

# WHITE RIBBON BULLETIN

"NOT WILLING THAT ANY SHOULD PERISH."

VOL. 13. NO. 3

FARGO, N. D., APRIL, 1909.

Monthly—25 Cts. a Year.

## Life.

BY GEORGE B. CLEAVES.

Give me a taste of life!  
Not the tang of a seasoned wine;  
Not the drug of an untried bread;  
Not the grape of an untried vine;  
The life that is really life;  
That comes from no fount afar,  
But springs from toil and strife,  
In the world of things as they are.

Give me the whole of life!  
The joy, the hope and the pain,  
The struggle whose end is strength,  
The loss that is infinite gain;  
Not the drought of a cloudless sky,  
Not the rust of a fruitless rest,  
Give me the sun and the storm,  
The calm and the white sea-crest.

Give me the best of life!  
To live in the world with God,  
Where the seed that is sown and dies  
Lifts a harvest over the sod.  
Where beauty and truth are one,  
Where the right and the life way,  
Where the storm clouds part for stars,  
And the starlight heralds the day.

Give me the life of toil!  
The music and mind to dare,  
No luxury's lap for my head,  
No idly won wealth to share,  
Whether by pick or plane,  
Whether by tongue or pen,  
Let me not live in vain;  
Let me do a man's work among men.

## An Urgent Appeal to Every Union.

DEAR UNIONS:—You are urged to hold a "Health" meeting as soon as possible to carry out the following suggestion: We as W. C. T. U.'s should be in the advance guard of every movement which has for its object the bettering of conditions for humanity in general.

First, let me call your attention to the common drinking cup in the public schools. "There is death in the cup" can be said of even a cup of cold water if the water be impure or the cup unclean. There is no question but that the common drinking cup invites the spread of infectious germs.

The February issue of "Good House keeping" in its article on "Children in Peril" or "Deadly Poison in Our Schools" calls attention to "The Appalling Situation," stating in part—"Who shall say to what extent these school drinking cups have been responsible for the mortality among our children of school age? Oftener than suspected, epidemics of tonsillitis, severe colds, sore throat and diphtheria could be traced directly to this medium. An outbreak of diphtheria among twenty-four persons in Rochester, New York, was traced unmistakably to a common drinking cup which all the sick had used."

Dear sister, if you love your children awaken to your responsibilities and privileges and help in this great movement which has for its object the elimination of disease and disease producing methods. "Enter every open door," was the admonition of our sainted leader, so let us take up this work of the gospel of cleanliness, and, as we banish the common drinking cup, let us not overlook the soiled towels and dirty books which also are a menace to health in the average school. Supply your own children with individual cups, towels and soap and re cover their books often.

Invite the Mother's Club, Civic League Board of Health and teachers to co-operate with you. The common drinking cup is doomed and must go, and it is the duty of parents to banish it as speedily as possible. Individual communion glasses should also receive your attention. Appoint a committee to interview the pastors, ladies societies and officials of the several churches in your community, and in many cases by point-

ing out the danger the work will be speedily accomplished.

In closing let me emphasize the fact that while these things are all important, yet they are only a limited part of the work of this department. Study "Health and Heredity" literature, and you will be awakened to the absolute necessity of right conditions of living.

We could continue to fill pages, but trust this is sufficient and we want every union to consider this a personal letter and instead of your superintending writing to you, that you will write to her and gladden her heart with tales of the work you have accomplished.

ISABELLE A. MOREY, Ojata,  
Superintendent "Health and Heredity."

## Letter From Corresponding Secretary.

Dear Co Workers:

Do you realize that half of our W. C. T. U. year has already gone? With the return of spring I trust we shall all awaken to renewed energy in our work. Encouraging news comes from all directions, and we have much for which to be thankful. Judging from letters received and from reports in the State paper—there is activity all along the line.

To those who are holding mothers' meetings I would recommend the special collection of literature for this department, known as "Mother's Leaflets" No 5 which may be had from Miss Ruby I. Gilbert, 131 Wabash ave., Chicago, for only 50 cents. It is a fine assortment and very practical. Some have written me regarding contest books. All such orders should be placed with our State Superintendent of this department, Mrs. Lizzie Schlosser, Mayville. These books are 10 cents each, including postage.

I have been scanning the Bulletin in vain for reports of essay contests, under the department of Scientific Temperance. We hope the absence of these reports is no indication that the work is not being done. Let us not repeat the experience of last convention, when we failed to receive a sufficient number of essays for a fair competition. There is still time, before the present school year closes, to take up this work. Write to our State Superintendent, Mrs. Mabel Nelson, Cando, for particulars. In a recent number of the "Crusader Monthly" you will find published the essays which took first prize last year.

North Dakota should be represented in the contest this year—from both high school and grades.

The readiness with which signatures were given to the equal suffrage petition showed conclusively that the people want this measure. That being the case, it is only a matter of time.

We trust all petitions were sent in promptly to our State Superintendent of Franchise.

Suffer another word about report-blanks. Those sent you early in the year were not to be filled out and returned, as some seem to think, but to be kept by each local superintendent as a guide to future work. Blanks for annual reports will be sent later. A new set is to be prepared soon. Will each state superintendent send me lists of questions, to be embodied in such reports? It would be wise to confer with National Superintendents regarding this.

We are glad to hear that some membership contests are being held—and that so many are joining our dear President's "Win-Our Crusade." We made a splendid gain last year, but we must do far better this year.

I wonder what county or district

president is going to have her way paid to National Convention? We are all watching, with much interest, to see.

With loving greetings to all.

Yours in happy service,  
BARBARA H. WYLLIE,  
Drayton, N. Dak., March 19, '09.

## Treasurer's Report.

Statement of receipts from Feb. 17th to March 17th, 1909.

Churchs Ferry, state dues	8 2.80
Belfield, state dues and L. T. L.	2.90
Jamestown, state dues	18.20
Leal, pledges	13.00
Hope, state dues	1.40
Churchs Ferry, memorial	2.00
Valley, state dues	3.50
White City Y state dues	4.90
Tower City, memorial	2.00
Goodrich, state dues	2.80
Bisbee, state dues and memorial	6.90
Whitehead, state dues	4.20
Northwood, memorial	2.00
Oberon, memorial	2.00
Wimbledon, memorial and pledges	3.45
West Fairview, memorial	2.00
Park River, legislative	2.00
Fairmount, state dues	3.50
Barnes, Griggs & Stutsman, cha-tauqua	5.00
White Earth, state dues and memorial	3.40
Reeder, state dues	3.50
Forest River, state dues and pledges	16.40
Hunter, memorial	2.00
Medina, state dues	2.10
Rolla, state dues	9.45
Valley City, state dues	4.20
Grafton, memorial	2.00
Minot, state pledge & memorial	52.00
Jamestown, memorial	2.00
Four state dues	3.50
Hope, state dues and memorial	2.70
Abarsaka, memo. & Pres. Stenog	3.00
Ellendale, memorial	2.00
Portal, state pledge	10.00
Tagus, memorial and state minutes	2.15
Mound, state dues	2.80
Leal, state dues & Pres Stenog	3.40
Niagara, state dues and pledges	16.15
Churchs Ferry, state dues	.70
Bowman, state dues	3.50
Minnevaukan, state dues and memorial	6.90
Valley City Y, state dues, memorial and state minutes	4.60
Park River, memorial	2.00
Page, memorial and state minutes	2.15
Thompson L. T. L., state dues and pledges	13.60
Reeder, state dues	1.40
Fargo, state dues and memorial	31.40
Churchs Ferry, state dues	.70
Mrs. ROBERT H. REED, Treasurer.	

## Letter From Superintendent of Prison Wards.

To Every White Ribboner in the State:  
Dear Christian Women—We are all our brothers' keepers, are we not?

Let me first call the attention of all you Good Samaritans to the fallen by the wayside.

Do you know how many men were sent from your county to the penitentiary since last September?

Were any women sent?

How many boys were sent to the State Reform School in Mandan?

How many girls?

Do you know how many served a jail sentence in the county prison beside you?

Do you know how many spent weary

months of waiting for trial in the district court?

Do you know how many of your neighbors have been up in the justice court?

How many of them have been visited while they were sick in prison?

How many of them have you endeavored to meet the day they were set free, and helped them to earn a clean living for the future?

Well, these are the questions we are answering here in Tower, the county seat of McHenry.

The officers are all helpful, from the district judge, state's attorney, sheriff, turnkey down to the trustees in the county jail!

They welcome frequent visits, Sunday services and good literature. But most of all they welcome the personal touch to the human brotherhood of the workers.

As for the prisoners, their gratitude and earnestness are amazing.

Stories I used to hear of their badness vanish into thin air when you learn how to come close to them, and they feel you are thoroughly in earnest—if you can forget the bars, and realize it is a brother there overtaken in a fault, and that brotherly kindness is the best factor in binding up his wounds, and helping him to a worthy future.

Those who go to Bismarck for a while are endeavoring to keep in touch with by letter. This seemed to be the easiest part of the work, but it has turned out to be the hardest, largely because it means a little fund, as well as giving your own self devotion. But county officers who see the men fall are usually ready to give a quarter. Try them.

Kind friends to greet the men at the county doors can be found.

But some kind friend in Bismarck is needed far, far more.

The sheriffs who take men down are often good Samaritans in seeing to the welfare of those whom they took down before, but too many boys slip out of sight.

This is a great waste of public money and effort after caring for such men for years, to let them slip out of sight, and, because uncared for, to slip under the wheels of life once more.

Who will volunteer in Bismarck? The writer of this article will be so thankful to receive such a letter, and to plan together.

Will every union in a county seat plan for this work, and give to it the best and strongest motherly heart at leisure in the Union? The best will be needed.

Will every Union give me the name of some woman in their ranks to whom I can write individually.

JEAN McNAUGHTON STEVENS.

Take out the little unions in this or any state, and the county union would go down. When the counties go down the state languishes, and when the state languishes the national withers. Do you not see, little unions, that the great national organization itself depends upon you? Lift up your heads, lift them higher, and rejoice in your worth, your great worth, for you are the determining factor in this life and death struggle with the American saloon.—Pacific Ensign.

In the seven complete years the army has been without the canteen there has been a decrease of two-thirds in its court-martial trials.—White Ribbon Banner (Conn.)

# WHITE RIBBON BULLETIN

PUBLISHED MONTHLY.

Official Organ North Dakota W. C. T. U.

Mrs. Elizabeth Preston Anderson,

EDITOR IN CHARGE

Mrs. R. M. Pollock,

MANAGER AND CIRCULATOR

Subscription price, per annum, .....25c  
Extra copies, 2 cents each.

**OBJECT**—To promote the advancement of the W. C. T. U. work of North Dakota in all its departments, and to do all in our power to bring the triumph of Christ's Golden Rule in custom and in law.

**STATE MOTTO**—I am but one, but I am one; I can not do everything, but I can do something; what I learn to do, I ought to do, and what I ought to do, by the grace of God I will do.

**PLEDGE**—I hereby solemnly promise, God helping me, to abstain from all alcoholic liquors as a beverage, including wine, beer and cider, and to employ all proper means to discourage the use of and traffic in the same.

All manuscript for publication must be in my hands by the 15th of each month. Send all communications, subscriptions and money, to Mrs. R. M. Pollock, Fargo, N. Dak.

Entered in the postoffice at Fargo, N. D., as second class matter.

APRIL, 1909.

## STATE OFFICERS.

President—Mrs. Elizabeth Preston Anderson  
Valley City.  
Vice President—Mrs. Necla Buck, Starkweather.  
Corresponding Secretary—Mrs. Barbara Wylie, Drayton.  
Recording Secretary—Mrs. Florence Connor, 323 Lincoln ave., Minot.  
Treasurer—Mrs. Robert Reed, Amentia.

## DEPARTMENT SUPERINTENDENTS.

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Assistant Secretary—Mrs. Mary Grover, Lisbon.  
General Secretary Loyal Temperance Legion—Mrs. Ella C. Boise, Fargo.  
Assistant Secretary L. T. L.—Mrs. Estelle Taylor, Lisbon.  
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State Organizer—Mrs. Ida Sparks Clarke, Fairmount.  
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Statistician—Mrs. Florence Connor, 323 Lincoln ave., Minot.  
Proportionate Giving—Mrs. Alice May Goheen, Sherwood.  
Press Work—Mrs. F. H. Wilder, Fargo.  
Press Reporter—Mrs. May H. Tousley, Fargo.  
Superintendent Rescue Work—Mrs. A. L. Woods, Grand Forks.  
Work Among Soldiers and Sailors—Mrs. L. B. Chamberlin, Lisbon.

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For Home, Loyal Temperance Legion, Public School and Sunday School. For the child and everyone who teaches a child. Scientific Temperance Instruction helps every month. Price 25 cents a year. Address The Crusader Monthly, Evanston, Ill.

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THE UNION SIGNAL,  
Evanston, Ill.

## New Unions 1908-9.

Palermo, Mrs. A. N. Johnson, president; Miss Isabel Brown, corresp. secretary.  
Mohall, Mrs. N. Iverson, president; Miss Anna Best, corresp. secretary.  
Hettinger, Miss Mary E. Bonzie, president; Mrs. Grace Conners, corresponding secretary.  
Reeder, Mrs. A. E. Breckenridge, president; Miss Mae Uhlwilling, corresponding secretary.  
Bowman, Mrs. N. B. Hazeline, president; Miss Estella Friemann, corresponding secretary.  
Mound, Mrs. Yada M. Davis, president; Miss Mabel Pearl, corresponding secretary.  
Haynes, Mrs. J. L. Hanna, president; Mrs. Floy L. Hugg, corresponding secretary.  
Bellevue, Mrs. John Dyer, president.  
Mandan, Mrs. E. Collis, president.  
Balfour, Mrs. N. B. Anderson, president; Miss Mae Moor, corresponding secretary.  
"Build a little fence of trust round today. Fill the space with loving work, and therein stay. Look not through the sheltering bars upon tomorrow. God will help thee bear what comes of joy or sorrow."

This number of the Bulletin looks "good" to the editor, so many letters from superintendents, so many good reports from local unions. We hope for a like result in the months remaining of this year. It depends on you.

The letter of our Y secretary this month is worthy of the attention of all our women—of course we want the young women, we want them all to be prepared like Joshua of old, to "go forward" and have a part in this great work for God and Home and Native Land.

In the vicinity of Milwaukee debates are common between the Brewers or their representatives and the temperance forces. The question usually takes the form, Shall the Saloon be Eliminated? One brewer waxed eloquent and declared that the children should be taught that fermented liquors are beneficial when drank in moderation, but he failed to define moderation. As reported by the local papers the temperance advocates easily win out.

From our personal correspondence with white ribbon sisters we quote the following: "Oregon is behind North Dakota in temperance sentiment but is rallying her forces for 'State wide prohibition in 1910.' 'I spent the evening with Miss Topping and her girls at the Crittenton Home in Fargo. Many good women I have seen and heard, but Miss Topping's abounding physical health and energy give point anew to the old Roman 'Mens sana in corpore sano.' I rejoice that we have such a worker in the state. And I believe firmly that her methods of cure carefully carried out will send many girls out to be missionaries of prevention; all the more if she succeeds in helping them to lift themselves back into a decent self respecting social position. May God grant it!"

## PRESIDENT'S CORNER.

Dear Comrades:—The Valley City unions, W and Y, have invited the State Convention which will be held here September 23-26. Mrs. Mary Harris Armor, president of Georgia W. C. T. U., will be the convention speaker. Mrs. Armor has promised to give North Dakota one week and will give addresses at five different points in the state. Mrs. Armor has been speaking in the great cities of our country where she has drawn immense audiences night after night. Her powers in this respect are remarkable. Her services are in great demand. We have been working for two years to get her to come to North Dakota and we think we are very fortunate that we are to have her for our State Convention and for five other addresses in the state. Places desiring her services will need to apply to me early.

We note with pleasure that some of the Districts and Counties are working in earnest for an increase in membership that shall give them the honor of having their president attend the National Convention at Omaha at the expense of the state. Cando union in First District has recently closed a membership contest in which they made a gain of fifty-four active and ten honorary members. This looks as though they may design to take

away the honors in point of membership from Grand Forks, Fargo and Valley City. Sargent Dickey has plans which if carried out will greatly increase their membership. We believe there is scarcely a county or a district in the state where the membership could not be doubled if all worked with a will. The State will again this year pay railroad fare to the state convention for every woman who secures twenty new members, when this fact is attested to by local and state treasurers.

We are planning to have speakers cover every part of the state in May and June. What they accomplish depends largely upon the preparations made for their coming. Be prompt in accepting speakers, and be indefatigable in advertising them. If it is possible for you to arrange a meeting at some point near you where a union might be organized let your county president or me know at once. Mrs. Florence D. Richards, of Ohio, will work during June principally in the Red River Valley; Mrs. Harry D. Hall, of Illinois, in the southwest and central western parts of the state; Mrs. Alma F. McDonald, of Chicago, principally in the northwestern part of the state. Mrs. Ida F. Waterman of Oakes has been commissioned to work in the southern part of the state in general organizing and also contest training work. She is already doing good service. Miss Pearl Kirk of Wahpeton is doing very successful contest training and recital work. A statement of her terms will be found elsewhere. Miss Mabel Belden of Cooperstown will take up the recital and contest training work in June on the same terms. She will probably work in the north and western parts of the state. County superintendents of medal contests should avail themselves of the services of these helpers and arrange in each county and district a series of recitals and contests.

We are anxious to enlist more of our Scandinavian sisters in our work. For several years we have been unable to get an organizer who could speak the language. This year we are more fortunate. Mrs. S. Rounsdlahl, of Fargo, our state Scandinavian organizer, will go in the field for a short time. Mrs. Anna Ursin of Minneapolis will help us and Miss Esther Thomas will work after June 15th. All these ladies speak the Norwegian language. Will every district and county president and every local union where there are Scandinavians write me at once in regard to these speakers. We recommend that these organizers stay several days in a place in order to work up a union and put it on its feet before leaving.

We have secured the services of Miss Jessie McKenzie, Bismarck, as our W. C. T. U. missionary among the Indians. Miss McKenzie has lived and worked among the Indians for years and is in every way well fitted for this work. We trust the unions near reservations and where there are Indian Schools will give her every possible assistance.

We are greatly disappointed that Mrs. Edith Smith Davis, national superintendent of Scientific Temperance Instruction, cannot come to our state this summer to work in summer schools and teachers institutes. Mrs. Davis is a delegate to the International Anti-Alcohol Congress which is to be held in London, England, and it is of great importance that she attend that meeting. She has promised to come to us next year however and we have no doubt that Superintendent Stockwell will arrange for her at that time, as he has been very kind and generous in his plans for her this year. We trust the unions are pushing the temperance essay contests in the schools. The state offers the same prizes this year as last.

We publish elsewhere the new anti-cigarette law and also the new physical education law. We hope to have several thousand copies of the anti-cigarette law printed. A copy should be furnished every tobacco dealer and published in the local papers. Cass county has already ordered 500 copies. Send all orders to Mrs. B. H. Wylie, Drayton.

The legislature gave the Florence Crittenton Home an appropriation of three thousand dollars a year. You will all rejoice to know that the Home is so well provided for.

We hope every union will plan to send at least one life membership to the state treasurer for our organizing fund. Can we not make it reach one thousand dollars this year?

Yours in that hope,  
ELIZABETH PRESTON ANDERSON.

Valley City, N. D., March 27, 1909.

## Physical Education Law.

First—Physical education, which shall aim to develop and discipline the body and promote health through systematic exercise, shall be included in the branches of study required by law to be taught in the common schools, and shall be introduced and taught as a regular branch to all pupils in the departments of the public schools of the state and in all educational institutions supported wholly or in part by money from the state.

Second—School district boards and boards of education in special and independent districts having a population of over five hundred shall employ regularly a competent person, who shall also be a teacher in said school to supervise the work in physical education, said physical education shall consist of the theory and practice of physical training and include a practical knowledge of personal hygiene.

Third—All teachers when convened in institutes and summer training schools for teachers shall receive daily instruction in the theory and practice of physical education and there shall be employed in each institute or summer training school for teachers a competent person to give such instruction.

Fourth—All persons attending any of our state normal schools shall receive a definite and thorough course in the science and art of physical education, such as will prepare them for efficient service in the subject in the public schools of this state and no person shall be deemed qualified to receive a diploma from any of our state normal schools who has not had such training.

Fifth—Any teacher refusing or neglecting to comply with the provisions of this act shall be subject to the same penalties as provided for failure to teach any other required subject.

Sixth—It shall be the duty of all boards of education and all boards of educational institutions receiving money from the state, to make provisions for daily instruction in all the schools and institutions under their respective jurisdiction, and to adopt such method or methods as will adapt progressive physical exercise to the development, health and discipline of the pupils in the various grades and classes of schools and institutions receiving aid from the state.

## Anti-Cigarette Law.

Section 1—Any person within the state who manufactures, sells or gives to any one, or uses any cigarette containing any substance foreign to tobacco, shall be punished by a fine of not more than fifty dollars or imprisonment in a county jail for not more than thirty days.

Section 2—Any person within this state who sells, gives to or in any way furnishes any cigarette, cigars or tobacco, in any form to any person under eighteen years of age, or to any minor pupil in any school, college or university, shall be punished by a fine not to exceed fifty dollars or imprisonment in the county jail not to exceed thirty days for each offence.

Section 3—Any person under eighteen years of age, or any minor pupil, as described in section two of this act, who shall smoke or use cigarettes, cigars or tobacco in any form on any public highway, street, alley, park or other lands used for public purposes, or in any public place of business, shall be arrested by any officer of the law, who may be cognizant of such offence and it shall be the duty of all such officers, upon complaint of any citizen, to arrest such offenders, without warrant and take them before the proper court. The court shall impose a punishment at its discretion, in a sum not to exceed ten dollars, or imprisonment in the

county jail not to exceed five days for each offence; provided, if said minor person shall give information which may lead to the arrest of the person or persons violating the provisions of section two of this act, in giving to, selling or in any way furnishing said minor person tobacco, and shall give evidence as a witness in such proceedings against said party or parties, the court shall have power to suspend sentence against such minor person.

Section 4—Any person who harbors or grants to persons under eighteen years of age, or to minor pupils as described in section two of this act, privileges of gathering upon or frequenting any property or lands held by him, for the purpose of indulging in the use of cigarettes, cigars, or tobacco in any form, shall be held in the same penalty as provided for in section two of this act, provided, that no part of this act shall be construed as to interfere with the rights of parents or lawful guardians in the rearing and management of their minor heirs or wards, within the bounds of their own private premises.

Section 5—Grand juries and states attorneys shall have full inquisitorial powers over offences committed under this act.

Section 6—All acts and parts of acts inconsistent with the provisions of this act are hereby repealed.

### Letter from Superintendent Christian Citizenship.

Department of Christian Citizenship. I wish to call the attention of Union to the department program below. I had expected to have printed copies of this program to send out to the Unions, but as yet they have failed to come to hand, so at the request of the national superintendent I am having this printed in The Bulletin where all may see it:

Subject—Our Nation's Ideals.  
Song—Jesus Savior Pilot Me.  
Scripture Reading—Ezek 22:23 to the end of chapter.

Prayer—  
Song—How Firm A Foundation.

Recitation—  
Reading—Declaration of Principles, Annual Leaflet, Page 8.  
Reading—Christian Citizenship, Annual Leaflet, Page 50.

Address—or—Selections from Nat. Supt's Report, 1908.

Medal Contest may be held, half the proceeds to go to the Department, half to the local Union.)

Offering for the Department if contest is not held.

Song—Our Country for Jesus.  
Benediction—Num. 6th Chap 25:25 26

I hope the Unions may be induced to hold this meeting. If all cannot follow the program as given, substitute something else. Secure the presence of pastors, lawyers, physicians, business men, and others of influence, if they cannot stay through the entire exercises. Have the best music that can be had, as well as any other attractions. Offer a parlor meeting, with invitations, will bring as large an attendance as one in a church. You can serve light refreshments, also take an offering for your department work. And having held this meeting report it to me, that at the end of the year I may follow the Good Book

—Gather up the fragments that nothing may be lost, for I am persuaded that we lose much that is valuable because "things done" are not reported.

The song, "Our Country for Jesus," is 1½¢ per copy and may be ordered from S. M. Brown, 1315 Walnut St., Kansas City, Mo. Send to Miss Gilbert, her address is in this paper, for Monthly Readings; much information will be found in them and they will be good literature for distribution. I have some literature on hand which I will be glad to send to Unions desiring it. Will all Unions please send me the slip from the Blanket Report blank this year, and I shall pray that none may come in the past with only this: "No Superintendent," "No work done," "Have not taken up this work," written on it. Surely every Union can do something along this line. As I have said before, it can be combined with some other department—Sabbath Observance, Franchise, L. T. L., or S. S. Work, and not increase your number of superintendents. One thing you can do—ask your pastor for a sermon on this subject—he will not re-

fuse. One whom I asked to preach a sermon got out printed programs and reported a most successful meeting and very large attendance, and who can measure its influence? A man told me he became a prohibitionist from hearing a sermon. If open air meetings have had this subject presented, Sunday Schools or other institutions have been addressed, contests held, articles sent to the press, efforts made towards law enforcement, or any other work done than that outlined on the Report slip, do not fail to report to me, also number of pages of literature distributed and value of same. I urge the giving of specific details, as pages, money, meetings, etc. Let us make this department so convincing by definite statements that we will convince the doubters of our influence.

One thing more—we must redeem the Fourth of July! Now, what are we going to do about it? I long to make our work help mightily in this direction. Some Unions helped last year and many more ought to help this year, and all who can should decide to do so. One of our towns in the racing circuit have the races dated to begin on or as near this day as possible, and for several years this is the kind of a celebration that has been served up to the people. Instead of a lesson in patriotism may a young man or boy take their first lesson in gambling at that time. In this town is a large and flourishing Union and I am hoping they may find a God given inspiration to help this year in bringing about a better and a saner celebration of our National birthday.

To others I say, "Go thou and do likewise." Let us seek the reign of what soever things are true, honest, just, pure, lovely, and of good report. These are the qualifications by which to measure all public affairs. There should be no lower standard. Those who believe in them should unite in compelling their application. Abraham Lincoln said, "God is my witness that it is my constant anxiety and prayer that this nation may be on the Lord's side." Christian Citizenship is to bring this to pass. Let us hope, pray and work this year as never before to get the nation on the Lord's side. With faith in God let us look hopefully toward the future.

Your State Superintendent,  
CARRIE E. MADISON.

### Supt. Scientific Temperance Instruction.

Cando, Feb. 15, 1909.  
Dear Sisters of the W. C. T. U.—Although it is a little late for the announcement of the contest essay work we will give you the subjects recommended and the rules governing the writing of the essays and urge that each district endeavor to get their schools in the contest for this year's work. All local Unions are urged to offer prizes, a first and second prize for the best essay on the subject, "The Value of Total Abstinence to a Life." Let the essays be confined to the seventh and eighth grades and the first year high school.

The state W. C. T. U. offers a prize of \$10 for the best high school essay and \$8 for the best essay from the grades. The national W. C. T. U. offers a prize of \$50 for the best state essay from the high school and \$30 for the best essay written by the grade students. The national W. C. T. U. also offers a prize of \$100 for the best essay written by a university or college student.

SUBJECTS.  
For Colleges and Universities.—The Relation of Individual Total Abstinence to the Prosperity of the Nation.

For High Schools.—The Value of Total Abstinence to a Life.

For the grades.—What is the Harm in a glass of Wine, Beer, Cider.

RULES GOVERNING CONTESTS.—For Colleges and Universities.—This contest shall be open to all students in the four college classes. The essays will be judged wholly on their subject matter—that is, clearness of thought, accuracy of statement and originality of presentation. The maximum number of words shall be 3000, the minimum number shall be 2000.

For High Schools.—This contest shall be open to all students of the high schools. The essays shall be judged, three-fourths on subject matter and one-fourth on style and grammatical excellence. The maximum number of words shall be 1500, the minimum number of words of words shall be 1000.

For the Grades.—This contest shall be open to all pupils in the graded schools. The essays shall be judged, one-half on subject matter, one-fourth on style and grammatical excellence and

one-fourth on appearance of paper which shall include penmanship and spelling. The maximum number of words shall be 1000, the minimum number 500. Long quotations must be avoided and simplicity of statement and originality of thought be emphasized.

I shall be glad to give any other information that may be desired in the contest essay work and sincerely desire each district Superintendent of Scientific Temperance instruction will see to it that the schools become interested in this branch of work.

Sincerely yours,  
MRS. MABEL NELSON,

### Lord's Day Work.

[Mrs. S. M. Woolsey, Superintendent of Sabbath Observance, sends this Leaflet.—Ed.]

April 18th to April 25th, 1909.  
The Christian peoples throughout the world, with great unanimity, observe Lord's Day Week—the week beginning with the first Lord's Day after Easter—as a special season for private prayer and public intercession, private meditation and public address, in behalf of the preservation of the Lord's Day in its integrity, and securing for all people the right to enjoy its privileges and advantages.

The integrity of this most helpful institution is greatly imperilled by the persistent attacks upon it. While some of the forces working together for the impairment and destruction of the Lord's Day may be the result of ignorance as to its value and benefit, yet the attacks are mainly the fruits of selfishness. There are the Sunday pleasure seekers who fail to consider how their personal enjoyment may be the cause of many being forced to work as other days. There are the seekers after gain, who demand profits and dividends careless as to the loss of the precious Lord's Day to employees; and there are those who insist upon every kind of convenience, comfort and luxury on that day, unmindful that to supply these, many others are deprived of the liberty to rest, freedom from toil, and the privilege of worship. Through these causes, the very existence of this institution is endangered, and both public and private morality have greatly suffered thereby.

What a host of foes the Lord's Day has in this new century. There is the Sunday saloon, the Sunday newspaper, the Sunday excursion, the Sunday theater, the Sunday ball and other games, the Sunday dinner and social function, the Sunday concert and vaudeville, the Sunday travel for convenience or to save time, and not of necessity, the reading of secular books, the doing of secular business, the unnecessary operation of factories, mills and mines, the forwarding of freight and the many other ways in which it is attempted to change the holy day to a holiday, or the rest day to a work day.

In issuing this call, we would earnestly suggest:

1. That pastors preach sermons on either 18th or 25th of April, pressing the claims of the Lord's Day on the people, urging consistent, persevering prayer, enthusiastic endeavor, and generous living in the interests of a better observance of the Lord's Day.

2. That prayer meetings, Young People's societies, Sunday schools, Woman's Christian Temperance unions and other church organizations devote a meeting during the week to the subject.

We respectfully invite the press and pulpit every where to give circulation to this call and these suggestions and to co-operate humbly and prayerfully for the preservation in all its sanctity of the Lord's Day.

Signed: T. T. MUTCHLER, M. D., President of the International Federation of Sunday Schools of America.

Rev. F. J. STANLEY, D. D., Secretary.  
Address: Mrs. V. F. Cox, Vienna, N. J.

The Alaska-Yukon-Pacific Exposition to be held in 1909 is to have the unique distinction of being the first "dry" international exhibition ever held. Former managers of such fairs have taken a percentage of the earnings of concessions where liquor was sold, and usually such receipts have been large enough to assist financially in no small degree the management. The directors of this exposition unanimously agreed to try the experiment of excluding all alcoholic drinks, and feel confident that the success of the exposition will in no way be impaired by such a ruling. Such an innovation is only one of the many evidences of the growth of temperance sentiment, which is truly gratifying to all friends of the great reform.



My Dear W's: The Y's have been rather neglectful of their relatives, and I think have never written you a letter before in the Bulletin, but we have a plan to suggest which you alone are able to carry out.

Last year we made an effort all over the state for members, and made our five hundred gain more, and, but in the rush our "Y" membership did not go up at the same rate the "W's" did. We were far behind you and we want to do something this year to make the state W. C. T. U. proud of us. We are working for members and feel what a great help the co operation of the "W's" would be.

In some of your unions you have some young people who would be members of the Y instead of the W, if the town were large enough for two unions. We ask you to report these members as "Y's", and designate the number of "Y" members in your union. This will not lower the membership of your union any, but will increase the STATE Y membership. Following is an article explaining what a "Y Branch" is, and I hope you will all read it and at the end of the year every W in towns where there are not two organizations should report at least one or two members of the "Y Branch." If there are no young people members of your unions, you don't know how you are cheating yourselves. New life, ambition and energy will come into your union with the young people. They are ready and willing to help and I am sure would be glad to be asked to join your union.

I should be very grateful to any "W" who will write me if there is a chance of forming a "Y" in your vicinity. Let us all push "Y" work. By helping us, the "W's" are sure to help themselves.

Yours sincerely,  
EMIR BEST,  
Y Secretary.

### Literature and Supplies.

On sale at National W. C. T. U. Headquarters.

Annual Report of National W. C. T. U. Per copy	\$ .15
Annual Leaflet of National W. C. T. U. Per copy	.01
Per 100	.75
A Brief History of the W. C. T. U. Per copy, cloth	.50
Per copy, paper	.25
Annual address of National W. C. T. U. president—Mrs. L. M. N. Stevens. Price each	.05
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The Infamous License System—By Seaborn Wright. Price per 12 or less	.10
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The great railway lines and scores of leading industries are powerful total abstinence leagues, where thousands of employees (two million in the transportation service alone) are bound by the strictest rules to shun drink while at work, and in many cases whether on or off duty.

## FIELD NOTES.

**Cando.**—Our union just closed a membership campaign resulting in a gain of 64 members, 54 actives and 10 honoraries. The leaders were Mrs. Thea Gjere of the winning side and Mrs. Chas. McVey on the losing side. The latter side is to furnish a banquet for all the new and old members. We are truly thankful for this shower of blessing.—Edna Salmons.

**Washburn.**—Dear Editor: Washburn Union is holding regular meetings. We are trying to do our part to make and keep "straight paths" for young and old to walk in. We are planning to make "Comfort Bags." State superintendents kindly send communications hereafter to Mrs. F. W. Gress, President, as our former President, Mrs. Johnston, has moved away.—Mrs. Gress.

**Rolla.**—Editor Bulletin: The Rolla W. C. T. U. held the annual Frances Willard memorial service on Wednesday evening, Feb. 17th, at the home of Mr. and Mrs. W. J. Hoskins. Owing to the storm the attendance was not as large as was expected. An interesting program was rendered and delicious refreshments were served by the ladies. A collection of \$3.15 was taken up for the benefit of the work.—Press Superintendent.

**Grand Forks.**—The Grand Forks W. C. T. U. held a Willard memorial service on Feb. 19, the first hour being devoted to exercises in memory of Miss Willard. The second hour was given up to two contests, silver medal, one by a class of seven girls, in which May Naismith won the medal. Seven boys were in the second contest, and Herbert Urness won the medal in this class. This is the fourth medal contest held in this union since state convention, and we expect to hold two more before June. Yours in the work, Mrs. A. L. Woods.

**Starkweather.**—Bethel Union held an interesting memorial service, gaining five active and five honorary members. March 13 we gave a reception for new and honorary members at the home of the secretary, Mrs. Mae Davis. March 14 Mrs. Davis lectured to a good audience, receiving a collection of \$12. The Union this year has a year book of its own written by the members. We find them a great help, and they cost us just eighty cents. We offered an essay prize of \$3.00 to the high schools and \$2 to the grades.—Rose Maurer, President.

**Absaraka.**—The Absaraka W. C. T. U. have printed programs. We were favored by an address from Miss Rose Davidson, national speaker, last summer. Her words were so forceful that our membership was increased by thirteen—an unlucky number for the drink evil. We employed Miss Pearl Kirk of Wahpeton, state medal contest instructor, to train three classes. Her work was very satisfactory. At Amenia her work reached the same high standard, therefore we heartily recommend her to any union. We have circulated the woman suffrage petition, nearly everyone signing, both men and women. A revival in the church here has greatly strengthened our work. The pastor, Rev. Anthony, speaks with no uncertain sound against both the traffic and use of tobacco and alcoholics, and the results of such preaching are telling. Our last meeting had an attendance of forty, which included honoraries and visitors.

**Jamestown.**—Dear Readers of the Bulletin.—Jamestown Union can report again, and show that it is still alive. We had two meetings in February. Our regular meeting was held at the home of one of the old members of the former union, and about thirty five of our members and friends were present. This was very gratifying to our hostess, who is well along in years, and can seldom meet with us. One afternoon our president and corresponding secretary entertained all of our members at the home of the latter. Most of the members were present, and we took advantage of the occasion to discuss the tri county convention, which meets with us in June. We observed Frances Willard memorial week with a social meeting at the home of one of our members. Had a nice program, served light refreshments, about fifty were present, and the free will offering was something more than seven dollars. All interest now centers about the coming convention in June.—Sincerely yours, Mrs. Grace Boise, Corresponding Secretary.

**Drayton.** March 18th.—This afternoon, from 2:30 to 6 o'clock, a delightful gathering was held at the hospitable home of

Mrs. B. J. Wallace, half a mile north of town. Those who lived too far away to walk, enjoyed a pleasant sleigh-ride. A large number were in attendance, and after the business-meeting a short program of music and readings was given, one member reading while the others sewed. Our faithful treasurer, Mrs. G. A. McCrea, since her sojourn in Bismarck, has returned with fresh enthusiasm and secured a number of new active and honorary members from a field already canvassed many times, and where no more seemed available. There is always one more to be found. Towards the close of the afternoon Mrs. Wallace served a delicious repast, and as we dined together and talked of the work, a new spirit of comradeship was created and plans laid for future work. Arrangements were made for a "Stocking Social" to be held March 26th. It was decided to begin the work on Comfort Bags at next meeting.

**Sherwood.**—As Superintendent of medal contests for Sherwood since Aug. 3rd I have held four silver medal contests, two in our Eden Valley Central school house and two in the I. O. F. Hall, Sherwood, one in each place being a double contest. Three L. T. L. medals were given out and three W. C. T. U. medals. A Francis Willard pin was given to each speaker. The little ones' efforts were greatly appreciated. The audiences were all quite large and very attentive. Literature on different subjects were distributed at each contest. On Feb. 25th was an exercise representing the 9 Pro-states and Leaflets on the map song distributed and the song, "We'll Make the Map all White," sung with great enthusiasm, especially as they repeated the chorus after the last verse. The work is hard and helpers are but few, but it pays and helps greatly to create public sentiment. "Our doubts are traitors, and weaknesses lose the good we might win by fearing to attempt."

"It was a noble Roman. In Rome's imperial day,  
"Who heard a coward croaker in timid accents say:  
"They're safe in such a fortress, there is no way to shake it."  
"On," replied the Roman, "I'll find a way or make it."  
—Alice May Goheen.

**Minnewaukan.**—Dear Editor: Thinking that perhaps some of the sisters would like to know how we are progressing in "our little corner" and a little bit afraid that we might be thought "napping," as the long silence might indicate, I will write about some of the work accomplished by our Union of twenty-one active and four honorary members since Sept. 1st. We have had three social meetings, which always bring others in touch with our work. The first of these was a convention, also meeting at which was the importance of our work being given of national significance was clearly set forth by our delegates condensed reproduction of Mrs. Margaret Page Ellis' important lecture at the Minot convention. The posters of the departments of work were also reproduced and received comments as to the work accomplished. Some of the convention songs were sung, and some of the suggestions received at the convention were utilized at once, and two copies of the Union Signal were subscribed for and sent to two resident pastors, while five subscriptions of the "Crusader Monthly" were sent to the teachers of the public school to be used by the children in their respective rooms. The meeting was followed by a dainty lunch, and by the way, this social meeting was held at the home of one of our teachers. One of the meetings was a memorial service for one of our departed members, who died from typhoid fever, but other work was taken up also, and we had a beautiful musical program, and a member gave extracts from Mrs. Anderson's annual address.

The third social event and one of the most enjoyable was a surprise party on our treasurer and her "better half," (who had a good time after he "came to"). This meeting was also for the husbands, and as might be expected was a financial as well as a social success. Our local Union took the initiative in observing the World's Temperance Sunday. A special program was rendered in the Presbyterian church instead of the regular morning service, and the church was tastefully decorated. Literature was procured and in the Lutheran and Presbyterian churches 310 pages of literature were distributed. A Chaffing Dish Supper was held to re-inforce our treasury, and also to benefit our public library. Our net receipts were \$14.65, which was divided equally between the two, and our money was used for the

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Willard memorial fund, and our district pledge. Last but not least, we have very recently decided to take charge of our Public Library Reading Room, and so far as space permits, we have endeavored to make it a "Rest Room" for our country friends who often wait dreary hours for some members of their party to return home. We have provided a "screened off" place to wash one's hands and pin on a hat or veil.  
Since we have taken charge of the reading room we have put up blinds, window curtains, screens, cretonne curtains for odd corners. Put up pictures, too. We plan to have a "Library Serve" every Saturday afternoon, to defray expenses, and many ladies outside of our Union have kindly offered to help us at these functions. Last Saturday we served coffee, sandwiches, ice cream and cake, and the townspeople to our delight responded so generously that our receipts were \$11.05 in spite of a stormy day and in less than three hours.—From a Member.

## Letter from Superintendent Systematic Giving.

Sherwood, March 15, '09.  
Dear White Ribboners: I shall be very glad to know of any progress in this most important department of Scientific Giving. Please do all you can to create an interest in the work. Without financial aid our cause cannot prosper as it should. Some of you may ask: Why should I give a tenth of my income? First.—Because it is God's law, Mal. 3:10. 2nd.—It pays in spiritual blessings. 3rd.—It lays in temporal prosperity. 4th.—It meets all the ordinary needs of the church and of its societies. 5th.—This plan has known no failures. 6th.—God's promises are sure, Mal. 3:10 11. Try this plan for one year and prove it for yourself. Superintendent, president or secretary please write to me of any advancement or interest in either your church or union and for any needed leaflets for the work. We need to agitate and educate on all lines of W. C. T. U. work and therefore should distribute literature freely but carefully, marking same. People will often read the marked paragraph when too busy or too indifferent to read otherwise. Medal contests and mass meetings afford a most excellent opportunity for such distribution of leaflets on different subjects that should be selected to suit the needs of the community. Wishing your efforts and that of your society the greatest success, I am,  
Yours sincerely,  
ALICE MAY GOHEEN.  
State Supt. S. and P. Giving.

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