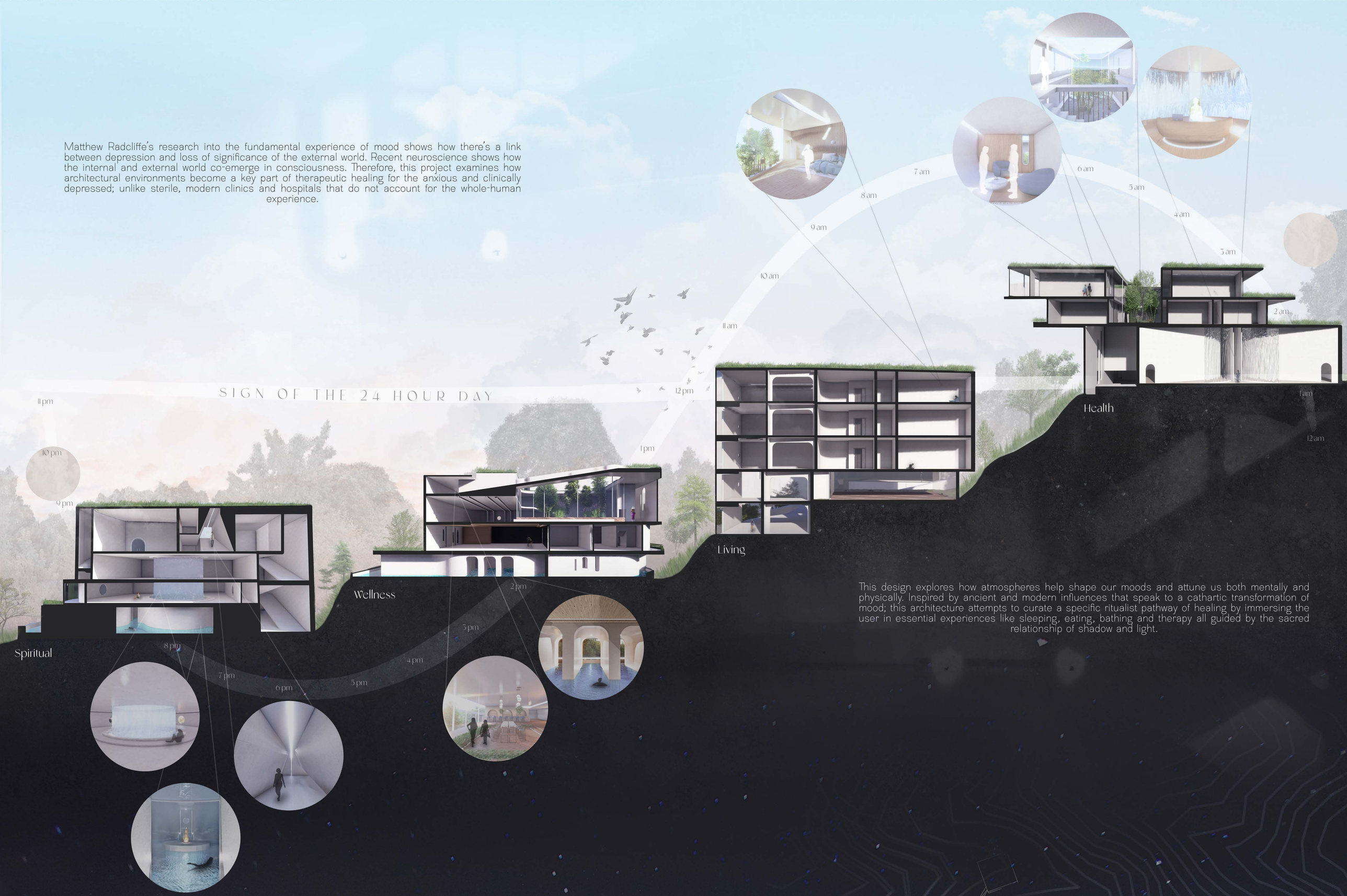
ORPHEREAL

Orphic Journey to Healing; A Therapeutic Design for the Anxious and Depressed

Matthew Radcliffe's research into the fundamental experience of mood shows how there's a link between depression and loss of significance of the external world. Recent neuroscience shows how the internal and external world co-emerge in consciousness. Therefore, this project examines how architectural environments become a key part of therapeutic healing for the anxious and clinically depressed; unlike sterile, modern clinics and hospitals that do not account for the whole-human experience.



This design explores how atmospheres help shape our moods and attune us both mentally and physically. Inspired by ancient and modern influences that speak to a cathartic transformation of mood; this architecture attempts to curate a specific ritualist pathway of healing by immersing the user in essential experiences like sleeping, eating, bathing and therapy all guided by the sacred relationship of shadow and light.

Site Plan
Portland, OR

Artefact