



"NOT WILLING THAT ANY SHOULD PERISH."

VOL. XXI. No. 4

FARGO, N. D., MAY, 1917.

Monthly--25 Cts. a Year.

ANY MAN'S EXPERIENCE

"He passed in the light of the sun
In the path that many tread,
And his work, like theirs was done
For the sake of his daily bread;
But he carried a sword, and one by one,
Out there in the common light of the sun,
The sins of his life lay dead.

"His feet never found the way,
That leads to the porch of fame,
But he strove to live each day,
With a conscience void of blame;
And he carried a cross whose shadow lay
Over each step of his lowly way,
And he treasured its splendid shame.

"So life was a long, hard fight--
For the wrong was ever there,
And the cross was never out of sight--
The cross of a gray world's care,
But right through the day to the failing light
He carried the cross and fought the fight
Great hearted to do and bear.

"Night fell, and the sword was sheathed,
And the cross of life laid down,
And into his ear was breathed
A whisper of fair renown;
And the nameless victor was glory wreathed
For the voice that said, 'Let thy sword be sheathed,'
Said also, 'And take thy crown.'"

**PATRIOTISM'S CALL TO THE
W. C. T. U.**

Members of the Woman's Christian Temperance Union throughout the country are responding loyally to the call for Christian patriotism. Each one is eagerly asking, "What can I do to help?" The most pacific among us must feel this impulse to devoted service. Beseeching letters have poured into National Headquarters with the query, "What is the W. C. T. U. going to do in this crisis?"

The first effort of our National organization, comprising nearly half a million women, will be to use its powerful influence and superb machinery as one of the allied temperance forces of the country to secure from the extraordinary session of the Sixty-fifth Congress the enactment of Nation-wide prohibition as a war measure. Just what form this legislation will take will later be determined. The boys of the army and navy must be safeguarded from evil influences. Saloons and dens of vice near training camps and mobilization centers must be done away with. The material resources of our nation must also be carefully conserved.

For many years the National W. C. T. U. has had a department of work among soldiers and sailors through which much effective total

abstinence and relief work has been accomplished. This work for soldiers, sailors and marines and for general relief is now to be standardized by Red Cross rules. Mrs. Ella Hoover Thacher of Washington, D. C., National superintendent, already has, throughout her state associates, her special plan of work well in hand. This includes renting electric fans, furnishing fruit and delicacies for army base hospitals, social welfare work at army training camps and mobilization centers, serving coffee and doughnuts or cake and lemonade to soldiers and sailors as they entrain and giving to each a copy of the Soldiers' Temperance Songster and a total abstinence pledge card.

Another of the great departments of the National W. C. T. U., the department of flower mission and relief work, Miss Lella M. Sewall of Boston, superintendent, is ready to extend its services in this hour of the nation's need. When, if at all, the demand comes for general war relief work in the United States, detailed plans will be issued by Miss Sewall. The work for soldiers, sailors and marines and for general relief during the war will be reported from the National W. C. T. U. unit to the American Red Cross through Mrs. Thacher and Miss Sewall.

Already the National W. C. T. U. is pledged to promote plans of the Bureau of Immigration for Americanizing immigrant women through the organization of classes for teaching Americanism and national loyalty, in cooperation with the Department of Labor, the Bureaus of Immigration and Naturalization and the Americanization Committee of the National Chamber of Commerce. At this time when thousands of women are becoming American citizens, and still other thousands from the allied countries must be feeling a new thrill of sympathy for the United States, there is such an opportunity for Americanization work among these women as may never again exist. Mrs. Ella B. Black, head of another great department of the W. C. T. U., work among foreign speaking people, is through the state superintendents of this department promoting these plans. Mrs. Thacher, Miss Sewall and Mrs. Black are in close touch with the National General Officers in the important programs of effort under their departments.

The National W. C. T. U., in common with the National Suffrage Association, the General Federation of Women's Clubs and the Congress of Mothers, is one of fifteen of the twenty-seven National organizations of women federated in the National Council of Women now on record as ready to cooperate with the federal Department of Labor in securing work for unemployed women and girls. This cooperation was agreed upon by the National W. C. T. U. at its convention held in Indianapolis,

Indiana, last November. When the need for national emergency measures developed, a telegram was sent by Secretary Wilson of the United States Department of Labor to the presidents of the most important national organizations of women asking their cooperation in a movement to enlist for service the forces of their great organizations. Under the federal government it was proposed to organize a Woman's Bureau to deal with the work and welfare of women. Under this plan the Department of Labor is to be represented on an executive board by Commissioner Caminetti; the Woman's Council by Mrs. Phillip North Moore, president; and the fifteen organizations federated in the Council, including the National W.C.T.U., by their respective presidents. Other organizations of women will be independently represented on this Board. At a meeting of the women's organizations of the National Council of Women held in Washington, D. C., April 3, Mrs. Moore presiding, Miss Gordon represented the National W. C. T. U. At this meeting it was voted to establish immediately in Washington a national clearing house for women's labor, each organization to list its available resources and the definite work it is prepared to do.

It was also voted to register with the government the qualifications of every available woman for national service. The National General Officers feel that each W. C. T. U. member will rally loyally to this plan. Registration cards will be forwarded to the state presidents, who will direct their circulation in each state and be held responsible for a complete canvass covering every city, town and district in the territory under their jurisdiction.

When properly filled out these cards are to be returned to the National W. C. T. U., Evanston, Illinois. When the cards of all organizations are assembled a national census of woman's labor will have been secured.

"All constructive peace makers," declares the World's Peace Foundation, "know that the basis of peace is an organization of free nations." The W. C. T. U. members who will most promptly and enthusiastically respond to the organization's official plans for emergency service will be those who for many years have ardently advocated international peace and arbitration. They believe it is now our sacred duty in loyalty to suffering humanity to unite with our entire nation in defending the high principles of our Christian civilization, and thus to answer patriotism's call.

ANNA A. GORDON, ELLA B. BOOLE, FRANCES P. PARKS, ELIZABETH PRESTON ANDERSON, SARAH H. HOGE, MARGARET C. MUNNS,
Federal Officers of the National Woman's Christian Temperance Union,

SOLDIERS AND SAILORS RELIEF DEPARTMENT

"The supreme test of the nation has come, we must all speak, act and serve together."
—Woodrow Wilson.

Dear White Ribbon Sisters:
The dreaded has come to pass and our country is in a state of war. There is no use taking time to discuss the why, wherefore or justice of this, because nothing would be gained by such a discussion. It only behooves us to make ready that we may give of ourselves through our organization, when a call is made upon us.

Owing to the exigency of the case I have been appointed as state superintendent of the Soldiers and Sailors' Relief department, subject to confirmation by the executive board which convenes in May, and until then, at least, I shall do all in my power to help our state fall in line with the others, getting ready to act under the wise instruction of national superintendent, Ella Hoover Thacher.

Mrs. Thacher and Miss Gordon have formulated a plan of work which has met the approval of the national officers and just as soon as I receive an outline of this plan I shall pass it on to each local organization.

In the meantime I sincerely hope each local organization will hasten to appoint a local superintendent, if it has not already done so, and that each district president do likewise in her district. Let us aim to be ready to start work as soon as plans reach us, that we may put North Dakota to the fore in this great movement to aid humanity in its hour of distress.

Sincerely yours,
MRS. O. L. SATEREN.
Grand Forks, N. D., Apr. 17, 1917.

TELEGRAM TO PRES. WILSON

Fargo, N. Dak., April 20, 1917.
To President Woodrow Wilson,
Washington, D. C.

The Woman's Christian Temperance Union of North Dakota representing three thousand members most urgently petition you to use your authority as Commander in Chief of the army and navy as a war measure to prohibit the manufacture and sale of intoxicating liquor. We are giving our sons, born in a prohibition state, to the service of our country and we demand this protection for them. We promise cooperation in every possible way in the saving and increase of food supplies and we protest against the waste of grain in the manufacture of that which only debauches men.
ELIZABETH PRESTON ANDERSON, President; ABBIE W. H. BEST, Vice President; BARBARA H. WYLIE, Corresponding Secretary; KATE S. WILDER, Recording Secretary; MINETTE B. BOWE, Treasurer.

WHITE RIBBON BULLETIN

PUBLISHED MONTHLY.

Official Organ North Dakota W. C. T. U.

Elizabeth Preston Anderson

Mrs. R. M. Pollock,
MANAGING EDITOR.

Entered in the postoffice at Fargo, N. D., as second class matter.

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OBJECT—To promote the advancement of the W. C. T. U. work of North Dakota in all its departments, and to do all in our power to bring the triumph of Christ's Golden Rule in custom and in law.

STATE MOTTO—I am but one, but I am one; I can not do everything, but I can do something; what I can do, I ought to do, and what I ought to do, by the grace of God I will.

PLEDGE—I hereby solemnly promise, God helping me, to abstain from all alcoholic liquors as a beverage, including wine, beer and cider, and to employ all proper means to discourage the use of and traffic in the same.

MAY 1917

STATE OFFICERS.

President—Mrs. Elizabeth Preston Anderson, Fargo.

Vice-President—Mrs. Abbie W. H. Best, Fargo.

Corresponding Secretary—Mrs. B. H. Wylie, Bismarck.

Recording Secretary—Mrs. Kate S. Wilder, Fargo.

Treasurer—Mrs. Minette B. Rowe, Fargo.

North Dakota W. C. T. U. Headquarters,
First National Bank Block, Fargo
Secretary, Mrs. Minette B. Rowe.

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Secretary Young People's Branch—Miss Adah Fleming, University.

Supervisor Y. P. B. State University—Mrs. Alice V. Hull, University.

Secretary Loyal Temperance Legion—Miss Gladys M. Powell, University.

Associate L. T. L. Secretary—Mrs. Lillie B. Bowers, Fargo.

Secretary Willard Union—Mrs. L. L. Muir, Hunter.

Work Among Foreign Speaking Peoples—Mrs. Julia D. Nelson, Fargo.

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Scientific Department—Instructor—Mrs. Lillie B. Smith, Thompson.

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Bureau of Publicity—Mrs. Ann's E. Greenwood, Valley City.

Anti-Narcotics—Mrs. W. E. Black, Grand Forks.

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Christian Citizen Ship and Peace—Miss Nell Osmond, Hunter.

Social Meetings and Red Letter Days—Mrs. J. H. McMullen, Minnewaukan.

Fairs and Open Air Meetings—Mrs. Ida Sparks Clarke, Fairmount.

Flower Mission—Miss M. Inez Lee, Epping, R. R. 2.

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The Union Signal as a Campaigner

THE UNION SIGNAL answers the many requests made for reliable information concerning the effects of prohibition. It refutes the misstatements of its dictatorial enemies by giving the ABSOLUTE TRUTH; it destroys the tissue of deception so skillfully woven by the brewers, by stating the latest scientific testimony concerning the true nature and effects of beer. It is unequalled as a campaign document. You cannot afford to be without it. THE UNION SIGNAL. It educates, inspires and encourages. Read and pass it on to others. Only \$1.00 per year. The premium copy for ten subscriptions at \$1.00 each. Price per 100 for distribution purposes \$1.75. The once-a-month Campaign Edition only 8c per year. Ten subscriptions will at one time at old rate. See subscribe now!

PRESIDENT'S CORNER.

All manuscript for publication must be in my hands by the 15th of each month. See all communications to Mrs. R. M. Pollock, Fargo, N. Dak.

Dear Comrades:—

It is difficult to realize that our country is in this terrible world war, yet day by day as our boys enlist in the army, navy and marine corps, the truth is brought home to us, and with it we begin to realize what war means.

This is a time for us to hold steadily to the purposes of our organization. If ever there was need for the work of the W. C. T. U. that time is now. Our boys are responding with the enthusiasm of youth to the call of their country. Most of them were born in North Dakota, a state which has never known the curse of the legalized liquor traffic. They are going out from the protection which we have thrown around them, to face dangers far more deadly to body and soul than German submarines and shells. The Congress and the President of the United States have the power to remove these dangers. We have the right to demand that national prohibition be enacted at once as an emergency war measure.

On April 20th a night letter which appears in another column was sent to President Wilson by the general officers of the North Dakota W. C. T. U. urging him to prohibit the manufacture and sale of intoxicating liquor as a war measure. Letters have been sent to every local union urging the sending of similar telegrams. I trust thousands of telegrams from this state have gone to Washington. If national prohibition has not been enacted, before this letter reaches you, I beg of you to continue this work until it is done. Night letters, each signed by a number of persons, the more influential the better, should go to our representatives and senators as well as to the president. Votes should be taken at mass meetings, patriotic meetings, church services, all kinds of gatherings—and sent at once to the President and our representatives at Washington.

Please remember there is no preparation for our part in the great world conflict so important as this and the greatest, most patriotic service we can render to our country is to see that this is done.

Our organization is, and has been from the beginning, a patriotic organization. Our motto is "For God and Home and Native Land," and our work during all the years has been to make this a sober nation—a people prepared to serve God and humanity.

We stand for the prohibition of alcohol and all brain poisons, for peace, for freedom, for true democracy.

A statement from the national general officers of the W. C. T. U. is published in this issue of the White Ribbon Bulletin giving general plans for service in this crisis. More definite plans will be given later from time to time.

Our organization with its great machinery is splendidly equipped for work and has for years worked in lines which will be specially emphasized during the war. Red Cross work is done under the department of Soldiers and Sailors. Write to our new superintendent, Mrs. O. L. Sateren, Grand Forks, for plans, and report your work to her. She will report to the national superintendent, Mrs. Ella Hoover Thacher, Washington, D. C., who will report to the American Red Cross. General relief work during the war will be done under our department of Flower Mission and Relief work. Write Miss Inez Lee, Epping, N. Dak., superintendent, for plans and report work to her. She will report to our national superintendent, Miss Lella M. Sewall, Boston, who will report to the Am-

erican Red Cross. Both of these departments are now standardized by Red Cross rules.

At our Indianapolis convention the National W. C. T. U. voted to cooperate in the plans of the National Bureau of Immigration for Americanizing immigrant women through the organization of classes for the teaching of Americanism and national loyalty. This work should be done under our department of Work Among Foreign Speaking People, Mrs. Julia D. Nelson, Fargo, state superintendent and Mrs. Ella B. Black, national superintendent.

W. C. T. U. women will wish to help in increasing food supplies and in the elimination of waste. And in this line we must not forget to protest in our telegrams to the President and to our congressmen and senators, against the waste of grain in the manufacture of intoxicating liquors. Secretary Houston says that the value of grain going into alcohol last year was \$145,000,000.

Strictest economy should be practiced in the home, in food, in dress and in our pleasures. We should count it a privilege to make some sacrifice in order that the people of the world may be clothed and fed. We believe that all banquets, expensive entertainments, as well as extravagant dressing should at this time be considered unpatriotic. Is it too much to hope that many men will be patriotic enough to deny themselves cigars and tobacco for the period of the war? The price of these luxuries would feed many helpless women and children who today are starving. While we are facing a world shortage of food, would it not be wise for the government to prohibit planting of tobacco on land which should be used for raising food supplies?

In order to conserve time, strength and energy in doing the work urged by the national government, the state presidents of the Federation of Women's Clubs, the Votes for Women League and the W. C. T. U. have formed a committee to be known as the North Dakota Women's Patriotic Emergency Committee and we are sending a letter to every local club, suffrage organization, and W. C. T. U. in the state. The letter will be found in another column and we are sending it to the local unions through this issue of the White Ribbon Bulletin. Please call a special meeting of the union, have this communication read and appoint one member of the local Woman's Patriotic Committee at once. The names of the local committee appointed by the W. C. T. U., the suffrage organization, and the clubs, should be sent to Mrs. Grace Clendening, Fargo, before May 10.

A personal word in closing. I am thankful to be able to report to you that I am convalescing from a minor operation. My physician has ordered three or four months of quiet and rest. Although it is a great disappointment not to attend district conventions as I had planned, I believe you will agree that it is wise to take this time to conserve strength for battles yet to come.

Yours faithfully,
ELIZABETH PRESTON ANDERSON,
Fargo, N. Dak., April 24, 1917.

Our nation and our president should have our earnest prayers.

EVERY—
College Library
Public Library
Public School Library
Sunday School Library
should have for reference at least one copy of
The Life of Frances E. Willard
Written by Anna A. Gordon
National W. C. T. U. Publishing House
Evanston, Illinois

FROM MRS. WYLIE.

Dear Comrades:

We are appalled at the war cloud hanging over our beloved land, and wives and mothers understand one another, in silent sympathy. Yet we are ready to do our part, along every line, while we pray with Kipling: "Lord God of Hosts! Be with us yet—Lest we forget, lest we forget!"—and lest we trust in our men, or money, or anything else but the Great Commander who has never lost a battle.

For the department of work among Soldiers and Sailors, Mrs. O. L. Sateren, of Grand Forks, has been appointed State Superintendent. The National Supt., Mrs. Ella H. Thacher, of Washington is sending out instructions, and through Mrs. Sateren, these will be sent to local workers. The suggestions will be practicable and we feel sure of a ready response to this call. Mrs. N. C. MacDonald, of Bismarck has accepted the superintendency of the department of Social Meetings and Red Letter Days, for the balance of the year. We welcome Mrs. Sateren and Mrs. MacDonald, as new superintendents, and trust their work may receive due attention from local unions.

Mrs. Ida S. Clarke of the department of Fairs and Open Air Meetings has returned from Arkansas, where she spent a pleasant winter. While there she attended the state suffrage rally, after the passage of the bill.

Miss M. Inez Lee is back from Iowa, to her home at Epping, for the summer. Miss Lee has won a victory for her department of Flower Mission and Relief Work by getting the consent of all our express companies, to use our labels, for transportation of flower mission supplies free of charge for a distance of not more than 100 miles.

We regret that our vice-president, Mrs. Best, who is in Brooklyn, and our medal contest trainer, Mrs. Virginia Keener, who is in Loxley, Alabama, will not return to the state this summer.

We expect to have Mrs. Harriet D. Hall, of Aurora, Ill., a favorite with North Dakotans, for work in the state during the month of June.

Mrs. Bowers goes ahead regardless of war or weather. She has been working, of late, in 13th and 14th districts. She has organized local unions at Gackle and Nortonville, and re-organized the union at Elliott. Names of officers will appear elsewhere. Mrs. Bowers has also organized several L. T. L.'s this month.

Mrs. Shafer, of Beach, is ready to begin work again and will be the speaker at the district convention in 6th district. Our old friend, Rev. Alice Ruth Palmer, is pastor of a church in Medina, and can go to near-by places, if desired. District convention plans are going forward. A few will be held in May but most of them in June. We are in receipt of the original and comprehensive program for the 12th district convention at Jamestown, May 3 and 4. This is the first district meeting, of the season, and promises to be one of unusual interest.

Mrs. Kate S. Wilder is spending the week visiting her local unions and holding institutes. Her district convention meets at Buxton May 23rd.

A week ago today I had the great pleasure of meeting with the Grafton union, at the home of Mrs. J. E. Gray, where we planned about the work. Ever since we were so royally entertained, by the Grafton ladies, last October we have felt at home among them, and this visit was no exception. A delightful social hour followed the business meeting, and delicious refreshments were served by the hostesses. Among our Grafton white-ribboners are several Spartan mothers, who have sent out their sons at the country's call. Let us do our best for them, and all other mothers' boys.

Yours for service,

BARBARA H. WYLIE.

Bowesmont, N. D., April 27, 1917.

NORTH DAKOTA WOMEN'S PATRIOTIC EMERGENCY COMMITTEE

Fargo, N. D., April 24, 1917. Dear Co-Workers:—We are living in an unusual period of our national history. Never have we had such a crisis to face. The women of our state have a duty in this hour of stress. With a large number of women affiliated with several organizations, and a still larger number not affiliated with any, the time is ripe for us to avoid duplication of time and energy and more effectively and economically coordinate our efforts along the lines urged by the National Government.

As the presidents of three organizations in the state, we wish to eliminate duplication by uniting our forces along these lines. A call has come to all our organizations. First: For a certified registration of women for service to the Government. Second: To increase the food products of North Dakota and eliminate waste. Third: To work along lines designated by American Red Cross. The plan of work is this:

First—The State Committee shall consist of the State Presidents of the undersigned organizations, and shall be called the North Dakota Women's Patriotic Emergency Committee. Second—That each local organization shall appoint a member to form a similar committee for their town. Third—There are three lines of work. Each town must take up certified registration and one or both of the other two lines, and one member of the committee be responsible for one line of work chosen. Fourth—It shall be the duty of this local committee to organize all the women of her community for definite work along these lines. Fifth—There will be a state chairman for each of the departments of work whose names will be sent to you later. Sixth—Please send the three names of the local committee and the line of work selected by each as soon as possible to the Secretary of the State committee as shown below. Seventh—This is emergency work; it is your opportunity to do your bit. We must have every committee appointed and reported to the Secretary by May 10.

Relying on you, we are,

Cordially yours,

MRS. H. G. VICK

Pres. State Federation Women's Clubs
Chairman

Patriotic Emergency Committee
ELIZABETH PRESTON ANDERSON
President State W. C. T. U.

Vice-Chairman

Patriotic Emergency Committee
GRACE CLENDENING

Pres. State Votes for Women League

Secretary

Patriotic Emergency Committee

THE FIRST STEP IN OUR LOYALTY CAMPAIGN

How the Women of the W. C. T. U. Can Help the 1917 Wheat Crop.

North Dakota raised approximately 150,000,000 bushels of wheat in 1915; in 1916 North Dakota raised less than 50,000,000 bushels, due in large part to the epidemic of black rust. The black rust spores are known to live over winter on wheat stubble and propagate in the spring on the barberry bushes which have been brought into the state to ornament lawns and parks. One shrub can generate enough spores to scatter, through wind and and proper climatic conditions, the epidemic over the entire state.

A law was passed by the last legislative assembly to eradicate these bushes from the state. It is necessary to locate them. Let every union start a campaign in its community for the destruction of these bushes. In order to be effective for this year's crop they must be dug up by the 1st of June.

If you are unable to influence the owners to dig up these bushes, notify the Commissioner of Agriculture, J. N. Hagan, Bismarck, N. D., and if you are not sure of this bush, send samples to the botanist of the N. D. A. C. for identification.

FAIRS AND OPEN AIR MEETINGS

Dear Comrades:—

I have just reached home after spending the winter months at Hot Springs, Ark. Now that the snow is gone and warm weather is here we must plan for our Fairs and Open Air Meetings. Will each union hold at least one meeting? Have plenty of literature to distribute, secure your very best speakers. Do something worthwhile and report all work done.

This department is one of the greatest temperance sentiment makers because of the wideness of its scope, its outdoors and indoors, its all the year round opportunity. Open air meetings, chautauquas, fairs, exhibits and window displays, parades and pageants all afford magnificent opportunity for originality and artistic skill. Shall not the W. C. T. U. excel in these days of the beautiful construction of things?

Please dear local presidents get busy and appoint a local superintendent of this department. Then plan a parade, a demonstration, an object lesson, an education all in one. Nothing succeeds like success. A parade must be a successful one or it will weaken the cause it seeks to strengthen. No parade need be a failure, a person with a head for system and a talent for detail can always successfully conduct one. It takes work, it takes planning, but there is nothing hard about it. Its design is to show the strength of the forces that stand for prohibition. Write me for plans.

It is generally conceded that stronger and more lasting impressions are made by the eye than by the ear. With many seeing is believing. The organism of the human eye is that of a perfect lens, and the photograph taken prints itself upon the brain and the memory. So to emphasize what we wish to be known, the thing to be remembered must be placed before us in graphic language, terse sentences, convincing facts, large letters, brilliant coloring, and must be oft repeated in conspicuous and much frequented places. This is the poster idea and the man or woman who can advertise his or her idea in a way that makes the public stop, read and think is apt to be a success in any line of work. We live in an age when everybody advertises. "It pays to advertise." So let us use posters of every size and description.

The window exhibit is a continuous, all the year around open air meeting. It is a picture with a strong moral attached; it is a lesson taught by visual instruction, it is study for the thoughtful, it is a convincing argument for the skeptical, it is an illustrated lecture and a "voiceless speech." Should you wish to prepare one write me for suggestions.

Yours for service,

IDA SPARKS CLARKE, State Supt.
Fairmount, N. D.

PROHIBITION AND THE CONSTITUTION

By the constitution Congress has eighteen specified powers. The eighteenth reads, "To make all laws which shall be necessary and proper for carrying into execution the foregoing powers and all the other powers vested by this constitution in the government of the United States or in any department or office thereof." Now several if not all of the previously mentioned powers of Congress will be distinctly and effectually aided for their execution in the enactment by Congress of Nation-Wide Prohibition of the liquor traffic. And a majority vote by Congress with the approval of the President can make such a long desired law. The required two-thirds and the ratification by three-fourths of the state legislatures for a constitutional amendment are not needed in this case. So in view of the fact that a long and unnecessary wait would be called for by the amendment plan and in view of the fact that the country is ready for national prohibition and also in view of another very im-

portant consideration—we have entered upon the great war and should have the best citizen and soldiery efficiency possible, it is apparent that statutory prohibition should at once obtain and to that end all the Congressmen and the President should be importuned with thousands of petitions within the next few weeks.

E. H. PARKINSON, D. D.
Washington, D. C., April 14, 1917.

SOLDIERS', SAILORS' AND MARINES' DEPARTMENT

Dear Co-Workers:—We are in the midst of troublous times and war has been declared. We must be ready with our help. Our plan is as follows:

First—Keep the soldier from the saloon. How?

By religious and social work, open your homes, your church parlors, your churches, your halls, for these "boys" wherever they are mobilized; if not in your city or town help the white ribboners in other parts of the state who are in charge of this department. We must show our "boys" that we are deeply interested in and love them.

Procure the name, the company and regiment of the soldier and the name of ship and receiving ship of the sailor and marine (you must have small pads and pencils ready at hand for this).

Organize groups of women to make surgical dressings, bandages, pajamas, etc. We shall make the Red Cross our medium for distribution, but REMEMBER we use our own machinery, keep our own identity and record, as is our custom, reporting through local, county and state superintendent of Soldiers and Sailors Department. Where there is no state superintendent your state president is the acting superintendent for this Department—confer with her.

The Y. P. B., the L. T. L. and the school children may be made interested and give much help in this work. We are all patriots, we love our country and our dear Old Glory. Let us show it now.

PLEASE write me at once, as we may need to act quickly for our precious country and God.

Lovingly yours,

ELLA HOOVER THACHER
National Superintendent

FIELD NOTES.

ABSARAKA.—The Absaraka W. C. T. U. held one of its most interesting meetings of the year at the home of Mr. and Mrs. Nils Nilson, Friday, March 23d, 1917, with an attendance of over fifty. The subject being, "Narcotics." The meeting was opened with music by the union followed by devotional exercises which were very impressively conducted by Mrs. Christman. Interesting readings on the subject were given by Mrs. A. Hill, Mrs. Stine, Miss Ido and Mrs. B. Palmer. These were followed by short readings by each member. After school the teachers and pupils gave some excellent numbers. Miss Boyd read an essay on "The Demoralizing Effect of Alcohol," and Miss Peoples, "The Demoralizing Effect of Tobacco," both subjects were most ably handled. Leona Hagemester and Lydian Boyce sang very sweetly, "The Beautiful Lilies," recitations were given by Horton Ford and Marcus Atkins, Bernice Brown rendered a piano solo. A feature of the program which was much enjoyed was the presenting of white ribbons to Baby Ford and Baby Hanson by Mrs. Hay, making them honorary members of the union. After the meeting Mrs. Nilson invited her guests to the dining room to one of those most sumptuous "spreads" for which she is noted. Absaraka has a union well to be proud of. But very few meetings have an attendance of less than fifty. Much credit must be given to our excellent president, Mrs. A. Cuthbertson, through her untiring efforts she has been the instigator in building up one of the finest unions in the state.

MRS. MARY A. BENNETT

Mrs. Mary A. Bennett of Jamestown was a pioneer in the work of the North Dakota Woman's Christian Temperance Union. Twenty-eight years ago when I entered the state work, she was superintendent of the department of Work Among Foreign Speaking People. For a number of years she has been confined to her home, but her intense interest in our great reform and in the world's work has never dimmed. While we were working in the legislature for woman's enfranchisement, a cause near to her heart, she entered, upon those "heavenly activities which are not succeeded by weariness."

Mrs. Bennett was born and educated in Germany. For years she taught German in the public schools and the college at Jamestown. She was a most interesting conversationalist and had a delightful sense of humor. She was a heroic character—one who counted no sacrifice or service too great for the work of the Woman's Christian Temperance Union to which she had dedicated her life. Her service to our cause in the early days can scarcely be over estimated.

She rests from her labors and her works do follow her.—E. P. A.

TREASURER'S REPORT.

Amounts received from unions and districts from March 21st to April 21st, 1917.

Ellendale, dues.....	\$13 90
Edgeley, memorial, Stevens.....	4 00
Galesburg, L. T. L. dues.....	4 20
Cooperstown, Stevens.....	1 00
Sheldon, dues, memorial, Stevens	4 70
Towner, dues.....	6 30
Ross, dues.....	7 00
Mohall, legislative, memorial, state	
Stevens, dues.....	10 80
Barbara Wylie, headquarters.....	5 00
Abercrombie, dues.....	7 00
Rolling Green, dues.....	2 10
Cavalier, dues.....	7 00
Hankinson, dues.....	7 00
Fargo Scandinavian, headquarters	
L. T. L. memorial, chautauqua	26 00
M. Inez Lee, essay work.....	5 00
Leeds, L. T. L. dues.....	1 50
Grand Forks, dues.....	14 00
Bowdon, dues.....	7 00
Jamestown, dues.....	4 90
Fargo, L. T. L. dues.....	10 10
Hunter, memorial, state.....	7 00
Bay Center, dues.....	3 50
Stanley, dues.....	6 30
Page, state, dues.....	19 80
Dickinson, headquarters.....	5 00
Galesburg, dues.....	11 20
Bowdon, dues, memorial.....	3 40
Kintyre, Stevens, memorial.....	4 00

MINETTE B. BOWE.

BELEATED PATRIOTISM

The speculators in butter and eggs, and wheat, and some other kinds of food, have announced that they will now discontinue their operations, "as a matter of patriotism."

The leopard does not change his spots over night. The public will be sceptical as to the reality of a patriotism that has let these gentlemen gamble so long in the necessities of life, and inflict untold suffering upon men, women and children in their own land.

"Don't shoot, Colonel, I'll come down!" said the coon to Davy Crockett when he saw the unerring rifle aimed at him. It is the fear of drastic action by the government that has caused most of these "patriotic" concessions to be offered by corporations that never showed a spark of patriotism before. Many of them have for years been plundering the government and the public impartially.

The object lesson should be of value to women, as showing what efficiency there is in even a threat of government interference to make powerful evildoers "draw in his horns." A. S. B.

It is not that God is on the side of the strongest battalions, but that the strongest battalions are those that have God on their side.

ALCOHOL

The Province of Quebec, Canada has had a Royal Commission engaged in studying the alcohol question. Dr. Gauvreau, registrar of the College of Physicians of the Province, sent a circular letter to all the physicians of the province asking if they would assent to certain statements which had been prepared for the Royal Commission regarding alcohol, among which were the following:

"Contemporary science asserts, and that with proofs, that alcohol is a marked poison of the liver and nervous system and is in truth a dangerous substance which men ought absolutely to refrain from taking.

"There are no hygienic drinks among alcoholic liquors.

"The extremely moderate use of one of the fermented drinks may not always injure certain individuals but it is never truly healthful.

"To be in the most complete possible possession of our faculties and of our natural powers at every moment of our lives we must be vigorously abstinent."

Among replies received from over 700 physicians only a few dissented from above statements. Alcohol is the same whether taken in whisky, wine or beer. Total abstinence is the only safe rule.

ALCOHOL AND HEALTH

The department of health of New York City in announcing the attitude of the department on the alcohol question made the following statements: "Alcohol decreases resistance to infectious diseases, such as tuberculosis and pneumonia. Alcohol is a depressant and not a stimulant; it drugs the brain and drops the capacity of the nerves to obey the will. In this way the use of alcohol becomes an important factor in industrial accidents.

"The discontinuance of the use of alcohol will mark a greater advance in public health protection than anything since application of our knowledge of the bacterial origin of disease. Aside from its action as a contributory cause in infectious diseases and industrial accidents, the intemperate or continuous use of alcohol causes well recognized degenerative diseases.

"In all that is said regarding alcohol it is well to bear in mind that alcohol is the same poison whether in whisky, gin, wine or beer. Since they all contain alcohol they are all dangerous."

A SCATHING ARRANGEMENT OF ALCOHOL BY HIGH AUTHORITY

Health officials of many states are engaged in efforts to overcome intemperance by educational methods. Ample justification for their activities in this field is found in the following facts which are given in the weekly Bulletin of the Department of Health of New York City, June 19, 1915:

"A diminution in the consumption of alcohol by the community, according to those who are in a position to know and to judge, would mean less tuberculosis, less poverty, less dependency, and less pressure on our hospitals, asylums and jails. Intemperate drinking cuts into the self support of the family. The drinking of parents weakens the vitality of children. Drinking mothers lose twice as many children as do sober mothers. More alcoholism is found in the parents of feeble-minded than in parents of normal children. The children develop more slowly and do poorer school work than do the children of abstainers. Alcohol impairs the tone of the muscles, lessens the product of laborers, depreciates the skill and endurance of artisans, impairs memory, multiplies industrial accidents, causes chronic disease of the heart, liver, stomach and kidneys, increases the death rate from pneumonia and lessens natural immunity to infectious diseases."

And let us remember here that in another Bulletin of the New York Department of Health this statement is made: "Alcohol is alcohol, and harmful to the human body no matter in what agreeable form it is handed around. The rich man's alcohol is champagne, wine

and cocktail and poor man's alcohol is whisky, gin and beer—but since they all contain alcohol they are all dangerous."

Beware of beer the much lauded temperance drink!"

BEER INJURIOUS AND DANGEROUS

Dr. Howard A. Kelly, of John Hopkins University is one of the most eminent surgeons in the United States. In a recent letter to the Union Signal Dr. Kelly said: "I have a good deal of knowledge of the effects of beer drinking both in this country and abroad. It is injurious all the time, creating drunkards, disrupting homes, and robbing children and mothers of millions of dollars wasted over the bar of the saloon.

"The habitual beer drinker stands small chance of recovering from an attack of pneumonia. Moderate quantities of beer impair efficiency, and our working people lose thousands of dollars yearly by being laid off because of beer drinking. There is no such thing as moderate drinking. All drinking is excess."

Professor Bollinger of Germany who has performed thousands of autopsies, asserted that every sixteenth male in Munich dies of beer heart. "One rarely finds in Munich a faultless heart and a normal kidney in an adult male," said Professor Bollinger.

TESTIMONY WORTH CONSIDERING

G. O. Higley, professor of chemistry, Ohio Wesleyan University, Delaware, Ohio: "In regard to the effect of beer upon the human body it has been shown:

1. That a half pint of beer injuriously affects the sharpness of vision.
2. That two glasses of beer may so diminish a mountain climber's nervous and muscular efficiency that he may expend 15 per cent more energy in ascending a mountain and require 20 per cent more time for the ascent than when no alcohol had been taken.
3. That the presence of alcohol in the blood of the beer drinker may so interfere with the normal oxidizing power of the blood, as to lead to fatty degeneration of the heart and other organs.
4. That when abstainers and beer drinkers are undergoing equal physical strain, as on the march, carrying uniform and equipment, and especially at high temperature, the beer drinkers are, in general, the first to fall out.
5. That beer drinking may lead to alcoholic insanity.
6. That beer is not a food in any important sense.

"Many of the most skillful physicians of this and other countries no longer prescribe alcohol in any form for internal use, believing that in every emergency the physician has some other remedy more certain in its action and freer from evil effects."

The women of Yucatan have been granted suffrage. This is the first province of Spanish America to take this advance step.

EVERY LOCAL UNION IS URGED TO OBSERVE MEMBERSHIP WEEK—MAY 6-13

Especially helpful in house to house calling, for enclosure in letters or in social visiting are the following:

- The Relation of the W. C. T. U. to Other Organizations; Achievements of the National W. C. T. U. Per fifty, 60 cents; per hundred, \$1.00.
- The Woman's Christian Temperance Union a World Power and Why. Per fifty, 50 cents; per hundred, 90 cents.
- The What and Why of the W. C. T. U.; Hand Picking; Why I Am a White Ribboner; The Advantages of Organization; Is It Right?; The Church and the W. C. T. U.; Busy Women and the W. C. T. U. Per hundred, 35 cents; per fifty, 20 cts.

A special souvenir card containing quotation from Miss Gordon, vignette and facsimile signature, has been prepared for membership week. Price, per fifty, 20 cents; per hundred 35 cts. Samples of each leaflet and card will be forwarded postpaid for 10 cents.

NATIONAL W. C. T. U. PUBLISHING HOUSE, Evanston Ill.

SCHEDULE OF POINTS TO MAKE A DISTRICT PRIZE UNION

Paying State Dues and Pledges by Jan. 1st.....	10
Paying District Dues by March 1st.....	10
Paying Dist. Pledges by March 1st.....	10
Sending President to District Convention.....	5
Holding an Institute.....	5
Organizing an L. T. L., a Y. P. B. or a Union, each.....	10
For every member gained.....	1
Observing Day of Prayer for National Constitutional Prohibition.....	5
Observing Reg. Letter Days, each.....	1
Writing or sending telegrams to Legislature, each.....	1
For every temperance sermon secured.....	5
For every letter written District President about work.....	1
Holding Essay Contest or Medal Contest, each.....	5
For reporting every meeting to the Press.....	10
For every person, not a member, who accepts invitation of member to attend regular meeting.....	1/2
For every 100 pages of literature distributed.....	1
For every Department worked and reported at District convention....	1
For every Public meeting where local speakers talk.....	5
For every Public meeting with outside speaker.....	2

EVOLUTION

Said Mr. Jones, in nineteen-ten: "Women, subject yourselves to men!"
Nineteen-eleven heard him quote—"They rule the world without the vote!"
By nineteen-twelve he would submit.
"When all the women wanted it."
By nineteen-thirteen, looking glum, He said that it was bound to come.
This year I heard him say with pride: "No reasons on the other side!"
By nineteen-sixteen he'll insist!
He's always been a suffragist.
And what is really stranger, too,
He'll think that what he says is true!
—Utica Press.

The driving out of the saloon from America and the celebration of the three hundredth anniversary of the landing of the pilgrim fathers at Plymouth, Mass., are to be simultaneous events on Mayflower Day in 1920.

THE CHOICE OF A COMMENCEMENT GIFT

Is easily made and sure to please if selected from the following list:

- BOOKS:—The Life of Frances E. Willard, by Anna A. Gordon, \$1.50; The Federal Government and the Liquor Traffic, by Wm. E. Johnson, \$1.00; Wealth and waste, by Alphonso A. Hopkins, \$1.00; Social Welfare and the Liquor Problem, by Henry S. Warner, \$1.00; A Century of Drink Reform in the United States, by Aug. F. Fehandt, \$1.00; The Anti-Alcohol Movement in Europe, by Ernest Gordon, \$1.50; The Economics of Prohibition, by J. C. Ferndal, \$1.50; The Liquor Problem, by Norman E. Richardson, 50c; What Frances E. Willard Said, compiled by Anna A. Gordon, 75c; What Lillian M. N. Stevens Said, compiled by Anna A. Gordon, 50c; Talks to Girls, by Eleanor Hunter, 50c; Talks to Boys, by Eleanor Hunter, 50c; Jean Mitchell's School, by Anne W. Ray, \$1.00; A Modern Madonna, by Caroline A. Stanley, \$1.50; Nineteen Beautiful Years, by Frances E. Willard, 60c; The Man Who Forgot, James Hay, jr., \$1.37; John Barleycorn, by Jack London, \$1.42; Little Sir Galahad, by Phoebe Gray, \$1.42; The Golden Lamp, by Phoebe Gray, \$1.42; Dear Enemy, by Jean Webster, \$1.37; Black Rock, by Ralph Connor, 50c; Sky Pilot, by Ralph Connor, 60c; Two, by Edith Davis, 40c.

SOUVENIR SPOONS:—Rest Cottage Spoon, sterling silver oxidized (Rest Cottage in bowl), price \$1.50; W. C. T. U. Tea Spoon, sterling silver (Crusade Church in bowl), price \$2.00. REST COTTAGE SOUVENIR—A terra cotta plaque, with Rest Cottage in bas relief, hand carved, hand tinted, price \$2.00.

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