

**Finding Aid to the Health, Nutrition and Exercise Sciences Department,  
College of Human Development and Education**

**Health, Nutrition, and Exercise Sciences Department**

Health, Nutrition, and Exercise Sciences Department records, 1925-2005

Record Group 14.4.4

3 linear feet

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[Administrative History](#)

[Arrangement](#)

[Scope and Content](#)

[Folder List](#)

**OVERVIEW**

**Links:** [College of Human Development and Education records, 1892-present](#)

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**ADMINISTRATIVE HISTORY**

Food and nutrition courses been taught at the University since 1892, under the Department of Domestic Economy. Although athletics is mentioned in early catalogues, it is not until the 1905-06 Catalogue that credit could be taken for athletics - "students may gain regular class credits as per the regular schedule for physical class work." The Department of Foods and Nutrition was established in

1922. It was also in 1922 that actual courses were established in the Department of Physical Training and Athletics. As of the 1939-1940 Catalog the Department of Physical Education was in place, listed under the Division of Education. As of the 1947-1948 Catalog, Physical Education was an independent department. As of the 1956-1957 Catalog, the Division of Athletics and Physical Education was in existence. As of the 1965-1967 Catalog, Physical Education was listed as two departments (men and women) under the College of Arts and Sciences. As of the 1970-1972 Catalog, the Division of Physical Education for Men and Women was listed under the College of Arts and Sciences. In the 1972-1974 Catalog, it is listed as the Division of Physical Education, under the College of Arts and Sciences [Humanities and Social Sciences – 1973]. As of the 1978-1980 Catalog, the Division of Health, Physical Education, Recreation and Athletics is listed, under the College of Humanities and Social Sciences. With the creation of the College of Human Development and Education in 1992, the Department of Health, Physical Education and Recreation was established in the College. In June of 2001, the Department of Health, Physical Education and Recreation was changed to the Department of Health Nutrition and Exercise Sciences. The Department of Food and Nutrition was eliminated and the food and nutrition major was merged into this new department.

## ARRANGEMENT

The records are arranged into the following series:

- 14.4.4.1 Departmental Background
- 14.4.4.2 Meetings
- 14.4.4.5 Curriculum
- 14.4.4.6 Reports and Documents
- 14.4.4.7 Subjects
- 14.4.4.8 Publications
- 14.4.4.9 Recruitment

## SCOPE AND CONTENT

The records are separated into seven series. **Departmental Background** consists of two scrapbooks – the first, *Nil Desperandum* [reconstructed] covers the establishment of the Women's Athletic Association at NDAC (1925-1928) and the second one [very poor condition] deals with teas and activities surrounding food majors from 1939-1957. **Meetings** consist of minutes/agenda of the Food and Nutrition departmental meetings from 1986-2000. **Curriculum** covers reports of a summer dietetics practicum (1959), a workbook for students in FN 140 (1988) and a proposal for an MS degree with two options: Sport Pedagogy, Sport and Recreation Management from December 2002. **Reports and Documents** consists of the 1982-1983, 1999-2000, and the 2000-2001 annual reports and the 1999 program review and external team report for the Food and Nutrition Department; program review material (1990, 1998), annual reports (1994-1995, 1996-1997), and assessment reports (1995-1996, 1997) of Health, Physical Education and Recreation ; information on the program merger – Health, Physical Education and Recreation with Food and Nutrition (2001), and promotion, tenure and evaluation

procedures (2003). **Subjects** include a flyer about a speech on world hunger Representative Dorgan gave at NDSU (1990) and brochures on the 1996 and 1997 Robert and Patty Hendrickson Distinguished Lectureship series. **Publications** include a *Cooking from Pictures* (1975) book, handbooks for Campus Recreation and Intramural Sports (1978-79 – 1983-84), the Graduate Study in Food and Nutrition Handbook (1987), and newsletters (1991-1993 [gaps]) of Leisure Studies and Community Recreational Services. **Recruitment** consists of brochures for the Dietetics program (1982, n.d.; 2001), Food and Nutrition programs (1982, 1994), Food and Nutrition NDSU Facts (1988, 1995), Health, Physical Education and Recreation (2001, 2004), general Health, Nutrition & Exercise Sciences information (c.2004) and graduate studies in Health, Nutrition and Exercise Sciences brochures (2004, 2005).

## **FOLDER LIST**

Finding Aid

### **14.4.4.1 Departmental Background**

Scrapbook – *Nil Desperandum* – Women’s Athletic Association – 1925-1928 (**Removed to Oversized Box**)

Scrapbook - Food majors - classes and teas and other activities - 1939-1957 (**Removed to Oversized Box**)

### **14.4.4.2 Meetings**

Food and Nutrition – Departmental Meetings – minutes/agenda/notes – 1986-1989

Food and Nutrition – Departmental Meetings – minutes/agenda/notes – 1990-1992

Food and Nutrition – Departmental Meetings – minutes/agenda/notes – 1993

Food and Nutrition – Departmental Meetings – minutes/agenda/notes – 1994

Food and Nutrition – Departmental Meetings – minutes/agenda/notes – 1995

Food and Nutrition – Departmental Meetings – minutes/agenda/notes – 1996

Food and Nutrition – Departmental Meetings – minutes/agenda/notes – 1997

Food and Nutrition – Departmental Meetings – minutes/agenda/notes – 1998

Food and Nutrition – Departmental Meetings – minutes/agenda/notes – 1999

Food and Nutrition – Departmental Meetings – minutes/agenda/notes – 2000

### **14.4.4.5 Curriculum**

Dietetic Summer Practicum - U.S. Army - Report - 1959

Personal Diet Analysis Assignment for Wellness FN 140 - developed by Susan J. Crockett, Ph.D., Feb., 1988

HNES – Proposal – MS degree in HNES two options: Sport Pedagogy, Sport and Recreation Management – December 2002

### **14.4.4.6 Reports and Documents**

Food and Nutrition Department - Annual Report - July, 1982 - June, 1983

Food and Nutrition – Program Review – March 1999

Report of the External Review Team – Department of Food Science & Nutrition – December 1999

Food and Nutrition – Annual Report – 1999-2000

Food and Nutrition – Annual Report and Annual Assessment Report – 2000-2001

Health, Physical Education and Recreation – Program Evaluation – May 1990

Health, Physical Education and Recreation – Program Review – Addendum – May 1990

Health, Physical Education and Recreation – Program Review – June 1990

Health, Physical Education and Recreation – Annual Report – 1994-1995

Health, Physical Education and Recreation – Goals for 1994-95

Health, Physical Education and Recreation – Annual Assessment Report – 1994-1995

Health, Physical Education & Recreation – Annual Report – 1996-1997

Health, Physical Education and Recreation – Departmental Assessment Report – July 1997

Health, Physical Education and Recreation – Program Review – March 1998

Summaries, Facts – program merger: Department of Health, Physical Education and Recreation & Department of Food and Nutrition – 2001

Report to the Commission on Accreditation of Allied Health Education programs – NDSU's Athletic Training curriculum – March & September 1995 (2 folders)

Continuing accreditation of Athletic Training program – 2001, 2002

Promotion, Tenure and Evaluation Procedures – December 2003

#### **14.4.4.7Subjects**

Flyer - speech by Byron Dorgan addressing world food issues - 1990

Robert and Patty Hendrickson Distinguished Lectureship Series - 1996, 1997

#### **14.4.4.8Publications**

*Cooking from Pictures* - order forms, workbook, compiled by Katherine S. Staples, NDSU, 1975

Campus Recreation and Intramural Sports Handbook – 1978-79, 1979-80, 1980-81, 1981-82, 1982-83, 1983-84

Graduate Study in Food and Nutrition - Policies and Procedures Handbook - Fourth Edition, 1987

Leisure Studies and Community Recreational Services - Newsletter - issues: 1991, 1992, 1992-1993

#### **14.4.4.9Recruitment**

Dietetics - Brochures - 1982, n.d.; 2001

Interdepartmental Food Science - Department of Food & Nutrition - brochure - 1982, 1994

Food and Nutrition: NDSU Facts – 1988, 1995

Health, Physical Education & Recreation – brochure – 2001, 2004

Health, Nutrition & Exercise Sciences – Brochure – c.2004

Graduate Programs in Health, Nutrition & Exercise Sciences – brochures – 2004, 2005