

WHITE RIBBON BULLETIN

"NOT WILLING THAT ANY SHOULD PERISH."

VOL. 15. NO. 11.

FARGO, N. D., DECEMBER, 1911.

Monthly—25 Cts. a Year.

JUST FOR TODAY.

Lord, for tomorrow and its needs,
I do not pray;
Keep me, my God, from stain of sin,
Just for today;
Let me no wrong or idle word
Unthinking say;
Set Thou a seal upon my lips,
Just for today.

Let me both diligently work,
And duly pray;
Let me be kind in word and deed,
Just for today;
Let me in season, Lord, be brave,
In season, say;
Let me be faithful to Thy grace,
Just for today.

In pain and sorrow's cleansing fires,
Brief be my stay;
Oh, bid me if today I die,
Come home today;
So, for tomorrow and its needs,
I do not pray,
But keep me, guide me, love me, Lord:
Just for today.

—Selected.

THE AIMS AND METHODS OF SCIENTIFIC TEMPERANCE INSTRUCTION.

(Georgie Mae Chambers.)

Three years ago in June a dear, sweet faced, white haired woman stopped at the printing office door in Church's Ferry, N. D. I had gone in and out of that door for four years in my daily vocation as typist in my father's office, but that day was a memorable one in my life; it brought to me Harriett Darling Hall, and her words have never been forgotten, "I need you; I want you."

Seeing on her breast the pure, white knot that links hearts in an endless chain of love, I knew her mission and followed. The next day she pinned on me:

"Only a knot of white ribbon, a tiny bow of white,
But it stands for God and heaven and everything that's right,
It stands for home and country, and all that's good and true
And they who gladly wear it, the Master's work will do;

It rests on hearts, determined, whatever comes or goes,
To purify our nation and fight our deadly foes;
It urges on to victory, knows not the word "defeat,"
Entreating those who wear it, their God in prayer to meet.

We prize thee, knot of ribbon, we love thee, bow of white,
That stands for home and country and everything that's right."
That explains my presence here today.

In traveling over our beloved state I have had to ask myself the question, "Where are the young men and the young women?" and the answer came back, "Chasing butterflies." They are running after pleasure, they are drifting with the tide; but I find the old prophecy still true, each place has a remnant.

The butterfly maidens are upholding the drinking and cigaret youths by keeping their company. In some instances I found that the young women were joining the young men in the social glass, and there was more than one mother's heart that was broken and bleeding.

What are the signs of deterioration?

"When you are satisfied with mediocrity.
When commonness doesn't trouble you.

When you do not feel troubled by a poor's day work, or when a slighted job does not haunt you as it once did.

When you are satisfied to do a thing "just for now," expecting to do it better later.

When you can work untroubled in the midst of confused, systemless surroundings which you might remedy.

When your ambition begins to cool, and you no longer demand the same standard of excellence that you once did.

When you do not make a confidante of your mother, as you once did, or are ill at ease with her.

When you begin to think your father is an old fogy.

When you begin to associate with people you would not think of taking to your home, and whom you would not want the members of your family to know that you knew."

Why this deterioration? Why this butterfly life? The causes are many,



MISS GEORGIE M. CHAMBERS

but the greatest is the lack of training—lack of instruction at home and in school. "Let us cherish our public schools as the looms and our teachers as the weavers who weave the wondrous destiny for the nations." Consequently we say, "Give us Christian teachers!"

The philosopher said: "Man, know thyself." Yet, what we know the least about is our own body. We must have a healthy body in order to have a healthy mind. That is the main reason why the department of Scientific Temperance Instruction is the most important in the catalog of the Woman's Christian Temperance Union: the success of all the others hangs upon this one. Only through the children can the stain of the liquor curse and the tobacco habit ever be wiped off the flag of any nation, and, we believe that education is the only key to the eradication of these vices.

North Dakota has the best physical education law of any state in the union. The schools must have daily drills along this line; this helps the boys and girls to physical health, and, "he who has health has hope, and he who has hope has everything."

Daniel Webster was right when he

said: "If we work upon marble, it will perish. If we work upon brass, time will efface it. If we rear temples, they will crumble into dust, but if we work upon immortal souls, if we imbue them with principles, with the just fear of God and love of fellow men, we engrave on those tablets something which will brighten all eternity."

A man ought to be stronger than anything that can happen to him. He is the strong man who can say no. He is the wise man, who, for all his life, can keep mind and soul and body clean. We see in every child the possibility of a perfect man or a perfect woman; consequently we are training the children, and they come and learn eagerly. We are also working with the young people, when they will let us, and with the parents at every opportunity. We cannot often see results, but "precept must be upon precept, line upon line, here a little and there a little," and "while the world may sound no trumpets, ring no bells, the book of life the shining record tells."

State and national laws make it compulsory that certain demonstrated scientific facts concerning stimulants and narcotics shall be taught in the public schools, and definite teaching along this line is given in all the public schools of this state. At our teachers' institutes and summer schools instruction in this subject is also given.

In all our higher educational institutions, courses in physiology and hygiene are offered and I believe special reference is made to the effects of alcohol and narcotics. This subject is required of all applicants for all grades of certificates in this state.

Through the instruction in the school the children are gained for the pledge signing in the Sunday schools. For instance: In a Sunday school suburban to New York city out of 12 pupils 100 signed the pledge. Surprised comments were heard and one father said: "Oh, it's not surprising. You know they are obliged to learn all about alcohol in school. Why, my Willie knows more about it than most grown people. Nothing would induce him to drink anything with alcohol in it."

Yes, the children in the schools are learning about their bodies and how they live. They are learning the effects of alcohol and narcotics upon their bodies; they are seeing alcohol in its true light, as a poison, and self reverence, self knowledge, self control, these three will lead their lives to sovereign power. There are 22,000,000 Willies and Marys coming up in this country under Scientific Temperance Instruction and they are saying, "Tremble, King Alcohol! We shall grow up!"

Some touch of all that these boys and girls have seen and done will chasten each forehead and hallow each face. They are the nation's hope, and in that glad tomorrow we shall not have to ask, "Where are the young men, and the young women," because their dominant presence will be felt! their pure light will be seen.

This is the one department that is giving out facts, that is opening the eyes of the blind. We are showing the effects of stimulants and narcotics upon the body by actual demonstrations. They are along the lines of heredity, physical endurance, paralyzing effects upon the different parts of the body, loss of self control, degener-

acy toward the savage state, the criminal tendencies, breeding of disease, moral callousness, deadliness to conscience, inebriety, etc.

How, you ask? By experimenting upon animals. Just to illustrate: Meat is cooked in alcohol to show the effect of it upon the lining of the stomach. Brandy is mixed with the honey upon which the larvae feed and robbery and murder become the trade of the bees. It makes them act just as men do under similar conditions. Into a jar of water is put one drop of alcohol for every thousand drops of water. The innocent looking compound shows no trace of danger and when a little jelly fish is put in, it acts as if it expected to continue to move at its usual swift rate of speed, but almost immediately its vigor oozes away, its strength fails, its movements grow slower and drag. At the end of two minutes it not only ceases to move, but sinks to the bottom of the jar. It is evidently paralyzed. At the end of five minutes it is put into plain tank water again, but even then its power to swim does not return. It is dead.

The children are learning how beer is made; they are finding that beer is made from barley, barley contains starch, beer does not contain starch, barley is healthful, beer is harmful, barley is cheap, beer is costly. They are seeing that beer is not a food as advertised, for a barrel of beer is 91 per cent water, 4 per cent alcohol, 3 per cent waste, drugs and chemicals, and 2 per cent food, while a barrel of flour is 12 per cent water and 88 per cent food.

The physicians are giving them facts, chemists are giving them facts; there are facts to the right of them, and facts to the left of them. They are being shown that even the use of alcohol in small quantities tends to lessen the activity of the brain. They cannot turn to the right nor to the left for the high wall of facts. They must go ahead to total abstinence and life, or turn back to alcohol, narcotics and death. There are no half way measures for them; it is either for or against.

Modern scientists and chemists have examined intoxicating drinks and find that they all contain a fluid called alcohol. That this alcohol is a poison. Every standard medical dispensary and medical dictionary classes alcohol as a poison. Some call it a "narcotic poison," some an "irritant poison," some a "vegetable poison," but most of them agree that it is all three together; a narcotic, irritant, vegetable poison; narcotic in its tendency, irritant in its action, vegetable in its origin. Twelve hundred physicians at a recent congress subscribed to the statement: "Alcohol is a poison; so is strychnine; so is arsenic; so is opium. It ranks with these agents. Health is always in some way or other injured by it."

A school teacher instructed a pupil to purchase a grammar, and received next day, this note from the child's mother:

"I do not desire for Lulu shall engage in grammar, as I prefer her to engage in useful studies and can learn her how to spoke and write properly myself. I have went through two grammars myself and I can't say that they did me no good. I prefer her engage in german and drawing and vocal music on the piano."

(Continued on page 3, column 3.)

WHITE RIBBON BULLETIN

PUBLISHED MONTHLY.

Official Organ North Dakota W. C. T. U.

Mrs. Necla Buck,

EDITOR IN CHIEF.

Mrs. R. M. Pollock,

MANAGING EDITOR.

Subscription price, per annum, 25c
Extra copies, 2 cents each.

OBJECT—To promote the advancement of the W. C. T. U. work of North Dakota in all its departments, and to do all in our power to bring the triumph of Christ's Golden Rule in custom and in law.

STATE MOTTO—I am but one, but I am one; I can not do everything, but I can do something; what I can do, I ought to do, and what I ought to do, by the grace of God I will do.

PLEDGE—I hereby solemnly promise, God help me, to abstain from all alcoholic liquors as a beverage, including wine, beer and cider, and to employ all proper means to discourage the use of and traffic in the same.

All manuscript for publication must be in my hands by the 15th of each month. Send all communications to
Mrs. R. M. POLLOCK,
Fargo, N. Dak.

Entered in the postoffice at Fargo, N. D., as second class matter.

DECEMBER, 1911.

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For everybody. All the Prohibition, Temperance and Reform News every week. Price \$1.00 per year. Sample free. Address The Union Signal, Evanston, Ill.

THE CRUSADER MONTHLY

For Home, Loyal Temperance Legion, Public School and Sunday School. For the child and everyone who teaches a child. Scientific Temperance Instruction helps every month. Price 25 cents a year. Address, The Crusader Monthly, Evanston, Ill.

For Literature and Supplies

ORDER OF

Nat'l Woman's Christian Temp. Union,
Literature Building, Evanston, Ill.
Make money orders payable to National
W. C. T. U., Evanston, Ill.

For Christmas, the Editor of The White Ribbon Bulletin wants a "shower" of postal cards and letters—one from each Union in the state, telling what North Dakota temperance women are doing. As soon as you get this paper write the editor and get that duty off your hands before the Christmas rush. By the way, don't let's have a Christmas rush this year. Let's all do our preparation early, and "avoid the rush."

There seems occasionally to be a doubt as to who are entitled to the "Bulletin." Every paid member of the W. C. T. U. in North Dakota should receive the "Bulletin" regularly. Twenty-five cents of the dollar dues goes directly into the "Bulletin" fund as a subscription to the state paper. If you do not receive your paper send a postal to the editor, Mrs. R. M. Pollock at Fargo. Treasurers in sending dues must always send also the names to the state treasurer, Mrs. F. W. Heidel at Valley City. Let each help and this matter will be remedied.

At the Milwaukee convention North Dakota delegates pledged 500 subscriptions to Crusader Monthly. The Young Crusader is only 25 cents a year. Unions can do no better work than to send it to each teacher in the schools. It should be in the home of every child in North Dakota. When sending in your subscriptions please ask that credit be given Miss Georgie M. Chambers, state L. T. L. secretary.

A PERSONAL MATTER.

My Dear Sisters: Did you notice that dues were paid for 2,000 members in the state this year, while last year we paid for 2,289? We were tracing the decrease of 289 to the financial depression caused by crop failure in some sections, and felt sure that South Dakota and Kansas, for similar reasons, would report a decrease at National convention.

What was our surprise, then, to see South Dakota listed with twenty-five other states who had made a gain of something under 500, while Kansas came forward with a gain of 1,000 new members. When I read this I felt sorry for Mrs. Anderson and our other delegates at Milwaukee, because their state was not represented on Jubilee night. What are we going to do about it? There is a greater reason for recruiting our ranks than that of receiving honor at the National. The whole work will languish unless we advance. We must enlist our women and have them ready for any attack that may be made upon our prohibition law. We must enlist them for service in the home and in the community. It is true most of us are situated so we cannot go out in the field to hunt up new members, but I venture to assert that there is, at least, one woman for each one of us to get. I got mine last week—began asking her last May.

If even half of our membership would secure one each, we would have our 1,000 new members to report at the next convention. Let's begin now. The winter is a good time for such work.

Mrs. J. M. Johnson of Fargo secured twenty-nine new members last year and twenty the year before, and thereby got her railway fare to the state convention each year. The same offer holds for any one securing twenty new members this year. Honorable mention will be made in the "Bulletin" of those securing five or more new members. Send in your names to the editor.

We had, for free distribution at the convention at Jamestown, 100 copies of the splendid new hand book for local unions, prepared by the National. If one did not find its way to your Union please write me about it, or order it direct from the National W. C. T. U. headquarters at Evanston, Ill. It is only 5 cents a copy. Every local officer needs one.

Since I last wrote, Miss Osmun has organized a live Union at Deering of which she is president. She also spent some time on the Turle's mountain reservation, where she addressed the schools and tried to interest the teachers in Scientific Temperance Instruction.

With all good wishes for the holiday season so near at hand, yours for new members,

Barbara H. Wylie.

FROM MRS. BUCK.

DEAR COMRADES:—

As members of the Woman's Christian Temperance Union we have much for which to be thankful at this Thanksgiving time. On the front seat of the water wagon the good old Pine Tree state still proudly rides, and defiantly cracks the prohibition whip over the head of The Trade, plodding along, not so far in the rear as we might wish but somewhat overcome by the dust which the trusty old water wagon raised during the summer campaign; in no uncertain accents we hear her declare that within a decade prohibition shall be placed in the Constitution of the United States. All the other occupants of the wagon and the many who are making every effort to get on, respond with a hearty amen, and the Great Crusade has begun, the watchword of which is EDUCATION. All unwittingly the liquor forces gave this crusade its first great boost, when they brought on the fight for resubmission in Maine, it has proved of inestimable value as a world-wide education along temperance lines. Should the question be reopened by the Governor's call for a special session of the legislature it will simply mean a still more vigorous campaign and more effective efforts along educational lines, thus does that which is intended for evil by the unrighteous result in good to those who put their trust in the God of the righteous.

The eye of faith can see a new order of things in Milwaukee, the brewers stronghold, as a result of our National Convention held there, a little leaven will eventually leaven the whole lump. Reports given at the convention show that all states, except Alabama, have held their own during the past year, while many have made splendid advances. California rejoices over the victory for Franchise, six states have now declared for equal rights. Our cause is indeed marching on. Let us give thanks to Our Heavenly Father for the advance we have made and with renewed courage and a stronger faith wage our battle for right, keeping ever in mind the "stint" set for us by our leaders—National prohibition within a decade.

From our National Legislative Supt. comes a call for immediate action, on a matter in which we are vitally interested. A determined effort is to be put forth to secure an effective Inter-State Commerce law this winter. We are asked to have personal letters, from voting constituents especially, sent to our two senators and representatives in Congress immediately, urging them to use their vote and influence to secure such a law early in the session. Unions and individual members should act quickly in this matter.

The Bulletin will be largely made up this month of reports by our delegates to National Convention. We do not wish to infringe in the least on these reports but feel that we must mention, and with pride, the fact that our president was again reelected National Recording Secretary; evidently the North Dakota W. C. T. U. is not alone in being able to know and appreciate a good thing when they see it. We are also proud of the fact that the National College Essay Prize was won by a North Dakota contestant, Mrs. Margaret Hasketh Anderson, formerly Miss Hasketh of Bottineau, who attended the State University last year and won first prize in the contest held there. Mrs. Anderson now resides at Milwaukee; she and her husband are both to be congratulated, Mrs. Anderson on having won the prize and Mr. Anderson on having won the prize winner. We hope that other colleges in the state will take up the essay contest work and that we may be able to have a state

contest this year.

What sort of a holiday gift are you planning for the general officers this year? When the "bairnies were all at home" each one of us used to pin a paper on the wall several weeks before Christmas and write a list of things we would especially like for Xmas gifts. We had a great deal of fun out of it and some benefit, it gave each of us some idea of what would please the others, and kept us all guessing as to the outcome, sometimes our list were fairly well filled and again Santa Claus saw fit to completely ignore it. Now I am going to make out a list of what would please us all, true it will take you a year to fill it, but the gifts that last all the year long are the most enjoyed. A new member from every member; a Young People's Branch and a Loyal Temperance Legion mothered by each Union; all dues and pledges paid to the state treasurer promptly when due; a life membership from every Union; a Union Signal subscription from every member; a Young Crusader subscription for every teacher and for all families where there are boys and girls; a Union Signal and a Young Crusader subscription for every school, public library or reading room; temperance books, especially "Alcohol and the Human Body" by Sir Victor Horsely, and "Alcohol a Dangerous and Unnecessary Medicine" by Mrs. Martha M. Allen, placed in all public libraries; posters and literature placed in public places; prize essay contests in every college, high and grade school; medal contests and suffrage debates in every town and hamlet in the state; prayer meetings, social meetings, public lectures, Sunday school rallies and sermons; last but not least, wear the white ribbon. If you fill out our list you will not only bring joy to the hearts of your general officers but you will have done much to help on the great campaign that is to usher in the dawn of a new day, a day when we may celebrate the birth of the Christ child in a Nation forever freed from the curse of the legalized saloon.

My Christmas wish for every white ribboner is that now and always you may be conscious of the Christ's sweet presence near, that whether your hearts be light with joy or heavy with grief, you may have within you that "peace which passeth understanding," and may the New Year bring to each of us that which shall best fit us for His service.

Unto you the King is born

On this blessed Christmas morn.

Unto you, to be your Peace;

Unto you, that you may rise

Unto Him above the skies.

Lovingly and faithfully yours,

NECIA E. BUCK.

TREASURER'S REPORT

OCT. 1 TO NOV. 15, 1911.

Valley City, N. D., Nov. 15.—Dues received from the following Unions:
Carrington \$ 5.60
Bisbee70
Valley City (Scan.) 11.90
Hankinson70
Jamestown 2.50
Fairmount70
Mohal 4.90
Kintyre 3.50
Antler 1.40
Hope 3.50
Reeder 1.40
Portal 3.50
Grand Forks 32.20
Flora 2.10
Elbowoods 3.75
For Enforcement League from Kintyre, \$5. For state work, Grand Forks, \$15; Jamestown, \$1. For Indian work, from national treasurer, \$50. For annual reports, 30 cents from Grand Forks and Miss Chambers. For one subscription to "Bulletin," 25 cents.

Mrs. F. W. Heidel, Treas.

How many new members will you add to your Union this year? Each one win one, and begin right now.

NOTES FROM 14th DISTRICT.

Bowen Union he'd an interesting meeting at Mrs. O. N. Noyes, Nov. 4, in honor of Mrs. Sam Bell, who has since moved to Forman. Chicken-pie lunch was served at 2 p. m. after which was the programme, comprising selections in response to roll-call, songs by the twin girls of a member, two letters were read from members now in other states and one from Mrs. Ida F. Waterman, now an elected state worker in Montana, also a reading by Mrs. Noyes, a leaflet, "Why Boys and Girls Go Wrong," written by Ben Lindsey, and one called "The Aim of Scientific Temperance Instruction in Schools," were read and discussed. About thirty-five were present, including Rev. and Mrs. Palmer, Mrs. C. G. Black and others of Strum, two from Dunbar Union and five teachers from neighboring schools, one of whom became a member that day.

A gift "shower" was given Mrs. Bell by members of Bowen Union, to which her absence at future gatherings will be keenly felt, she being one of their most faithful and attentive members.

Since their convention report meeting held on a Sunday, as noted last month, which was so interesting to the houseful present, other meetings of this Union have been held after Sunday school at the same schoolhouse. They proved of much interest, especially one of Nov. 5, at which Rev. Mr. Dodge proved his ability as speaker as well as to run a big farm, for he preached a splendid sermon upon "Christian Citizenship." The discussions at these meetings added much to the mutual benefit.

Strum Union has also been busy lately, having held one public meeting on Sunday, at which a talk on "Character Building and Child Life," by Mrs. Black, was one feature. Their pastor, Rev. Mr. Palmer, preacher an excellent sermon upon "Civic Righteousness" the Sunday of Nov. 5. Good crowds were at both gatherings. A "Bandana" social was held an evening of the following week at which was a good programme and attendance, despite the stormy weather, and \$10 were secured for the Union thereby.

A W. C. T. U. institute was held at Strum, Oct. 26. Mrs. Anna McCrory, district president, presiding. The constitution and by-laws were read and discussed, also a most excellent paper on "How to Train the Boy," by Mrs. A. E. Stevens. These, with enlightening music, and a reading by Mrs. O. W. Noyes and many suggestions from others present, on methods of carrying on temperance work, made up a good programme which was much enjoyed by all, including several from adjoining towns.

News came too late for last month of the Richland county W. C. T. U. rest-room building which members of that part of our district have had erected at the fair grounds at Wahpeton this year. The structure will cost \$500 when completed, the raising of which sum is due largely to the efforts of Miss Elizabeth Taylor, vice president for that county, and will be of much value to (our fair the) cause at large and to Wahpeton, where the Union, once organized by Mrs. B. L. Scoville, has since disbanded. The rooms were very useful at the fair this year and a nurse was constantly there to care for children of visitors.

Hankinson reports the removal of three members, one of whom is their beloved president, Mrs. S. M. Woolsey, who has moved to Billings, Mont., to live with her daughter. Rev. and Mrs. Johnson of the Congregational church there, both sturdy helpers, have removed also to a Montana location, and Mrs. Lea to Pollock, S. D.

Miss Mosher lectured those in Hankinson this fall; results not yet seen. A canvass of surrounding towns shows many "lodged" and "cubbed" to death.

Wynndere mourns the death of Mrs. H. Springer, one of their pioneer members, a beautiful soul and consecrated christian worker, promoted above.

man word, "anosinon," which means "loosening up." This effect is described as stimulating, but it is stimulating were awful cold over there, but "we" know there are big, warm parlors over in Cogswell.)

Dunbar Union's Silver Medal contest had been held in a schoolhouse Nov.

11, was "literally snowed under," but will try again at a later date.

Forman Union is in somewhat of an unsettled condition at present, owing to removal of workers to other points, including their talented president, D. Ida M. Alexander, whose absence will be a great loss to many departments here. They gladly welcome Mr. and Mrs. Bell to their midst and hope for "the better farther on" which comes to all who try and trust "In His name." They have a number of paid-up members but their dues have not yet reached the state, hence were not in the state report.

A letter to Mrs. McCrory from Mrs. A. C. Smith, one of our old-time workers, now of Santa Rosa, Cal., tells of the women there studying the laws "so they will know how to vote."

Mrs. McWilliams, now of Milwaukee, Wis., sent a programme of a prohibition rally, an aftermath of the National, in which her name appears, and she writes, "Am still in the work."

MORE ABOUT SUFFRAGE.

Is it expedient that North Dakota should give the ballot to her women, is one of the problems our last legislature tried to solve, but in as much as they did not reach a proper conclusion, the question is again with us and needs much discussion "lest we forget."

It is no doubt true in part that women's conception of freedom is not equal to men's; it could hardly be otherwise when we consider their long years of subjection and slavery; but they have tasted freedom and cannot now be expected to turn back. We are no longer under the patriarchal regime where submissiveness of women was considered necessary to sustain the social unit. Women are not the property of their fathers and husbands who have a right to act and think for them; under modern social conditions they are rapidly coming to the front through their own economical independence. One step more is necessary to make them self-supporting citizens, that is the right to vote.

Judge Lindsey says: "Women's suffrage is right, it is just, it is expedient. In all moral issues the women voters make a loyal legion that cannot be betrayed to forces of evil. The good that they do in any election is a great gain to a community and a powerful aid to reform."

Ex-Chief Justice Fisher of Wyoming declares that: "Instead of fema e suffrage being a means to encourage fraud and corruption, it tends greatly to purify elections and to promote better government."

The last work of Julia Ward Howe was a questionnaire sent to the states where women have a right to vote, to determine the opinion of ministers and editors. Tabulating her hundreds of answers she had a table as follows: Minnesota favorable, Episcopal 2 to 1, Baptist 7 to 1, Congregational 8 to 1, Methodist 10 to 1, Presbyterian 11 to 1. Editors gave a vote of 8 to 1.

The ballot has not been a panacea for all evils in the hands of men, and never will be for it is not possible that we shall ever have a perfectly responsible electorate, so we need not expect the impossible with women, but they should have the ballot in order that they may throw off the "yoke of bondage of intoxicating drinks, Miss Frances Willard is reported to have aged" and stand forth free women. Even then they will retain their humanity and be influenced much as men are influenced in the struggle for existence.

Candis Nelson, A. M.,
109 Fifth Avenue,
Valley City, N. D.

WHY WOMEN'S SUFFRAGE IS WRONG.

(From The London Labour Leader.)
Women would forsake their children to vote.

They would not vote at all.
Their political antagonism to their husbands would destroy the family.

They would vote as their husbands vote.

They now hold a superior position. They are and should be held subordinate.

They are not equipped to teach.
Their chief duty is to train their children's minds.

They should become experts in government before seeking the franchise.

They should leave the study of political problems to their husbands.

They are now accorded equal opportunities to earn their livings.

They ought not to compete with the men in the rude world of business.

They are not fitted for holding office. They are permitted to serve on local bodies.

They should be satisfied with the existing enlightened government.

Politics is a mire of corruption.

They cannot understand or appreciate economics.

Their business is to manage the household and safeguard the expenditures.

They would insist upon holding office.

They would not assume official responsibilities.

They are too ignorant to vote.

They are too wise to want to vote.

FROM MRS. L. B. SMITH, SUPT.

Thompson, N. D., Nov. 20, 1911.—Dear White Ribbon Sisters: As your new Superintendent of Scientific Temperance Instruction, I greet you. We desire to make this a year of successful effort along this line of work. We realize that we cannot do everything that this department emphasizes, but we want what leads to be something worth while. This means co-operation, so let us work together with this aim in view.

Mrs. Davis, our national superintendent, writes me that teachers leaflet (Nov. 5), is out this year at 25 cents per 100, Memory Gems at 3 cents per copy, the Courses of Study at 10 cents each and the Educational Quarterly at 50 cents per year, should be in the hands of every teacher in our state. These can be secured from Mrs. Edith Smith Davis, Hartford, Wis. If each Union will put these helps in the hands of their teachers, your superintendent will try to place them in the schools where our organization is not represented in town or community.

Essay contest subjects for this year are: College contests, General subject, "The Relation of Individual Total Abstinence to the Prosperity of the Nation." Special themes: "Alcohol and the Public Health." The public schools and scientific temperance instruction: "Personal Liberty—Public Obligation."

For the best essay the state awards the Mrs. L. B. Chamberlain college prize of \$25.

High school, general subject: "The Value of Total Abstinence to a Life." Special theme: "Alcohol and the Laborer," "Alcohol and Crime," and "Alcohol and Tobacco."

Seventh and Eighth grades, general subjects: "What is the Harm in a Glass of Beer, Wine, Cider?" Special themes: "The Effect of Alcohol Upon the Nervous System," "Why Business Men Demand Abstinence on the Part of Their Employees," and "The Effect of Tobacco." The state prize for the best high school essay is \$10 and for the Seventh and Eighth grades, \$8. A local contest should first be held whenever it is possible to obtain a local prize. All essays are to be in my hands by July 10. Material for writing these essays may be picked up here and there.

Write me for any further information. Your new Scientific Temperance Instruction Superintendent,
M's. Lillie B. Smith.

SCIENTIFIC TEM. INSTRUCTION
(Concluded from page 1.)

Some parents may prefer their children shall engage in useful studies, as did Lulu's mama, but, the truth shall make them free. This department seizes every opening in all other departments to put in a pinch-of-well, I came very nearly saying Copenhagen snuff—but it is a pinch of Scientific Temperance snuff, taken through the eyes, and clears the brain wonderfully.

The Young Peoples branches and Loyal Temperance Legions are given a course of scientific studies in Total Abstinence and receive diplomas at the hurt the mother unions to take up the study also. There are eight scientific reasons for total abstinence under

which thorough teaching is given in the course.

First Reason—The character of alcohol and of alcoholic beverages proves them detrimental to health.

Second Reason—The effect of alcohol upon the health of the nervous system and the temperature of the body.

Third Reason—The effect of alcohol upon the health of the digestive system and the proof that alcohol is not a food.

Fourth Reason—The effect of alcohol upon the health of the heart, upon circulation, and upon the blood vessels.

Fifth Reason—The effect of alcohol upon the health of the protoplasm and upon the blood.

Sixth Reason—Hereditary effects of alcohol respecting health.

Seventh Reason—The effects of alcoholic beverages upon the national health.

Health Reason—The effects of nicotine and other narcotics upon health.

Scientific Temperance Instruction is dealing with cigarets the same as with alcohol. The special lines of work of this department are the enforcement of the educational laws; the use of proper text-books; the interested co-operation of teachers; the education of the people in the Scientific Temperance truth; and the deepening of the interest of both teachers and pupils through the prize essay contests. There are eight good reasons why these contests should be held:

1. Because the essay is an excellent means of proving how much the child has really comprehended the teaching concerning stimulants and narcotics.

2. The essay is a form of expression which calls for clear, concise statement. This is greatly needed concerning the effects of narcotics upon the human system.

3. The essays demand logical reasoning concerning the benefits to be derived from total abstinence.

4. The essay leads to questioning and investigation outside of the school room.

5. A prize essay contest awakens interest in Scientific Temperance Instruction, not only in the school room, but in the homes of the community.

6. The committee selected for judges are obliged to carefully weigh the value of the statements of the pupils.

7. The teachers see that the subject, Scientific Temperance Instruction, is of more interest to the community than any other subject taught in the schools.

8. The essay is one of the forces which make dominant the truth concerning alcohol, which alone can sweep from the face of the earth the legalized liquor traffic.

The people at large are being reached through the press and the distribution of literature. This department prints a special magazine called The Temperance Educational Quarterly, and it is an education in itself.

Our grandparents believe they were "saved" by restraining themselves in the presence of temptation. We, of this generation, believe we gain moral strength, not so much by restraint as by active accomplishment. Scientific management is the key note of efficiency, and is the sure foundation of character building. Riley asks the question:

"Where's a boy a-go'in'
An' what's he go'in' to do,
An' how's he go'in' to do it,
When the world busts through?"

"When we know exactly what is, and also exactly what ought to be, we are able to establish a direct efficiency relation."

"Most people take hold of their lives with the tips of their fingers. They never get hold of the life proposition with that grip and tenacity of purpose, and vigor of determination, which does things worth while. They just hang on the outskirts of things, playing upon the surface of possibilities without ever getting down into the marrow of their being, where efficiency and power dwell."

Let us unite to bring life to the school room which means freedom from all that would lower the highest possibilities, that would defile mind, or heart, or body.

You can know no love that you do not give; the love you put into your work is the love you keep. And lastly, know the truth, and the truth will make you free."

IMPRESSIONS FROM THE MILWAUKEE CONVENTION.

The editor of The White Ribbon Bulletin acknowledges a present two months in advance of the glad Christmas time. We had intended to try to go to Milwaukee, but when the corresponding secretary wrote that our fare was to be paid by the state, the hitherto mountainous difficulties became mere mole hills, as we realized that the state was also anxious we should go, of course the boys could get along for two weeks. The dust remains undisturbed, and the hundred and one things that make up the life of that portion of our population, whom the U. S. census designates as persons of "no occupation," could stand in abeyance, while the housewife went to a woman's meeting in Milwaukee.

These following attended from North Dakota:

Mrs. Elizabeth Preston Anderson, our president, who is also recording secretary of the National W. C. T. U.; Mrs. Maude Santelman, secretary of Y. P. B.; Miss Georgie Chamberlain, secretary L. T. L.; Mrs. Fred Wanner of Jamestown; Mrs. George Miller of Fargo and the editor of state paper. With the exception of our president: none had ever attended a National W. C. T. U. before. We arrived in Milwaukee Saturday morning and reached the big auditorium just as Mrs. Stevens was reading her stirring address and telling of the great campaign in Maine.

The victory in Maine aroused enthusiasm whenever mentioned. As Mrs. Stevens rose to call the convention she was greeted by the big audience with the cry:

Prohibition still in Maine,
Send the news afar,
Stevens led the great campaign
Rah! rah! rah!

And such clapping there was that Mrs. Stevens could only listen with downcast eyes until the women of their own accord calmed down.

"Give to the winds thy fears," the crusade song was then sung, led by Miss Rose Bower, national cornetist, and Mrs. Graham of New York, musical director for National W. C. T. U.

The following is President Stevens' proclamation for National Prohibition. Proclamation for National Constitutional Prohibition, by Lillian M. N. Stevens, president National Woman's Christian Temperance Union, Portland, Me., Sept. 10, 1911.

"Whereas, modern science has definitely established for all time that alcohol is a toxin, the worst product of the ferment germ; a poison to every living tissue, destructive and degenerating to the human organism, striking at the health, character, and life of the individual, blasting the lives of children unborn, and undermining the integrity of the family;

"Whereas, 'Wine is a mocker,' and the maintenance of alcoholic beverages in the channels of trade always causes their widespread use among the people, entailing incalculable economic loss in productiveness and heavy burden of taxation; turning out multitudes of s'aves and solons of drink; lowering in an appalling degree the average standard of character of citizenship, upon which the nation's institutions and liberties most rest; bringing about the untimely death of many thousands of citizens, exceeding in numbers all those destroyed by war, pestilence, fire, flood and famine combined;

"Whereas, the terrible disease has been running for long centuries, and is now gnawing at the vitals of the nations and civilizations of today, gripping the governments of the world, and is interwoven into the political, commercial and social life of the peoples, constituting thus the deepest seated, most chronic organic disease known to the body politic and body social;

"Whereas, such a disease for a permanent cure requires of necessity deep, continued organic treatment for the whole body, for which partial superficial devices like legalization and local regulation have always proved and from their own nature must always prove utterly inadequate;

"Therefore, in the name of the World's and National Woman's Christian Temperance Union, we hereby make this Proclamation for a Great

Crusade to carry the vital truth to the peoples themselves in all lands, and through them to place prohibition in the organic law of all nations and ultimately in the organic law of the world now in the forming; and to this high end, we invoke the blessing and guidance of Almighty God and the co-operation of the men and women of all lands who love their fellow-men, and

"To America, the birthplace of the Local, State, National and World's Woman's Christian Temperance Union, we hereby proclaim, amid the smoke of the second great battle of Maine, in the home of Neal Dow and in the state which longer than any other has had a prohibitory law, that within a decade, prohibition shall be placed in the Constitution of the United States; and to this end we call to active co-operation all temperance, prohibition, religious and philanthropic bodies; all patriotic, fraternal, civic associations and all Americans who love their country!"

One can read in the press the accounts of the convention, even the speeches that were made, but no written word can ever bring the inspiration of those five days to those who did not attend. To see the earnest, thoughtful, hopeful faces of the women who compose this great national convention, to be one of them, is an education that will help all along life's future. Many helpful addresses were given and many excellent reports. The tedium of reports was enlivened by spectacular demonstrations illustrative of one phase or another of W. C. T. U. work. On Saturday afternoon 400 children with banners and flags, songs and speeches, gave the convention a royal welcome. We copied the inscriptions on a few of the banners: Down With Rum Selling, Drink? No, Sir, Saloon is a Murder Mill, Battle Against the Bottle. Look Up! Lift Up! Cold Water for Us. To Make Milwaukee Beautiful, Banish the Saloon. We Want Protection from the Saloon. The Nation Dry in 1920. What Are You Doing to Help? We Love Our L. T. L. Milwaukee's Treasures: Boys and Girls.

Did space permit we would give synopsis of various speeches and description of the many phases new to us. We would tell how the young women—how thankful we are that the grand-daughters of the early crusaders are now members of the yearly convention—opened the pretty red silk parasols and went among the audience to catch the shower of Union Signal and Crusader Monthly subscriptions, and when all the small umbrellas were poured into the big red one on the stage, the result was most satisfactory. The Crusader Monthly sent out its blue parasols and the shower of "sunshine" totaled up to more than 9,000 subscriptions.

Milwaukee gave us her best music and was most liberal with beautiful solos, finely trained choirs and delightful violin music, while the musical talent of the convention itself gave us daily song services.

The interest in the sessions never seemed to flag, but as soon as regular sessions were over—in the night gallery and in the left gallery, to the rear of the big room—departmental meetings were ever in progress. As early as half past eight in the morning one of the large rest rooms would be filled with members of the convention, for an evangelistic meeting, and those women sang and prayed the effectual earnest prayer that avaleth much.

All around the big meeting room in the large corridors were the exhibits of the allied associations. The anti-tuberculosis exhibits, with its model open cottages, window tents, statistics and rules for prevention and extermination of this dread destroyer.

A part of the child welfare exhibit, national play ground association, exhibit of national child labor association, together with our own extensive national literature exhibit, made a walk through the corridors one of intense interest.

The final evening jubilee night held for us the greatest interest, as the state presidents with their delegations came on the stage and sang and recited of the victories won through the all conquering faith in the power of our Divine Leader, Jesus Christ our Savior. We can only give a few of the state songs:

Wisconsin, O Wisconsin,
We'll e'er be true to thee;
We love to see thee prosper;
We'll work to set thee free!
The battle is before us—
Our cause is marching on
The Lord of Hosts is with us—
We'll fight till victory won!

Minnesota.

Thou art decked in regal splendor,
As a bride in fair array,
For thy gems, lo, lakes are gleaming.
For thy robes, the wheatfields sway.
Minnesota! State where thousand waters play.

South Dakota.

We're out for prohibition,
We are, we are,
We're out for equal suffrage,
We are, we are!

Michigan.

Michigan, Michigan free!
Michigan white on the map must be,
The die is cast; we mean business you see,
And Michigan white on the map must be.
Saloons must go, they're preparing to flee,
And Michigan white on the map must be.

West Virginia.

In West Virginia, rich and sunny,
We've no use for license money;
Get away, get away, get away
From dear Old Dixie.

We'd rather have our homes protected,
And our boys and girls respected,
Get away, get away, saloons get away
From Dixie.

We're out for ratification! Hurrah!
Hurrah!
To save our Little Mountain State,
We all will work early and late,
Get away, get away, get away
From dear Old Dixie.

New York.

We have caught the clarion note
Resounding through the land,
Prohibition for our state,
From mountain to the strand.
Faith has brought the triumph near,
We join the chorus grand,
Yes! We are marching to victory.

Missouri.

Let those who have failed, take courage,
Though the enemy seems to have won,
Though his ranks are strong,
If he be in the wrong,
The battle is not yet done.
For sure as morning follows the darkest hour of night,
No question is ever settled, until it is settled right!

After the long triumphant pageant of the states was over the motion to adjourn was put and carried. The great company of White Ribbons on floor and platform joined hands and sang, God Be With You Till We Meet Again, each member feeling way down in her heart that it was "good to have been there," and fully resolved to carry home a wealth of information, enthusiasm, and a resolution to add new energy to the cause whenever and wherever she may.

FIELD NOTES.

Grand Forks: As I give the short report of our Sunday afternoon meeting it is with a fervent prayer that it may help someone to help a young life to realize the importance and responsibility of life.

A sacred burden in this life ye bear,
Look on it, lift it, bear it solemnly:
Stand up and walk beneath it steadfastly;

Wait not for sorrow, falter not for sin,
But onward, upward, 'till the goal ye win.
—Mary Wood Allen.

In the Baptist church of Grand Forks Sunday afternoon Miss Mary Brown of Seattle, Wash., gave us an address on "The Moral Problems of the Child."

She said of all the many problems before us, none were so great as the problem of the child and the home. Parents are often very unwilling to teach their children the facts of sex and thereby lose the blessed confidence which should exist between them. If the parent does not safeguard the child who will? Never were vice and wickedness so vitally antagonistic to success, prosperity and progress as they are today. Morals have become an economic question. Just think of your boy ever becoming a white-slave owner. You say O no, but what leads up to all this?

Many people seem to regard vice, evil habits and the various species of "wild oats" as simply morbid growths, like warts on the fingers or corns on the toes, and believe that some day they will mysteriously disappear, never to be seen or felt again. Such delusions ruin more young people than war, pestilence and famine combined. The little child can be taught purity of body and mind and the earlier this is begun the more strength they will have to resist evil. It is pitiable to see how early the mind of child is tainted by sentimentality—by the unwise, yet wicked suggestions of older people. There is a false pernicious flirtation of men and women too often called love. It is the devil's way of doing evil. Unfortunately we have but one word "love" to designate many phases of kindly regard. The parent loves the child. The child loves the parent, yet love differs in these instances. The one is protecting, safeguarding love, the other dependent.

All genuine progress must be marked by the increase of moral cleanliness and the spread of social purity. For publications and leaflets send to Purity Department, Evanston, Ill.

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