

# WHITE RIBBON LITEN

"NOT WILLING THAT ANY SHOULD PERISH."

VOL. 15. NO. 10.

FARGO, N. D., NOVEMBER, 1911.

Monthly—25 Cts. a Year.

## LIFE IS TOO SHORT.

"Life is too short!" she said,  
Tucking each wee one, prayerless, in  
bed,  
No blessing breathed o'er a curly head;  
No time for kind counsels after school,  
No time for teaching the Golden Rule,—  
"Life is too short!"

"Life is too short!" she thought;  
Dress must be fashioned and culture  
wrought,  
Worldly graces and shrewdness sought;  
So fast grow the sons and daughters  
fair,  
For homely wisdom no time we'll spare;  
"Life is too short!"

Ah, "Life is too long!" she said,  
Bowing in sorrow a whitened head,  
Counting the joys in a Past long dead;  
Children scattered and careless and cold,  
Home, hope and Heaven a tale that is  
told,  
"Life is too long!"

Life is too long, we know  
For greed and vanity, hate and woe,  
Too long is the road the mourners go,  
But a soft light beams in the sunset sky,  
When the gate swings open we shall not  
sigh  
"Life is too short!"

## MEDICAL TEMPERANCE.

"Ye are the temple of the living God."  
"Keep thyself pure." What more interest-  
ing or more important than the study  
of the human body—the temple of the  
living God? What more vital than its  
health? Our happiness and our useful-  
ness depend almost wholly upon health.  
A wonderful change has taken place re-  
cently in public opinion regarding alcohol  
as a beverage and as a medicine. In  
New England there is an insurance com-  
pany which had its origin some forty  
years ago in this wise: A Quaker, or  
friend applied for life insurance in an  
English company. Examination showed  
him to be a good risk except that he  
was a total abstainer from wine and al-  
coholic, which then were thought to  
prolong life. The quakers held that al-  
coholics would shorten life and proceed-  
ed to organize a company whose pre-  
mium should be less for abstainers than  
those of other companies.

By statistics the quakers have proved  
their point and today insurance com-  
panies are seeking total abstainers, not  
moderate drinkers.

The first to bring the subject of Medi-  
cal Temperance to the attention of the  
public and arrest the thought of physi-  
cians was the Woman's Christian Tem-  
perance Union. These mothers early  
recognized the great importance of se-  
curing the aid of that good friend of  
every child, as well as the adult—the  
trusted family physician. They be-  
lieved also that the liking for intoxi-  
cants which produces the fatal appetite  
was very often acquired when a little  
child through the frequent prescription  
of the physician or resort of the perplex-  
ed mother to the black bottle, that old  
panacea for every ill. Hence the depart-  
ment of Medical Temperance was created  
with the aim in view of studying the  
question of temperance as related to  
medicine, gather opinions and scientific  
facts, instituting research, publishing  
results and devising ways and means to  
educate the public. As early in our life  
as 1878 our society sent a memorial to the  
International Medical Congress, which,  
in connection with the Centennial Ex-  
position, met in Philadelphia. As a re-  
ply to this memorial a paper by the dis-  
tinguished Dr. Ezra Hunt was read

before the section on medicine. Dr.  
Hunt took positive and advanced ground  
from a temperance standpoint. This  
paper after an exhaustive debate in the  
Congress of Medicine was unanimously  
adopted as a reply to our memorial.  
Now alcoholic investigation is treated in  
a section of its own, and the report of  
the last National Medical Association  
was adopted by the United States as a  
government document, (No. 48) free to  
all—Bureau of Chemistry.

There is a remarkable reversal of  
opinion regarding alcohol as a remedy  
in disease. In the hospitals of the  
United States its use has been dimini-  
shed from one half to two-thirds in ten  
years. Some hospitals have abandoned  
its use altogether. Many doctors have  
dropped it altogether from their list of



MRS. ABBIE W. H. BEST  
PRESIDENT FIFTEENTH DISTRICT

remedies. Evidence is fast accumulating  
to prove that alcohol is not only an  
unnecessary medicine, but that it is a  
dangerous one. That it gives a feeling  
of health to the sick and of wealth to  
the poor. It produces neither one or the  
other of these results. The "seeming"  
is but the faulty report of a partially  
paralyzed brain, caused by the narcotic  
action of alcohol. We find classed close  
together as brain poisons, alcohol,  
opium, caffeine and cocaine, these poi-  
sons are often taken in patent medi-  
cines or in what are supposed by some  
to be harmless beverages.

The requirements of the pure food law  
are enlightening many who have in the  
past erred through ignorance, not know-  
ing the ingredients of patent medicines  
habitually used and if knowing the com-  
position, not realizing their danger or  
worthlessness.

Two valuable articles are the "Mod-  
ern Verdict Concerning Alcohol" and  
"Are Alcoholic Beverages Necessary in  
Treating Disease." Testimonies of medi-  
cal men of authority are given to prove  
that they are neither necessary or even  
helpful. The first article, by Dr. D. H.  
Kress of Washington, D. C. gives the  
new and rather startling knowledge to  
many that it is not even a stimulant,  
but always a narcotic poison. Dr. Jas.  
Edmonds, physician to King Edward,  
emphasizes this statement and says,  
"Alcohol never acts like anything but a  
paralyzer." Then what are the reasons  
for which it has been argued that alco-

hol in small doses is a stimulant, while  
in full doses it is a narcotic. In the  
first case, small doses, the restraining  
nerves are paralyzed, the tongue is loos-  
ened, heart beats are increased, but the  
power of the heart has not been in-  
creased, only a restraining governing  
power removed, like the removal of the  
pendulum from a clock or the balance  
wheel from a watch, which we know  
will cause a more rapid motion of the  
machinery. We have an analogy in the  
act of breathing. When we see a man  
with asthma we know that the air can  
not get into his chest easily and yet he  
seems to be breathing with most won-  
derful vigor, like an athlete in a running  
contest. But is it an indication that he  
is filling his lungs with fresh air? No,  
rather that he cannot get the air into  
his lungs. This is a precisely analogous  
illustration and the parallel will hold if  
we analyze it by every scientific and  
physiological test.

In case of slow suffocation by car-  
bonic acid gas, death is caused by a gradual  
asphyxy, so precisely like that caused by  
extreme drunkenness that nothing but  
the actual presence of alcohol in the  
body will enable the physician to tell  
one from the other. But until the nar-  
cotic is extended to every part of the  
body, we get effects like those first ef-  
fects of alcohol which are wrongly called  
stimulating, that is a violent and rapid  
pulsation of the heart. Yet carbonic  
acid gas is the most perfect type of nar-  
cotic poison.

Prof. C. Bung, of the chair of physi-  
ological chemistry, in the University of  
Basle, Switzerland, says: "Let it be un-  
derstood that all the workings of alcohol  
in the system, which usually are consid-  
ered as excitement or stimulation, are on-  
ly the indications of paralysis."

Mrs. Allin says: "We submit that  
until this expert testimony with its rea-  
sons, so clearly stated, is proven false,  
the claim that alcohol is a stimulant, or  
that it is both a stimulant and a nar-  
cotic, is not sustained. Modern research  
discards the phrase 'alcoholic stimu-  
lants' and explains the effects of alcohol  
on the living body by its narcotic nature."

The work of the nurses for temper-  
ance is very encouraging. There is a  
good organization among them and the  
resolutions passed at the National Con-  
vention of W. C. T. U. (Davenport) and ad-  
dressed to the Nurses' Associated Alum-  
nae of the United States, and Supts. of  
Training Schools, were cordially receiv-  
ed by the presidents of these bodies and  
presented at their next meeting. The  
West Virginia Nurses' Association took  
this advanced action: "We most heart-  
ily endorse the sentiment expressed by  
the West Virginia State Medical Associa-  
tion in the resolution concerning the  
use of alcoholics passed by them in  
their annual session of 1908 and we also  
pledge ourselves to discourage the use of  
alcoholics, in and out of the sick room.  
We also endorse the great work done by  
the W. C. T. U."

The action of the physicians enabled  
the nurses to take this pronounced  
stand. Others just as willing may not  
dare be so outspoken, but if they be-  
come enthusiastic, they will find a way  
to work and it is our part to arouse the  
enthusiasm. Many do not realize their  
opportunity, having been taught that  
temperance is a social and moral ques-  
tion outside their sphere. It is for us to  
show them that it is as much a health  
question as ventilation and sanitation.

The private nurses are a great army  
going in and out of the homes of our  
land. Their opportunities are vast for  
they have access where no other tem-

perance worker could enter, and they  
reach people who could not be coaxed to  
a public meeting to hear our best speak-  
ers. In many homes they are trusted  
counselors and in the privacy of the  
sickroom they can teach lessons that  
will never be forgotten. Even where  
they can only silently turn down their  
glasses they may do much by this exam-  
ple. The hospital nurse has a constant-  
ly changing set of patients who go out  
to tell what they saw and heard in the  
hospital. She is also a teacher of teach-  
ers. Let us try, by all means, to win  
the cooperation of this body of earnest  
and influential women.

MRS. ABBIE W. H. BEST.

## FIELD NOTES

HEATON—The W. C. T. U. gave a very  
pleasant reception to the teachers of the  
public school in the Congregational  
church, Friday evening, Sept. 8. The  
decorations were white and yellow.  
Prof. Chas. Ellery, of St. Paul; Miss  
Louise Steorning, of Stephen, Minn.,  
and Miss Ida Skretting, of Valley City,  
all of whom are interested in our work,  
were seated in a cozy corner, nicely ar-  
ranged, where nearly a hundred people  
were introduced, by the committee. A  
program consisting of a trombone solo,  
by Arthur Anderson; vocal duet, by  
Misses Bernice and Lucile Barber; vocal  
solo, by Mrs. E. Banik; reading by Mrs.  
Leon St. Jacques and a vocal duet en-  
titled "Cheerfulness," by Mesdames C.  
I. Turner and E. E. Saunders. Chas. I.  
Taylor gave an address in behalf of the  
school board. The president, Mrs. W.  
H. Thurston, presided. Prizes, mar-  
garites and Nabiscos were served. Sun-  
day evening, Sept. 3, Mrs. E. C. Barber,  
Supt. of the L. T. L., assisted by Mrs.  
Knute Alfson, of the W. C. T. U., gave a  
demonstration of the Legion work, to a  
good sized congregation in the Congre-  
gational church. The program was  
both instructive and entertaining.—  
Mrs. E. E. Saunders, Sec'y.

OBERON—Prison Sunday was observ-  
ed by the Oberon union by a talk  
from the pulpit of the Congregational  
church which told us of the work for  
the prisoners, by our jail and prison su-  
perintendents, in every state of the Un-  
ion. Of the great things accomplished  
by Mrs. Ballington Booth for the dis-  
charged prisoners, whom no one is will-  
ing to receive, giving them a home, find-  
ing them work, and standing good for  
their behavior. The statement was  
made that 80 per cent of the prisoners  
in prison were there because of the li-  
quor traffic—much more was said. The  
petition to President Taft was presented  
and signed by the women and 20 voters.  
The next Thursday was a very rainy  
day but the W. C. T. U. met with Mrs.  
K-ley, who came in from the country  
to entertain it. A fine report from the  
state convention was listened to with  
great interest. A committee to prepare  
a program for the coming year was ar-  
ranged for. A letter accompanied the  
petition sent to President Taft that ran  
something like this: "The White Rib-  
boners of North Dakota have outgrown  
beer and all its interests. Our country  
is taking on higher ideals. We are for  
saving life instead of destroying it. We  
are after all things that are ruining our  
country. The country is spending mil-  
lions upon the virus that destroys de-  
cay. We protest against two members  
of your cabinet advertising beer and hon-  
oring the Brewers' Congress meeting in  
Chicago this month. We are sorry for  
people drunk on beer or any intoxicant,  
and are expressing our sorrow in living  
action."

# WHITE RIBBON BULLETIN

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Mrs. Necla Buck,  
EDITOR IN CHIEF.  
Mrs. E. M. Pollock,  
MANAGING EDITOR.

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Extra copies, 2 cents each.

**OBJECT**—To promote the advancement of the W. C. T. U. work of North Dakota in all its departments, and to do all in our power to bring the triumph of Christ's Golden Rule in custom and in law.

**STATE MOTTO**—I am but one, but I am one; I can not do everything, but I can do something; what I can do, I ought to do, and what I ought to do, by the grace of God I will do.

**PLEDGE**—I hereby solemnly promise, God helping me, to abstain from all alcoholic liquors as a beverage, including wine, beer and cider, and to employ all proper means to discourage the use of and traffic in the same.

All manuscript for publication must be in my hands by the 15th of each month. Send all communications to:  
Mrs. E. M. POLLOCK,  
Fargo, N. Dak.

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NOVEMBER, 1911.

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M. P. Rindlaub, Jr., M. D.

## DRS. RINDLAUB

SPECIALISTS—

EYE, EAR, NOSE AND THROAT.

FARGO, N. D.

de Lendrecis block. Opposite N. P. Depot

## THE HOUSE MOTHER'S PRAYER

"Lord preserve me calm in my spirit, gentle in my commands, and watchful that I speak not unadvisedly with my lips; moderate in my purposes, yielding in my temper, and at the same time steadfast in my principles."

Here's hoping that a great revival along the line of our National papers—the good old Union Signal and the Young Crusader—will now begin. We need them and they need us.

Let every Union and every L. T. L. subscribe for three or more copies of their own paper and "you will be surprised at the result."

The editor is going to Milwaukee to National W. C. T. U. convention. This has been the ambition of the editor for many years, but home is always hard to leave and excuses for staying with nearest duties are easy to find. But to go as a delegate to the National convention is an honor which we want you all to share.

"Is your local union in a flourishing condition? If so, did you help make it so? If not, did you contribute to that condition? Stand before your mirror and put this question to the woman you see there: 'What kind of a union would our union be if every member were just like me?' Would the saloon-keeper be glad to see your union disbanded, white ribbons discarded, the work abandoned? Would God?"—Select-ed.

Thanksgiving—that glad home festival of the home—comes this month. We know each white ribboner will enjoy her own home festival more if she has aided some one less fortunate to have a happy Thanksgiving. The Florence Crittenton Home is occupying a beautiful new building. The members of the W. C. T. U., founders of the work in North Dakota, are thankful that this organization is so well housed. A visit to the large, beautiful bare rooms would inspire each of you to do a little toward furnishing the new hospital. Twelve cribs, beds, blankets, wash rugs, pictures, curtains, dresser covers are among the things which are needed to make this building the home it is meant to be. The storeroom and pantry can use all kinds of meats, fruits and vegetables. A family of nearly thirty grown-ups and twenty-three babies soon make inroads on provisions. Write Miss Lillian M. Topping, Supt., for particulars.

## FROM MRS. BUCK.

Dear Comrades:

We believe that the spirit of consecration and enthusiasm so manifest at our recent convention will go with us thru the year and as a consequence steady, substantial progress will mark its passing. The splendid work done by our department superintendents and the advance along the lines of Young People's and Loyal Temperance Legion work is most encouraging. Mrs. Maud Santelmann, Y. P. B. Secretary, and Miss George Chambers, L. T. L. Secretary, are both in attendance at the National Convention, and from this will go to Evanston to attend a two week's School of Method, held for the benefit of young workers. We believe this will be a great benefit to our state work and we look for some splendid work to be done by our young people during the winter months.

The lines of department work that the

## CASSETON REPORTER

CASSETON, N. D.

Neat Job Work for W. C. T. U. on Short Notice at Moderate Rates and First Class Up-to-Date Style

unions are asked to give special attention this year are Suffrage, Medical Temperance and Essay Contest work.

Cando Union is preparing a debate on the suffrage question, to be held at our Annual Due Social. The pastor of one of the churches and the county superintendent of schools, are to take the affirmative; the editor of a local paper and the wife of a real estate dealer, take the negative. We hope such a debate may be held in every locality, during the fall and winter; there is no better method of bringing this subject before the people. The president of the Cando union is also our new Supt. of Medical Temperance and it is safe to say there will be something doing along that line soon. An effort is being made to secure Mrs. M. M. Allen, National superintendent of this department, for a series of lectures some time during the year.

In the essay contest work the state offers the usual prizes, eight dollars for the best essay written by 7th and 8th grade students; ten dollars for the best essay written by a high school student; and the Mrs. L. B. Chamberlain prize of twenty-five dollars for best essay written by a college student. For any information in regard to this work apply to Mrs. Lillie B. Smith, Thompson, our new Supt. of Sci. Tem. Ins.

In addition to the above a prize of five dollars will be given for the best essay written by a 4th, 5th or 6th grade pupil on the cigaret. This prize is to be known as the Margaret Boyd memorial Prize, the money having been donated to the W. C. T. U. by Mrs. Boyd, sister of Mr. and Mrs. Anderson, and a dear friend of many of our workers, who passed into the Great Beyond over two years ago. Mrs. N. J. Walper of Bismarck has consented to take the department of Anti Narcotics.

The essay contest is one of the very best ways of teaching the children scientific facts in regard to alcohol and tobacco.

Since the close of convention Miss Chambers has organized a new union of 13 active and 2 honorary members with the following officers: Pres, Mrs. Clara Wilson; Vice Pres, Mrs. Nina Alger; Sec'y, Mrs. Lizzie Flath; Treas, Mrs. Rozelin Kale. She also organized a L. T. L. of 90 members with Miss Rosanna Duffy, Co. Supt. of Schools, as Supt. Many others are willing to join if a room large enough to accommodate their meetings can be secured. She visited the new union at Des Lacs and also held meetings at Burlington.

Miss Boe, who was employed by 11th and 12th districts, to do L. T. L. and Medal Contest work, is at present working along the N. P. line from Fargo to Jamestown. We believe that if anyone can make a success of this work Miss Boe can. If the plan does prove satisfactory we hope it may be taken up in every district, and the problem of L. T. L. leaders will be solved.

The State Reports will be out early in November and may be ordered of Mrs. Heidel of Valley City, at 15 cents per copy. These reports should be in the hands of the officers of every local union. We would like to have each district order enough so that they could supply the president, treasurer and corresponding secretary of each union and also the district superintendents of departments.

Devils Lake union has sent a cordial invitation for us to bring the 1912 state convention to that city. We wish to express our appreciation of their invitation and feel sure that the general officers, to whom the matter was referred, will gladly accept it.

Jamestown union raised enough money, through their note books, to pay all convention expenses and send Mrs. F. W. Wanner, their able and energetic president, to the National convention. Mrs. Anderson, Mrs. R. M. Pollock, Mrs. Boise of Bismarck, and Mrs. Wickard of Church Ferry, are also in attendance. These with our state secretaries for a splendid delegation. We are glad to have North Dakota so well represented.

Through co-operation our strength is doubled. May we have a year of thorough co-operation between local, district and state workers. Let us keep in close touch with each other. Your acting president stands ready to do all in her power to help the work along in any part of the state. Write us your problems, if we cannot solve them we can at least sympathize with you.

Yours faithfully,

NECIA E. BUCK.

## FROM MRS. WYLIE.

Dear Comrades:

At our National Convention, now in session in Milwaukee, the following from our state expected to attend: Our president, Mrs. Anderson; our editor, Mrs. R. M. Pollock; our L. T. L. Sec., Miss Chambers; our Y. P. B. Sec., Mrs. Santelmann; also, as elected delegates, Mrs. F. M. Wanner, Mrs. W. E. Boise, Mrs. Geo. E. Miller, Mrs. M. D. Wickhard, Mrs. C. G. Black. We are very proud of our delegation and feel that North Dakota will be well represented.

Mrs. Santelmann and Miss Chambers will remain at Evanston for ten days, following the close of Convention, Nov. 3-13, to attend the School of Methods for Y. P. B. and L. T. L. workers, for which an excellent program has been prepared.

Miss Nellie M. Osmon comes to us from Pennsylvania and was engaged, at our last Convention, to work on the Indian Reservations. While waiting to enter Ft. Totten she is doing some work among white people, and has organized a union at Fessenden, of which Mrs. Esther Kershaw is president and Mrs. Alice Jones, secretary. She has also re-organized the union at Drake. For the present Miss Osmon makes her home at Deering, where she has work under the Congregational church.

Miss Rhena E. G. Mosher, National Field Sec. for the Young People's Branch, was with us Oct. 1-25, and her work was most acceptable everywhere. At Wahpeton she re-organized the Y. P. B. in the Indian School, with 46 members. Miss Lillian Cavlier is in charge. The meeting was an opportune one. There was present a government official in charge of the Indian Schools of the country, who became much interested in Miss Mosher's address and promised that a Temperance Day should be held in all Indian Schools, the W. C. T. U. being asked to arrange the program, to be sent out, with a letter, at the expense of the Indian department.

Fairmount, Hankinson, Wymdmore, Fingal and Valley City were visited and the workers encouraged. At Jamestown Miss Mosher occupied the pulpit of the Congregational church, morning and evening. The following day she visited Jamestown College where she organized a Y. P. B. of 26 girls and 8 boys, which has since doubled in membership. The Pres. is C. P. Geake, the Cor. Sec. Miss Anna Buck, the Rec. Sec. Miss Anna Wanner and the treasurer Mr. Frazier.

At Carrington and Leeds interesting meetings were held. At Antler the Y. P. B. was reorganized with Miss Margaret Murray as president. At Bottineau, Tower, Bantry and Churchs Ferry addresses were also given. At Cando was a very responsive audience, Mr. Roy Dunbar presiding. Some new members were gained. At Park River much interest was shown. Its Y. P. B. continues to flourish, having an average attendance of about thirty at regular meetings. Of Miss Mosher's work at Fargo, Mayville and Grand Forks no report has as yet reached me.

In response to the protest sent by the State W. C. T. U. President, Taft regarding the position taken by Secretary Wilson at the Brewers' Congress, the same evasive reply was received as from the secretary himself. Those in authority who have thus openly disregarded the Christian sentiment of the country shall learn that the end is not yet. May not this revelation of the relation existing between the United States government and the liquor traffic be the means of hastening the coming of constitutional prohibition?

In our annual report we gave Fargo union credit for most literature distributed, they having reported 30,059 pages. Since then it has been brought to our notice that Mrs. Alice May Goheen, of Sherwood, distributed 33,713 pages, certainly the most for any individual during the year.

Since we met in Convention our dear Mrs. Buck has been sadly bereaved in the home going of her beloved brother, Mr. Thos. Haig, who has been a patient sufferer for many long months. In this sorrow we know that Mrs. Buck is upheld by the consolations of Divine Grace and also by the love and sympathy of her white ribbon comrades.

Yours, in loving service,

BARBARA H. WYLIE.

Drayton, N. D., Oct. 30, 1911.

# ANNUAL REPORTS

## EVANGELISTIC AND UNFERMENTED WINE.

Of the 21 unions reporting, 11 have superintendents, 11 have sought to secure religious and moral teaching in schools, and 14 articles on this subject have been published in local papers. There have been 11 meetings of an evangelistic nature held in homes, 25 Gospel Temperance meetings held in churches, and 26 Bible Readings. 5600 pages of literature were distributed and 35 personal visits made, and 52 evangelistic services held in Fargo jail. 49 of the 88 churches reported use of unfermented wine at Sacrament. Of the personal visits made Fargo Scandinavian union deserves honorable mention, having made 16 visits to County jail.

Although reporting is not the most important part of the work, we urge unions to be explicit in making reports. Two unions report bible readings at each meeting, one reports several visits made, a great many pages literature distributed, etc. We are glad to know the work is being done but only figures can be counted in our annual report, but the work will be counted "up yonder."

"When the Angel reads from the book of life  
Our deeds for the grand review."

Your superintendent has written 24 letters, distributed 1500 pages of literature and secured an issue of the White Ribbon Bulletin in the interest of this department, and through its columns sent her message and plan of work to the White Ribbons throughout the state. Amount of money expended \$1.50.

Of the 115 unions in the state but 21 have reported. Some of these report little or no work done. Does it occur to you to question "Is it possible that the sacred fire kindled in the Crusade is burning as low on our altars as this indicates? If so, how shall we in co-operation with Christ create in our local unions the spiritual atmosphere that will draw out our members?"

A year ago the treasurer's report showed we had 2289 members. Since then several new unions have been organized. If each of them were radiating out the light God has given them the membership could not be kept at home.

Dear comrades, let us ever remember the Woman's Christian Temperance Union does not exist for the sake of the organization itself, but for the sake of bringing the world to Christ. May God grant that our association, so blessed in years gone by, may sound forth the note of evangelization stronger and clearer than ever during the coming year, and may we go forth from this convention with a purpose and a consecration we never knew before.

Respectfully submitted,  
E. C. WIDDIFIELD,  
Superintendent.

## SOCIAL MEETINGS AND RED LETTER DAYS.

Reports have been received from 32 unions. Number of Social Meetings held, 103. Number of Red Letter Days observed, 52. Unions observing Frances Willard Memorial Day, 21. Money raised for Memorial Fund, \$52.40; total money raised, \$192.05. Number of members gained at these meetings 20; number of honorary members gained 5. Pages of literature distributed 3790; Union Signals 24.

Towner deserves special mention for literature distributed, 1500 pages, and Bay Center second with 1040; Lisbon because it has held 23 social meetings and observed 14 Red Letter days, as well as for raising the largest amount of money, \$61.80. Fargo Scandinavian union has held 15 social meetings. Fairmount has raised \$50.00.

We have distributed 4743 pages of literature and written 5 personal letters. Money expended for literature and postage \$2.73; money received from Enderlin for literature 30c.

I am glad that different unions, many of them newly organized, have written to me for literature, which shows they are interested and wide awake to the work. I hope many more will send their reports in next year as we fell a little short of last year's report.

We surely must try to advance and progress. I am glad this department is of a social nature. May we even show our "sociability" by reporting good and what we do each year.

Yours in the service,  
LAURA NELSON FLUMMER,  
Superintendent.

## LEGISLATIVE WORK.

The Twelfth Legislative assembly will be a memorable one in the annals of our state. Not since the famous Louisiana lottery fight has there been such a high excitement as during the Cowan impeachment proceedings.

The people scored a victory in compelling the house of representatives, after it had decided not to impeach, to open up the case again and hear the testimony which had been given to the committee behind closed doors. The evidence was so overwhelming that the resolution of impeachment was carried by a large majority. The senate, however, "stood pat," and brought in a clean bill of health for the judge.

The hardest battles of the session were over bills regulating the sale of liquor by druggists. Six measures of this kind were introduced. S. B. No. 103 (the McArthur bill of two years ago) providing for the doctors' prescription plan, was defeated after a hard fight in the senate. An even more pernicious measure, S. B. No. 306, known as the Casbel bill, which ostensibly was for the purpose of giving druggists who held no permits the right to fill doctors' prescriptions, but which in reality let down the bars for a wholesale business, passed both houses. Only the veto of the governor saved this law from being written on our statute books and the state from being flooded with drug store saloons. All honor to Governor Barkel.

We rejoice that a number of important measures in which we were interested were enacted into law.

A notable victory for morality was the passage of a bill prohibiting bawdy houses and declaring them to be common nuisances. A bill was passed prohibiting the introduction of liquors or habit forming drugs in any of the penal or charitable institutions of the state. Drinking on trains was prohibited by a law which has since proved to be very effective. A law was passed prohibiting the dispensing or giving away of liquor at public sales. The law defining intoxicating liquors was amended and made stronger than ever before. A law was passed prohibiting the use of screens, curtains or other obstructions across the windows of pool halls. A law was passed prohibiting Sunday theaters or shows. This law has been before the supreme court and its constitutionality sustained.

The juvenile court law, introduced by Senator Duis, is a measure of great importance and we already begin to see some of its beneficent results. Splendid sanitary laws were passed providing that school houses and railway cars shall be thoroughly disinfected every thirty days.

A law ostensibly prohibiting the sale of snuff was passed. The only result thus far seems to be the increased advertising of the vile stuff. The number of boys and young men who are acquiring the habit is increasing at an appalling rate. This habit is even more difficult to break than the cigarette habit. A member of the legislature told me that he tried a bit of one of the samples of snuff with which the American Tobacco trust has flooded the state, and that he felt the effect of it for three days. I was informed by good authority that one distributing house in Fargo sold last year \$40,000 worth of snuff for use in North Dakota alone. Every effort should be made in the next legislature to secure the passage of a strong law prohibiting the sale of snuff.

A bill prohibiting the manufacture and sale of cigarettes was introduced in the house. This was the Minnesota law, except that it left out the most important part, viz: cigarette papers and wrappers. Two thirds of the session had passed before the committee on public health, to which the bill had been referred, could be induced to amend it so as to make it effective. It passed the house with a good vote, but in the senate met the fate that has been meted out to every bill prohibiting the manufacture and sale of cigarettes that has ever been before a North Dakota legislature. The American Tobacco trust has had sufficient influence in our legislature to defeat any and every measure seriously affecting the sale of its products. Before effective snuff and anti cigarette laws can ever be passed, the people must arouse themselves and make known their wishes to their representatives in a way that cannot be mistaken.

Bills prohibiting public drinking cups were introduced in both houses, and each one passed in the house in which it was introduced, but was defeated in the other house on account of petty jealousy. Such child's play in a wo-

man's organization would be laughed at from one end of the country to the other, and used as a conclusive argument that women were not competent to make laws or even to vote.

While the equal suffrage bills were defeated, we believe the campaign was a valuable one in an educational way. More literature was circulated and the question more generally discussed than ever before. The educational work should be pressed with vigor in every possible way, by suffrage contests and debates, prize essays in schools and colleges, articles in the press and the personal hand to hand work which is done in the enrollment plan. Before the next legislature convenes we should have every man and woman in the state who favors equal suffrage, enrolled. Send to the State Supt. of Franchise (Miss Candis Nelson, Valley City) for enrollment blanks and see that this important work is systematically and thoroughly done.

Four initiative and referendum concurrent resolutions were introduced and all were passed. Thus the responsibility of deciding which of these amendments shall be passed on to the people for their adoption or rejection, is given to the next legislative session.

The W. C. T. U. has not receded from the position taken on the Ueland resolution several years ago. We still believe in it as a dangerous experiment for us in this state. We have written in our constitution and upon our statute books a strong prohibition law which has brought great blessings to our state. We do not believe that any law or laws which may be secured through the initiative and referendum can bring to our state such great prosperity, so high a degree of morality, or to our homes and children such safety and happiness as has the prohibition law. The dishonest, unscrupulous and reprehensible methods of the liquor traffic make the outcome of a fight with it doubtful, no matter what the sentiment of the people may be.

Apart from consideration of the prohibition law we believe it is unwise to make the constitution as easily to be changed as is statutory law. We believe that in fundamental law the people should be protected from their own hasty judgment and from waves of popular feeling, and given time for the sober second thought.

If the initiative and referendum as applied to statutory law passes, the enemies of the prohibition will make this a powerful weapon with which to harass the temperance people. Efforts will be made to strike out the imprisonment part of the penalty, to make it easier for the drug stores to sell liquor, and in any and every way to weaken the law, and we shall have the question in some form to meet at every election. So we must not deceive ourselves with the idea that prohibition is safe if the initiative and referendum applying only to statutory law is passed.

We recommend that our unions give this matter careful study, and begin in every community an educational campaign that voters may see the dangers to our prohibition law.

I wish to express my grateful appreciation of the promptness with which the unions responded to every request made of them for telegrams, letters and petitions. Our thanks are also due to Mrs. Mazie Stevens who was at the capitol with me most of the time and rendered most efficient help.

ELIZABETH PRESTON ANDERSON.

## PENAL AND REFORMATORY.

Towner, N. D., Sept. 1, 1911.

To the Members of the 22nd Convention of the W. C. T. U. of North Dakota, Greeting:

My Sisters:

Once more I offer you my annual report as Supt. of Penal and Reformatory work, humbly, because I have so little to show, and there is so much work awaiting opportunity, but gratefully, because our Heavenly Father is surely blessing our efforts, and there are many signs of awakening and uplift.

The best thing that reaches my table for my work is the circular letter of Mrs. S'erret of Nebraska, our Nat'l Supt. of my branch. I used to enjoy Mrs. Barney's, from Rhode Island, but this woman's work inspires me. Yet I think the difference is in me—I have grown to understand my work more and more. "If ye do, ye shall know."

I have not sent out any circular letter this year. I regret this, but I could not use my good right hand for six months. The Bulletin gave me space for a circu-

lar letter and has also given several encouraging notices.

Several of the state papers have printed articles for my department—Evening Times, Forum, Minot Reporter, and Towner Tribune.

I have written 410 letters and 280 cards for my work, and have distributed 23,481 pages of literature. I have visited 4 county jails, 5 city lockups, and twice I have visited the state penitentiary and interviewed each of the McHenry county men, also the 2 women there—one the last time. I have visited our local county goal every Sunday but 3, and I have 3 Sunday classes there.

I have corresponded with all of our county men sent up, and with many of their families. I have taken every speaker that has visited Towner up to the county goal to speak, and the Lord has blessed their efforts.

Sixteen unions reported and oh, how glad they made me.

Literature—Rolla, 300; Fargo Skand., 1500; Fargo U., 12,330; State, 20,491. Total 34,811.

Superintendents—Half report none, but all but 3 report work done.

No Goal—A number report this. But have you no need for Juvenile Law?

Women—Several report no women prisoners, ever, so we rejoice.

Forman reports separate place for women, so does Fargo, Grand Forks, Minot and Towner.

Police Matrons—Grand Forks and Towner.

Religious services are reported by Minot, Rolla, Grand Forks, Fargo and Towner, the two last every Sunday.

Here let me pay tribute to the work of Mrs. Kelley, many stars in her crown.

I rejoice to see sisters wearing the white ribbon and hailing from Bismarck. So we shall hope for a rising tide of effort in meeting prisoners at the gate, and helping them to get back into the World of Work. I should be glad and thankful to know of a Bismarck sister to whom I could write when our McHenry county men come out; who would meet them, shake hands with them, see they had a meal and a place to lay their heads and help them to find work; help them when discharged so that they do not disappear into the unknown. If the Bismarck sisters will uphold the hands of Rev. Newcomb this will be done, and oh, how you will learn the good word of the Master "Inasmuch as ye did it unto the least of these, ye did it unto me."

## TREASURER'S REPORT

From October 11, 1910, to Sept. 11, 1911.

### Receipts.

From former treasurer	\$ 994 29
From "W" dues	1223 25
From Y. P. B. dues	52 22
From L. T. L. dues	18 20
From pledges to state work	543 10
From pledges to other funds	621 04
From interest on loans and deposits	91 75
From other sources	264 19
Funds loaned and on deposit	1355 00
<b>Total</b>	<b>\$5163 04</b>

### Disbursements.

For payment of orders	\$3223 23
On deposit bearing 5 per cent. int.	162 75
Loaned from Headquarters fund	183 00
Loaned from Literature fund	500 00
Loaned from Sinking fund	517 00
Cash in bank	577 06
<b>Total</b>	<b>\$5163 04</b>

From the time of closing my books on September 11, to October 1, I received dues and other moneys from the following unions:

Churches Ferry	\$12.50	Carrington	\$10.00
Tower City	4.29	Bowden	5.00
Pleasant Lake	.80	Macbass	5.00
Cooperstown	20.00	Oakes	7.00
Hamilton	4.90	Hope	2.10
Janestown	1.00	Maza	4.90
Hunter	32.00	Dela	5.90
<b>Roth</b>	<b>\$7.70</b>		

To the Unions: I thank you for your ready responses helping me to make new mailing list for the Bulletin. If there are mistakes and omissions, write me about them soon. Let every treasurer who sends in dues be sure to send the names of women who pay, so I can mark them paid, so at the end of the year our books will tally. I hope each made a copy of the list he sent to me so that the names and initials will always be the same. The Annual Reports are now ready. The unions should write me for them, 15 cents apiece.

Your treasurer,  
Mrs. F. W. HELDL.

**FROM MRS. CONNOR.**

**DEAR CO-WORKERS:**  
A word to the local unions relative to the annual report. At this writing the proof has been returned to printers and according to agreement the work must be completed by November third. Please send in your orders at once and read convention proceedings while it is still fresh. There are many good things in the report. Read in union circles, Mrs. Buck's address, World-wide Outlook, The Situation at Home, Prohibition versus License, etc. These topics are fine for study. For activities in the state read, Mrs. Wylie's report and study condition. It will show to you where prohibition sentiment is strong and where it is indifferent. The department reports are of value as study for local unions. I regret that all do not appear. Several reached me too late. All copy was in the printer's hands by October 2nd. To have inserted them later would have caused long vexatious delays and extra expense. If members wish to know about "Initiative and Referendum" from a W. C. T. U. standpoint, and you surely do, study Mrs. Anderson's department report on legislation. Learn how you may educate the people around you through our temperance literature. See Miss Halcrow's report. Read the beautiful poem closing the memorial hour. I have only mentioned a few of the good things to be had for 15c. The number of reports ordered this year is less than in previous years, so send in your orders early.

FLORENCE B. CONNOR.

Unions will please order at ONCE as many minutes as they can afford, from Mrs. F. W. Heidel, Treas., at Valley City.—Ed.

**FOURTEENTH DISTRICT.**

The 14th district is busy—the east side is evidently too busy to report to their press superintendent. They have no doubt sent their report to the Bulletin, of the W. C. T. U. work at their county fair.

Bowen union is trying to do things. One member, Mrs. O. W. Noyes, attended the state convention and came back full of good things learned. She declares she will never miss another convention if she has to take in washing to go. She gave her report at a school house meeting, Sunday, Oct. 15. It was good and long and much appreciated.

Bowen got three new member before state convention, thus keeping their number 12. They always aim to have bait out.

Stirum also sent a delegate to Jamestown convention, Mrs. C. G. Black. She was there elected delegate to the National convention. They had an "Echo" meeting at the home of Mrs. Will Cole. Cogswell has a new leader, Mrs. Roberts.

Elliand held a reception for their new members; rain prevented a good attendance. They had Mrs. Senna H. Wallace lecture there and liked her very much. She had a good audience including many male citizens.

Mrs. Mary Herring Hudson is helping us all with her pen and her writings reach a great number of readers. She recommends the Wood, Allen and Chapman books.

The little new union of Dunbar held an ice cream social in August and thus paid their two dollar pledge to the district. They are planning a silver medal contest.

Foran union loses two families of temperance workers by the removal of both their Congregational and M. E. pastors in October. Many were the temperance sermons preached and addresses made at meetings by Rev. Andrew Erickson, during four years stay. Mrs. Erickson's work and speaking as Supt. of Purity has been of great value. She was also secretary and treasurer for two years. Bernesville, Minn., will gain splendid workers in the Rev. H. R. Strong, also an "honorary," secured Mr. Arnold of the Enforcement League for a lecture and also Rev. J. W. Mahan of Cogswell for another, and strived earnestly for law enforcement. Mrs. Strong was elected vice president of the union this year, and her evangelistic and flower work will rank among the "well done's." They have moved to Indiana. These two families will be greatly missed, but W. C. T. U. workers and the prohibition message with them into the more arrogant ranks of the enemy in other states with good effect. The "Temperance Column" is an every week feature of the Foreman News.

At the Sargent County Teachers' In-

stitute the subjects of Physical Culture, Temperance Instruction and General Purity, Care of Out-buildings, etc., were well spoken upon by Prof. Hollis and Mrs. Porter of the Valley City Normal, and by Prof. McDonald, State Inspector of Rural Schools. This county has an extra good superintendent of schools, which is an aid to such state workers. If other counties have such, why don't you unions ask their help or tell about them?—District Press Supt.

**STATE L. T. L.**

Number of old L. T. L.'s are as follows: Leal, president Mrs. E. Wilson; number of members 23; Young Crusaders subscribed 4.

Calvin, president Mrs. D. J. Porter; number of members 40; Young Crusaders subscribed 6.

Drayton, president Mrs. Wylie; number of members 45; Young Crusaders 2. Fargo, president Mrs. Chas. Shover; number of members 51; Young Crusaders subscribed 5.

Fargo Scandinavian; 45 members. Antler, president Mrs. Elise; number of members not reported.

Cando, president Misses Esther McFarland and Estella Dunbar; number of members 40.

Heaton, president Mrs. Nellie Barber; number of members 28.

Sherwood, name of president not given; number of members 4.

Hesper, president Mrs. Minnie Hyke, address at Esmond; number of members not reported this year but was the banner L. T. L. last year having 60 members.

New L. T. L.'s organized by Miss George Chambers as follows: Towner, president Mrs. Jean McNaughton Stevens, June 17; Junior (all boys) 6 members. Senior (all girls), president Miss Cora Beam, June 19; number of members 8.

Mohall, June 24, president Miss Lila McKee; number of members 8. Granville, June 27, president Miss Grechen Leppert; number members 10.

Upham, July 2, president Miss Stella Ebersole; number of members 11.

Bisbee, August 1, president Mrs. Nora Leonard; number of members 12.

Omeme, August 7, president Jessie Compton; number of members 11.

Maxbass, August 23, president Mrs. Evanson; school L. T. L. of 5 members.

Hunter, organizer not reported, but recently organized, president Miss Nebal; number of members 60; Young Crusaders subscribed 8, hope to have 50 soon.

New L. T. L.'s organized by Mrs. M. A. Garry, president 2d District, as follows: Flora, president Mrs. D. W. Jennings; number of members 27.

Sheyenne, president Miss M. Parsons; number of members 25.

Brinsmade, president Miss Engblom; number of members 20.

Carrington, president Mrs. Anna Gumberg; number of members 28.

Organized by Miss Effie Holbrook, L. T. L. Supt.; Pleasant Lake, president Lenora Gittins; number of members 9; Young Crusaders subscribed 1.

Supt. of L. T. L. distributed 500 pages of literature. Received \$5.00 for postage, etc.

Have written 180 letters at 2c each \$3.60  
Bought 25 postals . . . . . 25  
Bought 25 song leaflets . . . . . 25  
Bought white ribbon for L. T. L. . . . . 25  
Bought cords for ribbon . . . . . 20  
Parcels of literature sent . . . . . 31

Total spent . . . . . \$4.86  
On hand Sept. 25 . . . . . 14  
Miss EFFIE HOLBROOK,  
State Superintendent.

**SUNDAY SCHOOL WORK.**

Number of unions reporting . . . . . 26  
Total membership of Sunday Schools . . . . . 4334  
No. who have signed the pledge . . . . . 1072  
No. pledged members in Sunday School . . . . . 736  
Number of Sunday Schools having Pledge Roll or Roll of Honor . . . . . 9  
Pages of temperance literature used . . . . . 753  
Number temperance books placed in Sunday schools . . . . . 12  
Number of temperance addresses . . . . . 46  
Number of churches that observed World's Temperance Sunday . . . . . 25  
Number rallies or public meetings . . . . . 18  
Amount of money spent in dept. \$30.10  
Personal work done, circulars . . . . . 135  
Pages of literature distributed . . . . . 2100  
Amount of money received . . . . . \$5.00  
Amount of money expended . . . . . \$5.95  
Respectfully submitted,  
Mrs. EDNA F. SALMONS.

**FROM MISS CHAMBERS.**

Owing to the illness of the State L. T. L. secretary of last year her report was not ready in time for publication in the state minutes, but the Loyal Temperance Legions of North Dakota have not been neglected. They are becoming a power with which old King Alcohol and Prince Nicotine must deal in the future. It gives one new strength and courage to wage this peaceful warfare for God and Home and Native Land to look into their pure faces and to hear them cry, "Tremble, King Alcohol, we shall grow up!"

(Here consult Miss Effie Holbrook's figures, given in full elsewhere.)  
The National motto for the L. T. L. is "We'll Take the World for Temperance Some Glad Day." Watchword, "We're Coming to the Rescue." Command, "On, Ever On!" Aim—Our L. T. L. Symphony:

With constant reverence for the body, to cultivate its faculties, increase its vitality and purify its appetites; to live simply, think deeply and act sincerely, to keep close to the bosom of nature, to study repose and quiet, and speak composedly, to preserve affection and sympathy, encourage mercy and charity, to be humble and gentle, yet forceful and energetic, to find joy and content in small things, to constantly increase the breadth of our mental and spiritual union, to be just and kind, and full of large-hearted love for our fellow-creatures, and full of zeal to make this a better world to live in—in short, to let our natures expand like a flower to their fullness of beauty by keeping ever in the sunlight of Christ's glorious example. Shall this be our Symphony?—J. George Frederick.

The Legion has a carefully prepared course of study consisting of twelve Temperance Manuals graded and divided into three volumes of four numbers containing twelve lessons each. The Legion teaches the harmful effect of alcohol on the body, mind and morals. It aims at clean speech, hearty cleanliness and character building. It aims to awaken an interest in all things pure and noble, and to incite a love for right. It seeks to insure a future generation for whom the saloon shall have no temptation, by implanting in every child's heart an interest and understanding of the temperance cause, so that the saloon shall not only go, but our land remain forever free from its blighting influence, which we believe can only be done by educating the men and women of the morrow—the children of today.

It is the aim of your new secretary to give talks from the Year-Book and other Manuals from time to time through the Bulletin. Dear little Legioners, will you not keep in touch with me? Kindly write and tell me in what line of work you have been most successful, and what are your plans for the coming year.

Already this year a new Legion has been born and ninety little tots joined our army. It lives at Stanley, Mountain Co., Fifth District.

Your new L. T. L. Sec'y,  
MISS GEORGE M. CHAMBERS.

**WOMEN'S SUFFRAGE.**

With our annual meeting over I suppose each union is organizing the work for the coming year. There are so many things to think of and plan for in the schedule and all so important. The fight against the drink evil; the work for our fallen, in penal and reformatory institutions; the prevention work, keeping our young people pure in body and soul; clothes and food to furnish to the worthy poor; social work; and, not least by any means, the legal work. As the women plan their work for the year, they should plan one or more meetings where the cause of Women's Suffrage would be advocated and taught. If the union could at this meeting not only discuss and study the question but plan for an evening's entertainment, with a program that would furnish rational information to the public, it would be very commendable. The keynote of our year's work in the suffrage movement should be "greater publicity." Our cause it is just and win it we must, and we can do it only by educating the people.

Our sister states are busy with telling results. Parties in some of the states are pledging themselves to submit women's suffrage amendments to the popular vote. In Iowa an effort is being made to compel all legislative candidates, regardless of party affiliations, to pledge themselves for women's suffrage before the June primaries. It is said

all candidates will have to be artful dodgers to escape the vigilance committee of the State Women's Suffrage Association, between now and next June, if they would get into the primaries uncommitted to a suffrage legislation. Would it not be wise for the women of North Dakota to know the character of the men who are to legislate, interpret and execute the laws of the state? If these men do not believe in the republican idea of majority rule, the public should know it.

CANDIS NELSON,  
State Supt. Suffrage Dept. W. C. T. U.

**STARTLING INNOVATION AT STANFORD U. DENOUNCED.**

"Woman students of Leland Stanford University are given full charge of their own discipline. A movement has been started among the men students for the privileges granted to the women."—News Item.

We view with alarm the spread of this masculine heresy. Unless promptly checked, it will destroy the institution and work incalculable harm to the men themselves. Our friendship for men is too strong for us willingly to see them dragged into the mire of self-government. The majority of our finest, tight-minded, football-loving males do not want this additional burden thrust upon them because a few irresponsible agitators of their sex are demanding what they ridiculously term "their rights."

Let us not be misunderstood. In his sphere, we reverence the male student, but when he attempts to follow the girls into realms of government we lose our respect for him. Not only is he constitutionally unfitted to govern himself, but he does not need to mix with the indiscriminate mob of women to get redress of any grievance he has. By influencing his wife, mother, sister and sweetheart, he can be a tremendous force for good. But he should seek no direct participation in affairs. The thought is repugnant to our finer ideals and subversive of all our most cherished flapdoodle.—St. Paul Daily News.

OFFICE HOURS:— Graduate University  
Morning, 9 to 12; of Pennsylvania.  
Afternoon, 1:30 to 5:30.



Phones: Suite 404 deLendrecie Bldg. FARGO, N. DAK.

DR. ELLA HULL,

OSTEOPATHIC PHYSICIAN,

200 Broadway. Fargo, N. D.

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