Force of Nature

Interconnecting Architecture & Nature

ABSTRACT

"HOW CAN INTERCONNECTING ARCHITECTURE AND NATURE WITHIN RESIDENTIAL BUILDINGS AFFECT RESIDENTS IN A POSITIVE WAY?"

NARRATIVE



"Our surroundings built and natural alike, have an immediate and a continuing effect on the way we feel and act, and on our health and intelligence."

- Tony Hiss -The Experience of Place



- Cognitive Benefits
- Physical benefits
- Mental Benefits
- Emotional Well-Being
- Improved Attention
- Lower Stress
- Better Mood
- Reduced risk of Psychiatric Disorders
- Upticks in Empathy and Cooperation

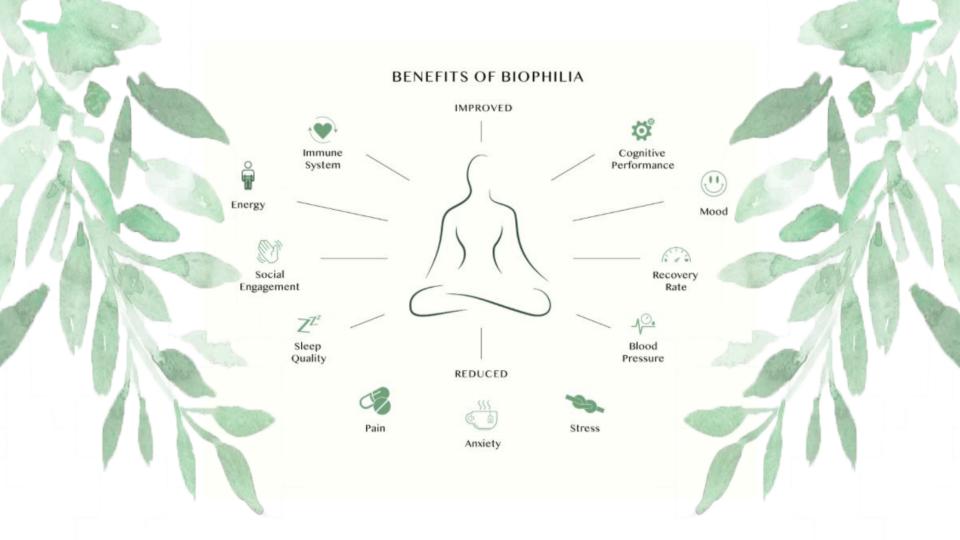
- NATURE WITHIN ARCHITECTURE -





- ARCHITECTURE WITHIN NATURE -

"GOOD ARCHITECTURE LETS NATURE IN." - MARIO PEI -



PHYSICAL HEALTH



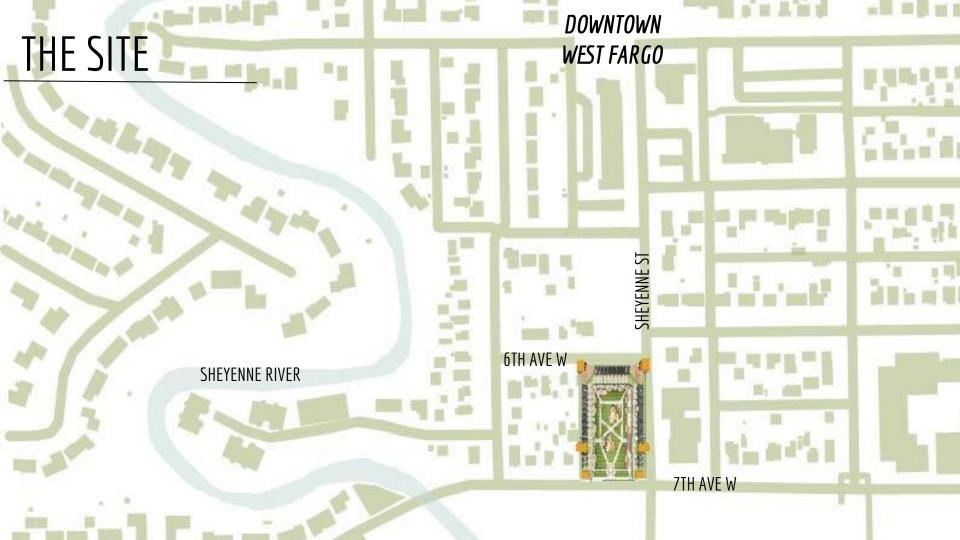
MENTAL HEALTH

EASING THE EMOTIONAL WELL-BEING THROUGH GREENERY & NATURE

- Visiting Parks
- Nature Walks
- Walking with Others
- \cdot Watching Birds
- Gardening
- $\boldsymbol{\cdot}$ Access to and Views of Nature
- $\boldsymbol{\cdot}$ Improved Air Quality and Ventilation
- Natural Lighting
- Improved Acoustics
- Natural Materials and Calming Colors



THE DESIGN



NEARBY NATURE

Outside Our Doors Report - the Nature Conservancy.

DOESN'T NEED TO BE EXPANSIVE TO HAVE A POSITIVE IMPACT ON PEOPLE IN URBAN AREAS.



CITIES NEED GREEN

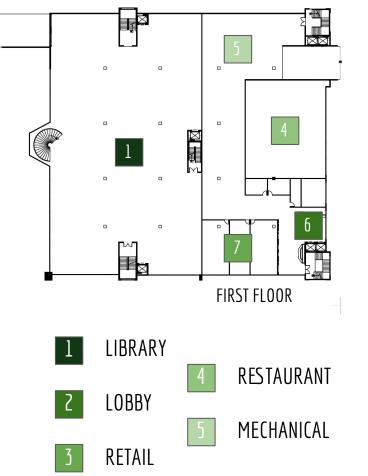
MAIN DESIGN ELEMENTS

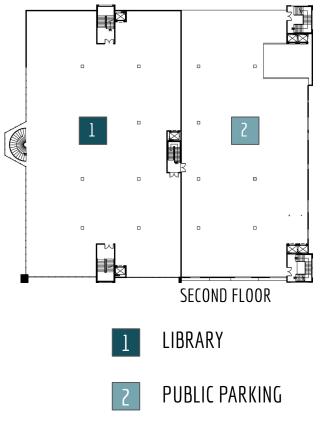
- Intimate Spaces
- Natural Materials
- Natural Elements
- Natural Light
- Natural Views
- Greenery
- Living Walls
- Water Features

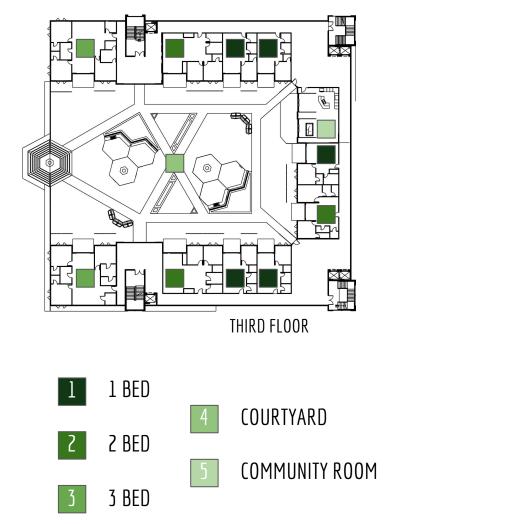


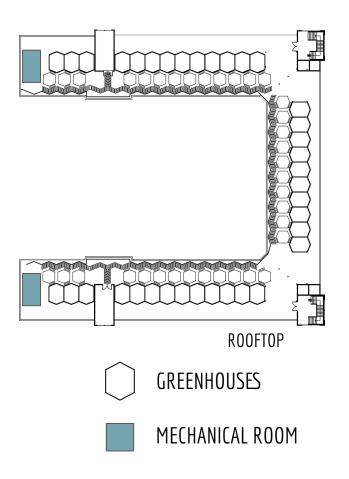
NATURAL MATERIALS & ELEMENTS

FLOOR PLAN/SECTERED BUILDING









NORTHEAST ELEVATION

6

m



















LARGE GARDENS & WATER FEATURES

The setter

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COMMUNITY ROOM

THANK YOU

MARIAH LEASE INTERCONNECTING ARCHITECTURE & NATURE 2023 NDSU THESIS PRESENTATION

