

# WHITE RIBBON BULLETIN

BARTLE, MRS. LEROY  
DICKEY, N.D. 58431

Litchville, North Dakota 58461  
Official Organ of W.C.T.U. of North Dakota  
"NOT WILLING THAT ANY SHOULD PERISH"

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JULY-AUGUST, 1981

NUMBER 4

## 92nd ANNUAL CONVENTION

OCTOBER 8 & 9, 1981

Bethel Free Lutheran Church  
530 22nd Avenue N.W.  
Minot, North Dakota

**THEME: Prayer is the Answer**  
**God will not fail us if we only ask.**

**Thursday, October 8 -**

Registration..... 10:00 a.m.  
General Officers' Meeting..... 11:00 a.m.  
Official Board Meeting..... 11:20 a.m.  
Executive Committee..... 11:30 a.m.  
Luncheon..... 12:00 a.m.  
Prayer and Praise Service..... 1:30 p.m.  
Convention Call to Order..... 2:00 p.m.  
Some business will be conducted as usual and there  
will be an offering for our booth at the NDEA Con-  
vention.  
Banquet..... 6:00 p.m.  
Speaker..... Dr. B. Thomas  
Northwest Bible College

**Friday, October 9 -**

Meeting continued..... 9:00 a.m.  
Includes election of Vice President, Promotion  
Secretary, and Treasurer.

### Information on Convention:

Because this issue of the WRB is arriving late  
please note the most important thing is to send your  
reservation for a room to Laura Forthun whose ad-  
dress is: 604 17th Street S.W. - Minot, North Dakota  
58701, by September 5. She needs to know how  
many rooms to reserve for us at the Econ Motel.  
The motel is located about two blocks from our  
Convention site, the Bethel Free Lutheran Church.  
Tell Laura how many you plan or want to a room - if  
you are going to be two to one bed or two to two beds  
or two beds and four people. Include the names of  
the people you plan to room with if possible.

### Price of Rooms:

One bed - two people - \$23.00 - \$11.50 each  
Two beds - two people - \$24.00 - \$12.22 each  
Two beds - four people - \$29.00 - \$7.42 each

Luncheon will be served at the Church for \$3.75.  
Laura would like reservations for luncheons and  
evening banquet by September 20. If you wish to  
include this information at the time you ask for  
rooms to be reserved, that will be fine.

Mrs. Edward Fannik is in charge of the  
Memorial Hour and would appreciate having the  
names of those to be remembered to her anytime  
after September 1. Her address is: Mrs. Edward  
Fannik - Max, North Dakota 58759.

## I AM THERE

Do you need Me?

I am there.

You cannot see Me, yet I am the light you see by.

You cannot hear Me, Yet I am the power at work in  
your hands.

I am at work, though you do not understand My  
ways.

I am at work, though you do not recognize My  
works.

I am not strange visions. I am not mysteries.

Only in absolute stillness, beyond self, can you  
know me as I am, and then but as a feeling  
and a faith.

Yet I am there. Yet I hear. Yet I answer.

When you need Me, I am there.

Even if you deny Me, I am there.

Even when you feel most alone, I am there.

Even in your fears, I am there.

Even in your pain, I am there.

I am there when you pray and when you do not  
pray.

I am in you, and you are in Me.....

When we ask God to grant us the peace to accept  
the things we cannot change, the courage to do the  
things He wants us to do, and the wisdom to know  
the difference, He hears us and will answer.

## MARION'S MEMOS

Praise ye the Lord; for it is good to sing praises  
unto our God; for it is pleasant; and praise is  
comely. Psalm 147:1.

Dear Co-Workers:

It is getting close to report time. Be sure to report  
the many things you have done. Things that may  
not be listed on the report forms are reportable;  
they show your initiative and imagination. They  
are important.

Do get your reports to our State Promotion Secre-  
tary in plenty of time for her to get her report for  
State Convention and for National.

The May-June issue of the WRB has report  
blanks to be filled out by Local Unions. The one  
(Progress of Unions) goes to the State Promotion  
Secretary. The other one (Banner Points) goes to  
your own District President. She is the one who de-  
termines if the District will be a Banner District.

CONTINUED ON PAGE TWO

When she has added up the points of each Local Union she sends both reports to the State Promotion Secretary.

The reports to Department Directors will be easier if members work together filling out the report sheets. What one may have forgotten, another will remember. That is one reason for keeping a record of what is done. You will be surprised at the many things you have accomplished during the year. Things reported at each meeting and recorded add up and make it easier to pass along when needed.

Perhaps when making your reports for State Department Directors, working together can be of much help also. Please do report - perhaps you (if a small Union) do not have a director for each department but through the year you have done things pertaining (if not to all) but to most department work. So do report to the proper Director. Some projects or deeds are proper to be recorded in several departments.

Our State Directors can only report what you send them. So help them along with your report. You have written letters, given out literature, sent cards, made calls, visited hospitals and-or nursing homes, given food, flowers, gifts, served fruit juices and punches, contacted schools about films, filmstrips, poster and essay contests, and literature, plus the many, many things which are unique to your situation. This sounds like a lot of reporting - a lot of work. That is where keeping records at your monthly meetings fills in the reporting gap - there is already half of the report done in the monthly meetings. All that is left is the final tabulation to send in at the end of the year. Working together and sharing the work make "light work."

Also in this issue you will find information on plans for State Convention in Minot. Do make plans to attend. We need you there and we all benefit from this little corner of time together.

Let Laura Forthun know about room reservations you will need....for yourself, how many and with whom you plan to share the room with. These are needed at the earliest possible date. That should be one of your first preparations for attending State Convention.

Be in Prayer for our 92nd Annual State Convention.

As of June 19, the National Treasurer, Margaret Gee, informed us that North Dakota needed 31 more members to be a net gain state. Let us close with a gain.

**Yours for great reporting and  
a blessed Convention!**

**Marion**

**The task is the same as it has been for the last 150 years - to educate our children and the American people to the knowledge that alcohol is poison.**

We are happy to be able to give you Rev. Huntley's new address. He will appreciate hearing from anyone who can write.

Rev. Emory Huntley

Box 167

Hinckley, Minnesota 55037

### FARGO

The 90th Annual Convention of the Fargo District WCTU was held on Tuesday, May 12, 1981 in the Open Door Fellowship Hall with the Prosper Union as host. Rev. Lloyd Paulson led us in devotions to open our meeting. Thirty-eight members and guests were in attendance as Pearl Elofson, District President, called the meeting into session. The convention theme was "Abundant Treasures."

The Fargo Union reported a membership of 40 plus eight honorary members, held 9 regular meetings, a picnic and a prayer breakfast. YTE Week was observed by distribution of posters, pamphlets, and catalogues to churches and schools.

The Prosper Union reported a membership of 15 with 14 honorary members. Eleven meetings were held, including a Christmas luncheon. An essay contest was conducted. YTE Week was observed by distribution of posters.

Mrs. Melvin Gangness reported on the YTC Camp coming up in June and related work. Two prize winning essays on alcohol were read. The WCTU film, "The Park," was shown. Our State President, Mrs. LeRoy Bartle, gave us some interesting and informative highlights of the WCTU work.

These members were installed as officers for the coming year: Pearl Elofson, President; Mrs. Melvin Gangness, Vice President; Mrs. Russell Duncan, Secretary; and Mrs. A. H. Waa, Treasurer.

The following departed members were honored at the Memorial service: Mrs. Emory Huntley, Mr. Walter Anderson, Mrs. Sven Erdahl, and Mrs. Eva Peet. Mrs. Gordon Langseth sang "Behold, the Host Arrayed in White."

Following the singing of "Christ for the World We Sing," the Aaronic Benediction was recited and the Lord's Prayer prayed.

### THE UNION SIGNAL

The following prices are now in effect for subscriptions to The Union Signal:

One Year	\$ 6.00
Two years	11.50
Three Years	16.50
School Year (9 months)	5.50
Foreign Price (1 year)	6.90
Canada (1 year)	6.75
Single Copies	.60

Send to:

Circulation Department

1730 Chicago Ave., Evanston, Ill. 60201

VIVIAN'S VISIONS

Dear Co-Workers:

The chorus "God is So Good" has been running through my head. We sang this at YTC Camp this year. I just can't praise Him enough for this wonderful camp. Young people made decisions to follow Christ. We had many workers that showed the love of God in their lives. The campers were very cooperative.

Scott Waldie was one of our new counselors. He truly loves the Lord and we were blessed by this love.

As we are looking forward to our WCTU work, we see the year coming to a close. Please send in those good reports that you have prayed and worked to accomplish. Get them in on time.

Let us pray for God's Holy Spirit to have complete control of our State and National Conventions. I hope many are planning to attend both. Let us end this year with this song in our hearts: "We will work til Jesus comes!"

God bless you all,  
Vivian Trapp  
Promotion Secretary

CAMP REPORT

The 1981 Youth Temperance Camp at Coopers-town, North Dakota was smaller in number, however, in quality of spirit and in enthusiasm, it was a tremendous success. The classes were divided not only to age level sectional, but also in number of camping years. The sports and recreational activities were well received and were also very competitive.

Some of the activities this year were carried out by the campers. The YTC responsibilities were given to the two councils the group was divided into. Each camper was assigned to a committee or department after the election of officers and directors was completed. This helped to make everyone a participant. The activities included some music, public exhibit arrangements of temperance materials, and preparing for a rally night. The program for the rally activity was correlated with the banquet program.

The staff members that brought about the good work that each of the above activities then brought forth for all of us to enjoy were: Mrs. Melvin Gangness, Mrs. Lyle Trapp, Mrs. Bertina Evan-son, Scott Waldie and Mrs. Fred Kulish. Since we had added the concert program for one of the evening programs, the stunt and talent night program was given on Thursday evening. The campers did an excellent job with their preparation with only one day to practice. It may very well be said that the machinery that comes to camp is always top notch, all it needs is some oiling and it's off to do the good things that our YTC motto

suggests, "A good time with a purpose."

The following financial report will disclose with the Income those individuals and Unions who made monetary contributions for our camp. Thank you very much for this support.

INCOME

Grand Forks District.....	\$ 35.00
James Valley District.....	10.00
North East District.....	68.00
Fargo District.....	30.00
Langdon Union.....	30.00
Fargo Union.....	30.00
Bismarck Union.....	20.00
Hettinger Union.....	5.00
Rugby Union.....	30.00
Bertina Evanson.....	33.50
Pearl Elofson.....	30.00
Adele Ottinger.....	50.00
Ragnild Johnson.....	15.00
Vi White.....	16.00
Registration.....	1,174.00
Friendship Offering.....	37.60
Membership Dues.....	15.50
Cash Gifts.....	36.06

EXPENDITURE

Bible Camp Rent.....	\$1,273.50
Adele Ottinger (Craft).....	7.30
Banquet Supplies.....	10.77
Swimming Fee.....	23.50
Scott Waldie.....	10.00
Award Prizes (Cooperstown B.C.).....	6.50
Mrs. Oscar Johnson.....	53.10
Membership Dues	
Friendship Offering	
Instant Printing (NoDak Paper) .....	26.78
Postage for mailing paper and other YTC needs.....	16.00
August 1, 1981 - Balance on Hand.....	506.09

The usual expressions of thanks need to be said and repeated often. We thank you also for your prayer support. May we be challenged to begin praying for the 1982 camp needs now. There is need for more workers. Pray specifically for a camp pastor, another young man who can assist with the counseling and the recreation, and there is a need for two people for the craft work. The Word tells us that God delights in giving us the desires of our hearts - so surely He'll delight in giving us the needs of our camp. Thank you, Mrs. Gangness, for your never-ending help.

Blessings to you all,  
Mrs. Fred Kulish

"Without fear of contradiction, I say that the evil influence and corruption brought about by the racketeers of today in many of our large cities make the corruption of Prohibition days look like kindergarten play."

- Senator Estes Kefauver

WHITE RIBBON BULLETIN  
 Official Organ of the North Dakota  
 Woman's Christian Temperance Union

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All matter for publication must reach the Managing Editor by the fifth day of the months of February, April, June, August, October and December.

GENERAL OFFICERS:

President..... Mrs. LeRoy Bartle, Box 35, Dickey, North Dakota 58431, 778-5171  
 Vice-President..... Mrs. Paul White, Stirum, North Dakota 58069, 678-2750  
 Promotion Secretary..... Mrs. Lyle Trapp, Marion, North Dakota 58466, 669-2217  
 Recording Secretary..... Mrs. George Fannik, Box 296, Max, North Dakota 58759, 679-2686  
 Treasurer..... Mrs. Oscar Johnson, Box 92, Harwood, North Dakota 58042, 282-3868

**MORE CAMP NEWS**

**Salute to Bobbi Gangness**

On the night of the YTC Camp banquet, Mrs. Melvin Gangness was recognized for her many years of service to the YTC Camp and the principles for which it stands. Mrs. Gangness has seen the facilities of the camp grow and improve over the years. Yes, there was a time when the campers did their own cooking! And you know with the cooking there is always some dishwashing. That was done by the campers, too. We also think of the many times when the rain made camp not only exciting, but a bit muddy and cool. Never did it dampen her spirits, as alternatives were used when the rain kept the usual activities from happening. We, the campers of 1981, also want to say that we have made a covenant that next year we will come with double our number. This is the way we want to show our appreciation for the many things "Mom" Gangness has helped to bring about in our lives. We carry the torch to our areas and will continue to work for the cause of "Total Abstinence."

**WE LOVE YOU!**

**Spiritual Emphasis**

We were so thrilled with Bertina Evanson's exposition during the morning watch. She chose words that are a part of the spiritual growth for everyone, whether the camper be nine or 103 years old. The morning watch was held immediately after the flag raising and in the dining hall. The first morning, Mrs. Evanson chose the theme of love, then she took us to the Bible to learn again that God loves us and has provided for us His Son. We then considered the many other blessings God does for His children by providing the beauty of Nature, and the camp to remind us of His beauty. But most of all He provided the Word for us to see beyond the temporal so that we may know Him as a our personal Friend and Savior.

There was also a Bible study and prayer time

each afternoon at 5 p.m. This was the time where prayer needs were shared and victories enumerated. Mrs. Evanson also led this service. We thank her for it.

**Christian Living**

This class was taught by Scott Waldie. The theme of the presentations was Obedience. He used the structure as the Bible outlines with God at the top of the Obedience Ladder. When our knowledge of Him and His claims are understood, then we can readily see why obedience to parents, to teachers, and to those in authority is not a difficult situation. It becomes part of the lifestyle of every Christian since we want to obey those who love us and give of themselves so that we can have the good things in life. The Ten Commandments were used as the lessons progressed. Scott did much to make the class provocative, and he was able to get good questions from the groups.

After the evening activities on Thursday and Saturday nights, Scott led the campfire service. Many choruses, Bible verses, and testimonies were shared as the campfire took on brightness and color. As has already been shared in another article, it was in one of these services where the campers witnessed an immediate answer to prayer.

**Crafts**

The craft class was again taught by Adele Ottinger and Pearl Elofson. The primary project was posters. This was the first year that some chose not to make posters, thus there were no entries in the Senior High division. We believe that this class is one of the most difficult to teach, and want to thank Mrs. Ottinger and Miss Elofson for their hard work. It takes many directives and lots of help to come through with a poster that meets the requirements set forth by the National Office. The

**TREASURER'S REPORT**

February 5, 1981 to April 5, 1981

**DUES:**

Women - Jamestown 12, Minot 2.  
Members-At-Large - 1.  
Honorary Men - Fargo 1, Jamestown 4, Northwood 5.

LILLIAN STEVENS FUND - Cavalier \$10.00, Crosby \$15.00, Jamestown \$3.00, West Lisbon \$10.00, Northwood \$3.00, Rugby \$7.00.

FRANCES WILLARD FUND - Cavalier \$10.00, Crosby \$6.00, Dickey \$11.00, Jamestown \$3.00, West Lisbon \$5.00, Northwood \$3.00, Ruby \$4.00, Minot \$11.00.

STATE REPORTS - Cavalier \$5.00 (2), Fargo \$5.00 (2), Jamestown \$5.00 (2), Northwood \$5.00 (2), Prosper \$3.00.

LIGHT LINE UNION - West Lisbon, Northwood.  
WHITE RIBBON BULLETIN - Cavalier \$10.00, Jamestown \$5.00, Northwood \$3.00

N.D.E.A. BOOTH - Cavalier \$25.00, Jamestown \$3.00, Northwood \$3.00.

MEMORIALS - For a film: \$125.00 in memory of Mrs. Anna Davy by Minot Union; \$5.00 in memory of Mrs. Anna Davy by Ruth Loughhead, \$30.00 by North Prairie American Lutheran Church Women, \$25.00 by Mrs. Vernon Forthun, - (Total: \$185.00). \$7.00 in memory of Mrs. Erick Peterson by Teresa Walstad; \$10.00 in memory of Martha Schmidt by Jamestown Union.

Respectfully submitted,  
Mrs. Oscar Johnson, Treas.

TOTAL MEMBERSHIP: (From September 1, 1980 to April 5, 1981) - Women 386, Men 118.

ATTENTION TREASURER'S: To qualify for a Light Line Union you must pay \$11.90 to State Treasurer. Only one Union has sent the right amount.

**TREASURER'S REPORT**

June 10 to August 5, 1981

**DUES:** Women - Minot 1, Tower City 3.  
Honorary Men - Tower City 3.  
Y.T.C. - 31.

LILLIAN STEVENS FUND - Tower City \$3.00  
FRANCES WILLARD FUND - Tower City \$3.00  
WHITE RIBBON BULLETIN - \$10.00 Tower City.

N.D.E.A. - \$5.00 Tower City.  
WORLD FRIENDSHIP - Y.T.C. \$37.40.

LIGHT LINE - Marion and Prosper.  
DISTRICT PLEDGE - Fargo District \$30.00, N.D. W.C.T.U., \$30.00 Y.T.C.

Respectfully submitted,  
Mrs. Oscar Johnson, Treas.

TOTAL MEMBERSHIP: From September 1, 1980 to August 5, 1981 - Women 402, Men 121.

An airline pilot, who is also a professional bike racer and a nonsmoker, says it takes up to a couple of hours before he can get back to his maximum performance if someone has smoked in the cockpit.

-- Listen

**NOONTIDE HOUR OF PRAYER**

"It is always noontime somewhere, and across The awakening continents from shore to shore Somewhere our prayers are arising evermore."  
"Lift up a standard for the people." Isaiah 62:10

**IN MEMORIAM**

**Bearing the Cross**

Bearing the cross of our Savior  
Is heavy and painful, I know,  
But it gives one a joy and happiness  
This world can never bestow.

Its suffering and pain are the chisels  
In the hand of Infinite Love,  
Sculpturing in the soul an image  
and likeness of our Father above.

by Clifford B. Howe

Mabel (Mrs. William M.) Groninger, died Monday, July 20th at the age of 76. Mabel Rice was born in rural Mohall where she grew to womanhood. She married Jesse Kirby in 1923 at Bottineau. They lived on a farm in Renville Township until Mr. Kirby's death in 1953. In 1954 Mabel married William Groninger. They lived on a farm near Minot. He died in 1974, and she since had lived in rural Minot.

Mabel was a charter member and held all offices of the Renville Homemakers Club and added her enthusiasm and energies to the Woman's Christian Temperance Union, the Minot Senior Citizens, and the First Lutheran Church. She was also a life member of the Church Women's Missionary Federation.

One son, three stepsons, four stepdaughters, five brothers and two sisters survive.

**THE YOUNG CRUSADER**

Please note - "No longer are Combination Subscriptions" in effect, since there is no reduction on either price - "The Union Signal" or "The Young Crusader."

One year	\$ 2.00
School Year (9 months)	1.90
10 copies, 1 address, 1 year	18.50
10 copies, 1 address, 9 months	16.75
50 copies, 1 address, 1 year	90.00
50 copies, 1 address, 9 months	67.50
100 copies, 1 address, 1 year	165.00
100 copies, 1 address, 9 months	137.50

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1730 Chicago Ave., Evanston, Ill. 60201

Nasal passages filter out impurities from the air and adjust the air temperature so that it doesn't "shock" your other respiratory passages and the lungs. When smoking, you inhale through the mouth, bypassing the protective features in the nasal passage, causing harmful substances in smoke to enter the lungs freely.

REPORT FOR DETERMINING BANNER DISTRICTS

UNION PRESIDENTS: Please complete Union portion of this report by checking ( ) of giving numbers where indicated and return to your DISTRICT PRESIDENT by September 1st.

DISTRICT PRESIDENT: Using the reports you receive from your Unions give the total number for each inquiry, then compute points earned - such as, 3 Unions maintaining a Prayer Band - 30 points. YOU will forward your completed report to the State Promotion Secretary, Mrs. Lyle Trapp, Marion, N. D. 58466.

PROJECT	UNION	POINTS	DISTRICT
Each Union maintaining a Prayer Band.....	_____	10	_____
Each subscription to Union Signal or Young Crusader sent to libraries, ministers, public officials, doctors' offices (List Number).....	_____	10	_____
Each Union paying District Pledge by January 1st.....	_____	10	_____
Each Union represented at District Convention.....	_____	10	_____
Each Union using National Program Planner.....	_____	10	_____
Each Holdfast Union.....	_____	10	_____
Each Light Line Union.....	_____	10	_____
Each Beacon Light (List Number).....	_____	5	_____
Each New member gained (List Number).....	_____	10	_____
Union Signals equal to one-sixth of membership (Unions: List number of subscriptions).....	_____	10	_____
Each new Union organized by District Officer.....	_____	10	_____
Each LTL organized by District Officer.....	_____	10	_____
Each YTC organized by District Officer.....	_____	10	_____
Each Group Institute conducted by District Officer.....	_____	10	_____
Each District speech, essay, or poster contest.....	_____	25	_____
For each department worked and reported by the District Director at District Convention.....	_____	5	_____
Each Union visited by District President.....	_____	5	_____
Paying expenses of District President or delegate to State Convention (Minot).....	_____	10	_____
For attendance at State Convention (Minot) by District President.....	_____	10	_____

REPORT FOR DETERMINING BANNER UNIONS

Unions earning 100 points by this schedule shall be called Banner Unions and will be recognized as such at State Convention. This report is to be sent to the STATE PROMOTION SECRETARY - BY SEPTEMBER 20.

PROJECT	POINTS	EARNED
Observance of September Roll Call.....	5	_____
dues for membership equal to the previous year paid by January 1st.....	10	_____
Budget paid by January 1st.....	10	_____
Budget paid by March 1st.....	10	_____
Maintaining an LTL.....	10	_____
Organizing or assisting YTC.....	25	_____
Assisting in organizing a new Union.....	25	_____
Each member subscribing to Union Signal.....	5	_____
Each subscription of Union Signal or Young Crusader given to libraries, schools, ministers, public officials, or doctors' offices.....	10	_____
Each gift subscription of Union Signal or Young Crusader given to family members or friends.....	5	_____
Maintaining a Temperance Shelf in School or Public Library.....	10	_____
Each public meeting, institute, or special guest meeting.....	10	_____
Each essay, poster, or speech contest.....	25	_____
Maintaining a prayer band.....	10	_____
Frances E. Willard Memorial meeting.....	5	_____
Each new member gained.....	10	_____
Using National Programmer Packet.....	10	_____
Using State Annual in local meetings.....	5	_____
Becoming a Light Line Union.....	10	_____
Each Beacon Light (individuals or groups).....	10	_____
Paying for State Annuals.....	5	_____
Preparing and sending required reports to State Promotion Secretary, two weeks or more before State Convention.....	10	_____
Correct alphabetical list of members sent by local treasurer to State Treasurer for White Ribbon Bulletin mailing list, giving name or initials and address, by January 1st.....	10	_____

campers who participated were very receptive and productive, thanks to this good direction.

### Narcotics

The Narcotics Classes were in two parts and were taught by Cleo Kulish. The first section consisted of those between the ages of 13 and 17. Each day the class ended with a writing exercise on the topic "Smoking" elicited these summaries:

**Marjean Van Bruggen** - Smoking is bad for your health. Carbon monoxide which may cause coronary heart disease, is the poisonous gas given off when the cigarette is burned. Nicotine, the narcotic in tobacco, tightens the blood vessels and also slows down the blood circulation which eventually causes hardening of the arteries.

**Laura Heath** - Smoking is very harmful to the body. It puts carbon monoxide into the blood stream. It makes the air sacs in the lungs larger because they have to work harder to get the oxygen into the blood stream. Smoking causes coughing, and it makes it easier to get lung diseases.

**Cathy Allbert** - I feel that the Surgeon General should have on the cigarette package label that the product contains arsenic. The results may not be much at first, however, I think it would scare many young people away from this bad habit.

**Elise Waldie** - Smoking is very harmful to the lungs, heart, and the body in general. It causes many diseases. Carbon monoxide is always a part of the smoker's lungs. Smoking speeds up the pulse rate and in that way it is harmful to the heart. Tobacco as it is sold contains arsenic, a very bad poison. Nitrogen Oxide is also released in the body as this material is taken in the body. My feeling is that it is best never to start smoking. That way one never has to worry about these problems. Should one start smoking it is wise to stop, even though it may be hard, since it is very dangerous to your health.

**Margaret Nygaard** - Smoking is very harmful to your health. It usually leads to bigger and more dangerous drugs. Smoking destroys the lungs and causes cancer and emphysema. It also causes high blood pressure.

-----  
The younger group of campers told what they learned about smoking with these sentences:

**Melissa Olson** - I learned never to take the first cigarette because you may take another one after that.

**Tonya Trapp** - I learned that it does bad things to the body, so I want to help others with the problem.

**David Hultin** - I learned that when other people make smoke it is bad for the non-smoker also.

**Troy Van Veldhuizen** - I learned that chewing is just as bad as smoking.

**Angela McCleary** - I learned that lots of kids don't know what they are getting into when they start smoking.

### UNION SIGNAL CONTEST

A Contest! The July Union Signal carried the first notice of the Union Signal contest for N E W subscribers. We must have new subscribers and this contest is offering you an opportunity to help us. Enclosed is a paper explaining the contest which you will want to share with your local Unions. The states are grouped according to membership, as in the membership contest recently held. A page giving the list of states competing is enclosed.

This contest will begin at National Convention and time will be given for State Presidents to bring names of new subscribers to the platform. This means you will want to do some home-work and have these subscriptions ready to give your state a boost! Where do I look for new subscribers? All State Officers, LTL and YTC Executive Directors and State Directors should be subscribers - but are they? Do all the members of your local Union take the Union Signal? Do you have friends who would profit from reading the Union Signal? Miss Elizabeth Williams of Tennessee subscribed to the Union Signal for some friends and after reading this fine publication became WCTU members! Another one using it in her Sunday School class found it valuable.

The awards are on the enclosed sheet. Plan to be a winner! Encourage your local members to enter the contest and help your state to win. Make a goal of a certain number of new Union Signals per union. Remember the devotional thought at the beginning of this letter. Let the Spirit of the Lord be the force that carried us forward.

Looking forward to seeing you at National Convention.

Yours in the Master's Service,  
Miss Juanita M. Whisler  
National Promotion Secretary

#### President's Note:

This year we are competing for subscriptions with South Carolina - Marion.

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Smoking a pack of cigarettes a day for a year slows a marathon runner by two minutes.

The more you drink the more you want, and the more you drink, the more likely it is that your children will be handicapped for life.

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Steve Limesand - I learned that smoking leads to taking other drugs.

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The WCTU has a motto which says, "I am only one, but I am one," one with the Lord is the majority. So, kids, let's stand for good things, even when our camping days are over. Keep alive the spirit of our motto, "A good time with a purpose."

Cleo Kulish

**GRAND FORKS**

The 71st Annual Convention of the Grand Forks District WCTU was held at the Bethel Lutheran Church in Grand Forks with 28 registered. The session was led by Bertina Evanson following the theme, "The Lord is great and is to be highly praised; His greatness is beyond understanding." Psalm 145:3.

Our speaker for the morning session was Chaplain Steinhueler from the Grand Forks Mission. He said a lot of them at the Mission have no family, most of their lives have been filled with condemnation, hearing only words like "you're no good." He is trying to create a family relationship and to bring God into their lives. He said it is such a joy to see a change in their lives, but this can come about only through repentance on their part, and a "love" from those who work with them, and from the people of the community.

Northwood lost two of its members the past year, namely, Clara Mandt and Ruth Knutson. Grand Forks lost two members and two honorary members, namely, Mrs. Hesketh, Mrs. Beck, Mr. A. P. King and Mr. B. Westacott.

Eight Grand Forks girls took part in a speech contest. Their topic was "Our Commitment to Share." Each essay was well prepared and presented.

Five little White Ribbon Recruits were dedicated to a life of abstinence and purity.

Officers for the coming year were elected. They were: President - Bertina Evanson; Vice President - Mrs. S. P. Roehl; 2nd Vice President - Isabelle Henry; Recording Secretary - Grace Jadock; Promotion Secretary - Connie Mutchler; and Treasurer - Gladys Jadock.

The meeting was closed with prayer and the singing of the hymn, "Blest Be the Tie That Binds."

**WCTU WINS ONE**

**CROSBY** - Hopes of some for operation of a beer garden at this year's Divide County Fair were dashed when the fair board voted unanimously to reject the plan.

In taking its action, the board reviewed petitions in opposition to the proposal. The petitions, circulated by members of the Women's Christian Temperance Union and other "concerned citizens," contained signatures of 689 county residents, according to Mrs. Gordon Hecor, president of the local WCTU.

The controversy developed after the Crosby City Council voted to grant a license for operation of a beer garden at the fair pending approval by the fair board.

Board members all noted they had received calls against the plan, and one, Emery Olsen, commented he didn't think any significant financial

**ABUNDANT TREASURES****UNION SIGNAL GOLD**

A contest for N-E-W Subscriptions to  
The Union Signal ONLY!

**Rules:**

1. Contest on membership - state vs. state(s).
2. Contest will begin at National Convention and end July 31, 1982 (post-marked).
3. Kick-off at National Convention with special convention price. This contest is for NEW Subscriptions ONLY.

**Convention price**

1 year.....	\$ 5.00
3 years.....	14.00
5 years.....	22.50

**Regular price**

1 year.....	\$ 6.00
3 years.....	16.50
5 years.....	25.00

4. State Conventions have the same special price but the subscriptions MUST be sent from the convention city. Prices then revert to regular prices as above.

5. When a person gives out-of-state subscriptions, her state receives the credit.

6. The word "CONTEST" MUST appear on envelope sent to National to be counted.

**AWARDS**

1. State contest winners will receive 5 free one-year subscriptions.

2. Any one person sending in a group of 10 NEW subscriptions will have one free one-year subscription to the Union Signal.

3. State with the most NEW Union Signal subscriptions will receive a free registration for the state president to the 1982 National Convention plus TV Fruesta Public Service Announcement Video Tape (\$35.00).

4. State with the 2nd highest NEW subscriptions will receive 3 free one-year Union Signal subscriptions plus free registration and a free banquet ticket to the 1982 National Convention for the state president.

5. State with the 3rd highest NEW subscriptions will receive 1 free one-year subscription to the Union Signal plus a free banquet ticket to the 1982 National Convention for the state president.

Remember: You must pay at the Minot State Convention to get the Convention rates for NEW subscribers!! Come prepared!!

return would be shown by the fair operating a beer garden.

"If we're going to go through all this trouble to make \$5.32, and it's not going to make much more than that, it's not going to be worth the trouble," he said.

(Taken from the Minot (N.D.) Daily News, published Thursday, May 21, 1981.)