

WHITE RIBBON BULLETIN

Litchville, North Dakota 58461

Official Organ of W.C.T.U. of North Dakota

"NOT WILLING THAT ANY SHOULD PERISH"

Second Class
Postage Paid at
Litchville, ND 58461

VOLUME LXXXVIII

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MARCH-APRIL, 1986

NUMBER 2

P R O C L A M A T I O N

WHEREAS, The age of information is here, necessitating alert minds in every facet of living; and

WHEREAS, Alert minds can best be maintained by proper care of the body, proper knowledge and proper attitudes; and

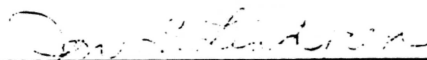
WHEREAS, Alcohol, other narcotics and tobacco may prove to be deterrents to each of these goals.

NOW, THEREFORE, BE IT RESOLVED, That I, Jon G. Lindgren, Mayor and President of the Board of City Commissioners of the City of Fargo do hereby proclaim April 27 through May 3, 1986 as

YOUTH TEMPERANCE EDUCATION WEEK

in the City of Fargo, North Dakota, and urge all citizens to observe the week with appropriate activities.

IN WITNESS WHEREOF, I have hereunto set my hand and caused the Seal of the City of Fargo to be affixed this 15th day of March, 1986.



Jon G. Lindgren
Mayor and President
Board of City Commissioners
City of Fargo, North Dakota

ATTEST:



F. R. Fahrlander
City Auditor



White Ribbon Bulletin
Official Organ of the North Dakota
Woman's Christian Temperance Union

March-April, 1986

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Editor-In-Chief..... Mrs. LeRoy Bartle, Box 35, Dickey, N.D. 58431; 778-5171
Managing Editor..... Mrs. Robert McCleary, Box 71, Dickey, N.D. 58431; 778-5411
Circulation Manager..... Mrs. Oscar Johnson, Route 1, Box 231, Harwood, N.D. 58042; 282-3868

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General Officers:

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Vice President..... Mrs. George Fannik, Box 296, Max, N.D. 58759; 679-2686
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Historian..... Mr. Don Klingensmith, Box 613, Mandan, N.D. 58554; 663-8264

The alcohol industry spend millions of dollars a year on advertising, yet they say to their critics that the advertising makes no difference. That's an illogical position.

There are no firm figures on just how many white-collar workers abuse drugs and alcohol in American business. But officials agree there has been an explosion in the use of cocaine. Until recently cocaine was referred to as the "drug of choice" or "recreational" for the white-collar professional. That status has changed.

Basically, alcohol advertising has three purposes: to recruit new users, to increase the consumption of its products, and to assist potential buyers between competing brands. Recruiting new users means that they want you!

Happy Easter!



TREASURER'S REPORT
January 5, 1986 to March 5, 1986

DUES

Women - Dickinson 8
Members-At-Large - 3
Honorary Men - Prosper 4, At Large 2.
LILLIAN STEVENS FUND- Crosby \$3.00, Dickey \$3.00, Dickinson \$3.00, Marion \$3.00, Grafton \$3.00, Minot \$5.00, Northwood \$3.00, Prosper \$5.00
FRANCES WILLARD FUND- Crosby \$3.00, Dickey \$3.00, Dickinson \$3.00, Grafton \$3.00, Marion \$3.00, Minot \$13.80, Northwood \$3.00, Prosper \$5.00
STATE REPORTS- Minot \$5.00, Northwood \$3.50
LIGHT LINE- Minot, Northwood
BEACON LIGHT- Minot
WHITE RIBBON BULLETIN- Grafton \$10.00, Marion \$5.00, Minot \$20.00, Northwood \$5.00
N.D.E.A.- Grafton \$5.00, Minot \$5.00
CONVENTION- Minot \$15.50
GIFT- Dickey \$31.00
CENTENNIAL- Minot \$10.00, Northwood \$10.00
MEMORIALS- \$10.00 in memory of Alvin Weil by Fred and Cleo Kulish, \$20.00 (W.R.B.) in memory of Ina Hoversten by Crosby Union, the following in memory of Svaneva Norheim: \$10.00 by Max-Benedict Union, \$5.00 by Mrs. LeRoy Bartle, \$5.00 by Mrs. Gilbert Johnson, \$3.00 by Lila Fannik, \$10.00 by Adeline Norheim, \$10.00 by Eleanor Medler, \$5.00 in memory of Edna Moe by Grafton Union, \$5.00 in memory of Ben VanBruggen by Vivian Trapp, \$5.00 in memory of Bill Semingson by Crosby Union (W.R.B.).

Respectfully Submitted,
Mrs. Oscar Johnson (Treas.)

Total Membership from September 1, 1985 to March 5, 1986- Women 289 and Men 77.
P.S.- I still have not heard from Grand Forks Union and Cavalier Union for their dues.

THE UNION SIGNAL

One Year	\$6.00
Two Years	\$11.50
Three Years	\$16.50
Five Years	\$25.00
Single Copy	.60
Foreign Subscription (1 year)	\$6.90
Canada (single subscription)	\$6.75

Send all subscriptions to:
CIRCULATION DEPARTMENT
1730 Chicago Ave.
Evanston, IL 60201

MAKE CHECKS PAYABLE TO: National WCTU



NOONTIDE HOUR OF PRAYER

"It is always noontime somewhere, and across
The awakening continents from shore to shore
Somewhere our prayers are arising evermore."
"Lift up a standard for the people." Isaiah 62:10

QUICK! WHERE'S AN ORDER BLANK?

I Love Not Smoking Coloring Book
(clever, happy characters - fine illustrations)
75 cents (plus postage, please)
"Alcohol & Human Physiology"
16 mm film-Superb 23½ min. color motion picture with detailed description of what alcohol does to the body, emotions, driving skill, FAS, etc. - \$475.00 (no postage charge)
"Dead Is Dead" - 16 mm film
Straight forward, matter-of-fact, terse showing of actual scenes of persons experiencing cocaine withdrawal.
Should be viewed by every young person, but alerted in advance - it pulls no punches. - \$440.00 (no postage charge)

How Much Is Drunk? No. 3122

(Revision of "What's in a Drink?")
subhead is "Stages of Intoxication"
100 for \$2.15; 50 for \$1.20; 25 for 70 cents
(plus postage please)

Program Material Prices for 1985-86

Program Kit and 1 calendar - \$4.85
Program Kit and 12 calendars - \$5.75
Program Kit and 25 calendars - \$7.10
Program Kit and 50 calendars - \$8.75
Program Kit and 100 calendars - \$11.65
(Postage & handling included in above kit prices)

Program Calendars

25 for \$3.00; 50 for \$4.60; 100 for \$7.45
(Postage and handling included.)

Program Planning Manuals

25 for \$11.00; 50 for \$18.15; 100 for \$31.50
(Postage and handling included)

Bookmarks - 3 different series:

Animal, Bible, and Scenic

12 in each series with Bible Verse - 10 cents each
Drugs and You

What Everyone Should Know About Alcoholism
Twenty Ways Not To Be Swindled

What Everyone Should Know About Family Violence
What Every Woman Should Know About Self-Protection
(booklets 100 for \$28.50; 50 for \$16.25; 25 for \$9.50;
12 for \$4.75; 50 cents singly)

Order From:

SIGNAL PRESS
1730 Chicago Ave.
Evanston, IL 60201-4585

THE YOUNG CRUSADER

One Year	\$2.00
Canada, one year	\$2.50
Other foreign subscriptions	\$2.65
Single Copy	.35

YOUNG CRUSADER CLUBS

Ten copies, 1 address	\$18.50
Fifty copies, 1 address	\$90.00
One hundred copies, 1 address	\$165.00

Send all subscriptions to:
CIRCULATION DEPARTMENT
1730 Chicago Ave.
Evanston, IL 60201

MAKE CHECKS PAYABLE TO: National WCTU

THE MEANING OF EASTER

Easter says, "You can put truth in a grave, but it won't stay there!" The truth is that Jesus Christ, descendent of the house of David and product of Nazareth, was indeed the Son of the Living God. The truth is that Christ is the living assurance of salvation which He provided at Calvary. The truth is, "Because I live, you shall live, also."

Because He lives, I can face tomorrow,
Because He lives, all fear is gone;
Because I know He holds the future,
And life is worth living,
Just because He lives!

—Gaither

Someone has said, "Easter is not for everybody! It is for those who believe in miracles. It is for those who have marched to life by way of the cross. It is for men and women who walk in sight of the open tomb. It is for you who have the courage to hope, to believe, to obey! The truth is available to all, but only a few receive it. These are the ones who 'walk this earth with Easter in their lives!'

From the Oklahoma Messenger

MARION'S MEMOS

Dear Co-Workers,

God is our refuge and strength a very present help in trouble.

Psalm 46:1

We can rest secure on that Promise.

Ladies the time for district annual meetings is fast approaching.

I trust each district plans to have a meeting. Please do not say we are not many - why meet. The Bible says Christians should not forsake assembling together.

Jesus said "where two or three are gathered there am I in their midst."

As faithful WCTU members we need to meet - review what we have been doing - consider what we need to be doing and to encourage one another.

Let us have enthusiastic, informative, interesting, inspiring programs. Be sure each one of us attends the meeting in our district.

Your district officers spend time and effort planning for these meetings. Do not disappoint them and Jesus by failing to attend. They need you there - you need to be there.

Our WCTU Year will be half over when you read this. There are many projects you can still be working on.

An individual project is the "Reading Program". You must read one book in each of the 5 categories and report to Mrs. Vivian Trapp before July 15th. National Convention is earlier this year so we must be earlier.

Your reward is a good book from National - an extra reward is the Knowledge you gain from reading these interesting informative books. So lets have more readers.

Another area we can work in are the Essay and Poster contests. Some of you Unions really do good

work in these.

Don't forget to promote our publications - renew your subscription to the Union Signal - get new subscribers. Managing Editor Michael Vitucci says we need more subscribers to keep it at present price.

It is a most excellent magazine, a good gift to give our pastors and teachers and anyone. All WCTU officers and directors and members need the paper.

The "Young Crusader" makes a nice gift for children. They will enjoy the stories and poems.

The monthly promoter will keep you up to date on our excellent literature available at Signal Press.

Take special note of Mrs. Kuliske's letter concerning YTC Camp. Its never too early to start planning.

We congratulate the Marion Union and Vivian Trapp on organizing an LTL. Remember them in prayer.

May this encourage other ladies and unions to organize LTL's. We need them - the children need the teaching along with the fun and fellowship.

You know there is a national LTL Contest this year. North Dakota, Oklahoma and Puerto Rico are in competition with one another. Whichever gains the most members receives an award from National.

We have no national WCTU membership contest this year. Still we need to enlist new members- both ladies and gentlemen. We need youth in YTC's, children in LTL's and White Ribbon Recruits.

Our membership needs to be strengthened. By faithful prayerful asking friends, neighbors and loved ones to join with God's help it can be done.

God bless.

Sincerely,
Marion**HELPING HANDS**

By F. Hodges

I would not pray for riches, Lord,
Nor trips to far off lands-
But give me Lord a loving heart,
and tender helping hands.

The World is full of sorrow, Lord;
Men stumble on life's road-
Let me be there with helping hands,
To share another's load.

Where little children cry for bread,
Where homeless people be,
Where need is great for helping hands,
Lord, here am I; send me.

Send me in love, in work, in hope-
Fulfill through me Thy plans-
For I am my brother's keeper Lord;
Let me, then, be Thy hands!

Marion Local Union organized a new LTL Club February 12, 1986. There were six children in attendance. The following are (1) Cassie Krenz; (2) Carrie Lommen, (3) Sasha Trapp, (4) Kevin Matzke, (5) Jennifer Albers, (6) Sarah Matzke.

We elected the following officers, president, vice president, secretary and treasurer.

We suggest that they wait for the next time to sign the pledge card and talk it over with parents. The parents were all contacted before hand and we tried to explain the purpose of the LTL.

Story was told from the book "Hive of a Busy Bee" and pledges to the flags were given. We had art work and played games and pencil and treats were passed out.

Our name will be Loyal Temperance Legion of Marion. We are planning to meet the second Wednesday every month from 3:30 to 4:30 at the home of Vivian Trapp, who will be the local LTL director.

MINOT WCTU

The Minot Union met on St. Valentine's Day for their February meeting. There were 19 people present. The booklets, Taste Tempers, Reflections, and What Every Woman Should Know About Self Protection, were passed around for the group to read before and after the meeting. Other leaflets from the Signal Press were distributed to all of us.

Our agenda consisted of: (1) opening prayer by Serge Dubovoy, (2) the salutes to the American, Christian and Temperance flags, (3) the repeating of our WCTU pledge (4) devotions by Irene Linenko, and (5) the reading of several leaflets pertaining to the life of Frances Willard.

Our business consisted of: (1) the secretary's report, (2) the treasurer's report, (3) getting letters ready to send to Rep. Byron Dorgan, asking him to co-sponsor HR 2526, and (5) signing the petition for the Sunday Closing bill.

We were privileged to have Oliver Carlson as our speaker. He gave a most inspiring talk, including his testimony. We were all blessed by his message. Jake Steffen led the group in the singing of "The Old Time Religion."

The closing prayer and table grace were given by Edna Folden. Burnadeen Stemen, our hostess, served a delicious lunch, and we all enjoyed a time of fellowship.

Mrs. Jake Steffen, Reporter

On recent estimate put the amount of cocaine coming into the United States annually at 100 tons. Some law enforcement officials, however, admit it is impossible to determine the extent of traffic.

It is agreed that cocaine is a significantly bigger problem than it was only a few years ago. That, and the general pervasiveness of drugs in society leads researchers to believe that drugs are increasingly showing up "at the office".

JANUARY, 1986

Dear Publications Director, Presidents & Friends,
This is my first time to greet you as the new National Publications Director. I have many good things to learn but as we work together I hope we can make this a good year in our department.

We will be following the same plan of work as this is the second year under the theme "Service - Strength - Power." The area we are stressing this year is "Strength". Certainly strength is important if we are to accomplish anything - not necessarily physical strength - although that is necessary to accomplish some things; but an inner strength that gives one a desire to accomplish something. That inner strength can only come from one source - "the Lord's mighty power within you." (Ephesians 6:10)

This department covers our magazines, the Union Signal and Young Crusader. The Union Signal is most helpful for your program each month. Give a demonstration in March of the various sections of the magazine to arouse interest and try to gain new subscriptions. Urge unions and individuals to give subscriptions to others outside the WCTU organization as there are timely, informative and interesting articles of interest to others. The subscription price is \$6.00 a year.

The Young Crusader is a fine, inexpensive little magazine for children. It is necessary for Loyal Temperance Legion groups but also makes a nice gift for any child. Let us try to increase these subscriptions. (\$2.00)

Every year we need to push subscriptions but how about encouraging directors to start a Publication Scrapbook for their union by compiling information and articles from the Union Signal as a new project. Have a section on alcohol, another on tobacco, another on drugs and one on WCTU information. You might also include articles from other sources and ask the members to save good articles which they read. This would be a handy reference file for use in programs, for reasearch, etc. This can be added throughout the year.

I will be sending report blanks in my next letter but in the meantime follow the guide lines on the back of the worksheet. It is important that a count is kept of all literature that is given out during the year because it is hard to remember at report time what has been done. Encourage the use of the enclosed leaflet, "Heartbeat of the WCTU" for all members.

I hope as directors you will pass this information on to the local unions either by letter or through your state papers. I would be glad to hear from any of you if you have questions or suggestions for this department.

Sincerely in His Service,
Edna Hatfield



Easter

When all is done, say not my day is O'er,
And not through night I seek a dimmer shore;
Say rather that my morn has just begun,
I greet the dawn and not the setting sun.

Paul Lawrence Dunbar

SYNNEVA ANDRENA NORHEIM

Funeral services were conducted Tuesday, January 21, at Tunbridge Lutheran Free Church, Pastor Edwin (Ted) Kjelstrom officiating, for Synneva Andrena Norheim, 86, rural Rugby, who died Friday, January 17 at the Good Samaritan Hospital.

Burial followed in the Tunbridge Lutheran Free Cemetery, rural Tunbridge.

Synneva Andrena Bale was born April 12, 1899, on her family's farm in Ness Township, Pierce County, a daughter of Anfin and Britha Bale. She was reared on the family farm and attended rural elementary school, Normal School at Minot and the State Teachers College at Valley City, where she obtained her life teaching certificate. She taught school at Berwick and Hoople and several other rural schools.

She married Halvor G. Norheim October 13, 1933 on her family's farm near Tunbridge. That year they purchased a farm in Ness Township where she resided until death. Mr. Norheim preceded her in death April 9, 1967.

She and her husband had made three trips to Norway to visit relatives and after her husband's death she made two trips to Norway, one with her sister, Josephine Egeland and one with her daughter, Adeline.

She was president of the Women's Christian Temperance Union, a past president of the Women's Missionary Federation and was a member of Tunbridge Lutheran Free Church.

She is survived by two daughters, Mrs. Gary (Eleanor) Medler, Fargo and Adeline Norheim, Rugby; one sister, Mrs. Hans (Josephine) Egeland of Rugby and two brothers, Alfred Bale, Rugby and Chris Bale, Seattle, Wash. and several nieces and nephews.

Also preceding her in death were her parents, one brother, Bennie; four sisters, Clara (as an infant), Josephine (age eight), Randina Lewis and Hannah Bale.

Organist for services was Josephine Egeland. George Vangsnes was soloist and Ted and Leona Kjelstrom sang a duet.

Pallbearers were Lane Bale, Harmon Bale, Ardell Fedje, Duane Fedje, Duane Hilzendager and Kenneth Tastad.

Anderson Funeral Home, Rugby made arrangements.



Dear WCTU Members,

Philippians 4:13 I can do all things through Christ which strengthened me (KJ) In the Living Bible it reads (13) For I can do everything God asks me to with the help of Christ who gives me strength and power. This verse gives me the courage and strength to keep working in the WCTU. I hope it will help you. There is so much work to do.

Leadership Training school is coming soon. I'm hoping that we will have a member that has considered this training.

The Youth Temperance Education week is April 20-26, 1986. I'm hoping you have ordered your Youth Temperance Education Week leaflets. The posters and leaflets are done in color and are very attractive. This is a direct copy from a winning poster in the national poster contest recently. Order plenty for church and school in your local community.

In the January issue of the Union Signal there is an article on Witness Against Smokeless Tobacco. Part of it is excerpts from Testimony of Betty Ann Maisee who lost a son from oral cancer. He used snuff for only six years. Please help us to get the warning out to our youth and write letters urging the government to pass a law making these people put a warning on snuff they produce, so all will know the dangers.

Please start planning to make your Union a Vanguard Union and get you report to me by June 30th.

May God bless you for your faithfulness.

Mrs. Lyle (Vivian) Trapp
Marion, N.D.

The West Lisbon WCTU hosted a Frances E. Willard Tea on Friday afternoon, February 21st at the Trinity Episcopal Church. Fifteen members and some guests attended. Beverly Maach served the punch and Melissa Dick poured.

Following the delicious lunch an interesting program honoring Frances Willard was presented. She was born on September 28th, 1839, and died on February 17, 1898. In those days it was customary to honor people in the month of their death.

Anne Hansen gave a report of her life activities, titled "The Uncrowned Queen". Vi White spoke on the "Summary of the WCTU work done by Frances Willard."

Mae Jones, our senior member, very ably commented on our local WCTU activities and gave some interesting facts about the first unions in our state. Some were organized when North and South Dakota were still territories.

We had a literature table, a picture poster and two banners. One was a banner of the West Fairview Union, one of the oldest in the state. The other was the Ransom-LaMoure District banner. Our special offering has been sent to the Frances Willard fund.

NORTH DAKOTA COUNCIL ON GAMBLING PROBLEMS

A North Dakota Council on Gambling Problems has been formed whose purpose is education, research, crisis prevention and rehabilitation in connection with gambling problems.

Gambling problems have increased greatly in the past few years. Many citizens desire more information so they can act intelligently in this area of concern.

Advisory members of the organization include the following: Arthur A. Link, Bismarck, Former N.D. Governor; Jens Tennesos, Fargo, N.D. Senator; Marcus Bakke, Bismarck, Clergyman; Rolland Redlin, Minot, N.D. Senator; Barbara Schulz, Bismarck, Homemaker; Harold (Hal) Christensen, Minot, N.D. Senator; David Knecht, Fargo, Clergyman; Adella Williams, Lidgerwood, N.D. Legislator; Richard Kinnischtzke, Bismarck, Rancher; Thomas Bailey, Jamestown, Clergyman; Robert Schubert, Bismarck, Educator.

The organization has three classifications of membership: Charter- \$25.00; Active- \$10.00; Associate- \$1.00. Anyone interested is invited to become a member. Please use the form below.

Name.....

Address.....
(Mailing Address)

Zip..... Phone.....

Membership Dues:
\$25.00 Charter ..\$10.00 Active ..\$1.00 Associate

Please Mail Check To:
North Dakota Council on Gambling Problems
P.O. Box 445, Mandan, N.D. 58554

(The Council needs you. A newsletter is being planned that will go to all members. -Thelma H. Klingensmith, Treas.)

TO: LAW ENFORCEMENT COMMITTEE

Mr. Chairman, and members of this Committee, I am Thelma Klingensmith of Mandan, North Dakota speaking as a member of the North Dakota Council on Gambling Problems. The purpose of the organization is for education, research, rehabilitation and crisis prevention in gambling problems.

Thank you for the opportunity to have a part in this study on the extent and impact of charitable gambling in North Dakota.

To determine the EXTENT of charitable gambling in North Dakota, I sought help from the Gaming Division of the Attorney General's Office. As of January 3, 1986, there are 526 sites and 309 organizations involved in gambling in North

Dakota. By counties, the sites range from 45 sites in Cass County, 40 each in Grand Forks and Ward Counties and 26 in Burleigh County to six counties having only one site, and three counties- Billings, Sioux and Slope - with no gambling site in the county.

The last quarter for which the Gaming Division had complete figures was the third quarter of 1985, July 1, 1985 to September 30, 1985. During that period, Reported Gross Proceeds for Charitable Gambling in North Dakota were \$40,854, 343. With North Dakota's population of 652,695 people, that is \$62.58 spent on gambling in three months by every person in the state, including babies to elderly, or about \$250.00 for each person spent on gambling in 1985, for a total of \$160,000,000.00.

The IMPACT of charitable gambling in North Dakota is difficult to prove but some facts are known.

1. Gambling creates no new wealth. Gambling is non-productive. Gambling is parasitic.
2. Gambling depresses legitimate business, siphoning off money from the regular business community. The same dollar cannot buy clothing, food, necessities, utilities, or luxuries, and also be used for gambling. I secured annual reports from the Sales Tax Division of the Tax Department and find that taxable sales have gone down somewhat, but think what they might have been had the millions used for gambling been used to purchase items needed for good living! Gambling restricts business.

3. Gambling increases welfare costs. Gambling weakens the stability of family life. Gambling lowers the standard of living and necessitates a larger welfare burden, thus raising taxes.

When the request was made of citizens of North Dakota in 1976 to permit games of chance by religious, charitable or other non-profit organizations - it was suggested it would only legalize present bingo and raffles. Whoever dreamed that in ten years, it would expand to so many games of chance, and involve such extensive sums of money. Whoever would have guessed that in 1985, the Reported Gross Proceeds Would Equal About \$160,000,000.00?

With this EXTENT of charitable gambling, think of the IMPACT on business and family life of the citizens of North Dakota. Is it not time to call a halt, and reverse the trend in charitable gambling in North Dakota? PLEASE DO.

THANK YOU.

CORRECTION--- In my letter I stated your reports for the reading program are to reach the Promotion Secretary, Mrs. Trapp, by July 15. That is incorrect - they must reach her by June 30th!!

Thank you,
Marion Bartle

YTC CAMP INFORMATION

Camp runs from Thursday noon, June 12th to Sunday, June 15th. There will be no noon meal served Thursday, June 12th, so bring your sack lunch.

Camp closes Sunday, June 15th after the noon meal. Classes begin Thursday afternoon with the cost per camper set at \$40.00. Talent or Fun Night is set for Friday night and there will be a banquet on Saturday night. Come prepared for these events!

Campers bring the following: one good dress outfit, several slacks or good jeans, no shorts, some footwear must be worn at all times to prevent injuries, no camp liability if this request is disobeyed.

Do bring a bed roll (easier to handle than blankets), insect repellent, towels, soap, pencil, pen, note book, flashlight, warm coat or sweater, nightgown to get chilly, your Bible, money for offering and canteen. If you have musical ability bring your instrument and music.

Leave radios at home. Come prepared to learn and have a good time with a purpose - God Will Bless.

RUSSELL DUNCAN

Russell Duncan, a seedsman, farmer and legislator from Fargo, died February 24, 1986, after a long illness.

He was born August 5, 1910 at Calvin, N.D. He attended high school at Wyndmere, N.D. and graduated at age 52 from North Dakota State University.

June 15, 1934, he married Anna Mohagen at Grafton, N.D. They lived at Calvin, N.D. until 1951 when they moved to Fargo.

In 1951, Mr. Duncan founded the Russell Duncan and Sons Seed Co., which operated for twenty years. He grew certified seed and raised registered Aberdeen Angus cattle.

A Republican, he served as District 9 representative in the North Dakota Legislature in 1965 and 1967 sessions.

He wrote four books including "I Remember" which is based on his growing up in Cavalier County. He also wrote "The Day of the Pioneer" which starts with his mother's experiences in a sod hut, and "What I Saw Behind the Iron Curtain", a personal account of his trip to Russia in 1963 through a People to People program.

Mr. Duncan was known for building a youth camp at Lake Park, Minn. called "Moments for Meditation." He was an Honorary Member of the Fargo Union WCTU for many years.

He is survived by his wife Anna Marie; two sons, Marvin, Fairfax County, Va. and David, Cedar Falls, Iowa; and a daughter, Marilyn Moe, Grafton, N.D. Two brothers, two sisters, 13 grandchildren and 2 great-grandchildren also survive.

The 'Innocent That Went Bad'

Toward the close of the '60's word got around that cocaine, a drug all but forgotten in the United States after non-medical use was outlawed in 1915, created some of the same illusions of self-confidence, energy and mental acuity that amphetamines did.

Subtle and exotic, cocaine could make you euphoric, make you believe you were invulnerable and masterful.

For a long time, the medical facts about the drug weren't clear. It has taken researchers more than a decade to run cocaine through experiments designed to reveal the ways it interacts with and alters cells, organs and bodily systems in the laboratory animals and in humans.

Cocaine, physicians and pharmacologists say, is one of the most dangerous drugs on the underground market. It's physically debilitating whether you snort it, swallow it, inject or smoke it.

Doctors have compelling clinical evidence that the drug can worsen pre-existing weaknesses of the heart, as well as trigger full-blown attacks. Current research also points toward the possibility that cocaine causes permanent brain damage.

Over the long term, cocaine can severely disrupt the psyche. Depression becomes chronic, he starts hallucinating and signs of psychosis appear.

Says Arnold Washton a Director of Drug abuse research at Regent Hospital, NY "Well before psychosis, you see increased irritability, short temper, suspiciousness - especially of spouses, relatives, friends and business partners."

In a survey taken of 500 callers to the national toll-free hot line 800-COCAINE, researchers found that fully half reported symptoms of this nature.

For the casual user, the most frightening finding to emerge is this: taken in any form, and at almost any dose, cocaine can be fatal. "We have no way of predicting who will die from the drug and who won't," says Dr. Mark Gold, director of research at Fair Oaks Hospital in Summit, N.J. "It could be a regular user or a first time user."

Many scientists are now revising their notions about cocaine addiction. People do seem to develop tolerance, which is part of the classic definition of addiction.

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