



"NOT WILLING THAT ANY SHOULD PERISH"

Monthly—25 Cts. a Year

CASSELTON, N. D., JUNE 1941

VOLUME XLIV No. 5

JUNE

Full-leaved in pride of deepest green,
The Earth in the sunshine basks serene.

Where linden blossoms crowded cling
A thousand bees are murmuring.
As showers drift from the freshened
land

With a seven-barred bow is the rain
cloud spanned.

The wild rose yields her subtlest
scents

Where haycocks pitch their fragrant
tents.

The longest day is too brief for June,
The night too short for such a moon!

—Sara Andrew Shafer in
Minnesota White Ribbon.

THE PRESIDENT'S LETTER

Dear Co-Workers:

These are busy days but happy ones, for I am renewing friendships in the various districts as I go from one convention to another. My heart is too full to adequately express the appreciation I feel for the warm welcomes and kind hospitality extended to me everywhere I go. The conventions I have visited thus far have been very interesting and well attended. Reports show that work has been carried on successfully in every union.

When this reaches you, most of the district conventions will be over and your activities will turn to other channels. June 9 is Flower Mission day. Many garden flowers of the earlier varieties will be in bloom so let us make it a day of happiness for all shut-ins. Do not confine the Flower Mission work to members alone, but to the aged, the sick, the sorrowing and those in need of cheer. As the summer advances let us continue to carry on for there is much to be accomplished before the state treasurer's books close early in September.

Please send the names of all who have secured new members this year to Mrs. Kate S. Wilder, Fargo, membership chairman, that we may have a correct list. For new members secured I would suggest a garden party or a June breakfast. Reception services for new members is a splendid gesture and special effort should be put forth to make it a gala occasion. May I again urge that dues be collected from all old members so that we may show a net gain this year?

You will note the offer on this page that Mrs. Elizabeth Preston Anderson has made to help complete the National Temperance Education Fund. I will add my name to that group of ten. Who will be the next?

If you wish to honor some dear one, living or dead, with a life membership or a Memorial membership, the \$10.00 will be used for the N. T. E. F. until the quota is raised. With less than \$300 left to complete the quota, surely each one will want to help. This task may easily be completed by August 10 and money forwarded to

A "THANK YOU" MESSAGE FROM MRS. ANDERSON Honorary President

Dear Comrades:

You have given me a very wonderful 80th birthday celebration. The beautiful cards, lovely letters and messages came in a heart-warming "shower" which was almost a deluge. I have no words to express what it all means to me. I can only thank you with all my heart. You and our blessed work are very near and precious.

Our state president, Mrs. Darling, in her message said she believed our apportionment of the National Temperance Education Fund would be paid this year. I will be happy to be one of ten to give ten dollars each to pay the last one hundred dollars. Let's finish the job!

Yours faithfully,

ELIZABETH PRESTON ANDERSON.

National treasurer before convention which is to be held in Grand Rapids, Michigan, August 28 to September 3. May I count on each one to do her part?

Our pledge to National WCTU for Union Signal Subscriptions is 229. We still lack a few. Will you not help complete this quota? Two women living in the same vicinity may have a joint subscription thus making it less expensive for each.

Let us continue to urge the passage of S.860 by getting non-members to write to our U. S. Senators, Hon. Gerald P. Nye and Hon. William Langer. Members who have not written, please do so NOW. A companion bill has been introduced in the House by Congressman John M. Houston of Kansas—H. R. 4600. Please write our Representatives, Hon. Usher L. Burdick and Hon. Charles R. Robertson, urging their support of this bill.

Mrs. Ella P. Christner of Montclair, New Jersey, has been appointed to the new and usually important office of National director of the WCTU department of Soldiers and Sailors. Unfortunately, North Dakota has no state director of this department at this time but it is hoped the right leader may be found at our state convention in Minot. Mrs. Christner explains that the specific project to be sponsored by the W. C. T. U. in the vicinity of a camp is to be a social gathering place for men in uniform to be known as "The Cooky Jar." Here there is to be a Milk Mart where milk drinks of all kinds and fruit and vegetable juices will be sold at cost and with each drink, home-made cookies will be presented gratis. There will also be provided tables for letter writing and free stationery with the imprint of the Cooky Jar. Given enough space, there will also be comfortable arrangements for reading and possibly for games. "The cookies must be good-sized, substantial ones" Mrs. Christner suggests in her letter

and emphasizes that the Cooky Jar must never be empty. W. C. T. U. members who do not live near any camp will have their part in the project by baking cookies and sending them at a SPECIFIED TIME to hostesses of the nearest Cooky Jar. Let us be ready when the call comes to do our share. May I urge again that all Red Cross knitting and sewing that members do, be done in the name of the Woman's Christian Temperance Union!

"Help us to build each other up,
Our little stock improve;
Increase our faith, confirm our hope,
And perfect us in love.

—Charles Wesley.

In loving service,
BESSIE M. DARLING.
Grand Forks, N. D.

DISTRICT CONVENTIONS

THE JAMES-VALEY district met in thirty-second annual convention at Valley City, May 6, Mrs. Lulu W. Zimmerman, district president, presiding and Mrs. Bessie M. Darling, state president as guest speaker. A large delegation came from Jamestown and Cooperstown was also represented. Mrs. E. G. Ranum led in devotions. Reports were received from officers, directors and local unions. Mrs. John Schmitt spoke on the essentials of a successful union. The memorial service was in charge of Mrs. E. R. Fritch. Rev. C. Maxwell Brown, minister of Methodist church, spoke and offered the non-tide prayer. The local union served a noon luncheon.

Opening the afternoon session was prayer by Mrs. Fred Wanner, Jamestown, who assisted during the convention. Mrs. J. Way Huey, Jamestown, presented an excellent paper on "Defend the Defenders." Rev. Thos. Nugent, minister First Congregational church in which the convention was held, spoke on "What the Ads Do Not Tell." A forcible message was brought

SPIREA BLOOM

Waterfalls of loveliness
Along the paths today;
Dripping mists of whiteness
Flying bits of spray.

Nature's lavish beauty
Sets the heart a-tune;
Who could not be gladdened
When spirea spreads its bloom?
—Violette Verry.

Fargo, N. D.

FLOWER MISSION DAY JUNE 9

Flower Mission Day—June 9—the birthday of Jennie Casseday who founded the day—may be observed in many kind and helpful ways. Visits to the sick and shut-in, dainties carefully prepared, books or copies of the Union Signal to those who do not get it. But, after all we can "Say it with flowers" most effectively and flowers are so abundant in June. Our National director of this department, Mrs. Sadie A. Hall, has written the following:

The Scented Highway

- A flower to a hospital to deck a dreary ward;
- A flower to a shut-in to be cherished and adored;
- A flower to a little girl to show what life may hold;
- A flower to the heart-sick is often more than gold.
- A flower to the woman who haunts the cruel streets;
- A flower to the aged, bowed down by life's defeats;
- A flower from our precious hoard, gladly, freely given,
May prove a scented highway to lead sad hearts to heaven.

FLAG DAY — JUNE 14

On June 14, 1777, the Congress of the United States decreed that our flag should consist of thirteen stripes, alternate red and white, for the thirteen original states, and that for the union, there be thirteen stars, white on blue background. Since then a star has been added for each state entering the union. The star for North Dakota was added in 1889. Much has been written and sung in honor of the Stars and Stripes but we can honor it best by obeying the laws and upholding the Constitution of which it is a symbol.

"I pledge allegiance to the flag of the United States of America and the Republic for which it stands, one Nation, indivisible, with liberty and justice for all."

by Mrs. Bailey of the Salvation Army. Speaking on "Our Responsibility to American Youth" Rev. DeWitt E. Myers stressed the fact that this is an adult world where the older folk issue salacious literature, doubtful movies, dress up saloons to be at-

(Continued on page three)

WHITE RIBBON BULLETIN

Published monthly (except July.)

Official Organ No. Dakota W. C. T. U.

Mrs. Barbara H. Wylie
Bowsmont, N. D.
Managing Editor

All matter for publication must reach the editor at the above address not later than the 20th of the previous month.

Single subscription price per annum—25 cents

Entered in the postoffice at Casselton, N. D. as second class matter.

JUNE 1941

DEVOTIONAL THOUGHT

"It is always noontide, somewhere, And across the awakening continents, From shore to shore, somewhere, Our prayers are rising evermore."

Are We Trusting in God or in Man?

Philippians 4:19—"But my God shall supply all your need according to His riches in glory by Christ Jesus." Hebrews 13:5. (Last clause) "I will never leave thee nor forsake thee." Realizing that "He is faithful that promised" (Heb. 10:23) and that He says in Psalm 89:34—"My Covenant will I not break nor alter the thing that is gone out of my lips," let us follow the injunction given us in Proverbs 3:5—"Trust in the Lord with all thine heart and lean not unto thine own understanding."

Jeremiah 17:7—"Blessed is the man that trusteth in the Lord and whose hope the Lord is." But note verse 5; "Cursed be the man that trusteth in man, and maketh flesh his arm and whose heart departeth from the Lord." What is the trouble? Have we lost confidence in God? Is that the reason we turn to man for help? "Behold, the Lord's Hand is not shortened that it cannot save; neither His ear heavy that it cannot hear" (Isaiah 59:1). If we do not believe God, do we not infer that He has spoken things which are not true? What is this but changing the truth of God into a lie? (Romans 1:25). When, by our actions, even if not by our words, we prefer to trust in a person whom we can see, rather than in God Whom we cannot see, do we not worship and serve the creature more than the Creator?

Is not this lack of trust in God part of the cause mentioned in Romans 1:26—"For this cause God gave them up unto vile affections" etc. Let us shun this cause and flee from it as we would from a poisonous serpent for that it truly is.

Let us turn our backs on this idolatrous trust that we have had in man and turn unto God alone for the supplying of all our needs, both spiritual and temporal. Who but God can help us in this time of national stress and strain, of strife and turmoil, when the world is nigh upside down? Who can set it right again except Christ?

Oh, that men and women, boys and girls, would turn to Christ for the forgiveness of their sins in order that we might once again become a truly Christian nation! Oh, that men and women, boys and girls would turn away from sin and unto the Christ of Calvary, Who not only died but Who rose triumphant over death and the grave, and Who can, therefore, help us to live victorious lives, giving us victory over every form of sin.

MRS. C. H. GIBBONS.

Fargo, N. D.

I wonder why it is that we are not all kinder than we are? How much the world needs it.

—Henry Drummond.

BETWEEN OURSELVES

Dear Comrades:

We are happy to get encouraging reports from district conventions and we are delaying the June Bulletin a day or two that we may have as many convention reports as possible. We issue no paper in July. Our president, Mrs. Darling, and vice president, Mrs. Wilder, also our recording secretary, Mrs. Beasley, have been attending these district meetings and creating much interest. See reports on 4th page.

Organizations are multiplied these days, many of them with worthy objectives, claiming the time and attention of our women, but none of these should interfere with the work of the Woman's Christian Temperance Union. Its work is distinctive and imperative.

When we realize conditions in our country, we feel that each one of us, in her own home and community, needs to set up a standard for total abstinence and clean living. We are reminded by our National president, Mrs. Ida B. Wise Smith, that the United States is spending for alcoholic liquors \$9,000,000 every day, and that while money is so desperately needed elsewhere. This means \$3,285,000,000 a year with which we could build 40 battleships and do numberless other worthwhile things.

When we learn that we now have, since Repeal, a saloon for every 72 families, two saloons for every church, 5 saloons for every 3 public schools, \$3.00 spent for liquor for every \$2.00 spent for education, it is time we did everything we possibly can to arouse the public. "You in your small corner and I, in mine" may create sentiment that is far-reaching. Let us not be silent when we should speak out.

"God save America, land cursed by drink,
Stand beside her and guide her,
Help her men and women to think;
From the wine glass and the whiskey,
And the beer mug, white with foam,
God save America, our home, sweet home!"

Yours for united action,
BARBARA H. WYLIE.

IN MEMORIAM

Who hath not learned in hours of faith,
The truth to flesh and sense unknown,
That Life is ever lord of Death
And Love can never lose its own."

Mrs. G. A. Freeman, faithful and beloved member of the Bantry union for many years, who had the distinction of having the white ribbon pinned on her by Miss Willard, has entered the heavenly Home. "That they may rest from their labors; and their works do follow them."

Our sincere sympathy is expressed to Mrs. Wallace P. Vincent, secretary of the Fortuna union, in the passing of her noble husband, who was, as one who knew him writes, "always an asset to the community, outstanding in his work for all worthwhile civic enterprises, school and church affairs."

Our understanding sympathy is expressed to Mrs. Elmer Cart, president of the Bismarck W. C. T. U. in the Home-going of her mother, Mrs. Nettie Lawson, whose home was in Wisconsin.

"As one whom his mother comforteth, so will I comfort you."

Also our sympathy goes out to Mrs. R. E. Fate, active member of the Fargo union, in the passing of her beloved brother. "Jesus saith unto her, Thy brother shall rise again."

THREE GOLD STAR UNIONS

Fargo, Fargo Scandinavian and Grand Forks Go Over the Top

Loyalty to the temperance work has always characterized the Fargo Scandinavian union and added to that has been loyalty to leaders. The faithful devotion of their sainted leader, Julia Davis Nelson, will never be forgotten. Having the largest membership in the state, their apportionment of the National Temperance Education Fund was also the largest. A less courageous band of women would have been faint-hearted at the thought of raising \$450.00 in addition to the annual dues and budget but these women never give up.

On March 26, at an institute at Fargo, Mrs. Darling made such a strong appeal, in her effort to finish the job this year, that the women of this wide-awake union took her in earnest. A balance of \$104.00 remained. After a few special collections among the members, two of the women decided to start out and give the businessmen the privilege of helping, thus interesting them in the cause. When one woman was called away in the afternoon, another took her place. These three ladies collected about \$77.00 and others were working. The local treasurer, Miss Evelyn J. Westlund writes, "At our last meeting, April 30, I was able to report that we paid our N. T. E. F. pledge in full and some to go on next year's budget money!"

That meeting, at the home of Mrs. H. J. Larson, was a time of rejoicing. Mrs. J. W. Rawlin of the Salvation Army, was speaker and also sang a couple of songs. Mrs. Sam Austinson and Mrs. Lena Rasmussen were assisting hostesses. Gifts were presented the three special collectors, Mmes. H. P. Halvorson, Josephine M. Jones and Minnie Lillevold, in appreciation of their services.

Not to be outdone by the Scandinavian union, between whom and the Fargo union there is a healthy rivalry, the Fargo union got busy too. They had been paying some on their quota, right along, but now decided to "Pass the hat" for the balance of their Honor Bright dollars, which was almost as large as that of the Scandinavian union. The "Hat" was of pasteboard with receptacles for dimes and members volunteered to pass the hat among their friends. Thus their full quota was paid. It may be they would lend their hats to any union trying to finish before Aug. 10, the date on which we shall hope to have our full state quota paid.

Since writing the above, we have word that the Grand Forks union has also gone over the top but we have no details as to how they did it. But we congratulate these three unions that each had a large apportionment and hope their victory may encourage others.

THINK A MINUTE!

WHICH WAY IS THE UNITED STATES HEADED?

FIVE PINTS (5) per week, per capita—average consumption of alcoholic beverages (chiefly wine) in France last September when the Vichy regime pronounced alcoholism the CHIEF CAUSE of the moral collapse of that country.

ONE and THREE-FIFTHS (1-3/5) PINTS per week, per capita—average consumption of alcoholic beverages in the United States in 1935 as deduced from Internal Revenue figures.

TWO and ONE-FOURTH PINTS (2-1/4) per week, per capita—U. S. figures for 1940 (only five years later) HOW LONG UNTIL the United

States reaches the 5 pints which undetermined French morale?

—Nat'l. WCTU Publishing House.

COR. SEC.'S CORNER

This month the temperance material has been started in two more newspapers, the Bottineau Courant and the Marlon Sentinel. This makes twenty papers now carrying this publicity. Please add these two papers to your lists and watch to see if the material is printed. A check will be made of all the papers very soon from Headquarters to ascertain if all the material sent out is being used, but we ask you to continue to watch the papers you have access to and notify me where the material does not appear.

In the "Monthly Budget of Literature" (which every Union should have to be well informed) just received there is a leaflet giving suggestions for a "Flower Mission Day" program. By the time you read this I will have some on hand and some copies of the playlet suggested, ready to send out to any who ask for them.

ALBERTA W. LUNDHAGEN.

PERSONAL MENTION

MRS. E. E. CLARKE, Ellendale, reports another new member—her third.

PARSHALL held a speech contest in March when Pauline Kraft won the silver medal.

MRS. MARTIN REINHOLDT, Sawyer, organized an L. T. L. in her S. S. class of boys, who signed the pledge and paid dues. This is good news. Who will follow her example?

REV. AND MRS. JAMES ANDERSON are expected to return from Florida to their summer home at Oak Lodge, near Shoreham, Minn., about the middle of June.

AT THE EVENING PROGRAM of the institute at Alamo, after community singing, Mr. Soiseth led devotions. Eva Palmerson and Evelyn Hendrickson gave readings. Ruby Myhre played a piano solo and a trio composed of Miss Helle, Miss Sandeen and Mrs. Heskin, sang. Mrs. Kate S. Wilder gave an address and showed the slide films. Mrs. Soiseth read a tribute to Mrs. Wilder, in appreciation of her work. Rev. Monseth gave a talk and pronounced the benediction.

MOTHER'S DAY and Temperance Day programs were combined in the Nazarene church in Sawyer, with the Baptist congregation uniting. The local WCTU president, Mrs. Martin Reinholdt, presided. Rev. E. E. Kline, Baptist minister, led the opening service. Mrs. M. Daniels read an impressive article—"God Calls to the Women of 1941." Kathryn Reinholdt sang a solo, accompanied by her sister, Ivadyl, who also gave a temperance reading. A paper on Christian Citizenship, prepared by Mrs. S. D. Briar, was read by Mrs. Maud Larkin. Mrs. F. L. Finesseth showed the need of Youth's Temperance Council. Mrs. Reinholdt read "Why Young Mothers Ought to Enlist," also reviewed outstanding WCTU achievements. Mrs. E. Zimbleman and Miss Sara Staffen sang a duet. Mrs. Maud Hinkle read "Youth Should be Given the Facts." Rev. E. Zimbleman, pastor Nazarene church, pronounced the benediction.

Kindness is always an evidence of greatness. Malice is the property of a small soul. If anyone is glad you are here you have not lived in vain.

—George F. Hoffman.

REPORT OF TREASURER

April 15, 1941 to May 15, 1941

STATE DUES: Ellendale 4; Grafton 7; Grand Forks Scan. 12; Fargo Scan. 16; Sawyer 1; Grand Forks 6; Larimore 6; Fargo 1; Reeder 11; Oakes 3; Gilby 1.

WILLARD MEMBERS: Coopers-town 1.

L. T. L. MEMBERS: Larimore 13; Flasher 3.

BUDGET IN FULL: Ellendale, Bismarck, Oakes.

BUDGET IN PART: Grand Forks \$12.00.

STATE REPORTS: Upham 5; Oberon 1.

GOLD STAR UNIONS: Fargo Scandinavian, Fargo, Grand Forks.

N. T. E. F.: Grafton \$2.00; Glover \$2.00; Stanley \$5.00; Gilby \$2.00. Ellendale District \$5.00; James Valley District \$10.00.

N. T. E. F. NEWSPAPER PUBLICITY: Bottineau \$5.56; Dickey \$2.17; Edgeley \$1.00; West Fairview \$1.00. DISTRICT PLEDGE: James Valley \$5.00; Fargo (in full).

WHITE RIBBON BULLETIN SUBSCRIPTION 1.

FRANCES WILLARD MEMORIAL FUND: Bismarck \$2.00.

The three Unions who have completed their N. T. E. F. pledges are to be congratulated. This makes 38 Gold Star Unions in the state. Let's report more in the next Bulletin, or better yet, let's report the N. T. E. F. completed — it is so nearly finished.

The payments on budget have not come in as well as last year at this time, the total paid in is some \$50.00 less. Only 27 Unions have paid "in full." What can we do about this?

Mrs. Alberta W. Lundhagen, Acting Treasurer N. D. WCTU.

PIONEER BUILDERS' DECLARATION OF CITIZENSHIP

When, in the course of American history, it becomes necessary for the youth of our land to rally to the call of their country against enemies within and without, and to put down all that would enslave, youth is ready to respond.

We firmly believe that the evils of our day should be put down and out, and we petition the citizens of these United States to rally with us and together to pioneer in this 20th century, destroying the liquor traffic, eliminating poverty and unemployment, abolishing war and bringing peace on earth, good will toward men, and laboring together to build the Kingdom of God and of Christ upon earth.

We firmly believe that a nation which legalizes liquor and derives revenue therefrom, permitting it to be attractively advertised and to be sold not only in taverns, but also in hotels, provision stores, drug stores, club houses, eating houses and other public places, will reap a harvest of debauched citizens.

We deplore the nation's present attitude toward the liquor evil and we call to the youth of America to stand in the front line of service against it. Let us be ardent, loyal patriots. Let us be independent of all that would ensnare. Let us put down the tyranny of liquor.

We call for the youth of America to claim our land for those things which build a nation strong and free. The field is ours; let us go forth and possess it.

We are engaged in a great warfare against beverage alcohol. We dedicate our lives to the cause of total abstinence, setting our efforts toward a goal of strong bodies, clear brains and noble characters for all mankind.

The early pioneers in citizenship and in our great cause, blazed trails and built bulwarks for our protection and their labor shall not have been in vain. For their sake and for the sake of those who will follow us, we consecrate ourselves to the unfinished task of establishing in our land the ideal social order envisioned, but never fully attained, by our forefathers. Modern youth must set on solid foundations the structure of our nation, and build it strong and firm.

YOUTH'S TEMPERANCE COUNCIL

Emma Remmich, Steele, State Secy.

The New Cooperative Program Unit II—The Nature of Alcohol

Of the signs and slogans of the day, none are bolder or more "come hitherish" than those advertising the common drinks, beer, wine and whisky. Taverns and dispensing agencies have certain closing hours, certain rules about visibility and the sale of these common drinks is prohibited to minors. What is uncommon about these common drinks, which necessitates restriction on their sale?

The cocktail glass is shapely, delicate, holding with grace its sparkling liquid—But—on this glass also rests the condemnation of the newspaper accounts of horrible accidents, occurring after "one or two cocktails." What causes the uncommon consequences of the common drink? When people have been drinking orange juice, or gingerale we do not say, "They have been drinking." What is the true nature of this common beverage which requires an uncommon infection?

Science has named the spirit in these drinks "alcohol." It is formed by the breakdown of sugar under the action of the yeast plant. There still existed a misconception about the real nature of it. Because it seemed to make men feel more confident, they called it a stimulant, and in the practice of medicine it was used as such. Then came discoveries which upset opinion and custom. Schmieberg observed the similarity of the formulas of ether, chloroform, and alcohol, and saw at once the error in classifying alcohol as a stimulant. Williamson found that ether could be made very cheaply by distilling alcohol with sulphuric acid. This acid removes the water from the alcohol, leaving the ethyl radical or ether.

The verdict has been echoed by chemist, biologist, psychologist, and experimental scientist alike, that "alcohol is a depressant narcotic drug, with a selective effect upon the brain." Haven Emerson, professor of the Department of Public Health, says there is now no difference of opinion among teachers of medicine on this point.

Alcohol is analyzed thus: "Mixes readily with water, extracts water from the tissues and lessens the volume of water." It also has solvent properties. In the cell wall is a fatty like substance known as lipid. Alcohol, as other narcotics, has the ability to disturb and pass through this fatty substance and exerts its characteristic action upon the water content which is about 80 per cent. In addition to the effect on water content, alcohol has the tendency to precipitate proteins.

The first observable effects are therefore mental. The individual talks more freely and louder, he laughs oftener and his conduct and conversation are less restrained. Self-consciousness seems to melt. Alcohol simply impairs and relaxes the highest functions of the brain: judgment, self-control, self criticism, in other words the self-government of the individual has been somewhat broken

down. This might be called the first stage of intoxication.

In the second stage of being "under the influence" is the impairment of nervous and muscular coordination to be observed.

The third general stage of being "under the influence" is the disturbance of the primitive animal functions of breathing, digestion, circulation and so forth. When an individual reaches this stage he is what is commonly known as dead drunk. If the dose is sufficiently great, death may occur. This dose is spoken of as a lethal dose.

In conclusion it can be said that to indulge in any amount of alcoholic drink, that common uncommon drink, is for the time that the alcohol is present, to possess a brain the most important part of which is not quite all there. This is the verdict of science upon even occasional and moderate drinking. What is it that makes beer, wine and whisky different from orange juice and ginger ale? Alcohol. What is alcohol? A narcotic. What is a narcotic? Anything which depresses the activity of living matter. What does this mean in the human being? Less active brain, less active nervous system, less active organs and muscles. What does all this mean? Inferiority of thought and conduct. Enough said. Let those who have ears hear.

NOTICE FOR L T L LEADERS

Please remember that all Home Legions organized before July 15th are entitled to a "Home Herald Certificate" and that all other Legions organized before July 15th are entitled to a flag for the Legion. It takes at least five (5) dues paid members to qualify for a Certificate as a Home Legion and at least ten (10) members to qualify as a Standard Legion. Dues must be sent to the State Treasurer and the Legion reported to the State L. T. L. Secretary. Your State Secretary will get the number of dues-paid members from the State Treasurer in June and send for your certificates and flags.

We have had recent inquiries for materials for L. T. L. groups from Plaza, Lansford and Sawyer, yes, and Enderlin also, so we hope for some new legions to report.

Many places the children can be interested in L. T. L. meetings through the summer. The children are not so busy then and much good may be done. Let us all do all we possibly can to help boys and girls learn the truth about alcohol and other evils.

North Dakota's L. T. L. Secretary, MRS. J. W. FRISBIE, Hettinger, N. D.

DEFECTS TO CULL THIRD OF THE DRAFTED BOYS

"Defects to Cull Third of the Boys Called in Draft," so states a headline in the Atlanta Constitution of Jan. 31, 1941, and the subheading says: "400,000 face rejection out of 1,200,000 to be summoned." The article which we have not space to print, closes with these words: "There is every reason to expect, they believe, (meaning the board of examiners) that a third of the men called in this draft will not be fit for full military service."

One wonders why all this unfitness. Can it be that drink has a large share in it? It is said that France was five times as drunken as Germany when the great debacle took place, and it is also said that America is now three times as drunken as Germany. It seems that the defenders of democracy should be as willing to deny themselves the so called pleasures of drink in order to give full strength of body and mind to a

great struggle for the freedom of the world, as the Germans are to dominate the world for slavery—and such slavery!

The world knows that Hitler, for the sake of bodily strength, is a total abstainer and teaches his soldiers to abstain also. Can we hope that any drunken army will be able to cope physically or mentally with a sober army? If all accounts are true the Germans are drinking less and less, while we in America are drinking more and more.

God save America, Land that we love!—Exchange.

DISTRICT CONVENTIONS

(Continued from page one)

tractive and then wonder why the youth of today stumble and fall. A dust by Mmes. Atherton and Ottinger was enjoyed.

The L. T. L. led by Mrs. E. A. Burns, put on an effective playlet on "John Barleycorn," Bernard Brown taking the part of that notorious character. The Christian Citizen's Responsibility" was the subject of a strong address by Mrs. Darling. The district voted \$10.00 to the N. T. E. F. The following officers were elected: president, Mrs. Lulu W. Zimmerman; vice president, Mrs. Alex Burr, Jamestown; secretary, Mrs. G. A. Shelby, Valley City; treasurer, Mrs. Glen Dyson, Cooperstown. Rev. Clarence Framstad of the Lutheran church voiced the closing prayer.

RANSOM-LAMOURÉ district met for its fortieth annual convention May 7 in the Presbyterian church at Edgeley, Mrs. J. A. Youngman, district president, presiding and Mrs. Darling guest speaker. Delegates from Sheldon, Enderlin, Englevale, Dickey and Edgeley were present.

Talks were given by Mrs. Darling, Mrs. Paul Hanson, Englevale and Mrs. L. E. Dickinson, Enderlin, but subjects were not given in the report.

The corresponding secretary writes the meeting was most inspiring and helpful. Officers elected were: president, Mrs. J. A. Youngman, Dickey; vice president, Mrs. Paul Hanson, Englevale; corresponding secretary, Mrs. H. D. Mack, Dickey; recording secretary, Mrs. Elizabeth Farnsworth, Edgeley; treasurer, Mrs. H. E. Sox, Edgeley.

ELLENDALE district met in annual convention at Ellendale May 8, Mrs. O. E. Combellick, district president, presiding. Mrs. Darling was again the guest of honor. A fine program had been planned and directed by Mrs. Combellick to whom much credit for its success is due. Musical numbers on the program were very much enjoyed. A skit—"A New Alice in Wonderland" was given by members of the fourth grade of the Ellendale public schools and enthusiastically received by the convention.

Mrs. Viva Taplin adds: "We were pleased to have Mrs. Darling, our state president, with us. Her address and words of counsel and advice were inspirational and helpful. In fact every one on the program did her best. We all went home feeling that the day had been well spent and another year will find us looking forward to our annual convention with happy anticipation."

Mrs. Viva Taplin, Ellendale, is the new recording secretary.

HETTINGER district convention was held at Bucyrus, Mrs. S. N. Englestad, district president, presiding. Mrs. Darling was again guest speaker. After opening devotions, reports were given by local unions and district officers which showed good work done. Mrs. Darling spoke on "Our Responsibility to American Youth." At the evening session, Mrs. J. W.

(Continued on page four)

DISTRICT CONVENTIONS

(Continued from page three)

Frisbie spoke on the work of the Loyal Temperance Legion and six members of her LTL gave a demonstration in speaking and singing. The address of the evening was by Mrs. Darling. The following officers were elected: president, Mrs. S. N. Englestad, Bucyrus; vice president, Mrs. J. O. Wigen, Hettinger; secretary, Mrs. Clara Webb, Bucyrus; treasurer, Mrs. Willie Olson, Bucyrus.

BISMARCK district met for its thirty-second annual convention in the Evangelical church, Bismarck, May 16, the district president, Mrs. O. E. Erickson, presiding. Alcohol Education, Why? When? Where? was discussed by Mrs. Jas. Whalen. The memorial service followed and the noontide prayer closed the morning session. Opening the afternoon session was a worship service conducted by Mrs. Adolph Johns. The vice president, Mrs. Phillip Stolberg of Flasher, spoke on Dry Legislation. Local unions reported and Mrs. C. G. Boise led in a round table discussion on "What Makes a Successful Union." Mrs. R. A. Ritterbush's topic was "What the Ads Do Not Tell." Mrs. Henry Larsen, McKenzie, spoke on Our Tools—Literature, Slide Films, etc. "Defend Our Defenders" was a timely subject discussed by Mrs. J. E. Williams. Special music was enjoyed and all officers re-elected. In the evening Mrs. J. L. Kelly led devotions, the L. T. L. directed by their leader, Mrs. J. L. Hughes, presented a playlet and a song. Mrs. Darling spoke on the Responsibility of the Christian Citizen and Miss Ann Orluck sang a solo. After community singing the meeting was closed with prayer.

FARGO district met at Fargo May 19 but no report has reached us at this writing. On her way back from Reeder, Mrs. Darling spoke at Carson where the Rev. J. A. Austin arranged for her to speak in schools. She addressed all grades and high school and also had an evening meeting. Flasher was next visited where our Mrs. Stolberg keeps things moving. District conventions yet to be held are Northeast at Bowesmont, June 5, New Rockford at New Rockford June 17 and Devils Lake with date not definitely set.

NORTHWEST district was entertained at Fortuna, the home of the district president, Mrs. R. E. Taylor, who presided, with Mrs. Kate S. Wilder, national director institutes and state vice president, as guest speaker. The splendid program which had been prepared was well carried out. The song leader was Mrs. W. P. Vincent and devotions were led by Rev. L. R. Luthard. Mrs. L. E. Hennigar, Williston, led the flag salute. Reports were presented by district officers, directors and local unions. Mrs. P. J. Foss, president Stady-Zahl union, spoke of the National Membership plan. Mrs. Wilder spoke on W. C. T. U. Institutes, conducted the memorial service, closing with the noontide prayer. The local union served a noon luncheon.

To open the afternoon session, Rev. I. O. Thompson, Crosby, conducted devotions. Two white ribbon recruits, Robert and Allen Brevig, were dedicated by Mrs. Wilder, who also spoke on "A Successful Local Union." A Symposium—"The Responsibility of the Home"—was led by Mrs. Herbert Olin, Crosby; "The Responsibility of the School," by Marvin L. Lervick, County Superintendent of Schools; and the "Responsibility of the Church" by Rev. T. S. Severson, Ambrose. Miss Geades, Williston, sang, Rev. A. Bue, Zahl, gave a short talk. At the evening session Mrs. C. M. Anderson, Fortuna, led the worship service. Af-

ter a song service by the audience, Supt. Cecil Johnson of Zahl spoke on "Youth in Today's World." In the Gold Medal Speech contest which followed, in charge of Mrs. Nels Skabo, Crosby, Avis Graham of the Lincoln Valley Consolidated school, Fortuna, was the winner. Mrs. Wilder's evening address on "National Defense" was heard with much interest, after which she showed the educational Film Slides. The resolutions were read, the benediction pronounced and the closing song was "All Hail the Power of Jesus' Name."

While in Northwest District, the district president, Mrs. R. E. Taylor, drove Mrs. Wilder to visit several towns, covering some 300 miles. Schools were visited at Fortuna, Hanks, Grenora, Alkabo, Noonan, Powers Lake, Stady and a fine institute held at Alamo, with the new union there. The following Sunday morning Mrs. Wilder spoke in the Baptist church in Stanley. On the trip, active and honorary and Willard members were secured and white ribbon recruits dedicated. The film Slides were shown whenever possible, and proved interesting and educational.

MINOT district members met in the Lutheran church, Makoti, May 16, the district president, Mrs. C. F. Truax presiding, who also conducted the opening devotions. Committees were appointed and Mrs. Kate S. Wilder, guest speaker, presented the National Temperance Education Fund. Reports of local unions were good, showing nearly one-half as many Union Signal subscriptions as members in district, most unions had paid budgets in full and all had sent letters or petitions to members of Legislature and Congress. Sawyer has just organized an L. T. L. At the memorial service the names of Mr. Pat Jones, Parshall, Mrs. Ben Grow, Makoti and Mr. S. I. Hinkle, Sawyer, were presented. After noontide prayer by Mrs. Wilder, the convention adjourned for luncheon, served by the Makoti union, who also served dinner.

Mrs. A. P. Matson, Makoti, led devotions to open the afternoon session. Miss Beulah Klemenhagen sang—"He Shall Feed His Flock." Election of officers resulted as follows: President, Mrs. F. T. Brooks, Minot; Vice president, Mrs. O. E. Lerberg, Parshall; Cor. Sec. Mrs. J. B. Vradley, Minot; Rec. Sec. Mrs. N. R. Heinzen, Plaza; Treasurer, Mrs. A. S. Dwell, Minot. Mrs. Truax who has served so long and faithfully, declined reelection. Mrs. Geo. Campbell spoke for Christian Citizenship; Mrs. Bradley for Child Welfare and Health; Mrs. Martin Reinholdt for Soldiers and Sailors department. Poster Contest in Makoti schools resulted as follows: In first, second and third grades, Muriel Schenfish won first place; James Smith, second. In upper grades, Barbara Shuler was first and Donna Jean Dunbar, second. Mrs. Martin Reinholdt extended an invitation for the 1942 convention to be held in Sawyer, which was accepted with thanks.

For the evening session, Rev. Mr. Borreson of Makoti conducted devotions. Songs by a sextette of grade school girls and by the Girls Glee Club of High school were much enjoyed. The presentation of poster prizes, also a parting gift to Mrs. Borreson from Makoti union, followed. Mrs. Wilder was heard with much interest in her strong and impressive address—"Defending America," after which she showed the slide films. Report of the Resolutions committee was read by Mrs. Axel Olson, Parshall, and adopted. The meeting closed with the benediction.

After the convention at Makoti, Mrs. Wilder visited Bantry, meeting with

Our National Legislative director, Miss Elizabeth A. Smart writes that S.860 is favorably reported from committee; urges we write our Senators at once asking passage of bill covering alcohol and prostitution. When the work is done, remember to thank Sen. Edwin C. Johnson, Colorado and Sen. Styles Bridges of New Hampshire, for what they have done for us.

our members there. At Parshall she addressed the 175 students in high school and went to Van Hook, calling on former members, trying to re-ignite interest, and returning to Parshall for an evening meeting with the women. While in Minot, she was the guest of Mrs. C. F. Truax, showing the Slide films several times in the Junior high school and broadcasting a timely message over KLP.M. Rugby and Bottineau were visited and Mrs. Wilder addressed students in School of Forestry. On the trip the slide films were shown 12 times, 2040 people reached and miles traveled 1025.

MEMBERSHIP CAMPAIGN

Reporting since last month:
HOME SENTINEL—Mrs. Harry Paulson, Jamestown, 8
Home Keepers—Mrs. R. E. Taylor, Fortuna—4
Mrs. O. R. Finstad, Bottineau—2 active, 2 honorary
Mrs. Elisa Anderson, Rugby—1
Mrs. A. Tosdale, Stanley—1
Mrs. A. A. Burgess, Sheldon—1
Mrs. Phillip Stolberg, Flasher—1
Mrs. Wm. Holmquist, Reeder—1
Mrs. Fred M. Wanner, Jamestown—1
Mrs. E. E. Clarke, Ellendale—1
Mrs. Sam Garber, Fortuna—1

Gilby and Grand Forks each report one new member but no names of winners are sent. If unions want credit, the names of those who win the members must be sent, then I will send proper badges. Contest closes July 15. Let us have many more before that date.

KATE S. WILDER, Chairman.

ARE YOU THE SLAVE?

From The Young Peoples' Weekly

What is your ambition? Do you want to be a great doctor, preacher, or business man? Did you know that you can have a tremendous amount of help in fulfilling it IF you make habit your slave?

Habit is like a partner. As a good one, it co-operates with you; but whether it is to be good or bad depends on who is the boss. That is to say, either you are going to decide what habits you shall have and how they shall serve your ambitions, or habits will take over the deciding for itself. When habit takes over the deciding, you had better look out. William James, in his "Principles of Psychology," has this to say: "...habit simplifies the movements required to achieve a given result, makes them more accurate and diminishes fatigue."

You see the point. Whatever you do once becomes a little easier to do next time, and the time following that it is still easier, and so on. This is true whether the thing you are doing happens to be profitable or unprofitable.

Of course, you know certain habits of yours that you would like very much to cultivate such as energy, being on time, being courteous, or being more systematic. But how can you get yourself to practice these good habits?

Ah! That is the point at which so many of us are likely to fall down. But here is a bit of help. Stop and think a moment. Turn the matter over in your mind, and think how much fun it will be to have the rewards that go with good habits.

Think of how your personality will develop, how much more popular you will be, how much more of that solid feeling of morale you will have. In short, think of every good thing that can possibly come to you as a result of developing the good habit. Then go ahead and practice it.

You May Speak With Authority!

on present-day social problems

If you read

THE UNION SIGNAL

Every number valuable to members

Twelve special issues a year

of value to all

The Union Signal

Evanston, Illinois

Enclosed find \$1.00 for 1 year's subscription.

Name

Address

Note. FREE introductory copy will be sent upon request. Address Dept. S., Union Signal. You may use above blank by crossing out order line.

YOU MAY INFLUENCE THE FUTURE

by giving children

THE YOUNG CRUSADER

Temperance and Character Lessons

in every issue

The child who leads

Is the child who reads

From a wise selection

Select his reading while you may!

THE YOUNG CRUSADER

Only 35c a year

(With a subscription for The Union Signal, 25c a year.)

"RAINBOWS"

Yes, there are always Rainbows somewhere but those to which we refer are the "Rainbow Leaflets" that have always been so popular and attractive.

—Assorted Texts and Colors—

Statements based upon tests

Authentic statements about crime

Figures that do not lie

Estimates based upon Federal Government figures.

50 cents per package of 500

(We do not break the package)

National W. C. T. U. Publishing House

Evanston, Illinois

NOW WE HAVE IT ! ! !

Reproductions of newspaper ads written by an advertising man who was "tops" in the advertising field of New York City.

Just the right sort of literature for distribution wherever and whenever leaflets of this type will attract and work for you. Include with your exhibit material too.

Each illustrated leaflet carries with it suitable text, on colored paper.

Order By Title

Morning After The Downward Path

Cup-Crash Through The Night

Order by title

Average size 6x9 inches

Note the Prices

\$2.00 per 1000; \$1.25 per 500

35c per 100

Carriage Prepaid

National W. C. T. U. Publishing House

Evanston, Illinois

"Two Talks on the Effects of Beverage Alcohol"

Carolyn LaGrange Brooks, M. A. The new booklet for use in Daily Vacation Bible Schools (Junior-Intermediate ages)

Church Social Groups Adult Groups Young People's Groups

Facts and data simply and correctly stated. Material for discussion periods with young people.

Through the use of experiments, home-made charts, and posters, the subject is thoroughly treated.

Order immediately, in time for the schools. 30c per copy; \$3.00 per dozen; \$9.75 per 50 plus carriage; \$18.00 per 100 plus carriage.

National W. C. T. U. Publishing House

Evanston, Illinois