

Read

WHITE RIBBON BULLETIN

Mrs. LeRoy Bertle

Box 3

La Mours, N. Dak. 58458

Official Organ of W. C. T. U. of North Dakota

"NOT WILLING THAT ANY SHOULD PERISH"

Volume LXXV

JANUARY-FEBRUARY, 1971

Number 1

From The President's Desk

Our President's Letter will not appear in this issue because of an illness which has put her in the Trinity Hospital in Minot. I'm sure she will enjoy hearing from the different unions as well as from individuals.

—The Managing Editor.

I ASKED THE NEW YEAR

I asked the New Year for some message sweet,
Some rule of life with which to guide my feet;
I asked and paused: he answered soft and low,
"God's will to know."

"Will knowledge then suffice, New Year?" I cried:
And ere the question into silence died.
The answer came, "Nay, but remember, too, God's
will to do."

Once more I asked, "Is there no more to tell?"
And once again the answer sweetly fell,
"Yes! this thing, all other things above:

God's will to love."

—Anonymous. Md. White Ribbon Herald.

A Word To The Wise

Dear Friends:

The year of 1970 will have gone into history when you read the few words that I have to say in this issue of our own WCTU paper. The daily papers for the past year have reported good news and bad; may their pages during 1971 have more of good to proclaim.

I wonder how many of our women are following the plan recommended, of putting a penny a day into the small blue box, and at the same time offering a prayer - a really fervent prayer - for our work? Do we all pray daily for our leaders and our members? How many of us are familiar with the words of the old song that begins: "All Round The World The Ribbon White is Twined," and how many of us really wear that white ribbon? Do you have the little white bow on each dress and on your coat? If not, now is a good time to put them on.

Does your union plan to hold a dedication service for little White Ribbon Recruits this summer? To me, that short service the last afternoon of our state convention was a real 'high spot' of the meeting. I am sure we all rejoiced that the young father, as well as the mother, brought those little ones and held one baby during the service. If your union holds such a service this year, be sure that the mothers receive their part of the card, to keep for the child. Consult our state Promotion Secretary, Miss Ragnhild Lima of Cooperstown; she will be glad to help you get supplies. But please do not think this is a complicated affair - this dedication of little White Ribboners; it is just a simple lovely service. Some unions always sing the first two verses of the old hymn, "Jewels." It begins "When He cometh - to make up his jewels" and the second verse says "Little Children - - are the jewels, precious jewels, His loved and His own." They appear in many church hymnals, I am sure. And when we pray for all those who are a part of our work for protection of children and homes, let us not forget to include husbands and fathers, asking Gods blessing upon them as well. A happy 1971 to all of you! E.C.B.

Promotion Secretary's Letter

"Blessed be the Lord Who giveth us the victory."

"When testings come without, within
Then, more than conquerors over sin
We shall through Christ the battle win,
And find the victory."

Dear Co-Workers:

It was good to read the report of the state convention in the last issue. It was indeed a great privilege to be there and meet so many of our faithful women who came from all parts of the state. It was especially inspiring to have the World WCTU President, as well as National Vice President, Mrs. T. Roy Jarrett with us. Her charming personality and friendliness captured the hearts of all and her address at the banquet gave us a challenge to press on with greater determination.

This is our seventh year in the One in a Million Plan. Win your seventh new member now and give your seventh dollar to the Century Fund.

We trust that all of you paid your dues for the coming year in September. If some of you have not paid them as yet, please give the money to your treasurer NOW so she can send it to Mrs. Gunness. Keep your White Ribbon Box handy so you can drop in your penny each day and thus have the amount for dues by next September.

The time of the World WCTU Convention is only about six months away. It will meet in Chicago, July 28 - Aug. 6, 1971. As mentioned before a Hostess Fund has been set up to help defray expenses of this great undertaking. The Foot of Quarters Rulers have been provided to make it easier for you to contribute. If you feel that you cannot fill one ruler by yourself perhaps two of you can share in filling it. Another plan is to pass a ruler around at each meeting and have each one put in a quarter. This should be sent by the local treasurer to Mrs. Gunness, designated for the Hostess Fund. This MUST reach our treasurer by MARCH 1. One dollar from each ruler will be kept in the state treasury to cover the cost of entertaining our guest from Finland. Let us all do what we can to help.

The Department Directors will be sending the Work Sheets to each union. It is hoped that each union will work as many departments as possible. Please take good care of the YELLOW WORK SHEET as you will need it for sending in your report to the department director by Sept. 15, 1971.

It is encouraging that quite a number of unions are taking part in the Victory Ahead Contest. To date I have heard from 15 unions. It will be interesting to see who will be the winner.

We are engaged in a fierce fight against liquor and drugs. The increased use of these in the last few years is appalling. There is a greater number of women alcoholics. Every one who takes the first drink is a potential alcoholic. There is an ever increasing number of young people using drugs, and they are beginning at an earlier age. The conditions overwhelm us, but as we go forth in the strength and wisdom of the Lord He will give us the victory.

Best wishes for the year 1971 as we move on to VICTORY AHEAD!

Sincerely
Ragnhild Lima.

President's Recommendations

Relying on Him who is the Prince of Peace and the Mighty Deliverer from Satan's strangle hold, we now move ahead in His strength and power. We declare eternal enmity toward this great evil of liquor which business is a despoiler of our homes, a traitor to our country and a threat to the peace of the world.

1. I recommend that we move **AHEAD TO VICTORY** in our one-in-a-million plan. You still have time to secure your full quota of **ONE-IN-A-MILLION-MEMBERS**, seven in all, and to contribute \$7.00 to the Century Fund. Would you see **AHEAD TO VICTORY** and bring it about by your effort? The Silver, Gold, Diamond and Century Clubs are gaining members; is your membership in one of these clubss?

2. I recommend continued effort in our plan to finance the International Convention in the United States next year by the use of our **"FOOT OF QUARTERS TO FOOT THE BILL"** rulers. We can move **AHEAD TO VICTORY** on this project if each and every one will fill a ruler. If you have no special ruler available, send your \$3.00 through the local, county and state treasurer at once.

3. I recommend that we move **AHEAD TO VICTORY** as we continue to teach and preach that total abstinence is the most effective and certain means for the cure of alcoholism. That we continue to sound the alarm that it is morally wrong to drink alcoholic beverages, and also for a government to license or engage in a traffic which debauches and deranges the minds of the people who use the product, and tends to pervert the judgment of all citizens through its easy accessibility and mendacious advertising. Let us renew our emphasis on pledge signing "to abstain from all alcoholic beverages," and also "to discourage the use and traffic in the same."

4. I recommend that we move **AHEAD TO VICTORY** in our education-emphasis. Urge teachers to attend the courses offered at Evanston and Chataqua; then provide scholarships for these when they show interest and a desire to attend. Display materials and provide the same for your schools that our boys and girls may know about alcohol, other narcotics and tobacco.

5. I recommend that we move **AHEAD TO VICTORY** and seek legislation in state legislatures and in Congress (United States) to bring about prohibition of interstate and intrastate commerce of the advertising of alcoholic beverages. That local option campaigns be held, or any other restrictive measures be enacted until the abolition of alcoholic beverages may become a reality.

6. I recommend that we move **AHEAD TO VICTORY** in the organizing and re-organizing of local unions, Youth Temperance Councils, and Loyal Temperance Unions. Let us redouble our efforts in the promotion of **YTE Week** in each state and local area.

7. I recommend hearty interest and full cooperation in the plans for the Centennial Celebration in 1974. A committee is working on detailed plans, and when requests come to us as individuals or as a group let us reply, "I'd love to do it."

8. I recommend that we move **AHEAD TO VICTORY** in **PRAYER**. With perplexing issues facing us as individuals, and nationally, governments tottering and crumbling, even the Church with its emphasis faltering, let us give more time to prayer and the deepening of our spiritual lives. We request that a Day of Prayer be designated for January 16, 1971, when we shall gather in our homes or houses of worship for prayer in behalf of the work of the WCTU-world wide, national and state, and local. "Ask and ye shall receive;" let's try it. God is not dead; I talked with Him this morning.

Ruth E. Tooze.

THIS YEAR

"God built and launched **THIS YEAR** for you,
Upon the bridge you stand;
It is your ship, aye, your own ship,
And you are in command.

Just what the 12 months' trip will do
Rests wholly, solely, friend, with you.
So now in starting on your trip,
Ask God to help you sail your ship."

"All the way my Saviour leads me."
All the way my Shepherd feeds me.
Now an untried path before me
Dawns, to prove His love still o'er me.

YTC Financial Report

September, 1969 - September, 1970

Balance on hand, September, 1969 -----	\$	71.65
Memorials, Pledges and Gifts -----		264.00
Friendship Fund Offering -----		21.50
State Dues (at Camp) -----		12.00
Camp Registrations -----		570.00
YTC Shirts Sold (4) -----		10.00
Savings from Harwood Bank -----		222.98
Craft Donations -----		16.06
YTC Funds from State WCTU Treas. -----		138.00
Refund (Camp Rent) -----		7.00

TOTAL RECEIPTS ----- \$ 1,333.22

DISBURSEMENTS

YTC Bulletin (10) -----	\$	8.00
Camp Material -----		29.41
Craft (Seed Kits) -----		24.50
Supplies (banquet, dedicat. and installa- tion, etc.) -----		15.37
Camp Rent -----		678.50
Test Papers, mimeograph & envelopes -----		15.75
Dues and Fr. Fund -----		27.50
Travel Fare (staff) -----		35.00
Film Rental -----		1.00

TOTAL DISBURSEMENTS ----- \$ 835.03

Balance on Hand, Sept., 1970 ----- \$ 498.19

Gifts to YTC received by me since camp:

Minot WCTU -----	\$	10.00
Parshall WCTU -----		20.00
Lloyd Thompson and Arian Harveson, Grafton (\$5.00 ea.) -----		10.00
Beverly Johnson, Max -----		5.00

\$ 45.00

Mrs. Melvin Gangness, Gen. Secy.

ALCOHOL AND TAX MONEY

For every dollar received in revenue from the sale of beverage alcohol, nearly \$8.00 is spent to care for the problems it creates. ALL taxpayers pay for hospitals, prisons, policemen, highway patrolmen, rehabilitation of the alcoholic and relief for families (the demand for which increases with drinking). A bill has been recently introduced in the Senate calling for \$395 million during the next three years on research and local treatment centers. Who will pay - the public, whether or not it drinks.

* * * * *

"The Book, Sir, is the rock on which our Republic rests."

—Andrew Jackson.

The empty vessel makes the greatest sound.

Your Managing Editor



Because I have been asked to have my picture in an issue of the White Ribbon Bulliten and asked to tell something of my work in the North Dakota WCTU, I am writing this.

Mrs. H. E. Mielke, former North Dakota State WCTU President, called in our home in Napoleon, N. Dak., in the summer of 1947. She wanted to organize a union there, and before she left we were organized with "yours truly" as local president. That was my beginning in WCTU.

We moved to Douglas (my husband being a pastor) in the spring of 1949. We weren't there long before Mrs. Mielke located me by mail, asking me to take the office of State Director of Social Morality, which I did. Mrs. Axel Olson was the Minot District President at that time so I asked her to come to Douglas and help us organize a union there, which she did. I was again elected to be the local president.

At the 1953 District Convention of the WCTU I was elected District President of the Minot District. We moved to Lansford in 1954 and in 1955, this time at the State WCTU Convention in Minot, I was elected to be the State Vice President, which office I held until in 1963 when I accepted the office of Managing Editor of your State paper. At the present time I am the local president of the Enderlin WCTU as well as managing editor of your state paper.

I have found the work in each of these different offices interesting, frustrating and rewarding. No one can accomplish all of their hopes and desires but I have found that in whatever area of work a persons talents lead them, that I Cor. 4:2 " - it is required in stewards, that a man be found faithful," is true. " - what we can do by the grace of God we will do."

Mrs. E. J. Huntley, Man. Editor.

THE DRINKING DRIVER

Warnings to drive carefully and soberly over radio and television by Safety Councils, temperance groups and others helped to curtail automobile accidents over the recent holidays, but the number of fatalities still stands at nearly 600 for a 30 hour Thanksgiving Holiday.

"The early morning hours - and after a holiday party" - was the story repeated over and over again, with the survivors reiterating, "We only took a couple of drinks - we weren't drunk."

A NEW DAY

This is the beginning of a New Day - I have been given this day to use as I will . . . I can waste it or use it for good.

What I do today is important, because I'm exchanging a day of my life for it. When tomorrow comes, this day will be gone forever, leaving in its place whatever I have traded for it.

I pledge to myself that it shall be Gain, not loss . . . Good, not Evil . . . Success, not Failure, in order that I shall not regret the price I paid for this day.

X Change.

"THE DRINKING WOMAN"

The startling increase in juvenile delinquency is largely due to parental failure. The drinking woman today probably deserves more than her statistical share of the blame for juvenile delinquency.

(J. Edgar Hoover)

Notes From The Unions

At their October meeting the Lisbon Iota Sigma had as their guest Mrs. Melissa Dick, who had attended the National WCTU Convention in Los Angeles and the State WCTU Convention in Minot. She gave very interesting reports on both Conventions. Mrs. Violet White, of Stirum was also a guest. Lunch was served by Mrs. James Wiltse.

* * * * *

A "Tea" in honor of the teachers was given by the Sawyer Womans Christian Temperance Union on Tuesday, November 24, at 3:00 in the school library. Mrs. Peet of Sawyer, who is the State President of the North Dakota WCTU, poured and other members of the group assisted.

* * * * *

On December 4th the West Fairview WCTU, the Lisbon and Lisbon Iota Sigma WCTUs served a "Tea" in the dining room of the Lisbon Baptist Church to about fifty teachers of the Lisbon School and also to five pastors and their wives.

Rev. Samuelson, pastor of the Baptist Church, led the group in singing Christmas Carols. Later he sang a solo which was enjoyed by all. Fifty packets of teaching abstinence in the schools were given to the teachers of the various grades.

use for talk Dist report April 20th

THE UNION SIGNAL

THE YOUNG CRUSADER

When sending subscriptions for either, or both publications, send the payment also. We are receiving FAR TOO MANY subscriptions of late, with the request that a bill be sent. We CANNOT enter any subscription until we have the payment so PLEASE cooperate with us for it takes time, plus extra unnecessary postage to have to send a bill, then wait for the money. Below are the prices:

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Recently we have been receiving subscriptions for this publication with wrong payments. Here are the current prices:-	This is the best publication for teaching children about total abstinence. Here are the current prices
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	Combined with THE UNION SIGNAL ---- 3.75

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Tel.Organization—All District Presidents and State Officers
Music Director—Mrs. Vernon Forthun, Sawyer, N. D. 58781**Pen Points****THE SPIRIT OF THE NEW YEAR**

I wish you joy on this New Year's day,
Joy of new beginnings, of high expectations,
Of renewed faith in things to be. May the
Spirit of the New Year go with you through
All its days, and bring you many sweet surprises
Many hopes realized, many dreams come true.
If disappointments or sorrows or apparent
Failures come to make you sad,
May you not spend God's time in mourning
But go on your way rejoicing in His
Many blessings, counting them over and over,
Like the little child counting stars,
Always beginning but never ending.

—Edwin Osgood Grover

Dear White Ribboners:

Though the New Year will be a few days old when
you get this, the above wish by Edwin Osgood, express-
es my wish for each of you.

If you read the Resolutions in our November-De-
cember issue, 1970, you will see how great our task is:
our plans for alcohol education, the need for letters to
be written, (which most of us can do). In the May-June
issue of the White Ribbon Bulletin, 1970, on the last
page, under the title, "Udall Gives Guide For Writing,"
are all the instructions one needs for writing letters to
our congressmen, so lets get busy. Think of all the op-
portunities we should make use of for warning about
narcotics. Then there are other evils which we must
oppose, such as sex education in the schools (this be-
longs in the homes), the new Sensitivity Education
which teaches the individual to take his problems to "the
group," and not to his family, where he should go. This
teaching also promotes nudity as a means of casting off
unpleasant problems. There are so many things which
are responsible for so much crime in our nation that we
surely need all the wisdom and strength that we, as indi-
viduals, are capable of receiving from our Lord and Master.
God knows whether we will use these necessary
gifts for our work or just lay them aside. When we ask,
let's be willing workers.

January 16 is the "Call to Prayer In An Age Of
Crisis." Take your November-December issue of the
White Ribbon Bulletin, 1970, to your January meeting
and use this Prayer Service there or better use it on
January 16, as suggested, which comes on Saturday, as
a special meeting. I'd like to hear how many have kept
this special prayer service. How we need to search our
own hearts and truly be united in prayer for strength
and wisdom to combat all of these evils.

Your Man. Editor, Hazel Huntley.

"INCREASED CARNAGE ON OUR HIGHWAYS"

"More than 28,000 Americans died in 1969 because
of drunken drivers," according to Howard Pyle, presi-
dent of the National Safety Council. Alcohol was a fac-
tor in more than half of last year's 56,400 traffic fatali-
ties.
(Listen, Nov. 1970)

And Chain 4 times as far as Youth Pop 15 age group reaches 20.

Treasurer's Report

October 15, 1970 - December 15, 1970

DUES—Benedict-Max 25, Bismarck 5, Bottineau 11, Cavalier 17, Crosby 3, Dickey 13, Edgeley 1, Julia D. Nelson, Fargo 25, Fort Clark 8, Grafton 16, Hettinger 19, Langdon 20, Larimore 4, Lisbon 31, Lisbon Iota Sigma 19, Napoleon 12, Northwood 4, Oakes 17, Park River 9, Tioga-Ray 16, West Fairview 8, Williston 12.

WILLARD MEMBERSHIPS—2.

HONORARY MEN MEMBERSHIPS—Benedict-Max 16, Dickey 2, Enderlin 1, Fort Clark 1, Langdon 1, Lisbon 8, Lisbon Iota Sigma 4, Napoleon 4, Northwood 2, Parshall 4, Sawyer 1, Tioga-Ray 7, Tower City 1, Williston 1.

LIGHT LINE UNIONS—Edgeley, Napoleon.

FRANCES WILLARD FUND—Benedict-Max \$2.00, Dickey \$2.00, Crosby \$2.00, Edgeley \$2.00, Langdon \$5.00, Northwood \$2.00, Tioga-Ray \$2.00, West Fairview \$3.00.

LILLIAN STEVENS FUND—Benedict-Max \$2.00, Crosby \$2.00, Dickinson \$2.00, Edgeley \$2.00, Langdon \$5.00, Northwood \$2.00, Tioga-Ray \$2.00, West Fairview \$3.00.

WORLD CONVENTION HOSTESS FUND—Benedict-Max \$9.00, Bismarck \$3.00, Cavalier \$24.00, Crosby \$15.00, Dickey \$12.00, Enderlin \$12.00, Fort Clark \$3.00, Grand Forks Frances Willard \$3.00, Langdon \$12.00, Larimore \$26.00, Lisbon \$9.00, Northwood \$47.00, Tower City \$21.00, Williston \$11.00.

PEPSI COLA FUND FOR VIET NAM—Bottineau \$10.00, Napoleon \$5.00, Parshall \$10.00.

STATE REPORTS—Benedict-Max \$2.00, Bismarck \$4.00, Dickey \$2.00, Grand Forks Frances Willard \$2.00, Langdon \$2.00, Larimore \$2.00, Lisbon Iota Sigma \$1.00, Napoleon \$1.00, Northwood \$2.00, Tioga-Ray \$1.00, Williston \$2.00.

CENTURY FUND—\$11.00.

LIFE MEMBERSHIPS—Mrs. Olga Westlund, Fargo; Mrs. Christine Christianson, Fargo.

OTHER GIFTS—From Hitterdal Congregation, Edinburg \$50.00; ALCW, First Lutheran Church, Fargo \$35.00; Hitterdal Sunday School, Edinburg \$10.00.

CAMP FUND—In Memory of Mrs. Andrew Haibek from Julia D. Nelson Union, Fargo \$3.00; In Memory of Augusta Washburn from Edgeley Union \$2.00.

TOTAL MEMBERSHIP—Women 533; Men 88.
Mrs. John Gunness, Treasurer

ONE IN A MILLION MEMBERS

Mrs. William Boxrund, Enderlin; Rev. Eva Peet, Sawyer; Mrs. Ed Fannik, Mrs. George Fannik, Ella Baklenko, all Benedict-Max Union; Mrs. Leonard Bilden, Mrs. Hannah Haga, Mrs. Adolph Kordahl, Mrs. Myrtle Tufte, all Northwood Union; Mrs. O. L. Otterness, Tower City Union; Mrs. A. L. Borsheim, Tioga-Ray Union.

ALCOHOL AND TIME

Drinking people, and especially alcoholics, waste much of their TIME. It takes TIME to drink - it takes TIME to sober up, TIME is wasted away from work. SO MUCH TIME is lost between the TIME a man starts to drink - and the TIME he may become a wreck at the end of the road.

Time cannot be redeemed - it is lost forever. Automation, computation, transplants, etc. - all are efforts to give man a little more time to live and yet thousands of hours are lost from drinking beverage alcohol each week. Total abstinence is a life saver, a money saver and a time saver.

President's Address

Noontide Hour of Prayer

"It is always noontime somewhere, and across The awakening continents from shore to shore Somewhere our prayers are rising evermore." Lift up a standard for the people." Isa. 62:10

IN MEMORIAM

"They never can leave us, our beloved who have passed Through the gateway of death to the sunlight above For a thousand sweet memories are holding them fast— To the places they blessed by their presence and love."

Mrs. Leona Pichl passed away in Valley City, where she has made her home for several years. She was a member of the Marion WCTU.

* * * * *

Rev. Albert Place of Eugene, Oregon, passed away September 30, 1970. His wife at one time was president of the Grafton WCTU. They were both ardent temperance workers. He was a Methodist minister, preaching in Drayton, Rolla and other N. Dak. towns. His last charge in North Dakota was in the Federated church in Grafton and Knox Presbyterian church in Minto.

Ten years ago Rev. Place was struck by a drunken driver on an Oregon highway. He was seriously injured and spent many months in various hospitals. Part of the time he preached while in a wheel chair.

Mrs. Places address is:
1890 Augusta, Eugene Oregon 97403.

* * * * *

MY FIRST CHRISTMAS ALONE

At last it came, That dreaded Death For Albert in September (30th). His last months were so terrible His agonies all I remember. "It's good that he's at rest," they say. Yes—perhaps, that's right. It's good for him—but just right now There's so much grief to fight. One more year of life for Al Would have made for us—50 years— Of marriage—of work—with the despair and the joy That tempers all the tears. I'm living now in a little home Which Stewart provided for me. I've a wood burning stove and some Comfortable chairs, Where I contemplate what is to be. Henry, too, is living with me He's a persian—and covered with fur He communicates very nicely With quiet meows and a purr. I'll be hospitalized in December, (Christmas) For more surgery on my eye. And in attempt to retore my sight I must very, very quiet lie. May you be happy this Season, Get greetings from friends, tried and true. Confidentially, that's just the reason I'm sending this card to you.

Mrs. Albert (Mary E.) Place.

REVENUE VS. COST

A recent survey shows that for each one dollar collected in revenue from the sale of alcoholic beverages—\$6.00 to \$10.00 are spent. —Report.

Handwritten note: 2-11-71

IMPORTANCE OF BEING YOUNG

Fifty years from now three generations presently living will have settled their eternal destinies by the way they have lived. The first generation consists of those under 25; the second those between 25 and 50; and third, all those who have reached the half century mark. It has been said that those who enjoy the large pleasures of advanced age are those who have sacrificed the small pleasures of youth. Self-discipline is the best form, it reduces the necessity of life's chastisements. (Progress, Nov. 1970.)

Loyal Temperance Legion

Dear LTL Friends, Leaders and WCTU Members:

Another year abounding with privileges and blessings has passed. To you who are new in our LTL family, I am more grateful than I know how to express. Let us seek to spare the children around us from a future of distress and discomfort by giving of our time, talents and energy to train them in the total abstinence way of life. We are thankful to the unions as well as to the individuals who are organizing and helping the Loyal Temperance Legion. We are proud of the new LTLs in our state. Congratulations!

What's an LTL? The Loyal Temperance Legion is an organization for six to twelve year olds. LTL is different from any other club. We have a special pledge to sign. Every member makes the promise to be a total abstainer from harmful things.

Our new year is here - before long we will have summer, which is the time for "Day Camps," it is always fun to picnic. Material can be ordered from the Signal Press, Series I, II, III for Day Camps. Order the Young Crusader, a wonderful fun and easy to read magazine, only \$1.00 per year, a nice gift for that boy or girl you wish to remember. Leaders—the Bulletin will be sent to you free of charge, as soon as I receive your name and address from the state. You will find many good ideas for lesson material and busy work from this. Every child has the right to know the truth about alcohol - what it is and what it does. Through the Citizenship department, boys and girls learn that teamwork honesty, loyalty, sobriety and reverence are among the habits which lead them to become good citizens. Remember the LTL as a training ground for the future.

Leaders—the dues are 10c - send this to our state treasurer, Mrs. John Guinness, 114 9th Ave. N., 58102, no later than August. Be sure to ear mark them LTL, then please write me and let me know about your membership, and if this is a new LTL.

Let us, as co-pilots, march boldly through these modern doorways into a continuous flight for total abstinence and consecration to serving with Christ as our Pilot.

We stand responsible for leading them through these open doorways. We pray that we may be a tool in the Lord's hands to plant seeds of truth which will grow and continue to bear fruit.

Ladies, come lead us and
start an LTL.

Ladies come teach us the
truth in LTL.

Ladies, come reach us before
we go astray.

Ladies, come and start
a Legion today.

May God guide us all to do our best to keep every
LTL group both alive and active.

Sincerely,

Mrs. Leonard Bilden, State LTL Sec.

Departments

EDUCATION—

The Plan of Work and three leaflets were mailed in November to each local president. The leaflet entitled "Narcosis" is very timely as it deals with the drug habit. I hope all local unions have read the startling folder entitled "Psychedelic Trap." It tells about the tragic results of using drugs. Some unions have paid for 100 copies to be distributed to High School pupils.

Essay contest dates are March 15th for local contests, April 15th for State contest and June 1st for the National contest. The poster rules are the same as last year, using 22 x 14 inch paper for each poster. No brand names should be used on posters. We hope that more unions will participate in both of these contests.

Our material is acceptable in Public and School libraries. Perhaps your union can purchase some books to be placed on those shelves for reference material.

Thanks for your cooperation. Let us try to do even more in the year ahead.

Respectfully yours,

Hulda Carlson, Director

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PROJECTION METHODS—

Dear Co-Workers:

The alcohol film selected at the State Convention, "Just One," has arrived and is ready for your use. Please send in your reservations early so if it is out when you want it you can make plans for later use. The review is truly marvelous. Impress each member with the importance of prayer for the groups who will be viewing all films and filmstrips. We are first, christian women, second interceding for wisdom for others. When we work, we work, when we pray, God works.

Mrs. Kraft has kindly offered to review drug films and to make a selection for us. When it is available to us, we shall inform you.

Especially for the young at heart, serve;

* * * * *

P - NUTTY COCOA

Combine over low heat:

1/4 cup chocolate syrup

1/4 cup peanut butter

Gradually add: 1 quart warm milk. Heat to serving temperature.

INSTANT PIZZA

Melt over low heat:

1/4 lb. butter

1/2 lb. Velveta Cheese

Add and mix well:

1 - 12 oz. can ground Spam

1 small can tomato paste

1 small onion, grated

1 green pepper, diced.

Spread on unbuttered bread or bun. Broil at 500 degrees F. until bubbly and ready to,rown.

"Advance not retreat."

—Mrs. Roert McCleary, Director

"ALL VICTIMS ARE NOT ON THE BATTLEFIELD"

We protest the sacrifices of the battle field but ignore the fact that drinking drivers kill one person every twenty minutes on the highways of America. Narcotics have reached from the Ghettos into the homes of the privileged, causing their victims to miss the full stature of manhood which God intended for them to attain.

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Be of good courage. and he shall strengthen your heart, all ye that hope in the Lord.—Psalm 31-24.

(Dr. Samuel Jeanes)

Institutes

The Benedict union held an Institute on November 30, 1970 in the Max Baptist church, with the Minot union joining with them, making an attendance of twenty-two ladies. The theme of the meeting was "Ahead - Persuasive Knowledge." Mrs. George Fannik, Benedict president, opened the Institute by reading Proverbs 18: 15. Mrs. Alex Meronuk, Institute pianist, accompanied the group singing of two songs, "We Gather Together" and "Count Your Blessings." Pledges to the Flags were given. Mrs. A. E. Belzer led the devotions, using those from the December Union Signal. A solo, "The Love Of God," was sung by Mrs.s Ed Fannik. A skit, "A Jar of Mincemeat" was given by Mrs. Everett Johnson, Mrs. Fred Berg, Mrs. Nick Baklenko and Mrs. A. E. Belzer. In the absence of Mrs. Eva Peet, due to illness, Mrs. Ed Fannik read the Convention message by the Minnesota State President. A duet was sung by Mrs. George Fannik and Mrs. Alex Meronuk, "How Long Has It Been." Our guest speaker, Delores Baklenko, closed our first session with prayer. Lunch was served by Mrs. Ed Fannik. The refreshments and fellowship were enjoyed by all.

The second session opened with the song, "For The Beauty of The Earth." Mrs. George Fannik, local president, led in prayer. A duet was sung by Mrs. John Semmen and Mrs. Ed Sambor. Delores Baklenko, missionary to Ecuador, showed slides of her work and also sang a solo. Following this an offering was taken and announcements were made. The YTC girls, Beverly Johnson, Marjorie Fannik, Bonnie Berg and Jodie Scheresky presented a a Skit.

The Institute was closed by prayer for the local, state and world WCTU work, missionary work, boys in service and special prayer for Mrs. Peet. This was done by Mrs. Ed Samoor, Mrs. Ed Fannik and Mrs. Belzer, closing with the Lord's prayer by all.

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The WCTU Institute of the Glover, Iota Sigma and Oakes unions was held at the United Methodisist Church in Oakes, on November 10, 1970, with 20 members in attendance and five children as visitors.

The meeting was called to order by the Iota Sigma president, Jeanie Swanson. "Count Your Blessings" was ssung, after which the president gave a timely meditation on "Giving Thanks." Each member was asked to tell what they were most thankful for. Mrs. Murray was asked to read an article from the A. A. Silver Dollar magazine, called "Progress" written by M. T. Grondahl. Reports from the unions were given, also the report of the activities of the Oakes YTC by Carol Brademeyer. Donna Evans reported on her trip to the State WCTU Convention in Minot.

Devotions for the second session were conducted by Jeanie Swanson, Mrs. O. Kvigne and Carol Brademeyer. Mrs. Boyd Bremmer sang a very meaningful solo. Mrs. Violet White then introduced Mrs. M. Dick from Lisbon, who was the North Dakota delegate to the National WCTU Convention in Los Angeles. She gave a most interesting report about the convention and her experiences while there. She also showed many colorful posters giving details of the meetings, and for added interest she had taken many snapshots, which she showed us.

Mrs. Violet White, District president, gave a very fine report of the State WCTU Convention in Minot, Oct. 30-Nov. 2, which she attended. The Institute was closed with prayer by Mrs. White. Following this the Oakes union served a delicious lunch.

"We trust, Sir, that God is on our side." "It is important to know that we are on God's side."
A. Lincoln.

WHAT DOES EVEN A LITTLE ALCOHOL DO TO A DRIVER?

1. It slows down reactions. The average man, after one large whiskey, will take about 15 per cent longer than usual to depress his brake or swing his wheel in an emergency.
2. It creates false confidence. A little alcohol has the double effect of making him drive worse and believe he is driving better.
3. It impairs concentration, dulls judgment. Alcohol makes drivers talk more and causes their attention to be more easily divervrted.
4. It affects vision. Alcohol has the same effect on vision as driving with sunglasses in twilight or darkness.

Retrospection is only profitable when the mistakes and achievements of the past influence the present and future of our welfare. If you had a couple of drinks, drove a car over the Thanksgiving holiday and were lucky enough not to be involved in an accident, let the mute testimony of the fatalities on our highways be a warning that "It could have happened to you!" THE "DRINKING DRIVER" is the greatest menace on our highways.

From National Woman's Christian Temperance Union Department of Public Relations, Mrs. Carl W. Bodine, Director.

"PRESIDENT NIXON'S STATEMENT ON OBSCENITY"

Smut should not be simply contained at its present level; it should be outlawed in every state of the union. And legislatures and courts at every level of American Government should act in unison to achieve that goal.

I am well aware of the importance of protecting freedom of expression. But pornography is to freedom of expression what anarchy is to liberty; as free men willingly restrain a measure of their freedom to prevent anarchy, so must we draw the line against pornography to protect freedom of expression.

The Supreme Court has long held, and recently reaffirmed, that obscenity is not within the area of protected speech or press. Those who attempt to break down the barriers against obscenity and pornography deal a severe blow to the very freedom of expression they profess to espouse. (Progress Nov. 1970)

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A National Nervous Breakdown?

By Dr. Samuel A. Jeanes

A counselor to the President of the United States said that our nation is displaying all the symptoms of a national nervous breakdown. In similar words that hinted at our unstable state of mind, the foreign minister of Thailand questioned the reliability of the United States as an ally.

Preparations have begun to celebrate the 200th anniversary of our independence. America has had a glorious history. The Lord has singularly blessed our nation, and we have been a blessing to the world. So why should we be on the verge of a nervous breakdown?

Do we still have the assurance that comes from resting upon the steadying arm of the Lord? Just as a child feels secure in the arms of its mother, so a nation finds courage and strength in its dependence upon God. Whether it be George Washington on his knees in prayer at Valley Forge or King Hezekiah looking beyond the hostile Assyrian armies to the encampment of the Heavenly Hosts that dotted the Judean hillside, with confidence both could say, "My help cometh from the Lord." Can we still say that? We can say it, but do we?

Our guidance must come from Him, too! Too often men try to make God in the image of man rather than asking for divine help to transform man into the likeness of God. We seek solutions to our perplexing conundrums by pooling the opinions of men rather than by seeking the wisdom of the Almighty. This was the sin of God's ancient people. Having received the Ten Commandments from God which brought into focus their sin, they said to Moses, "Speak thou with us, and we will hear; but let not God speak with us, lest we die." There is a finality about God's truth. Differ with the opinions of men and you may suffer no consequences. But differ with God . . . ignore His truth . . . and neglect His salvation and guilt will be sure to follow you. And guilt is the reason for an overwhelming number of modern mental disorders. Are we sincerely seeking His guidance?

Think how we discuss our problems with frankness but without any reference to God and His moral law. Social diseases have reached epidemic heights in New Jersey. This worries us, and rightly so. But we are content to treat the disease with medicine but ignore the immorality that causes it.

We wring our hands about the population explosion. But our ignorance of God's commandments has made us very tolerant of our undisciplined permissive society. So we do not come to grips with the fact that the population explosion stems not so much from the family unit as it does from the ever increasing number of illegitimate births.

Gambling is not only "a bad social stance" as Attorney General John N. Mitchell has labeled it but it violates the statutes of the Almighty. Still we legalize, encourage and condone it while Americans gamble away fifty billion dollars a year.

We protest the sacrifices of the battle field but ignore the fact that drinking drivers kill one person every twenty minutes on the highways of America. Narcotics have reached from the Ghettos into the homes of the privileged causing their victims to miss the full stature of manhood which God intended for them to attain.

Our national symptoms are very serious. Other nations with similar illnesses have already been carried to the graveyard of the centuries by the pallbearers of doom. We have all come short of the glory of God because we have not squared the surmises of men with the eternal edicts of the Lord. If we are not nervous, we ought to be, and a breakdown may not be far away.

Jeremiah looked at a morally sick nation in his day and asked, "Is there no balm in Gilead; Is there no physi-

cian there? Why then is not the health . . . of my people recovered?" The old spiritual sings the answer . . . "There is a balm in Gilead that makes the wounded whole. There is a balm in Gilead to heal the sin sick soul."

The nation and its people with frayed and ragged nerves needs the rest that Jesus Christ alone can give as we bring our cares, our fears, our sins to Him. He said "Come unto me and I will give you rest." He will give us His rest for our restlessness, and will take away the guilt that could drive us to a nervous collapse.

If we put our trust in Him we can say, "My help cometh from the Lord." The two great piers of the George Washington bridge are held together by massive cables having more than 30,000 wires in each. Storm, wind and the weight of traffic can not break them. But in Christ you can have a greater strength than that . . . a strength that will keep you strong and steady and will let you say it and mean it, "I am persuaded that neither death nor life, nor angels, nor principalities, nor powers, nor things present, nor things to come, or height, nor depth, nor any other creature shall be able to separate us from the love of God, which is in Christ Jesus our Lord."

ALCOHOL AND HEALTH

Dr. Max Hayman, a research psychiatrist at the University of California, says that the harmful effects of alcohol can be identified with greater alcohol intake and it is common knowledge that chronic alcoholism is associated with a high mortality rate. He cites a study of insurance claims which indicate that the social drinkers, who were intoxicated for only six times a year, for only a few hours at a time, had a death rate two and a half times greater than would be expected for their age. In cases where such episodes occurred weekly, the rate was three times normal. For "spree drinkers" - many of them probably alcoholics - the figure was nearly five times normal. Conditions in which mortality was higher than expected, included heart and digestive diseases and malignant tumors, plus suicide, homicide and motor vehicle accidents.

If you value your health - leave alcohol alone!

Who said Prohibition Failed?

The Providence Journal of December 7 issued a special report on Alcoholism in Rhode Island. Included was the statement "Prohibition was of course a failure" Was it, Who says so?

1. The 18th Amendment closed every brewery, distillery and winery in the nation.
2. It closed the doors of 177,700 saloons in the nation.
3. It brought an end to all liquor advertisements through all avenues.
4. It made the liquor business an outlaw like the kidnapper, the thief and the murderer.
5. It contributed to every legitimate business. Deposits in the banks increased in many places more than 400 per cent.
6. It made big contributions to education. From 1920 to 1930 high school and college attendance increased more than 50 percent.
7. It greatly reduced crime - many jails were empty during this period.
8. It reduced highway accidents.
9. It greatly reduced disease - especially diseases caused by alcohol.
10. It lifted this nation in the good esteem of the best people of other nations.
11. It conformed to the teachings of the Word of God.

WHO SAID PROHIBITION - FAILED? -

Rhode Island Outlook.