

WHITE RIBBON BULLETIN

Litchville, North Dakota 58461
Official Organ of W. C. T. U. of North Dakota
NOT WILLING THAT ANY SHOULD PERISH

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MAY--JUNE 1979

NUMBER 3

MARION'S MEMOS

"Let us therefore come boldly unto the throne of grace that we may obtain mercy, and find grace to help in time of need." -- Hebrews 4:16.

Dear White Ribbon Sisters,

Faith mighty faith the promise is
and looks to that alone.

Laughs at impossibilities

And cries it shall be done.

And cries it shall, it shall be done;

And cries it shall, it shall be done!

Laughs at impossibilities

And cries it shall be done.

In Genesis 18:14 we read this: "Is anything too hard for the Lord?" This question is answered in Jeremiah 32:17 - "Oh Lord God! Behold, Thou has made the heaven and the earth by Thy great power and stretched out arm, and there is nothing too hard for Thee."

With such assurance, ladies, how can we fail to move on in our great cause. So I trust all Unions remembered to send in the \$3.00 for both the Stevens and Willard Funds. If you have not, please take time now. The first three dollars from each Union must be sent on to the National treasurer. Any amount over \$3.00 stays in the state for our work unless some Union does not fulfil its assessment.

Also: The Light Line Fund is emphasized during June. The gift of \$10.30 will aid in temperance work throughout the world and provide a subscription of the Union Signal for a foreign person at an address other than the United States. Wouldn't it be great if we could have 100 percent participation, every Union in North Dakota a Light Line Union?

My congratulations to the 14 Unions who qualified in Advance Unions. As this is the easiest goal to achieve, let's make it 100 percent for 1980.

Are you a Vanguard Union? There is still time to make it; Vivian Trapp must hear from you by June 30th if you have fulfilled those requirements. Check your materials to be certain you have not missed anything.

Remember the State Annual is \$3.00 each or two for \$5.00. Please pay for them when you receive them if you did not pay ahead. Other State Projects are the White Ribbon Bulletin Fund (\$5.00) and the NDEA Booth (\$3.00) per Union. We need these projects, the first to keep in touch with each other, and the second to reach out to educators, teachers, and students with information and literature as well as our films and filmstrips. We cannot know

how much good is done through this project. I thank those of you attending State Convention last October for giving so generously to the special NDEA offering.

Our YTC Camp in June is one of our most important projects. Youth are reached with truth of harmful effects of alcohol, tobacco, and other drugs. They are taught to be responsible citizens and shown the Savior's love and care for each and every person. I covet your prayers and support for our faithful Executive Director, the ladies who teach and counsel, and help in many other ways year after year, some coming from Minnesota to assist us.

To those who encourage youth to attend camp, help with their expenses, and provide transportation for them, it is a good work that you do. We are grateful to you and proud of our North Dakota YTC Camp. May this year be our best ever.

Each one win one. How are we coming in our membership contest? As of September 1, 1978 we had 423 members in the N. D. WCTU. Our membership as of now is in the March-April issue of the WRB. This will give you the number of new members we need in order to be a net gain state. Each one win one and we will go over the top.

"Faith, mighty faith.....cries it shall be done."

Prayerfully,
Marion

THE CLOUDS

Ever give much thought to a billowy cloud
Whether its had an important place?
Dark ones, light ones, streaks of gold,
Some sheer with the beauty of lace.

Twas thru a cloud that God had spoken
To Moses, His humble, faithful one --
Can you see Moses receiving the Law?
Inscribed on tablets of stone.

We have clouds in other forms
It seems with sorrow we must abide.
We seldom see clouds from God's vantage point
But usually from the earthy side.

We'll all look up one day soon,
When Christ's second coming will be.
The good book says He'll come in the clouds,
and that every eye shall see.

Mrs. Edmund Lunde

1979 INTERNATIONAL YEAR OF THE CHILD

Our WCTU should have the welfare of the child - moral, physical and spiritual in the fore-front of our objectives for 1979. That is why our union should play a worthy part in the International Year of the Child. This year we may achieve great things toward promoting the well being and happiness of all children. It has been said that the child is the most neglected, most exploited of all human beings. A quote from the words of Abraham Lincoln says: "A child is a person who is going to carry on what you have started.....going to sit where you are sitting and, when you are gone, attend to those things which you think are important.....the fate of humanity is in his hands."

A quote from UThant says: "In shaping the world of the future, we have no more precious resources than our children." A better future is something we all want, for ourselves, for our families and for the world as a whole.

The official emblem for the International Year of the Child is the work of Erik Jerichau, who lives in Copenhagen, and is a graduate of the Danish College of Graphics. It was chosen from 1970 designs that were submitted. He was delighted that his design will be used around the world. He says, "I tried to put into the symbol the message that adults will help children whenever they are in need. I hope that people all over the world will understand this message and that the International Year of the Child will succeed in raising the level of consciousness of children's problems in both rich and poor countries.....and I hope children themselves will have the opportunity to participate actively in the year."

The IYC emblem shows an adult stooping down to put both arms around a child, to protect and uplift; and the arms of the youngster are raised in wordless appeal for help and love.

On November 20, 1959 the General Assembly of the United Nations unanimously adopted the Declaration of the rights of the child. The spirit of the document we reflected in the preamble, which said, in part, "Mankind owes the child the best it has to give." Many of the rights and freedoms set forth in the Declaration were restatements of the 1948 Universal Declaration of the Human Rights and other earlier documents, but the international community was convinced that the special needs of the child were so urgent that they called for a separate, more specific declaration.

As early as 1946, the United Nations had demonstrated its deep concern over the problems of children by establishing UNICEF, the United Nations Children's Fund. In its early years UNICEF concentrated on emergency aid for children who were victims of the war in Europe. Later it broadened its activities to include long range programs designed to prepare children all over the world for productive lives. Today UNICEF is helping "mankind give the best" to 700 million

children in 120 countries.

The text of the United Nations Declaration of November 1959 is reaffirmed this year in the 1979 International Year of the Child and it is given in ten carefully worded principles. They are in an abbreviated form as follows:

The Declaration affirms the rights of the child to enjoy special protection; to be given opportunities and facilities to enable him to develop in a healthy and normal manner, and in conditions of freedom and dignity; to have a name and a nationality from his birth; to enjoy the benefits of adequate nutrition, housing, recreation and medical services; to receive special treatment, education and care if he is handicapped; to grow up in an atmosphere of affection and security, if possible under the care of his parents; to receive education; to be among the first to receive protection and relief in time of disaster; to be protected against all form of neglect, cruelty and exploitation; and to be protected from practices which may foster any form of discrimination. Finally, the Declaration emphasizes that the child shall be brought up "in a spirit of understanding, tolerance, friendship among peoples, peace and universal brotherhood."

+ This report was given by Pearl L. Elofson for the Fargo WCTU meeting in February.

In 1976, there were 10 million alcoholics, a debasing slavery that destroys both body and soul. How much longer can we endure this slavery.

--GENERAL OFFICERS--

There will be an officers' meeting at YTC Camp at Cooperstown one day during the week of June 20-24. Please plan to attend. It is important.

--REQUEST--

There are six State song books which are still missing. Please check through your papers from convention. It is so easy it inadvertently slip one among papers. Four were found and returned earlier but it would be nice to have all the state books once more. If you find one just slip it into an envelope and return it to me. It just costs a few cents.

--SUBSCRIPTIONS--

Were you planning to renew that Young Crusader to your school for the 9 month school term? Now is the time to do it. Any subscriptions received by the Circulation Department, 1730 Chicago Ave., Evanston, Illinois 60201, will be processed if it meets the deadline - July 15. Don't wait. It may be too late. Young Crusader - 9 month school term - only \$1.30.

REPORT - REPORT - REPORT

Year end reports must be in to the Promotion Secretary by September 15. The treasurer must have all financial reports and dues to her by September 10. Please help them meet their deadlines. Remember -- State Convention is early this fall and they want to give you time to prepare.

REPORT FOR DETERMINING BANNER DISTRICTS

UNION PRESIDENTS: Please complete Union portion of this report by checking () of giving numbers where indicated and return to your DISTRICT PRESIDENT by September 1st.

DISTRICT PRESIDENT: Using the reports you receive from your Unions give the total number for each inquiry, then compute points earned -- such as, 3 Unions maintaining a Prayer Band -- 30 points. YOU will forward your completed report to the State Promotion Secretary, Mrs. Lyle Trapp, Marion, N. D. 58466.

PROJECT	UNION	POINTS	DISTRICT
Each Union maintaining a Prayer Band	<i>No - Prayer band</i>	10	
Each subscription to Union Signal or Young Crusader sent to libraries, ministers, public officials, doctors' offices (List Number)	<i>No. outside subscriptions</i>	10	
Each Union paying District Pledge by January 1st	<i>no - District</i>	10	
Each Union represented at District Convention	<i>yes</i>	10	
Each Union using National Program Planner	<i>yes</i>	10	
Each Holdfast Union	<i>yes</i>	10	
Each Light Line Union	<i>yes</i>	10	
Each Beacon Light (List Number)	<i>none</i>	5	
Each New member gained (List Number)	<i>2</i>	10	
Union Signals equal to one-sixth of membership (Unions: List number of subscriptions)	<i>3 subscriptions</i>	10	
Each new Union organized by District Officer	<i>11 letters</i>	10	
Each LTL organized by District Officer	<i>11 letters</i>	10	
Each YTC organized by District Officer	<i>11 letters</i>	10	
Each Group Institute conducted by District Officer	<i>11 letters</i>	10	
Each District speech, essay, or poster contest	<i>11 letters</i>	25	
For each department worked and reported by the District Director at District Convention		5	
Each Union visited by District President		5	
Paying expenses of District President or delegate to State Convention (Minor)		10	
For attendance at State Convention (Minor) by District President		10	

REPORT FOR DETERMINING BANNER UNIONS

Unions earning 100 points by this schedule shall be called Banner Unions and will be recognized as such at State Convention. This report is to be sent to the STATE PROMOTION SECRETARY - BY SEPTEMBER 20.

PROJECT	POINTS	EARNED
Observance of September Roll Call	5	5
Dues for membership equal to the previous year paid by January 1st	10	10
Budget paid by January 1st	10	10
Budget paid by March 1st	10	10
Maintaining an LTL	10	
Organizing or assisting YTC	25	
Assisting in organizing a new Union	25	
Each member subscribing to Union Signal	5	15
Each subscription of Union Signal or Young Crusader given to libraries, schools, ministers, public officials, or doctors' offices	10	
Each gift subscription of Union Signal or Young Crusader given to family members or friends	5	
Maintaining a Temperance Shelf in School or Public Library	10	
Each public meeting, institute, or special guest meeting	10	
Each essay, poster, or speech contest	25	
Maintaining a prayer band	10	
Frances E. Willard Memorial meeting	5	20
Each new member gained	10	5
Using National Programmer Packet	10	10
Using State Annual in local meetings	5	5
Becoming a Light Line Union	10	10
Each Beacon Light (individuals or groups)	10	10
Paying for State Annuals	5	5
Preparing and sending required reports to State Promotion Secretary, two weeks or more before State Convention	10	10
Correct alphabetical list of members sent by local treasurer to State Treasurer for White Ribbon Bulletin mailing list, giving name or initials and address, by January 1st	10	10

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YOUR ATTENTION PLEASE! Clip and save this directory for your reference. It will be the ONLY complete directory published this year.

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All matter for publication must reach the Managing Editor by the fifth day of the months of February, April, June, August, October and December

STATE REPORT CORRECTIONS

Resolutions

We, the members of the North Dakota WCTU - THANKS - We express our sincere thanks and appreciation to the Assumption Abbey for granting us permission to hold our state convention in their fine facilities. We also express our thanks to the personnel for all services rendered for our comfort and convenience.

We were greatly honored to have had Mrs. James A. Hatfield, National Recording Secretary, as our guest speaker, and we hereby express our thanks for a most inspiring message.

We express our sincere thanks to Mrs. Bartle who has served so ably as our state president for the past seven years. We appreciate her conscientious, patient, loving, willing and faithful spirit, and her unselfish dedication to the work of the WCTU. We also extend our thanks to the other members of the board for their wonderful cooperation.

We thank those who gave the devotionals and those who provided the special musical numbers. We also extend our heartfelt thanks to all others whose cooperation and kindness helped make the 89th State Convention an outstanding success.

North Dakota Resolutions Committee:
 Bertha Stedje, Chairman
 Mrs. Gilbert Johnson.

DON'T SELL YOUR BIRTHRIGHT

A Jewish philosopher and writer, Will Herberg, advises "Do not sell your birthright -- the great heritage of Christian truth -- for a dish of 'modernistic pottage,' no matter how fashionable or attractive it may seem. Let me remind you that the church has grown great not by accommodating itself to the changing spirit of the age, but by taking a stand against it. Protestantism has suffered greatly from the erosion produced by the modern temper. The church must be relevant to the times, but relevance means showing that the basic beliefs of the church about God, Man, and the world have much to say to mankind in our time."

Life! Only a little four letter word. But, ah, the implications, the complications.

Y.T.C. CAMP

Cooperstown Bible Camp Grounds
 Cooperstown, N. Dak.

Dates: June 20-24, 1979 Cost: \$26.00
REGISTRATION INFORMATION

NAME _____

ADDRESS _____

PARENTS' NAME _____

HOME CHURCH _____

AGE _____ GRADE _____ PHONE NO. _____

Leave Radios At Home! Bring your own bedding, Bible, notebook, pencil, towels, flashlight, additional money for offering, canteen. Bring a warm wrap as evenings can be chilly. All campers and staff members are to be dressed in an appropriate manner while at camp. Brief shorts are discouraged.

NOTE: We register on the afternoon (not before 2:00 p.m.) of the 20th and dismiss after the noon meal on Sunday. We like to be checked out by 1:30 p.m.

SHARE: Come prepared to enter in the poster contest which will be a part of the class assignment in the craft class. Kindly share with us musical selections, essays, and speeches pertaining to temperance. REMEMBER there will also be a talent and stunt program. How about the bronze and silver medal contest? Above all, let us all PRAY for a fruitful camp.

WARNING: Because of the ever-present possibility of injurious materials being on the grounds, it is requested that all persons wear some type of footwear at all times. No Camp Liability if request is disobeyed.

EACH ONE BRING ONE: This is truly a wonderful opportunity for the youth to have wholesome camping in an outdoor atmosphere with a Christian setting. Have you asked your friends?

If possible, an advance registration with \$2.00 of the camp dues would be appreciated. It makes for easier planning. Send to: Mrs. Melvin Gangness, Box 64, Harwood, N. Dak. 58042.

TREASURER'S REPORT

From March 5 to April 17, 1979

Dues: Women - Belfield 2, Crosby 1, Hettinger 3.**Members-At-Large - 2.****Honorary Men - 2.****Lillian Stevens Fund - Cavalier \$10.00, Northwood \$3.00, Rugby \$3.00.****Frances Willard Fund - Cavalier \$10.00, Crosby \$8.50, Glover--Oakes - \$10.00 (Tea), Northwood \$3.00, Rugby \$3.00.****State Reports - Northwood \$5.00 (2) Rugby \$5.00.****Light Line - Grand Forks F.W., Northwood.****White Ribbon Bulletin - Grand Forks F.W., \$5.00, Northwood \$5.00.****N.D.E.A. - Grand Forks F.W. \$3.00, Northwood \$3.00.****Memorials - \$5.00 in memory of Gladys Prestegaard, by Mrs. LeRoy Bartle.**Respectfully Submitted,
Mrs. Oscar Johnson, Treas.**Total Membership from Sept. 1, 1978 to April 15, 1979 - Women 398, Men 86.****New Members - Miss Darlene Runge, Mrs. Ethel Runge, Mrs. Kittie Gullickson, Hettinger Union.****Local Treasurer's - Check your remittance for the Light Line Fund. I can no longer make up differences from the general fund to cover shortages. The \$9.30 that several Unions have sent in will NOT qualify you as a Light Line Union. I must receive the full \$10.30 to qualify you. Thank you for correcting this matter as soon as possible.**

-- Annabelle Johnson.

NATIONAL CHRISTIAN OUTREACH**"This is the day that the Lord hath made, let us rejoice and be glad in it".**

I trust that you are using the 1978-79 Christian Outreach Work Sheet for program planning and promoting the 3 phases of our department: "Personal Christian Experience," "In the Church," and "Outreach to Other Lands."

In the month of May, plan a family picnic in observance of Christian Family Week and encourage each family to subscribe to Young Crusader and Union Signal.

During June, participate in a Vacation Bible School. It is a tremendous way to promote and teach the value of Christian virtue of total abstinence to the Children. Order packets from - Signal Press.

Continue to work on Light Line Unions. A plaque will be presented at the National Convention in Oakland, California, to the state having the greatest increase in Light Line Unions. So continue to stress the opportunity of contributing to WCTU work around the world through this channel. The cost is \$10.30 and is a good investment in our mission work.

May the rich blessings of God rest upon each of you as you continue to fight for right with all your might. The Lord will reward you abundantly for each seed sown.
Mrs. Floyd J. Tate**NOONTIDE HOUR OF PRAYER****"It is always noontime somewhere, and across The awakening continents from shore to shore Somewhere our prayers are arising evermore." Lift up a standard for the people." Isaiah 62:10****"THOU SHALT PERSUADE HER"**Whom do you know that should be a member of the WCTU? Suppose you squeeze out an hour this very day to sit down in a quiet spot and write the names of women who **should be members**. Maybe you've known them a long time and have no doubt about their personal convictions and good life. May Maybe they are officers in your church women's association or other group in club or civic endeavor. Perhaps they're members of your own family. At any rate you felt they **should be members**.**Then Why Not Tell Them So!!**Perhaps you have mentioned it to them before. But today is a new day, and the need for their cooperation is greater than ever before. Tell them so. Mostly, the lad in securing members in not on the part of the woman who should be a member, but on the part of the woman who **should go out after members**.

? You don't know the words to say? Just tell them why you are a member and of the WCTU principles. And be sure to have a few pledge cards.

? You fear an argument? You are not embarking on a quarreling quest. You want her because you admire her. Tell her so. She is the sort of person the WCTU is seeking.

? You don't have time? Then consider what of your activities is more important in the light of eternity and begin rearranging your values. She will use the same words. Tell her it is **because** she is so busy in so many good works that her example is of value.

? She can't come to the meetings? Ask for the privilege of marking the meeting days on her calendar. Suggest that she make allowance for one each quarter, or twice a year.

? She won't join anyway, you know. No, you can't be sure of this. Only God knows the thoughts and intent of the heart. She may have had an experience, or done some reading, since the last time you asked her, which will open the door to you this week. At any rate, you can be pretty sure she won't join unless you ask her.

? But suppose she still refuses? Well, you have others on your list and you can come back later. Give her a good piece of literature and ask her to promise to read it.

! If she is one who really should join, you will find the moment and the words you need for winning her. Prayer changes things.

"And the Lord said....Thou shalt persuade him, and prevail also; Go forth and do so."

CAPITOL VIEWS

Again this year our state legislature met for the 1979-80 biennium. There were many bills which brought forth considerable comment, debate, and work among the citizenry as well as the elected legislators. It is our hope that you kept abreast with the session through the news sources available. As the Legislature also had a toll-free number all citizens were given an opportunity to contact their representatives most times during sessions.

Your support for or rejection of any bill considered went for naught unless you expressed your views by letter, phone, or in person. No one is justified in criticism of the workings of their government unless they worked to help mold the character of it.

We have a number of members who were more active in this area this year. The only way we can adequately express our thanks is to take a more active part. Don and Thelma Klingensmith, Mandan, really put in full time and overtime to keep abreast of issues. At that, they said that there just was not enough time to cover nearly all the issues they wanted to.

Thank you, Don and Thelma. May God's grace and strength abound as you get a refreshing. And may not the rest of us be so indifferent as to keep saying "It doesn't matter what I think. There's nothing I can do to change laws or get good ones on the books."

Then, too, we have a most responsive governor, Arthur A. Link. If people want good legislation and let him know, he has a base from which to show opposition that "This is what the people tell me they desire." Have you extended your thanks for the vetoing of the gambling bill, for instance?

To help you plan for the 1981 Legislative Assembly, Thelma and Don have graciously given permission to publish testimony they gave at several hearings. So many of us are intimidated at just the thought of doing such a thing. We are afraid. These are presented to show that there is nothing that should stand in our way in honestly addressing measured for consideration. Simply, that is what a hearing is for.

To: House Social Service Committee

Michigan had reduced their age for drinking from 21 to 19. The results were so destructive to their young people, that last year by petition they initiated a measure on the November 7th ballot to raise it back from 19 to 21. The initiated measure passed by a vote of 1.6 million to 1.2 million. So Michigan after experiencing having the drinking age at 19, has now returned to 21, by popular vote.

More surprising to some, was the popular vote on a similar issue, when our sister state, Montana, by popular vote last November 7th, raised their drinking age by a vote of about 3 to 1 (104,000 to 35,000).

Why Should North Dakota Ignore the Action of These States?

Statistics just released from Accident Facts, 1978 Edition, by the National Safety Council and Alcohol and Health, reveal that Alcohol - No. 1 Cause of Death Among Youth. The accompanying chart shows that Alcohol killed over 23,255 of America's youth in one year, which is over half of all deaths in this age group.

Please help protect North Dakota young people by killing this Bill.

Thank You.
Don J. Klingensmith
Mandan, N. Dak.

Thelma H. Klingensmith
Box 613, Mandan, N. Dak.
February 8, 1979

TO: Senate Social Welfare and Veterans Affairs Committee:

Mr. Chairman and Member of the Committee,

I am Thelma Klingensmith of Mandan, North Dakota, speaking for myself. I served for 14 years as a state director for the North Dakota Division of the American Cancer Society. We were continually carrying on a campaign to educate people to recognize the "7 Danger Signals" of cancer and raising funds for research. We were always looking for a "Break-through" in the treatment and cure of cancer. The more I have learned of Laetrile and its accompanying diets, the more I have wondered if it were part of the "Break-through" we anticipated.

Since H. B. No. 1214 passed the House on January 22nd, with a vote of 59-40, I have talked at length, by phone, to two persons who have had cancer and have been helped by the use of laetrile, vitamins and diet. Both live in Wisconsin.

1. Phyllis is a young matron who had a lump in her breast. When it ulcerated, 3½ years ago, it was diagnosed a cancerous tumor. She had to fight not to have surgery. She went to Dr. Contrers' Clinic, Central Medical DelMar, near Tijuana, Mexico. There they used cobalt and laetrile with diet until it was reduced to half size. Returning home, she used just laetrile and diet. The tumor was completely gone in three months. Her diet includes vitamins, calcium, and enzymes with laetrile, but NO white flour, white sugar, pork, animal fats, fried foods, or cooking in aluminum. She goes once a year for a check-up and has her local doctor periodically take blood tests which are sent to her doctor in Mexico. She is in good health and grateful.

2. Mr. Henry Rohrer of Mainen Rock, Wisconsin, authorized me to use his name and said he wished he could be here in person to testify today. He is 88 years old. Two years ago this fall, he developed a cough, and the doctor gave him sulfa. It worsened and in the spring of 1977, he coughed up a piece of his lung with considerable blood. When he went to a nearby hospital for x-rays and an examination, he saw a large sign in the waiting room: "Do Not Use Laetrile. It Is Poison." The examination proved

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PERSONAL MENTION

Mrs. Jake Steffen reports that:

In spite of icy streets and sidewalks the March meeting of the Minot Union was well attended. Jeanne Souza, a former foreign exchange student from Brazil, was the speaker. She held the audience spellbound as she related how the Lord performed one miracle after another in her life. A delicious lunch was served by Mrs. Fred Schmidt and Mrs. Ruth Zimbleman.

Probably the two departments receiving the most stress are the Social Service and Legislation. In regard to the latter, we have made calls and written letters to our representatives and senators. One member has been to Bismarck a number of times to witness sessions. She is very knowledgeable and helps to keep us informed.

Mrs. Walter Piehl reports that:

The Marion Union held a special meeting at the Fireside Room of the Marion Cafe in recognition of the Honorary Members and friends who help sustain the Union. Two YTC members were also present. After devotions by Henrietta Van Dyke, Vivian Trapp introduced the guest speaker, Mrs. Joann Wald of Luverne, N. D. Mrs. Wald accompanied her husband to Moscow, Russia in 1975 during his two year service as Military Ambassador. After his retirement from the Air Force, they moved to a farm at Luverne. Joann is the daughter of the Rev. Nordheim, whom we have heard on the radio for many years.

Mrs. Wald related that in Russia all the people work for the government but that each family has one acre for their own use. On this acre they raise produce to provide the family food.

Family ties are strong. The grandparents live with the children so there are no nursing homes.

Emma Blattner reports that:

The highlights of the Bismarck Union during the cold winter months have been:

1. Legislative reports by Thelma Klingensmith, who attended legislative sessions every day except 7 days due to illness. (Our sessions call for 60 days. That is quite some record. Thank you, Thelma). She was registered and worked as an independent lobbyist, attending hearings, interviewing legislators, and co-workers, and citizens in efforts to promote good legislation.

2. Observance of Frances Willard Tea with Verna Ellsworth giving an illustrated resume of the life of Miss Willard. She used the flannelgraph and pictures drawn by students she taught. Verna retired recently but is still using her skills.

3. Special speakers have been Captain Edward Jarvis of the Salvation Army who told of his work before coming to Bismarck. To illustrate the work of rehabilitation, that a wrecked life can be made whole, he did a "magic" trick in which he tore a

newspaper to shreds; then the "miracle" happened and the paper was shown whole.

4. Harriet Skye, public relations person for the United Tribes Training Center, gave us much to think about in her visit in which she told of her work with Indian and non-Indian people. She said we need to clarify our mutual problems and our relationships with each other. We need to be involved by whatever means necessary: education, legislation, and association with each other to reach an understanding that will develop into equitable, honest, mutual benefits for all people. She said "We especially need your help in the area of legislation. We need more half-way houses for rehabilitation for paroled prisoners as well as the many recognized areas. After a question and answer period, lunch was served by Thelma Klingensmith and Verna Ellsworth.

5. The Human Rights Act, Gambling Bill, and Retired Teachers Bill were of concern to many of our members and sparked a lively discussion period.

6. The new film, Long Distance Runner, has been promoted and shown in as many schools.

Many churches are open for the people to worship. Services are from 2 to 3 hours long. The majority of churches do not have chairs so the people stand for the services. The teaching of the Bible or reading it in the home is not allowed. Government officials often checked the homes for this violation.

Men drink alcoholic beverages, especially vodka. You never see drunks on the streets as they were immediately picked up by the police. Women and children do not drink.

Russians like art and music and can be entertained for hours at a concert. There is no pornography as this is also strictly controlled.

Along with the question and answer time, Mrs. Wald showed some of her souvenirs. During the fellowship hour, homemade pie and ice cream and coffee were served.

Mrs. Jake Steffen reports that:

The Minot Union held their April meeting at the Public Library with 21 in attendance. Rev. Perry Makeeff, State Director of the North Dakota Child Evangelism Fellowship, was the guest speaker. He chose as his topic, "The International Year of the Child - The Year to Evangelize the Child."

Hostesses were Mrs. Reinhold Polsfut, Mrs. William Groniger, and Mrs. Loell McClain.

Mrs. Steffen also asks your prayers for her son Allan, of Alaska, who has had surgery for lung cancer. She and Jake visited him when he was in Seattle for Chemo-therapy.

Did you know that in just 5 years over 125,000 Americans were killed in alcohol-related auto accidents? That's more than all the U.S. deaths in Korea and Vietnam combined.

CAPITOL VIEWS

Continued from Page 6

the lung cancerous and the x-ray showed one entire lung enveloped with cancer. The doctor said that they recommended radiation, surgery, or chemotherapy, but at his age of 86, nothing could be done. A lady who sold health foods in the neighborhood have him a copy of "One Answer to Cancer." He tried to follow its diet which included laetrile. His diet is mostly fruits, vegetables, and nuts, with one laetrile pill three times a day. He also uses the usual vitamins and has a spoonful of ground almonds three times a day. He is "getting along fine and has no trouble with his lung."

Mr. Rohrer maintains the A.M.A. and the F.D.A. work together to keep people from knowing the real help available. He knows patients who have spent their life's savings, up to \$300,000 and still are dead and cannot speak up.

So far, I have never had a suggestion of cancer, but Don and I have been on a natural food diet for several years. I believe these diets are preventative as well as curative. Have we been shown the "Break-through" for cancer we have sought for years, and now will not accept it?

Please pass H. B. No. 1214 so patients and doctors who wish to use laetrile may do so without fear or harrassment.

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ARE YOU A LIFTER OR A LEANER?

There are two kinds of people on earth today.
Just two kinds of people, no more I need say.
Not the good and the bad, for 'tis well understood
The good are half bad and the bad half good.
Not the happy and sad, for the swift-flying years
Bring each man his laughter and each man his tears.
Not the rich and the poor, for to count a man's
wealth
You must first know the state of his conscience
and health.
Not the humble and proud, for in life's busy span,
Who puts on airs is not even counted a man.
No! The two kinds of people on earth I mean
Are the people who lift and the people who lean.
Wherever you go you will find the world's masses
Are ever divided in just these two classes.
And strangely enough you will find, too, it seems,
There is only one lifter for twenty who lean.
In which class are you? Are you easing the load
Of dedicated lifters who press up the road?
Or are you a leaner who lets others do
Those things that really are meant for you?

Author Unknown.