

WHITE RIBBON BULLETIN

"NOT WILLING THAT ANY SHOULD PERISH."

VOL. XXIII. No. 1

FARGO, N. D., FEBRUARY 1919.

Monthly—25 Cts. a Year

AFTER MANY YEARS

From Atlantic to Pacific
Prohibition we shall see.
It has been a hope long cherished
And an old-time prophecy.
Women's tears have swelled the current
Of the slow on-coming tide,
But there's brightness after darkness
And the rays spread far and wide.

From Atlantic to Pacific
There's a death knell sounding clear,
King Barleycorn is summoned
And his cohorts crouch in fear;
For the voice of Prohibition
Sounds the message of her soul
And it echoes and re-echoes
As it spreads from pole to pole.

From Atlantic to Pacific
Mothers' hearts are beating light,
For their sons will not be hampered—
As they battle for the right—
By the curse of many ages
Which has held them captives,
slaves;
Prohibition comes with Progress,
And she planneth well her ways.
—EVA ASHLEY PARSONS.

PATRIOTIC SERVICE PLANS

AMERICANIZATION

Our nation now recognizes the necessity for Americanizing the foreign-born as it has never done before. Almost every union in the state has an open door for service in this department. Let every member be a good neighbor to one of our sisters born in other lands. Cultivate their acquaintance, invite them to your homes, be ready to assist them with their problems, and you will often get as much help as you give. Give them special invitations to mother's meetings. At these meetings the care of babies, total abstinence, medical temperance, prohibition, purity and patriotism should be topics for addresses and discussion. Light refreshments at these meetings will promote sociability.

Urge men and women to become American citizens. Have a banquet once a year with a temperance and patriotic program at which all foreigners who have become American citizens during the year and all young men and young women who have reached the age of twenty-one and thus become voters, shall be the guests of honor. Make it one of the big events of the year.

If you can find ten people who will attend, night schools may be opened in any community, the state and county bearing the expense. Urge women to attend these night schools and arrange for some one to stay with their small children while they go. It is important that we take advantage of this provision made by the state. If necessary,

appoint a committee from your union to canvass the community for pupils.

Invite foreign speaking women to attend your W. C. T. U. meetings and get them interested in our work. They make most valuable members when once they become interested.

FLOWER MISSION AND RELIEF

The ministry of Home and Allied Relief with Flower Mission is one of love. Our field for work is greatly broadened this year. We must measure up to it. Relief work for families of soldiers and sailors will be continued as long as it is needed.

Last year delicacies and thousands of bouquets went to the boys in the base hospitals and they were followed by personal messages as they crossed the water. Now our wounded soldiers are coming home, they need us. Delicacies and money for flowers may be sent to Mrs. A. L. Chez, our "Hospital Mother," at Fort Sheridan, Illinois. Send money through the state treasurer.

We are called to continue our support of thousands of little innocent children across the sea, not only the French children, but the Belgian, Armenian, Syrian and Italian. The adoption of French orphans on the plan of \$36.50 paid by donor and a like sum by the French government is still in effect. A Belgian child may be maintained for \$44 one year. During the winter months let us make garments for these little ones over there who have lost all. See leaflet x "Garments Needed by Frontier Children of France and Belgium."

SOLDIERS AND SAILORS

"Carry On" is the slogan of this department. Our chief interest will be in helping to cheer and comfort the five thousand boys who are to be cared for and re-educated if need be at the Fort Sheridan Reconstruction Hospital. Each state will have a share in this glorious work. Already Kansas has given the money appropriated for field kitchens to furnish a reception room, Kentucky, Virginia, Nebraska and Illinois have made liberal contributions to the Fort Sheridan Hospital fund. Let us lose no time at this work. There are hospital tables, comforters and bedside bags to be furnished, also cookies, jams, jellies, etc. What part of this work will your union do? Please report at intervals what you are doing.

At the mid-yearly executive meeting it was decided that our state should furnish a victrola and at least half a dozen records. Later we expect to ask for donations of used

records. The comfort kits which we have on hand will be sent to the navy and merchant marine. Those that are unfinished will be made over into bedside bags for the Fort Sheridan Hospital. Any union having comfort bags and fillings may return them to the State Headquarters. Unions desiring to make comforters or bedside bags please write for directions for making the same, or for any information with regard to the work, to (Mrs. Mary M. Shaver, 1224 Ninth Avenue South, Fargo, North Dakota. Any money donated for this purpose should be sent to Mrs. Kate S. Wilder, state treasurer, designated "Patriotic Service Fund." We need money to carry on this work and all such donations will be greatly appreciated.

It is suggested that your union cooperate with other organizations in assisting the returned soldiers to find a helpful place in the community life.

MORAL EDUCATION AND CHILD WELFARE

The appeal of the women of France and Belgium that they be protected under the international law—meets the hearty approval of every American woman. The petition to the Peace Council, asking for the punishment of men and of German officers especially, who have violated the persons of women under their power and asking that the women so outraged be considered "wounded in war" is being widely circulated and generally signed.

We urge the education of mothers and daughters—thru our Mothers' meetings and literature—in moral and social hygiene. We recommend for young people "The Nurse and the Knight" by Harvey Smith McGowan, a charming love story of the World War. These may be obtained from our W. C. T. U. headquarters at Fargo, N. Dak., for five cents per copy.

The government has been wide awake to the fact that a man sound in body and mind makes the best soldier. It is now endeavoring to stamp out venereal diseases, and we, as White Ribboners, are urged to cooperate. Free pamphlets, explaining the government campaign and presenting the true facts of sex in a wholesome manner, will be sent to any address. Write to the Treasury Department, United States Public Health Service, 228 First Street, Northwest, Washington, D. C. These pamphlets are listed as follows: Set A, for young men; Set B, for the general public; Set C, for boys; Set D, for parents of children; Set E, for girls and young women; Set F, for educators. The

government wishes you to see these and we urge each union to call special attention to these pamphlets and each White Ribboner to avail herself of the ones which will help her most in waging war against this greatest of social evils.

As our soldier boys come home may we be found doing all we can to eradicate everything that may, in any way, tend to lower the standard of living.

Study child labor laws, especially the federal law declared unconstitutional, with the opinions of the majority and minority of the Supreme Court judges; also the text of the child labor bill introduced.

Utilize the interest awakened by the nation-wide baby weighing and measuring of the Federal Children's Bureau by using child welfare exhibits showing the effect of alcohol and tobacco on children. The Children's Year Program will be sent on request by The Children's Bureau, United States Department of Labor, Washington, D. C.

An outline course of study in child welfare and a bibliography which will be helpful to workers in carrying out the child welfare program for 1919 have been prepared and may be ordered from the National W. C. T. U. Publishing House, Evanston Illinois.

Elizabeth Preston Anderson, Lydia Scott Wanner, Barbara H. Wylie, Elizabeth Beasley, Kate S. Wilder, Julia D. Nelson, Inez Lee, Mary Shaver, Lulu W. Zimmerman, Committee.

BUSINESS vs. CIGARETTE

The moment that the American business man got it into his head that drinking alcohol impaired his efficiency, he stopped drinking and gave orders that those he employed should stop, and the present wave of prohibition had begun.

So it will be with the boys smoking cigarettes.

Fanatical ravings against the habit will do no good; it more often antagonizes the cigarette smoker.

But the moment the cigarette begins to be looked upon as a liability in a boy's business, that moment the cigarette will go—so far as the boy is concerned.

Like drinking, cigarette smoking is going into the list of economic menaces.

A GOOD SLOGAN

Plan for more than you can do—
Then do it;
Bite off more than you can chew—
And chew it.
Hitch your wagon to a star,
Hold on tight—and there you are.

WHITE RIBBON BULLETIN

PUBLISHED MONTHLY.

Official Organ North Dakota W. C. T. U.

Elizabeth Preston Anderson

EDITOR IN CHIEF.

Mrs. E. M. Pollock,

MANAGING EDITOR.

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Maintained for and by Woman's Christian Temperance Union of State North Dakota.

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OBJECT—To promote the advancement of the W. C. T. U. work of North Dakota in all its departments, and to do all in our power to bring the triumph of Christ's Golden Rule in custom and in law.

STATE MOTTO—I am but one, but I am one; I can not do everything, but I can do something; what I can do, I ought to do, and what I ought to do, by the grace of God I will do.

PLEDGE—I hereby solemnly promise, God helping me, to abstain from all alcoholic liquors as a beverage, including wine, beer and cider, and to employ all proper means to discourage the use of and traffic in the same.

Send all manuscript for publication not held in my hands by the close of each month. Send all communications to:
Mrs. E. M. Pollock,
Fargo, N. Dak.

FEBRUARY 1919

STATE OFFICERS.

President—Mrs. Elizabeth Preston Anderson, Fargo.
Vice President—Mrs. Fred M. Wanner, Jamestown.
Corresponding Secretary—Mrs. B. H. Wylie, Bismarck.
Recording Secretary—Mrs. Frank Beasley, Fargo.
Treasurer—Mrs. Kate S. Wilder, Fargo.
North Dakota W. C. T. U. Headquarters, First National Bank Block, Fargo.

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Young People's Branch—Miss Helen McConnell, Minnewaukan.
Loyal Temperance Legion—Mrs. Bessie Semrau Lubitz, Balfour.
Secretary Willard Union—Mrs. L. L. Muir, Hunter.
Associate Secretary, Mrs. J. A. Burgum, Arthur.

DEPARTMENT SUPERINTENDENTS.

Americanization—Mrs. Julia D. Nelson, Fargo.
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Moral Education—Mrs. Lulu W. Zimmerman, Valley Union.
Medical Temperance—Mrs. Mae McKinnon, Hankinson.
Scientific Temperance Instruction—Mrs. Lillie B. Smith, Thompson.
Sunday School Work—Miss Mary M. Carey, Bottineau.
Union Signal and Temperance Literature—Miss Mae Halcrow, Bismarck.
Medal Contests—Miss Emma Lockwood, Valley City.
Press—Mrs. August Hanson, Fargo.
Anti-Narcotics—Mrs. W. E. Black, Grand Forks.
Evangelistic Work—Mrs. J. W. Hilborn, Juanda.
The Bible in the Public Schools—Mrs. Abbie W. H. Best, Fargo.
Sabbath Observance—Miss Flora C. Burr, Bottineau.
Christian Citizenship—Miss Nell M. Osmun, Hurdsville.
Soldiers and Sailors—Mrs. Mary M. Shaver, Fargo.
Social Meetings and Red Letter Days—Mrs. N. C. Macdonald, Bismarck.
Fairs and Open Air Meetings—Mrs. Ida Sparks Clarke, Fairmount.
Flower Mission—Miss M. Inez Lee, Epping, R. 2.
Franciscan—Mrs. Ella M. Shippy, Hope.
Legislation—State President.
Editor White Ribbon Bulletin—Mrs. E. M. Pollock, Fargo.
Musical Director—Mrs. Walter R. Reed, Amenia.

It is fitting that the Federal Prohibition Amendment became a part of the federal constitution in the shortest time within which any amendment has been ratified, with the sole exception of the amendment abolishing slavery. It is generally conceded that National Prohibition becomes a permanent fact, January 16, 1920. Truly, as Billy Sunday proclaims, "Our prisons will be turned into factories, our jails into store houses, and hell will be for rent."

A nation that can borrow of its citizens nine billion dollars in a year does not need to dicker with brewers, distillers or liquor dealers for money to carry on the war.—The Commoner.

RED LETTER DAYS

February 17—Frances E. Willard Memorial Fund Day.

March 1—Union Signal Subscription Day. (Birthday of Lillian M. N. Stevens.)

March 20—Prohibition Rally Day. (Birthday of General Neal Dow.) The great Jubilee financial drive for one million dollars begins on this day.

AN APPRECIATION

The following appreciation came to our desk. Is it not fine that some one has seen fit to express what we all feel? Let the unions show appreciation in the form of new members gained before April 17th:

Valley City, N. D. Jan. 17, 1919.

Whereas Enough states have now ratified the federal Prohibition Amendment to make National Prohibition an assured fact, and

Whereas The Woman's Christian Temperance Union was the main factor in bringing this about, and

Whereas Mrs. Elizabeth Preston Anderson, for many years President of the North Dakota W. C. T. U., whose influence and activity in the work has been nation wide, and who has given so lavishly of her time and talent to this great work for which God called the W. C. T. U. into existence, therefore, be it

Resolved That we as a praying band of men and women assembled in the Prayer Meeting Room of the Methodist Episcopal church on the 16th day of January, 1919, express our appreciation to Mrs. Elizabeth Preston Anderson and assure her that we rejoice with her in this great achievement, and feel like parading the streets like we did on the 11th of November last.

Resolved That we rejoice to see the strongholds of evil tottering and the forces of Righteousness marching from victory to victory. That God's presence in his world was never more evident than it is at this time. Long have we longed and prayed that we might live to see this day, and as we now see it we are glad and rejoice and thank God.

Signed:

C. A. ZABEL,

MRS. F. G. CHAMBERD

JOHN ALDERMAN,

Committee.

Practically every nation of the earth has been cursed by the introduction of American whiskey and wine and beer. Five hundred cargoes of liquor per year going from American shores have invaded Africa. Only a few weeks ago there was transported capital of the American brewers to the amount of two million dollars, which has found its way into China and will be used for the erection of breweries in the Chinese Empire. For more than seven years Chicago breweries have been doing business in Japan, one brewery being erected there by Chicago capital. Cuba and South America and Central America are being infected by the importation of American whiskey and American beer. There is not a country in the world, civilized or uncivilized, Christian or non-Christian, that has not become the dumping ground of American liquors.

What can we do to right this wrong? Our duty penetrates to the shores of every foreign land that has been made such a dumping ground. America must do its part to make the world dry—to make the world safe for democracy.

It is War Prohibition Dry, Constitutionally Dry, and as soon as the state legislatures have a chance to catch their breath after this whirlwind success, they will enact legislation to make it Bone Dry.

PRESIDENT'S CORNER.

Dear Comrades:—

January 16 will stand out as a Red Letter Day in the history of this nation and of the world. The day the sovereign states of this great republic pronounced sentence of death upon the liquor traffic can never be forgotten. How the saints of God, the white ribbon hosts who passed over without seeing the desire of their hearts must rejoice with us!

What a privilege is ours to be living and working in this day! How our faith is strengthened to gird on our armor for the great battle for World Prohibition in 1925! Let us each and every one rededicate ourselves to our unfinished task.

The world will never be safe for democracy, democracy will never be safe for the world, and Christ's kingdom will never come until the liquor traffic is banished from the earth.

Our Jubilee Drive for a million members and a million dollars is the next step in this work. A good part of the million dollars will be used for World Prohibition. North Dakota's apportionment is \$9,500. The drive begins March 20 and ends May 31. Plan now to keep this time clear for this great work. Mrs. Kate Wilder has been appointed key financial woman for this state and will have charge of the campaign. Splendid plans will soon be coming for the ten weeks drive. Don't forget to send us a list of people of means in your community who are friendly to our work. Pray, plan and work, for success.

I wish to thank every union that helped to send me the most valuable Christmas present I have ever received—one hundred two names of new members for the W. C. T. U. I well understand the difficulties, and that owing to influenza epidemic conditions many unions were unable to make a canvass before Christmas and others could not complete their work. I appreciate what you did and what you are going to do before April 27. The names you send will all be counted in as Jubilee members. The number of names sent in by unions is as follows: Fargo Scandinavian, fourteen; Hatton, twelve; Fargo, ten; Jamestown, eleven; Minto, seven; Nekoma, five; Carrington, five; Hankinson, five; Kintyre, four; LaMoure, four; Esmond, three; Lisbon, three; Crystal, Page, Bottineau and Leeds, two each; Tyner, one; Mrs. Wylie, for Willard Union, five; Mrs. Bowers, for Hope, four and for Willard Union, one.

A New Year's package containing our Victory Year Program for National and International Service, Topical Program for local unions, the study book for local unions, "Nicotine Next," Catalogue of Publications of the National W. C. T. U., and a letter from the state president, has been sent from our State Headquarters to the president of every local union in the state. If the letter and package have not been presented at your local union meeting, ask the president to look them up. If officers have been changed since names were sent to the directory, ask for the package under the name of the president of last year. The contents of this package are too valuable to be lost.

Please carefully study the State Reports which are also sent to the presidents of local unions. Remit

promptly fifteen cents for each copy received to the state treasurer. This doesn't begin to pay the cost of printing them, but it helps.

I hope every union is planning to observe Frances Willard Memorial Fund Day on or near February 17 and to send the offering to the state treasurer for the Willard Memorial Fund.

THE UNION SIGNAL

At the last National convention I promised that our subscription list to The Union Signal should be increased to at least 500. I was greatly mortified at the National executive committee meeting to find that our subscription list was less than last year at the same time. It had fallen from 306 to 265. The price of this splendid paper has been kept down to one dollar, at a loss to the National treasury, because we want every woman to feel that she can afford to take it. Will you not help me to keep my promise by getting some new subscriptions in your union? You cannot keep in touch with our great work for National and World Prohibition without this paper. The Scientific Temperance Edition, thirty-five cents a year, should be put in the hands of all grade teachers.

THE YOUNG CRUSADER

Our subscription list to this delightful child's paper has fallen off from 341 to 156. The L. T. L. children need it, and those children who are so unfortunate as to live where there is no L. T. L. especially need it. Six copies at twenty-five cents each may be sent to a selected list of boys and girls, the extra copy to go to the local Young Crusader agent. You can get fifty subscriptions for \$9.00, or one hundred for \$15 per year to one address. Can you not in this way furnish some of your Sunday school classes with the paper?

On account of the epidemic conditions the time for the payment of dues and pledges (in order to gain ten points in the schedule for banner union) has been extended from January 1 to March 1. Please get the dues for the members you have now in at once, and also your pledges for state work. This will count you twenty points (ten each) in the one hundred to make your union a banner union.

LEGISLATIVE WORK

Thus far, the Legislature has been occupied with putting through the Non-Partisan League program and other measures have not received attention. I trust you have already written your Senator and Representatives in regard to the necessity of retaining our present anti-cigarette law and the law prohibiting Sunday theaters, moving pictures and shows. Please write them at once, asking for the passage of the bill for state regulation of pool halls which is now before the Legislature. Get voters to write letters. Watch the daily papers and let your representatives know that you are very interested in what they are doing.

Yours in faith and hope,
ELIZABETH PRESTON ANDERSON,
Fargo, N. D. Jan. 25, 1919.

THREE KINDS

There are three kinds of people in the world:

The wills,
The won'ts,
The can'ts.

The first accomplish everything,
The second oppose everything,
The third fail in everything.

SECRETARY'S CORNER

Dear Comrades:

At our mid-year Executive Committee meeting, held at State Headquarters, Fargo, Jan. 11th, many important matters were considered.

It is expected that a World's Convention will be held this summer, probably in England, and the following delegates were elected: Mrs. Elizabeth Preston Anderson, who, by virtue of her office as National Recording Secretary is delegate ex-officio; Mrs. F. M. Wanner, State Vice-President, and Mrs. Walter R. Reed, of Amenia. Alternates, Mrs. Edna Salmons Duguid, Cando, and Miss Mina Pollock, Fargo—the latter expecting to be abroad at that time.

A petition to the Peace Conference, asking that soldiers of the Central Powers, who outraged the women of France and Belgium, be punished, also that such women be not considered disgraced but "wounded in war," was endorsed by the committee.

It was decided to furnish a Victrola from the North Dakota W. C. T. U. for the Reconstruction Hospital at Ft. Sheridan. This is a large hospital of 5,000 beds, and it is hoped that our contribution may give pleasure and uplift to many.

Under the department of Americanization, speakers at night schools were recommended, also mothers' meetings in schools, and citizenship banquets, the guests to be those who have just become of age, and those who have taken out citizenship papers. Foreign-born people may also be invited.

On account of the influenza epidemic it was decided to extend the time prescribed for banner unions, from January 1st to March 1st. We hope that many may take advantage of this extension. It was voted to appropriate \$100, if necessary, to the fund for the Ratification Jubilee. Mrs. Mary M. Shaver, of Fargo, was appointed Publicity woman for the state.

The invitation of Grand Forks for the next State Convention was accepted and speakers considered for the occasion.

On motion, it was decided to tender the Valley City union a vote of thanks for their courtesy in furnishing a tent and entertainment for the speaker at last Chautauqua Assembly.

Plans were outlined for Chautauqua Assemblies for next summer. Mrs. F. M. Wanner was appointed to conduct the Institute at Valley City, Mrs. Nécia E. Buck, at North Chautauqua, and Miss Nelle M. Osmon at Mouse River Loop Chautauqua.

The Legislative program was considered and it was decided to stand for enforcement measures, for a stronger child labor law, for minimum wage and hours for women and children, for state supervision or suppression of pool halls, for the passage of the Suffrage Amendment by the U. S. Senate, and against the repeal of the anti-cigarette and anti-Sunday theater laws.

And now, dear comrades, please pay particular attention to the fact that APRIL 17TH WAS DESIGNATED "EVERY MEMBER" CANVASS DAY, IN ORDER THAT THE NAMES OF NEW MEMBERS MAY REACH MRS. ANDERSON ON HER BIRTHDAY, APRIL 27TH. This does not mean that we must wait until April 17th to gain new members, but the work going on continuously, will culminate then, as far as birthday members are concerned. Again I beg of you to make the in-gathering worth while—a fitting tribute to our inimitable leader, remembering that you are, meanwhile, introducing each member into a sacred fellowship of service, in the largest

woman's organization in the world. This canvass is in line with the Victory Membership Campaign proposed by the National W. C. T. U. for a doubled membership. It should outline a definite time to start and a definite time to finish, a division of the membership into groups, each with a definite territory, each canvasser to carry a pledge book and a receipt book, for dues, and, in the larger places, to meet for lunch and an exchange of experiences.

As field-workers for the state, it was decided to secure the services of Miss Clara Mann, Miss Nelle M. Osmon and Mrs. Julia D. Nelson—also of Miss Mildred Moody, of New York, Associate Secretary of the National L. T. L.

With regret we learned of the accident sustained by Mrs. M. A. Garry, Pres. of the Second District, who was represented in the committee by Mrs. Jennie E. Allison, of Esmond. We are glad to know that Mrs. Garry's broken arm has healed sufficiently to allow her to write to her friends, as usual.

Altho' National Constitutional Prohibition is in sight, we cannot relax our efforts. People are not made good by law, the work of education must go on. We must hold the ground gained or we will lose it.

Other evils are asserting themselves afresh. We must carry on a constant campaign against the cigaret, which has lost none of its baneful effects. The excellent publication "Nicotine Next" should be in the hands of every Sunday School and public school teacher, and is obtainable at State Headquarters.

Rejoicing with you all in the glorious ratification victories of the past month, and believing the best is yet to be—

Yours in blessed service,

BARBARA H. WYLIE.

Bowesmont, N. D., Jan. 27th, 1919.

TREASURER'S REPORT.

Dec. 20 to Jan. 20.

Fargo Scand., dues, pledges.....	\$37 10
Jamestown, dues, pledges.....	33 05
Buxton, dues.....	17 50
Luverne, dues.....	2 10
Preston, dues, pledges.....	32 60
Minto, dues, pledges.....	32 65
Edgeley, dues, pledges.....	51 40
Balfour, dues, pledges.....	10 60
Wyndmere, dues, pledges.....	24 60
Mrs. Roy Menzies, French orphan	36 50
Nekoma, dues.....	9 80
Reeder, dues.....	1 50
Mrs. Isabelle Morey, pat. ser.....	7 00
Oberon, dues, pledges.....	24 90
Mayville, dues, pat. ser.....	21 50
Amenia, dues, pledges.....	22 50
Esmond, dues, pledges.....	12 60
Minnewaukan, dues, pat. ser.....	11 10
Sherwood, dues, state pledge.....	4 50
Ray, dues.....	8 40
Hope, dues.....	2 80
Mrs. Anton Jacobson, Willard dues	1 00
Page, dues, pledges.....	18 30
Ryder, dues, pledges.....	16 80
Cando, dues, French Orp. pat. ser., pledges.....	204 60
LaMoure, dues.....	2 10
Carrington, dues.....	3 50
Mrs. Eliz. Springer, Wyndmere, life mem. Nat'l W. C. T. U.....	25 00
Collections for Stevens Campaign Fund from Fargo Unions.....	2 30
Mrs. Myrtle McGilton, legis. fund	5 00
Tyner, dues, pledges.....	14 50
Valley City, dues.....	21 70
Bisbee, dues.....	2 80
Hamilton, dues, pledges.....	10 45
St. Thomas, dues, pledges.....	16 60

KATE S. WILDER, Treas.

"Women are taking up the vices that men have discarded," says a New York preacher, who fails to list the vices that men have discarded.

HEALTH DEPARTMENT.

As the holiday season has come and gone with many pleasant remembrances of those we were privileged to be with, of the great victories for our cause, and for the world. Our hearts are still sad for those homes, where sorrow and sadness have entered, on account of the worst epidemic ever known.

As the New Year has dawned upon us I trust a vision has come to us all of what the Health Department of the W. C. T. U. may do in our state. Never was there a more opportune time for spreading health principles, and educating our people that "An ounce of prevention is better than a pound of cure."

We have heard a great deal of late about "Preparedness." This certainly is applicable in the homes against sickness.

Our W. C. T. U. could do no better work the coming year than getting our mothers to realize the necessity of being in readiness for any emergency. What would we think of a hospital where the nurses were not prepared on an instant's notice to furnish bandages, towels, cloths for handkerchiefs and hot applications, hot-water bottles or know that a glass fruit jar filled with hot water could be used to ease pain? This influenza epidemic has taught us that health education must begin with the children in the home and especially in the public school.

At the National Executive meeting just held in Chicago, it was planned that the Superintendents of the Departments of Mothers' Meetings, Child Welfare, Moral Education and Health would work closely together during the coming year. With this end in view Dr. Boreau Scisco, National Supt. of Health, has gotten out four leaflets on "Child Conservation" and two on "The Child From 1-3 Years." These can be read at local union meetings by the Supt. of Health or at Mothers' Meetings and thus form a basis for much profitable discussion. There is a burning need for this Department and will not every member insist that it become more thoroughly organized. Only in thorough organization can results be accomplished.

Because of the great need the National Health Dept. is offering for 1919 three prizes, one \$10.00 and two \$5.00. These will be given to the State Superintendents of Health who send in reports of work done along the lines mentioned—organization, the largest amount of Department-Health literature distributed, letters written to Superintendents, articles written, health meetings held and demonstrations given. This money to be used as State Superintendent thinks will best promote the Department in her state. These prize reports will be given in the National Superintendent's annual report and also sent to all State Health Superintendents. My dear co-workers don't you think we can win the prize, won't it pay to make the effort? Can imagine I hear you all say "yes, yes." Of course we can. Not only the \$10 to invest in health literature but the great educational health wave that will sweep over North Dakota.

Your Superintendent will be glad to assist in any way possible.

Yours for health,

MAZIE STEVENS,

Lawton, N. D.

FIELD NOTES

JAMESTOWN.—On Friday, January 17, Mrs. F. M. Wanner, District President, gave a very helpful talk on Nicotine to the junior and senior high

school pupils assembled in the auditorium of the high school at Jamestown. Mr. Koontz, the Superintendent, also emphasized the evils of tobacco. Mrs. Minnie U. Riley, local president, on behalf of the union, presented a portrait of Miss Willard to the junior high school. Previously she had called upon Superintendent Koontz and asked if plans had been made for the observance of Temperance Day in the schools, and he had notified the principals of the five schools to prepare a program. The Franklin school is preparing the drama "A Vision in Process of Fulfillment," as given in The Union Signal. It will be rendered Friday, January 24, to the Mothers' Club. At a Conservation Sale December 12 and 14 the union made sixty dollars. Out of this sum they are sending \$30 to purchase twelve hospital bed tables for the Fort Sheridan Hospital. This union puts a copy of The Union Signal in the depot, the high school, the public library and the Presbyterian College. They take fourteen yearly subscriptions among members, and twelve Campaign Editions are sent to the ministers of Jamestown.

WOODBURY Y. P. B.—The Woodbury Y. P. B. is planning to take up the study of "Nicotine Next." At their December meeting Mrs. F. M. Wanner and Mrs. Minnie U. Riley, district and local presidents, were present and assisted them in planning their work for the year. Thomas Pendray, jr., is president of this flourishing Y. P. B.

FROM MRS. BEST.

My Dear North Dakota Sisters:

I wish I might be with you and take part in your deliberations, but on that day I will probably be on my way to the Sunny Southland. I will keep you in mind. I hope the work, particularly the legislative work, will run smoothly and result in many good things for the betterment and safeguarding of our people. The more I look into and live under the laws of other states the more I appreciate the good things of the excellent, far-reaching, forward-movement laws of North Dakota. The general attitude of the people of North Dakota toward enforcement of our pure food laws, prohibition, sanitation and health protection measures is far better than in the older sections. Michigan is dry, her women vote, and she has ratified national constitutional prohibition. We are proud of Michigan.

Will you not tell me what is being done in your districts and towns for the department of Bible in the Public Schools? The people don't understand that the Bible is not to be classed as a sectarian book in our state; that sections are assigned by the state High School Board which may be used as English literature. Did you, or will you, ask your minister to pray for our schools, and will you not write to me about it? Will you see your county superintendent and urge him or her to advise the teachers under them to familiarize themselves and their pupils with the greatest of all books, the basis of democracy, our hope in the life here and that which is to be? Since the dictum of the pope favoring the use of the Bible by individuals and families we should have the support of the Catholics. We will find it hard to overcome prejudice in this quarter, but we should be ready to meet them more than half way. Your reports show sentiment growing where work has been done. Let us push this department this year, thus helping to make democracy fit for the world.

Lovingly yours,

ABBIE W. H. BEST.

Denton, Texas, Jan. 8, 1919.

SUFFRAGE NOTES

The words of King Solomon of old that "Hope deferred maketh the heart sick," is as true today as it was hundreds of years ago, when perhaps in a spirit of despondency or disappointment he uttered them. The words are especially applicable to the United States Senate, which has persistently "deferred" acting upon the Federal Suffrage Amendment. The people of our nation are eager and anxiously waiting for that body to pass the amendment so that it may be passed on by the state legislatures now assembled. We know that the people are ready and waiting for an opportunity to ratify this measure, state by state, because they have proved it in many ways. They have rejoiced when other nations rejoiced—Denmark, Great Britain, Canada and Holland (?) when their suffrage victories were won. They have talked it, preached it from the pulpit and platform, through the press, by posters, bulletins and every method conceivable to the suffrage mind. They proved it by their ballots at the polls in 21 states where women vote for president—not to mention the states having partial suffrage of some kind or other. They are proving it by their willingness to co-operate with the suffragists in their plans for ratification campaigns. The National American Suffrage Association, while no doubt sickened at heart by the tedious and unnecessary delay, feel like all true suffragists, that it will pass sometime before the 65th Congress adjourns and knows that "when the desire cometh it is a tree of life," but while waiting, took time by the forelock, and took a poll of state legislators, to ascertain their position in regard to ratification, state by state. The result is that not a legislature out of the 43 convening, and scarcely a legislator elected, or re-elected, who does not stand on record as to his disposition of the amendment when it comes before his Assembly for ratification. In some states campaigns for complete ratification are ready, the day the U. S. Senate passes the amendment, while others have prepared a petition to their Legislature to ratify, as soon as it shall come on to the state from Congress. We believe that once it passes that august body the several states will ratify it just as rapidly as they have ratified the National Constitutional Prohibition Amendment.

The British Parliament passed a bill containing 78 words granting women the right to sit in the House of Commons in 78 minutes. Canadian women are seeking the right to sit in Parliament with full voting privileges. They are following the example of their British sisters and will no doubt be successful in having their wish gratified. Perhaps when this right is secured, they will demand admission to the press galleries in the House of Lords and House of Commons as their English sisters are doing. The press galleries have been held sacred to men. The matter of admitting women will be taken up early in the coming session of Parliament.

Three measures of vital importance to women and children will be introduced during the session of the Iowa Legislature. A measure providing for equal pay for equal work in all industries, a bill providing for teacher's pensions which would effect 20,000 teachers in the state, and a vital statistical bill which would place Iowa in the federal health registration area.

The suffrage world mourns the death of ex-President Roosevelt. Not only as one of America's noted and foremost men, but as an ardent and out-

spoken advocate of suffrage. The following posthumous message from his able pen, taken from an article "Eyes to the Front," to appear in the next issue of the Metropolitan Magazine, shows clearly his opinion of the Federal Amendment: "And there should be no future delay in giving the women the right to vote by Federal Amendment. It is an absurdity to higggle about the matter."

The prospects are very favorable that the Belgian women are shortly to be enfranchised even though they are not to vote at the June election. The newly elected Parliament will act on the question.

The news that Swedish women are assured full suffrage on the same terms as men is encouraging. They have had municipal suffrage since 1909.

The following calendar of suffrage (1918) victories is worthy of a place in your scrap book. Cut it out for future reference:

SUFFRAGE VICTORIES FOR 1918

Jan. 10—United States House of Representatives, by vote of 274 to 136, adopts resolution providing for constitutional amendment.

Feb. 1—Representation of the People Bill passes House of Lords. Received the royal assent a few days later.

Feb. 15—Canadian government announces its intention to adopt woman suffrage.

Mar. 16—Texas House passes primary suffrage law—yes, 84; no, 34.

Mar. 21—Texas Senate passes primary suffrage law—yes, 18; no, 5.

Mar. 26—Texas primary suffrage law ratified by Governor.

Apr. 12—Canadian House of Commons passes bill granting Dominion or parliamentary suffrage to all women, with same qualifications as men. This law also permits a woman who is a British subject to keep her own nationality, unless she is the wife of an enemy alien.

Apr. 26—Nova Scotia Parliament grants full suffrage to women.

May 3—Canadian Senate passes the bill granting women parliamentary suffrage.

May 23—Canadian bill receives royal assent.

May 28—Denmark's Parliament assembles with nine women members—the first under equal suffrage.

July 4—Suzer Groeneweg, first woman elected to Dutch Parliament.

Oct. 1—United States Senate, lacking two votes of required two-thirds, fails to pass woman suffrage amendment.

Oct. 23—Resolution favoring bill making women eligible as members of Parliament adopted by House of Commons—vote 274 to 25.

Nov. 5—Constitutional amendments extending suffrage to women adopted by popular vote in Michigan, South Dakota and Oklahoma.

MRS. ELLA M. SHIPPY,
State Supt. of Franchise.

Hope, N. D., Jan. 17, 1919.

CHINESE PROVERBS

"It is not wine that makes a man drunk; it is the man himself."

There is another: "A red-nosed man may be a teetotaler, but no one will believe it."

A feminist proverb also seems to be appreciated by Americans to whom I have told it: "A man thinks he knows, but a woman knows better."

No man can tell whether he is rich or poor by turning to his ledger. It is the soul that makes a man rich. He is rich or poor according to what he is, not what he has.—Henry Ward Beecher.

FIELD NOTES.

GRAND FORKS.—The W. C. T. U. meeting which was held at the home of Mrs. James Collins on North Fourth Street, was well attended. Mrs. J. R. McLean led the devotionals. An appeal has been presented from more than a million women of France, to the women of America, asking that justice be meted out to the officers and soldiers of the Central Powers who committed unnameable crimes against the women of France, Belgium and Serbia. During the afternoon resolutions to this end were adopted; a suggestion was also included that these women so sinned against should not be treated and regarded as shamed but as women wounded in war. The resolutions were sent to the National Women's Christian Temperance Union to be presented by the W. C. T. U. delegation at the peace conference. At the conclusion of business a social hour was enjoyed. Miss Zelma Woods gave a reading with piano accompaniment, and refreshments were served by the hostess.

Mrs. W. E. Black, head of Dept. of Narcotics, attended the mid-year executive committee meeting at Fargo.

The Scandinavian W. C. T. U. held a meeting yesterday afternoon at the home of Mrs. Martin Christenson on Cherry street. Mrs. Bjorge, the union secretary gave a general report of the work done during the year. A short program was given and refreshments were served.

YOUNG CRUSADER.

More than ever the importance of rightly influencing the children comes before us. Surely to inculcate a desire for good reading is one of the means to an end which we all want, namely a noble manhood and womanhood. Mrs. Boole, Vice President of National W. C. T. U., has said that she wishes that at least one club of the Young Crusader was placed in every town in the United States—it would mean so much to the children of the nation.

Y our responsibility
O ne you cannot escape.
U nions, wake up!
N ow is the time!
G et to work!

C hildren's Clubs,
R eading Rooms, and
U nnumbered little folks in
S chools and Sunday Schools
A re needing
D irection away from Danger, and
E ducation as well as entertainment, by
R eading.

The Young Crusader.

Club rates when sent to one person:
10 for \$2.00 a year
50 " 9.00 " "
100 " 15.00 " "

HELPS FOR S. T. I. ESSAY CONTESTS

Package of Selected Leaflets, dealing with suggestive themes for essays in college and high school contests. Price, 30 cents.

MEDAL CONTEST SUPPLIES

Medal Contest Reciters, Nos. 1 to 23, 15 cents each.

Silver Medals, \$1.50; Gold Medals, \$5.50. Higher grade prices on application.

Willard Bookmark in white or blue ribbon, 15 cents.

Stevens Bookmark with words "We Must Go Forward," in white ribbon, 15 cents.

NOW READY, TOPICAL PROGRAMS

Two Programs for Each Month. A distinct help in keeping your meetings in accord with the Victory Year Program. Price 5 cents per copy; 25 programs, 40 cts.; 50 programs and Package of Helps, \$1.00; Package of Helps, 50 cents.

NATIONAL W. C. T. U. PUBLISHING HOUSE, Evanston, Illinois.

"SOUND THE JUBILEE."

At the National Executive meeting of the Woman's Christian Temperance Union held in Chicago in December, it was unanimously voted that our great financial drive for one million dollars must be made in 1919, and all money raised by 1920.

We hear the voice of God bidding us "Go Forward."

Our women must have their great part in the reconstructive work; our women MUST guard the youth and morals of our country; our women must go forward in full strength for World Prohibition.

JUBILEE COMMITTEE

Miss Anna A. Gordon
Mrs. Ella A. Boole
Mrs. Frances P. Parks
Mrs. Elizabeth P. Anderson
Mrs. Sarah H. Hoge
Mrs. Margaret C. Munns
Mrs. Deborah K. Livingston
Mrs. Elizabeth A. Perkins, Executive Secretary

Advisory Board, all State and Territorial Presidents

BUDGET

Child Welfare	\$150,000
Health and Morality	100,000
Americanization	200,000
Women in Industry	30,000
Education and Information	50,000
World Prohibition	300,000
Headquarters — Evanston and Washington	50,000
Equipment and Repairs	20,000
Field Service	30,000
Administration	70,000

TIME OF DRIVE

March 20 to May 31, 1919

THE MAGIC TEN OR ITS MULTIPLE

Ten Groups of States
Ten National Field Representatives
Ten Items in Budget
Ten Plans for Raising Money
Ten Plans for Publicity
Ten Jubilee Songs
Ten State Speakers and Ten House-to-House Workers, or Multiple
Ten "Information Heralds" (groups of Y. P. B. and L. T. L. children to distribute literature.)
Ten on Jubilee Committee in small union, its multiple in large union
Ten Hours a Day for Ten Weeks in our Work for the World

Every state will be apportioned the amount it is to raise. Every woman will have her part in the great drive.

WANTED—A SLOGAN

Five subscriptions to The Union Signal will be given to the one submitting the best slogan for our Jubilee drive. Submit at once to Executive Secretary Jubilee Committee.

Once where a peoplet in the palm shade
basked,
A traveler chanced at noon to rest his
mules,
"What sort of people may they be?"
he asked,
"In this proud city on the plains o'er-
spread?"
"Well, friend, what sort of people
whence you came?"
"What sort?" the packman scowled.
"Why knaves and fools!"
"You'll find the people here the same,"
The wise man said.

Another stranger in the dusk drew near,
And pausing cried, "What sort of people
here,
In your bright city where yon towers
arise?"
"Well, friend, what sort of people
whence you came?"
"What sort?" the pilgrim smiled,
"Good, true and wise,"
"You'll find the people here the same."
The wise man said.

—Edwin Markham.