

WHITE RIBBON BULLETIN

"NOT WILLING THAT ANY SHOULD PERISH."

Monthly—25 Cts. a Year

CASSELTON, N. D., DECEMBER, 1929

VOL. XXXII. No. 11

ALWAYS CHRISTMAS

Used to think that Christmas was
nothing but a day
To get a lot o' presents an' to give
a lot away.
Shouted "Merry Christmas!" an'
helped to trim the tree—
Just a day o' Christmas was all that
I could see.
Since, I found that Christmas is more
than any day,
Christmas came to our house—an'
never went away.

Struck me of a sudden that friendli-
ness and cheer
Was meant to be on duty more than
one day in the year!
If we're happy Christmas, why not
the day before,
An' the day that follows, an' so on,
evermore?
Got to thinkin' of it—an' that is why
I say
Christmas came to our house—an'
never went away.
—Wilbur N. Nesbit.

PRESIDENT'S LETTER

Dear Comrades,—

These early months of the W. C. T. U. year are in many respects the most important. Failure to meet promptly the obligations of these days means that the work will go haltingly for the rest of the year. Every good housekeeper understands this principle.

Every union that holds its dues social and carefully gathers up the dues from those not present, who places the essay contest work in the public schools and gives the reception to the public school teachers BEFORE the holiday season, is in a fair way not only to become a banner union but also to reach the goal for local unions. (See State Report for requirements.) Unions reaching the goal will have refunded to them by the state treasurer one-tenth of their budget. This is worth striving for, not only for the money and the honor, but more for the increased efficiency that will come to the local union.

Plan for Literature Campaign

The biggest, most far-reaching project adopted by the Cando convention was the National plan for the circulation of literature. (See November Bulletin for complete plan). I earnestly hope that every union in the state will have a part in this work. Twenty-eight orders were given at the state convention but many unions and some district presidents were not represented there. Every union that cannot take the full order (500 leaflets a month, costing \$10 for 8 months) should be in a combination with other unions, preferably arranged by the district president, and the full order of leaflets must be sent to one address and distributed to the other unions in the



THE JAMESTOWN Y. P. B. RALLY

At extreme left, Mrs. John Nagle, supervisor; in center, Miss Mary B. Ervin, National Field Worker; Horace Rairdon, president Y. P. B.; Miss Elizabeth Wilder, associate state secretary; back of Miss Ervin, Mrs. Bordwell and Mrs. Wanner, and other members of the Y. P. B.

combination from that one place. The payment for the full order, \$10, must be made to the National W. C. T. U. Publishing Committee, 1730 Chicago Ave., Evanston, Ill., before Dec. 15th.

The wet press is flooding the country with subtle, malicious false propaganda. The object of our literature campaign is to meet this misleading propaganda and to educate the people that they may know the truth in regard to the benefits of prohibition. This work is the chief aim of the Woman's Christian Temperance Union for the year 1930. Your union must not fail to have a part in it. The campaign begins January 1st, 1930. Have your committees and plans ready for the systematic distribution of this literature and see that it gets into the hands of those who are NOT convinced prohibitionists.

Hand the leaflets out in front of motion picture shows and to ready-made audiences of all kinds, put them in automobiles that are in town on Saturday afternoons and on market days and distribute from house to house. The Wets are putting on a speaking campaign in our state at the present time and these leaflets are needed to answer their sophistries and specious arguments. If our unions generally take up this plan, it will help educate the people of the state in preparation for the next wet campaign.

December 4th Self Denial Day

Don't forget that another plan to help us to be ready for a wet campaign whenever it comes is the observance of Wednesday, December 4th as a day of self denial. Every woman can help in this and the money, be the sum small or great, should be sent by the local treasurer to the

state treasurer to be kept as a reserve fund to hold prohibition.

State Prohibition Law

At our last mid-yearly executive meeting, we decided that one of the ways in which we would celebrate our fortieth anniversary was to have published the state prohibition law, complete and up to date. I wrote Hon. Robert Byrne, Secretary of State, and the State department got out the law without cost to us. Copies will be sent to every union and I strongly urge that the state prohibition law be made a study in every local union that we may better understand the duties of officers and our rights and privileges as citizens, under the law. We hope in January to begin, in the White Ribbon Bulletin, a series of studies of the prohibition law.

Tenth Anniversary of National Prohibition

January will be a full month. The great event will be the celebration of the tenth anniversary of National Prohibition on January 16. Every union should celebrate this great day in a way to attract general attention. Please make an effort this year to have the church bells ring at noon for ten minutes. In addition to the usual mass meeting, luncheon or banquet, we expect to have this year a pageant arranged by the National W. C. T. U. and also a story of the winning of Constitutional Prohibition, which should be broadcast from every radio station. Let us make this tenth anniversary an arousing celebration. Friday, January 17th is Temperance Day in the public schools. Let the tenth anniversary spirit extend over to take in this day. Cooperate with the teachers in making this occasion memorable.

May the joy of the Christmas time

YOUNG PEOPLE'S BRANCH

Mrs. Geo. H. Moyer, Secretary

Eleven branches in eight districts paid dues this year. Calvin and Hutton report new organizations. Some unions have done Y. P. B. work but no dues were paid. Leaders are much in demand. The Branches have worked the departments of Narcotics, Fetal Contests, Flower Mission, Sunday School work and Soldiers and Sailors. Funds were raised by special programs, socials and by serving lunches. Several entertained, and were entertained by, the local union.

Miss Mary B. Ervin and Mrs. Bessie Lathe Scovell contributed much to the work. The state secretary attended conventions in four districts, speaking and singing; addressed the Rugby W. C. T. U., the Bottineau high school, a joint meeting of the Ryder Y. P. B. and W. C. T. U. and appeared on the state convention program at Cando. About 2500 people were reached. Four letters were written to The White Ribbon Bulletin. The associate secretary, Miss Elizabeth Wilder, wrote two articles. Letters were sent twice to local and district Y. P. B. secretaries and to district presidents. More than 3,600 pages literature were distributed.

The gold medalists of the Ryder Y. P. B. gave their program at Makoti under the auspices of the local W. C. T. U. and Y. P. B. Esmond reports socials. The young people at Calvin and Gilby read The Union Signal. Much credit is due the Jamestown Y. P. B. and its supervisor, Mrs. John Nagle, for the success of the rally held there June 8 and 9. Delegates were present from Oberon, Marion, Fargo and Jamestown. At the banquet, which was enlivened with pep songs, Miss Ervin and Rev. Perry C. Van Dyke of Ellenville, N. Y., were the chief speakers and the Jamestown Y. P. B. furnished excellent music. Miss Wilder represented the state Y. P. B.

At this writing, 3,559 signatures from all parts of the state have been secured for Youth's Roll Call. North Dakota's quota is 17835. The National Y. P. B. Secretary, Miss Winona R. Jewell, writes that the work will be continued throughout this new year. Mrs. Wanner secured 1822 signatures during her field work. Please send for more blanks and let the good work go on!

be in all your hearts and homes, not only at this blessed season but throughout the entire year.

Yours in His service,
Elizabeth Preston Anderson.

WHITE RIBBON BULLETIN

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Elizabeth Preston Anderson
Editor in Chief

Barbara H. Wylie
Managing Editor

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DECEMBER, 1929

Department Directors

Americanization—Mrs. Lottie Tollefson Hertsgaard, Kindred.
Bible in Public Schools—Mrs. Abbie W. H. Best, Fargo.
Child Welfare and Health—Mrs. R. A. Sprague, Grand Forks.
Christian Citizenship—Mrs. George Campbell, Minot.
Evangelistic and Sabbath Observance—Mrs. Anna Irwin, Egeland.
Fairs and Exhibits—Mrs. Bessie Darling, Grand Forks.
Flower Mission and Relief—Miss M. Inez Lee, Epping, Route 2.
Medal Contests—Mrs. J. N. Wallestad, Wheelock.
Medical Temperance—Mrs. Annie F. Catherwood, Park River.
Narcotics—Mrs. J. M. Holcomb, Jamestown.
Non-Alcoholic Fruit Products—Mrs. C. E. Allen, Valley City.
Scientific Temperance Instruction—Mrs. Lillie B. Smith, Thompson.
Social Morality—Mrs. F. A. Ward, Montpelier.
Soldiers and Sailors—Mrs. R. E. Skonnord, Fargo.
Sunday School Work—Mrs. J. H. Mackley, Minot.
Temperance Teaching in Vacation Church Schools—Mrs. Geo. A. McGregor, Fargo.
Union Signal Promoter—Mrs. George F. Clark, Fargo.

TO UNION SIGNAL PROMOTERS

Dear Co-Workers:—

Let us begin our new year by sending The Union Signal and Young Crusader for Christmas presents. Our North Dakota quota for 1929-30 is 423—our present number of subscribers, 413. Let each union endeavor to reach its quota—one-sixth of the members subscribing.

Send subscriptions direct to The Union Signal, Evanston, Ill., and report to them—and also to me—when you have reached your quota.

We are asked to give two additional subscriptions, besides our quota, to libraries, schools, etc. Each union is urged to become responsible for a club of ten Young Crusaders.

Let us make a study of The Union Signal, remembering it is a source of authoritative information. Let us do our best to get our wonderful papers into every home.

"Eternal vigilance is the price of prohibition."

Yours for faithful service in this branch of the W. C. T. U. work,
Mrs. Geo. F. Clark.
Fargo, N. D., Route 2.

We enjoyed a pleasant call from Mrs. Josephine E. Sizer of Minneapolis, president of the Minnesota W. C. T. U., who was in Moorhead, speaking at a W. C. T. U. institute.

1930 MEMBERSHIP CAMPAIGN

Every Local Union is urged to give—
Adequate time for preparation—
To include Organization of Committees; The securing and assigning of lists of names; The ordering of membership literature and all other necessary preliminary work.

Personal work of not less than a month to culminate in a week of intensive activity under a competent committee.

Some form of recognition or reward to the team securing the greatest number of new members.

A reception to the new members.

Preparation

The appointment of a Captain of membership in every union. This Captain to be a woman capable of rallying her comrades to this specific work.

The appointment of a Lieutenant for every church in the community. If more than one to a church is needed any number may be named. These women working under the leadership of the Captain are to secure lists of names from the churches, aid in assigning them for canvass and lend themselves to the work in every way possible.

Appoint Captains and Committees at your February meeting. Have them report plans and secure their adoption at the March meeting.

Week of Intensive Campaign

April 7-12

Prayer Meeting on Monday morning, from which the workers go forth by two.

Lunch for workers at some convenient central place each day where they can compare notes and exchange ideas.

Tea on Saturday for receiving reports.

Recognition

A May Day Breakfast at 12 o'clock on May 1st to welcome the new members. Make it a real occasion.

Recommendations

We recommend that the state offer recognition to that member or to the team securing the largest number of new members.

We recommend that local unions offer awards of Union Signal subscriptions to winning teams.

All new members secured from Nov. 1st, 1929, through to April 30, 1930, may be credited to this Membership Campaign.

The corresponding secretary enjoyed a pleasant evening with the Fargo Scandinavian W. C. T. U. at the home of Mrs. Edward Stalheim, Nov. 12th. The president, Mrs. Julia D. Nelson, was in the chair and following devotions by Mrs. C. W. Finwall, Mrs. E. Sherping told of the work of the Salvation Army during the World War. The four divisions of this large union are at work and dues and budget are well under way. Plans for the new literature campaign were presented and unanimously adopted. Mrs. O. J. Hanson entertained with vocal solos and two young ladies gave piano numbers. Refreshments were served.

A most interesting and complete report from the Hunter union was received too late for mention in the annual report. This progressive union is planning to organize an L. T. L. and Y. P. B. in the near future.

FARGO W. C. T. U. INSTITUTE

On Nov. 8th the Fargo W. C. T. U. held an institute in the Guild Room of the First Methodist Church with the local president, Mrs. Kate S. Wilder, who is also National Director of Institutes, presiding. The meeting opened at 10 a. m., and Mrs. C. E. Webster led devotions. Mrs. Wilder spoke on the Purpose of the Institute and gave a drill on the National Handbook. There was plenty of singing from the new song book. Three departments of work were considered, Mrs. Harry S. Rush speaking on Child Welfare, Mrs. E. C. Watkins on Scientific Temperance Instruction and Essay Contests and Mrs. Geo. F. Clark on Our Official Papers.

Mrs. Abbie W. H. Best and Mrs. R. M. Pollock gave interesting reminiscences of "When the Liquor Traffic Had its Day," and Mrs. Wylie spoke on the new slogan—"Eternal Vigilance is the Price of Prohibition."

Mrs. Chas. Shaver, Mrs. John A. Hill and Miss Jessie Hill, with other contributing hostesses, served a delicious luncheon at the noon hour and a social time followed. Comrades from Christine were invited guests. The afternoon session closed with a question box, and every one present was impressed with the value of the institute.

SOLDIERS AND SAILORS DEPT.

Our chief interest in this department centers at present in the opportunity for service at the new Veterans' Hospital here. On a recent visit, I found 42 ex-service men receiving treatment. This number varies as the men come and go. We are arranging for radio programs to be broadcast occasionally over WDAY, as the government has equipped each room with a receiving set.

In an interview with Miss Culbertson, the head nurse, I learned that just now tray cloths, lots and lots of them, will be appreciated most. They haven't enough for daily use to say nothing of having a few in reserve. By sending a dozen or two at a time, you will begin to solve that deficiency.

These tray cloths, when finished, should be 21 by 14 inches, with a quarter or half an inch hem. No edging should be used. Indian head would be a desirable material for this purpose.

There is a nice library at the hospital and new, interesting books will be welcomed. Although the government furnishes one copy of each current magazine, subscriptions to any of the current magazine, particularly those most read by men, would find interested readers. The Union Signal should be found in the library and the Christian Herald, a non-sectarian publication, offers a rate of \$1.00 a year for ex-service men. Books of stamps, stationery, sunshine bags and toilet articles will also be appreciated, especially about Christmas time. Address all articles to U. S. Veterans' Bureau, Fargo, N. D., and please report to me what you send.

There were piles upon piles of afghans in the supply closet, besides one on every bed in use.

Mrs. R. E. Skonnord,
State Director.
1509 7th St. S., Fargo, N. D.

TREASURER'S REPORT

Sept. 23-Nov. 20

Dues for Year Ending 1928-29—
New Rockford \$2.10, Egeland 4.90, Cray 7.00, Jamestown L. T. L. 90c, Cooperstown 19.60, Guelph 2.10, Turtle Lake 3.50, Lisbon 20.30, McKenzie 70c, Forest River 3.50, Grand Forks Scan. 42.00, Calvin 4.20, Hope 4.90, Galesburg 6.30, Grafton 11.90, Crystal Springs 5.60, Grand Forks 70c, Carrington 5.60, Jamestown 4.90, Williston 3.50, Stady 4.90, Fargo 2.80.

Dues Beginning Year 1929-30—

Fargo \$101.50, Hatton L. T. L. 8.00, Larimore 4.20, Mrs. Eva Griffith, Kenmare, Willard 1.00, Edinburg with exc. 2.20, Bismarck 14.00, Rock Lake 2.80, Minot 5.60, Stirum 2.10, Preston 70c, Crystal Springs and Tappen 2.80, Mrs. K. Fossum, Hillsboro Willard 1.00, Portland with exc 90c, Mrs. James Holmes, Walhalla, Willard 1.00, Calvin 14.70, Rugby 6.30, Van Hook 11.90, Bismarck 13.50.

Budget Year Ending 1928-29—

New Rockford with exc. \$21.30, Egeland comp. 1.30, Cooperstown c. 37.60, Guelph c. 10.40, Lisbon 5.00, Forest River 5.00, Grand Forks Scan. 78.00, Calvin 12.00, Galesburg 10.00, Grafton 25.00, Lakota c. 5.10, Grand Forks c. 13.00, Ellendale c. 40.30.

Budget Year Beginning 1929-30—

Tappen \$5.20, Abercrombie 16.00, Edinburg 85c, Stirum 1.30, Page c. 24.60, Fargo 90.00, Finley 19.60, Hope c. 16.00.

Miscellaneous—

Jamestown, Anna Gordon Misfund 75c, Van Hook, Willard Tablet 25c, Grand Forks 30c, 4th Dist. Pledge 20.00, Mrs. J. N. Wallestad, for Medical Contest Dept. 51.80, Nat'l W. C. T. U., for N. D. Prize 15.00, Collection at State Convention 79.40, Sales at Convention 9.15, Stirum, medal 1.00, 1st Dist. Pledge 30.00, Life Membership for Mrs. Nellie Barber 10.00.

Mrs. E. C. Watkins
State Treasurer.

PROFESSOR SMOKES IN CHURCH

On the rostrum of a down town Methodist Church in Cedar Falls, Ia., before the assembled congregation and S. S. classes, Mr. H. L. Eells, head of the rural education department smoked a cigaret in church on a Sunday morning. To demonstrate the amount of poison in a cigaret, Mr. Eells calmly took a package of Lucky Strike cigarets from his pocket, placed one in the end of a glass tube connected to a syphon and lit the cigaret. The water, running from the syphon into a pail, drew the smoke through the glass tube into the jar where the poison showed up plainly. Mr. Eells states that cigarets contain eleven poisons, the more common of which are nicotine, prussic acid, ammonia and carbolic acid.

There will be four million new voters in the 1932 election and the wets are saying that these voters must hear the truth from them. This is a challenge for us to give them the dry side. Many of these are in our high schools and colleges. Through our literature campaign may we not get the truth to these future voters?



MRS. JENNIE E. ALLISON

PROMOTED

"Ah, comrades, we stand in the silence,

Homesick to-day;

But how can our anguish be bitter?

We follow that way.

Let us lift up our hearts, beloved,

Love on, as of yore;

Then onward, friends, to duty,

Not far, with the King in His beauty,

We greet them once more."

Our sympathy is expressed for relatives and friends of promoted comrades—Mrs. Jennie E. Allison, at one time president of the Second district and a life member and faithful worker for the state W. C. T. U.

Mrs. Allison lived in Esmond but in recent years made her home in Fargo with her son and daughter-in-law, Dr. and Mrs. E. G. Allison. She was visiting another son in St. Paul when called to heavenly activities. Her life of loving service will be gratefully remembered by white-ribboners of North Dakota.

Mrs. William H. Tait of Bowesmont, for several years president of the local union there, passed quietly away Nov. 15th, after a long illness borne with rare patience and Christian fortitude.

Mrs. A. K. Helling, the faithful and much loved treasurer of the Wheelock union, was called very suddenly to her Heavenly Home. She will be greatly missed.

Mrs. Ellen Pagel of Linton, president of the Ninth district, is bereaved in the Home-going of a beloved daughter; and Mrs. H. H. Aaker of Grand Forks, vice president of the Sixteenth district, in the passing of her noble husband, Mr. H. H. Aaker, president of the Business College at Grand Forks which bears his name, a man of conviction and character, a firm friend of prohibition and a life member of the North Dakota W. C. T. U.

Mr. Chas. S. Shippy, a prominent attorney of Hope, who was actively interested in prohibition and every good cause, passed away Nov. 15th, his wife, Mrs. Ella M. Shippy, having preceded him eight months ago.

Minot sent out a letter, explaining their work, giving names of new officers and welcoming all members to the first meeting Oct. 4th, and to all succeeding meetings of the year.

At the regular meeting of the Devils Lake union, when reports of state convention were given, white ribboners of Southam union and Mrs. Margaret Shand of Cray were welcome guests.

MAKE IT AN ACTIVE CAMPAIGN

The Woman's Christian Temperance Union continues its campaign of education, seeking to reach the youth of America with the truth regarding the scientific effects of nicotine; urging the strict enforcement of laws forbidding the sale of tobacco to minors; protesting against untruthful and misleading advertisements; appealing to the women of the nation to refrain from acquiring the tobacco habit, in the interest of their own health and that of their children.

Hon. Reed Smoot of Utah has introduced a bill in Congress, providing that tobacco and tobacco products shall be included within the scope of the Food and Drugs Act. Let us write our members in Congress that this bill deserves their support.

President C. E. Allen of the Valley City State Teachers College recently told the girl students that smoking would not be allowed while they were attending college and that he could not recommend, as teachers, those who smoke. Just three words more—"and boy students"—would have made the moral standard equal. Lady Nicotine is no respecter of persons, whether male or female, in their endeavor for moral, mental or physical attainment.

A great crusade against the cigarette is going on in California. Doctors, lawyers, ministers and educators have determined that the cigarette is a curse which must be checked. The law forbidding the sale of cigarettes to minors in our states is not being properly observed by merchants, drug stores and pool halls. I recommend that a committee of three, from each union in the state, be appointed to appeal to their merchants and others to observe this law to the letter. I trust that each union will have a narcotic director this coming year who will write to me for some of the splendid material I have on hand.

The Nashville Southern Lumberman has this to say: "It's sad to think that we shall never know what kind of cigarettes were responsible for the manly virtues of George Washington and Andrew Jackson."

Mrs. J. M. Holcomb.

Director Narcotics.

Jamestown, N. D.

Mrs. Duguid Says—We are still dreaming of convention time and so happy to have entertained the stranger within our gates. The idea was emphasized in one of the sermons following convention of what it meant to the community to be host to such a gathering. Those who entertained delegates thought it a happy privilege, so some time we hope you will come again. If only Mrs. Buck could have been with us!

"The annual dues social was held at the home of Mr. and Mrs. Stubblefield Nov. 8th with the city teachers also as guests. Our president, Mrs. Nellie P. Barber, was surprised by receiving a life membership certificate which she richly deserved for her faithful and efficient work for the convention. We had with us at this time, Miss Martha Pohnert, who told of her thrilling experiences as a missionary in China during the revolution."

LOYAL TEMPERANCE LEGION

So much interest was shown in the L. T. L. conference at the Cando convention that we expect many new legions as a result. Some of our women felt they could organize this work for the children and several have already done so. We are anxiously waiting to hear from others.

I will here mention the material necessary to carry on an L. T. L.—1. The L. T. L. Year Book. 2. The Study Course comprising, "Three Young Americans in Action," "About Ourselves," "About Others," "About Us and Others." 3. Object Lessons for the L. T. L. 4. L. T. L. Pledge Cards or Enrollment Sheet. 5. L. T. L. Rally Cries and Songs and the new L. T. L. Song Book, for the slogan sent us from the National convention by Miss Byrnes was, "Sing While You Work." We all realize the significant relation between our work and singing. Songs will win the boys and girls and will weld our work together.

The work may be carried on for perhaps a year with only two of the Study Course books and I would suggest "Three Young Americans" and any one of the others, to begin with. The Young Crusader is indispensable for it contains the outlined program for meetings and also bright, snappy stories, short poems, new chasers and rally cries.

Many splendid little playlets may be secured, such as "The Sick Baby," "The Cigarette Box," "Lester Brown's Battle," and the Medal Contest Reciters furnish fine material for contests. Sunshine booklets, posters and flower mission work will furnish activities for the children.

High Points for the Past Year

Northwood had the banner membership, 83 paid members, and received six prize subscriptions to The Young Crusader. Hatton had 80 members but failed to get dues paid in time.

Minnewaukan won the beautiful silk Belgium flag for the largest contribution to the Anna A. Gordon Missionary Fund. This legion was also our only Vanguard L. T. L. having met all efficiency requirements. The pennant sent them was very pretty and they are determined to do as well next year. Cando has 72 subscribers to Young Crusader. The demonstration given at state convention showed how much they appreciate its stories. Edgeley has 31 subscribers to the Crusader. The legion at Van Hook bought two dozen of the new L. T. L. song books and will sing while they work. Englevale (West Fairview) legion is making a box of toys for gifts at Christmas.

Mrs. E. S. Bordwell,
State Secretary.

Mrs. Ellen Pagel, president of the Ninth District, and four others from Linton, visited the union at Temvik recently. After an address by Mrs. Pagel in which current events were given from the Union Signal, three subscriptions were secured for our national official organ and three for the Young Crusader. Temvik and possibly Napoleon will join Linton in the literature campaign. There was a good attendance, including 5 men. Refreshments were served and an offering taken for the work.

THE MEDAL CONTEST

DIRECTOR SAYS:

Dear White-Ribbon Comrades:—

Another year is before us with its hopes and possibilities and we wonder what it has in store. It has been aptly said that the reason the American soldiers were more quickly trained than those of other nations was because they were trained only to go ahead and not retreat. Let us apply that to our medal contest work. If you did not have a contest last year, you were only getting ready. Let every union report at least one contest this year. Those who had only one contest last year will find that "Well begun is half done." The next one will be easier.

Those who did such excellent work last year, and those who are interested and inspired by the messages of those seven splendid young people at Cando, will be sure to go ahead and not retreat an inch. When the plans come from the new National director, I shall pass them on to you. Meanwhile let us make the best local plans possible and get started early. Medal Contests will be a fitting part of the celebration for January 16th—the tenth birthday of National Prohibition.

There are many opportunities for combining departments. The Y. P. B. and L. T. L. furnish contestants and others will help on the program. Winning essays in the S. T. I. department may be read at a medal contest. Your state directors of Flower Mission and Medal Contests, both living in the Fifth district, think these two departments combine nicely. When I notified Miss Lee of a coming contest, she wrote the one in charge, suggesting a wee gift for the losers and this was done in several places. Necklaces for girls, watch chains for boys, dainty handkerchiefs or bouquets of flowers or small boxes of home-made candy were often the panacea for disappointment, although our young folks are good losers as well as good winners.

I am in this work to serve you in any way possible. You cannot ask too many questions. I shall be glad to answer as far as I can. I keep a full supply of working materials on hand and make it a point to fill orders promptly so order from me literature, reciters and medals.

Yours for service,

Mrs. J. N. Wallestad.

Wheelock, N. D.

Speaking of pioneers, Mrs. J. A. Burgum of Arthur joined the L. T. L. in Bismarck in 1886 "when Frances Willard and her young assistant, Anna Gordon, spoke at the Presbyterian church" and Mrs. Burgum's mother, Mrs. Linda W. Slaughter, was local president. Mrs. Nina W. Porter of Englevale writes that she joined the W. C. T. U. in 1889 when Mrs. Anderson organized the West Fairview union. Both of these pioneers have been loyal workers thru the years.

Bottineau comrades attend court when liquor cases are on trial. They believe their Sheriff and States Attorney are the best the state can produce and with Judge Kneeshaw presiding, there is little chance for favoritism. Many violators are pleading guilty.

TEMPERANCE TEACHING IN SCHOOLS

I hope you are all working to advance temperance education in our schools. If we would continue to go forward and not backward, as some of the Canadian provinces have recently done, we must educate the boys and girls in the schools of the state.

"The teachers of a few decades ago are entitled to a large share of the credit for the passage of the Eighteenth Amendment. They taught the injurious effects of narcotics and stimulants and prepared a generation to stand against the existence of the saloon. This teaching must be continued. If the evil effects of the saloon are not taught and the other side continues to be held up in the press, we may easily develop, in a few years, a generation which will undo that which required fifty years and more to achieve."

Let us be vigilant in the work of this department, considering the subject at a local union meeting as early in the year as possible. Let us have an S. T. I. director in every local union. Give her an appropriation for literature and prizes. The National W. C. T. U. offers as a prize in essay contests, a gold plated medal with the letters—"W. C. T. U."—engraved on bar from which a star is suspended and the price is only \$1.00.

The following topics are assigned in the essay contest work this year: High School-Senior-Junior classes: Business Advantages in Keeping Free From Alcoholic Drinks.

Sophomore — Freshman classes: How Total Abstinence (from Alcohol or Tobacco) Helps "Keep Oneself Physically Strong, Mentally Awake, Morally Straight."

Seventh and Eighth Grades: Why Flier and Driver Should Keep Free from Alcoholic Liquors.

Fifth and Sixth Grades: Slogan, We Work for Safety by Sobriety.

Fourth grade—Pupils reproduce the story—Rex of the Hills.

Third grade—Pupils memorize, copy and illustrate the poem—Three White Glasses.

For the High School poster, the subject is—Alcohol or Tobacco. Send to me for Subjects and Rules governing these contests and for literature helpful for each grade.

Where the contest is impossible, teachers will often welcome the literature and work it into their general lessons, thus strengthening temperance instruction. Do not neglect the rural schools. If you are near a Normal College, see if the school is preparing its graduates to give proper instruction in this branch and help them by presenting suitable literature.

Our state law provides for the observance of the third Friday in January as Temperance Day in public schools. Miss Bertha Palmer has provided a program for the day. Make previous arrangement with the teachers for the observance of this day and present to the school library any one of these books: Alcohol; Its Effects on Mind and Efficiency; Alcohol (Fisher and Fisk) or Science and Human Life in the Alcohol Problem. Put as many copies of The Union Signal and Young Crusader in the school as possible.

Some one has said—"There will

CHILD WELFARE

Mrs. Harry S. Rush

In the last twenty-five years we have begun to realize that it is necessary to prepare for parenthood, not only for the child's physical development but for the mental and spiritual as well. For many years farmers have read books, pamphlets and papers on raising chickens, hogs and other live stock, but only in recent years have we made a study of the child. Now we have Study classes, Health Demonstration centers, Behaviour clinics and Nursery schools where our girls may study the child, and in many of the current magazines are articles on Child Welfare.

Psychologists tell us that the most important years in training a child are the years before he enters school—that the first five years of one's life form a pattern upon which the rest of the life is built. It is easier to form good habits than to break bad ones and the time to form good habits is in the first few years of life. Temper tantrums, bad dispositions and all undesirable traits of our children are not inherited as we used to think, but are acquired from faulty training in the first five years. These bad habits are the result of living with us. Habits of eating, learned in childhood, may color the entire after life. I know a boy who, in college days, could not eat anything but bread and sugar because of his early training. I know a girl who lost weight during the first few months in college because there was nothing she liked to eat.

The child must learn in these first years that crying does not produce the moon or any satisfactory substitute. I have heard of a man who still has the temper tantrums of his childhood and his family is very unhappy because of them. A lady also comes to mind who rules her family by hysterics. She must have her husband's pay checks and everything else she wants whether the family can afford it or not. She is using the same method that as a child she used with her mother.

The child of today must learn to recognize the restrictions which are placed on his activities for his own safety. He must learn to meet people in his own group and to judge his own ability in these groups, neither over nor under-estimating himself. We hear so much these days about the inferiority or superiority complex but we are trying now, by proper training in the first few years, to help children establish a balance between the two. These very important lessons must be learned before the child has any important contacts outside of the home and before he has any experience with formal schooling.

We send our children to school with undesirable traits and then blame the teacher if they do not do as they should. Teachers are trained in child psychology and accomplish much but it is harder to change habits once formed than to build new

ones. John, a boy of nineteen, was discharged from a job several times because he would not take orders. He "wasn't going to let any one walk over him." He will be a failure unless he learns after bitter experience, that he must adjust himself to other people. We find he is simply practicing in his work, lessons he learned at home. Sometimes an order was carried out, and sometimes if he made fuss enough, he had his own way. It will take a long time for him to learn the things he should have learned before he went to school.

The W. C. T. U. has a department of Child Welfare with four divisions

—1. Research work as related to all phases of child life and a campaign of information and education. 2. Specific pieces of child welfare work given immediate attention. 3. Emphasis on the Eighteenth Amendment in its beneficent relation to child life. 4. Interesting every young mother in this program and in our organization known as "Organized mother love." These divisions are based on the five-pointed program: To every child belongs the right—To be well born, To an education, To protection from child labor, To be morally safeguarded, To be spiritually trained.

Lillie B. Smith,
State Director.

Thompson, N. D.

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VICTORY DAY PROGRAM SUGGESTIONS

For
LUNCHEON, RALLY, BANQUET
January 16, 1930

Devotional Service, based on Deut. 4, 5-9.

Music (From W. C. T. U. Songs)
Devotional Songs, W. C. T. U. Song of Praise, page 21; Lead on O King Eternal, page 30; How Firm a Foundation, page 32.

General Songs, Temperance Rally Song, page 23; Hold Fast and Go Forward, page 24.

Solo, It Is There to Stay, page 2. Quartette, U. S. A. Forever Dry, page 8.

Suggested Topics for Brief Addresses or Responses to Toasts:

Law Observance—Law Observance in The Home, A Home Maker; Law Observance a Social Factor, A Representative Towns' Woman; Law Observance in Our Schools, An Educator or Representative of P. T. A.; Law Observance a Community Asset, A Minister.

Law Enforcement—Law Enforcement Machinery, How to Strengthen it in Our Community, Chief of Police or Attorney.

Ten Years in Review—The Benefits of Prohibition, By One who Knows.

Pageants Which May Be Used for Evening Meeting—"Why the Bells Ring," for Loyal Temperance Legion, time twenty minutes; "In Review," Depicting the inception, development and final prohibition victory, time, one hour.

Distribution of Literature.
Offering taken for the general work or budget.

The birthday greetings poster should be featured extensively.

Generous use of the new poster, "Eternal Vigilance is the Price of Prohibition," is urged.

"SAY IT WITH FLOWERS"

My Dear Comrades:—

Of course you all know the beauty of the narcissus, hyacinth, freesia and Chinese sacred lily during the winter months and I hope you have these and generous supply of tulips, crocus and daffodils for early spring greetings. If not, it is not too late to get some yet, start them and use for Christmas greetings to your flower-lover friends. Until I hear from our National director, Mrs. Hall, won't you bear in mind our state objectives, take a long breath and get ready for a busy year?

1930 Goals

Heartly cooperation with every other department, the L. T. L. and Y. P. B. A very large increase in the planting of shrubs and trees, especially for fruit, so that North Dakota may have fruit juices ready for that delightful new department—Non-Alcoholic Fruit Products—to work with. Helping each union to go over the top with the Reserve Fund.

Improving every opportunity to distribute the new monthly leaflets as recommended by our National and State Presidents.

Record cards for each member, to be replaced as soon as one card is filled.

With more than three thousand earnest, enthusiastic women to do and dare, what can we not accomplish?

Sincerely,
M. Inez Lee.
Epping, N. D.

Mrs. Minnie Hanson, district president, and Mrs. G. L. Thompson, supervisor of the Hatton Y. P. B., were hostesses when the young people were entertained at the Hansen home this month.

On Nov. 14, at the home of Mrs. E. A. Bjelde, the Mayville union enjoyed a pleasant visit from the district president, Miss Minnie Hanson of Hatton, who gave interesting reports of the state and national conventions. Lunch was served at the close.

THE UNION SIGNAL

Everyone has a number of friends to whom they send a Christmas Greeting card each year. Why not try something different and let the Union Signal be the GOOD WILL messenger for 1929? A Christmas card says "BEST WISHES, I AM THINKING OF YOU" just once a year, but the Union Signal would say it once a week for the whole year.

Send in the list of names and addresses of your friends who are to be the lucky recipients of your kind favor at once, so a copy of the Union Signal may reach them for Christmas Day. \$1.00 per year and please address Union Signal, Evanston, Illinois.

THE YOUNG CRUSADER

Is there a boy or girl in your home or in some distant city to whom you wish to send an inexpensive but wonderful Christmas Gift? Have you thought of the YOUNG CRUSADER with its interesting and instructive stories? The editor's story from month to month of the boys and girls that lived long ago is well worth the cost of the magazine.

If the Christmas number is to reach your young friends, send names and addresses at once to the Young Crusader, Evanston, Illinois. Single copies 35c per year. Clubs of ten \$3.00.