

# WHITE RIBBON BULLETIN

"NOT WILLING THAT ANY SHOULD PERISH."

VOL. 14. NO. 12.

FARGO, N. D., JANUARY, 1911.

Monthly—25 Cts. a Year.

## THE NEW YEAR.

Another year is dawning,  
Dear Master, let it be,  
In working or in waiting,  
Another year for thee.

Another year of service,  
Of witness for the love;  
Another year of training  
For holier work above.

Another year is dawning,  
Dear Master, let it be,  
On earth, or else in heaven,  
Another year for thee.

—Frances R. Havergal.

## OUR SEAMEN ON BATTLE SHIP NORTH DAKOTA.

Very likely many have received letters from the sailor boys we made comfort bags for, and they certainly make us happy to think we did this one thing to give pleasure to those boys. So far three letters have come to Fargo Union. One came early in the summer from a boy who saw the box containing the bags and could not wait for the presentation, but reached in and helped himself. He wrote several most interesting letters to Mrs. W. C. Laizure whose letter he found in his bag.

I have received letters and cards from two boys, both such nice letters, and I want you to share one of them with me. The other was a nicely written, but brief note of thanks and appreciation. The one I publish seemed so interesting you all ought to have the pleasure of reading it. If you have had a good letter might it not be worth while for you to have it printed in your local papers?—Mrs. F. H. Wilder, Press Supt.

U. S. S. North Dakota, Brooklyn, N. Y., Oct. 26, 1910.—Dear Mrs. Wilder: I received the little comfort bag and your kind letter the 26th, which was presented by Mrs. Thacker who was representing the Christian Temperance association. I want to thank you for the nice present and particularly for the kind letter and I want to assure you that your kindness and courtesy shall never be forgotten.

There is nobody so capable of accomplishing so much, and wielding such an influence for good with the American seamen as the noble mothers of our nation. (I believe, I know that the thoughts of dear home and mother is what inspires the American seaman to such terror to the foe in time of war and to gentle manliness in time of peace. I have one of the noblest mothers of the nation and I write to her very regularly. She always tells me to be good and do good and I am under her control just the same now as when I was in the cradle.

I am a musician in the navy. I have been in the service three years and ten months. I play cornet and slide trombone. I went around the world with the Atlantic fleet in 1908-9. To describe this trip even briefly would take pages, and more, I am very, very poor at describing anything for writing. However, this was a wonderful cruise, and we were greeted at different nations with wonderful receptions. Our greatest reception was in Sydney and Melbourne, Australia (also Auckland, New Zealand). The commonwealth of Australia presented us each with gold medals. Everybody was white and

everybody spoke English. We were also presented with silver medals in Japan and in China with a fine Chinese cup and saucer. The most interesting countries (to me) we visited was Egypt and Greece. As soon as the fleet arrived at Suez all the first class conduct men got five days' leave. We took the train, went to Cairo, took a trip up the Nile river, visited the Pyramids and Sphinxes and many of the historic places for which Egypt is noted. We found the Acropolis, near Athens, Greece, very interesting, but of course, very modern compared with the Egyptian architecture. I am and have been ship's photographer since I had considerable knowledge of photography before I enlisted and as my duty aboard ship is only two hours a day, I have plenty of time to make photographs and I am sending you some cards which I hope you will accept as an appreciation of my gratitude for the nice comfort bag you was so kind to make and send. Should these cards prove interesting to you and you like them, I will continue to send you pictures from time to time on our European cruise, as I expect to get some interesting ones. No doubt you have read of our oil tank explosion on the 8th of last month, when three seamen lost their lives and nine others were injured. The scenes enclosed, which I took, will give you some idea how she appeared on fire. In closing, I will say that we are proud to represent you and in peace or war we will represent the good people of North Dakota and the nation with credit and honor. Sincerely yours,

## WHY SCIENCE IS ENDORSING TOTAL ABSTINENCE.

(Edith Smith Davis.)

That total abstinence rests upon an absolutely scientific basis is a fact that needs to be emphasized in every possible way in the present day agitation. Sir Victor Horsley, not long ago publicly said, "From the scientific standpoint, total abstinence must be the course, if we are to follow the plain teaching of truth and common sense."

The great International Congress which was held last July in London is no longer denominated "The International Congress against the Abuse of Alcohol," but is now "The International Congress against the Use of Alcohol" for, as Dr. Koppe, so tersely said, "The abuse of alcohol commences with its use."

What then are the scientific truths respecting alcohol which we deem fundamental in reaching the conclusion that we must have total abstinence from all alcoholic liquors? First that alcohol is a narcotic drug and poisonous in its action. Alcohol is usually classified by pharmacologists with such narcotics as chloroform and ether, for it has a two fold action. (1) temporarily exhilarant, (2) depressant. But as the depressant action of alcohol is much longer continued than the exhilarant, it is rightly termed a narcotic. In all its forms it acts as a depressant on normal activities.

That alcohol is a poison is not a new scientific discovery for as far back as

the golden age of Greece we read in healthful indulgence; and secondly, abstinence from things dangerous, as the use of intoxicating wines." And Homer speaks even before that of "Inflaming wine, pernicious to mankind, Unnerves the limbs and dulls the noble mind."

Dr. David Starr Jordan of Leland Stanford Jr. University, says:—"The basis of intemperance is the effort to secure through drugs the feeling of happiness when happiness does not exist. Men destroy their nervous systems for the tingling pleasures they feel as its structures are torn apart. The evil in drink is not primarily intoxication, but nerve disturbance."

## Effect of Alcohol on Self-Control.

Sir Victor Horsley, in his "Alcohol and the Human Body," says, "Self-control is one of the highest functions of the brain, and the racial power which results to a people as a consequence of the individual practice of self-control cannot be estimated too highly. Now the effect of alcohol in diminishing and breaking down this acquired self-control may be seen in every condition of social life, undoing the work of all educationalists and parents. By deadening the brain-cells, wherein are registered the ideal on which we depend for calmness of judgment, alcohol causes serious lapses of self-control in many people, especially in young adults. Quite small doses are often responsible for the commission of reckless self-pleasing actions, and for the inordinate sway of the passions, which are no longer kept in full control by the higher powers of the mind, because these are more or less in abeyance as the result of the paralyzing effect of the drug. When the effect of alcohol has passed away and the higher nature again asserts itself, the consequences of such actions have to be faced, and these are frequently so far-reaching in their effect as to mar the moral and physical trend of many lives."

Lord Byron in one of his letters to Moore says: "I can drink and bear a good deal of wine (as you may recollect in England) but it doesn't exhilarate; it makes me savage, suspicious and even quarrel-me." Dr. Eryoria says: "As soon as the pleasurable feeling which is the object of drinking sets in, the irritation of the brain by alcohol has begun."

Nothing could be falser than the statement that "the use of alcohol is concomitant with the inspiration of genius." Homer attributed the immortality of the gods to the fact that they drank no wine. Helmholtz declared that the smallest amount of alcohol was sufficient to scare away any connected thought. Dr. Farel says: "that even the moderate quantity of alcohol contained in a glass of wine or a pint of German beer is sufficient to paralyze, retard or diminish brain functions."

"Another conclusion of science is that alcohol is in no sense a food. The popular belief that it is a food probably comes from the fact that it allays the sensation of hunger. This it does by its narcotic action upon the brain.

Sir Victor Horsley says: "The truth is that the physiological effects of real food-stuffs on the one hand,

and alcohol on the other, are totally different. Fats, carbohydrates and nitrogenous food after mastication, at once begin to be digested and assimilated, and to fulfill the true functions of a 'food' by maintaining the natural repair of the body without any disturbance of its mental and physical functions and activities. Alcohol, on the other hand, pursues a very different course. It is absorbed by the processes, circulating in the blood in its original form, it at once interferes with the ordinary activity of the brain and other organs, and by it anesthetic action hamper our mental and physical activities. It further interferes with the living chemical processes of the body, in such a marked manner that we have been obliged to acknowledge that alcohol is a prime factor in causing such conditions as gout, eczema, headache, lumbago and certain neuralgic pains. Indeed Sir Victor Horsley names forty diseases due to alcohol alone or as a contributing cause. It may be well to remember in this connection that at the International Congress of Tuberculosis which met in Paris in 1905, the following resolution was passed: "That in view of the close connection between alcoholism and tuberculosis this Congress strongly emphasizes the importance of combining the fight against tuberculosis with the struggle against alcoholism."

At the recent congress against the Use of Alcohol in London, no paper was more attentively listened to, or regarded as of such value as the one read by Prof. Taav. Laitinen of Finland, on "The Influence of Alcohol on Immunity." It was the third of the Norman Kerr Memorial lectures. After giving, in a most careful tabulated form, the result of his experiments for a period covering more than three years of the action of alcohol on the resistive power of human red blood corpuscles, Dr. Laitinen reached this scientific conclusion: "That alcohol, even in comparatively small doses, exercise a prejudicial effect on the protective mechanism of the human body." A specific effect of alcohol is the injury to the white corpuscles of the blood, certain of which constitute our direct protection against contagious diseases.

In visiting the public schools it is sometimes my sad duty to go to those for mentally deficient children. To such a one I went in the city of St. Louis. It was a private institution for idiotic children. In reply to my question as to the cause of the condition of these children, the superintendent replied, "In almost every case the cause is the drink habit of the father and mother. These children are from some of the wealthiest homes in the city of St. Louis."

In an ungraded room in the city of Boston I found thirty-five children all foreign born. In answer to my question as to how many of these children were mentally deficient, the teacher replied, "I think there are seven at present." Could you give me the causes of the mental deficiency? "That would be a little difficult," was the reply. "The classes from which these children come all closely intermarry, but all of these children use the home made wines as did their fathers and mothers before them."

(Continued on page 3.)

# WHITE RIBBON BULLETIN

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Mrs. Necla Buck,  
EDITOR IN CHIEF.  
Mrs. E. M. Pollock,  
MANAGING EDITOR.

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Extra copies, 2 cents each.

**OBJECT**—To promote the advancement of the W. C. T. U. work of North Dakota in all its departments, and to do all in our power to bring the triumph of Christ's Golden Rule in custom and in law.

**STATE MOTTO**—I am but one, but I am one; I can do nothing, but I can do something; what I can do, I ought to do, and what I ought to do, by the grace of God I will do.

**PLEDGE**—I hereby solemnly promise, God helping me, to abstain from all alcoholic liquors as a beverage, including, wine, beer and cider, and to employ all proper means to discourage the use of and traffic in the same.

All manuscript for publication must be in my hands by the 15th of each month. Send all communications to

Mrs. E. M. POLLOCK,  
Fargo, N. Dak.

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## JANUARY, 1911.

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## 1910 FAREWELL—HAIL 1911.

THE OLD YEAR.

The year is closed, the record made, The last deed done; the last word said; The memory alone remains, Of all its joys, its griefs, its gains, And now with purpose full and clear, We turn to meet another year.

—Whittier.

### NOTICE.

The Pollock book on the Prohibition law may be had by writing Rev. Chas. Macnamara, secretary of Enforcement League, Fargo, N. D.

The last census clearly shows that prohibition is not killing us as some of the enemies of the cause predicted. The enumeration shows 180 persons where there were 100 in 1900; and we are confident that the 180 are more prosperous than they could be if there were an open saloon for each 500 of them.

The 1911 session of the North Dakota legislature will be one of the most interesting held in many years. Many important questions are coming up and it will be one of the most closely watched assemblies in our history. In order to satisfy the public with quick, reliable news from the center of things, the Grand Forks Daily Herald has arranged to keep a representative in Bismarck during the entire session, and to give the people the best news service possible concerning these affairs. Would it not be worth while to take advantage of this service by subscribing for the Daily Herald? Three months for one dollar.

It seems strange that evil habits are so easy to acquire and so hard to break. The people of North Dakota have acquired the habit of using snuff, and it is claimed that North Dakota is one of the greatest markets for Copenhagen snuff in the world. It is also certain that the habit of using this snuff is one of the most pernicious in the whole category. The disgusting habit is almost impossible to break. Our W. C. T. U. women will do well to include Copenhagen snuff in the list of dangerous drugs, against which we wage continual war. This present session of the state legislature could pass no better law than the one which shall prohibit the sale of Copenhagen snuff in our state.

Mrs. Bessie Laythe Scoville, who spent a month in our state speaking before schools and colleges, was well received and had attentive audiences everywhere. The National did well to make her National secretary of the young people of our high schools and colleges. In Fargo Mrs. Scoville spoke three and even four times a day for four days. The colleges in one form or another took up the work for temperance with renewed interest. The two unions gave a reception at the Y. W. C. A., where Mrs. Scoville turned entertainer and gave us a splendid view of the great Glasgow convention and of the many functions at which the World's W. C. T. U. was entertained.

### AN ARGUMENT FOR COUNTY OPTION.

Here is a sample argument of county option which cannot be refuted and there are thousands of such arguments all over the country.

Logan county is one of the richest farming counties in Illinois. The county seat is Lincoln. Lincoln has twenty-eight saloons, each one of them a breeding place for crime and pauperism. The assessed valuation of city and town lots for all of Logan county is \$1,397,106. The assessed valuation of farm lands in Logan county is \$7,229,970.

This shows the assessed valuation of farm lands in Logan county is nearly six times as much as the assessed valuation of the city and town lots. This means that the farmer pays nearly six times as much of the county tax as the city tax-payer does, and this county tax is in a large part caused by the saloon. The city gets all the revenue from the saloons, while the farmer pays the larger proportion of the cost inflicted on the county by reason of the saloon. Illinois is without a county option law, which means that while the farmers pay the tax they have nothing whatever to say in regard to the saloons of the city of Lincoln. This is taxation without representation. Our forefathers declared this to be a tyranny and it led to the Revolutionary war and our freedom from England. Is it any wonder that Illinois is demanding a county local option law?  
—American Issue.

## PRESIDENT'S CORNER.

Beloved Comrades: You have been much in my thoughts during this happy season and I trust the sweetest joys of the Christmattide may go with you throughout the year and make it indeed a Happy New Year to you and yours.

Doubtless many of you wondered why we did not share the honors of Jubilee Night at the National convention this year, when we had made a net gain of over 100 members. Two years ago the last check from our treasurer, containing dues for 250 members, did not reach the National treasurer until after her books were closed, so those dues were credited in last year's report of the National treasurer, making our gain appear larger last year than it really was; and because of this the National treasurer's books did not show any gain for North Dakota this year, although we actually made a net gain of 110 members.

We ought to make a gain of at least 500 this coming year, and will if you will each follow out the plan, every member gain one new member. Will you do it? If you intend to, don't put it off, but do it now.

Mrs. Wylie, in her excellent report of the Baltimore convention, was too modest to tell you that she and North Dakota were honored by her being made a member of the committee on credentials, a very important committee of which the National corresponding secretary, Mrs. Parks, was the chairman, and the other member was Mrs. Margaret Munns of Washington.

Our acting president, Mrs. Buck, is doing splendid work and I know you will give her most loyal support.

Our legislature will soon convene and I wish each one of you would interview or write your representative in regard to the measures we want passed.

We believe the time has come when we should ask all women's societies of the state to join with us in requesting the legislature to submit to the voters the proposition to amend article 5, section 121 of the constitution by striking out the word "male." Such a resolution will have to pass two sessions of the legislature before it can be submitted to the voters, so no time should be lost.

Coming from St. Paul a few days ago, I read in the dining car, "No cigarettes sold in Minnesota." We congratulate Minnesota on attaining this prohibition and will continue to work to bring North Dakota up to this standard on the cigarette question.

The McCrea druggist permit law has greatly decreased the number of permits. We had, a month or so ago, only 87 permits in the entire state, and 59 of these were in one judicial district. Outside of this one district there were only 28 permits in the state. The law is working well and we believe it should not be tampered with at this session.

The greatest thing that has been done this year for the prohibition cause in our state, is the publishing of the Manual of the Prohibition Law by Judge Chas. A. Pollock. With the aid of this book no one need be ignorant as to the law itself and the best methods for its enforcement. Two copies of this book have been sent to every union in the state. At the state convention 100 unions pledged one dollar each toward the expense of publishing the book. Will every union that has not already paid send one dollar at once to our state treasurer, Mrs. F. W. Heidel, Valley City? The books are not for sale at any price. Unions needing extra copies may have them by sending to Judge Chas. A. Pollock, Fargo, enclosing postage. Yours faithfully, Elizabeth Preston Anderson, Valley City, N. D.  
Dec. 27, 1910.

### FROM MRS. BUCK.

Dear Comrades: The year begins; and all its pages are as blank as the silent years of the life of Jesus Christ. Let us begin it with high resolutions. Then let us take all its limitations, all its hindrances. Its disappointments, its narrow and commonplace conditions and meet them as the Master did in Nazareth, with patience, with obedience, putting ourselves in cheerful

subjection, serving our apprenticeship. Who knows what opportunity may come to us this year? Let us live in a great spirit, then we shall be ready for a great occasion."

I wish to pass on to all the thought of the above quotation, and may not all of the Sisterhood of the Women's Christian Temperance Union strive to work together "in a great spirit," more earnestly this year than ever before for the upbuilding of our cause and the bringing of Christ's kingdom on earth?

The mid-year executive meeting will be held in Valley City, on Jan. 11, in the M. E. church at 10:30 a. m. Many matters of importance will come up for discussion and decision and we hope that every member of the executive who can possibly do so, will attend this meeting.

Mrs. Scovell closed her work in the state on December 14. She organized five college Y. P. B.'s and five high school Branches, paid all her salary and expenses and will leave a goodly sum in our state treasury. Those who have met Mrs. Scovell will be glad to learn that she has been appointed National Secretary of the College Young People's Branches. The following Branches have been organized since our last issue:

Cando high school, 9 members; president, Mr. Ray Dunbar; vice president, Miss Lillie Paulson; recording secretary, Vesper Smith; corresponding secretary, Estelle Dunbar; treasurer, Gertrude Orr.

Oak Grove Seminary, Fargo, 6 members; president, Justine Quello; vice president, Maren Okness; recording secretary, Aline Kaesmo; corresponding secretary, Mabel R. Flaten; treasurer, Julia Nelson.

Fargo high school, 8 members; president, Miss Florence Ames; vice president, Mr. Fern Munson; recording secretary, Mr. Rapelye Howell; corresponding secretary, Miss Esther Brown; treasurer, Miss Ruth Babcock.

State School of Science, Wahpeton, 10 members; president, Miss Willimine Merrick; vice president, Mr. Glen state Dec. 14. She organized five col-folio; recording secretary, Miss Helen Snyder; corresponding secretary, Lillian Morden; treasurer, Miss Eva Rasmussen.

Jamestown College, Jamestown, 14 members; president, Miss Anna J. Graham; vice president, Miss Anna Wanner; recording secretary, Mr. Alexander S. Waychick; corresponding secretary, Miss Jennie MacPherson; treasurer, Mr. Harry Bessire.

Jamestown high school, 8 members; president, Miss Florence Boise; vice president, Miss Marion Phillips; recording secretary, Miss Florence Phillips; corresponding secretary, Miss Lucille Peake; treasurer, Miss Marguerite Carley.

We rejoice to greet these young people as co-workers in our organization and congratulate them upon having taken up a work that if faithfully done is sure to prove a blessing to them as well as to others.

Mrs. Scovell also organized a union at Wahpeton with Miss Pearl Kirk as president; Mrs. Gertrude Lenday, vice president; Mrs. J. A. Bailey, corresponding secretary, and Mrs. C. A. MacKean, treasurer.

Miss Kirk writes that she expects to remain in the state for the year and is anxious to have all her time filled with contest or recital work. Her terms for contest work are, two-thirds the gross receipts and free entertainment; for recital work, one-half the gross receipts and free entertainment. I trust the unions will take advantage of this opportunity and give Miss Kirk all she can do in contest work. This work becomes of double value to the children when they have an experienced elocutionist to train them.

Copies of Judge Pollock's book, Manual of the Prohibition Law of North Dakota, have been received. Great credit is due Judge Pollock for this gift to the people of North Dakota. They are for free distribution and they will undoubtedly prove a great help in the enforcement of the prohibition law and in the education of the people on the prohibition question. Wishing you all a Happy New Year in the Master's service, I am, yours lovingly, Necla E. Buck.  
Starkweather, Dec. 29, 1910.

## SUFFRAGE AT THE NATIONAL CONVENTION.

My Dear Comrades: Sufficient emphasis was laid upon the work of each department at the recent National convention to convince all of the importance of each and to satisfy the most sensitive superintendent, whether local, state or national. In the limited space afforded last month, it was not possible to report each department from the national view-point, but in response to a request for something on suffrage, I gladly submit a few words on this very important subject.

From the opening session, when Mrs. Stevens informed us that woman's suffrage has moved faster this year than ever before, down to the closing moments, this topic was woven, like a golden thread, through all the deliberations of that great body.

All the great speakers advocated it—not the emotional, erratic kind represented by the average suffragette, but the sane, sensible type for which our state superintendent of franchise and all our white ribboners stand.

On demonstration night, this department was represented by Uncle Sam and the Goddess of Liberty, carrying a huge banner on which appeared the words: "Our government needs the woman's ballot." Other posters read: "Let the 8,000,000 wage-earning women vote." "Let the 20,000,000 mothers vote." The opinion of Mrs. Katherine Lent Stevenson, who has just returned from a world-tour, was, because of this broad outlook, especially worthy of consideration. Mrs. Stevenson said: "It will have a salutary effect upon our work when women have the ballot the world over, as they have it in Australia and New Zealand, where cabinet ministers and officials attend W. C. T. U. meetings and say complimentary and helpful things. They talk as if we women were on a plane of equality with them in bringing about good government. I tell you it is good for men and good for the government to have women a part of the voting constituency."

Congressman Hobson told us that ever since their great battle for prohibition in Alabama, he had been an ardent advocate of equal suffrage. The liquor men, on that occasion, with their platitudes, fooled many of the farmers, but they could not fool the farmers' wives. Ninety-five per cent of them were for prohibition.

Mrs. D. R. Hooker, president of the Just Government League, said that in the ballot for women lies the solution of the alcoholic evil. The two causes, prohibition and equal suffrage, are going to win together.

Mrs. Emma M. Funk, president of Woman's Suffrage club of Maryland, said that the saloon is the greatest foe to suffrage, and suffrage is the greatest friend of the W. C. T. U. to help in the cause of temperance.

Mrs. A. Adrianna Hungerford, of Colorado, said that women voters are a power for good government in that state. "They cannot bring the millennium," she said, "because they are outnumbered by the men by many thousands and they do not control any part of the political machinery."

The Ladies' Home Journal offered a large sum to a Denver woman for an article against suffrage. She refused. The man who wrote it told Judge Lindsey that for \$500 he would write an article against him.

In the regretted absence of the National Superintendent of Franchise, Mrs. Mecca Marie Varney, of Michigan, a very encouraging report was offered by her assistant. The victory is coming in Tennessee and work is being done with good results in many western states, the 150,000 women of Washington having been granted the ballot at the recent election.

Mrs. Richard, of Ohio, told us that it is the pounding of compact forces on one spot that breaks the rock. By continuing to pound, with renewed energy, on this one spot, the women of North Dakota may, at no distant date, secure this privilege. Quoting again from our national president—"Truismanship and true womanliness will be permanently maintained, not through the supremacy of either sex but by equality and justice to all, irrespective of sex."

Wishing each one of you the best

blessings possible this coming year, yours for equality, Barbara H. Wylie.  
P. S.—There is still a supply of Mrs. Pease's beautiful cards on hand. Order from me at 25c a dozen.—B. H. W.

## WHY SCIENCE IS ENDORSING TOTAL ABSTINENCE.

(Continued from page 1.)

In the city of Springfield, Massachusetts, I went at the invitation of the teacher, to see a room full of little Italian boys take their bath. The thin, emaciated bodies vividly reminded me of the pictures of the India famine sufferers and I asked "Why are they so thin and emaciated?" "Insufficient food," was the reply. "These children will in a few minutes go home to their luncheon, and it will consist in every case of some bread and a home made wine or beer. They will come back to school so stupid that for the first hour after luncheon we can do little or nothing with them."

Dr. T. E. Hyslop of England, says: "Intemperance does not necessarily mean only obvious and palpable drunkenness. From the very moment in which alcohol has disturbed the health exercise of the mental faculties, or has impaired the moral sense by unduly exciting the animal passions, or has in any way unfitted a person for discharging his duties in the proper struggle for survival, from that moment there has been guilt of intemperance."

There is but one scientific conclusion. Every child in the public schools as well as every student in our colleges should be taught the truth concerning alcohol, and then, in the words of the great teacher of the world, "Ye shall know the truth and the truth shall make you free."

## FROM NEW L. T. L. SECRETARY.

Dear White Ribbon Sisters: As I am your newly appointed L. T. L. secretary, I take great pleasure in sending to you all a New Year's greeting. Hoping that each Union will accept it as their own. Whether you have an L. T. L. secretary or not, I am interested in you. Circumstances now are so that I cannot leave my home to visit each Union, but if I can help you through correspondence, I will gladly do so.

The work among children will mean a great success in the future. Faithfully yours, Miss Effie Holbrook, Pleasant Lake, N. D.

## YOUTH.

(Arthur G. Burlingame.)

Oh, buoyant youth, what power lies Undeveloped in thee, waiting but The touch of inspiration and The discipline of thoughtful act To live in fine reality! Aim high! The loftiest standard should Engage thy vision, drawing thee High upward with magnetic power.

Be pure! And let not evil dim The beauty of thy soul, to mar God's image stamped upon thee; for Purity can never be Wholly regained. Let generous hope And noble thought thy heart control, Opposing each unworthy aim That leads the soul away from God.

Improve thy time! Let golden hours Be filled with earnest thought or act; Seize every opportunity. Let none escape thee; work, and each Endeavor wrought shall thee empower For labor new and nobler task. Apparent hindrance is, if thou O'ercome, but blessing in disguise.

Trust God! When holy hope and joy Thy being thrill, and life is young And purpose high, give Him the praise. When deep distress thy spirit moves, And hope departs; when thou must strive 'Gainst Satan's art and base design, Still trust in God; press on; fall not. In thee, brave youth, the future lies!

## FIELD NOTES.

Englevalle.—The Englevalle Union though small is prospering. We have had some very interesting meetings. The one of October 29 was especially so. Miss Granger, sister of our hostess, gave us a talk on the difference in Sabbath observance in Canada, Mexico and the United States. She has spent considerable time in the three countries and is well acquainted with the customs of the people.

Bethel.—Bethel union had a public meeting in the form of a social at the church Thanksgiving eve, which we made as much of as possible. We had a good crowd out and gave the report of the state convention and Mrs. Buck gave most of her annual address. Much interest was shown and our collection was \$7.00, part of which we were to give towards paying for Mr. Pollock's book. We served refreshments and had a good time generally.

Wyndmere.—We are still alive in Wyndmere, holding our meetings with a fair attendance and considerable interest shown in the work. The evening of November 18 we had a silver medal contest which was enjoyed by all, the house being full with many standing. There were six contestants. Miss Mabel Campbell won the medal. Miss Pearl Kirk was the trainer and it was certainly a credit to her. The evening of the 26th Miss Kirk gave a recital for us which was greatly enjoyed, a good number being present. We also realized a nice little sum for our treasury.

Cando.—At our meeting preceding Thanksgiving, held at the home of Mrs. Carlson, a box of meat and clothing was packed for the Florence Crittenden Home. A low estimate of the value was \$25.00. \$2.50 was contributed for its transportation. The sum of \$51 was secured by solicitation from business men for general work. Owing to the "hard year" a thorough canvas was not made. But no refusals were met and this amount was given by eleven persons. The evening before Thanksgiving bouquets were distributed to five "shut ins." Mrs. Scovell was with us on the fourth Sunday in November and addressed a union meeting of the churches. Her address was well received, resulting in the organization of a young people's branch which we trust will increase rapidly in the new year. Mrs. Scovell spoke before one of the Sunday schools and before the high school. It is the general wish that her visit be repeated. December 2 we held our due social. We are beginning to see that this should be made one of the biggest events of the year. This year it was the best ever. It was held at the home of Mrs. A. Lean. The honorary members were invited to six o'clock supper with the privilege of paying their dues. Forty-three members paid dues at this time, and a most delightful time was spent. In pursuance of Mrs. Stevens' request in her annual address each member is to endeavor to secure one new member before 1911. At our due social we also had on sale calendars and post-cards for the benefit of the flower mission work. This sale was continued at the store of Mrs. B. Clark.

Fargo.—Mrs. Bessie Laythe Scoville talked in Fargo three and four times a day for four days early in December. She visited the high school and the colleges and was received with appreciative attention at every place. Most of these schools will have a special temperance organization. We clip from the Fargo papers a few of the interesting items reported by the local press: The theme of Mrs. Scoville's talk was temperance and what it means to the growing generation. She spoke of the great assistance that the south was giving in helping the south life itself from the slavery of liquor as had the north assisted the south in the negro slavery. "One-fourth of the boy crop dies in a drunkard's grave every year, and should there be any vile weed destroying this amount of the wheat crop each year, we would be sure and make big efforts to eliminate it," was

the striking statement made by the speaker. In her address at the A. C., Mrs. Scoville told the students of the work of the 10,000 students in Sweden who were fighting for temperance. She explained what the 5,000 temperance workers in Germany, the land of "beer and skittles," were doing for the work of temperance. The students of the A. C. expect to take up the temperance fight in their christian association work. She told of seeing 4,000 mechanics' children in Glasgow, Scotland, whose faces were pale and pinched as the result of the use of narcotics by their parents. Her talk was largely on conditions in Scotland which she represented as very bad indeed. Mrs. Scoville says that drink in the United States has not reached such a bad stage as in foreign countries. "We will never stop our work," said she, "until the whole world is redeemed from the liquor traffic."

Rolla.—The Rolla W. C. T. U. held a reception November 1 at the home of Mr. and Mrs. Brassard in honor of Miss Jessie McKenzie, who was engaged in temperance work among the Indians at Turtle Mountain. Miss McKenzie told about the work in general and what she had accomplished so far in the work. Lunch was served after which the evening was spent in social intercourse. Some of the ladies having received grateful letters from the recipients of the comfort bags which were furnished for the Battleshield North Dakota. On November 25 we had the honor as well as the pleasure of having Mrs. Scoville. Mrs. Scoville's heart is in the temperance work for North Dakota as well as for Minnesota. She bade the W. C. T. U. workers of Rolla take courage for God is with us. We are planning to hold a mothers' meeting after Christmas. Most of our members are mothers and enjoy the mothers' meeting.

## TREASURER'S REPORT.

Nov. 15 to Dec. 15, '10.

### RECEIPTS.

Verona Union, dues	\$ 2 10
Carrington Union, dues	2 80
Whatland Union, Mem'l fund.	2 00
Hunter Union, dues	1 40
Englevalle Union, dues	5 60
Grand Forks Union, dues	21 70
Rolla Union, Pollock Book	1 00
Mrs. K. B. Reed, Life Member p.	10 00
12th District pledges	27 00
Leal Union, state minutes	30
Mayville, state pledges, Patron	18 00
Mayville Union, dues	10 50
Leeds Union, dues	70
Jamestown Union, Pollock Book	2 00
Williston Union	8 40
Nessen Union	1 40
Cooperstown Union, dues, 4 min.	29 30
Mrs. B. L. Scovell, collection for College Y. P. B.	147 25

Results in figures of the work done by Mrs. B. L. Scovell in the state for College Y. P. B.:

	Paid.	Total Pledged
Grand Forks	\$25 25	\$25 25
Larimore	2 00	7 00
Northwood		2 00
Mayville	17 00	30 00
Hunter	8 00	8 00
Bottineau	11 00	22 00
Lidgerwood	13 00	17 00
Fairmount	12 00	17 00
Lidgerwood	4 00	4 00
Hankinson	8 00	9 00
Valley City	1 00	12 00
Jamestown	8 00	22 00
Leal	38 00	45 00

The pledges toward the Pollock book made at convention by individuals, unions and districts that have not been paid would be very acceptable now, as the books are out and being mailed.

Amounts not paid were left for local treasurer to collect and send in during the year. Mrs. F. W. HEIDEL.

For the first time in the history of our country a woman has been elected Governor of a state. Mrs. Marilla M. Ricker, an old-time suffrage worker and advocate of broader opportunities for women, is the successful candidate for gubernatorial honors in the State of New Hampshire. All honor to New Hampshire and old New England. Mrs. Ricker is 70 years of age, and says she had no idea of being elected, but consented to run for the office only to help people to get used to women's names on the ballot.

## FAIRS AND OPEN AIR MEETINGS

DEAR SISTERS:—

May this be a Happy New Year to each and every white ribbon in the state. Perhaps some of you may think this is rather early in the year to commence talking about Fairs and Open Air Meetings. But during the month of January most of the county fair boards meet. They are puzzled as to what can be done to attract the people during the fair season this year. Let every woman who is interested in these matters (every woman who has children who attend fairs) be at once on the alert. Interview the members of the fair board as to their intentions in the way of introducing new features this season. Use every influence to have any low and degrading spectacles left out. Above all study to be able to make suggestions of fresh attractions, that will not only be harmless but that will draw, and your opinion in regard to what should be left out will be more highly regarded.

Let us work to get first-class agriculturalists and women on our fair boards. Interest ministers and teachers to work with and stand by you. Publish articles on the subject in newspapers and send out freely. At every county fair let us try and have a children's day; exercises by them should be a special feature. Contests in oratory by either the older or younger classes might be a drawing feature.

Have a woman's day, lessons on cooking, the care of children, etc.

Have a rest room, day nursery, sell lunches, or serve dinners, and free ice water.

Have a literature table and give out literature so that it reaches every home in the county. If there are foreigners in the county be sure and have leaflets in their language; and take subscriptions for the Union Signal, Crusader and the White Ribbon Bulletin. Keep count of the number of pages of literature distributed, amount of money taken in and report everything to your state superintendent.

I want to add each district president when they hold their mid-year executive meeting to appoint some cheerful, tactful woman, in your district, as superintendent of Fairs and Open Air Meetings and send her name to me so that when the bright spring days come we may commence the open air work. And let each of us resolve this New Year's Day of 1911 that this shall be our best year in W. C. T. U. work.

I shall be here in this northern country until March 1st. We have two feet of snow but the weather is beautiful.

Yours in W. C. T. U. work,  
IDA SPARKS CLARKE,  
State Sup't. of Fairs.  
Barwick, Ont., Can., Jan 1st, 1911.

**WHY I BECAME A TEETOTALER.**  
GEN. FRED D. GRANT.

"When I was a boy at school and at West Point, I was a pet because of the greatness of my father. I was given every opportunity to drink, and I did drink—some. As I got older and mixed with men, war-scarred veterans who fought with my father would come up and, for the sake of old times, ask me to celebrate with them the glory of past events, and I did—some.

"Then when I was minister to Austria and customs of the country and my official position almost compelled me to drink always. I tried to drink with extreme moderation, because I knew that alcohol is the worst poison a man could take into his system; but I found out it was an impossibility to drink moderately.

"I could not say when drink was placed before me: 'No, I only drink in the morning,' or at certain hours. The fact that I indulged at all compelled me to drink on every occasion or be absurd.

"For that reason, because moderate drinking is a practical impossibility, I became an absolute teetotaler—a crank, if you please. I will not even allow it in my house. When a man can say, 'I never drink' he never has to drink, is never urged to drink, never offends by not drinking; at least that is my experience.

"Give me the sober man, the absolute teetotaler every time. He's dependable. If I had the greatest appointive powers in the country, no man would get even the smallest appointment from me unless he showed proof of his absolute teetotalism.

"If I could, by offering my body a sacrifice, free this country from this fell cancer, the demon drink, I'd thank the Almighty for the privilege of doing it."

## "ALL OF WHICH I SAW."

Saturday afternoon June 18th was a red letter day for the "Suffrage Cause" in the great city of London, when ten thousand women, representing the whole wide world, marched from Victoria Embankment to Albert Hall, forming a procession two miles long.

Hundreds of thousands of citizens lined the route and our little party of about one deemed themselves fortunate indeed to arrive in the city just in time to witness this sight of a life time.

The procession was headed by Mrs. "General" Drummond on horseback, who commanded her forces with all the majesty of a queen. No fewer than forty bands, interspersed at regular intervals, discoursed inspiring music, and a march composed for the occasion, "Votes for Women," called forth great applause all along the way. Hundreds of great banners, many of them eloquent in sentiment, were triumphantly borne along by the women. If "Votes for Women" and "Dare to be Free" were the favorite watch words, "Victory" was the key note, and the quiet grit of the women seemed to stir the admiration even of those who had gathered to scoff. No word of disrespect was heard.

In the forefront marched the "Martyrs," 617 of them, who had been imprisoned for the furtherance of the cause. Each woman carried a pike surmounted by a silver broad arrow, the emblem of their prison garb, but even these women were not lacking in attractiveness for they were gowned in white with touches of soft purple and nearly all carried bouquets of beautiful flowers. Hundreds of nurses in uniform were followed by the University women, doctors, scientists, teachers and musicians in flowing academic robes. Business women, novelists, sanitary inspectors, mill-workers from the "north" and women of wealth and leisure marched in the great procession.

## TOO BUSY TO LOVE.

"Mother'd love me a whole lot, too, if she wasn't so busy," loyally declared a small maiden, who had hungrily watched the home leave taking of a little companion as they set off for school. "She has pretty much housework to do."

The "much housework" and other work seem to take precedence of love in many households were the members would be shocked if they fully realized the fact. Loves their own? Of course they do, and all the toil is for the sake of these loved ones they say, and really believe. And yet the work becomes a fetich—not something for the family comfort, but something before which all else must give way, to which everything else must be sacrificed. Washing, ironing, sweeping, dusting must take their appointed course and be finished according to schedule time whatever becomes of life's higher needs. There is no elasticity in the system, no time for tenderness and sympathy; for the hour's talk that might clear away doubt and misgiving; for comforting sore hearts or binding up the wounded spirits. There are usually notable house-keepers in such households, women of whom neighbors speak admiringly, and recount the wonders they accomplish—but there is seldom any deep home spirit. Work counts for everything until some dreary day when the shadow falls across the threshold, and all things change values. The tasks that seemed so all important only yesterday, what do they matter?

"But Oh, for the touch of a vanished hand,  
And the sound of a voice that is still!"  
—Forward.

## WOMEN LEGISLATORS.

Four women have been elected to the Colorado House of Representatives—Mrs. Louisa N. Jones, Mrs. Louise M. Kerwin and Mrs. Alma V. Lafferty, all of whom were elected from Denver on the democratic ticket; and Mrs. Agnes L. Riddle, republican, who was chosen to represent the counties of Adams, Arapahoe, and Elbert.

"I leave it to others to speak of suffrage as a right or privilege; I speak of it as a duty. . . . What rights have you women to leave all this work of caring for the country with men? Is it not your country as well as theirs? Are not your children to live in it after you are gone? And are you not bound to contribute whatever faculty God has given you to make it and keep it a pure, safe and happy land?—James F. Clarke.

## HONOR TO WHOM HONOR.

The trying times through which Tennessee is passing have brought to the surface not only criminals, murderers, mobs, grafters, bribers, liquor advocates, and the like, but flashes of the noble and true as well. Three cases are worthy of mention.

1. One of the members of the lower house of the Legislature has a son in the State prison. He was given to understand that a pardon for the son could be had if the father would vote against prohibition. They talked it over and the son said, employing the homely dialect of the mountains: "Pap, you go and do your duty. Vote right, and drive out the saloons so that other boys will not be tempted as I was. I will bear my burden and serve out my time." As may well be believed "Pap" voted "right."

2. One of the State senators left the session of the Legislature to visit his father, who was sick. When he had spent a day with him, the sick man said: "Now you have done all you can for me. I can only last a few days longer. Go back to your place and help win the fight against whiskey." The son returned to Nashville, and in the midst of the hottest part of the fight the father died. In due course he was buried, the son holding grimly to his place in the Senate, not leaving even to attend the funeral.

3. Another State Senator, though seriously ill, had himself carried to the Senate chamber, and, though unable to sit up all the time firmly cast his vote throughout a long and exciting session for those measures which he thought morality and the public conscience demanded.—Christian Advocate, Nashville, Tenn.

## WOMEN AS BANKERS.

Kansas is noted for something besides insurgency. The state is great in peace as well as in war. It is notable for the extent to which women have gone into the banking business. There are four women bank presidents, fifteen vice-presidents, twenty-eight cashiers and about 500 assistant cashiers and directors. The woman chief clerk in the office of the Kansas bank commissioner dwells with honest pride on the fact that none of them go astray, even in minor matters. There is a large colony of men bankers in the Leavenworth prison, but not one woman is there.

The chief clerk says that the women in the banking business never take chances on anything that seems to involve a possible violation of the law. They allow no overdrafts. They do not allow their reserve to get below the limit. We all know there are many men bankers who are not punctilious on these points. Furthermore the banks managed by women are in splendid condition. There are no poor loans.

It must be admitted that as a rule women have a greater respect for the written law than men have. Ascribe it to their timidity or conscientiousness as you please, the fact remains that they are not so ready to evade for their personal gain the mandates of the statute as men are. Now, if this be added to this valuable quality a fair degree of business ability, there is no reason why women should not become excellent bankers.—Chicago Tribune.

## BLIND TIGERS.

My, what fierce, interesting animals in a desert place! Did you notice in the Atlanta papers that on May 2nd, thirteen of these dangerous creatures were dragged into recorder's court? Well, did you note further after due examination they were classed as the walking kind, and averaged TWO PINTS EACH? Not two gallons for the entire thirteen! That's a rushing wholesale business, isn't it?

Stick a pin down by such instances as these to answer the arguments of those who affirm that more liquor is sold by "blind tigers" than in open saloons.

"In all chronic diseases the use of alcohol is deleterious. In acute diseases, the benefit of alcohol has not yet been proven, and in many of these we consider the employment of alcoholics as directly injurious, and consequently never use them in the hospital here."—Dr. Blucher, Professor of Psychiatry, University of Zurich.

Never rehearse the good you have tried to do. If it is worth anything it will report itself.—L. M. N. Stevens.

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