintendents' name on the roll.

Be sure to send all reports of conventions, contests, important union meetings, news items, etc., to the editor for publication in the WHITE RIBBON BULLETIN.

At the national convention Missouri received the silver star offered by the national superintendent for the best work reported in the Press Department. Let North Dakota set her aim there this year; it is not among the impossibilities.

Fargo has sent us the name of her press superintendent; let others follow soon. We have a book waiting to register their names. As soon as we can depend upon reports reaching us

regularly we hope to secure space in the patent insides of our state papers for our work, thus disseminating our principles through nearly all the papers of the state. Remember these three words: Report! Report! Report! Yours for success,

MATTIE VAN DE BOGART,  
Supt. Press Work.

### L. T. L. Corner.

STATE MOTTO:—"For Truth and Right in the Kings Name."

DEAR SUPT'S, BOYS AND GIRLS:

A New Year's greeting to you, one and all. Let us combine our efforts and make this the greatest year in the history of our work. At the L. T. L. conference in St. Paul National Convention, the most important topic considered was the question of dues. These are not compulsory, but every local county and state supt. is urged to enlist the pledged members to become honor members by the payment of 10 cents dues per year, (five cents to state and 5 cents to national W. C. T. U. treasuries.) It is urged the supt's make this their first work early in the year. That monies for benevolences should be taken up after the dues have been collected. That the children be taught to earn their money or save it from their candy money; have a temperance mite box to drop their pennies in until they have the required 10 cents., Our national secretary urges that each local supt. keep an Honor Roll hanging in their place of meeting, ruled off in two columns, one headed state dues and one national dues, and as soon as each child has paid the 10 cents, their name be placed in each column. Having their name appear will be an incentive to pay dues. Each Legioner may be allowed to place a star opposite his name in each column when he pays his dues. These gilt stars can be bought very cheaply by the box at the stationers. It is expected that the W. T. P. A. will prepare a receipt card that we can give to the children. Watch the Signal and Young

Crusader for these cards, but do not wait for them. Another plan adopted was the Infant Grade of the L. T. L., in which are to be enrolled children from their birth to six years of age, when they will come into the junior grade. The mothers of these little ones are not to be asked to obligate themselves in any way, but to pay an annual fee of 10 cents, of this fee 6 cents is to be retained in the local treasury as a special fund to be used in the purchase of enrolling cards and for distribution of helpful literature among the mothers of the infant members, 4 cents is to be forwarded to me as State L. T. L. Sec'y, 2 cents of which will be forwarded to State and 2 cents to National Treas. as L. T. L. membership dues. All literature helpful to mothers, should be distributed among them such as that bearing upon purity, non-alcoholic medication, healthful food and dress, home sanitation, effects of alcohol and tobacco upon body and mind. The badge for the enrolled infants is a bow of blue ribbon. Surely no union can give a legitimate excuse for not taking up this infant grade work of the L. T. L. even if it neglects to take up the Junior and Senior grades. I hope no union will fail to take up this line of work as I see in it great possibilities of reaching mothers with our helpful literature that might not be reached and interested in any other way. At the end of the year I shall call for a report of work done in infant grade, and hope for a generous response.

MRS. G. W. RYAN,  
State Sec'y L. T. L.

### Narcotics.

WRITTEN BY BENA HALCROW,  
State Superintendent of Anti-Narcotics.

IN the month of November, 1492, when Columbus discovered the island of Cuba, two sailors he had sent to explore it, reported on their return, among other strange and curious discoveries, that the natives carried with them lighted fire-brands and puffed smoke from their mouths and noses.

They afterward affirmed that they saw the naked savages twist large leaves together, and "smoke like devils." In 1503, on the entrance of the Spaniards into Paraguay, the natives attempted to repulse them. They came out against them in large numbers, beating drums, throwing water, "chewing herbs and spurting juice toward them." The herb used was tobacco, and the object of this peculiar mode of warfare was to inject the poisonous juice into the eyes of the intruders, disabling them by depriving them of sight. This we learn was the first knowledge the white man gained of smoking and chewing tobacco, a habit that has spread so rapidly that now it numbers among its victims people from all ranks and stations of life.

So serious and of such great magnitude has the evil become, that if we as a nation do not cease the production and use of this weed, by scientists and medical authorities declared to be a rapid means of deterioration of the race, we will find ourselves deposed from the plain of enlightenment and intellectuality which as a nation we now occupy. Turkey and Spain have smoked themselves out, mentally. Some day we will find ourselves extinguished as they have been. Tobacco contains a substance called nicotine. In its action on the system we are told nicotine is one of the most powerful poisons known. A drop of it in a concentrated form is sufficient to kill a dog.

(TO BE CONTINUED.)

CATTLE AND HORSE

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## The Morrell Liquor Cure

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Oldest, Safest and Best Cure Known  
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Time required, 3 Weeks. Cost, \$40.00.  
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CORRESPONDENCE SOLICITED.

Co., N. Y., made crazy by cigarette smoking, died with symptoms peculiar to hydrophobia. Joseph Cook says it is now very well ascertained that delirium tremens may be produced by excessive indulgence in narcotics, and the facts known to the medical profession as to lip and tongue cancers caused by tobacco are too horrible to mention. A leading New York physician was asked if cigarette smoking injured the lungs. In answer the Dr. lit a cigarette, inhaled a mouthful of smoke and blew it through a corner of his handkerchief held tightly over his mouth. A dark brown stain was distinctly visible. "Just such a stain is left upon the lungs," said the doctor.

We are told the fatality of the arrow wounds of the Indians was caused by the arrows being dipped in nicotine. Meta Lander says: "Sir Benjamin Brodie, the physician of Queen Victoria, wishing to test its power, applied nicotine to the tongues of a mouse, a squirrel and a dog. Death instantly followed. He says if you put a drop of it on a cat's tongue it will, in spite of its nine lives, quickly fall into convulsions and die. An old wooden pipe was carefully washed and given to a little boy to blow soap bubbles with, but the nicotine was not all washed off and in blowing bubbles he sucked in enough to kill him. He sickened and in three days died. Our annual tobacco bill for the United States alone exceeds \$600,000,000. Drink and tobacco together run away up into the billions and yet people wonder and try to solve the problem of hard times.

There is in existence to-day in some parts of the country (let us hope not in North Dakota) a curious creature called a "smoking clergyman." It is a sad, sad, pity that tobacco should be used by any one, but more especially by those whose duty it is to show the people the way to that purity of heart and life without which no man shall see God. Dr. Talmage was once a user of the weed. He said his experience was that it took ten cigars to make a good sermon. A generous tobacco dealer in Philadelphia offered to keep him in cigars if he would locate there, but he said "If I smoke more than I ought to now how much more would I smoke if I had an unlimited supply?" That was over 20

years ago. He quit then, once and forever. Realizing the far-reaching influence of the pulpit, we have requested the ministers of our state to preach a sermon against the use of narcotics. We desire to enlist these messengers of the cross to help us wage our peaceful war for God and home and humanity, and we trust they will kindly comply with this request. We have asked merchants and depot agents in our state to have "no smoking" signs put up in the stores and depots. To those who have complied with this request we tender our sincere thanks and hope others will speedily follow their example. Some day we will see a wonderful world where God's beautiful sunshine will reveal nothing that can offend or annoy the children of men. If it comes not in our today we will see it all the better because of our enlarged vision in the great beyond. Let us take courage, trust in God and keep the plows a going, and

Let us do our work as well.  
Btch the seen and the unseen  
Make the house where the Gods may dwell  
Beautiful, entire and clean.

### President's Corner.

The annual convention of the State Enforcement League will be held Friday, March 31, at the First Congregational Church in Fargo. It is expected that Rev. Howard Russel, Supt. of the National Anti-Saloon League, will be present and give one of his stirring addresses. Mr. A. C. Rankin, whom North Dakota people are always glad to hear, will also speak. It is hoped to make this a grand rally of the temperance workers of the state. Since the Temperance Commissioner bill is defeated, it will be necessary to devise ways and means of carrying on the work of enforcement for the next two years. I trust our unions will, as in the past, lend all possible aid in advertising this meeting, and in stirring up other organizations to send delegates. Every union, church and Good Templar's lodge should be represented.

The board of directors for the Florence Crittenton Home will meet Wednesday, March 29, probably at the Home. The state executive committee will also meet in Fargo, on Thursday, March 30. It is especially desired that there be a full meeting of both of these bodies as important busi-

ness is to be considered. These meetings are placed at this time so that the members may remain over to the Enforcement League convention.

A resubmission resolution has been introduced in the house by Mr. Lish, of Stark county. It is thought that such a measure cannot pass this legislature, as a large number are pledged against resubmission.

The Temperance Commissioner bill lacked 4 votes of passing the senate. Mr. Tousley's bill, making the penalty for Sabbath breaking not less than one dollar nor more than ten has passed the house. Although a moderate measure, it is bitterly opposed by some members of the senate. The bill providing for physical education in the public schools has passed the senate and will undoubtedly pass the house. The anti-cigarette bill, after considerable amendment by the senate committee on public health, to which it was referred, has been recommended to pass.

Before these lines reach your eyes the fate of these bills for which I have been working, and of all others before the legislature, will have been settled.

The measures which meet the most opposition in a legislature are those which have a moral bearing, which are intended to protect the homes and the youth of our state, those which endeavor to make it hard for the people to do wrong, and easy for them to do right. All of which goes to show that that class which forms two-thirds of the membership of our christian churches, that class whose interests and affections must ever center in the home, need to be represented in our legislative hall, and to be represented they must first be enfranchised. ELIZABETH PRESTON.

Bismarck, N. D., Feb. 25.

### CATTLE AND HORSE

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