



"NOT WILLING THAT ANY SHOULD PERISH"

Monthly—25 Cts. a Year

CASSELTON, N. D., MARCH, 1939

VOL. XLII No. 2

ONE OF THESE DAYS

J. W. Foley

Say! Let's forget it! Let's put it aside,
Life is so large and the world is so
wide,
Days are so short and there's so
much to do,
What if it was false—there's so much
that's true.

Say! Let's forget it! Let's brush it
away
Now and forever—so what do you
say?

All of the bitter words said shall be
praise

One of these days.

Say! Let's forgive it! Let's wipe off
the slate,
Find something better to cherish than
hate.

There's so much good in the world
that we've had,
Let's strike a balance and cross off
the bad.

Say! Let's forgive it, whatever it be!
Let's not be slaves when we ought
to be free,

We shall be walking in sunshine ways
One of these days

Say! Let's not take it so sorely to
heart;
Hates may be friendships just drifted
apart

Failure be genius not quite under-
stood;
We could all help folks so much if
we would;

Say! Let's get close to somebody's
side,

See what his dreams are and know
how he tried;

Learn if our scoldings won't give
way to praise

One of these days.

Say! Let's not wither! Let's branch
out and rise

Out of the byways and nearer the
skies;

Let's spread some shade that's re-
freshing and deep,

Where some tired travelers may lie
down and sleep.

Say! Let's not farry! Let's do it right
now,

So much to do if we just find out how.
We may not be here to help folks or
praise

One of these days.

THE PRESIDENT'S LETTER

Dear Comrades:

Our Frances E. Willard memorial day is over but because of extreme cold and bad roads, many will continue to observe that day throughout this month by teas, luncheons and other meetings. Money raised for the National Temperance Education Fund should reach the state treasurer by Feb. 28 but may be sent later. Surely every union wishes to be a Gold Star union and, having paid its share, to receive a beautiful certificate to keep as a souvenir.

These are busy and most worth-

MID-YEAR MEETING AND INSTITUTE

IN THE EVANGELICAL LUTHERAN CHURCH
GRAND FORKS, NORTH DAKOTA

Fourth Avenue South and Belmont Road
MARCH 16 and 17, 1939

Beginning at 6:30 Thursday evening with a dinner, served by the ladies of the church; closing the afternoon of the 17th. This will be an important meeting and all members of the executive committee are urged to attend. Sessions are open to all interested. Send names for entertainment to the state vice president, Mrs. Bessie M. Darling, 231 Conklin Ave., Grand Forks.

while days with Congress and our state legislature in session. Please always read the second page of The Union Signal with Dr. Izora Scott's report of Congress and heed her requests for letters to be sent to our senators and representatives. For those who do not get The Union Signal, let me mention some bills of which our National W. C. T. U. approves:

S. 517 : H. R. 924 (Capper-Culkin) To close interstate commerce to liquor advertising; S. 517 : H. R. 251 (Johnson-Culkin) Ban liquor advertising over radio. H. R. 940 (Tarver) Protect dry states; S. J. Res. 28 (Sheppard) Amend Constitution to bring back national prohibition; H. J. Res. 4 (Ludlow) Prohibit government manufacture of rum. S. 280 (Neely) Prohibit compulsory block-booking and blind-selling of motion picture films; H. R. 250 (Culkin) Federal supervision of motion pictures. If you have not already done so, please send at once personal or union letters, with number of members, to Senators Frazier and Nye and Reps. Burdick and Lemke, asking their support of these bills.

We have kept in close touch with our legislature and are very thankful that the dangerous Municipal Liquor bill was defeated.

We regret that a bill for county option was not passed but hope for it later. Before this reaches you we hope that House Bill 238, forbidding sale of liquor outside of incorporated towns and villages, has become law, also that the Uniform Narcotic Drug Act has been ratified.

Members of the state executive committee will note that the mid-year meeting is to be held in Grand Forks and we hope that all district presidents and other members will attend as we have much important business to consider. We must plan for the completion of our N. T. E. Fund—only a little over \$1700 yet to raise of our \$5000 quota. With our handicaps, I feel we have done well; but now, at the end of this fifth year, through prayer, faith and each doing her bit, we can go over the top and

become a Gold Star state. Ten states have already reached that goal and thirteen are on the way. Can we beat Minnesota?

I am anxious about the membership this month. Each union will want to gain as many Willard-Anderson members as possible, not only to honor Miss Willard but our beloved Mrs. Elizabeth Preston Anderson who has given nearly fifty years of valiant service to our state. While soliciting members and money, we are educating others as to the evils of alcohol and what is being done to combat them; offering the privilege of sharing in this great work in the memory of the only woman who has been honored by the United States in having her statue placed in our national capitol—Frances E. Willard!

Our literature never was more attractive. We especially recommend "Some Accomplishments to Date" and "Why I Shall." Both will help in making your appeals. March is our Union Signal month and each member greatly needs the help of this wonderful weekly paper. Dr. Scott's page alone is worth the two cents and less a week that it costs. Then we have all our national and world news, stories helpful and interesting for the young people. It contains information, inspiration and encouragement and you must read it to appreciate it. I feel that no union can do good, intelligent and constructive work without it.

Thank you, dear sisters, for your many letters of sympathy when my dear brother was called Home. My sympathy goes out to other members of our W. C. T. U. family who are also lonely for a loved one. May our heavenly Father help us to perform the many tasks confronting us and to say with Paul: "I can do all things through Christ Who strengtheneth me." "Such as I have I give thee"—Acts. 3:6.

Yours with love,
Mrs. Fred M. Wanner.
Jamestown, N. D.

FLIGHT OF CONVERSATION

The talking sped on eagle wings;
Great lifts of talk on lofty things
That soared and hung and soared
again

World-visioning. Talk of great men,
Of destiny, of God's high plan
For worlds that spin, His course for
man.

The eagle flight of talk swept down
And hovered over one small town;
Dwelt on serving one another,
Mentioned kindness to a brother
Needing kindness for a season;
Spoke of sharing, without reason
Other than the love of giving
Self, and fruits of goodly living.
Hung above fleet children playing
With abandon, tasks delaying;
Feld weaklings back from dereliction,
And came to rest in benediction.

—Mrs. E. J. Langley,
Rock Lake, N. D.

OUR NATIONAL AND STATE DIRECTOR WRITES:

Dear North Dakota Unions:

We have failed to take advantage of one of the greatest helps to local work when we have neglected to hold INSTITUTES. For a number of years our reports have been very small. You are not alone to blame for this—I have been much at fault. For the past two winters I have been out of the state most of the time and it is harder to work at a distance. I am at home this winter and shall be very glad to answer any correspondence regarding the department of Institutes.

At an institute we study methods of work and plans for forwarding the cause for which we stand. We must have at least two sessions, each session lasting not less than two hours. It is a fine plan to begin at 10. A. M., recess for pot-luck luncheon, begin again at 2 P. M., recess at four or five in the afternoon; have an evening meeting at which the high school band or chorus may contribute numbers, some of the younger folks put on a playlet followed by a speech of not more than 30 minutes duration. An offering should be taken at afternoon and evening sessions.

Your district president will make a fine institute leader. Ask her to come and conduct one for you. You will be surprised how much you will learn and how many you may interest. This is a fine way to win new members. Local institutes are very helpful and should be held whenever and wherever there is an open date and a suitable leader who should not be expected to do all the talking. We endeavor to develop the ability to speak in all our women through institutes. District institutes are gaining in favor all over the United States.

Since many women drive cars, it is possible to gather those interested
(Continued on page four)

WHITE RIBBON BULLETIN

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Mrs. Fred M. Wannor
Editor in Chief
Barbara H. Wylie
Managing Editor

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MARCH, 1939

TOM RAMEY AND FAMILY PRAYER

By Jeff D. Ray

To younger people I am talking a good deal these days on the subject of family prayer. I find many of them saying they ought to do it and really want to do it, but can't. They usually give two reasons: they can't get the family together at night and neither father nor mother can lead a prayer. To remove these difficulties, I tell them this story: In my student pastorate in Eminence, Kentucky, I preached an earnest sermon on this subject. The next day I met one of our best members—Tom Ramey by name. He said: "Brother Ray, you are right; we all ought to have family prayer and my wife and I want to do it, but we can't. We can't get the children together at bedtime and neither my wife nor I ever led a public prayer."

I said: "Tom, you don't have to have it at bedtime. Is not your family all together at breakfast?" He said, "Usually they are, or with a little effort could be." I said, "All right, Tom, you talk it over with Mrs. Ramey; have an understanding with her that she will put the Bible by your plate every morning as regularly as she puts the breakfast on the table. Before eating a bite explain to the children that you and their mother have decided there ought to be a brief season of family worship every morning before entering upon the duties of the day. If you put it up to them they will approve of it. Then open your Bible and read a few verses, beginning, say, with the first twelve verses of the Sermon on the Mount. You could do that, could you not?" He promptly said, "Yes, I could read the verses, but I could not make the prayer."

I said, "Very good, if you can't make a prayer of your own, turn every morning to Matthew 6:9 and reverently read unto God before your family what we call the Lord's Prayer." He said, "All right, pastor, I can do that, and I will do it beginning tomorrow morning." A few weeks afterward I met him. He was smiling and said, "Pastor, I kept my promise; only I have done more than I thought I could do. After reading the Lord's Prayer a few mornings I was surprised to find that I could make a prayer of my own. We all enjoy it and I am sure none of my family will be willing to abandon it."

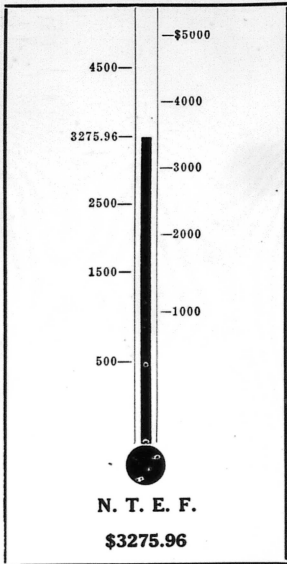
I am telling this story in the hope that it may encourage other fathers and mothers to take up this vital duty and that it may point the way by which it can be done.

From both observation and experience I know the incalculable blessing of a family altar in the home, and it is becoming more and more my earnest desire to encourage younger people to start the home right with a family altar. But even if it has been neglected heretofore, it is not too late

For The Honor of North Dakota

LET US FINISH OUR QUOTA OF THE NATIONAL TEMPERANCE EDUCATION FUND THIS YEAR!

Like the temperature these wint'ry



ter rises slowly but it does rise—we days, our temperance fund thermometer shall reach our goal, and spring will

MORE ALCOHOL EDUCATION NEEDED

Dear Co-Workers:

We hope the material sent out early in the year has reached its destination. I am always glad to answer any request for information or material and to-day am answering an eager young worker who wishes to broaden her scope of service. Such letters are encouraging. The great interest and appreciation which my own pupils have shown in our temperance literature, songs, etc., this winter, have inspired this letter to you.

Literature put out by our W. C. T. U. Publishing House at Evanston is arresting and convincing and not very expensive. By the distribution of those leaflets in the schools I believe much could be accomplished. Our county superintendent of schools volunteered to distribute such literature with the monthly bulletin and I believe other superintendents would do the same, if you ask them. Write our state office at Fargo for prices on literature for distribution.

Let us consecrate ourselves anew. It was Lincoln who said, in times of discouragement: "I have been driven many times to my knees by the overwhelming conviction that I had nowhere else to go." Let us follow his example and strength and wisdom will be ours.

"My Father's world" and yet—
For me He leaves stirring, mighty tasks
And bids me share with Him

to start it now. It is my deliberate judgment that a family altar regularly and religiously maintained is the home's surest avenue of spiritual blessing.

By permission of
THE BAPTIST STANDARD

soon be here. We do not ask anything impossible of our dear, burdened women, in this work. There are so many ways in which the fund may be raised. Here a Sunday School class takes a collection; there a Ladies Aid society makes a contribution to a cause that is for the common good. Others gratefully remember loved ones gone with memorial memberships. All such contributions are placed in the N. T. E. F.

Mr. H. D. Paulson, editor of the Fargo Forum, made his mother a memorial member as did Miss Margaret Hyslop of Grand Forks for her mother. Valley City union sent in a sum in memory of Mr. Peter Davidson and Grand Forks district in memory of Mr. S. O. Nelson.

Members of Fargo union gave a service of silver teas, inviting neighbors and friends, explaining the fund and realizing about \$15.00. Reports from out over the state have not been received but we shall hear from others. When we contrast our condition in this favored land with that of others across the sea, we exclaim with the psalmist: "What shall I render unto the Lord for all His benefits towards me?"

"Go break to the needy sweet charity's bread;

For giving is living" the angel said; "And must I be giving again and again?"

My peevish and pitiless answer ran, "Oh, no," said the angel, piercing me through,

"Just give 'till the Master stops giving to you."

B. H. W.

In building love and truth and joy To make His dream come true.

"My Father's world"—and yet—
Not until each willing child of His For Him and for His cause
Gives love and toil and sacrifice
To make His dreams come true.

May God grant us strength and courage and such a deep love for His work that we may not be dismayed but go forward in His name.

Mrs. Flora Day,
Director.

Medina, N. D.

MOTION PICTURES AND SOCIAL MORALITY

"No evil habit, however small, shall have dominion over me."—
Frances E. Willard.

The centenary of Frances Willard should arouse in each of us a determination to live purer lives and to teach higher ideals. The material sent out by the Social Morality department gives us many helpful and practical suggestions for personal thinking and group discussion. We would recommend for every seventh and eighth grade girl the leaflet—"Can You Afford It?" which may be obtained from our state office at Fargo. The objectives given in the Plan of Work for this year provide good topics for W. C. T. U. and P. T. A. papers or discussions.

In the department of Motion Pictures good suggestions are given for practical work. The motion picture question is a big one and every parent and W. C. T. U. member should make it a subject of earnest thought and prayer.

In the Union Signal for Feb. 8, Dr. Izora Scott, our legislative representative at Washington, says: "The time has arrived for definite and prompt action by all who are anxious to help in bringing the Neely Motion

(Continued on page three)

HERE AND THERE

We honor Mrs. Mary E. Sabin, resident of LaMoure for forty years and a former member of the W. C. T. U. who celebrated her one hundredth birthday at the home of her daughter in Bozeman, Montana, last month. Congratulations!

The new motion picture—"The Pay-Off" was shown by the Minot high school this winter and received much favorable comment from faculty and students.

A NIGHT CLUB with no intoxicating beverages is the distinction of the Varsity Club on the campus of the University of North Dakota. Sponsored by the YMCA and the YWCA, the club provides a chaperoned recreational center for University students.

RYDER union sponsored two silver medal contests at the high school Feb. 5, under the direction of Miss Margaret Campbell. Winners were Garfield Brumbaugh who read: "But Tom Jones, He's Strong" and Lois Warner whose selection was "Tommy." The other contestants were presented with Eversharp pencils. Lunch was served at the close.

MISS C. MINA POLLOCK AND MISS INA BEST, daughters of two distinguished pioneer mothers, entertained the Fargo W. C. T. U. at the home of the former for the January meeting. After an interesting program and a delicious lunch, a mystery bag sale netted a neat sum for the budget. (Suggestions for such sales are found elsewhere)

MRS. KATE S. WILDER was speaker for the Fargo Scandinavian union at their Willard memorial meeting, in Luther Hall. A special musical program with refreshments followed.

MRS. H. H. OLSON, Ray, honorary president of the Northwest district, was a pleasant caller at our state office.

MRS. ELIZABETH WILDER HOLLAND, one of our assistant Y. T. C. secretaries, entertained a group of children at Grand Forks with stories about Frances Willard; and at the W. C. T. U. meeting Mrs. Holland spoke on the Narcotic Peril.

MINOT'S memorial meeting was held at the home of Mrs. A. C. Huycke with Mrs. H. J. Nelson leading devotions. Mrs. Margaret Harding gave an appreciation of Miss Willard. Mrs. A. S. Dwell explained the memorial fund and members gave world notes on the Narcotic evil. Music by Mrs. A. F. Monson, Geraldine Huycke, Betty Peters and Eileen Nagatoma was enjoyed.

CROSBY observed Lillian Stevens day with an appropriate program at the home of the president, Mrs. Eleonora Hyde, each member bringing a guest. Taking part in the program were Mmes. Geo. P. Homnes, A. Hay, A. Volkman, O. Thorsen, Oscar Olson and C. E. Erickson. A series of amusing stunts and contests furnished much entertainment after which refreshments were served by Mrs. Tannas and Miss Anna Olson, assisted by a group of high school girls.

NORTHWOOD observed the Willard memorial February 17 when a dinner was served, followed by an interesting program with Mrs. Bessie M. Darling, state vice president and district president as guest speaker.

IN MEMORIAM

"It seemeth such a little way to me
Across to that strange country—the
Beyond;
And yet not strange—for it has
grown to be
The Home of those of whom I am so
fond;
They make it seem familiar and most
dear,
As journeying friends bring distant
regions near."

Mrs. L. E. Heaton, McKenzie, a
life member of the North Dakota W. C.
T. U. for many years, also former
president of Bismarck district and a
Gold Star mother, was called Home
Feb. 15.

Another faithful member of the
McKenzie union, Mrs. W. H. Starck,
passed away the same day.

Mrs. Aaron Edgerly, secretary-
treasurer of the Ellendale union for
five years, was released from a long
period of illness Jan. 21. Miss Annie
Mitchell, Oakes, a pioneer in temper-
ance work, is gratefully remembered.

Our understanding sympathy is
expressed to relatives and friends of
these and to our former state vice
president, Mrs. H. E. Mielke, now of
Minneapolis, in the loss of her father,
Rev. Anton Peik; to Mrs. R. E. Strutz
of Jamestown in the sudden
call of her husband, Rev. R. E. Strutz
and to Mrs. John Halcrow, Bowes-
mont, in the Home-going of her mo-
ther, Mrs. A. L. McIntosh, a pioneer in
the state.

WELCOME WILLARD HELPERS!

All of these have secured Willard-
Anderson members. Mrs. Philip Stol-
berg, Flasher, and Mrs. C. A. Land-
gren, Jamestown, have organized Willard
Centenary unions and are WILLARD
EDUCATORS.

The following are Willard Builders,
all having secured one or more new
members: Mrs. G. E. Norris, Mrs. W.
J. Thompson, Mrs. Addie M. Brooks,
Mrs. Kate S. Wilder and Mrs. B. H.
Wylie, all of Fargo union; Mrs. Peter
Fluvog of Fargo Scandinavian union.
Mrs. A. V. Sheppard, (4) Mrs. T. O.
Breuing, Mrs. C. M. Carlson and
Mrs. E. Simonson, all of Grand Forks
Scandinavian; Mrs. Edith Salt, Mrs.
Bessie M. Darling, Mrs. Annie Fleming
and Mrs. Susan Ferguson, all of
Grand Forks union. Mrs. Annie F.
Catherwood, Park River; Mrs. Martin
Reinholdt and Mrs. Clyde Larette,
Sawyer.

We are honored in having as a Willard
member this year, Mrs. Lynn J.
Frazier, of Washington, D. C.

MOTION PICTURES—

(Continued from page two)

Picture bill (S. 280) to successful
passage by the U. S. Senate. A sub-
committee has been appointed to con-
sider the advisability of making a
favorable report on the bill and to
hold hearings if they deem it neces-
sary. The members of the sub-com-
mittee are: Senator Ellison D. Smith
of South Carolina, (chairman); Alben
W. Barkley of Kentucky; Wallace H.
White of Maine; C. W. Tobey of New
Hampshire and Matthew M. Neely of
West Virginia. I would suggest that
we center our letters and telegrams
on these members, except Senator
Neely who will do all he can without
urging. Letters from organizations
and prominent people bear most
weight." This bill contains the ob-
jectives for which we have been work-
ing all these years. Let us do our
best for its passage.

Best wishes for this year's work.

Mrs. J. W. Frisbie,

Director.

Washburn, N.D.

THE CONSTITUTION

William G. Burleigh

I am the Constitution,
I am the accumulated wisdom of the
sages,

The century plant of the ages.
I am the dream of the philosopher,
The acme of statesmanship.
I am the beacon light of progress,
The foe of reaction.

I am the palladium of liberty,
The protector of the weak.
I am the guardian of civilization,
The corner-stone of righteous gov-
ernment.

He who yields to my authority shall
be honored.

He who despises me shall be ashamed.
I command respect and obedience—
I am the Constitution.

THE HEART AND SOUL OF THE CONSTITUTION

Mr. Speaker, in discussing the
Constitution of the United States I
wish to consider it from a new angle.
We all agree that as a legal docu-
ment it establishes a successful sys-
tem of government. Its precision
and brevity are admirable. Millions
of words have been devoted to its
governmental principles. Great jur-
ists have interpreted the meaning of
the Constitution in almost all its
parts. As a frame of government it
has stood the test of time, war, and
depression. It is based on truth, and
like truth, it laughs at the assaults
of time.

But what I should like to discuss
is the heart and soul of the Consti-
tution—its qualities that spring from
the human heart and not merely from
the human intellect.

Unless the Constitution satisfies
the aspirations of the heart, unless
it feeds the human soul, unless it
stirs our emotions, it cannot be re-
garded as a complete expression of
the American spirit.

Why was the Constitution formed?
Who were its framers? What was
the emergency before them? What
did they aim to accomplish?

In a nutshell, the Constitution was
formed for the purpose of perpetuat-
ing American liberty by uniting the
States in a firm Union. All other
aims were subordinate to the safe-
guarding of the liberty that had been
won by the Revolution. It was evi-
dent after the Revolution that Amer-
ican liberty would be lost unless the
States banded themselves together to
preserve it.

If you and I believe that life comes
from God and that the Creator end-
ows man with the right of liberty
when He breathes life into him, we
must agree that the framers of the
Constitution were obeying the will of
God when they sought a way to per-
petuate liberty.

Life and the right to enjoy liberty
comes from God. The guaranty of
the right to enjoy liberty, the power
to maintain liberty, must come from
the human heart and soul. The Con-
stitution is this guaranty. It enables
the American people to exercise their
power to maintain their liberty,
against foreign attack or internal
dissension.

That this Nation is established up-
on the rock of God's favor and pro-
tection will be proved, we devoutly
believe, by its indestructibility. Time
does not wear down nor eat away the
eternal truths of the Constitution.
War cannot overturn the temple of
our liberty as long as American sons
are worthy of their forefathers. In-
stead of fading with age, the glory
of the Constitution takes on new
splendor with the passing of the cen-
turies. The faith of the forefathers
gave them strength to plan for the
ages. May we, with equal faith,
guard our birthright and hand it

down to our posterity as their most
precious heirloom—liberty, "the im-
mediate jewel of the soul."—Ex-
cerpts of remarks by Hon. Sol Bloom
in the House of Representatives, Au-
gust 21, 1937.

(Editor's Note: As the culmination
of the celebration of the Sesquicen-
tennial of the signing of the Consti-
tution of the United States is April
30, 1939, we submit the above. We
hope to have suggestions for further
observance in next Bulletin.)

DR. KELLOGG WARNS AGAINST NICOTINE

Dr. Kellogg, of the Battle Creek
Sanitarium, makes this statement
that next to prussic acid nicotine is
the deadliest poison that we know.
Doctors never prescribe nicotine, they
avoid it, many of them tell their pa-
tients not to use tobacco, or any to-
bacco products. Other physicians say
it is the most virulent poison we have
to deal with.

"An over-dose of morphine can be
treated, and in many cases the pa-
tient saved. We can take care of a
person who has taken an overdose of
strychnine, if not gone too far. But
where one has taken nicotine, there
is nothing to be done, they just sink
into a state of coma and are gone.
It is interesting to think of the dis-
ease caused by tobacco. Being a phys-
ician of some 30 years practice it
has been my custom to observe the
effects of tobacco upon the human
system. The upper respiratory tracts,
the mouth, nose, throat, larynx, and
the effects of tobacco on these or-
gans is something that we note every
day of our lives in our practice. We
will name some of the diseases. Chro-
nic gastritis, difficulties of the
digestion are very commonly caused
by this poison. Cancer of the mouth,
cancer of the throat, cancer of the
lips, cancer of the cheek, the most
common cause of these things is poi-
son caused by tobacco, the irritation
from pipes, cigarettes, cigars, quids
of tobacco in the cheek, etc. Another
thing it has a tendency to bring out,
stimulate the sexual development,
and we get enough of that stuff in
the movies without the young people
taking anything into their bodies to
do that sort of thing and the same
condition with the men, they get old
prematurely, as a result of using to-
bacco. Angina pectoris is very com-
monly traced to tobacco. I find in
many cases in falling vision of the
eye, the sight has been injured by the
excessive use of tobacco, it does not
affect everybody in that way but it
is very common to find it. I was in
the army during the war and many
of the soldiers and 'dough boys' were
addicted to it, and we found it affect-
ed their vision. One of the Army of-
ficers went almost blind from it. He
stopped his tobacco, went to the hos-
pital for treatment, and inside of
three or four weeks, his vision very
promptly returned, and it just showed
he was getting positive harm from
the use of tobacco. When people com-
plain of their liver we often find that
nicotine has injured their digestion,
and the laboratories of the body can
be cleared up by getting rid of tobacco
in 60 days' time in most cases. We
would not think of tampering with
the mains; ring of an expensive watch
and playing with the instrument, but
when it comes to our tampering with
the heart, the mainspring to our bod-
ies, we do not give it the considera-
tion that we ought to. Tobacco has
a direct effect upon the heart. The
great majority of athletes do not use
tobacco, it is tabooed by all athletic
coaches, they do not permit it. An
athlete gets short winded by using
tobacco and compared with those who
do not use the weed, the death rate
is twice as great as among those who

do not use tobacco. This is a common
observation. Out of 100 cancers of
the mouth only ten women were af-
flicted, of these, 90 were men, only
one non-smoker was found, out of 90
men. In the past eight years there
has been a 67 per cent increase of
heart disease. Mature cases of heart
disease have increased 83 per cent,
increase in cases of apoplexy, and
Bright's disease, 93 per cent, all
these changes are due to the effect
upon the circulation, effect upon the
heart, from tobacco, just plain ob-
servance among medical men."

—The Shield.

YOUTH'S TEMPERANCE COUNCIL

In the February issue of the Minne-
sota White Ribbon, the state presi-
dent, Mrs. Ethel Bliss Baker tells of
a recent radio survey made among
high school students with regard to
drinking. It seems that among 13-
528 young people, 52.9 per cent re-
ported that they drank while less
than one-fifth—19.3—reported they
were generally opposed. The remain-
ing 27.8 per cent did not drink, they
said, but did not oppose others doing
so. Of the girls, 44.7 per cent reported
they drank.

From a 1938 survey of 3,844 high
school seniors, occasional or regular
drinkers of distilled liquors, beer or
wine, 49 per cent were found. Drinking
mostly at home—1,016. At parties,
705. Fifty-nine per cent of the
homes from which these students
came make alcoholic beverages avail-
able, occasionally or regularly. Of
these students, 693 drink because oth-
ers drink; 496—"Because I like the
taste"; 244, that they may be gay-
er and more entertaining; 96 wanted to
be braced up physically; 70 want to
forget their troubles and 41 like the
atmosphere of the bar.

How about our young people in
North Dakota? Are they different
from these? Do we see in the state-
ments above any need for a Young
People's Council—any need for Alco-
hol Education? Let us ask ourselves
if we are doing all we can to protect
our young people from the curse of
strong drink which is everywhere in
evidence these days?

By way of encouragement, a call
came recently from a high school boy
in one of our smaller towns, for a
temperance organization, so stirred
was he by the drinking and smoking,
he felt something must be done. To
you who are older and read this, we
throw out the challenge. The days
are swiftly passing. Soon school days
will be over. NOW is the accepted
time.

CALL TO THE COLORS

Arthur Ropes

We are calling to the colors
All the youth from sea to sea,
Pledging them unto our standards,
Faith and love and purity,
From dishonor and corruption,
Cruelty and violence,
From vainglory and intemperance,
Thou, O Lord, art our defense,
Save our country, we beseech Thee,
From deceit and open shame;
May we all in thought and action,
Glorify Thy holy name!
So, beneath Thy snow white banner,
May our youth forever stand,
Pledged to honor, love and service
For our own beloved land!

In the beauty of His presence,
We can work and grow away."

Tito Schipa, leading tenor of the
Metropolitan Opera Company, enroute
to California, asked what message he
would send to high school students,
replied, "Tell them for me, to leave
liquor alone in all its forms—if they
expect to sing and be successful."
Georgia Bulletin.

WHAT CAN ANY STATE, COUNTY, OR COMMUNITY DO TO PROMOTE A NATIONAL CRUSADE AGAINST LIQUOR ADVERTISING?

A. REMEMBER!—

(1) **Liquor Advertising** represents some \$35,000,000 annual outlay probably \$150,000,000 since repeal; (2) There was no liquor advertising in any publication or over the radio, or any other channel, of publicity in the U.S.A. from January 16, 1930, to March 22, 1933; (3) At least 50% of liquor consumption may fairly be attributed to artificial stimulation of appetite through advertising and sales solicitation of otherwise non-drinkers.

B. TEN WAYS TO ATTACK LIQUOR ADVERTISING

1. **KNOW THE FACTS!** Be sure that all temperance leaders learn the scope, extent, methods, and potential influence of liquor advertising. Write for particulars.
2. **GET THESE FACTS** before all local groups, Sunday School classes, church pulpits, civic clubs, school and college instructors.
3. **WHERE POSSIBLE, CONTACT PERSONALLY,** local newspaper editors and publishers, radio station managers, movie house proprietors and urge upon them the serious influence and dangers inherent in liquor advertising. (No newspaper, radio station, or motion picture house, has to accept liquor advertising. They can, if they desire, legally exclude it.)
4. **STUDY ALL LIQUOR ADS.**
5. **ANALYZE LIQUOR ADVERTISING.**
6. **ANSWER MISREPRESENTATIONS.** Write the National W. C. T. U. Research Bureau for help.
7. **WRITE LETTERS,** earnest but friendly, to Legislators, Congressmen and Senators, on this subject.
8. **GET BEHIND BILLS** now pending in Congress. Push these petitions.
9. **READ UNION SIGNAL,** thoroughly, week by week.
10. **READ LIQUOR PAPERS,**—such as "Brewers Journal," "Mida's Critic," "Tap and Tavern," "Journal of the Liquor Industry," Weekly, so that liquor plans including advertising propaganda, can be watched in the making at their source.

A SPECIAL SUGGESTION:

PASTE A DRINK TRAGEDY STORY ON EVERY LIQUOR AD—AND SEND IT BACK TO THE PUBLISHER!

Cut every full-page liquor ad from the magazines on your living room table — and fire them back, one by one, to their publishers, with this addition!

Paste across the center of every such liquor ad a newspaper clipping of any recent drink tragedy that you may find at hand, paste with it the name and date line cut from the paper.

Tear it out of the magazine, put it in an envelope, accompanied with a personal word of your own, addressed to the publisher of the magazine in question.

Duplicates of this ad and liquor tragedy story may also be sent, if desired, to W. S. Alexander, Director, Federal Alcohol Administration, Washington, D. C., and to the President and mothers to take up this vital duty and that it may point the way by which it can be done.

From both observation and experience I know the incalculable blessing of a family altar in the home, and it is becoming more and more my earnest desire to encourage younger people to start the home right with a family altar. But even if it has been neglected heretofore, it is not too late

Even a few hundreds or thousands so "mailed back" to the magazine owners, sent to the Federal Alcohol Administrator, Alexander, or even to the liquor firms themselves, thus annotated with a liquor tragedy story across its face, will soon begin to exert tremendous cumulative influence, with potentially earthshaking effects, if kept up long enough.

Accompany it with the briefest possible message signed by yourself, such as,
"This is why we cut your liquor advertising from magazines on our home table."

"Liquor advertising is promoting just such tragedies. Millions will be glad when you exclude them from your magazine."

Stop liquor advertising in your magazine, and help to end great tragedies such as this one, see attached.
"Can you longer be indifferent and consent to accept liquor advertising in your pages, knowing these are among the results?"

"How can you accept liquor money when this is what it is doing?"

"Twenty million Christian homes in America would applaud your exclusion of liquor advertising from the pages of your magazine."

"It is time you and your associates squarely faced the nationwide menace of liquor advertising."

"Why shouldn't your magazine take the lead in banning beverage alcohol publicity? You stand to win praise and support the moment you do."

Or any other pointed and earnest sentiment, calculated to arrest the thought of the publisher to whom you return these ads. We shall be glad to have your suggestions and information as to your cooperation.

F. D. L. Squires

Research Counsel, National W.C.T.U. Jan. 1939.

FORMER "WET" SENATOR THROWS "BOMB" IN THE UNITED STATES SENATE

By Ethel Hubler
Editor, The National Voice

The big surprise in the United States Senate on January 16th, the anniversary of the adoption of the Eighteenth Amendment, was not Senator Morris Sheppard's dry speech which was expected, but a DRY speech from one of the WETTEST senators in Washington, Senator R. R. Reynolds of North Carolina! We want to call your attention to some of his startling remarks:

"Liquor is God's worst enemy. Liquor is the devil's best friend.

"There is nothing so thoroughly detrimental to the physical being as liquor itself.

"I have indulged in drink in the past; but I do not drink now: I have learned better. I know that in the end it stupefies and dulls the mind.

"I am not standing here today in an attempt by words to place myself upon a pedestal of ivory, or clothe myself in raiment of white. I am merely standing here speaking in terms of questions, asking myself and my fellow citizens and colleagues what is BEST for the boys and girls, the sons and daughters, the children of America's fathers and mothers. Thank God I am not a hypocrite!

"I say as a warning to the liquor interests of this country that if they do not watch their step they are going to have upon their hands here the hardest fight they ever had . . . Over the radio and in every magazine and in every newspaper that will accept their advertisements they are advertising their liquor — GOD'S WORST ENEMY AND THE DEVIL'S BEST FRIEND — to the children of America.

"We Democrats have pledged temperance to the American people, and

it is up to us to warn the liquor men and let them know the eyes of the American fathers and the American mothers are focused upon them."

Friends, these are not the rantings of a "political preacher," or a prohibition editor, but excerpts from an address made on the floor of the United States Senate by a WET SENATOR! It is the greatest speech of its kind since repeal. **WE ARE ON THE WAY BACK!** Does anybody doubt it now?

Los Angeles, Calif.

GOOD NEWS!

The board of directors of the National Association of Broadcasters, representing 397 of the nation's 700 broadcasting stations, recently unanimously adopted a resolution that spirituous liquor advertising be discontinued by all radio stations. Following this action, the National Broadcasting Company has announced, through its president, Lenox R. Lohr, that it will henceforth accept no advertising for wine or beer. This is an extension of N. B. C.'s long-standing ban against hard liquor advertising.—The Union Signal.

From "Pertinax" in the Bismarck Tribune we clip the following comment and thank the writer: "In dealing with any issue relating to liquor, the first organization to consider is the Woman's Christian Temperance Union, better known by its initials, WCTU. From time to time there have been important organizations in the field but year in and year out the W. C. T. U. ranks No. 1. It can always be depended upon to be interested and it never hesitates to take a stand."

A MYSTERY BAG SALE

An easy and entertaining way for raising funds is a Mystery Bag sale. Paper bags with rhymes pinned on the outside contain various articles described by the verses and are sold at any price agreed upon, from a dime to half a dollar etc. Here are some of the verses and you may think of some better:

"These nuts grew not upon a tree nor in a garden plot,

And where the kernel ought to be is 'but an empty spot.'" (doughnuts)

"A prize she gets when this she buys, She'll work with the wets till they all become dries.'" (dish towel)

Other suggestions for raising funds might be a birthday party when each member brings a penny for each year of age; or a white elephant sale when articles no longer needed by one may be valuable to others.

SUPPLIES AT STATE HEADQUARTERS

Pioneer Girl; Illusion's End; Bunny Books; Willard map and Bookmarks; Answers to Alcohol; Syllabus and other Helps; Topical Programs; Catalogue of Publications; Song Books; White Ribbon Pins; Studies in Government; Hand Books; Department Literature; L.T.L. and Y.T.C. supplies.

EDINBURG union observed Temperance Day in the high school auditorium Jan. 27 instead of Jan. 20, because of state examinations on the latter date. The program opened with the song "America the Beautiful," after which Rev. P. O. Laurhammer presented some Temperance Truths. Mrs. J. Evanson gave interesting items from the State Report; Mrs. G. Lathwaite read "Temptation," Mrs. Gryde spoke on "What Price Revenue?" Mrs. Laurhammer showed "How Alcohol Affects the Brain" and Mrs. Halmrast sang, with harp accompaniment.

OUR NATIONAL—

(Continued from page one)
from two or three counties, meeting in some central church or grove, and a helpful, happy day may be spent. Many of our members know little of the actual accomplishments and methods of our organization. If we would build up the local work, if our women are to learn what to do and how to do it, by all means **STRESS INSTITUTES.**

Loyally yours,

Mrs. Kate S. Wilder,
Director.

712—4th St. So., Fargo, N. D.

"The lady with her fingers fine,
Held to his lips the blood red wine,
And in the red wine's fiery breath
Lurked for him a cruel death,—
On the pavement, at the wheel,
Underneath a mass of steel.

—Jessamine S. Burgum



"PIONEER

GIRL"

by

Clara Ingram
Judson

All young Americans — and adults too — will enjoy this story of the childhood of Frances Willard, the little girl whose intelligence and determination later made her world famous, and whose gaiety and charm made the whole world love her. Ably written, historically authentic and generously illustrated in color. You will want to present a copy to your local library during this Centenary year.

Fifty cents. Add 5c for carriage

National W. C. T. U. Publishing House
Evanston, Illinois

THE UNION SIGNAL OFFERS

For March Subscription Campaign Two circulation folders: **How Could You** (for The Union Signal), and **Who Wouldn't** (For the Young Crusader). Illustration and subscription appeal on front; price list on back. Inside, blank with space for ten names. These leaflets are adapted for distribution in meetings or individually. They are just the right size for letter enclosures. They will help you to gain more readers for The Union Signal and The Young Crusader. They will help to promote the temperance cause. They are sent for postage only.

HOW MANY CAN YOU USE?

For 10 Yearly Subscriptions To
THE UNION SIGNAL
\$1.00 a Year

1 additional subscription

or

1 copy of "Illusion's End" by Clay Moberly

or

1 Willard Centenary Souvenir Map
Terms: The 10 subscriptions must be sent as one order. The remittance of \$10.00 must accompany the order. The premium must be claimed with the order. Previous subscriptions can not be counted.

THE YOUNG CRUSADER

Clubs of 10, \$3.00 a year — Singly
35c a year

With every subscription to The Union Signal (for which you have claimed no other premium) you may send a full year's subscription to The Young Crusader for an additional 25c.

Address: The Union Signal
Evanston, Illinois