



"NOT WILLING THAT ANY SHOULD PERISH."

Monthly—25 Cts. a Year

CASSELTON, N. D., AUGUST, 1927

VOL XXXI. No. 7

"NOT A SPARROW FALLETH"

Said the robin to the sparrow—
"I should really like to know
Why these restless, human creatures
Rush about and hurry so."

Said the sparrow to the robin—
"Friend, I think that it must be
That they have no heavenly Father
Such as cares for you and me."

PRESIDENT'S LETTER

Dear Comrades:—

The event of the year for the North Dakota Woman's Christian Temperance Union is the annual convention at Grand Forks Sept. 29-Oct. 2. We are greatly favored in being able to have our National President, Mrs. Ella A. Boole, with us at this meeting. Mrs. Boole's services as a platform orator are in demand in all parts of the United States and we are extremely fortunate to be able to secure her for our state convention.

We would like to have a one hundred per cent representation of our unions, that is, every union represented at this meeting. It is most important that, in addition to the district presidents and state directors, every local president be there, and we hope many will be accompanied by full delegations from their unions.

The North Dakota section of the "wall of defense" will be on exhibition and every victorious captain who is present will be introduced to the convention. The program will present many helpful and inspiring features. We hope Mr. S. B. Qvale of St. Paul, Prohibition Administrator of the district, will be present and give us an address. Echoes from the National Convention at Minneapolis will be given by some of our delegates.

We are very grateful to the volunteer captains and all who helped, for the large number of new members who have, this year, enlisted in the North Dakota W. C. T. U. Whether the treasurer will be able to report a net gain equal to the number of new women the corresponding secretary will report depends upon the faithfulness with which the dues for old members are collected and sent to the state treasurer before her books close September 15. It is well to have a committee appointed to assist the local treasurer in this work. Every member whose dues fail to reach the state treasurer before Sept. 15, takes one off our net gain. Let us all help to make our net gain as nearly as possible equal the splendid number of new women who have joined this year.

Deputy Prohibition Administrator

At this writing, the appointment of the Deputy Prohibition Administra-

tor for North Dakota has not been announced. In May, your state officers had an interview with General Rhinow and he gave us fifteen days to send in names of men whom we could endorse for this position. Since that time, General Rhinow has resigned and Mr. S. B. Qvale, a pronounced dry, has been appointed. This change of Administrators has doubtless caused the delay in the North Dakota appointment. In the meantime, Major B. C. Boyd has been acting Prohibition Administrator for North Dakota, since Mr. Stone's resignation, and is doing splendid work.

National Convention

It has been thirty years since a national convention has been held as near us as the convention this year. Minneapolis is within easy driving distance by automobile and the roads are in splendid condition. All railroads give reduced rates to delegates and visitors. It is necessary to get a certificate when purchasing tickets. Certificate, when validated at the convention, entitle the purchaser to return fare at half rates. Certificates should be deposited on arrival, with the transportation committee, in the lobby of the Curtis hotel, and a receipt therefor will be given. Any elected delegate, who cannot attend, should notify Mrs. Wylie as early as possible, that an alternate may be notified and ready to take her place.

We expect to have a full delegation this year and we hope there will be a great many visitors from North Dakota. While they do not have the privilege of voting, visitors may get as much benefit from the convention as delegates. There will be reserved balcony seats for visitors. Address Mrs. Martha J. Reed, 1445 Fairmount Ave. St. Paul, for these, and ask that North Dakota visitors be seated together. For hotel accommodations, apply to C. C. Melony, manager Curtis hotel, Minneapolis. For accommodations in private homes and boarding houses, write Mrs. Myra Griswold, 4628 Nicollet Ave., Minneapolis.

Mrs. Harriet G. Northfield, 2542 Central Avenue, Minneapolis, chairman of the banquet committee, is now receiving reservations for the banquet to be held August 31. Price—\$2.00 per plate. No tickets will be mailed. Upon arrival, delegates and visitors should call at the Banquet Bureau in the lobby of the Curtis hotel and secure their tickets.

A Personal Word

For letters of greeting from conventions and also for the beautiful messages of sympathy after the Home-going of our little granddaughter, Rachel Cuyler Anderson, I wish to express the thanks and appreci-

WHY LINDBERGH HAS GAINED ALL AMERICA'S ADMIRATION

It is reported that Lindbergh did not touch tea, coffee, tobacco, liquor or wild companionships. It took a real man to maintain such a standard of living. But can anyone say that "it did not pay him?"

Charles Augustus Lindbergh, the youthful aviator, has the whole world at his feet. Why? Because he merits it. God bless him for the great work he has done, greater than his modesty could dream. It is a wonderful task to teach the enraptured youth of the world the beautiful lesson of clean living, straight thinking, industry, perseverance and study—then, with body trained and steeled, planned, natured, mind prepared and calm, spirit resolute and unafraid, off in solitary flight to the distant goal. This mere boy has added to the world's store of scientific knowledge. He has been a mighty force for international understanding and peace. He has awakened in us the slumbering longings and ideals of our youth; these things, after all, can be. He has fired the minds of men with appreciation of the worth of character. We are now too near his deed to appreciate it at its proper worth. History will write his proper record. But we must not forget that back of all the scene is that MOTHER. All glory to the MOTHER, whose early teachings to her boy, is now rewarded, when he was put to the severe test he did not waiver or forget, but stood firm, yet politely refused to drink that which he had been taught from early childhood would bring ruin. All hail to MOTHER as well as to SON. He has verified the Biblical saying "Teach a child in the way it shall go, and when he is grown he will not depart from those teachings."

Rudyard Kipling says:

... ciation of Mr. Anderson and myself and also of little Rae's mother, Mrs. Cuyler Anderson. Little Rae's span of life here covered only four and a half brief years, but in that short time, she made a large place for herself in our hearts and in the hearts of all who knew her. She was an unusually affectionate and winsome little sprite, constantly bubbling over with the sheer joy of living. It is a comfort to know that this joy will never be marred by sorrow, disappointment or pain, that she will grow into the larger life without the stern discipline this world brings to us. Little Jimmie, her brother, playmate and protector, said—"We'll be lonely but God wanted Rae to be with Daddy."

Yours sincerely,
Elizabeth Preston Anderson.

If you can talk with crowds and keep your virtue,
Or walk with Kings—nor lose the common touch.
If neither foes or loving friends can hurt you,
If all men count with you, but none too much.
If you can fill the unforgiving minute
With sixty seconds' worth of distance run,
Yours is the EARTH and everything that's in it,
And what is more—you'll be a Man,
My SON.

—From the "Woman Voter."

LONE ENSIGN TAKES RUM BOAT

Ensign Charles L. Duke of the Coast Guard became a national hero when he jumped aboard a moving rum-runner in the New York bay, seized the vessel's liquor cargo worth \$500,000 and then, by an amazing display of bluff and courage, subdued and arrested her entire crew of twenty-two seamen. Ensign Duke had chased the rum boat identified as the British Economy on a thirty-foot Coast Guard launch from the Narrows, occasionally firing his pistol across her bow. When he jumped aboard the ship he had just two bullets left in his revolver. One seaman sought to resist him but Duke knocked him down with the butt of his pistol and thereafter the twenty-seven year old Coast Guard Officer was master of the ship. Compelling the captain to stop the ship, Duke drove the officers and crew below decks and stood watch through the rest of the night on the bridge awaiting help from Coast Guardsmen ashore. Officers of the Coast Guard hailed his exploit as the most heroic since raids were inaugurated.—Christian Herald.

CALENDAR FOR LOCAL UNIONS

August—
Rally Day and Annual Meeting. Annual reports of local officers and directors of departments. Election of officers and delegates to state convention at Grand Forks, Sept. 29-Oct. 2. Reports sent in by Sept. 10th. All dues collected and dues and budget sent to state treasurer by Sept. 15, when the books close. National Convention, Minneapolis, Aug. 26-31.

September—
State Convention, Grand Forks, Sept. 29-Oct. 2. Reception to teachers. Prize essay contest work begun.

October—
Prize essay contest work in the public schools. Assistance and encouragement to the Y. P. B. and L. T. L. Echo meeting of State and National W. C. T. U. conventions.

WHITE RIBBON BULLETIN

Published Monthly

Official Organ No. Dakota W. C. T. U.

Elizabeth Preston Anderson
Editor in Chief
Mrs. R. M. Pollock
Managing Editor

Maintained for and by Woman's Christian Temperance Union of State of North Dakota.

Object—To promote the advancement of the W.C.T.U. work of North Dakota in all its departments, and to do all in our power to bring the triumph of Christ's Golden Rule in custom and in law.

State Motto—I am but one, but I am one; I can not do everything, but I can do something; what I can do, I ought to do, and what I ought to do, by the grace of God I will do.

Pledge—I hereby solemnly promise, God helping me, to abstain from all distilled, fermented and malt liquors, including wine, beer and cider, and to employ all proper means to secure the enforcement of the Eighteenth Amendment to the Federal Constitution.

Entered in the postoffice at Casselton, N. D., as second class matter.

AUGUST, 1927

State Officers for 1926-1927

President—Mrs. Elizabeth Preston Anderson, 1014 6th St. So., Fargo.
Vice President—Mrs. Fred M. Wanner, Jamestown.
Corresponding Secretary—Mrs. Barbara H. Wylie, Fargo.
Recording Secretary—Mrs. Frank Beasley, Fairdale.
Treasurer—Mrs. E. C. Watkins, 615 10th St. So., Fargo.
State Headquarters—Room 10 Fargo National Bank Building, Fargo.

GOLD AND SILVER STARS

The summer campaign of The Union Signal closes August 1st, 1927. A gold star union is one having as many subscriptions to The Union Signal as it has paid members. Subscriptions expiring before September 1st must be renewed to be counted.

A silver star union is one having a subscription list to The Union Signal equal to one-sixth of its membership. All subscriptions expiring before Sept. 1st, 1927, must be renewed to be counted.

The name of the union will be written on each star and the stars will be used to trim a beautiful cape to be worn by the woman representing our state in the big Union Signal demonstration at the national convention. The cape will then be given to the state and will be on exhibition at the state convention.

The names of Gold Star Unions will be printed in The Union Signal. Let us make a creditable showing at the national convention. At this date Carrington, Fairdale, Fargo, Egeland, Prosper, Fairmount, Gilby and Hatton have reported as silver star unions. We trust there may be many others as we shall not want our representative to wear a starless cape.

If your union has reached its quota for either of these stars, please report, as soon as you read this, to The Union Signal, Evanston, Ill. I shall be glad to hear from you also.

Mrs. George F. Clark,
Union Signal Promoter.
Fargo, N. D., route 2.

National W. C. T. U. Convention,
Minneapolis, Minn., August 26-31,
1927.

State W. C. T. U. Convention, Grand
Forks, N. D., Sept. 29-Oct. 2, 1927.

SECRETARY'S CORNER

Dear Comrades.—

With the National Convention less than a month away, we need to hear from each delegate as to her prospect of attending so that, if she cannot go, her alternate may be notified. To refresh your memory, we give here the list of delegates elected at the executive meeting in March. Besides the five general officers, the Y. P. B. and L. T. L. secretaries and the editor of state paper, who are ex-officio delegates, the following were elected—Mrs. Lulu W. Zimmerman, delegate at large, Mrs. Julia D. Nelson, Mrs. Kate S. Wilder, Mrs. Minnie Hanson, Mrs. S. O. Nelson, Mrs. Robert B. Reed, Mrs. Ella C. Boise, Mrs. Minnie E. Huyck. Alternates: Miss Lottie E. Tollefson, Mrs. George F. Clarke, Mrs. Abbie W. H. Best, Mrs. H. E. Carlton, Mrs. May Brudevold, Mrs. J. L. Hughes, Mrs. F. A. Ward, Mrs. Annie F. Catherwood. We shall be glad to hear from each delegate. See Mrs. Anderson's letter for details about convention.

The National membership campaign, closing May 8th, brought many new members into the North Dakota W. C. T. U. Names of victorious volunteer captains were reported in last Bulletin. Since then we have received the name of Mrs. J. O. Severson of Sheyenne, who sends a list of ten names, which, though late for the national list, is in time for the state report. However, with new unions organized and gains of less than ten in many unions, we have grouped these gains into tens, as we are entitled to a brick in the wall of defense for every ten new members. National officers wanted a name for every ten so we submitted names of officers, directors, field workers, district presidents and others who had helped in the membership campaign. We have made a creditable showing and the result will be announced later.

Under the direction of the Department of Public Instruction, Mrs. Lottie A. Woodford, special lecturer for the Scientific Temperance department of the National W. C. T. U., has spent the month of July in the state, visiting summer schools at Dickinson, Jamestown, Fargo, Mayville, Minot, Valley City and Ellendale. Her addresses are reported as scholarly and instructive and educators express appreciation of her services. While in Fargo, Mrs. Woodford gave an interesting address at a meeting of the Fargo Scandinavian union. At each point visited, literature helpful to teachers was furnished by the state W. C. T. U.

While in Grand Forks recently, I had the pleasure of meeting with the chairmen of committees on arrangements for the state convention to be held there Sept. 29-Oct. 2. These comrades are planning for our comfort and pleasure and we are sure of a warm welcome to their city. The convention will be held in the first Methodist church, which, with its handsome new addition, will furnish a most desirable location with ample accommodation for committee meetings. The banquet, at 6 p. m. Sept. 29th, will be served in the spacious new dining room of the church and a large attendance of delegates and lo-

cal people is expected. Welcomes from city, schools and churches will be given at the banquet and Mrs. Anderson will give her annual address. At the opening of convention next morning, local and district presidents will welcome the delegates and the usual reports and other business will occupy the day sessions.

Friday evening will be platform night and prominent speakers are expected, among these, Mr. S. B. Qvale of St. Paul, the new Prohibition Administrator for this district. A noted male quartette will sing. Under the direction of Mrs. R. J. Purcell and Mrs. O. T. Ness, we are sure of excellent music at Grand Forks. A grand gold medal contest is being arranged for Saturday evening and Mrs. Ella A. Boole, National President, will bring a message to the young people. It is expected that Dr. J. Edward Snyder, pastor of the church, will preach the convention sermon Sunday morning. A special meeting of the children will be arranged for the afternoon with Mrs. E. S. Bordwell in charge and Sunday evening, the convention will come to a close at a mass meeting addressed by Mrs. Ella A. Boole. Grand Forks unions will furnish entertainment for room and breakfast and names should be sent, not later than Sept. 15th, to Mrs. Isabella A. Morey, 735 North 5th St., chairman of entertainment committee. Those planning to attend the banquet should notify Miss Margaret Hyslop, 317 Cottonwood St.

During the encampment of the state militia at North Chautauqua, Baldwin Cottage was again converted into a Tarry-a-while and Mrs. F. M. Wanner, the genial hostess, was assisted by Mrs. Buck and others. Several white ribboners called at the cottage. Mrs. Fred E. Bye sent a portable phonograph and Mrs. Barr furnished records. Local unions sent quantities of cookies and there was an abundance of good reading matter. Games were played and the boys appreciated this bit of home life. As many as 27 were present in one evening. This work seems to us very much worth while.

Beginning July 5th, Mrs. Buck conducted an institute at the cottage for a week and interesting and helpful discussions took place. Literature was distributed on the grounds, and put in automobiles.

Our sympathy is extended to our state recording secretary, Mrs. Frank Beasley, who has been called to her home in Illinois by the serious illness of her mother, and to Miss Minnie J. Neilson of Valley City, former state superintendent of public instruction, who has been called to part with her mother, Mrs. Wylie Neilson, a pioneer white ribboner and a woman of rare Christian character.

Sincerely yours in service,
Barbara H. Wylie.

TREASURER'S REPORT For August

DUES: Grafton \$18.50, Grand Forks Scan. 7.00, Fargo Scan. 103.60, Willards—Mrs. Wm. Crombie, Backoo, N. D. 1.00, Mrs. H. R. Nelson, Reynolds 1.00; Mrs. Clara Dovdal, Larimore 1.00; Mrs. G. J. Manirtson and Mrs. C. S. Stone, Park River 2.00; Forest River 2 Willards 2.00; Mrs. S. F. McGavin, Fordville 1.00; Hensel Willards 2.00, Cavalier 2.00, Dickey, with exc. 2.90, Lisbon 7.70, Edgely 7.00, Lakota 13.30, Grand Forks 10.50, Sharon 2.80,

Temvik 3.50, Fairdale 2.10, Ray 4.20, Napoleon .70, Page 2.80, Wheelock 5.60, Edinburg 7.70, Glover 2.80, Mott 4.90, Temvik 2.10, Minot 3.50, Kathryn 12.60, Bottineau, with exc., 3.60, Oakes 3.50, Devils Lake, with exc., 7.10, Minnewaukan, with exc., 1.50, Epping Y. P. B. 2.50, Grand Forks 23.10, Reeder .70, Grand Forks Y. P. B. 5.00, Dickey 2.10, Lakota .70, Williston 22.30, Fairdale 3.50, Douglas Y. P. B. 5.00, Bismarck 3.50, Bismarck L. T. L. 1.50, Ryder Y. P. B. 8.50, Wymdmer 1.40, Forest River 1.40, Ryder 2.10, Jamestown Y. P. B. 4.00, Grand Forks 8.40, Napoleon .70, Steele 2.80, McKenzie, with exc., 5.00, Christine .70, Sheyenne 7.00, Grand Forks 3.50, Esmond .70, Stanley 1.40, New Rockford 8.50.

Budget: Grand Forks \$25.00, Wheelock, complete, 33.80, Ray, 20.00, Devils Lake, complete, 18.00, 13th Dist. 10.00, New Rockford (cr. to budget) Willard Mem. 2.00 and Stevens Legislative 2.00, Calvin, complete with exc. 66.40, Lisbon 10.00, Douglas, 1924-25, 18.20, 1925-26, 24.70, exc. .10, Douglas, Willard Mem. and Stevens Legislative 2.00, Wymdmer 25.00, Napoleon 13.70 20th Dist. 20.00.

MISCELLANEOUS: Flood Sufferers—13th Dist. 1.00, Grafton 1.00, Park River 10.00, Preston 3.00, Mrs. K. E. Campbell, Ryder 1.00, Fargo Scan. 5.00, Fargo 4.05, Napoleon 1.00, Ryder 1.00, Fairmount 2.00, Jamestown Y. P. B. 1.00, 2nd Dist. 10.00, Christine 3.00, Necia "Buck Union 5.00. Convention Fees—13th Dist. 5.00, 11th Dist. 10.00, 15th Dist. 10.00, 17th Dist. 10.00, 4th Dist. 10.00, 5th Dist. 10.00, 2d Dist. 10.00, 20th Dist. 5.00, 12th Dist. 10.00. Edmore, col. for Mrs. Johnson, 3.00, Nekoma 5.00, Wheelock, supplies from hdq. with exc., 1.85 Mrs. Buck, col. on field, 8.24, Epping, book, 1.00, Miss Helen Byrnes. cols. on field, 29.43, Contribution from Mrs. E. B. Matters 5.00, Nat'l W. C. T. U. on Mrs. Lydia Johnson's state work 70.00, Mrs. Buck, col. on field, Tappen 3.58 and Crystal Springs 5.00, donations for improvements on cottage at North Chautauqua 6.47.

Dear White Ribbon Sisters:—

Again our year for the state work is drawing to a close. Our work as a state, we feel, has been encouraging, and we are thankful for the way you have taken hold and kept the "wheels" moving by sending in money so promptly for the different funds, etc.

Our new members have brot much encouragement. But, again we are confronted with the question "Will the old members' dues be collected so we can have a big gain." Our new members will not mean a gain unless we get the old members of last year to pay their dues.

The treasurer's books close Sept. 15th, two weeks before state convention. Can you have committees appointed in your union to help the local treasurer and thereby hasten the collection of dues? We trust this will be done in every union where you have dues not collected.

Then, another matter: Please begin to get your membership lists in shape to send me JUST AS SOON as you get all your dues in, so I can compare our lists and be sure that our part is done toward getting every member their White Ribbon Bulletin.

Lovingly yours,
Mrs. E. C. Watkins,
State Treas.

A MESSAGE FROM MME. SCHUMANN-HEINK

This Splendid woman, writing in "Good Housekeeping," the story of her life, says:—

"Important occasions, social and otherwise, are generally opened with a speech and this is an important occasion for me because it is the last time I shall come before the readers of this great magazine. So I must make good use of my time. There are a few things yet to say, a few golden memories to put before you before I make my low, deep and very best courtesy of farewell, so it's now or never for my speech and here it is—it is something I feel very strongly about, not only as an opera singer (that is natural) but as a woman and a mother.

"I made this speech to the girls in Smith College. It was right after my concert when they were still applauding and calling for the usual encores. Then it was I said, 'Now listen, children, don't be disappointed for I am going to talk to you, not sing. I have something very important to say and it will do you more good than another song. I don't want to talk to your mothers or your fathers or your grand mothers. I just want to talk to you young girls. It's about cigarette smoking. Yes, cigarette smoking. I want you to know, you girls, that I have never smoked in my life and I never will.

"I think and say, with all my heart, that it is a crime that you children are poisoning your young bodies by smoking cigarettes. Why, why do you do it? What the men are doing is none of my business—I don't want to tackle them at my time of life! I am speaking to you girls as a woman, a mother, and right here and now, if you'll seal the bargain, I'll make you a promise. I promise you that if you'll stop this old rotten smoking of cigarettes, that I'll be a god mother to every blessed first child you girls may have. Yes, I will. But if I smell cigarette smoke when I go for the ceremony—even one whiff—Nothing doing! No god mother Schumann-Heink for you! Never. Amen."

WHITE RIBBON WIVES GREAT AID TO PROHIBITION BUREAU

The Woman's Christian Temperance Union not only rejoices that the recently appointed heads of the Prohibition Bureau are in full sympathy with the Eighteenth Amendment and the National Prohibition Act but also feels especial pride and confidence because of the fact that the wives of these officials are white ribboners.

Mrs. Seymour Lowman, wife of the Assistant Secretary of the Treasury, is a W.C.T.U. member in Elmira, New York. Mrs. James M. Doran, wife of the Commissioner, is president of the largest union in Washington, D. C.—the Mount Pleasant Union. Mrs. James E. Jones and Mrs. L. G. Nutt, wives of the Deputy Commissioners, are also white ribboners.

Every public man specializing in social service must feel added strength when by his side stands a counsellor, sympathetic with his own ideals for the general welfare.—Union Signal.

Remember that no righteous cause was ever won without the rank and file to see it done. We need every Woman.

PRIZE WINNERS IN ESSAY CONTESTS

Dear White Ribbon Sisters:—

Another school year has passed and with it our essay contest work comes to a close. We have had a large number of essays written but should have had many more. I wish that we might catch a vision of the possibilities of this work on the lives of the writers and of their influence on the life of the community and state. This is a wonderful channel through which we may work for the making of dry voters and the promoting and strengthening of prohibition principles.

The twenty million students enrolled in the schools of our nation become a challenge, our unfinished task. Let us pledge our untiring efforts to this department of work for the coming year. Let us be ready with our plan of work for the opening of the schools in September, presenting it to the teachers in time to get it into their program. The Subjects and Rules for essay contests for 1927-28 have already been published. A director of this work should be in every local union and in every district, that local, district and state directors, working and planning together, may, with the help of the national director, accomplish the best possible results in this work.

I wish to thank all who have helped in the work this year and to urge each union to co-operate in a larger way this coming year. The essays in our state contest have been judged and the state officers have given me the privilege of sending a letter of congratulation, with a check, to each prize winner. The prizes have generally been awarded at the state convention but it is desirable that the winners should know, before the beginning of another school year, the result of this year's contest. The prize winners are as follows:

Senior-Junior High School—Lillian Gunderson, Northwood.

Sophomore-Freshman High School—Faye Ellsberry, Rock Lake.

Seventh and Eighth Grades—Margaret Horde, Minot.

Fifth and Sixth Grades—Ethel Robinson, Jamestown.

Fourth Grade—Harris Lien, Fairdale.

Lovingly yours,

Lillie B. Smith,
State Director.

Thompson, N. D.

GOLD MEDALISTS, ATTENTION!

We want to have a grand gold medal contest at the state convention at Grand Forks, on Saturday evening, October 1st, and we want to give every gold medalist in the state a fair chance to enter. Already two from Ryder have been secured and possibly one from Douglas. These will pay their own traveling expense or it will be taken care of locally. Will local unions having winners of gold medals in their towns, please communicate at once with the state director of this department, giving name, age of contestant and title of selection? We need five contestants and we may have six or seven.

Mrs. Andrew Brudevold,
State Director.

1320 2d Ave. N., Fargo, N. D.

Every woman is a W. C. T. U. prospect. The question is: How good a salesman are you?

A HEALTH STITCH

A health stitch in time saves nine—a good slogan for the health department. One of our great aims is to promote health, and in this way to help in removing one of the causes of alcoholism. And so, pursuant to this end, for the last few years we have been laying some stress upon the question of food. Proper food normalizes the appetite. Likewise we seek to aid in every way possible the enforcement of the prohibition law. It will easily be seen that each of these ends aids the other. The better the health the less alcohol, and the less alcohol the better the health.

To show that our efforts as above outlined are not in vain, we quote from the official findings of the recent conference of the National W. C. T. U. held in Washington, D. C., January, 1927, as follows: "The problems of prohibition are due to appetite, greed, and refusal to obey the law." And again, "With the outlawry of the saloon came better health and clearer brains for the people of the U. S." And so we keep on stitching—teaching health and working for law enforcement.

In this connection attention is called to the two new department leaflets: One entitled "Organ Exercise," deals with the relation of sluggish vital organs to health; and the second, "Some Unseen Causes of Disease," shows how the emotional life—fear, worry, anger, melancholia, and appetites and passions may cause bodily disease. These leaflets are strictly up to date in content and written so as to grip the attention. Order largely for the health meeting—each leaflet a little stitch.

Also as a creator of public sentiment for prohibition and law enforcement, a health playlet has been written for the department, and entitled "Dr. Scattergood's Clinic." This, too, is splendid material for a health meeting program. A prize is also offered by the department to the state Y. P. B. which gives the playlet the greatest number of times in proportion to the number of branches in the state during the year. Send to the National for a sample copy and you will want to work it up in your locality. This provides a way for co-operation between the unions and the young people.

We must also be consistent in combating wet news stories, by giving continuous publicity to the truth. As illustration we quote from an editorial appearing in the January 15th, 1927 issue of the Journal of the American Medical Association, the official organ of the medical profession in the U. S. as follows: "The post-holiday sensation of the current year was the occurrence of what the newspapers so aptly call 'rum' deaths. In the midst of this misguided sensationalism, the health commissioner of New York announced that the majority of alcoholic cases in hospitals during the holidays were cases of excessive drinking rather than the results of poisoning by the queer concoctions dispensed by bootleggers to the sophisticated cosmopolites. At the same time the coroner's chemist of Cook County, Ill., announced 328 deaths from alcohol in 1926, as contrasted with 243 in 1925 and 251 in 1924. Here also the evidence was that death resulted from too much alcohol rather than from the character of the material imbibed." We need to widely broadcast these and other

MINNEAPOLIS PLANS ROYAL WELCOME

Special sight-seeing arrangements are being made so that delegates and visitors to the fifty-third National W. C. T. U. convention at Minneapolis, August 26-31, will have the enjoyment of a real holiday in addition to the inspiration of this important meeting of prohibition leaders.

A tour of the twin cities, including Ft. Snelling, will be the attraction for the afternoon of Wednesday, August 24. Thursday afternoon, August 25, it will be possible to visit the waters of Minnetonka. The Oro-nou union is planning an informal reception.

A third trip is arranged for Sept. 1. This is a sixty mile drive to Taylor's Falls and return.

One of the featured events at the convention will be the Grand Diamond Medal contest which is attracting wide interest because of the number of states which will enter contestants. The contest will be held Saturday evening, August 27.

It is considered by political experts throughout the country that this convention will have a very important bearing on the events of the presidential campaign next year. Although the W. C. T. U. is not in politics, it aims to "make people want a dry president and other officials," and the entire strategy of the W. C. T. U. in 1928 will be laid at Minneapolis.

Mrs. Ella A. Boole, national president of the organization, will deliver her address to the convention Thursday night before the business of the meeting actually gets under way. In so doing, Mrs. Boole will celebrate the forty-first anniversary of the famous address of Frances Willard before the W. C. T. U. convention in Minneapolis in 1886, at which time the W. C. T. U. started out on several of the educational policies which led up to the adoption of the 18th amendment.

There will be thirty-five hundred delegates, officials and visitors, one of the largest gatherings of "dry" women ever held; and the speakers will be persons of great prominence throughout this country. Among these are former Senator Robert L. Owen, of Oklahoma, who is looked upon favorably by many southern dries as a possible presidential candidate; Dr. W. W. Peck, General Secretary, Ontario Prohibition Union; Dr. Daniel A. Poling, President United Society of Christian Endeavor.

Another speaker, probably the best known woman prohibition leader in the world is Miss Anna A. Gordon, president World's W.C.T.U., formerly Miss Frances Willard's secretary and constant companion and until quite recently the national president of the W. C. T. U. of the United States. Miss Cora F. Stoddard of Boston, the best known authority on "scientific temperance" and Dr. Valeria H. Parker, a W. C. T. U. leader and President of the General Council of Women, will also speak.

similar facts. Great is the power of wet propaganda, but greater yet is the power of the simple truth. Give the people the truth and the people will duly take care of congressmen, members of state legislatures, and finally of the wet press itself.

And so we keep on stitching health. P. S. Bourdeau-Sitch, M. D.
National Health Director.

DISTRICT CONVENTIONS

FIRST DISTRICT—Entertained by Cray and Preston unions the First district met in 34th annual convention June 21-22, at Crary. Mrs. Wanner and Mrs. Buck, who were at Baldwin Cottage in charge of the "Tarry-a-While," drove over and each took an important part on the program. Mrs. Wanner spoke on "The Wall of Defense" and gave legislative echoes. Mrs. Buck addressed the convention at various times in her usual impressive manner and is much at home among the women whose district president she was for so long. Mrs. L. A. Day of Doyon had the memorial service. Miss Bernice Noyes responded to welcomes from city, churches and local union. Preston L. T. L. furnished a song. Mrs. J. E. Stevens spoke on "Public Safety." Mrs. Edna F. Duguid was reelected president.

SECOND DISTRICT—From report—"I am sure you will be pleased to learn that our convention was very successful, at least, some of the old timers thought it the best ever, but how could it be otherwise with our dear Mrs. Wanner as speaker and helper? We all feel very grateful to her—she is splendid." This meeting was held at New Rockford, June 9-10. A gold medal contest created much interest. Each union in the district gave an offering for flood sufferers. Carrington and Esmond, as banner unions, each received a year's subscription to The Union Signal. Miss Nellie Whitcomb told how to raise the budget; Mrs. Baldwin of Oberon—What Are We doing for the Children and Young People. Members from different unions took part in the interesting symposium—How to Make the Local Union More Effective. Representative Minnie D. Craig made a helpful address. Mrs. Minnie E. Huyck was unanimously reelected president.

THIRD DISTRICT—Barton entertained the Third district convention June 16-17, with Mrs. Necia E. Buck as the chief speaker. Delegates were present from Bottineau, Rugby and Upham. Miss Mary M. Carey, who has served so faithfully for many years, declined reelection and Miss Mary Ida Torr of Upham is the new district president.

FOURTH DISTRICT—Douglas was hostess, June 13-14, to the convention which was largely attended. An interesting program was prepared with Mrs. Necia E. Buck and Judge G. H. Moellring as chief speakers. A gold medal contest was an attractive feature, Miss Alice Wertzler of Ryder winning the medal. The Y. P. B. and L. T. L. took a very important part on the program. Mrs. H. E. Mielke, the popular president, was reelected.

FIFTH DISTRICT—Entertained at Ray, June 14-15, this convention was held in the Lutheran church which was decorated with bows of white and beautiful bouquets of lilacs. Rev. H. A. Tewell welcomed the delegates and Mr. Gustav Lake gave an interesting talk. Mrs. Necia E. Buck was the convention speaker and brought several helpful messages. The program was full of good things. A picnic dinner was served at noon by the Ray union. The district officers were reelected, Mrs. H. H. Olson being elected vice president to succeed Mrs. A. L. Stueland, who has moved away. "All departed with grateful hearts to long remember the royal care and entertainment they were

given at Ray."

NINTH DISTRICT—May 31st the Ninth district met in annual convention at Temvik, Mrs. Olaf Larvick presiding, in the absence of the district president, Mrs. R. P. Buck. Devotions were conducted by Mrs. Charles Buck and Misses Margaret Larvick and Ethel Field sang a duet. Mrs. Necia E. Buck gave several instructive talks and her evening subject was "Youth Holds the Key." Mrs. Annie E. Pitcher spoke on The Wall of Defense and Mrs. Stella S. Johnson on "Our Part in the Enforcement Campaign." Rev. Mr. Ruhd took for his topic—"Combatting the Evils of Today" and Mr. Sheffield paid a tribute to the work of the W. C. T. U. The music throughout was exceptionally fine. Revs. Falk and Ruhd gave two duets and the Linton Epworth League contributed a selection. Members of the Y. P. B. and L. T. L. took an important part in the program, furnishing songs and readings. Eight new members were added to the Temvik Y. P. B. Supper was served in the basement of the church. The officers elected were—President, Mrs. Olaf Larvick, Temvik; vice president, Mrs. Annie E. Pitcher, Linton; Cor. Sec., Mrs. Stella S. Johnson, Linton; Rec. Sec., Mrs. Oscar Larvick, Linton; Treasurer, Mrs. L. T. Briggs, Linton.

CHRISTIAN CITIZENSHIP

Dear Citizenship Director:—

We are on the last half of the year. How is the work progressing? I hope our department has reason to be proud of what it is accomplishing.

If one thing more than another is needed by the leaders of this department, I believe it is the keeping of ourselves informed. First of all as Christians and then as citizens we would be able to take an intelligent, kindly part in the life about us.

Places on programs should be requested. There is always something in The Union Signal or the White Ribbon Bulletin which can be suited to the occasion or at least be suggestive.

If it is possible to purchase a book, I suggest the following:

Cabot, Ella Lyman—\$1.50—A Course in Citizenship and Patriotism. Houghton, Mifflin Co., 2451-2459 Prairie Avenue, Chicago.

This contains excellent stories and poems and suggestions for talks.

There is some splendid material which may be obtained free of charge. The following I especially recommend:

Manual of the United States, published by the National Society of the Daughters of the American Revolution, Washington, D. C.

Are You a True American?

How to Take Out Your First Papers.

The above three are published by the Metropolitan Life Insurance Co., New York City.

I hope you are already planning for a report from your union for this year. To some of you I can say your names and the names of your unions are familiar because of your splendid reports. To others I would say that all efforts help. It may not be possible for you to do as much as you would like, but it is the hope that every union may have some part in the work of this department which is so far-reaching in its interests.

Most sincerely yours,

Mrs. Hazel Webster Byrnes
Mayville, N. D.

L. T. L. COLUMN

Mrs. E. S. Bordwell, State Secretary

Members of the L. T. L. who paid dues last year and again this year will be represented at the Minneapolis convention by red links and known as "Hold Fasters." New members this year will be represented by blue links and will be known as "Go Forwarders." How many links will your legion have?

Milnor will have 80 red links and 15 blue, Northwood has 93 red links, and the legion at Esmond 25 blue links. And still there is time for more legions to report. North Dakota must have a long chain in the national demonstration this year.

Spread the News Among the Youth

"Tita Schipa, the Italian tenor, who is thirty-six years of age, has predicted he will be singing as well as ever at fifty. One reason for his confidence is that he will go on for fourteen years, is that he never smokes. He believes that smoking shortens the life of the voice by ten years."

"The Athletic Association Board of Vassar College has decreed (April 1927) that no girl in training for a major sport may smoke during a period beginning one week before the first game and continuing throughout the training season. This action is modeled on training rules in other colleges and has been passed for health considerations. Up to this time there has been no rule governing smoking by the students while training for the athletic teams of the college."

A dialog called "A Pal of Paul's" has been written and we trust will prove helpful. In producing it three boys and two girls teach the facts in regard to evil effects of nicotine. It is meant specially to encourage the youth of the land to pledge against tobacco.

FIELD NOTES

Radio station WDAY, Fargo, has announced through the press that hereafter no remarks derogatory to prohibition or its enforcement will be permitted over its station.

Several unions have contributed money for flood sufferers. Esmond and Ryder sent boxes containing a generous supply of useful articles of clothing. Hunter also reported a large consignment.

When Mrs. Lydia B. Johnson visited Montpelier, the local L. T. L. put on a fine program of music and readings in her honor with which she was greatly pleased.

The lectures on law enforcement by "Fighting Red Church" of the traveling Chautauqua association have been highly commended by friends who have heard him in the northern part of the state. We welcome every loyal advocate of prohibition and its enforcement.

Cooperstown discussed the best methods of liquor control at the last meeting, which was largely attended. Leaders had previously ordered from state headquarters copies of "Prohibition at Its Worst" and "Who Said Modify?" and will pass these around for others to read.

Grand Forks unions had a booth and rest room at the state fair, which was well patronized. Mrs. Bessie Darling was in charge of literature and a large amount was distributed.

Grand Forks Scandinavian union reports a silver medal contest with Mrs. H. H. Aaker presiding and Miss

Belle McPhail making the presentation speech. In addition to the medal, second and third prizes were given. A reception followed for the new members of the union and the Y. P. B. Dr. Lavine Rokke was in charge of arrangements.

Three boys and girls, from Williston and Wheelock, took part in a silver medal contest at the latter place, with Mrs. J. N. Wallestad presiding. The medal was awarded to Miss Esther Hagen of Williston. Musical numbers interspersed the readings and Judge G. H. Moellring gave a very able address on law enforcement. Refreshments were served at the close.

First district held its annual picnic at North Chautauqua, July 22nd with Judge H. W. Swenson of Devils Lake as speaker. Second district picnic was at Sheyenne, July 21st and Mrs. Necia E. Buck gave the address. Twentieth district met at Christine with an interesting program at their picnic, July 8th. Mrs. Kate S. Wilder drove down from Fargo and gave the address. She was accompanied by Mrs. Abbie W. H. Best and Misses S. Die Jensen and Marie Hanson, who also gave short talks.

A popular resort at the state fair at Fargo was the W. C. T. U. booth under the auspices of the two Fargo unions, Mrs. Kate S. Wilder was in charge for the Fargo union and Mrs. W. E. Black for the Fargo Scandinavian. Other members of both unions assisted during the week. Leaflets and blotters were distributed and posters called attention to prohibition principles.

Change the indifferent woman into the interested W. C. T. U. worker.

If you can't be a whole brick, at least furnish some sand.

"PROHIBITION FACTS—1927

A 57 page pamphlet, size 6x9 in. Packed full of valuable campaign material. Single copies, 15 cents; eight copies for \$1.00.

NAT'L W. C. T. U. PUB. HOUSE
Evanston, Illinois

— Just From the Press —

Manual For Teaching Temperance in
Daily Vacation Bible and Week
Day Religious Schools

Much needed and will prove eminently satisfactory. Attractive in makeup. Helpful for Sunday and public school teachers. Price 20 cents; per dozen, \$2.00.

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Evanston, Ill.

Souvenir Tie Tag—New Novelty

For use at fairs, exhibits, tent-meetings, excursions, picnics, etc. Colors, red, white and blue.

Slogans—"Prohibition is the best Method" and "Compliments of the Woman's Christian Temperance Union." Let everybody be properly tagged. Price, 35 cents per 100; \$2.75 per 1000; \$13.00 per 5000. Order of—

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