

# New Blog Post - Caring for Yourself in Uncertain Times

Special NDSU Announcement to all Staff <NDSU-STAFF@LISTSERV.NODAK.EDU>

on behalf of

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Thu 4/2/2020 8:42 AM

To: NDSU-STAFF@LISTSERV.NODAK.EDU <NDSU-STAFF@LISTSERV.NODAK.EDU>

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## Caring for Yourself in Uncertain Times

Caring for Yourself in Uncertain Times

For most of us, what was considered our normal daily way of life has changed dramatically over the past few weeks. Schools have gone to on-line instruction, people are being told to use social distancing and to shelter in place, and restaurants have been forced to close. These changes are bound to lead to a variety of intense feelings for many of us, with those people already suffering from anxiety and other mental health concerns likely to have more difficulties coping during this crisis.

[Continue reading >>](#)

[\\_\\_We learn together.\\_\\_](#)

## Features and News:

### Remote Teaching Resources

To assist faculty and instructors in finding reputable information and resources, we are updating the **faculty resources section** of our website with new and existing resources for teaching remotely. Don't forget to send us links to resources that you have found especially useful.

[View Resources >>](#)

[Email Resources We Should Add >>](#)

## **K-12 Summer Professional Development Brochure Now Available Online**

If you know a K-12 educator or administrator who needs professional development classes this summer, please refer them to the 2020 NDSU K-12 Professional Development brochure. This brochure offers more than 70 high-quality, timely, and relevant classes for K-12 teachers nationwide.

And remember, there is still time to offer an online professional development class this summer.

[View the brochure >>](#)

## **We Shadowed 35 Students, Here is What We Learned.**

After one short day, the Shadow a Student Challenge presented participants with a plethora of new perspectives and ideas. One of the areas that many of the faculty, staff, and administrators that we interviewed reflected on involved how we connect with and relate to students.

[Read more insights on how to connect with students >>](#)

## **NDSU Bookstore Offers FREE Access to Digital Materials**

The NDSU Bookstore's primary responsibility is to ensure students have access to the materials they need to succeed in their courses. During this disruptive time for our campus, we are contributing to the incredible problem-solving we've seen over the past weeks by partnering with our digital course materials provider, VitalSource, and leading publishers, to launch **VitalSource Helps**. **VitalSource Helps** is a program that provides FREE access to eBooks to all NDSU students through May 25th. Students may begin accessing these materials today at [bookshelf.vitalsource.com](http://bookshelf.vitalsource.com).

[Find more information, including answers to frequently asked questions for students and faculty >>](#)

## Instructional Design Team On-going Assistance

As the university continues to deliver courses in an online format, we encourage faculty to continue seeking assistance from the ITS Learning and Applied Innovation's instructional design team.

Also, be sure to review their teaching remotely webpage which includes important information for faculty and instructors teaching remotely.

[View teaching remotely webpage >>](#)

[Contact the instructional design team >>](#)

## Qualtrics Assistance - Significant Increase in Support Requests

Thank you for using our Qualtrics services. Due to a recent increase in online survey demand, associated with the COVID-19 interruption to on-campus services, there might be a slight delay in processing your request. However, please know that we are working as quickly as possible to complete all survey requests with the same quality we strive to uphold.

[Email Linda Charlton Gunderson >>](#)

## Student Emergency Support

With the rapid changes in the wake of the COVID-19 national emergency, some NDSU students are in need of technology to complete their coursework remotely, resources to meet basic needs, and travel assistance. During these uncertain times, your support is needed to help to equip students with the tools they need to successfully complete the semester.

**About the Student Emergency Fund:** The Student Emergency Fund has been established to assist students during unforeseen financial emergencies because we know our students are at a greater risk of leaving the university during times of crisis. By providing students with the resources they need during this challenging time, you'll help ensure they are able to stay committed to NDSU and continue their education.

[Give Today >>](#)

## Group Decision Center Temporary Closure

The **Group Decision Center** will temporarily be closed due to restrictions on gatherings of 10 or more people as well as social distancing guidelines. If you would like to set up an online facilitated meeting or have questions about

future meetings, please contact Jerry Olson, manager of the Group Decision Center.

[Email Jerry Olson >>](#)

## Teaching Assistant Learning Community - Upcoming Discussion Topics

NDSU teaching assistants are invited to participate in the following teaching and learning discussions. All discussions will be held at 1 p.m. using the Blackboard learning management system.

**Wed, Apr 8:** Effective Group Discussions

**Wed, Apr 22:** Course Reflection & Self Review

The Teaching Assistant Learning Community discussions are free and open to all NDSU teaching assistants of any discipline and level of experience. If you have any questions, please email [Amy.Tichy@ndsu.edu](mailto:Amy.Tichy@ndsu.edu)!

## Campus Food Pantry Survey

Meghan Yerhot, Student Senator for the College of Graduate Studies at NDSU seeks input from faculty, staff, and students to gauge the need for a food pantry on our campus.

The survey should take less than 5 minutes to complete. Follow either link below to complete the anonymous survey:

[Faculty and Staff >>](#)

[Students >>](#)

## What is the Benefit of Authenticity in the Classroom?

During your elementary years, you may have experienced shock when you saw your teacher outside of school for the first time. This common epiphany, that teachers are people who go to grocery stores, is an important realization, and one that should not be left behind when we advance to higher education.

[Continue reading >>](#)

\_\_\_\_Learners are diverse and ever-changing; strengthening your teaching strengthens learning.\_\_\_\_

## Upcoming Events:

- **APRIL 8, 2020** | Canceled - [Avenues of Scientific Discovery](#)
- **APRIL 8, 2020** | TALC discussion - Effective Group Discussions | 1 p.m.

- **APRIL 16, 2020** | Online Teaching and Learning Faculty Learning Community meets | 1 to 2 p.m.
- **APRIL 18, 2020** | **Canceled** - North Dakota Science Olympiad
- **APRIL 22, 2020** | TALC discussion - Course Reflection and Self Review | 1 p.m.

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